

**Kanya Maha Vidyalaya
Jalandhar
(An Autonomous College)**



**Minutes of 11th Meeting of Board of Studies
Department of Psychology**

Date: 11-06-2026

Time: 12:00 Noon

Venue: Online (Through Google Meet)

KANYA MAHA VIDYALAYA, JALANDHAR
(UGC Autonomous College)

P.G. Department of Psychology

Minutes of Eleventh Meeting of Board of Studies held on 11.06.2026

The Eleventh meeting of the Board of Studies was held in online mode via Google Meet on 11-06-2026 at 12.00 Noon

Date: Thursday, 11.06.2026

Time: 12.00 Noon

Venue: Online Meeting via Google Meet

The following members have attended the meeting and detailed minutes are listed below

Members of BOS:

Mrs. Amarpreet Khurana, Associate Professor, Kanya Maha Vidyalaya, Jalandhar (Dean of Social Sciences)	Chairperson	Present
Dr. Rupan Dhillon, Associate Professor, Guru Nanak Dev University, Amritsar (G.N.D.U. Nominee)	Member	Present
Dr. Manjit Sidhu, Associate Professor, Mehr Chand Mahajan DAV College for Women, Chandigarh. (Outside Parent University Nominee)	Member	Present
Dr. Inderpreet Sandhu, Associate Professor, Punjabi University, Patiala (Outside Parent University Nominee)	Member	Present
Dr. Atul Madaan, Operational Head and Clinical Psychologist, Care for Autism, Jalandhar (Industry Expert)	Member	Present
Ms. Parul Vij, Consultant Psychologist, Your Mind Matters: The Path to Mental Wellness. Former Counselor, PPS (Nabha), VDJD (Hisar) (Alumni)	Member	Present
Dr. Sharanjit Kaur, Head and Assistant Professor, Department of Psychology, Kanya Maha Vidyalaya, Jalandhar	Member	Present

AGENDA

PSY: 2026: 11: 1: To discuss and approve the minutes of Board of Studies X (dated 31-05-2025) and Action Taken Report.

PSY: 2026: 11: 2: To discuss the proposed syllabus of Psychology in B. A. Sem I -II under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2026-27.

PSY: 2026: 11: 3: To discuss the proposed syllabus of Psychology in B. A. Sem III-IV under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2026-27.

PSY: 2026: 11: 4: To discuss the proposed syllabus of Psychology in B. A. Sem V-VI under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2026-27.

PSY: 2026: 11: 5: To discuss the proposed syllabus of M. A. (Psychology) Sem I - IV Under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2026-27.

PSY: 2026: 11: 6: To discuss the syllabus of Add-on Certificate Course in Professional Counseling Skills for the session 2026-27.

PSY: 2026: 11: 7: To discuss the Skill Enhancement Course “Basics of Counseling” with 30% Internal Assessment for the session 2026-27.

PSY: 2026: 11: 8: To discuss and approve the list of proposed examiners for above stated courses.

PSY: 2026: 11: 9: To discuss research inputs and plans of department for session 2026-27.

PSY: 2026: 11: 10: To discuss teaching methodologies adopted in department and inputs required to upgrade the same.

PSY: 2026: 11: 11: To discuss the outcome of above stated courses and programs.

PSY: 2026: 11: 12: To discuss the result analysis for the session 2025-26.

KANYA MAHA VIDYALAYA, JALANDHAR
(UGC Autonomous College)

P.G. Department of Psychology

The Eleventh meeting of the Board of Studies of P.G. Department of Psychology started with welcome address by Mrs. Amarpreet Khurana, Dean, Social Sciences. She apprised the members about the programmes in the department along with teaching and research strengths of the department. She took up the agenda items for deliberation one by one with the permission of committee members.

Item: PSY: 2026: 11: 1: To discuss and approve the minutes of Board of Studies X (dated 31-05-2025) and Action Taken Report.

The proceedings of the Tenth meeting of Board of Studies meeting held on 31st May, 2025 were approved by all members via email. The Chairperson, however, again put up the summary of the proceedings for approval of the house.

Sr.No.	Agenda Item	Decision taken in Meeting	Action Taken
PSY: 2025: 10: 1	To discuss and approve the minutes of Board of Studies IX (dated 29-07-2024) and Action Taken Report.	The minutes of the Ninth Board of Studies and Action Taken Report was discussed and appreciated.	The minutes of the Ninth Board of Studies and Action Taken Report was approved.
PSY: 2025: 10: 2:	To discuss the proposed syllabus of Psychology in <u>B. A. Sem I -II</u> under Credit Based Grading	There were no changes suggested in the Syllabus of B.A. Sem I-II for the session 2025-26.	The approved syllabus is implemented

	System (CBGS) with 30% Internal Assessment for the session 2025-26.		
PSY: 2025: 10: 3	To discuss the proposed syllabus of Psychology in <u>B. A. Sem III-IV</u> under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2025-26.	There were no changes suggested in the Syllabus of B.A. Sem III-VI for the session 2025-26.	The approved syllabus is implemented.
PSY: 2025: 10: 4	To discuss the proposed syllabus of Psychology in <u>B. A. Sem V-VI</u> under Credit Based Grading System (CBGS) with 20% Internal Assessment for the session 2025-26.	There were no changes suggested in the Syllabus of B.A. Sem V-VI for the session 2025-26	The approved syllabus is implemented
PSY: 2025: 10: 5	To discuss the syllabus of <u>B. A. Psychology Honours of Sem V & VI</u> under Credit Based	There were no changes suggested in the Syllabus of B.A. Psychology Honours of Sem V & VI for the session 2025-26.	The approved syllabus is implemented

	Grading System (CBGS) with 20% Internal Assessment for the session 2025-26.		
PSY: 2025: 10: 6	To discuss the proposed syllabus of <u>M. A. (Psychology) Sem I - IV</u> Under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2025-26.	There were no changes suggested in the Syllabus of M.A. (Psychology) Sem I and II.	The approved syllabus is implemented
PSY: 2025: 10: 7	To discuss the syllabus of <u>Add-on Certificate Course in Professional Counseling Skills</u> for the session 2025-26.	The syllabus of Add-on Certificate Course in Professional Counseling Skills was discussed. -	The approved syllabus is implemented
PSY: 2025: 10: 8	To discuss the <u>Skill Enhancement Course “Basics of Counseling”</u> with 30% Internal Assessment for the session 2025-26	The syllabus of Skill Enhancement Course “Basics of Counseling” was discussed.	The approved syllabus is implemented
PSY: 2025: 10: 9	To discuss and approve the list of	List of approved Examiners was prepared.	List of Paper setters, examiners and evaluators was sent to

	proposed examiners for above stated courses.		the COE Office.
PSY: 2025: 10: 10	To discuss research inputs and plans of department for session 2025-26.	The house highly appreciated the research work of the department including MOOC grant and research paper published by the faculty member of the department.	• Book Chapters published by Faculty. • Students will be encouraged to visit mental hospitals, old age homes, orphanages, special schools. • Students will also be motivated to present their research papers in conferences. • The department will continue to take such research initiatives • The students will be motivated to enrol themselves in various MOOCs.
PSY: 2025: 10: 11	To discuss teaching methodologies adopted in department and inputs required to upgrade the same.	The teaching methodologies adopted and the various activities held in the department were approved by the house.	For better learning, online extension lectures, workshops and various competitions were organized by department to create passion for Psychology amongst the students. The faculty members continuously upgrade themselves by attending online faculty development programmes, Short Term Courses, workshops and MOOCs. Video and audio recordings of the lectures are sent to the

			students, so that, they can refer to in case of any doubt.
PSY: 2025: 10: 12	To discuss the outcome of above stated courses and programs.	The outcomes of all the above-mentioned courses and programmes were discussed.	The approved syllabus is implemented
PSY: 2025: 10: 13	To discuss the result analysis for the session 2024-25.	The result analysis for the session 2024-25 was discussed.	The esteemed BOS Members appreciated the faculty.

PSY: 2026: 11: 2: To discuss the proposed syllabus of Psychology in B. A. Sem I -II under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2026-27. (**Annexure B**)

- There were no changes suggested in the theory Syllabus of **B.A. Sem-I** for the session 2026-27. The sixth practical “Effect of Practice on Learning” is replaced with “Zeigarnik Effect”.
- There were no changes suggested in the Syllabus of **B.A. Sem-II** for the session 2026-27.

The course scheme of discipline specific papers with credit allocations for the Semeser I-II under Credit Based Grading System for the session 2026-27 is defined below:

**SCHEME AND CURRICULUM OF EXAMINATIONS OF FOUR YEAR
DEGREE PROGRAMME**

**BACHELORS OF ARTS (HONOURS)
PSYCHOLOGY SEMESTER-I**

Session: 2026-27

SEMESTER-I								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-14 43	E	Psychology (Basic Psychological Processes)	3+2	3-0-1	100	50	20	30

**SCHEME AND CURRICULUM OF EXAMINATIONS FOUR YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (HONOURS)
PSYCHOLOGY SEMESTER-II**

Session: 2026-27

SEMESTER-II								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-24 43	E	Psychology (Psychological Processes)	3+2	3-0-1	100	50	20	30

The house approved the Item: PSY: 2026: 11: 2

PSY: 2026: 11: 3: To discuss the proposed syllabus of Psychology in B. A. Sem III-IV under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2026-27. (**Annexure C**)

- In **B.A Sem-III**, the following changes were done:
 - In Unit-II, under the topic Central Nervous System, the following sub-topics were added: “Four lobes of brain, cerebellum, hypothalamus and limbic system. Structure & functions of spinal cord”.
 - The first practical “Positive Transfer in Sensory Motor Learning” was replaced with “Measurement of Hemi sphericity through SOLAT”.
 - The second practical “Negative Transfer in Sensory Motor Learning” was replaced with “Impact of deep breathing on the pulse rate”.
 - The third practical “Comparative study of Sensory and Muscular Reaction Time” was replaced with “Afterimage Test (Demonstration of Retinal Fatigue)”.
 - The sixth practical “Any Practical related with Biological aspects of Behaviour” was replaced with “Measurement of cognitive function through Mini- Mental State Examination (MMSE).
- There were no changes suggested in the syllabus of **B.A. Sem-IV** for the session 2026-27.

The course scheme approved for B.A Sem III-IV under Credit Based Evaluation Grading System for the session 2026-27 is as follows:

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR
DEGREE PROGRAMME**

**BACHELORS OF ARTS
(PSYCHOLOGY) SEMESTER-III**

Session: 2026-27

SEMESTER-III								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		C A
						L	P	
BARM-3 443	E	Psychology (Biological Basis of Behaviour)	3+2	3-0-1	100	5 0	2 0	30

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR
DEGREE PROGRAMME**

**BACHELORS OF ARTS
(PSYCHOLOGY) SEMESTER-IV**

Session: 2026-27

SEMESTER-IV								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		C A
						L	P	
BARM-4 443	E	Psychology (Experimental Psychology)	3+2	3-0-1	100	5 0	2 0	30

The house approved the Item: PSY: 2026: 10: 3

PSY: 2026: 11: 4: To discuss the proposed syllabus of Psychology in B. A. Sem V-VI under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2026-27. (**Annexure D**)

- In the syllabus of B.A. Sem-V, the following changes were done:
 - In Unit-IV, under the topic “Drug-addiction”, the sub-topics: “Types of Drugs” was added and the sub-topic “Causes and Treatment of Opium and its derivatives” was replaced with “Causes and Treatment of Drug Addiction”.
 - The third practical “Case History” was replaced with “Measurement of Stress”.
 - The fourth practical “Attitudes” was replaced with “Measurement of Attitude towards Substance-Abuse”.
 - The fifth practical “Interest” was replaced with “Measurement of Coping Strategies”.
- In the syllabus of B.A. Sem-VI, the following changes were done:
 - In Unit-II, the sub-topics “Passive Aggressive”, “Self-Defeating” and “Sadistic” were added.

The course scheme approved for B.A Sem V-VI under Credit Based Grading System for the session 2026-27 is as follows:

***SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR
DEGREE PROGRAMME***

**BACHELORS OF ARTS
(PSYCHOLOGY) SEMESTER-V**

Session: 2026-27

SEMESTER-V								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		C A
						L	P	
BARM-5443	E	Psychology (Abnormal Psychology-I)	3+2	3-0-1	100	50	20	30

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR
DEGREE PROGRAMME**

**BACHELORS OF ARTS
(PSYCHOLOGY) SEMESTER-VI**

Session: 2026-27

SEMESTER-VI								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		C A
						L	P	
BARM-6 443	E	Psychology (Abnormal Psychology- II)	3+2	3-0-1	100	5 0	2 0	30

The house approved the Item: PSY: 2026: 11: 4

PSY: 2026: 11: 5: To discuss the proposed syllabus of **M. A. (Psychology) Sem I - IV** Under Credit Based Grading System (CBGS) with 30% Internal Assessment for the session 2026-27. (**Annexure E**)

- **In M.A. Sem I**, in the paper **Experimental Psychology (MSYL- 1441)**, the following changes were suggested:
 - In Unit-I, the sub-topic “Bandura” was added.
- **In M.A. Sem I**, a Value-added Paper “**Universal Human Values**” was introduced.
- **In M.A. Sem II**, the following changes were done:
 - The compulsory paper “**Motivation**” (MSYL-2442) was discontinued and replaced with “**Motivation and Emotions**” (MSYL-2442).
 - In the paper “**Experimental Designs in Psychology**” (MSYL-2443), the following changes were done:

- In Unit-I, the topic “Types of Research: Naturalistic Observation, Field Studies, Survey Research, Ex-post Facto Research and Laboratory Experiments, Quasi-Experimental Designs and Single Subject Designs” was replaced with “Nature of Research, Principles of experimental designs”.
 - In Unit-I, the topic “Homogeneity of variance: Bartlett test, Hartley test, Cochran test, Levene test” was added.
- In the paper “**Abnormal Psychology**” (MSYL- 2445), the following change was suggested:
 - In Unit-I, under Classification of Mental Disorder, DSM-5 was replaced with DSM-5-TR.
- In M.A. Sem II, a Value-added Paper of “**Drug-Abuse: Problem, Management and Prevention**” was introduced.
- In M.A. Sem III, the following changes were done:
 - The Elective papers: Organizational Psychology, Child Psychology, Applied Social Psychology and Emotions were discontinued.
 - The new Elective paper “Industrial and Organizational Psychology” (OPT-I) has been introduced.
 - In the paper “Psychometrics” (MSYL-3441), the following changes were suggested:
 - In Unit-I, the topic “Reliability of speed tests” was replaced with “Applications and of reliability in psychological testing”.
 - New reference “Cohen, R. J., Swerdlik, M. E., & Sturman, E. D. (2022). *Psychological testing and assessment: An introduction to tests and measurement* (10th ed.). McGraw-Hill Education” was added.
 - In the paper “Psychological Assessment” (MSYL-3442), the following changes were suggested:
 - In Unit – IV, the topic “Role of Artificial Intelligence (AI) in Psychological Testing: Introduction, Uses, Limitations and Ethical Issues” was added.
 - The following new references were added:
 - ✓ Cohen, R. J., Swerdlik, M. E., & Sturman, E. D. (2022). *Psychological testing and assessment: An introduction to tests and measurement* (10th ed.). McGraw-Hill Education.
 - ✓ Cohen, R. J., Swerdlik, M. E., & Sturman, E. D. (2022).

Psychological testing and assessment: An introduction to tests and measurement (10th ed.). McGraw-Hill Education.

- ✓ Luxton, D. D. (Ed.). (2016). *Artificial intelligence in behavioral and mental health care*. Academic Press.

- The course code of the elective paper “Counseling Psychology” (MSYL-3443 (OPT-III)) has been changed to MSYL-3443 (OPT-II).
 - o In this paper, the reference “Corey, G. (2009). *Theory and Practice of Counselling and Psychotherapy*, 8th Edition, Wadsworth, USA.” was replaced with a “Corey, G. (2025). *Theory and practice of counseling and psychotherapy* (11th ed.). Cengage Learning.”
- The course code of the elective paper “Clinical Psychology” (MSYL-3444 (OPT-IV)) has been changed to MSYL-3444 (OPT-III)
 - o In the Unit-I of this paper, the topic “Mental Health Care Act, 2017” was replaced with “Relationship of Clinical Psychology with Psychiatry, Clinical Neuropsychology, Counselling Psychology, School Psychology and Social Work.”
 - o A new reference “Suzuki, L. A., Paniagua, F. A., Alexander, C. M., & Jackson, Y. (Eds.). (2022). *Handbook of multicultural assessment: Clinical, psychological, and educational applications* (4th ed.). Jossey-Bass.” was added.
- The course code of the elective paper “Psychology of Exceptional Children” (MSYL-3445 (OPT-VII)) has been changed to MSYL-3445 (OPT-V).
 - o In the Unit-I of this paper, the topic “Rights of Persons with Disabilities (RPwD) Act, 2016: Overview, Categories of Disabilities, Rights and Provisions” was added.
 - o A new reference “Hallahan, D. P., Kauffman, J. M., & Pullen, P. C. (2024). *Exceptional learners: An introduction to special education* (15th ed.). Pearson.” Was added.

➤ **In M.A. Sem III, a Value-added Paper of “Environmental Studies”** was introduced.

➤ **In M.A. Sem IV, the following changes were done:**

- The compulsory paper Applied Psychology (MSYL-4442) has been replaced with Indigenous Psychology (MSYL-4442).

- The paper Applied Psychology, previously offered as a compulsory course, has been reintroduced as an Elective Paper (OPT-IV).
- The Course code of the paper “Health Psychology” is changed from MSYL-44443 (OPT-III) to MSYL-4443 (OPT-I).
 - In Unit-I of this paper, under the topic Eastern Approaches, the sub-topics “Body-Mind-spirit model and Indigenous approaches”.
 - In Unit-II of this paper, the topic “Yoga and Meditation” has been shifted to Unit-IV.
- The Course code of the paper “Positive Psychology” is changed from MSYL-4444 (OPT-IV) to MSYL-4444 (OPT-II)
- A new Elective paper “Life Span Developmental Psychology” has been introduced (MSYL-4445 (OPT-III)).
- The Elective paper “Developmental Psychopathology” (MSYL- 4445 (OPT-VI) has been discontinued.

➤ **In M.A. Sem IV, a Value-added Paper of “Human Rights and Constitutional Duties”** was introduced.

Chairperson Mrs. Amarpreet Khurana discussed in detail under Credit Based Grading System (CBGS) for M.A. Psychology for the session 2026-27. The following points were highlighted and discussed and approved.

1. Overall M.A Psychology for session 2026-27 will have 100 credits with 92 mandatory +8 Inter Disciplinary+8 Value-added.

2. The course scheme for credits is as follows:

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO-YEAR DEGREE PROGRAMME

MASTER OF ARTS (PSYCHOLOGY) SEMESTER I

Session: 2026-27

Semester I								
Course Code	Course Type	Course Name	Hours/ week	Credits L-T-P	Marks			
					Total	Ext.		CA
						L	P	
MSYL-1441	C	Experimental Psychology	4	4-0-0	100	70	-	30
MSYL- 1442	C	Social Psychology	4	4-0-0	100	70	-	30
MSYL- 1443	C	Statistical Techniques in Psychology	4	4-0-0	100	70	-	30
MSYL-1444	C	Perceptual Processes	4	4-0-0	100	70	-	30
MSYL-1445	C	Theories and Systems of Psychology	4	4-0-0	100	70	-	30
MSYL-1446	C	Group Dynamics	2	2-0-0	50	35	-	15
MSYP-1447	C	Practicals	4	0-0-2	50	-	35	15
MSYL-1408	VAC	Universal Human Values (Value added Paper)	3	3-0-0	50	35	-	15
Student can opt any one of the following Inter-disciplinary compulsory courses	IDE		4	4-0-0	100	70	30	-
				24 (Without Value-added paper) 27 (With Value-added paper)				
IDEC- 1101				Effective Communication Skills				
IDEM- 1362				Basic Fundamentals of Music (Vocal)				
IDEI- 1124				Basics of Computer Applications				
IDEW- 1275				Indian Heritage: Contribution to the world				

C- Compulsory Subject E –Elective I- Inter-disciplinary VAC- Value added Course S-Skill enhancement

ID is an optional inter-disciplinary subject. Credits of ID courses will not be added to SGP

Value Added Paper:

Special Note: Those students admitted to Post Graduate programmes who have not studied compulsory value-added paper of Universal Human Values in under graduate programme, will have to study this paper in this semester.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO-YEAR DEGREE
PROGRAMME

MASTER OF ARTS (PSYCHOLOGY) SEMESTER II

Session: 2026-27

Semester II									
Course Code	Course Type	Course Name	Hours/ week	Credits L-T-P	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
MSYL-2441	C	Approaches to Personality	4	4-0-0	100	70	-	30	3
MSYL-2442	C	Motivation and Emotions	4	4-0-0	100	70	-	30	3
MSYL-2443	C	Experimental Designs in Psychology	4	4-0-0	100	70	-	30	3
MSYL-2444	C	Physiological Psychology	4	4-0-0	100	70	-	30	3
MSYL-2445	C	Abnormal Psychology	4	4-0-0	100	70	-	30	3
MSYP-2446	C	Practicals	4	0-0-2	50	-	35	15	3
VACD-2161	VAC	Drug Abuse: Problem, Management and Prevention (Value added Paper)	2	2-0-0	50	35	-	15	3
				22 (Without Value-added paper)					
				24 (With Value-added paper)					

C- Compulsory Subject E –Elective IC- Inter-disciplinary VAC- Value added Course S-Skill enhancement

Note:

- All Papers are Compulsory.
- All the students are required to complete Field Work for 3 weeks during summer vacation after the completion of end semester examination of 2nd Semester. All the Students will prepare a report based on their field work and submit the report 30 days before the start of the End Semester Examination of the 3rd Semester.

Value Added Paper:

Special Note: Those students admitted to Post Graduate programmes who have not studied compulsory value-added paper of Drug Abuse: Problem, Management and Prevention in under graduate programme, will have to study this paper in this semester.

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SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO-YEAR DEGREE
PROGRAMME

MASTER OF ARTS (PSYCHOLOGY) SEMESTER III

Session: 2026-27

Semester III									
Course Code	Course Type	Course Name	Hours/ week	Credits L-T-P	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
MSYL-3441	C	Psychometrics	4	4-0-0	100	70	-	30	3
MSYL-3442	C	Psychological Assessment	4	4-0-0	100	70	-	30	3
MSYL-3443 (OPT-II)	E	Counselling Psychology	4	4-0-0	100	70	-	30	3
MSYL-3444 (OPT-III)	E	Clinical Psychology	4	4-0-0	100	70	-	30	3
MSYL-3445 (OPT-IV)	E	Psychology of Exceptional Children	4	4-0-0	100	70	-	30	3
MSYP-3446	C	Practicals	4	0-0-2	50	-	35	15	3
MSYF-3447	F	Field Work	4	0-0-2	50	-	50	-	3
VACE-3221	VAC	Environmental Studies (Value added Paper)	2	2-0-0	50	35	-	15	3
	IC	Students can opt any ID paper. The ID course opted in Semester I cannot be opted in Semester III	4	4-0-0	100	70		30	3
				24 (Without Value-added)					
				26 ((Without Value-added)					

IDEC- 3101	Effective Communication Skills
IDEM- 3362	Basic Fundamentals of Music (Vocal)
IDEI- 3124	Basics of Computer Applications
IDEW-3275	Indian Heritage: Contribution to the world

Any three of the following options:

S.NO.	PAPER TITLE
OPT – I	Industrial and Organizational Psychology
OPT – II	Counseling Psychology
OPT – III	Clinical Psychology
OPT – IV	Psychology of Exceptional Children
OPT – V	Cognitive Psychology

Note: Papers MSYL 3441, MSYL 3442, MSYP-3446 & MSYP 3447 are Compulsory.

C- Compulsory Subject E –Elective IC- Inter-disciplinary VAC- Value added Course S-Skill enhancement

In addition to the Compulsory Papers, the students will be required to select three optional papers each of 100 marks.

Value Added Paper:

Special Note: Those students admitted to Post Graduate programmes who have not studied compulsory value-added paper of Environmental Studies in under graduate programme, will have to study this paper in this semester.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO-YEAR DEGREE PROGRAMME

MASTER OF ARTS (PSYCHOLOGY) SEMESTER IV

Session: 2026-27

Semester IV									
Course Code	Course Type	Course Name	Hour s/ week	Credits L-T-P	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
MSYL-4441	C	Research Methodology	4	4-0-0	100	70	-	30	3
MSYL-4442	C	Indigenous Psychology	4	4-0-0	100	70	-	30	3
MSYL-4443 (OPT-I)	E	Health Psychology	4	4-0-0	100	70	-	30	3
MSYL-4444 (OPT-II)	E	Positive Psychology	4	4-0-0	100	70	-	30	3
MSYL-4445 (OPT-III)	E	Life Span Developmental Psychology	4	4-0-0	100	70	-	30	3
MSYP-4446	C	Practicals	4	0-0-2	50	-	35	15	3
VACH-4401	VAC	Human Rights and Constitutional Duties (Value added Paper)	2	2-0-0	50	35	-	15	3
				22 (Without Value-added paper) 24 (With Value-added paper)					

C- Compulsory Subject E –Elective I- Inter-disciplinary VAC- Value added Course S-Skill

Note: All Papers are Compulsory.

Any three of the following options:

S.NO.	PAPER TITLE
OPT – I	Health Psychology
OPT – II	Positive Psychology
OPT – III	Life Span Developmental Psychology
OPT – IV	Applied Psychology
OPT – V	Intelligence and Creativity
OPT – VI	Educational Psychology

Note: Papers MSYL 4441, MSYL 4442 & MSYP 4446 are Compulsory. In addition to the compulsory papers, the students will be required to select three optional papers each of 100 marks.

Value Added Paper:

Special Note: Those students admitted to Post Graduate programmes who have not studied compulsory value-added paper of Human Rights and Constitutional Duties in under graduate programme, will have to study this paper in this semester.

The house approved the Item: PSY: 2026: 11: 5

PSY: 2026: 11: 6: To discuss the syllabus of Add-on Certificate Course in Professional Counseling Skills for the session 2026-27. (Annexure G)

The chairperson discussed the syllabus of Add-on Certificate Course in Professional Counseling Skills with the members.

The house approved the Item: PSY: 2026: 11: 7

PSY: 2026: 11: 7: To discuss the Skill Enhancement Course “Basics of Counseling” with 30% Internal Assessment for the session 2026-27. (Annexure H)

The chairperson discussed the syllabus of Skill Enhancement Course “Basics of Counseling” with the members.

The house approved the Item: PSY: 2026: 11: 7

PSY: 2026: 11: 8: To discuss and approve the list of proposed examiners for above stated courses.

The chairperson discussed the Examiners and Evaluators for Psychology papers in **B.A**, Semester 1st to 6th and **M.A**. Semester 1st to 4th with the members and they approved it. (Lists attached herewith as Annexure I)

The house approved the Item: PSY: 2026: 11: 8

PSY: 2026: 11: 9: To discuss research inputs and plans of department for session 2026-27.

The house highly appreciated the research work of the department which included the MOOC being run on SWAYAM platform, Seed-Money Project and ICSSR Major Research Project. The members motivated the faculty to engage more in research endeavours. (Attached as Annexure J)

The house approved the Item: PSY: 2026: 11: 9

PSY: 2026: 11: 10: To discuss teaching methodologies adopted in department and inputs required to upgrade the same.

The house approved the (Item PSY: 2026: 11: 10) teaching methodologies and various activities held in the department to enhance teaching learning process. (Attached as Annexure K)

PSY: 2026: 11: 11: To discuss the outcome of above stated courses and programs

The members were satisfied with the outcomes of the above stated courses and programs

The house approved the Item: PSY: 2026: 11: 11

PSY: 2026: 11: 12: To discuss the result analysis for the session 2025-26.

The house approved the Item: PSY: 2025: 11: 12

After discussing all the Agendas, the BOS meeting was summed up by Mrs. Amarpreet Khurana and Vote of Thanks were given.

(Chairperson)

Dr. Amarpreet Khurana

Dean, Social Sciences

Dr. Sharanjit Kaur

Head and Assistant Professor,

P.G. Department of Psychology