

B.Voc Nutrition Exercise and Health

S.No.	Name of the Student	Class Roll No.	Name of the Project
01.	Geetika Sharma	226951	1. Visit to PinglaGhar – Interaction and distributed food items 2. Visit to Baba Swaroop Senior Citizen Home – Interacted and performed a nukkadnatak for awareness about healthy habits 3. Visit to Apahaj Ashram - Interaction and distributed food items 4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-school children
02.	Ruchika Sharma	226952	1. Visit to PinglaGhar – Interaction and distributed food items 2. Visit to Baba Swaroop Senior Citizen Home – Interacted and performed a nukkadnatak for awareness about healthy habits 3. Visit to Apahaj Ashram - Interaction and distributed food items 4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-school children
03.	Khushbu Rai	226953	1. Visit to PinglaGhar – Interaction and distributed food items 2. Visit to Baba Swaroop Senior Citizen Home – Interacted and performed a nukkadnatak for awareness about healthy habits 3. Visit to Apahaj Ashram - Interaction and distributed food items 4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-

			school children
04	Parneet Thind	226954	1. Visit to PinglaGhar – Interaction and distributed food items 2. Visit to Baba Swaroop Senior Citizen Home – Interacted and performed a nukkadnatak for awareness about healthy habits 3. Visit to Apahaj Ashram - Interaction and distributed food items 4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-school children
05	Sunaina	226955	1. Visit to PinglaGhar – Interaction and distributed food items 2. Visit to Baba Swaroop Senior Citizen Home – Interacted and performed a nukkadnatak for awareness about healthy habits 3. Visit to Apahaj Ashram - Interaction and distributed food items 4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-school children
06	Kritika Sharma	226956	1. Visit to PinglaGhar – Interaction and distributed food items 2. Visit to Baba Swaroop Senior Citizen Home – Interacted and performed a nukkadnatak for awareness about healthy habits 3. Visit to Apahaj Ashram - Interaction and distributed food items 4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-school children
07	Dipali	226957	1. Visit to PinglaGhar – Interaction and distributed food items 2. Visit to Baba Swaroop Senior Citizen

			<p>Home – Interacted and performed a nukkadnatak for awareness about healthy habits</p> <p>3. Visit to Apahaj Ashram - Interaction and distributed food items</p> <p>4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-school children</p>
08	Surbhi	226958	<p>1. Visit to PinglaGhar – Interaction and distributed food items</p> <p>2. Visit to Baba Swaroop Senior Citizen Home – Interacted and performed a nukkadnatak for awareness about healthy habits</p> <p>3. Visit to Apahaj Ashram - Interaction and distributed food items</p> <p>4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-school children</p>
09	Reet	226959	<p>1. Visit to PinglaGhar – Interaction and distributed food items</p> <p>2. Visit to Baba Swaroop Senior Citizen Home – Interacted and performed a nukkadnatak for awareness about healthy habits</p> <p>3. Visit to Apahaj Ashram - Interaction and distributed food items</p> <p>4. Visit to Government Secondary High School, Kishanpura – Aware adolescent girls about menstrual health and healthy eating and hand washing techniques for pre-school children</p>