

SOCIAL OUTREACH REPORT 2020-2021

CRITERIA 3.6.1, 3.6.3 and CRITERIA 3.6.4

Session (2020-21)

Kanya Maha Vidyalaya, Jalandhar City

(An Autonomous College)



Submitted by

Dr.Monica Sharma (Dean Social Outreach)

Ms.Ritu Kashyap (Coordinator Social Outreach)

Kanya Maha Vidyalaya (Autonomous), Jalandhar

Session: 2020-21

3.6.1 Extension Activities carried out in the neighborhood sensitizing students to social issues for their holistic development and the impact thereof during the year

For over a century KMV has taken up various social initiatives which have made a commendable mark in the region. Starting with the inception which is example of women emancipation in the nineteenth century this institution has played significant role in shaping the society in the region and beyond. Most importantly the institution is committed to nurturing the youth in such a way as to make them sensitive to the various problems faced by society and creating a sense of empathy among them. Activities like visits to old age homes, Pingalwara, Literacy and hygiene awareness camps in villages are organized .To empower women, workshops on hair care, makeup and stitching are organised in villages .The empathy corner outside the college gate was setup where the students place the clothes and daily requirements which are picked up by the needy, this creates a feeling of empathy and care among the youth. Besides this a compulsory **value added course –Social Outreach** is introduced for all the semester IV students, in which they take up projects on community welfare.

3.6.23 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community year wise during the last five years (including Government-initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs)

Sr No.	Name of the Activity	Place of the Activity	Organising Unit/Agency/ Collaborating Agency	Month and Year of the activity	Number of teachers coordinated in such activities	Number of students who participated in such activities
1	Survey on the Impact of COVID-19 & 1918 Pandemic (H1N1 Virus)	KMV	KMV Faculty for U.G.C	12.6.2020-22.6.2020	8	---
2	Poster Making Competition on Breastfeeding 7.8.2020	KMV	Dept. of Home Science	7.8.2020	2	11
3	Empathy Corner	At their homes during lock down (covid 19).		October 2020-June 2021		
4	Humanitarian Drive 'Helping Hands' 17.5.2021	Online	KMV	17.5.2021	05	03
5	COVID Vaccination Centre in Collaboration with Civil Administration 31.5. 2021	KMV	KMV with Civil Administration	31.5. 2021	02	08
6	Donation of clothes, books and Food items	At their homes during lock down (covid 19).	Dept. of Retail Management	04.6.2021	----	08
7	COVID awareness in Villages of Himachal Pradesh	Himachal Pradesh	B.SC Medical	05.6.2021	-----	02
8.	Recycling of Plastic	VPO: Talwandi Dadian. Dist Hoshiarpur, Tehsil: Dasuya	B.voc Photography & B.Sc Non-	10.06.2021	-----	02

			Medical			
9.	Spreading awareness about WOMEN HEALTH	Village: Mubarakpur, Sherpur, Sheikhe, District: Jalandhar, Govt. Senior Secondary School, Mata Gujri Ji Lady Welfare Society	B.A Honours English SEM 6	12.6.2021	03	02
10.	Social Outreach Value Added Programme https://www.kmvjalandhar.ac.in/sites/pages/projects-under-social-outreach-session-2020-21/	KMV	All Semester IV students	May-June, 2021		552
11.	Videos shared on social media to spread awareness on COVID and mask making December 2020	Online	Students of Fashion designing, History, Physics		3	13
12.	One Week Social Awareness camp on Solar Eclipse	At their homes during lock down (covid 19).	P.G. Department of Physics	15 th June to 21 st June 2020	----	---
13.	VAN MAHOTSAV	At their homes during lock down (covid 19).	Environment Sciences	1 st July to 7 th July 2020	-----	51
14.	World Ozone Day	At their homes during lock down (covid 19).	Environment Sciences	16 th September 2020		83
15.	Two Day National Conference on 'Covid-19 Pandemic Emerging Challenges and Future Strategies'	At their homes during lock down (covid 19).	Faculty of Sciences	27 th November to 28 th November 2020	45	362
16.	Aatam Nirbhar Bharat- Innovation and Entrepreneurship	At their homes during lock down (covid 19).	Faculty of Sciences	18 th December 202-		47

17.	WORLD WATER DAY	At their homes during lock down (covid 19).	Environment Sciences	22 nd March 2021		47
18.	World Earth Day	KMV	Environment Sciences	22 nd April 2021		83
19.	Beat Plastic Pollution	At their homes during lock down (covid 19).	Environment Sciences	24 th April 2021		92
20.	World Environment Day	At their homes during lock down (covid 19).	Environment Sciences	5 th June 2021		27
21.	Online Classes through Institution's well developed learning Management system (LMS)	Online				
22.	Dr Aeshita Dwivedi, Cardiologist, NYU Medical Centre, New York, USA gave invaluable insights on Novel Coronavirus: Issues & Preventions	Online				
23.	Novel Coronavirus: Science of Covid-19 and Vaccines Explained was the next webinar with Prof. (Dr.) L. S. Shashidhara	Online				
24.	Webinar on yet another pertinent topic in which Dr. SPS Grover, Senior Physician and Managing Director of New Ruby Hospital Jalandhar	Online				
25.	Webinar Series: Education Now and Onwards	Online				
26.	Prof. (Dr.) Atima Sharma Dwivedi, Principal, KMV, Jalandhar delivered the lead lecture in the series	Online				
27.	Webinar on Prominent Aspects of Indian Culture in Sanskrit Granths	Online				

28.	Prof. (Dr.) Jyoti Rana, (Faculty of Management Studies) and Dean (Student Welfare Department), Sri Vishwakarma Skill University, Gurugram	Online				
29.	Webinar on Education: World in Crisis: World War I	Online				
30.	Webinar on Education-The Road Ahead (Faculty Development by Principal Prof. Atima Sharma Dwivedi)	Online				
31.	International E-Conclave or Global Perspectives on Education in Covid-19 Times: Challenges and Opportunities	Online				
32.	An International webinar was organised by the Department of Student Welfare on the pertinent topic 'The Role Parents play in their children's education during the pandemic'	Online				
33.	KMV witnessed the eminent presence of Mr Tushar Gandhi, Great Grandson of Mahatma Gandhi who was the Chief Guest during the National Webinar titled Mahatma Gandhi; Message for Youth in Contemporary Context	Online				
34.	A 2 Day DBT sponsored National E- conference on COVID-19 Pandemic: Emerging Challenges & Future Strategies witnessed the participation of 362 scholars from 17 states of India	Online				

35.	International webinar titled "An attempt to understand why the 1947 Carnage occurred despite Gandhi's campaign for non-violence." by Mr. Rajmohan Gandhi	Online	Department of History			
36.	A Webinar on Design Your Career, Tailor your Dreams	Online	PG Department of Fashion Designing			
37.	Webinar on Combating Fake News during COVID-19	Online	PG Department of Journalism & Mass Communication			
38.	Webinar on Introduction of Financial Markets and had Dr Sanjay Kumar Aggarwal from Securities & Exchange Board of India as the eminent speaker	Online	PG Department of Commerce & Business Administration			
39.	Webinar on Artificial Intelligence & Data Science	Online	PG Department of Computer Science & Applications			
40.	A webinar to celebrate World Youth Skills Day was	Online	KMV under DDU Kaushal Kendra approved by Ministry of Human Resource Development,			

			Government of India.			
41.	Webinar to celebrate World Youth Skills Day	Online	Department of Physical Education			
42.	Webinar on Sustainable Fashion- A prerequisite during COVID-19	Online	PG Department of Fashion Designing			
43.	Distribution of Food to the Needy	Online				
44.	40,000 masks made & distributed by KMVites	Online				
45.	Immunity Booster Diet Plans for Community at Large	Online	Dept. of Home Science			
46.	Psychological e-counseling for Bursting Stress	Online	P.G. Department of Psychology			
47.	Poster Making and Painting Campaign	Online	Department of Student Welfare			
48.	Practice of Yoga	Online	#KMVKares			
49.	Rope Skipping Campaign	Online	#KMVKares			
50.	Collective Prayers	Online				
51.	Lighting Hope to Dispel Darkness	Online				

52.	Picture Perfect Photography Competition	Online	Department of Student Welfare			
53.	Creative Writing Competition	Online	Department of Student Welfare			
54.	Blog Writing-KMV Expressions	Online				
55.	KMV Asks the Students "What is Bigger-Pandemic or The Financial Crisis"	Online				
56.	Lessons of Love for Humanity 300+ Videos Created by Students	Online				
57.	Free-of-cost Online Open Classes	Online				
58.	Online Classes on Advance Computer Skills	Online	PG Department of Computer Science & Applications			
59.	Online Spoken English Classes	Online	PG Department of English			
60.	Online Cosmetology Classes	Online	PG Department of Cosmetology			
61.	Online Journalism & Mass Communication Classes	Online	PG Department of Journalism & Mass Communication			

62.	Online Dance Classes	Online				
63.	Gala Celebrations	Online				

Activity No.1: Conducted a study for U.G.C The Impact of COVID-19 & 1918 Pandemic (H1N1 Virus) 12.6.2020-22.6.20202

Survey conducted in Five Villages

1. Khun khun kalan,
2. Jaya
3. Naugajja
4. Jhawan
5. Nagal Ambia

Research Team

This research was conducted by faculty members from different departments, the details are as follows:-

Dr. Monica Sharma (Associate Professor, Department of History)

Ms. Ashima Sahni (Senior Assistant Professor, Department of Political Science)

Ms. Harpreet Tuteja (Senior Assistant Professor, Department of Fashion Designing)

Ms. Rashmi Bindra (Assistant Professor, Department of Commerce)

Ms. Namita Kochar (Assistant Professor, Department of Commerce)

Mr. Nitin Khanna (Assistant Professor Department of Computer Science)

Ms. Rajinder (Assistant Professor Department of Economics)

Ms. Deepti (Assistant Professor Department of Economics)

Google Form : <https://forms.gle/5d6nYPiAUmoZ3xFo7>

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docs.google.com/forms/d/154qCQLSST83oomXepwcd9ZNUW6W6iDOY80a-Qq2ghy8lUQ/viewform

Kanya Maha Vidyalaya

The Autonomous Heritage Institution, Jalandhar

KMV Ranked No.1 College of India

(Best Value for Money) by India Today Survey of Top Colleges

ਪਿੰਡਾਂ ਵਿੱਚ ਸਰਵੇ

COVID-19 ਦੇ ਪ੍ਰਭਾਵ ਤੋਂ
(ਕੋਮੋਬੀਡੀ ਨਾਮਸਿਕ ਪ੍ਰਸ਼ਨ)

gandhianstudycenter@gmail.com [Switch account](#)

Not shared

* Indicates required question

ਤੁਹਾਡੇ ਪਿੰਡ ਦਾ ਨਾਮ*

Your answer

ਪਿੰਡਾਂ ਵਿੱਚ ਸਰਵੇ - Google Forms | google translate - Google Search |

docs.google.com/forms/d/16HGSHpisytv5DqZe4GK64qgDwpEpG_cq9CSVUWsA1dY/edit#responses

ਪਿੰਡਾਂ ਵਿੱਚ ਸਰਵੇ

Questions Responses 368

368 responses

Accepting responses

Summary Question Individual

ਤੁਹਾਡੇ ਪਿੰਡ ਦਾ ਨਾਮ
368 responses

Naugalja
Jaja
Khun khun kaban
Nangal ambia
Jhawan
Kadlana
Ambalia jattan
Jhawan

10:16 AM
6/23/2020

ਪਿੰਡਾਂ ਵਿੱਚ ਸਰਵੇ - Google Forms | google translate - Google Search |

docs.google.com/forms/d/16HGSHpisytv5DqZe4GK64qgDwpEpG_cq9CSVUWsA1dY/edit

ਪਿੰਡਾਂ ਵਿੱਚ ਸਰਵੇ

All changes saved in Drive

Questions Responses 368

ਕੋਵੀਡ -19 ਦੁਆਰਾ ਪੇਸ਼ ਕੀਤੀਆਂ ਵੱਖ ਵੱਖ ਚੁਣੌਤੀਆਂ ਦਾ ਪਿੰਡ ਕਿਵੇਂ ਸਹਿਣ ਕਰ ਸਕਦਾ ਹੈ? *

☐ ਸਰਕਾਰ ਦੁਆਰਾ ਜਾਰੀ ਦਿੱਤਾ ਨਿਰਦੇਸ਼ਾਂ ਦੀ ਸਖਤੀ ਨਾਲ ਪਾਲਣਾ ਕਰਦਿਆਂ

☐ ਪਿੰਡ ਦੇ ਔਟਰੀ ਪੁਆਇੰਟ ਤੇ ਰੋਕੀਐਡ ਬਣਾ ਕੇ

☐ ਹਰ ਫਰੰਟ ਤੇ ਇਕ ਦੂਜੇ ਨਾਲ ਸਹਿਯੋਗੀ ਹੋ ਕੇ

ਕੋਵੀਡ -19 ਦੁਆਰਾ ਦਰਪੇਸ਼ ਚੁਣੌਤੀਆਂ ਦਾ ਮੁਕਾਬਲਾ ਕਰਨ ਲਈ ਪਿੰਡ ਦੁਆਰਾ ਕਿਹੜੀਆਂ ਉਤਮ ਰਣਨੀਤੀਆਂ ਜਾਂ ਉਪਾਅ ਅਪਣਾਏ ਗਏ ਸਨ?

Multiple choice

☐ ਸਖਤ ਤਾਲਾਬੰਦ ਨਿਯਮਾਂ ਦੀ ਪਾਲਣਾ ਕਰਨ ਲਈ ਸਰਕਾਰੀ ਏਜੰਸੀਆਂ ਨੂੰ ਸਹਿਯੋਗ ਦੇ ਕੇ

☐ ਪਿੰਡ ਵਿੱਚ ਆਉਣ ਵਾਲੇ ਬਾਹਰੀ ਲੋਕਾਂ ਨੂੰ ਅਲੱਗ ਰੱਖਣ ਵਿੱਚ ਪੁਲਿਸ ਦੀ ਮਦਦ ਕਰਕੇ

☐ ਕੋਵਿਡ ਨਾਲ ਸਬੰਧਤ ਸਮੱਸਿਆਵਾਂ ਬਾਰੇ ਵਿਚਾਰ ਵਟਾਂਦਰੇ ਅਤੇ ਹੌਲ ਕਰਨ ਲਈ ਬਾਕਾਇਦਾ ਪੰਚਾਇਤਾਂ ਦੀਆਂ ਮੀਟਿੰਗਾਂ ਕ...

☐ Add option or Add "Other"

10:16 AM
6/23/2020

Activity 2: Poster Making Competition on Breastfeeding 7.8.2020

Poster making competition on spreading awareness Breastfeeding was organised by the department of Home science. This was done with the purpose of creating awareness of the advantages of breast feeding among general Public. The posters were sent to the villages to spread the message among women. Two Teachers and Eleven students Participated in the Activity.

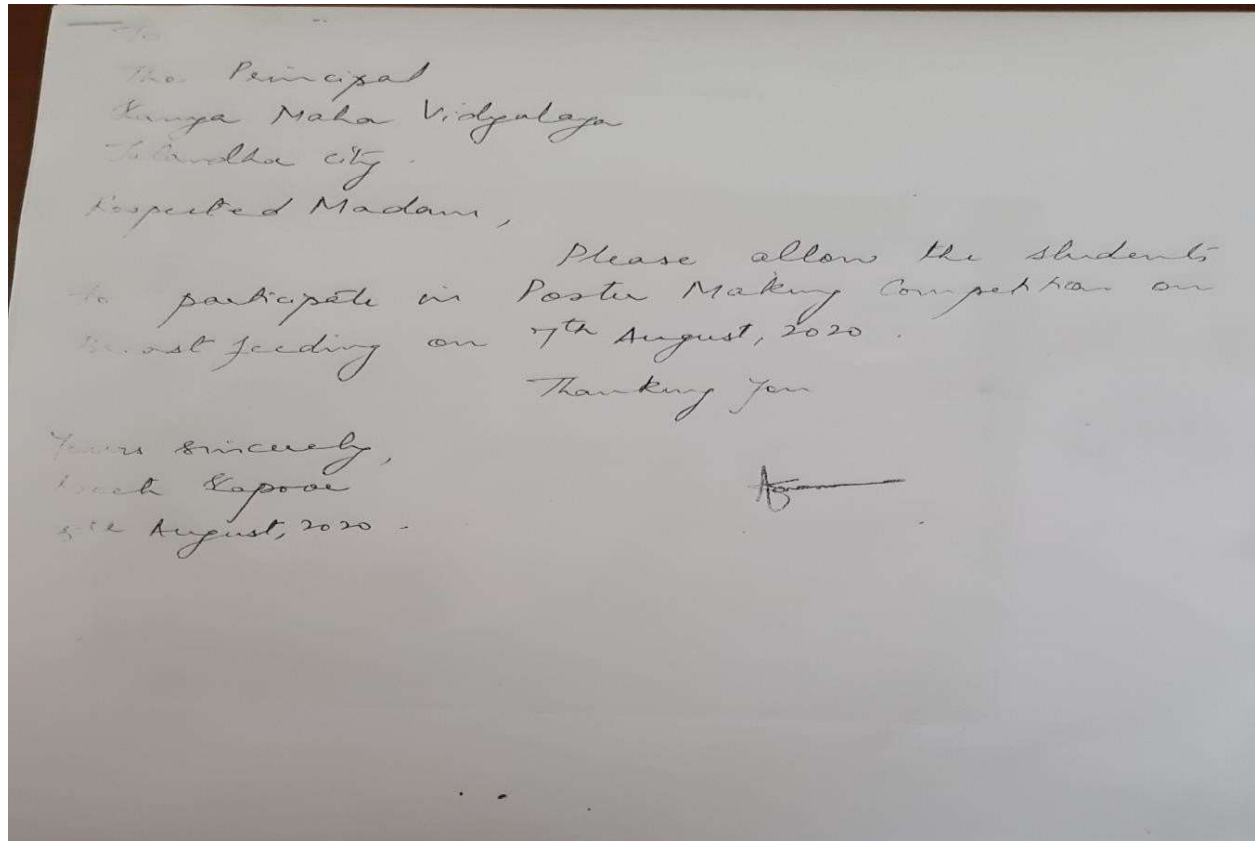
List of Teachers

Sr.No.	Teachers
1.	Ms. Neeti Kapoor
2.	Ms. Taran

List of Students

Sr.No.	Class Roll No	Name of the student
1	209316	Sonia Bala
2	209314	Sunita
3	209318	Ravinder
4	209302	Heena
5	209325	Radha
6	209324	Sumdee
7	209327	Chanchal
8	209303	Shivani
9	209308	Daljit
10	209304	Ramanpreet
11	209306	Talwinder

Permission Letter



Activity 3: Empathy Corner (October 2020-June 2020)

KMV has set up an Empathy Corner outside the college gate. The main motive is to inculcate the sentiments of empathy towards the under privileged among the students through donation of clothes, shoes, utensils & toys etc. Each department of the college with their student volunteers take turns to run the corner. During this session due to COVID and absence of student from campus it was operated by teachers.



Activity 4: Humanitarian Drive 'Helping Hands' 17.5.2021

"Helping Hands" was initiated under the aegis of the project #KMVKares. College extended financial support to those students whose parents or siblings were hospitalized due to Corona virus. Whole KMV family joined hands to provide financial help families of students.

Sr. No	Name of the Beneficiaries	Amount
1.	Parmeshwar	20,000
2.	Anu Wadhwa	20,000
3.	Varsha Malhotra	10,000

The Principal
Kanya Maha Vidyalaya (Autonomous)
Jalandhar

Subject: Request to adjust an advance of Rs. 50,000/-

Respected Madam,

This is to bring into your kind concern that the online payment were made via. Google Pay to the following accounts of an advance of Rs. 50,000/- under 'Helping Hands' of #KMVKares project. Kindly find attached the receipt of payment for your kind reference.

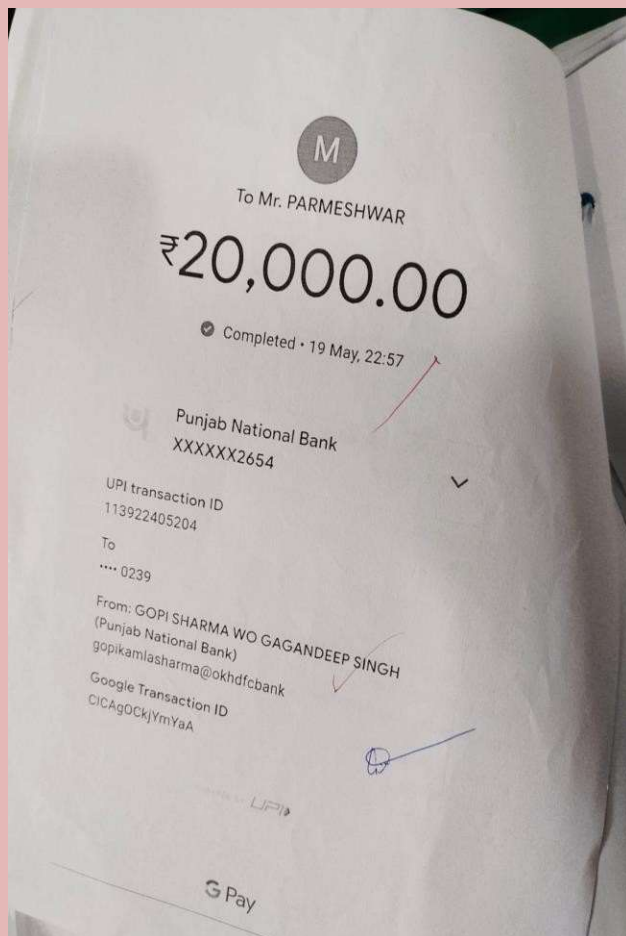
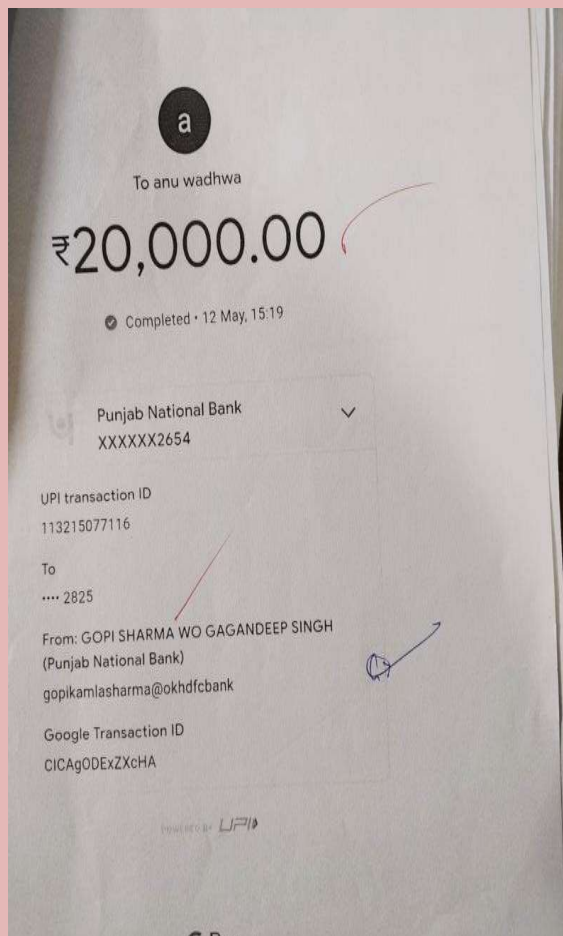
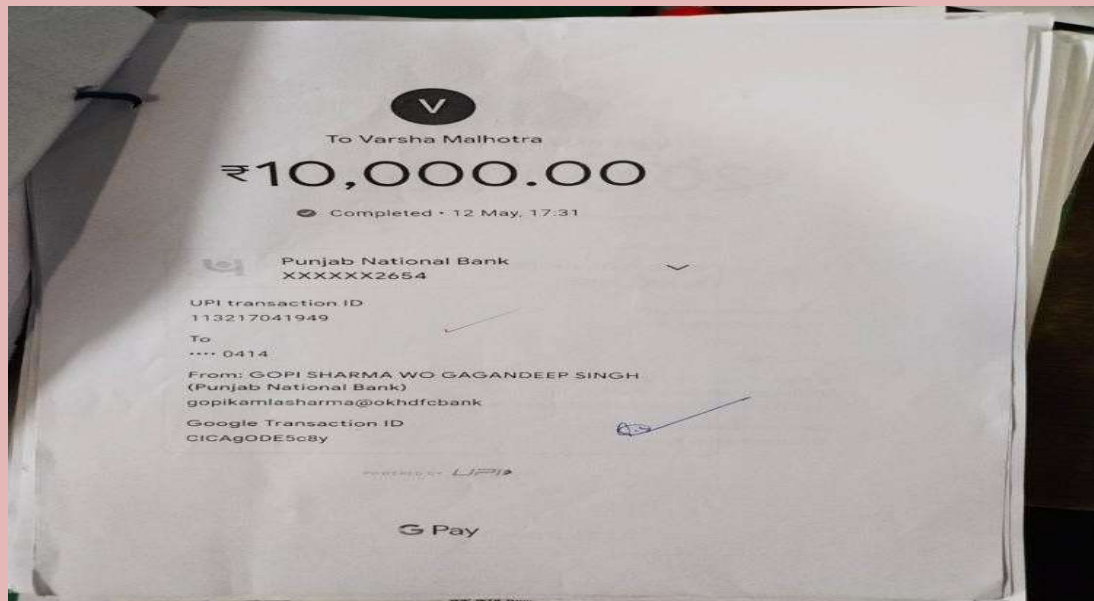
Sr. No.	Funds Transferred To	UPI Transaction ID	Amount
1.	Mr. Parmeshwar	113922405204	Rs. 20,000/-
2.	Anu Wadhwa	113215077116	Rs. 20,000/-
3.	Varsha Malhotra	113217041949	Rs. 10,000/-

So I request you to kindly allow the account officer to adjust an advance of Rs. 50,000/-

Thanking You.

Yours Sincerely
Dr. Gopi Sharma

SANCTIONED
Principal
KMV Jalandhar



Timestamp	Name of Donor	Phone No.	Amount Wish to Donate(INR)
2021/05/06 7:49:45 PM GMT+5:30	1 Chetna Arora	9463340921	1 3000
2021/05/06 8:12:13 PM GMT+5:30	2 Seema Arora	9814693227	2 5000
2021/05/06 8:17:51 PM GMT+5:30	3 Dr Harpreet	8427555520	3 2000
2021/05/06 8:18:06 PM GMT+5:30	4 Neeti Kapoor	9417585400	4 10000
2021/05/06 10:38:51 PM GMT+5:30	5 Manish Parbhakar	9971336890	5 10000
2021/05/06 10:48:58 PM GMT+5:30	6 Parminder Kaur Cheema	9464973737	6 5000
2021/05/07 7:41:30 AM GMT+5:30	7 Dr Archana Saini	9.18827E+11	7 1000
2021/05/07 8:04:54 AM GMT+5:30	8 Dr. Neeraj Maini	9417155989	8 10000
2021/05/07 10:00:48 AM GMT+5:30	9 Dr Ravi Khurana	9872800601	9 2100
2021/05/07 11:32:49 AM GMT+5:30	10 Jatinder Pal	9888501970	10 5000
2021/05/07 1:35:31 PM GMT+5:30	11 Tank Sinderpal Kabalsingh	8146690173	11 1000
2021/05/07 2:09:15 PM GMT+5:30	12 Dr. Narinderjit Kaur	9464888105	12 1000
2021/05/07 4:53:32 PM GMT+5:30	13 Guneet kaur	8196906565	13 1500
2021/05/07 5:39:29 PM GMT+5:30	14 Shelly Sharma	7589432395	14 2100
2021/05/07 5:42:22 PM GMT+5:30	15 Anand Prabha	9888996455	15 4000
2021/05/07 6:24:34 PM GMT+5:30	16 Dr. Sandeep Kaur	8146772251	16 500
2021/05/07 6:33:37 PM GMT+5:30	17 Dr Gurpreet Kaur Grewal	9463453695	17 2000
2021/05/07 9:17:56 PM GMT+5:30	18 Davinder Singh	9855810848	18 500
2021/05/07 9:47:40 PM GMT+5:30	19 Agrima Jain	9878966003	19 2000
2021/05/08 10:44:28 AM GMT+5:30	20 Sehajpal Singh	8968365832	20 1000
2021/05/08 11:13:02 AM GMT+5:30	21 Prof Atima Sharma Dwivedi	9872604779	21 10000
2021/05/08 12:18:40 PM GMT+5:30	22 Radhika Gupta	9417260358	22 1000
2021/05/08 2:22:50 PM GMT+5:30	23 Dr Natasha Sharma	9646034351	23 2000
2021/05/08 3:29:40 PM GMT+5:30	24 Dr Pratima Sharma	8289050235	24 1000
2021/05/08 5:31:20 PM GMT+5:30	25 Dr. Iqbal Singh	9988426340	25 200
2021/05/08 7:04:17 PM GMT+5:30	26 Dr Gurjot Kaur	9814406986	26 2100
2021/05/08 8:37:44 PM GMT+5:30	27 Indu Bhatt	9478369088	27 5000
2021/05/08 10:34:58 PM GMT+5:30	28 Dr. Sharanjit Kaur	9041967807	28 1000
2021/05/09 9:57:06 AM GMT+5:30	29 Dimple	9465955283	29 2000
2021/05/09 11:12:20 AM GMT+5:30	30 Iqbal kaur	9872244886	30 5000
2021/05/09 2:48:25 PM GMT+5:30	31 Suman Khurana	9855204214	31 5000
2021/05/10 10:12:45 AM GMT+5:30	32 Vibhuti kalla	9872464468	32 2000
2021/05/10 10:13:24 AM GMT+5:30	33 Rashmi Sharma	9417013777	33 5000
2021/05/10 10:14:07 AM GMT+5:30	34 Ashima Sahni	6284083450	34 1100
2021/05/10 10:29:07 AM GMT+5:30	35 Amarjot	9915545935	35 4000
2021/05/10 3:44:45 PM GMT+5:30	36 Sonik Bhatia	9915902608	36 1100
2021/05/10 4:52:02 PM GMT+5:30	37 Dr Manju Sahni	9463645253	37 2100
2021/05/11 10:42:08 AM GMT+5:30	38 Veena Deepak	8283840177	38 5000
2021/05/11 10:52:30 AM GMT+5:30	39 Dr. Neetu Chopra	9463001901	39 2000
2021/05/11 11:13:35 AM GMT+5:30	40 Sadhana tandon	9417389100	40 2100
2021/05/11 4:02:08 PM GMT+5:30	41 Amarpreet Khurana	9914263631	41 3000
2021/05/11 9:36:32 PM GMT+5:30	42 Sabina Batra	9417366769	42 2100
2021/05/13 1:46:22 PM GMT+5:30	43 Vanila	8283800142	43 2100
2021/05/17 9:31:39 PM GMT+5:30	44 Dr. Rituparna Datta Roy	9417638544	44 1000

Total 135600

Activity 5 : COVID Vaccination Centre in Collaboration with Civil Administration 31.5. 2021

To fight the pandemic and join hands with the Government efforts towards mass vaccination, a camp was organised in the college on 31.05.21 .COVID vaccination centre in collaboration with Civil administration to provide vaccine to all above the age of 18. Vaccination centre was inaugurated by Mr. Ghanshyam Thori, Deputy Commissioner, Jalandhar. Two Teachers and Eight Students participated in this Activity.

List of Teachers

Sr.No.	Teachers
1.	Lieutenant Seema Arora
2.	Ms. Sufalica

List of NCC cadets

Sr.No.	NCC Roll No.	Class	Name of the NCC Cadets
1	133687	B.Sc FD sem 5	Pooja
2	133692	B.Sc IT Sem 1	Aarti
3	133685	B.Sc FD sem 5	Shruti
4	133416	B.A Sem 1	Sarabjeet
5	133415	B.A Sem 1	Prerana
6	133683	B.Sc Non- medical Sem 5	Vasudha
7	133675	B.A Sem 5	Ritika
8	133691	B.COM Sem 5	Anchal



के.एम.वी. में सिविल एडमिनिस्ट्रेशन की कोलैबोरेशन से कोविड टीकाकरण सेंटर की शुरुआत

डीसी घनश्याम थोरी व एसडीएम जय इन्द्र सिंह ने टीकाकरण सेंटर का किया उद्घाटन

जालंधर, 31 मई (कृष्ण): कन्या महाविद्यालय के द्वारा सिविल एडमिनिस्ट्रेशन की कोलैबोरेशन से सफलतापूर्वक कोविड टीकाकरण सेंटर की शुरुआत की गई। 18 साल से अधिक उम्र की सभी नागरिकों को टीकाकरण सुविधा प्रदान करने के प्रयास के साथ शुरू किया गए इस सेंटर का उद्घाटन डिप्टी कमिशनर घनश्याम थोरी, एसडीएम जय इन्द्र सिंह तथा विद्यालय प्रिंसिपल प्रो. अतिमा शर्मा द्विवेदी के द्वारा किया गया। उल्लेखनीय है कि यह सेंटर उन सभी नागरिकों को टीकाकरण की सुविधा प्रदान करेगा जिन्होंने पहले से ही ऑनलाइन बुकिंग करवाई हुई होगी। इस संबंध में और अधिक जानकारी देते हुए विद्यालय प्रिंसिपल प्रो. अतिमा शर्मा द्विवेदी ने कहा कि एक राष्ट्रीय संस्था होने के नाते कन्या महाविद्यालय द्वारा अपने सामाजिक कर्तव्यों को बखूबी समझते हुए इस सेंटर की शुरुआत की गई है।



के.एम.वी. में सिविल एडमिनिस्ट्रेशन की कोलैबोरेशन से कोविड टीकाकरण सेंटर की शुरुआत सीबन खाटकर करते हुए डिप्टी कमिशनर घनश्याम थोरी, एसडीएम जय इन्द्र सिंह तथा विद्यालय प्रिंसिपल प्रो. अतिमा शर्मा द्विवेदी। (दाएं) कोविड टीकाकरण सेंटर की शुरुआत होने पर वैक्सीन लगावते हुए लोग, साथ खड़े हैं डिप्टी कमिशनर घनश्याम थोरी, एसडीएम जय इन्द्र सिंह तथा विद्यालय प्रिंसिपल प्रो. अतिमा शर्मा द्विवेदी एवं वैक्सीन लगने के बाद कालेज द्वारा दिया गया थैंकस कार्ड। (संदीप)

सिविल अस्पताल से डॉक्टरों की टीम को पूरी निगरानी में यह सेंटर कार्यरत रहते हुए 18 वर्ष से ऊपर उम्र वर्ग के प्रत्येक नागरिक के लिए खुला रहेगा। उन्होंने कहा कि युवा पीढ़ी को जल्द से जल्द टीकाकरण करवाना

चाहिए ताकि हम सब इकट्ठे मिलकर भारत को कोरोना मुक्त देश बना सकें क्योंकि महामारी ने विश्वभरियों को पढ़ाई को भी बहुत प्रभावित किया है। इसके साथ ही उन्होंने कहा कि सिविल प्रशासन के साथ मिलकर यह प्रयत्न इस

महामारी के खिलाफ विद्यालय के द्वारा किया जा रहे विभिन्न कार्यों में एक अगली महत्वपूर्ण कड़ी है। डिप्टी कमिशनर घनश्याम थोरी ने संवोधित होते हुए कन्या महाविद्यालय के द्वारा निम्नलिखित होकर इस चुनौतीपूर्ण स्थिति में

विभिन्न कर्तव्यों के साथ निभाई जा रही सामाजिक जिम्मेदारी को सराहना की। इसके अलावा इस अवसर पर महामारी काल के दौरान समाज को अपनी शानदार सेवाएं प्रदान करने वाले एन.सी.सी. कैडेट्स को भी प्रशंसा

अतिमा शर्मा द्विवेदी ने सम्मानित किया। इसके साथ ही उन्होंने इस सफल आयोजन के लिए डॉ. गुरजोत, डॉ. प्रदीप अरोड़ा, डॉ. सोनिक भाटिया तथा डॉ. इकबाल सिंह के द्वारा किए गए प्रयत्नों की प्रशंसा की।

Activity 6: Donation of clothes, books and Food Items (4.6.2021)

During Lockdown the students donated Books, Food and Clothes to the needy Children in their Locality. This helped the children who could not go to the Schools and their parents could not afford to buy books for them.

S.No.	Roll No	Class	Name of the student
1.	211718	B.A (Sem 4)	Yogita
2.	19111800001	B.voc of Retail Mgt. (sem4)	Rupinder Kaur
3.	19111200022	B.voc TDAT (sem 4)	Anjali Sharma
4.	2012313	B.Voc Beauty and wellness (sem 4)	Harmanpreet
5.	19109100001	B.COM Honours (SEM 4)	Kashish
6.	19109100010	B.COM Honours (SEM 4)	Palak Sharma
7.	19109100024	B.Sc fashion Designing	Ravneet Kaur
8.	201478	B.COM Honours (SEM 4)	Ramisha





documentary









Activity 7: COVID awareness in Villages of Himachal Pradesh (5.6.2021)

Coronavirus was declared pandemic by WHO in early March 2020. Globally extraordinary measures are being adopted to combat the formidable spread of ongoing outbreak. Specially in India third wave is expected soon. Under such condition, People adherence to preventive measure is greatly affected by their Awareness of the disease. The Student of B.Sc Medical organised awareness campaign to assess the level of preparedness to fight against covid-19 among village people.

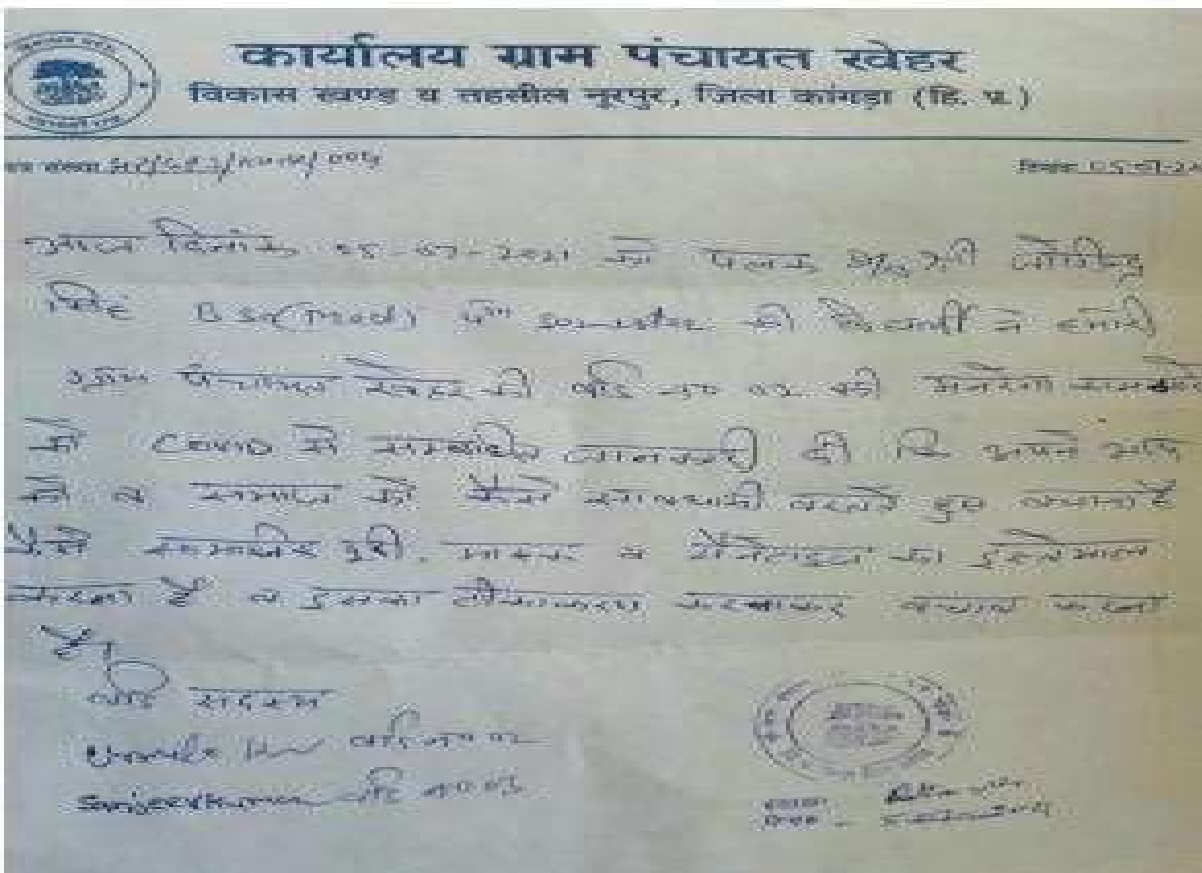
Area:- This project has been conducted in village Kuthandal of district Kangra Himachal Pradesh.

Number of beneficiaries:- The students interacted with village MGNREGA worker, ward members, Panchayat Sarpanch and these workers included mostly women, with the motive that they would spread awareness in their homes.

S.No.	Roll No	Class (SEM 6)	Name of the student
1.	19103300012	B.Sc Medical	Palak
2.	19103300013	B.Sc Medical	Akrit Kaur Gill



Gram Panchayat certificate



AREA:-This project has been conducted in village Nanglahr Distt Kangra ,Himachal Pradesh .

No. of Beneficiaries:- This student interacted with many people in her village (children ,elder ones ,old people) and told them about the third wave of Covid 19 and specially told them to stay home only to leave home when its compulsory.



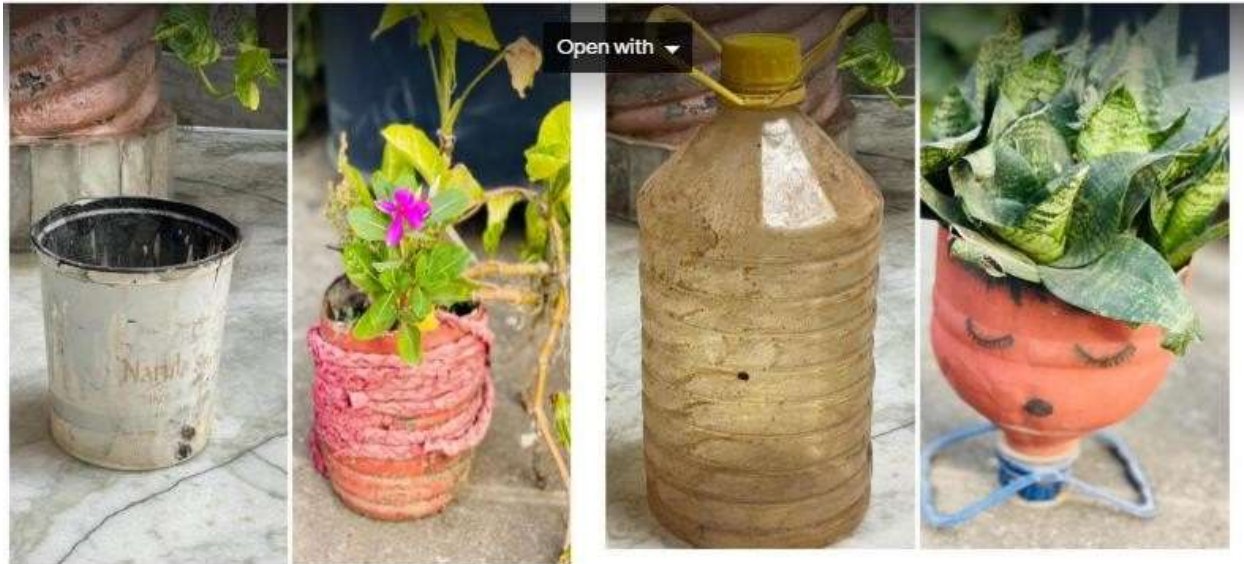
Activity No.8: Spreading Awareness about Recycling of Plastic and Segregation of Waste (10.6.2021)

Recycling is the critical practice to make our planet cleaner. Recycling refers to when we take the raw materials or waste materials and turn them into a new usable object. Animals cannot differentiate between plastic and food and ingest plastic which leads to slow and painful death. Every year nearly 1.1 million birds and animals are being killed by plastic.

S.No.	Roll No	Class (SEM 6)	Name of the student
1.	2012102	B.Voc Photography & Journalism	Jasmeen Kaur
2.	18107500004	B.Sc Non- Medical	Sandeep Kaur

An Attempt was made to generate awareness about how the plastic around us can be reused. . Area where project conducted : V.p.o. Talwandi Daddian
District : Hoshiarpur Tehsil : Dasuya People involved : 3







1. **Name of the project:** Segregation Of Waste And Cleanliness
2. **Area where Project was conducted:** Nalwa Fafa, Jalandhar Cantt.
3. **No. of Beneficiaries:** 10





Activity No.9: Spreading awareness about WOMEN HEALTH (12.6.2021)

WOMEN'S HEALTH Women's Health is defined as "a state of complete physical, mental and social-well being and not merely the absence of disease or infirmity in women". Menstruation and menstrual practices still face many social, cultural, and religious restrictions which are a big barrier in the path of menstrual hygiene management. In many parts of the country especially in rural areas girls are not prepared and aware about menstruation so they face many difficulties and challenges at home, schools and workplaces. Inadequate facilities and materials.

3 Teachers and 2 Students participated in the activity.

S.No.	Roll No	Class (SEM 6)	Name of the student
1.	187205	B.A honours English	Inderpreet Kaur
2.	187203	B.A(Hons) English	Samreet

Area of Project: Village Mubarakpur Sherpur Sheikhe Distt. Jalandhar
Government Sr. Sec. School Mata Gujri Ji Ladies Welfare Society

No. Of Beneficiaries: 40 (32 girls of school and 6 girls of centre)

People Involved: Sarpanch of Mubarakpur, Chairperson of Mata Gujri Ji Ladies Welfare Society,



Name of the Project – Awareness regarding menstrual

Area where project was conducted – Government Sr. Sec school, village Murbarakpur, shepurSheikheDistt. Jalandhar.

Interacted with the girls of Mata Gujri Ji Ladies Welfare society.

3. No of Beneficiaries- 32



Activity No. 10 Social Outreach Value Added Programme

It is a Compulsory Course for All the Students of Semester IV of the College. The Students are asked to Undertake Projects which have an impact on the Society. The Programme starts with an Introductory Session Addressed by Principal Dr. Atima Sharma Dwivedi Followed by Sessions which are taken up by Various Faculty members who give an insight in to the Broad areas on which the students can work

The screenshot shows a Zoom meeting interface. At the top, there is a 'Recording...' button and a 'LIVE on YouTube' indicator. The main window displays a presentation slide titled 'Kanya Maha Vidyalaya (Autonomous) The Heritage Institution'. The slide features a photograph of the institution's building and a fountain. Below the photo, the text reads: 'Address on Social Outreach Program : Hands and Hearts for Change by Prof. Atima Sharma Dwivedi Principal Kanya Maha Vidyalaya, Jalandhar'. On the right side of the Zoom window, there is a video feed of Prof. Dr. (Mrs.) Atima Sharma Dwivedi, who is wearing an orange sari and glasses. The background of her video feed shows a bookshelf and a flag. The bottom of the Zoom window shows a status bar with 'Slide 1 of 3', 'English (United States)', and various controls for the presentation.

Photos - Screenshot (772).png

See all photos + Add to

Recording... You are viewing Gurjot Kaur's screen View Options

THINK

- Look over your interests
- Figure out how much time you can devote to community service
- Do some research to see what projects you do in your community

Start volunteering!

Unmute Stop Video Security Participants 221 Chat Share Screen Pause/Stop Recording Breakout Rooms Reactions Leave

Dr. Monica Sharma
Gurjot Kaur
Tashish Badhan...
Ritu Kashyap

Type here to search

14:46:00 14-12-2021

Photos - Screenshot (770).png

See all photos + Add to

Recording... You are viewing Gurjot Kaur's screen View Options

HOW YOU CAN CONTRIBUTE.....

1. Read books or letters to a person who is visually impaired
2. Tutor children after school
3. Volunteer at a summer camp for children who have lost a parent
4. Donate used children's books to a school library
5. Deliver groceries and meals to elderly neighbors
6. Drive seniors to doctor appointments
7. Clean up a local park
8. Plant flowers or plants in your neighbourhood

Unmute Stop Video Security Participants 226 Chat Share Screen Pause/Stop Recording Breakout Rooms Reactions Leave

Dr. Monica Sharma
Gurjot Kaur
Tashish Badhan...
Ritu Kashyap

Type here to search

14:43:43 14-12-2021

Value Added Program (2020-21)

SOCIAL OUTREACH

List of Classes with No. of students

Sr. No.	Classes	Semester	No. of students	Present students	No. of students absentees
1.	B.Sc. N. Med	IV	34	34	Nil
2.	BCA	IV	28	28	Nil
3.	B.Voc (Animation)	IV	14	14	Nil
4.	BA. HONS. (English)	IV	6	5	1. (Komalpreet) 203056
5.	BA	IV	98	87	> 203223 (Malvika) > 203283 (Gurpreet) > 203291 (Geeta Rani) > 92 (Jasmine) > 93 (Manpreet) > 94 (Karandeep) > 96 (Priyanka) > 203301 (Palak) > 04 (Abhilasha) > 08 (Simranjeet) > 203273 (Harmanpreet Kaur)
6.	BBA	IV	26	26	Nil
7.	B.Voc (MSP)	IV	19	19	Nil
8.	B.Voc (photography and journalism)	IV	4	4	Nil
9.	B.Sc. (Hons.) Agriculture	IV	4	4	Nil
10.	B.Sc. (Hons.) Maths	IV	16	16	Nil
11.	B.Voc NEH	IV	16	16	Nil
12.	B.sc Biotech		13	13	Nil
13.	B.Sc. C.sc.	IV	15	15	Nil
14.	B.sc (IT)	IV	10	10	Nil
15.	B.Com Hons.	IV	69	69	Nil
16.	B.Com	IV	41	41	Nil
17.	B.Voc (Retail Mgt.)	IV	22	22	Nil
18.	B.Sc. Fashion designing	IV	17	17	Nil

19.	B.Sc Home science	IV	3	3	Nil
20.	BAJMC	IV	9	9	Nil
21.	B.Voc (beauty & Wellness)	IV	19	19	Nil
22.	B.sc Med	IV	40	40	Nil
23.	B.sc Eco	IV	7	7	Nil
24.	B.Voc Textile Design	IV	29	26	3 (left) ➤ 2011310 (Manpreet Kaur ➤ 316 (Inderjeet) ➤ 325 (Manpreet Kaur)
25.	B.Sc food science	IV	8	8	Nil
Total			567	552	

Activity: 11 Spreading Awareness through Social Media

During the Pandemic the Students of the college spread awareness among the people through various Social Media. Videos were shared on Whatsapp and uploaded on the YouTube. These included Mask Making and following the COVID protocol.

SR.NO.	DATE	TOPIC	LINK
1	December3,2020	DIY Protective Mask with bonded fabric	https://youtu.be/uJs50tLFXwk
2	December10, 2020	Innovative Socks Mask	https://youtu.be/1H9ybmzHSrk
3	December22, 2020	Innovative DIY steamer	https://youtu.be/UE_VZ9UanEo
4	December25, 2020	SustainableCreativity	https://youtu.be/w2kOQIC-XrA
5	December	Innovative	https://youtu.be/AGBAX

	26, 2020	full face mask	HPg9nA
6	December26, 2020	Cap Mask	https://youtu.be/B_cZQpGHDgE
7	December27 , 2020	Sketching – Designing – construction challenge	https://youtu.be/ELRSZHH_Hxl
8	December27 , 2020	InnovativeHack for Sardar ji	https://youtu.be/z-5Pw_Gm9yk
9	December28, 2020	Do's & Don'ts	https://youtu.be/F51Rg7bmGEc
10	December28 , 2020	InternationalYoga day	https://www.facebook.com/watch/?v=265759384500977

Activity 12: One Week Social Awareness Camp on Solar Eclipse

Environment Activities of P.G. Department of Physics 2020-21

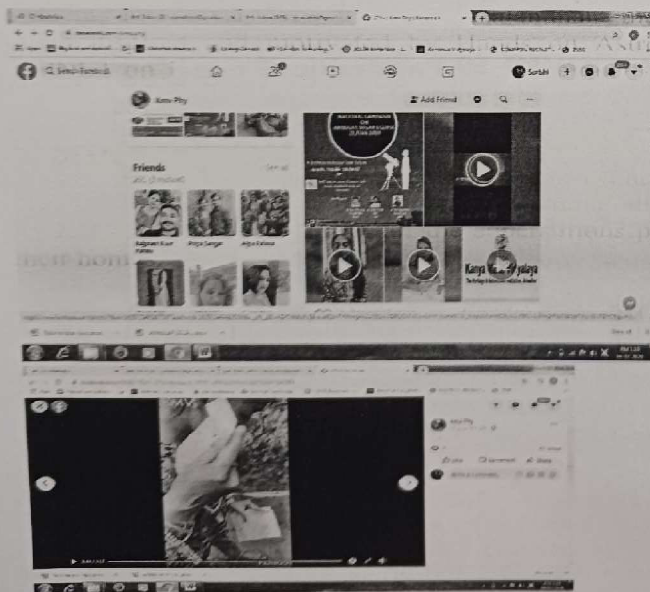
One week Social Awareness Camp on Solar Eclipse

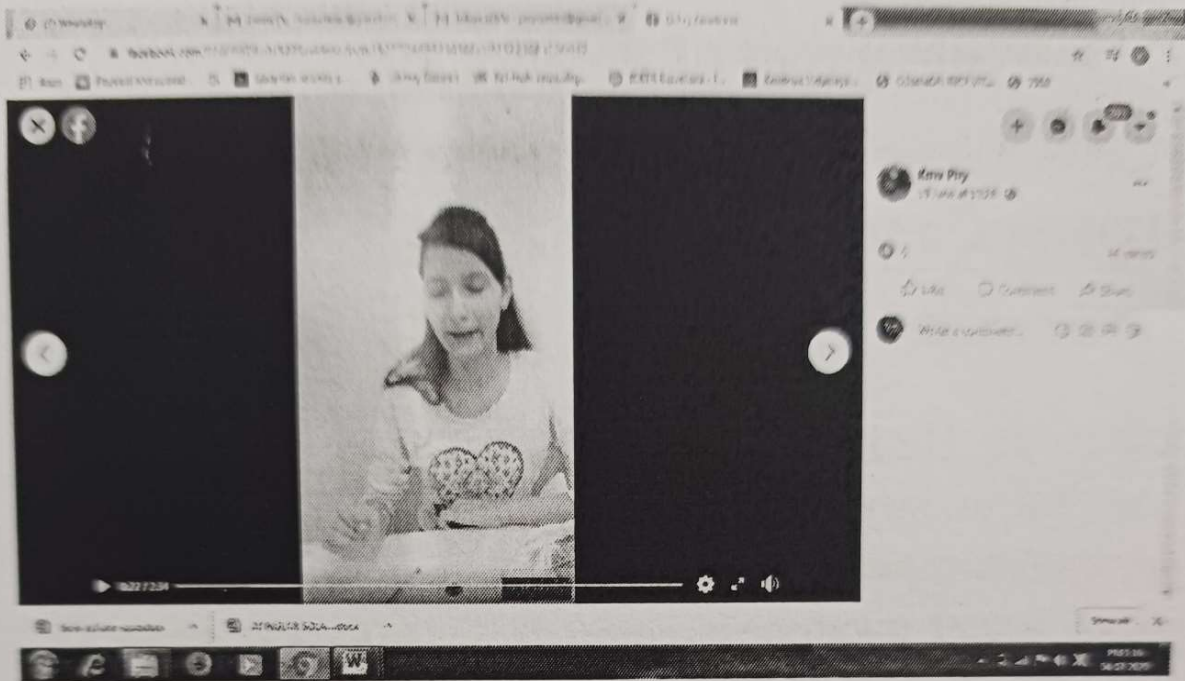
Dated: June 15, 2020- June 21, 2020

Students of Kanya Maha Vidyalaya, Jalandhar- the Heritage & Autonomous Institution got so much inspired and motivated by Hands on Astronomy Workshop previously organized by VIPNET on June 5, 2020 and later by online quiz competition organized from June 5-19, 2020. So consequently organized a special one week social awareness camp from June 15, 2020 to June 21, 2020 for motivating other students as well as their own nears and dears to observe solar eclipse scientifically and not from superstitious point of view. In this programme KMViets demonstrated very easy methods to prepare instruments to be used as an aid. Students also shared video recordings of these demonstrations among all their contacts. Thus KMViets became team leaders of society discarding all the superstitions prevailing, despite being restricted to stay at their homes.

Link of video

<https://www.facebook.com/100003791015275/videos/1925723647563984/>



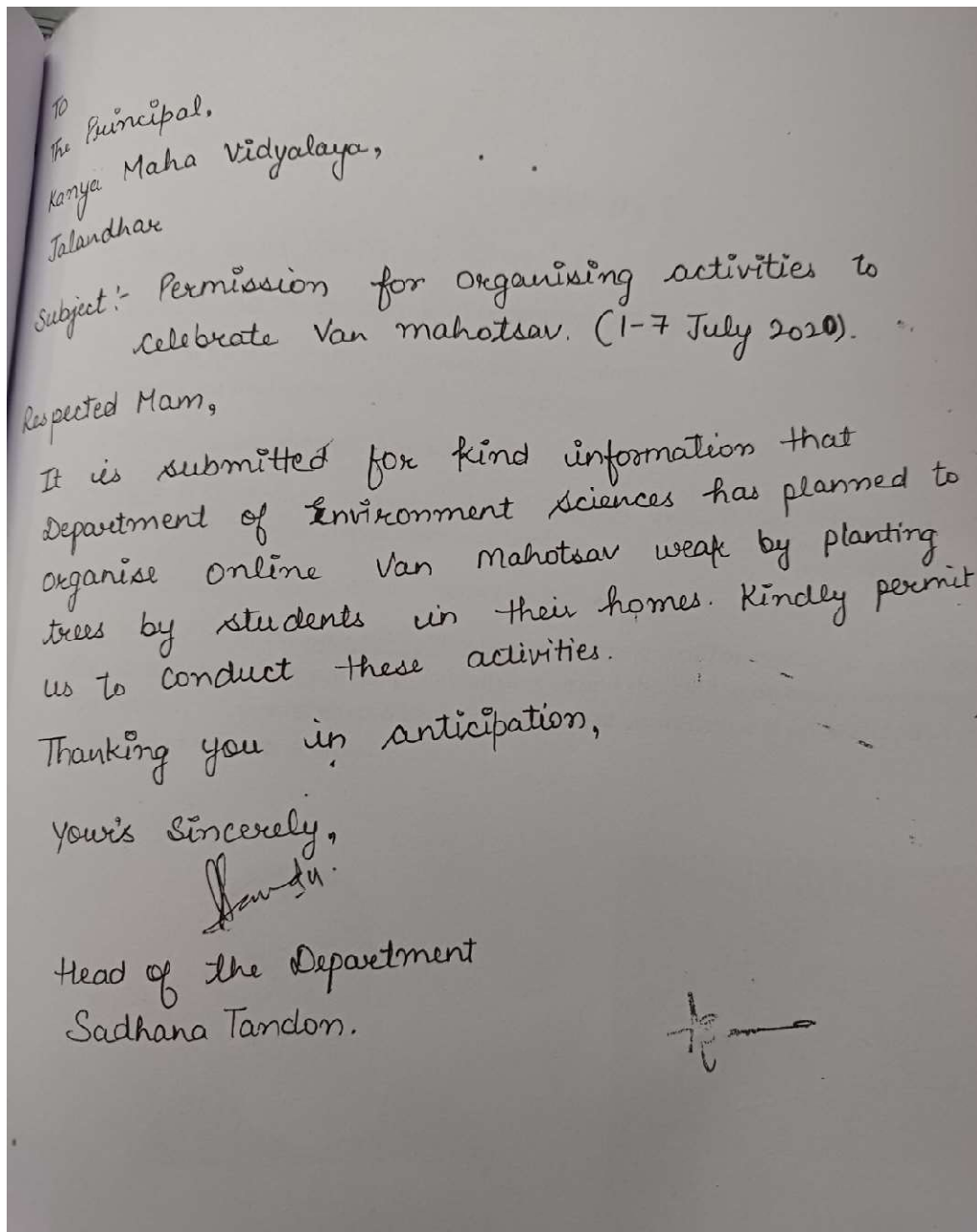


Activity 13: Van Mahotsav (1st July to 7th July 2020)

Department of Environment Science organized an online VAN MAHOTSAV WEEK. The competition was held online in which students of different streams participated. The main motive of this event was to make students aware about the environment and conservation of biodiversity. Students planted different useful plants in their home garden or pots. Principal Prof. Dr. Atima Sharma Dwivedi praised the students and teachers for their participation and efforts.

Total no. of participants : 51 (Online)

Permission Letter



To
The Principal,
Kanya Maha Vidyalaya,
Jalandhar

Subject:- Permission for organising activities to
celebrate Van mahotsav. (1-7 July 2020).

Respected Mam,

It is submitted for kind information that
Department of Environment sciences has planned to
organise online Van mahotsav week by planting
trees by students in their homes. Kindly permit
us to conduct these activities.

Thanking you in anticipation,

Yours Sincerely,
Sadhana

Head of the Department
Sadhana Tandon.



Activity 14: World Ozone Day (16th September 2020)

Department of Zoology and environment science organized online Poster making, rangoli making and short video on ozone awareness competition to celebrate world ozone day to spread awareness and bring attention to the depletion of the ozone layer.

Total no. of participants: 83

Permission Letter

To
The Principal,
Kanya Maha vidyalaya,
Jalandhar

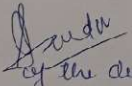
Subject:- Permission for Organizing activities to
celebrate World Ozone Day (16 September 2020)


Respected Mam,

It is submitted for kind information that the
Department of Zoology and Environmental Sciences has
planned to organize online poster and rangoli making
competition and short video on ozone awareness
competition to celebrate world ozone day on 16 September
2020. Kindly permit us to conduct these activities.

Thanking you in anticipation

Yours sincerely,


Head of the Department
Sadhana Tandon


H. Adhikari

B.Com (Hons) Sem I

B.Com Sem I

Roll No.	Name	Roll No.	Name	Roll No.	Name	Roll No.	Name
192101	KASHISH	192109	MANDEEP Kaur	192301	RAJDEEP Kaur SAINI	192335	ADITI SHARMA
192104	SEJAL KAUSHAL	192124	KIRANDEEP Kaur	192303	RAMANPREET Kaur	192336	DALJOT Kaur
192105	SHARANJEET Kaur	192128	SANDEEP Kaur	192305	VIPANPREET GILL	192337	KAJAL PATHAK
192106	KIRAN ARORA	192131	HARPREET Kaur	192306	CHETNA SOBTI	192338	NAMITA BHATIA
192111	RANDEEP Kaur	192139	SUKHWINDER Kaur	192307	KAMALJIT Kaur	192339	PALVI
192112	PRIYANKA	192140	KIRAN	192310	ISHITA SONDHI	192343	ANAHITA GAUTAM
192113	SIMRAN Kaur DHILLON	192144	Harleen Kaur Sandhu	192311	PREETI	192344	HARMANPREET Kaur
192114	PALAK SHARMA	192145	JATINDERPAL Kaur	192312	SIMRAN	192345	JASPREET Kaur
192115	NANDINI	192146	PAWANPREET Kaur	192313	HARMANPREET Kaur	192346	PREETI
192117	JASDEEP	192147	ISHITA VASHIST	192315	KHUSBHOO	192348	PRIYA GANDHER
192118	PRIYANKA MISHRA	192148	SIMRANJIT Kaur	192316	HARPREET Kaur	192349	SAMRIDHI SINGH
192120	RITIKA	192151	PRABHLEEN Kaur	192319	HEMAN THAKUR	192351	MANJOT Kaur
192121	GUNJAN PARIHAR	192152	CHARANDEEP Kaur	192320	MANDEEP Kaur	192352	PALAK KAPOOR
192122	HARMANJIT Kaur	192153	AMISHA	192321	AAKRITI GOYAL	192354	JASMEET Kaur
192125	GURSIMRAN AHLUWALIA	192154	MANPREET Kaur	192322	SIMRANJEET	192355	KAJAL
192126	AMANDEEP BANGAR	192158	SONALI MAHI	192323	KAMALPREET Kaur	192356	SHREYA
192129	PUNITA	192159	GURJOT Kaur	192324	AWANTIKA		
192132	SWATI	192161	VISHALI KUMARI	192325	MEGHA NAGPAL		
192134	MANMEET Kaur	192162	POONAM	192326	BABITA		
192135	MEHAK	192164	RIYA THAKUR	192331	MANISHA		
192136	HARMANPREET Kaur	192166	ISHIKA THAKUR	192332	RIYA SONI		
192137	ARSHLEEN Kaur	192167	CHARU BHAGAT	192334	CHETNA NAYAK		



Activity 15: Two Day National Conference on 'Covid-19 Pandemic: Emerging Challenges and Future Strategies' (27th- 28th November 2020)

Two day National e-Conference on 'COVID-19 Pandemic: Emerging Challenges and Future Strategies'

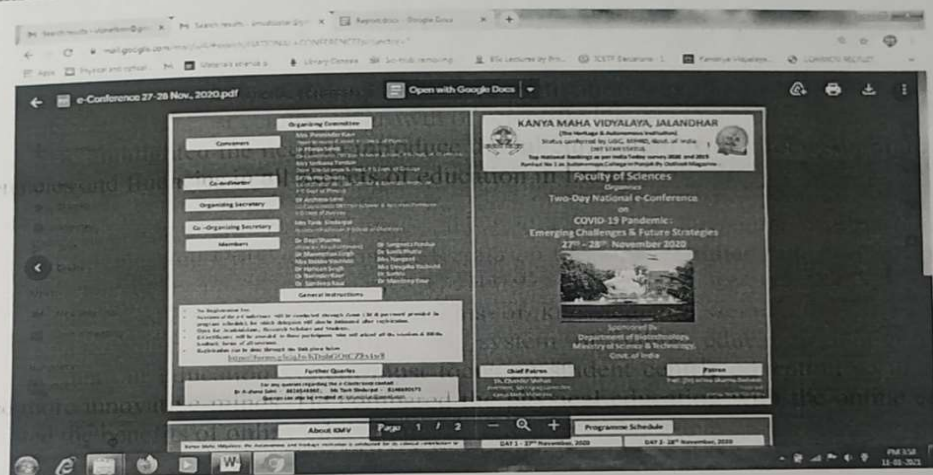
Dated: 27 November 2020

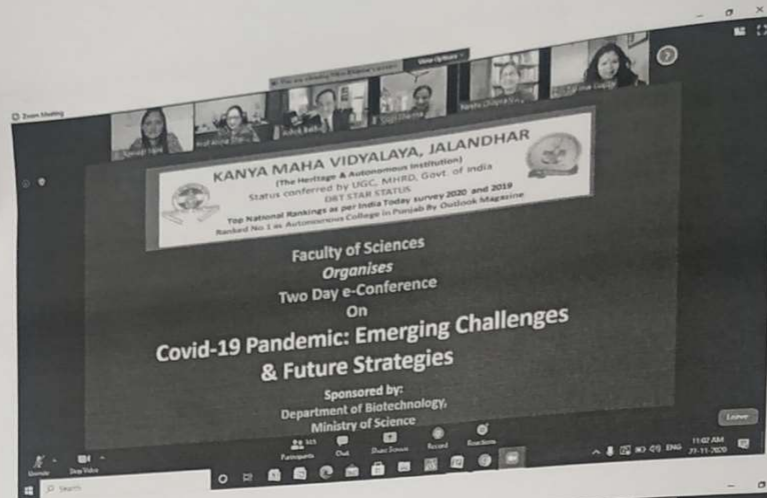
Two day National e-Conference on 'COVID-19 Pandemic: Emerging Challenges and Future Strategies' was organised by Faculty of Sciences of Kanya Maha Vidyalaya – the heritage Autonomous Institution, Jalandhar. The basic objective of organizing the e-Conference was to provide a platform to the students, research scholars and academicians for scientific discussion on the COVID – 19 Pandemic, which has brought the physical interaction at the campus of institution to a standstill. In order to communicate to the youth of the country the excitements of creative pursuit of science, attract talent to the study of science at an early age and to build the required critical human resource pool for strengthening and expanding the Science & Technology system and Research & Development base, poster presentations on the key areas of the conference were invited.

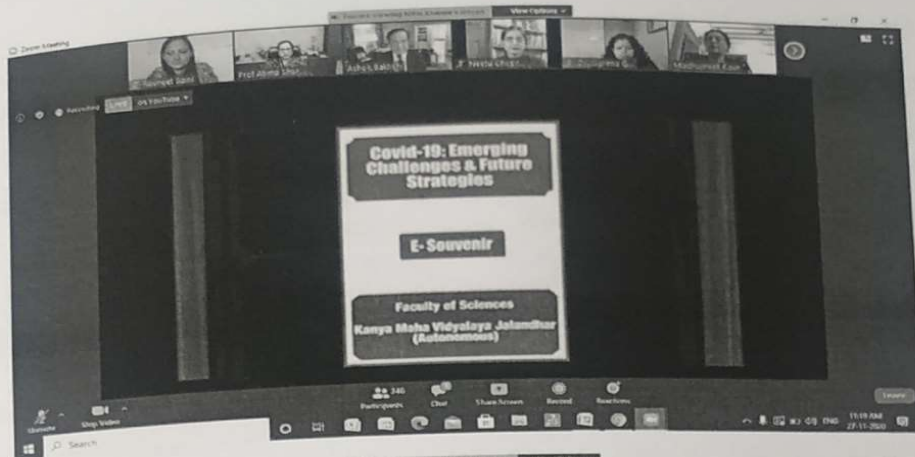
The conference received a whooping response of 362 participants from 17 states. Inauguration ceremony was head started by interactive session by erudite chief guest Dr. Garima Gupta, Scientist E and Programme Officer, DBT Star sScheme, DBT, New Delhi who presented the inaugural address where she shared her views regarding the effect of lockdown on the economy of the country. Further she explained about various facilities provided by DBT for the enhancement of education.

The keynote address was delivered by Prof. A. K. Bakhshi, Founder Vice-Chancellor, PDM University Haryana on the topic 'Achieving Excellence in Science in India in the 21st century: Challenges and Opportunities'. He explained the role of a teacher in higher education. He told that the outstanding teacher must have some qualities as sound and deep knowledge, concept clarity, out of box thinker, innovative creator and communication skills. He differentiated very well the presentation and communication where the presentation is what you say it and communication as how to say. He further told that both career management and personality are important for success. Then he enlightened about the current higher education system in India. Prof. Bakhshi stressed that the main reasons for poor world ranking of HEIs is poor quality of India's research programs. He further described about the various components of creativity as expertise, creative thinking skills and motivation. He shared the challenges which we are going to face in 21st century as growth of scientific knowledge, challenge in research and education. He highlighted the need to introduce digital curriculum with a focus on digital skills, competencies and fluencies in all aspects of education in India.

Technical session of Day 1 was conducted by Dr. K.K. Ramachandran Professor, Government Engineering College, Thrissur, Kerala on the topic 'Higher Education- Revolution in Teaching and Learning triggered by COVID19'. He gave an overview about how this pandemic has affected the conventional means of knowledge dissemination in educational institutions. Dr. Ramachandran told that the system of online education is not new. He emphasized that our education system must focus on student centric education so that we can produce more innovative minds. He compared the physical education with the online education and enlisted the benefits of online education.







Day 2: Two day National e-Conference on 'COVID-19 Pandemic: Emerging Challenges and Future Strategies'

Dated: 28 November, 2020

First Technical session of Day 2 was chaired by Dr. Subarna Roy Scientist F / Deputy Director (Senior Grade) ICMR-National Institute of Epidemiology, Dept. of Health Research, Govt of India, Ayapakkam, Chennai. On topic 'Anatomy of an Outbreak'. He started his talk by giving a basic introduction of an outbreak. He gave an overview about the various outbreaks occurred in different parts of India and how these outbreaks can be investigated and prevented by taking appropriate control measures. Dr. Subarna shared his experiences related to his investigations of different outbreaks taken place at Andaman Nicobar island and Nancowry and some other parts of the country. He further added that how we can use laboratory tools to understand and investigate such outbreaks.

Second Technical session of Day 2 was delivered by: Dr. Felix Bast, Associate Professor, Department of Botany, Central University, Bathinda on the topic of ecosystem. He started his talk by introducing his research papers and his youtube channel on which he is working and having more than 3000 subscribers. He gave an overview about how our ecosystem is getting affected day by day. He further stressed on the fact that deforestation and encroachment to the ecosystem is the root cause of emerging and re-emerging diseases. He told that how nature is teaching humanity to lead life in harmony with her otherwise nature would continuously release it as a new pathogen in its defence. Dr. Felix further added that it is a high time to save our ecosystem for sustainability.

The Poster session began with the valuable feedback by the judges on the posters. The judges of the poster session were Dr. Pooja Ohri, Associate Professor, Department of Zoology, Guru Nanak Dev University, Amritsar, Dr. Rohit Mehra, Associate Professor, NIT, Jalandhar and Dr. Meenu, Assistant Professor, Department of Applied Chemistry, Maharaja Ranjit Singh PTU, Bathinda. All the judges applauded the efforts of the participants in making the effective poster presentation on the theme of the conference. Poster session was followed by Valedictory address by Worthy principal Dr Atima Sharma Dwivedi. She congratulated the organizing team for successful conduct of this e-conference and applauded the efforts of resource persons and judges of the event. She congratulated all the 362 participants from 17 states across India. She also congratulated the award winners of the e-conference. The awards winners are as follows.

Best poster Award- Scientific Research (Faculty)

1st -Dr.Febina ,Bernice Sharon,Tucker College,Tirunelveli,Tamil Nadu.

2nd- Dr.Manoj Patidar, Govt.College Manawar.

3rd- Dr.Manpreet Kour, SKUAST-Jammu

Best poster Award- Review (Faculty)

1st-Dr.Saumabha Chatterjee,Durgapur Govt.College

2nd-Dr.Ashwani Kumar,Doaba College,Jalandhar

3rd- Dr.Jipsy, Amity Institute of Education

Best poster Award (Student)

1st- 1. Shereen B.Sc Medical Sem- I, KMV

2.Jasnoor B.Sc.Medical Sem -V, KMV, Jalandhar

2nd-1.Niyati and Dr.Anamika,Maitreyi College ,University of Delhi.

2. Vajinder, B.Sc. Math Hons Sem 1 KMV

3 rd - 1. Neha Gandotra and Riya

DAV College Bathinda

2. Haramanpreet Kaur

B.Sc. Non Medical Sem 3 KMV Jalandhar

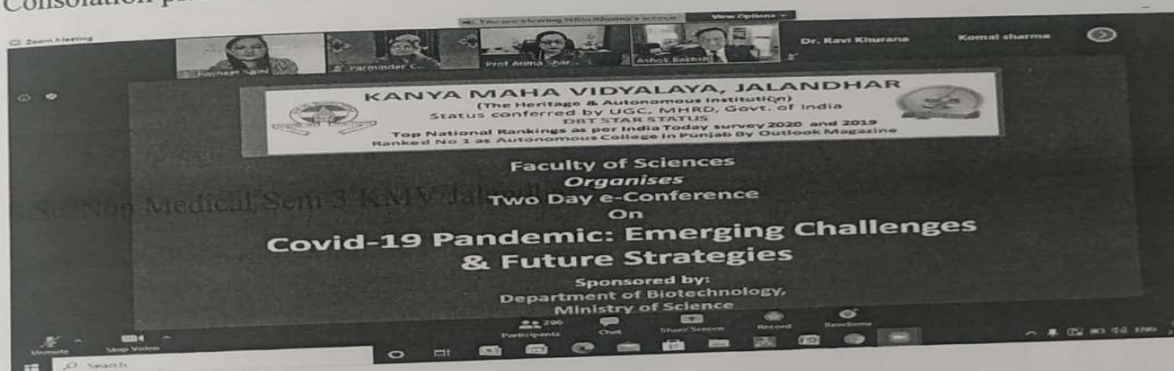
All the award winners were given cash prizes as follows

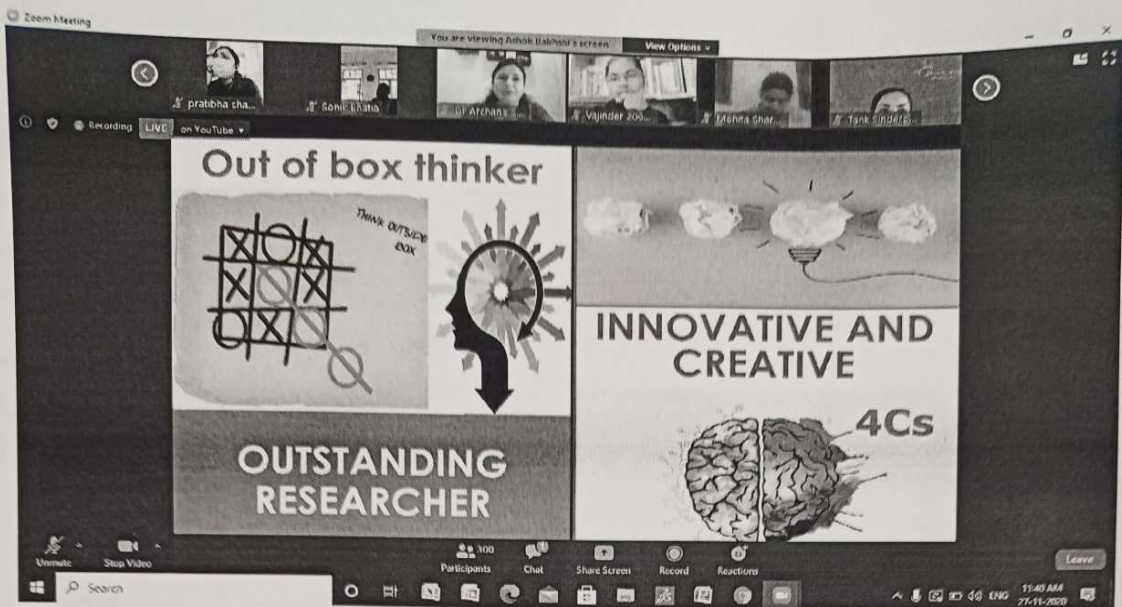
First prize= Rs. 1100/-

Second prize= Rs. 11000/-

Third prize= Rs. 900/-

Consolation prize= Rs. 500/-





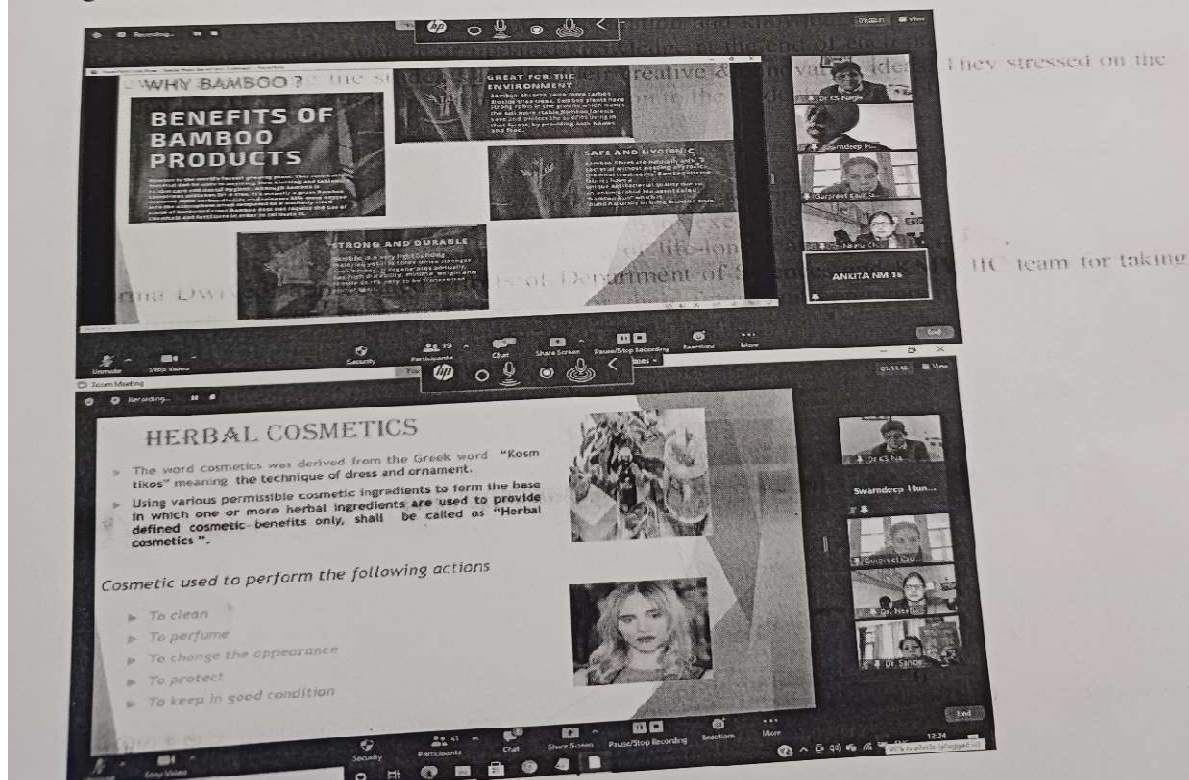
Activity 16: Aatam Nirbhar Bharat-Innovation and Entrepreneurship (18th December 2020)

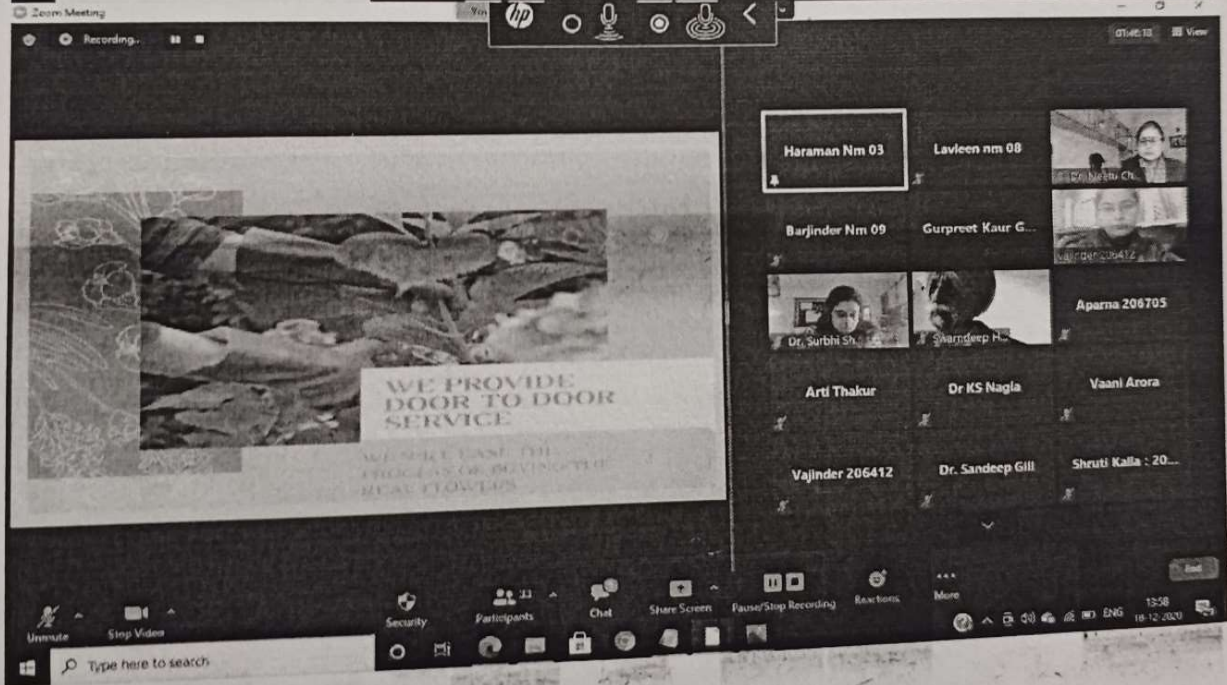
Aatam Nirbhar Bharat-Innovation and Entrepreneurship

Dated: 18th December 2020

Kanya Maha Vidyalaya— the Heritage & Autonomous institution, Seat of Women Empowerment, Ranked No.1 College in India by India Today Ranking (Various Categories) organized an online event titled *Aatam Nirbhar Bharat-Innovation and Entrepreneurship* on 18th December 2020. The event was organized by the Department of Sciences and KMV-Institutional Innovation council (IIC). Dr Swarandeeep Singh Hundal, Professor, Department of Zoology, Punjab Agriculture University, Ludhiana and Dr Kuldeep Singh Nagla, Associate Professor, Instrumentation and Control Engineering were invited as experts for the event. Event was organized to provide a platform for the students to develop creative and entrepreneurship related skills.

During the exhibition, students gave presentation on the topics like- Buy Bamboo products, say no to plastics, Air filtering buses, Indian Pottery, Treating cancer with bacteria, Herbal cosmetics. Experts joined panel discussion along with students and discussed practical concerns for each concept and assessed student's preparation and knowledge for specific concept. They also enriched students with their updated knowledge at the end of each presentation. Experts of the event addressing the students lauded their creative & innovative ideas. They stressed on the fact that KMV is excelling in imparting education to the students & the college has always taken a great lead in organizing various innovative activities for the student's awareness. Students will stand to gain a lot from this event as it will encourage the students to innovatively think about future & be able to suggest solutions through innovative ideas and concepts. Cash prizes worth Rs 500, 400 & 300 were also awarded to the students for their brilliant presentations. The college is striving ceaselessly to maintain its standards of excellence by fostering an environment of endless opportunities and promoting culture of life-long learning. Principal Prof. (Dr.) Atima Sharma Dwivedi appreciated efforts of Department of Sciences and KMV IIC team for taking such initiatives and preparing students for their future entrepreneurship ventures. She also thanked experts for gracing the occasion and enlightening and motivating students. She further added that entrepreneurial environment is the need of time which will enhance the inclusive growth and development of society at large.





Activity 17: World Water Day (22nd March 2021)

Department of Environment sciences organised poster competition on 22nd march 2021 to celebrate world water day to sensitize students regarding global environmental issues related to water. Around 50 students participated in the event to showcase their creativity. Students made posters depicting water scarcity and present scenario of water conservation programmes through which they suggested different measures to solve the problem of severe water pollution. Principal Prof. Dr. Atima Sharma Dwivedi praised the students and teachers for their participation and efforts.

Total no. of participants: 47

Permission Letter

The Principal,
Kanya Maha Vidyalaya,
Jalandhar.

Subject - Permission for organizing activities to celebrate
"World Water Day" (22nd March, 2021)

Respected Madam,

It is submitted for kind information that the Department of Zoology and EVS has planned to Organize Poster making competition to commemorate World Water Day on 22nd March, 2022. kindly permit us to conduct this activity.

Thanking you in anticipating

Yours Sincerely

Sandhi
Head of Department

Miss. Sachana Tandon

Madhulika

Sr. No.	Name	Class	Roll No.
1.	Pawanpreet Kaur Mannan	M.A. Eco. Sem.-IV	189006
2.	Priya Kaushal (H)	B.A. Sem.-VI	3424
3.	Jaya Mishra	M.A. JMC Sem.-II	1917702
4.	Anchal Bhatia (H)	B.Com. Hons. Sem.-IV	181501
5.	Preeti	B.Com. Hons. Sem.-IV	181508
6.	Priya	B.Com. Hons. Sem.-IV	181570
7.	Riya Sharma	B.Com. Hons. Sem.-IV	181509
8.	Lakhwinder Kaur	B.Com. Hons. Sem.-IV	181527
9.	Manroop Kaur	B.Com. Hons. Sem.-IV	181548
10.	Sawita Rani (H)	B.Com. Hons. Sem.-IV	181505
11.	Anamika (H)	B.Sc. (NM) Sem.-IV	186414
12.	Yashika Jain (H)	B.Sc. (NM) Sem.-IV	186413
13.	Nusrat Khatoon (H)	B.Sc. Med. Sem.-II	196443
14.	Naziya Malik (H)	B.Sc. Med. Sem.-II	196447
15.	Shivani Thakur (H)	B.Sc. Med. Sem.-II	196444
16.	Pahul Padam	M.Sc. Zoology Sem.-II	1810118
17.	Akrit Kaur Gill (H)	B.Sc. Med. Sem.-II	196417
18.	Palak (H)	B.Sc. Med. Sem.-II	196416
19.	Tamanna Sharma (H)	B.Sc. Med. Sem.-II	196436
20.	Shaina	B.Sc. Hons. (Maths) Sem.-II	196804
21.	Mandeep Kaur	B.Sc. Hons. (Maths) Sem.-II	196816
22.	Rinkal	B.Sc. Hons. (Maths) Sem.-II	196803
23.	Simran Kaur	B.Sc. Hons. (Maths) Sem.-II	196817
24.	Taniya	B.Sc. Hons. (Maths) Sem.-II	196802
25.	Sakshi	B.Sc. Hons. (Maths) Sem.-II	196809
26.	Harmanpreet Kaur	B.Sc. (Medical) Sem.-IV	186124
27.	Sheetal Ranaut (H)	B.Sc. (Medical) Sem.-IV	27
28.	Ravina (H)	B.Sc. (Medical) Sem.-IV	28
29.	Divya Badhan	B.Sc. (Medical) Sem.-IV	29
30.	Anavi (H)	B.Sc. (Medical) Sem.-IV	30
31.	Meghna Rana (H)	B.Sc. (Medical) Sem.-IV	31
32.	Muskan Thakur	B.Sc. (Medical) Sem.-IV	32
33.	Anjali (H)	B.Sc. (Medical) Sem.-IV	33

34.	Supriya Mahey	B.Sc. (Medical) Sem.-IV	34
35.	Rajdeep Kaur	B.Sc. (Medical) Sem.-IV	35
36.	Dakshita	B.Sc. (Medical) Sem.-IV	36
37.	Amanpreet Kaur	B.Sc. (Medical) Sem.-IV	37
38.	Isha Nagpal	B.Sc. (Medical) Sem.-IV	38
39.	Jasneet Kaur (H)	B.Sc. (Medical) Sem.-IV	39
40.	Jasnoor Kaur	B.Sc. (Medical) Sem.-IV	40
41.	Lovepreet Kaur	B.Sc. (Medical) Sem.-IV	41
42.	Prabhjot Kaur	B.Sc. (Medical) Sem.-IV	42
43.	Neha Kumari	B.Sc. (Medical) Sem.-IV	43
44.	Rupali	B.Sc. (Medical) Sem.-IV	44
45.	Sapna Madaan	B.Sc. (Medical) Sem.-IV	45
46.	Priyanka	B.Sc. (Medical) Sem.-IV	46
47.	Rajni Dadwal	B.Sc. (Medical) Sem.-IV	51





के.एम.वी. की छात्राओं ने पानी बचाने का दिया संदेश



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ऑनलाइन पोस्टर मेकिंग प्रतियोगिता में हिस्सा लेकर पानी बचाने का संदेश देती हुई कालेज की छात्राएं।
(संदीप)

जालंधर(कुश): कन्या महाविद्यालय के एनवायरनमेंट साइंस विभाग के द्वारा विश्व जल दिवस मनाते हुए ऑनलाइन पोस्टर मेकिंग प्रतियोगिता का आयोजन करवाया गया। पानी को बचाने एवं संभालने के संबंध में जागरूकता फैलाने के मकसद के साथ आयोजित हुई इस गतिविधि के अंतर्गत के.एम.वी. की वाटर वॉरियर्स टीम ने इस में भाग लेते हुए अपने पोस्टरों में पानी के महत्व, जरूरत, बचत, प्रदूषित पानी की समस्या तथा इसकी रोकधाम, हरे-भरे पर्यावरण में पानी के महत्व आदि को बखूबी ढंग से पेश करते हुए अपनी सृजनात्मकता से सभी को अवगत करवाया। उल्लेखनीय है कि के.एम.वी. द्वारा शुद्ध जल के महत्व तथा इसके संरक्षण के प्रति जागरूकता फैलाने के लिए संगठित टीम वाटर वॉरियर्स लगातार प्रयत्नशील है। इस टीम द्वारा जहाँ कैम्पस में भी साफ-सुथरे पानी के लिए जागरूकता फैलाई जाती है वहीं साथ ही सामाजिक स्तर पर भी विभिन्न आयोजनों के साथ लोगों को पानी के बचाव तथा सही उपयोग के बारे में समझाया जाता है।

The message regarding water conservation was spread among the younger lot with schools and colleges holding events to mark the World Water Day on Monday.

Kanya Maha Vidyalaya

Kanya Maha Vidyalaya organised an online poster-making competition to celebrate World Water Day to spread awareness about water conservation. The event was organised by the Department of Environment Science. KMV's Water Warriors team participated to showcase their creativity. Students emphasised on saving water in regular use and also apprised people about the ways to save water. Students made posters and slogans to inculcate values of water conservation among people. The role of water warriors is spreading awareness about the importance of water conservation, ensuring that clean drinking water reaches



SWEET NECTAR: Students of KMV give a message of water conservation. TRIBUNE PHOTO

the needy, checking any leakage on taps on the campus and at homes etc. Principal Prof Dr Atima Sharma Dwivedi said KMV gives utmost priority to environment conservation as we always motivate

students to spread awareness regarding this cause in society, so that the younger generation could feel its responsibility. She lauded the efforts of Sadhna Tandon and Sufalica for organising the event.

Activity 18: World Earth Day (22nd April 2021)

Students of Kanya Maha Vidyalaya marked the world earth day by participating in various activities organized by the department of Environmental science. The activities included poster making, slogans, video making and sapling of life etc. Students gave a message of reducing pollution, improving air quality and surroundings by making planet clean and green. Principal Dr. Atima Sharma Dwivedi on the occasion also distributed planters to the faculty and praised the students and teachers for their participation and efforts.

Total no. of participants : 83

Permission Letter

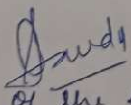
To
The Principal,
Kanya Maha Vidyalaya,
Jalandhar

Subject: Permission for organizing activities to
celebrate Earth Day (22 April 2021)

Respected Mam,

It is submitted for kind information that the department of environmental science has planned to organise poster making, slogans, video making and sapling of life competition to commemorate world Earth day on 22 April 2021. Kindly permit us to conduct these activities.

Thanking you in anticipation,
Yours sincerely,


Head of the Department
Sadhana Tandon.

Modhukhet

B.Com (Hons) Sem I

B.Com Sem I

Roll No.	Name	Roll No.	Name	Roll No.	Name	Roll No.	Name
192101	KASHISH	192109	MANDEEP Kaur	192301	RAJDEEP KAUR SAINI	192335	ADITI SHARMA
192104	SEJAL KAUSHAL	192124	KIRANDEEP Kaur	192303	RAMANPREET KAUR	192336	DALJOT KAUR
192105	SHARANJEET KAUR	192128	SANDEEP Kaur	192305	VIPANPREET GILL	192337	KAJAL PATHAK
192106	KIRAN ARORA	192131	HARPREET Kaur	192306	CHETNA SOBTI	192338	NAMITA BHATIA
192111	RANDEEP KAUR	192139	SUKHWINDER KAUR	192307	KAMALJIT KAUR	192339	PALVI
192112	PRIYANKA	192140	KIRAN	192310	ISHITA SONDHI	192343	ANAHITA GAUTAM
192113	SIMRAN KAUR DHILLON	192144	Harleen Kaur Sandhu	192311	PREETI	192344	HARMANPREET KAUR
192114	PALAK SHARMA	192145	JATINDERPAL Kaur	192312	SIMRAN	192345	JASPREET KAUR
192115	NANDINI	192146	PAWANPREET Kaur	192313	HARMANPREET KAUR	192346	PREETI
192117	JASDEEP	192147	ISHITA VASHIST	192315	KHUSBHOO	192348	PRIYA GANDHER
192118	PRIYANKA MISHRA	192148	SIMRANJIT Kaur	192316	HARPREET KAUR	192349	SAMRIDHI SINGH
192120	RITIKA	192151	PRABHLEEN Kaur	192319	HEMAN THAKUR	192351	MANJOT KAUR
192121	GUNJAN PARIHAR	192152	CHARANDEEP Kaur	192320	MANDEEP KAUR	192352	PALAK KAPOOR
192122	HARMANJIT KAUR	192153	AMISHA	192321	AAKRITI GOYAL	192354	JASMEET KAUR
192125	GURSIMRAN AHLUWALIA	192154	MANPREET Kaur	192322	SIMRANJEET	192355	KAJAL
192126	AMANDEEP BANGAR	192158	SONALI MAHI	192323	KAMALPREET KAUR	192356	SHREYA
192129	PUNITA	192159	GURJOT Kaur	192324	AWANTIKA		
192132	SWATI	192161	VISHALI KUMARI	192325	MEGHA NAGPAL		
192134	MANMEET KAUR	192162	POONAM	192326	BABITA		
192135	MEHAK	192164	RIYA THAKUR	192331	MANISHA		
192136	HARMANPREET KAUR	192166	ISHIKA THAKUR	192332	RIYA SONI		
192137	ARSHLEEN KAUR	192167	CHARU BHAGAT	192334	CHETNA NAYAK		



आत आवश्यक ह।

हरियाणा का दखभाल, सुलख आर अपना कक्षा अध्यापकाओं क साथ का अपन विशय सबाधन म प्रसापल का आवश्यकता ह।

के.एम.वी. में मनाया विश्व धरती दिवस, फैकल्टी को बांटे पौधे

● कॉलेज तथा कॉलेजिएट स्कूल की छात्राओं ने पूरे जोश एवं उत्साह से लिया भाग

जालंधर, 22 अप्रैल (कुश) : भारत की विरासत एवं ऑटोनामस संस्था, इंडिया टुडे मैगजीन तथा आऊटलुक मैगजीन के जैस्ट कॉलेजिंस सर्वेक्षण 2020 में टॉप नेशनल व स्टेट रैंकिंग प्राप्त, महिला सशक्तिकरण की सीट, कन्या महाविद्यालय के स्टूडेंट वेलफेयर विभाग, रैड रिबन क्लब तथा एनवायरनमेंट साइंस विभाग के द्वारा विश्व धरती दिवस मनाया गया। कॉलेज तथा कॉलेजिएट स्कूल की छात्राओं के लिए पोस्टर मेकिंग, स्लोगन राइटिंग, वीडियो मेकिंग आदि जैसे विभिन्न मुकामले ऑनलाइन आयोजित करवाए गए। छात्राओं को पर्यावरण संरक्षण के प्रति जागरूक करने के मकसद के



फैकल्टी मेंबर को पौधे बांटते प्रिंसीपल प्रो. अतिमा शर्मा द्विवेदी एवं पोस्टर मेकिंग, स्लोगन राइटिंग में हिस्सा लेते विद्यार्थी। (संदीप)

साथ आयोजित हुई इन प्रतिभागिताओं में छात्राओं ने बड़-चढ़कर भाग लेते हुए पर्यावरण से संबंधित विभिन्न पहलुओं को अपने पोस्टर एवं स्लोगन के द्वारा पेश करने के साथ-साथ हरियाली को बढ़ाने तथा धरती की उपजाऊ शक्ति को संभालने के साथ-साथ विभिन्न

जीव-जंतुओं के रखरखाव के संबंध में जागरूकता फैलाती वीडियोस भी बनाई। इसके अलावा प्रिंसीपल प्रोफेसर अतिमा शर्मा द्विवेदी के द्वारा फैकल्टी को पौधे भी वितरित किए गए। छात्राओं अंकिता, आरजू, प्रणवचोत, दिलजीत, अंजलि, संदीप, केसर, दीक्षा द्वारा

बनाई गई वीडियोस के साथ-साथ साक्षी, किरणदीप, मिन्टी, सिमरन, यशवीन आदि के द्वारा बनाए गए पोस्टर की खूब सराहना की गई। इस सफल आयोजन के लिए मैडम प्रिंसीपल ने डॉ. मधुमीत, डॉन, स्टूडेंट वेलफेयर, साधना टंडन, अध्यक्षा, जूलाजी विभाग तथा



सुफलिका कालिया एनवायरनमेंट साइंस विभाग के द्वारा किए गए प्रयत्नों की प्रशंसा की और कहा कि अपना सामाजिक दायित्व समझते हुए कन्या महाविद्यालय के द्वारा निरंतर ऐसे प्रयत्न किए जाते रहते हैं जिन से समाज में पर्यावरण संरक्षण के प्रति चेतना फैलाई जा सके।

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M
Y
K

Activity 19: Beat Plastic Pollution (24th April 2021)

The competition was held online students participated with full zeal and enthusiasm. Students made various useful and decorative items out of discarded plastic bottles. The main motive of the students about the 3Rs of the environment i.e REDUCE, REUSE and RECYCLE.

Total no. of participants : 92

B.COM SEMESTER V

Roll No.	Names	Roll No.	Names
4601	Sonali	4669	Prabhjot
4605	Nidhi	4670	Priya
4609	Rajwant	4673	Navneet
4610	Simran	4674	Harshvir
4612	Priya	4675	Jasmeen
4613	Aditi	4676	Gurpreet
4614	Navpreet	4677	Sonia
4615	Prabhjot	4679	Arzoo
4616	Arshdeep	4680	Prabhdeep
4617	Aanchal	4681	Stuti
4618	Shabnam	4682	Simran
4620	Sakshi	4688	Simran
4625	Simran	4689	Gurpreet
4626	Sonia	4691	Kanubha
4628	Sanpreet	4693	Ramanpreet
4629	Manpreet	4694	Monika
4631	Garima	4695	Kajal
4632	Gurpreet	4698	Nikita
4633	Aanchal	4647	Ritu
4634	Jaspreet	4648	Muskan
4638	Shveta	4649	Manisha
4639	Navjot	4650	Vaishali
4640	Bharti	4654	Parneet
4641	Harpinder	4655	Muskaan
4642	Gurpreet	4659	Shivani
4643	Neha	4660	Manisha
4644	Sukhjot	4666	Harpreet
4646	Parminder	4667	Komal
		4668	Deepika

B.Com (Hons) Sem III

Roll No.	Name	Roll No.	Name
181501	ANCHAL BHATIA	81504	ANSHU
181502	TANIA DUA	181506	RAJNEESH KAUR
181503	MUSKAN ARORA	181507	SHIVANI DEVI
181505	SAVITA RANI	181510	BALPREET KAUR
181508	PREETI	181511	MUSKAAN
181520	PALAK	181513	NAVNEET KAUR
181521	AARZOO	181514	SHRUTI
181522	SIMRANJEET KAUR	181515	PRABHJEET KAUR
181523	EKTA ARORA	181516	NAVYA
181527	LAKHWINDER KAUR	181519	RUCHI
181528	DIXITA	181526	SIMRANJEET KAUR
181532	RAVINA	181535	SHIVANI
181533	GURPREET KAUR	181536	SUGANDHA
181548	MANROOP KAUR	181537	MRIGA MAHAJAN
181552	RANDEEP KAUR	181538	PARDEEP KAUR
181553	PRABHJIT KAUR	181539	AMANDEEP
181556	PRERNA	181542	SIMRANJIT KAUR



ma Sharma Dwiv...



के.एम.वी. पर्यावरण संरक्षण के प्रति जागरूकता फैलाने की ओर निरंतर अग्रसर

● के.एम.वी. कॉलेजिएट सी.सै. स्कूल द्वारा आयोजित बीट प्लास्टिक पॉल्यूशन ऑनलाइन प्रतियोगिता में छात्राओं ने लिया हिस्सा

जालंधर, 28 अप्रैल (कुश): भारत की विरासत एवं आटोनामस संस्था, इंडिया टुडे मैगजीन के बैस्ट कॉलेजिस सर्वेक्षण 2020 तथा आऊटलुक मैगजीन के सर्वेक्षण में से टॉप नेशनल एवं स्टेट रैंकिंग प्राप्त, महिला सशक्तिकरण की सीट, कन्या महाविद्यालय के अंतर्गत के.एम.वी. कॉलेजिएट सीनियर सैकेंडरी स्कूल के द्वारा ऑनलाइन प्रतियोगिता बीट प्लास्टिक पॉल्यूशन का आयोजन करवाया गया। कॉलेजिएट स्कूल के एनवायरनमेंट साइंस विभाग द्वारा आयोजित इस प्रतियोगिता में 10+1 तथा 10+2 (आर्ट्स, कॉमर्स और साइंस) की 50 से भी अधिक छात्राओं ने बढ़-चढ़कर भाग लिया।

रिड्यूस, रीयूज तथा री-साइकिल की अवधारणा के प्रति जागरूकता फैलाने के मकसद के साथ आयोजित हुई इस प्रतियोगिता



बीट प्लास्टिक पॉल्यूशन ऑनलाइन प्रतियोगिता में छात्राओं से ऑनलाइन बातचीत करते हुए विद्यालय प्रिंसिपल प्रो. आतिमा शर्मा द्विवेदी। (संदीप)

में छात्राओं ने बेकार पड़ी प्लास्टिक की बोतलों से विभिन्न उपयोगिक तथा सजावटी वस्तुएं बनाकर अपनी रचनात्मकता को बखूबी प्रदर्शित किया।

इस प्रतियोगिता में से अमितोज ने पहला स्थान हासिल किया। सिया दूसरे स्थान पर रही तथा गुरलीन ने तीसरा स्थान प्राप्त किया। इसके साथ ही जसप्रीत कौर, दमनप्रीत कौर, रीत तथा यशलीन को सांत्वना पुरस्कार प्रदान किया गया। विद्यालय प्रिंसिपल प्रो. आतिमा शर्मा द्विवेदी ने कहा कि के.एम.वी. कॉलेजिएट स्कूल द्वारा समय-समय पर छात्राओं के सर्वपक्षीय विकास को केंद्र में रखकर विभिन्न महत्वपूर्ण गतिविधियों का आयोजन किया जाता रहता है ताकि छात्राओं को जिम्मेदार नागरिक बनाने के साथ-साथ समाज से जुड़े विभिन्न पहलुओं के प्रति जागरूकता फैलाई जा सके। इसके साथ ही इस सफल आयोजन के लिए उन्होंने वीना दीपक, को-आर्डीनेटर, के.एम.वी. कॉलेजिएट सीनियर सैकेंडरी स्कूल, आनंद प्रभा तथा मैडम सूफालिका द्वारा किए गए प्रयत्नों की प्रशंसा की।

Activity 20: World Environment Day (5th June 2021)

World Environment Day 5th June 2021 theme “ECOSYSTEM RESTORATION” in order to spread awareness about the Environment & Biodiversity conservation. The main motive of this event was to make students aware about the Environment & Biodiversity conservation. As the theme of this year was “ECOSYSTEM RESTORATION” Students accentuated many issue like protection of species, save plants, save nature and restoring degraded, damaged or destroyed ecosystem and habitats in the environment by active human intervention and actions etc through plantation drive. Meanwhile many students planted different useful medicinal, ornamental and plants releasing oxygen during night.

Total no. of participants : 27

The Principal
Kanya Maha Vidyalaya
Jalandhar.

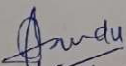
Subject: Permission for Organizing activities to celebrate
“World Environment Day” (5th June, 2021)

Respected Ma'am,

It is submitted for kind information that the Department of Zoology and Environmental Sciences has planned to organize activities such as poster making and planting of Oxygen releasing plants to commemorate World Environment Day on 5th June, 2021. kindly permit us to conduct this activity.

Thanking You in Anticipation

Yours Sincerely


Head of Department
Min. Sudhansu Tandon

Madhuresh

Rangoli Making Participants					
Serial number	Name	Phone number	Class	email id	Institute
1	Ananya Sharma	98880 62018	bsc non med sem 4	gillananya04@gmail.com	kmv Jalandhar
	Simran Sharma	8699475524	bsc non med sem 4	Ssimransharma2003@gmail.com	kmv Jalandhar
2	Rashi	7807540782	bsc bio tech sem 2	rashi12thakur@gmail.com	kmv Jalandhar
	Nikita	8278705905	bsc bio tech sem 2	sapehianiki@gmail.com	kmv Jalandhar
	Shruti Sen	8219693120	bsc bio tech sem 2	shrutisen445@gmail.com	kmv Jalandhar
3	Sneha Thakur	8278797900	bsc medical sem 6	shinusneha001@gmail.com	kmv Jalandhar
	Isha Dhiman	6239447823	bsc medical sem 6	ishadhiman1101@gmail.com	kmv Jalandhar
	Ruchika Thakur	7876004984	bsc medical sem 6	ruchika95038@gmail.com	kmv Jalandhar
4	shruti	9541109683	BA honours English	shrutivadav230@gmail.com	kmv Jalandhar
	simarjit kour	9906270018	BA honours English	simarjitsimarjit32@gmail.com	kmv Jalandhar
	megha dadhwal		BA honours English		kmv Jalandhar
5	ashdeep kaur	7696401413	bsc bio tech sem 4	muskansangotra7@gmail.com	kmv Jalandhar
	Vaani Arora	7743061730	bsc bio tech sem 4	Vaaniarora2002@gmail.com	kmv Jalandhar
	Roshni	7340867176	bsc bio tech sem 4	roshnijal2003@gmail.com	kmv Jalandhar
6	sarabjit kaur	98550 07482	BA sem 4	sarabkaur9855@gmail.com	kmv Jalandhar
	hitanshi	7814617573	BA sem 4	hitanshi.bahal25@gmail.com	kmv Jalandhar
7	prabhjot kaur	7009471393	B voc td and at sem 4	Prabh987655t@gmail.com	kmv Jalandhar
	neha	7657875017	B voc td and at sem 4	nehu6297@gmail.com	kmv Jalandhar
8	jasmeen kaur	8360141087	td sem 4	jasmeenslatch@gmail.com	kmv Jalandhar
	sheetal sharr	8360635364	td sem 4	Sheetalsharma8906@gmail.com	kmv Jalandhar
	simran	7710164834	td sem 4	simranjakh16@gmail.com	kmv Jalandhar
9	alisha sidhu	7814892371	td and at sem 4	alishasidhu677@gmail.com	kmv Jalandhar
	ashdeep kaur	7589132299	td and at sem 4	saini.arshdeep26@gmail.com	kmv Jalandhar

10 Riya	9988363650	BA sem 4	riyaarora11123@gmail.com	kmv Jalandhar
gagan	6280656117	BA sem 4	gaganmadhar07@gmail.com	kmv Jalandhar
jaspreet	7681940580	BA sem 4	jk6022146@gmail.com	kmv Jalandhar
niharika	7986527850	BA sem 4	nt619716@gmail.com	kmv Jalandhar



ਭਾਰਤ ਦੀ ਵਿਰਾਸਤ ਤੇ ਖੁਦਮੁਖਤਿਆਰ ਸੰਸਥਾ ਕੰਨਿਆ ਮਹਾਂਵਿਦਿਆਲਾ ਜਲੰਧਰ ਦੇ ਸਟੂਡੈਂਟ ਵੈਲਫੇਅਰ ਵਿਭਾਗ ਐਨਵਾਇਰਨਮੈਂਟ ਸਾਇੰਸ ਵਿਭਾਗ, ਕਾਮਰਸ ਵਿਭਾਗ ਅਤੇ ਐਨ.ਸੀ.ਸੀ. ਵਿਭਾਗ ਵੱਲੋਂ ਸਾਂਝੇ ਤੌਰ 'ਤੇ ਵਿਸ਼ਵ ਵਾਤਾਵਰਨ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਵਿਦਿਆਰਥਣਾਂ ਦੇ ਲਈ ਆਪਣੀ ਘਰੇਲੂ ਬਗੀਚੀ ਜਾਂ ਪੌਦੇ ਵਿਚ ਬੂਟੇ ਲਗਾਉਣ ਦਾ ਮੁਕਾਬਲਾ ਕਰਵਾਇਆ ਗਿਆ। ਪ੍ਰਿੰਸੀਪਲ ਪ੍ਰੋ. ਅਤਿਮਾ ਸ਼ਰਮਾ ਦਿਵੇਦੀ ਨੇ ਸਫਲ ਆਯੋਜਨ ਲਈ ਡਾ. ਮਧੂਮੀਤ, ਡੀਨ, ਸਟੂਡੈਂਟ ਵੈਲਫੇਅਰ, ਸ਼੍ਰੀਮਤੀ ਸਾਧਨਾ ਟੰਡਨ ਡਾ. ਨੀਰਜ ਮੈਣੀ ਅਤੇ ਮੈਡਮ ਸੁਫਾਲਿਕਾ ਕਾਲੀਆ ਨੂੰ ਮੁਬਾਰਕਬਾਦ ਦਿੰਦੇ ਹੋਏ ਕਿਹਾ ਕਿ ਮੌਜੂਦਾ ਸਮੇਂ ਵਿਚ ਵਾਤਾਵਰਨ ਦੀ ਸਾਂਭ-ਸੰਭਾਲ ਅਤੇ ਸੁਰੱਖਿਆ ਸਬੰਧੀ ਜਾਗਰੂਕਤਾ ਦੇ ਲਈ ਕਦਮ ਚੁੱਕਣਾ ਸਮੇਂ ਦੀ ਜ਼ਰੂਰਤ ਹੈ। ਡਾ. ਅਵੀਰ-ਜੀ. ਪੀ. ਸਿੰਘ

Kanya Maha Vidyalaya

Kanya Maha Vidyalaya celebrated World Environment Day on the theme of Ecosystem Restoration in order to spread awareness about the Environment and Biodiversity conservation. The event was organised jointly by the Department of Student Welfare, Department of Environment Science, NCC Department and PG Department of Commerce and Business Administration. The activity was held online in which more than 150 students of various streams of collegiate school and college participated with full zeal and enthusiasm. Students accentuated

many issues like protection of species, save plants, save nature and restoring degraded, damaged or destroyed ecosystem and habitats in the environment by active human intervention and actions etc. through plantation drive and also spread awareness through thought provoking videos. Principal Prof Atima Sharma Dwivedi averred that the time demands that we should all be aware about our responsibility towards environment conservation

Activity 21: Online Classes through Institution's well developed learning Management system (LMS)

Learning never ends at KMV. In the wake of the lockdown due to COVID-19, regular on-campus teaching had to be suspended as a precautionary measure but KMV pedagogy is well equipped with the New Age Teaching Learning Techniques. Therefore, College as well as Collegiate Sr. Sec. School commenced online classes through Learning Management System (LMS) which was already in place.



devised to facilitate online learning effectively. Syllabi of all classes was completed through online teaching, recorded audio video lessons, quiz, assignments, projects and Live online lectures. The students have been provided with user ID and password to access all e-learning lessons, modules, study links and notes shared by their subject teachers. The entire process of completing the syllabi has been a very fruitful and enriching experience at both ends.

Principal KMV took regular feedback of the students through IQAC to get inputs regarding the academic work carried out by the faculty through online classes. Their utmost satisfaction speaks volumes about the efficacy and effectiveness of online classes under LMS system at KMV. Special care was taken to reach out to students having connectivity problems. Sending study materials by couriers and making students cohorts for mutual help worked well for effective involvement of all.

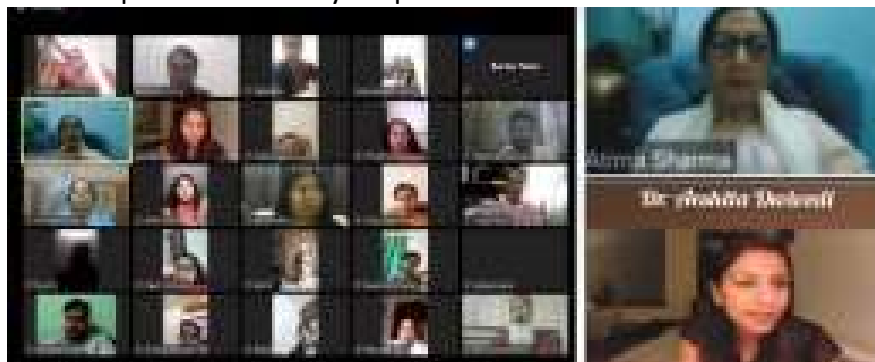


During this period the faculty members also enhanced their skills erudition and learning by attending various Faculty Development Programs organized by bodies of repute. Prof. Atima Sharma Dwivedi addressed the Faculty multiple times to ensure organised continuation of academic work and up gradation of skills to meet the new challenges. Through her online addresses to faculty of KMV, she introduced techniques and methodologies for effective dispensation of education during Corona times.

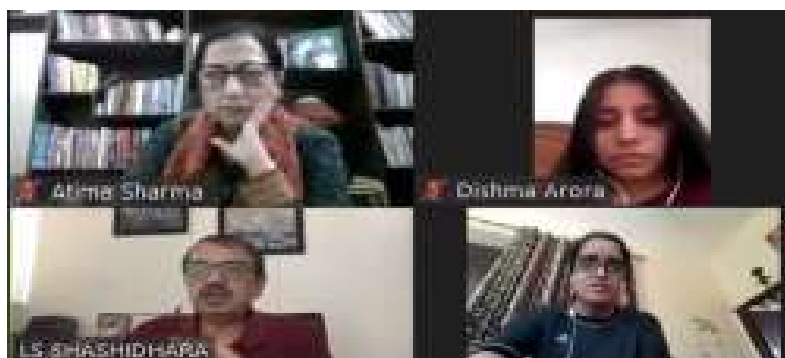
Mass Awareness campaigns through webinar series

Activity 22: Dr Aeshita Dwivedi, Cardiologist, NYU Medical Centre, New York, USA gave invaluable insights on Novel Coronavirus: Issues & Preventions

Dr Aeshita Dwivedi explained in a very lucid manner the nature of Coronavirus and its origin and also gave her medical advice on Precautions and Preventions of Covid-19. Dr Aeshita advised everybody to take care of their health, follow the guidelines issued by the government on social distancing as hitherto no vaccine is available. She further exhorted everyone to maintain a healthy lifestyle in order to develop immunity against this virus, Her illuminating inputs were instrumental in spreading awareness regarding the pandemic and also dispelling the myths of the audience who had put forth a volley of queries.



Activity 23: Novel Coronavirus: Science of Covid-19 and Vaccines Explained was the next webinar with Prof. (Dr.) L. S. Shashidhara a renowned biologist, Dean Research, Ashoka University, New Delhi as the resource person. Organised under DBT Star College Scheme, this Webinar was also a colossal step of KMV to serve society by imparting substantial information regarding the pandemic. Starting from the nomenclature of Covid-19, Prof. Shashidhara explained the detailed structure of LS SHASHIDHARA Novel Coronavirus, its origin, methods and modes of transmission and also laid stress on its prevention.

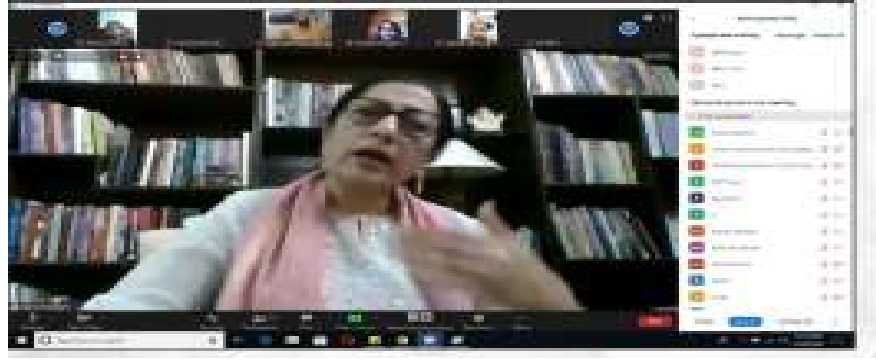


Activity 24: Next in the series was a webinar on yet another pertinent topic in which Dr. SPS Grover, Senior Physician and Managing Director of New Ruby Hospital Jalandhar delivered an enlightening talk on Immunity & Adult Immunisation with the noble intent to spread awareness regarding Covid-19 and how to develop immunity against it. During the webinar, Dr Grover stressed upon the role of diet, exercise and hygiene to build up the immunity against the virus. His incisive views were of great worth to the audience.

Activity 25: Webinar Series: Education Now and Onwards: KMV has always been a trailblazer by introducing innovative initiatives in the educational scenario. Realising that under the threat of Covid-19, it is mandatory to restructure, remodel, revamp, redesign, revise and reboot the teaching-learning system, KMV again took the lead of organising a webinar series titled Education Now and Onwards. It is a series of crucial conversations about new perspectives and contours of teaching- learning & living in the times of Covid-19. These conversations bring out issues and trends that give valuable insight into the complex landscape of education today. These conversations play a pivotal role in navigating parents, students and academicians through the present uncertainties.

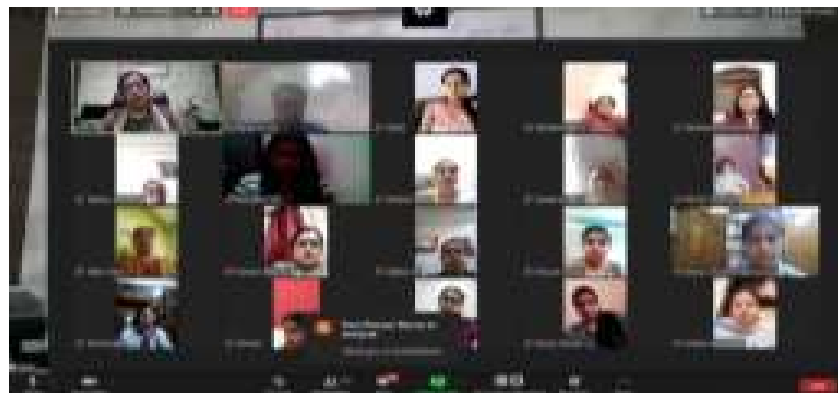
Activity 26: Prof. (Dr.) Atima Sharma Dwivedi, Principal, KMV, Jalandhar delivered the lead lecture in the series

During the webinar, Principal Prof. (Dr.) Atima Sharma Dwivedi averred that Education Now and Onwards is a series of webinars which will initiate deliberations from academia and intelligentsia on this singularly pertinent topic. Throwing light on the progress of the college during the lockdown days, she averred that KMV has taken timely and immediate recourse to the student-friendly Learning Management System to complete the syllabi and give assignments to the students. She addressed all the queries of the anxious and worried students and parents as well as the academicians. In her concluding remarks, Prof. (Dr.) Atima Sharma Dwivedi gave a message to all to be innovative and creative because now and onwards the learning will mean to explore ourselves and to acquire new skills everyday as we are facing an unprecedented challenge today.



Activity 27: Webinar on Prominent Aspects of Indian Culture in Sanskrit Granths: Prof. Lekhram Sharma, Former Head, Department of Sanskrit, Guru Nanak Dev University, Amritsar, the resource person reiterated that the whole humanity should learn the values of life from the ancient Indian scriptures in these testing times. He also explained that the wisdom of all the ages has been included in these scriptures & Sanskrit is one medium through which one can understand this. His talk was very relevant in the contemporary scenario.

Activity 28: Prof. (Dr.) Jyoti Rana, (Faculty of Management Studies) and Dean (Student Welfare Department), Sri Vishwakarma Skill University, Gurugram was the resource person of the webinar organized by the Institutions's Innovation Council (IIC) of KMV granted by Ministry of Human Resource Development's Innovation Cell to systematically foster the culture of innovation in the institution. During the address, Dr. Rana emphasised on creativity as it leads to innovation and becomes capacity when it desires to bring light in the lives of others. Her incisive views were of great worth for the audience.



Activity 29: Webinar on Education: World in Crisis: World War I

The expert talk was delivered by Prof. Amandeep Bal, Head, Department of History, Guru Nanak Dev University, Amritsar. Dr Bal commenced her lecture by apprising all about Spanish Flu which hit the Indians fighting World War I 100 years back. The flu killed more people worldwide than the total number of people killed in both the World Wars. She concluded that we must learn lessons from history.

Activity 30: Webinar on Education-The Road Ahead (Faculty Development by Principal Prof. Atima Sharma Dwivedi)

Prof. (Dr.) Atima Sharma Dwivedi, the resource person delved into the various aspects related to the current education scenario & its future. The webinar was of great benefit to all the students & academicians from all across India. During the webinar, Principal Prof. (Dr.) Atima Sharma Dwivedi shared a PowerPoint presentation & stressed on the road ahead in the field of education & also inspired all to turn the challenges into strengths & opportunities. She also pointed out the need for maximum leveraging of technology & online system for education. The concept of Blended Learning was introduced by Madam Principal during the webinar in which she elaborately explained that blended learning is an approach to teaching-learning that effectively combines classroom teaching with online instruction strategies. This effective combination makes the students more innovative & creative in their approach. She also elaborated on the fact that at KMV we aspire for the holistic development of the students & for that purpose various online foundation programs, value added programs & personality development programs are being offered to the students. She assured that KMV has various student-centric learning facilities such as Curriculum designing, Assessment reforms, Online information & counselling & Online admission facility etc. She also stressed on the fact that being an Autonomous institution, KMV also has an edge over other institutions as we are innovative in curriculum designing and in introducing academic and examination reforms.



Activity 31: International E-Conclave or Global Perspectives on Education in Covid-19

Times: Challenges and Opportunities:

This seven day e-international conclave witnessed the presence of distinguished luminaries of international standing from leading universities of USA, UK, Scotland, Hungary, Tunisia, Australia, South Africa and India. Dr. Maria Zlateva, Director of ESL, Boston Univ, Dr. Malavika Shetty, Lecturer, Linguistics Writing, Boston Univ, Dr. Marta Fulop, Prof. of Social Psychology, Eotvos Lorand Univ, Hungary, Dr. Janos Gyori, Prof. of Education of Psychology, Eotvos Lorand Univ. Hungary, Prof. Rosemary Douglas, TESOL, Scotland, Dr. Edward J. Downes, Associate Prof. Public & Relations Boston Univ, USA, Dr. Paul Wilson, General Manager, Brisbane, Australia, Dr. Naeema B. Hann, Senior Lecturer, Leeds Beckett Univ, UK, Dr. Sivakumar Sivasubramaniam, Professor Univ. of West Cape, South Africa and Dr. John Battaglini Boston Univ. Student Affairs USA delivered enlightening discourses on the topic of pertinence & relevance. The educational scenario has witnessed a paradigm shift under the Covid-19 threat. The application of digital technology, flipped classrooms and blended education were extensively discussed, during the seven-day illuminating proceedings of the international e-conclave.

Activity 32: An International webinar was organised by the Department of Student Welfare on the pertinent topic 'The Role Parents play in their children's education during the pandemic'.

Dr. Tanju Deveci, Associate Professor from Khalifa University, Abu Dhabi was the eminent speaker. Dr Deveci illustrated and suggested different ways in which parents can contribute towards the education of their children in these challenging times which included home schooling, fun activities at home and spending quality time with their children as this will directly affect the learning outcomes of the children. He called Covid-19, 'a happy crisis' which should be dealt with positivity.



Activity 33: KMV witnessed the eminent presence of Mr Tushar Gandhi, Great Grandson of Mahatma Gandhi who was the Chief Guest during the National Webinar titled Mahatma Gandhi; Message for Youth in Contemporary Content Addressing around 1500 participants from across India, he highlighted the contribution of women during the freedom struggle. He also exhorted the youth to act in the present and not wait for the future. He also addressed various queries of the participants ranging from Gandhian Economics in post Covid era to the migrant labour problem, non-violence and education system.



Activity 34: A 2 Day DBT sponsored National E- conference on COVID-19 Pandemic: Emerging Challenges & Future Strategies witnessed the participation of 362 scholars from 17 states of India

Dr Garima Gupta, Scientist E & Program Officer, DBT Star Scheme, Department of Biotechnology, Government of India was the Chief Guest for the inaugural session. Prof. A.K. Bakshi, Founder Vice- Chancellor, PDM University, Haryana,

Dr K.K. Ramachandran, Prof. Government Engineering College, Kerala, Dr Felix Bast, Associate Professor, Central University, Dr Subarna Roy, Scientist F/ Deputy Director, ICMR- National Institute of Epidemiology, Government of India, Chennai threw umpteen light on the relevant topic during the two-day proceedings.



Activity 35: It was a matter of great honour to have Mr. Rajmohan Gandhi as the key speaker during the International webinar titled "An attempt to understand why the 1947 Carnage occurred despite Gandhi's campaign for non-violence."

More than 5000 participants from all across the world participated in this webinar through various digital platforms. Mr Rajmohan Gandhi threw light on the political situations in Punjab in the early 20th century by exhaustively explaining the situation leading to the Jallianwala Bagh Massacre and its repercussions. He also spoke at length about the equation between the revolutionaries and Gandhiji, his relation with Subhash Chandra Bose ji and why Gandhi chose Nehru over Sardar Patel as his heir. His talk was very engrossing & enlightening.



Activity 36: A Webinar on Design Your Career, Tailor your Dreams was organised by PG Department of Fashion Designing.

Mr Pallab Bose, prominent motivational speaker & show anchor was the resource person for the webinar. During the webinar, Mr Bose shared the 5 principles of 'Life- University' with the students and with the help of various anecdotes explained the concepts of life and career building to the students in a very interesting and simple manner. He elucidated that " If you do not change, you can become extinct!" The students learnt the valuable

mantra of success that is pursuing a goal in life with passion. If one is focused towards his or her goal then no power on earth can stop him or her from achieving that goal.



Activity 37: A very relevant webinar titled Combating Fake News during COVID-19 was organised by PG Department of Journalism & Mass Communication

Mr Munish Devgan, Senior Executive Producer, Aaj Tak, the resource person explaining the concept of Fake News to the participants, he also talked about as to how one can identify the fake news and thus, can prevent it from spreading. He informed all the present about the initiatives taken by the Government of India to stop the practice of fake news as there is a separate helpline provided by the government for the reporting of fake news. His incisive views were much to the benefit of all the students.



Activity 38: PG Department of Commerce & Business Administration organised a webinar titled Introduction of Financial Markets and had Dr Sanjay Kumar Aggarwal from Securities & Exchange Board of India as the eminent speaker

Dr Sanjay Kumar Aggarwal emphasised the importance of savings by quoting the words of Warren Buffett, " Do not save after spending but spend after savings." He highlighted various investment options available today like Real Estate, Gold, Debentures Bonds and Mutual funds as against the traditional investment portfolios in banks or post offices. The students of commerce stood to gain from this very relevant information.



Activity 39: PG Department of Computer Science & Applications organised a Webinar on Artificial Intelligence & Data Science

Mr Sriraman Rajgopalan, Specialist AI and Data Science from Industry during his talk enlightened the students with the knowledge of Artificial intelligence, Machine learning and Data Science. He also discussed various Machine learning predictive models and various tools that can be used for Data Science. The webinar was of great significance as AI and Data Science is an upcoming area and is a very useful field.



Activity 40: A webinar to celebrate World Youth Skills Day was organised by KMV under DDU Kaushal Kendra approved by Ministry of Human Resource Development, Government of India.

Various luminaries such as Mr Mohit Soni, CEO, Media & Entertainment Skill Council. Ms Nika Gupta, Vice President, Operations Head, RASCI, Mr Rajat Bhatnagar, State Engagement Officer, NSDC (Punjab & Haryana), Dr RoopakVishisth, Apparels & Home Furnishing Sector Skill Council provided their valuable insights on skill development. All these speakers were highly appreciative of the contribution made by KMV in the field of Skill Development.



Activity 41: A webinar to celebrate World Youth Skills Day was organised by Department of Physical Education.

Dr. Nishan Singh Deol, Professor & Head, Department of Physical Education, Punjabi University, Patiala & Dr Baljinder Singh Bal, Department of Physical Education, Guru Nanak Dev University, Amritsar were the key note speakers for the webinar. The webinar witnessed the participation of more than 500 participants. Dr Nishan Singh Deol enlightened the participants through his address on the Science of Soul. He emphasised on the fact that in any developed or developing country, more emphasis should be given on the holistic health of the children wherein their personality as a whole should be cultivated in order to make them a healthy and strong citizens of their nation. Dr Baljinder Singh Bal gave his talk on the topic of Dynamism of University Sports: Reforming Issues & Challenges. During his talk, Dr Bal highlighted various issues of physical health and well being in this unprecedented scenario of COVID-19. He emphasised on the fact that there is a great need of institutional sports policy in order to provide good sports education to the students.



Activity 42: Sustainable Fashion- A prerequisite during COVID-19 was the title of the webinar organised by PG Department of Fashion Designing

Prof. Deepak John Mathew, Head, Department of Design, IIT Hyderabad addressing the audience gave a meaningful presentation on this pertinent topic in a simple yet effective manner. He gave suitable answers to all queries which were posted by the online audience. The webinar was a huge success as it was able to garner 14,000 eyeballs on Facebook. A series of competitions were also held under different categories like Upcycling Old T-shirts, Creation of Wall Decorations using Accessories Bits and pieces, Best-out-of- Waste Jewellery, best out of waste, Innovative Mask Making using Pre/Post-Consumer Textile Waste, Reinventing old garments to new Avatars etc. which elicited the presentation of a huge number of participants. Around 200 entries from different schools and colleges of India were received.



Developing a Culture of Social Responsibility

Responding to the call of the times KMV took up the social responsibility in a number of ways like-Distribution of food to the needy, providing 40,000 Masks to the administration, circulating Immunity buster diet plans for

community at large, providing psychological e- counseling for bursting stress and organising various online competitions.

Activity 43: Distribution of Food to the Needy

The announcement of Country Lockdown to contain the spread of highly contagious Coronavirus came as a bolt from the blue for millions who were left in the state of dire need and destitution. Cooked food neatly packed in disposables was arranged for such people in the areas neighbouring KMV from the hostel kitchen on the campus. Principal Prof. (Dr.) Atima Sharma Dwivedi stepped forward with philanthropic zeal and passion to discharge this social responsibility. KMV students as well as teachers joined hands in solidarity to help the society through such crucial times & contribute as much as possible for this humanitarian cause.



Activity 44: 40,000 masks made & distributed by KMVites

KMV Corona Warriors made & distributed as many as 40,000 masks to help people protect themselves and also help Civil Administration to overcome the dire shortage of this protective face gear. Our volunteers not only distributed the masks to the people on streets but also gave these masks to the village sarpanchs and policemen for distribution. This selfless service to humanity is being rendered tirelessly by the KMV family. We recognize Dr. S.P. Gupta's help in procuring and donating materials for making masks during lockdown.



Mask Making Workshop at College Hostel



Activity 45: Immunity Booster Diet Plans for Community at Large

As the world struggles to find a cure for Covid-19, health experts have suggested that boosting the body's immune system will help minimize the effects and hasten the recovery from the disease. To highlight the benefits of Ayurveda, KMV Dept. of Home Science took an initiative and provided a weekly Health plan guiding public on building a robust immune system against the attack of Coronavirus. Moreover, the Department is also providing online diet counselling on various social media platforms. The faculty has framed various articles to make the public aware about the various measures to be taken while buying and storing the grocery. In addition to this, various recipes of healthy drinks and healthy breakfast have been shared on various platforms during the time of lockdown



Activity 46: Psychological e-counseling for Bursting Stress

In the present crisis of COVID-19, KMV has commenced a new initiative of providing Tele-counseling to combat mental stress and anxiety that people are experiencing during the Lockdown due to the Pandemic outbreak. The much needed strategic help in overcoming this situation with positive frame of mind is being provided by the P.G. Department of Psychology to help people maintain their psychological well being.

Activity 47: Poster Making and Painting Campaign

For Public awareness during the Lockdown period and also to channelize the students' energy in artistic and creative activities, an online poster making competition on the topic "Novel Coronavirus, its Precautions & Safety Measures" was organized by the Department of Student Welfare. Students made their posters at home on Covid-19 preventions and pasted these posters in their localities or outside their homes in order to spread the awareness. Students were also instructed to use the material that was available at their homes so that they should not get out of their homes and maintain Social Distancing.



Emotional and Spiritual Engagement with Students during Lockdown:

Staying indoors during lockdown had a deterring impact on the mental health of the students and society at large. To address this KMV organised a number of programmes like the Wellness and happiness programme under fit KMV campaign online# KMV Kares .Online Yoga Sessions, Rope Skipping and collective prayers were offered to keep up the spirits of the students.

Activity 48: Practice of Yoga:

During this lockdown period, KMV Corona Warriors under the aegis of #KMVKares have been seen indulging in

physical exercises and practicing various Yog Asnas for the coupled goal of wellness and happiness. This not only helps them stay positive and benefit from Yoga but also inspires others who while watching them learn as well as dispel negativity and gloom.

Activity 49: Rope Skipping Campaign

KMVites have joined campaign of promoting 'Fit India' movement during the lockdown. Students have uploaded their videos doing the rope skip exercise and have encouraged people to spend some time on exercise which will boost their health and immunity.



Activity 50: Collective Prayers

In a yet another initiative, the faculty members as well as all the remarkable students of KMV have been participating in a Collective Prayer at 10:30 am daily from their homes for the welfare of whole humanity. This initiative has been commenced by the Principal Prof. Atima Sharma Dwivedi with the conviction that the power of Collective Prayer exudes positivity all around and this spiritual experience strengthens us both mentally and emotionally in crucial times like these. It is the need of the hour that we must all be together in spirit while we offer collective prayers with unimaginable powers to end anxiety and stress of all kinds and to remain mentally buoyant and positive.



Activity 51: Lighting Hope to Dispel Darkness

Our Prime Minister Narinder Modi urged all countrymen to switch off their lights for 9 minutes at 9 pm on April 5, 2020 and asked them to light diyas, candles or use the flashlight of their mobile phones as a sign of solidarity to combat the novel Coronavirus. The college Principal, faculty members & students of KMV came out to light up diyas, candles and even flash lights of their mobile phones expressing India's resolve to collectively fight Covid-19 in a symbolic gesture of solidarity following the Prime Minister's call.



Unleashing Potential and talents of students

To engage the students in creative endeavors, KMV organised a number of online competitions during lockdown like –the Picture perfect photography competition, Creative writing competition Blog writing- KMV expressions, Calligraphy competition, Talent Hunt, Open Mic Competition, Best out of waste, E-banners for awareness, Book mark making competition, PowerPoint presentation, E-collage making competition Poem recitation, book review and paper reading competitions.

To keep the spirits of youth positively engaged, a plethora of competitions have been and are being organized in a row. The overwhelming participation of our students to showcase their talent on every platform speaks volumes about their creative zeal and artistic acumen.



Activity 52: Picture Perfect Photography Competition: In order to keep the students constructively involved and to motivate them to explore their creative talent, Department of Student Welfare, KMV organized an Online Photography Competition titled 'Picture Perfect' in which Students participated with full zeal and enthusiasm. Students captured the photographs in & around their homes only for this competition. They shared their captured clicks online under #KMVKares.

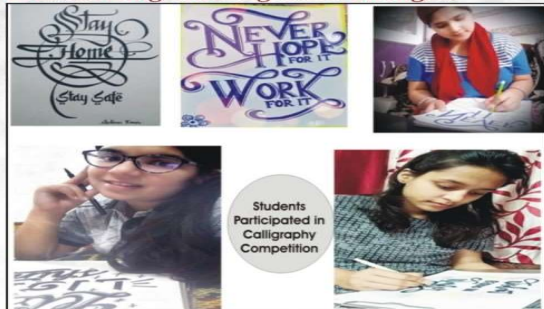
Activity 53: Creative Writing Competition: The Department of Student Welfare, KMV organized an Online Creative Writing Competition. The competition was held in four categories namely English Essay Writing, English and Punjabi Poetical Recitation and Essay Writing & Poetry Writing in Hindi. Students contributed their writings online under the Project #KMV Kares. This multilingual activity kept the young learners motivated by engaging them creatively as well as competitively along with improving their writing skills.

Activity 54: Blog Writing-KMV Expressions: During the days of lockdown, students from all streams have made a very positive use of blog KMV Expressions where they regularly send many poems, articles and stories in order to generate the awareness regarding Covid-19. Students have written many articles highlighting the precautions and safety measures to be implemented while tackling this deadly disease. They are also exploring their creativity by composing poems on a range of topics like Nature, Nationalism & Self-exploration.



A Panoramic View of Activities Galore

Transforming Challenges into Strengths



Students Participated in Calligraphy Competition



Students displaying talent in Best out of Waste Competition



Students showcased their talent in Book Mark Making Competition



A student participating in Online Singing Competition



Enthusiastic participation in Open Mic Challenge



E Collage Competition



KMV COLLEGIATE SR. SEC. SCHOOL JALANDHAR

Optimizing E-portals for Reaching out to the Masses

E portals were used to the maximum during the COVID to help the students. Videos were created by the students on the theme- Lessons of love for humanity .Free of cost online open classes on advanced computer skills, spoken English classes, cosmetology Journalism and Mass Communication Classes and Dance Classes were offered to the students and other members of the community.

Activity 55: KMV Asks the Students "What is Bigger-Pandemic or The Financial Crisis"

To feel the pulse of the budding economic wizards, KMV asked the students to share their views on this pertinent issue with relevant pictures and supporting data. The major view that emerged out was that both pandemic and economic crisis have a devastating impact on a country but a long drawn pandemic like the current coronavirus has more wide- ranging and widespread adverse effects than an economic crisis. Pandemic is a human crisis one threatening human lives and will also lead to great economic recession. It creates prolonged instability, anxiety and unrest among the most vulnerable and poor sections of the society while throwing the whole economic structure off balance. Most of the students opined that coordinated, decisive and inclusive policy actions of Governments of all nations of providing technical and financial support

across all sectors can downscale the impact of social and economic crisis caused by the pandemic. This activity proved to be very fruitful.



Activity 56: Lessons of Love for Humanity

300+ Videos Created by Students

KMVites are committed individuals whose motto is serving humanity. Responding to the dire need of spreading awareness and positivity during trying and testing times, KMVitco exhibited their love for humanity and also their skills by making awareness videos, presentations, short videos and videos conveying message of hope and philanthropy. All KMVites including the Principal, the faculty members and the students contributed to making videos with lessons of love for humanity. Around 300 videos were created and put on social media promoting creativity and innovation.



Activity 57: Free-of-cost Online Open Classes

KMV is the champion crusader for the cause of Empowerment. Undeterred and undaunted even during the challenging times, this institution par excellence devised means to continue being the beacon-light by providing free of charge online classes to all the masses. Multitudes availed of online classes in various subjects.



Activity 58: Online Classes on Advance Computer Skills

PG Department of Computer Science & Applications started six day free online course on Advanced Google Search Techniques under the umbrella of #KMVKares. The free online course received the participation of a large number of people of different age groups and professions along with some college and school students. The teachers demonstrated all the advanced options of Google to obtain the refined search results with suitable examples and screen sharing. Illustrations were also made on how to search similar pages, related pages, text in URL/title/links and various other options.



Activity 59 : Online Spoken English Classes

To utilize this Lockdown period to the maximum in qualitative and productive way, PG Department of English under KMV School of Communication came up with an initiative of holding online Spoken English classes. In the hitherto organised three batches as many as 250 students pan India have availed of the free of charge course and honed their Spoken English Skills which is much in demand in today's competitive corporate world. The three modules of 10-day each were highly appreciated by the learners.



Activity 60: Online Cosmetology Classes:

PG Department of Cosmetology organized a tern-day free online course on Beauty Skills under the umbrella of #KMVKares. The free online course has received the participation of more than 100 participants. The classes were taken on Zoom platform in virtual meetings. During the classes students were taught the 5 most essential beauty skills to be learnt during the lockdown period. These 5 beauty skills include Self grooming, Eyebrow shaping, Thermal styling, Eyeshadow application & Skin care with home products. The participants were very much appreciative of this exemplary course as they got a great platform for improving their beauty skills during the period of lockdown.



Activity 61: Online Journalism & Mass Communication Classes:

In another initiative, PG Department of Journalism & Mass Communication organized a ten day free online course on Basics of Photography. The free of charges on line classes elicited an overwhelming participation of 120 students During the classes students were taught the basics of digital photography, bastes of DSLR camera, various rules of composition & framing, various types of lenses and their uses in different situations& basics of photo editing. Every topic was explained with the help of suitable examples by the rescunse, persons via senem sharing. The participants were very

much appreciative of this exemplary course as they got a great platform for improving their photography skills which is the need of the hour in today's competitive work. Another course titled Basics of Video Professional was very beneficial for the students to learn the nitty gritty of video production.



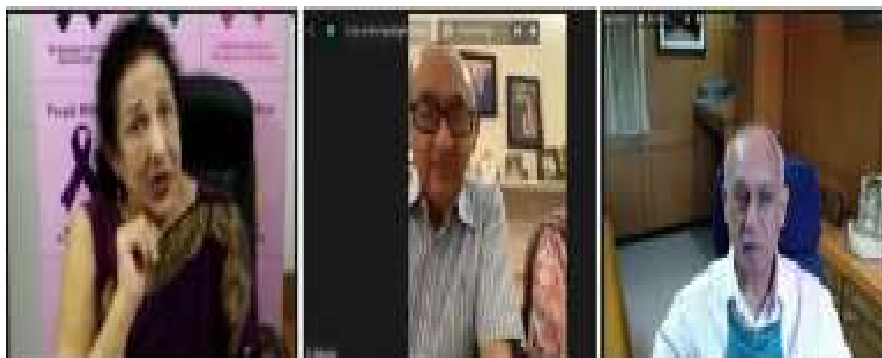
Activity 62: Online Dance Classes

KMV organized one week free online dance classes. The free classes received the participation of more than 100 students. During the classes students were taught through different types of dances namely Lychee dance, Marathi dance & Folk dance. Every topic was explained with the help of suitable demonstrations & examples by the resource persons who were also conducted in which participants which the resource persons responded very eloquently.



Activity 63: Gala Celebrations

Along with celebrating Diwali online portal we also organized mega celebrations on the 1st of November. The celebrations were to the participation of Sen Chander Metin Arya Shiva Mandal, De Santesa Chinela, Mr. Absar Gondal Sec KMV, Managing Committee along with alumni spread across the globe.



COVID Newslane: <https://drive.google.com/file/d/1HdoZuQnaMh11fVEkVL-dwZuT7iLdySzR/view?usp=sharing>

VIDEOS made by the students during LOCKDOWN 2020

SR.NO.	DATE	TOPIC	LINK
1	April 3,2020	DIY Protective Mask with bonded fabric	https://youtu.be/uJs50tLFXwk
2	April 10, 2020	Innovative Socks Mask	https://youtu.be/1H9ybmzHSrk
3	April 22, 2020	Innovative DIY steamer	https://youtu.be/UE_VZ9UanEo
4	May 8, 2020	Sustainable Creativity	https://youtu.be/w2kOQIC-XrA
5	May 13, 2020	Innovative full face mask	https://youtu.be/AGBAXHPg9nA
6	May 13 , 2020	Cap Mask	https://youtu.be/B_cZQpGHDgE
7	May 16 , 2020	Sketching – Designing – construction challenge	https://youtu.be/ELRSZHH_HxI
8	May 22 , 2020	Innovative Hack for Sardar ji	https://youtu.be/z-5Pw_Gm9yk
9	June 6, 2020	Do's & Don'ts	https://youtu.be/F51Rg7bmGEc