

FACULTY OF ARTS AND SOCIAL SCIENCES
SYLLABUS

of
PUNJAB HISTORY AND CULTURE

(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

for

Bachelor of Arts (Honours) / Bachelor of Science (Honours) Medical / Bachelor of Science (Honours) Non-Medical / Bachelor of Science (Honours) Computer Science / Bachelor of Science (Honours) Economics / Bachelor of Commerce (Honours) / Bachelor of Business Administration (Honours) / Bachelor of Arts (Honours) Journalism and Mass Communication / Bachelor of Science (Honours) Fashion Design / Bachelor of Science (Honours) Home Science / Bachelor of Computer Application (Honours) / Bachelor of Science (Honours) Information Technology / Bachelor of Science (Honours) Bio-Technology / Bachelor of Business Administration (Honours) Airlines and Airport Management / Bachelor of Science (Honours) Medical Laboratory Technology

(Semester I and II)

(Under Credit based Continuous Evaluation Grading System)

Session: 2025-26



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

Bachelor of Arts (Honours) / Bachelor of Science (Honours) Medical / Bachelor of Science (Honours) Non-Medical / Bachelor of Science (Honours) Computer Science / Bachelor of Science (Honours) Economics / Bachelor of Commerce (Honours) / Bachelor of Business Administration (Honours) / Bachelor of Arts (Honours) Journalism and Mass Communication / Bachelor of Science (Honours) Fashion Design / Bachelor of Science (Honours) Home Science / /Bachelor of Computer Application(Honours) /Bachelor of Science (Honours) Information Technology/ Bachelor of Science (Honours) Bio-Technology / Bachelor of Business Administration (Honours) Airlines and Airport Management / Bachelor of Science (Honours) Medical Laboratory Technology

(Semester-I)

Session: 2025-26

Course Title: Punjab History and Culture (From Earliest Times to C 320)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

Course Code: BARL-1431/ BSML-1431/ BSNL-1431/ BCSL-1431/ BECL-1431/ BCRL-1431/ BBRL-1431/ BJML-1431/ BFDL-1431/ BHSL-1431/ BCAL-1431/ BITL-1431 / BBTL-1431/BBML-1431/BMML-1431

COURSE OUTCOMES

After completing Semester I and course on Punjab History and Culture students of History will be able to identify and have a complete grasp on the sources & writings of Ancient Indian History of Punjab

CO1: Identify and understand the sources and physical features of Punjab

CO 2: To study the earliest civilisation (Indus Valley Civilization) and original home of Aryans

CO 3: To examine the Social, Religious and Economic life during Early and Later Vedic Age

CO 4: To comprehend the Buddhist, Jain and Hindu faith and their relevance in the modern times

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(Semester-I)

Session: 2025-26

Course Title: Punjab History and Culture (From Earliest Times to C 320) (Special paper in lieu of Punjabi Compulsory)
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Examination Time: 3 Hours
Credits L-T-P: 4-0-0
Contact Hours: 4 Hrs/Week

Max. Marks: 100
Theory: 70
CA: 30

Instructions for the Paper Setter:

- 1.Question paper shall consist of four Units
- 2.Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.
- 3.Candidates shall attempt 5 questions in 800 words by at least selecting One Question from each Unit and the 5th question may be attempted from any of the four Units.
- 4.Each question will carry 14 marks.

Unit-I

1. Physical features of the Punjab
2. Sources of the ancient history of Punjab

Unit-II

3. Harappan Civilization: social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home

Unit-III

5. Social, Religious and Economic life during Early Vedic Age.
6. Social, Religious and Economic life during Later Vedic Age.

UNIT-IV

7. Teachings of Buddhism
8. Teachings of Jainism

Suggested Readings

- B.N. Sharma, Life in Northern India, Delhi. 1966.
- Budha Parkash, Glimpses of Ancient Punjab, Patiala, 1983.
- Chopra, P.N., Puri, B.N., & Das, M.N. (1974). A Social, Cultural & Economic History of India, Vol. I, New Delhi: Macmillan India.
- L. M Joshi (ed.), History and Culture of the Punjab, Part-I, Patiala, 1989 (3rd edition)
- L.M. Joshi and Fauja Singh (ed.), History of Punjab, Vol.I, Patiala 1977.

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Course Code	Course Title	Hours/ week	Credits L-T-P	Course Type	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
BARL-2431	Punjab History And Culture (C. 320 to 1000 A.D)	4	4-0-0	C	100	70	-	30	3
BSML-2431									
BSNL-2431									
BCSL-2431									
BECL-2431									
BCRL-2431									
BBRL-2431									
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(Semester-II)

Session: 2025-26

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COURSE OUTCOMES

After completing Semester II and course on Ancient History of Punjab students will be able to understand:

CO 1: The reasons and impact of Alexander's invasions and to comprehend various factors leading to rise and fall of empires and emergence of new dynasties and their administration specifically of Maurya rule in general and Ashok in particular

CO 2: art and architecture of Gupta period and the Indo-Greek style of architecture under Gandhara School

CO 3: To have an insight into the socio-cultural history under Harshvardhan and Punjab under the stated period

CO 4: To enable students to have thorough insight into the various forms/styles of Architecture and synthesis of Indo - Greek Art and Architecture in Punjab

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(Semester-II)

Session: 2025-26

Course Title: Punjab History and Culture (C. 320 to 1000 A.D.)

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2431/BMLL-2431

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Unit-I

1. Alexander's Invasion's and Impact
2. Administration of Chandragupta Maurya with special reference to reforms introduced by Ashok

Unit-II

3. The Kushans: Gandhar School of Art
4. Gupta Empire: Golden Period-Social and cultural life, Art and Architecture)

Unit-III

5. The Punjab under Harshvardhana-Society and Religion During the time of Harshvardhana
6. Socio-cultural History of Punjab from 7th to 1000 A.D.

UNIT IV

7. Development of Languages and Education with Special reference to Taxila
8. Development to Art and Architecture

Suggested Readings

- B.N. Sharma: *Life in Northern India*, Delhi. 1966
- Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
- L. M Joshi (ed), *History and Culture of the Punjab*, Art-I, Punjabi University, Patiala, 1989 (3rd edition)
- L.M. Joshi and Fauja Singh (ed.), *History of Punjab*, Vol.I, Punjabi University, Patiala, 1977.