

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

of

PUNJAB HISTORY & CULTURE

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

for

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence and Data Science)/ /Bachelor of Vocation (Hospitality and Tourism)

(Semester I and II)

(Under Credit Based Continuous Evaluation Grading System)

Session: 2025-26



The Heritage Institution

KANYA MAHA VIDYALAYA

JALANDHAR

(Autonomous)

SCHEME AND CURRICULUM OF EXAMINATIONS

Bachelor of Vocation

Session: 2025-26

(Semester-I)

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligenceand Data Science)/ Bachelor of Vocation (Hospitality and Tourism)

Course Code	Course Title	Hours/ week	Credits L-T-P	Course Type	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
BVRL- 1431 BVAL-1431 BVNL-1431 BVBL-1431 BVIL -1431 BVHL-1431	Punjab History and Culture (From Earliest Times to C. 320)	4	4-0-0	C	100	70	-	30	3

Faculty of Arts and Social Sciences

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligenceand Data Science)/ Bachelor of Vocation (Hospitality and Tourism)

(Semester-I)

Session: 2025-26

Course Title: Punjab History and Culture (From Earliest Times to C. 320)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

Course Code:BVRL-1431/ BVAL-1431/BVNL-1431/BVBL-1431/BVIL -1431/ BVHL-1431

COURSE OUTCOMES:

After completing semesterI and course on Punjab History and Culture students of History will be able to identify and have a complete grasp on the sources & writings of Ancient Indian History of Punjab.

CO1: Identify and understand the sources and physical features of Punjab

CO 2:To study the earliest civilisation (Indus Valley Civilization) and original home of Aryans

CO 3:To examine the Social, Religious and Economic life during Early and Later Vedic Age

CO 4: To comprehend the Buddhist, Jain and Hindu faith and their relevance in the modern times

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligenceand Data Science)/ Bachelor of Vocation (Hospitality and Tourism)

(SEMESTER-I)

Session: 2025-26

Course Title: Punjab History and Culture (From Earliest Times to C. 320)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

CourseCode:BVRL-1431/BVAL-1431/BVNL-1431/BVBL-1431/BVIL
1431/BVHL-1431

Examination Time: 3 Hours

Credits L-T-P: 4-0-0

Contact Hours: 4 Hrs/Week

Max. Marks: 100

Theory: 70

CA: 30

Instructions for the Paper Setter:

- 1.Question paper shall consist of four Units
- 2.Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.
- 3.Candidates shall attempt 5 questions in 800 words, by at least selecting One Question from each Unit and the 5th question may be attempted from any of the four Units.
- 4.Each question will carry 14marks

Unit-I

1. Physical features of the Punjab
2. Sources of the ancient history of Punjab

Unit-II

3. Harappan Civilization: social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home

Unit-III

5. Social, Religious and Economic life during Early Vedic Age.

6. Social, Religious and Economic life during Later Vedic Age.

UNIT-IV

7. Teachings of Buddhism

8. Teachings of Jainism

Suggested Readings

- B.N. Sharma, *Life in Northern India*, Delhi. 1966
- BudhaParkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
- Chopra, P.N., Puri, B.N., & Das, M.N.(1974). *A Social, Cultural & Economic History*
- L. M Joshi (ed.), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3rd edition)
- L.M. Joshi and Fauja Singh (ed.), *History of Punjab*, Vol.I, Patiala 1977.
of India, Vol. I, New Delhi: Macmillan India.

SCHEME AND CURRICULUM OF EXAMINATIONS

Bachelor of Vocation

(Semester-II)

Session: 2025-26

(Semester-II)

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence and Data Science)/ Bachelor of Vocation (Hospitality and Tourism)

Course Code	Course Title	Hours/ week	Credits L-T-P	Course Type	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
BVRL- 2431 BVAL-2431 BVNL-2431 BVBL-2431 BVIL -2431 BVHL-2431	Punjab History and Culture (C. 320 to 1000 A.D.)	4	4-0-0	C	100	70	-	30	3

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligenceand Data Science)/ Bachelor of Vocation (Hospitality and Tourism)

(Semester-II)

Session: 2025-26

Course Title: Punjab History and Culture (C. 320 to 1000 A.D.)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

CourseCode:BVRL-2431/BVAL-2431/BVNL-2431/BVBL-2431/BVIL-2431/BVHL-2431

COURSE OUTCOMES:

After completing Semester II and course on Ancient History of Punjab students will be able to understand:

CO 1: The reasons and impact of Alexander's invasions and to comprehend various factors leading to rise and fall of empires and emergence of new dynasties and their administration specifically of Maurya rule in general and Ashok in particular

CO 2: art and architecture of Gupta period and the Indo-Greek style of architecture under Gandhara School

CO 3: To have an insight into the socio-cultural history under Harshvardhan and Punjab under the stated period

CO 4: To enable students to have thorough insight into the various forms/styles of Architecture and synthesis of Indo - Greek Art and Architecture in Punjab

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligenceand Data Science)/ Bachelor of Vocation (Hospitality and Tourism)

(Semester-II)

Session: 2025-26

Course Title: Punjab History and Culture(C. 320 to 1000 A.D.)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

Course Code:BVRL-2431/BVAL-2431/BVNL-2431/BVBL-2431/BVIL-2431/BVHL-2431

Examination Time: 3 Hours

Credits L-T-P: 4-0-0

Contact Hours: 4 Hrs/Week

Max. Marks: 100

Theory: 70

CA: 30

Instructions for the Paper Setter:

1. Question paper shall consist of four Units
2. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.
3. Candidates shall attempt 5 questions in 800 words, by at least selecting One Question from each Unit and the 5th question may be attempted from any of the four Units.
4. Each question will carry 14 marks

Unit-I

1. Alexander's Invasion's and Impact
2. Administration of Chandragupta Maurya and Ashoka.

Unit-II

3. The Kushans: Gandhar School of Art
4. Gupta Empire: Golden Period-Social and cultural life, Art and Architecture

Unit-III

5. The Punjab under the Harshvardhana--Society and Religion during the time of Harshvardhana
6. Socio-cultural History of Punjab from 7th to 1000 A.D.

UNIT IV

7. Development of Languages and Education with Special reference to Taxila
8. Development to Art and Architecture