

FACULTY OF VOCATIONAL STUDIES

SYLLABUS

of

Bachelor of Vocation (Beauty and Wellness)

(Semester: I & II)

(Under Credit Based Continuous Evaluation Grading System) (CBCEGS)

Session : 2025-26



The Heritage Institution

KANYA MAHA VIDYALAYA JALANDHAR

(Autonomous)

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

(Under Credit Based Continuous Evaluation Grading System) (CBCEGS)

Bachelor of Vocation (Beauty and Wellness) Semester-I

Session: 2025-2026

Name of the QP- Beauty Therapist BWS/Q0102

(NSQF Level-4)

Course Code	Course Title	C/S/I/V	Total Credits	Marks			CA	Examination (Hrs)
				Total	L	P		
BVBL- 1421	Punjabi (Compulsory)	C	4	100	70	-	30	3
BVBL- 1031 BVBL-1431	¹ Basic Punjabi ² Punjab History and Culture							
BVBM-1102	Communication Skills in English-I	C	4	100	50	20	30	3
BVBL-1143	Sterilization, Hygiene and Sanitation	S	2	50	35		15	3
BVBM-1144	Anatomy of Skin and Hair	S	4	100	40	30	30	3+3
BVBM-1145	Fundamentals of Spa	S	4	100	40	30	30	3+3
BVBP- 1146	Skin Care	S	2	50	-	35	15	3
BVBP- 1147	Fashion and Basic Makeup	S	2	50	-	35	15	3
BVBI-1148	Internship and Report Writing	S	4	100	-	100		
VACF-1491	Foundation Course	VAC	2	50	35	-	15	1
		Total	28	700				

C-Compulsory

S-Skill

Enhancement

VAC- Value Added Course

¹Special paper in lieu of Punjabi (Compulsory).

²Special paper in lieu of Punjabi (Compulsory) for those students who are not domicile of Punjab.

*Credits/ Grade Points of these paper will not be included in SGPA/CGPA of Semester/programm.

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

(Under Credit Based Continuous Evaluation Grading System) (CBCEGS)

Bachelor of Vocation (Beauty and Wellness) Semester – II

Session: 2025-2026

Name of the QP: Makeup Artist (BWS/Q0301)
(NSQF Level-5)

Course Code	Course Title	C/S/I/V	Total Credit	Marks			CA	Examination (Hrs)
				Total	L	P		
BVBL-2421 BVBL-2031 BVBL-2431	¹ Punjabi (Compulsory)/ ¹ Basic Punjabi ² Punjab History and Culture	C	4	100	70	-	30	3hrs
BVBM-2102	Communication Skills in English-II	C	4	100	50	20	30	3
BVBL-2143	Health and Safety in the Workplace	C	2	50	35	-	15	3
BVBM-2144	Beauty and Personality Development	S	4	100	40	30	30	3+3
BVBP-2145	Fashion Makeover	S	4	100	-	70	30	3
BVBP-2146	Photographic Make-up	S	4	100	-	70	30	3
BVBP-2147	Food and Nutrition	S	2	50	--	35	15	3
BVBI-2148	Internship and Report Writing	S	4	100	-	100		
VACD-2161	*Drug Abuse: Problem, Management and Prevention (Compulsory)	VAC	2	50	35	-	15	3
Total			30	700				

C-Compulsory

S-Skill Enhancement

VAC- Value Added

Course

¹ special course in lieu of Punjabi (compulsory)

²special course in lieu of Punjabi (compulsory) for those students who are not domicile of Punjab.

*Credits/Grade points of these courses will not be included in the SGPA/CGPA of Semester/programm.

Bachelor of Vocation (Beauty and Wellness)
Session-2025-26
Programme Specific Outcomes

PSO1- Beauticians specialize in doing make up for marriages, for TV and film performances and special occasions.

PSO2- The job roles range from the regular haircut, hair wash, perming, styling, colouring, and hair extensions to manicure, pedicure and facials

PSO3- Perform Natural nail service including manicuring and pedicuring.

PSO3- Hair stylist /hair dressers specialize in hair care, cutting, styling and setting.

PSO4- Students who are interested to become a Beautician need to obtain certain educational and licensing requirements. With the right educational qualification and license, Beautician can work in several industries and may also be self-employed.

PSO5- Beautician study everything related to beauty from daily care to specialized techniques that enhance the appearance.

PSO6- Perform salon business such as front desk operations, dispensary inventory and loss prevention, resume building and interviewing skills, self marketing and the basic knowledge of starting one's own salon business.

PSO7- Possess the necessary skills to pass the Washington State licensure written and practical exams required for a professional license to work in the Cosmetology industry.

PSO8 - Perform hair care services for all types of hair including hair analysis, hair cutting, hairstyling, hair coloring and lightening, permanent waving and chemical relaxing.

PSO9- Emphasize on fitness & diet for a healthy look, with proper knowledge of nutrition diet and yoga.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Punjabi (Compulsory)

Course Code: BVBL- 1421

Session: 2025-2026

(THEORY)

COURSE OUTCOMES

CO1: nksw nBksw' g[[[;se d/ eftsk Gkr Bz{ gVQkT[D dk wB'oE ftfdnkoEhnK nzdo eftsk gqsh fdbu;gh, ;{M Bz{ g?dk eoBk j? sK fe T[j nkX[fBe d"o ftu uZb ojhnK ekft XkokoK ns/ ethnK pko/ frnkB jkf;b eo ;eD.fJ; dk j'o wB'oE eftsk dh ftnkfynk, ftPb/PD s/ w[bzeD dh gqfefonk s'A ikD{ eokT[Dk th j? sK fe T[j ;wekbh ;wki dhnK ;wZf;nktK Bz{ ;wM ;eD ns/ nkb'uBkswe fdqPNh pDk ;eD.

CO2: frnkB wkbk (ftfrnkBe s/ ;wki ftfrnkBe b/yK dk ;zrqfj)g[[[;se B{z f;b/p; ftu PkfwB eo e/ ftfdnkoEhnK nzdo gVQD dh o[uh Bz{ g?dk eoBk j? ns/ w[ZbtkB frnkB d/Dk j?.

CO3: g?oQk ouBk ns/ g?oQk gVQ e/ gqPBK d/ T[so d/D dk wB'oE ftfdnkoEhnK dh p[ZXh Bz{ shyD eofdnK T[BK dh fbyD gqfsGk B{z T[iKro eoBk j?.

CO4:X[Bh ftT[As gVQD Bkb ftfdnkoEh X[BhnK dh T[ukoB gqDkbh s'A tke| j'Dr/.

Bachelor of Vocation (Beauty and Wellness)
Semester I
Session: 2025-26
Punjabi (Compulsory)
COURSE CODE- BVBL -1421

;wK L 3 xzN/

Maximum Marks :100

Theory : 70
CA : 30

gkmeqw ns/ gkm g[;seK

:{fBN-I

nksW nBksW(eftsk Gkr), (;zgH ;[fjzdo pho ns/ tfonkw f;zx ;zX{) r[o{ BkBe d/t
:{Bhtof;Nh, nzfwqs;o.

gq'Hg{oB fz;zx,gq'Hw'jB f;zx,nzfwqsk gqhsW,irsko,;[oihs gkso(eth gkm eqw dk
fjZ;k jB)

(□□□□□□□□□□□□□□□□ /□□□□)

16 nze

:{fBN-II

frnkB wkbk(ftfrnkBe s/ ;wki ftfrnkBe b/yK dk ;zrqfj), (;zgkHvkH;fszdo f;zx,
gq'Hwfjzdo f;zx pBt?s), r[o{ BkBe d/t :{Bhtof;Nh,nzfwqs;o.

b/y L Go{D jZfsnk d/ d/P ftu, tksktoDh gqd{PD ns/ wB[Zy, J/vI L fJe rzGho ;zeN.

(□□□,ftPk t;s{)

16 nze

:{fBN-III

(□) g?oQk ouBk

(□) g?oQk gVQ e/ gqPBK d/ T[so.

16 nze

:{fBN-IV

(T) gzikph X[Bh ftT[As L gfoGkPk,T[ukoB nZr

(n) ;to, ftnziB

16 nze

nze tzv ns/ gohfyne bJh jdkfJsK

1H gqPB gZso d/ uko ;?ePB j'Dr/.;?ePB A-D sZe d/ gqPB :{fBN I-IV ftu'A
g[ZS/ ikDr/. jo ;?ePB ftu d' gqPB g[ZS/ ikDr/.

2H ftfdnkoEh B/ eZ[b gzi gqPB eoB/ jB. jo ;?ePB ftu'A fJe gqPB eoBk bkiWh
j?. gzikK gqPB fe;/ th ;?ePB ftu'A ehsk ik ;edk j?.

3H jo/e gqPB d/ 16 nze jB.

4H g/go ;?ZN eoB tkbk i/eo ukj/ sK gqPBK dh tzv nZr'A tZX s'A tZX uko T[g
gqPBK ftu eo ;edk j?.

Bachelor of Vocation (Beauty and Wellness)
Semester I
BASIC PUNJABI
COURSE CODE- BVBL-1031

Course outcomes

CO1: w[ZYbh gzikph gVQkT[D dk wB'oE ftfdnkoEhnK B{z gzikph GkPk B{z f;ykT[D dh gqfefonk ftu gk e/ fJe j'o GkPk f;ZyD dk w"ek gqdkB eoBk j?. ftfdnkoEhnK B{z g?Ash nZyoh, nZyo eqw, g?o fpzdh tkb/ toD ns/ g?o ftu g?D tkb/ toD ns/ wksoktK (wZ[Ybh ikD gSkD) brk\o (fpzdh, fNZgh, nZXe) dh gSkD ns/ tos'A s'A ikD{ eotkfJnk ikt/rk.

CO2: ftfdnkoEhnK B{z gzikph Ppd pDso dh wZ[Ybh ikD gSkD (;kXkoB Ppd, ;z:[es Ppd, fwPos Ppd, w{b Ppd, nr/so ns/ fgS/so) s'A ikD{ eotkfJnk ikt/rk.

CO3: ftfdnkoEhnK B{z fBZs tos'A dh gzikph Ppdktbh L pkIko, tgko, foPs/Bks/, y/sh ns/ j'o XzfdnK nkfd Bkb ;zpzXs s'A ikD{ eotkfJnk ikt/rk.

CO4: ftfdnkoEhnK B{z gzikph ftu j|s/ d/ ;Zs fdBK d/ BK, pkoQK wjhfbnK d/ BK, oZ[sK d/ BK, fJe s'A ;" sZe frDsh PpdK ftu f;ykT[Dk j?.

Bachelor of Vocation (Beauty and Wellness)
Semester I
BASIC PUNJABI
COURSE CODE- BVBL -1031

smW: 3 GMty

Maximum Marks : 100

Theory : 70
CA : 30

gkmeqw

:{fBN-I

g?Ash nZyoh, nZyo eqw, g?o fpzdh tkb/ toD ns/ g?o ftu g?D tkb/ toD ns/
wksoktK

(wZ[Ybh ikD gSkD) brk\o (fpzdh, fNZgh, nZXe) L gSkD ns/ tos'A .

16 nze

:{fBN-II

gzikph Ppd pDso L wZ[Ybh ikD gSkD (;kXkoB Ppd, ;z:[es Ppd, fwPos Ppd,w{b
Ppd,

nr/so ns/ fgS/so)

16

nze

:{fBN-III

fBZs tos'A dh gzikph Ppdktbh L pkIko, tgko, foPs/Bks/, y/sh ns/ j'o XzfdnK
nkfd Bkb ;zpzXs.

16 nze

:{fBN-IV

j|s/ d/ ;Zs fdBK d/ BK, pkoQK wjhfbnK d/ BK, oZ[sK d/ BK, fJZe s'A ;" sZe
frDsh PpdK ftu .

16 nze

nze tzv ns/ gohfyne bJh jdkfJsK

1H gqPB gZso d/ uko ;?ePB j'Dr/. ;?ePB A-D sZe d/ gqPB :{fBN I-IV ftu'A
g[ZS/ ikDr/. jo ;?ePB ftu d' gqPB g[ZS/ ikDr/.

2H ftfdnkoEh B/ eZ[b gzi gqPB eoB/ jB. jo ;?ePB ftu'A fJe gqPB bkiwh j?
gzitK gqPB fe;/ th ;?ePB ftu'A ehsk ik ;edk j?.

3H jo/e gqPB d/ 16 nze jB.

4H g/go ;?ZN eoB tkbk i/eo ukj/ sK gqPBK dh tzv nZr'A tZX s'A tZX uko T[g
gqPBK

ftu eo ;edk j?.

**Bachelor of Vocation (Beauty and Wellness)
(Semester-I)
Session 2025-26
Course Title: Punjab History and Culture (From Earliest Times to C. 320)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)**

Course Code: BVBL-1431

COURSE OUTCOMES:

After completing semester I and course on Punjab History and Culture students of History will be able to identify and have a complete grasp on the sources & writings of Ancient Indian History of Punjab

CO1: Identify and understand the sources and physical features of Punjab

CO 2: To study the earliest civilisation (Indus Valley Civilization) and original home of Aryans

CO 3: To examine the Social, Religious and Economic life during Early and Later Vedic Age

CO 4: To comprehend the Buddhist, Jain and Hindu faith and their relevance in the modern times

Bachelor of Vocation (Beauty and Wellness)
(SEMESTER-I)
Session 2025-26
Course Title: Punjab History and Culture (From Earliest Times to C. 320)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)
Course Code: BVBL-1431

Examination Time: 3 Hours
Credits L-T-P: 4-0-0
Contact Hours: 4 Hrs/Week

Max. Marks: 100
Theory: 70
CA: 30

Instructions for the Paper Setter:

1. Question paper shall consist of four Units
2. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.
3. Candidates shall attempt 5 questions in 1000 words, by at least selecting One Question from each Unit and the 5th question may be attempted from any of the four Units.
4. Each question will carry 16 marks

Unit-I

1. Physical features of the Punjab
2. Sources of the ancient history of Punjab

Unit-II

3. Harappan Civilization: social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home

Unit-III

5. Social, Religious and Economic life during Early Vedic Age.
6. Social, Religious and Economic life during Later Vedic Age.

UNIT-IV

7. Teachings of Buddhism
8. Teachings of Jainism

Suggested Readings

- B.N. Sharma, *Life in Northern India*, Delhi. 1966
 - Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
 - Chopra, P.N., Puri, B.N., & Das, M.N. (1974). *A Social, Cultural & Economic History*
 - L. M Joshi (ed.), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3rd edition)
 - L.M. Joshi and Fauja Singh (ed.), *History of Punjab*, Vol. I, Patiala 1977.
- of India*, Vol. I, New Delhi: Macmillan India.

Bachelor of Vocation (Beauty and Wellness)

(Semester I)

Session 2025-26

COMMUNICATION SKILLS IN ENGLISH

(Theory)

Course Code: BVBL -1102

COURSE OUTCOMES

At the end of this course, the students will develop the following Skills:

CO 1: Reading skills that will facilitate them to become an efficient reader

CO 2: Through reading skills, the students will have an ability to have a comprehensive understanding of the ideas in the text and enhance their critical thinking

CO 3: Writing skills of students which will make them proficient enough to express ideas in clear and grammatically correct English

CO 4: The skill to use an appropriate style and format in writing letters (formal and informal) and resume, memo, notices, agenda, minutes

Bachelor of Vocation (Beauty and Wellness)
Semester-I
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBL -1102
(Theory)

Examination Time: 3 Hrs

Total Marks: 100
Theory: 50
Practical: 20
CA: 30

Instructions for the paper setter and distribution of marks:

The question paper will consist of four sections. The candidate will have to attempt five questions in all selecting one from each section and the fifth question from any of the four sections. Each question will carry 10 marks. Each question can be sub divided into two parts.
(10 x 5 = 50)

Section-A: Two questions of theoretical nature will be set from Unit I.

Section-B: Two comprehension passages will be given to the students from Unit II.

Section-C: Two questions will be given from Unit III.

Section-D: Two questions will be set from Unit IV

Unit I

Reading Skills: Reading Tactics and strategies; Reading purposes–kinds of purposes and associated comprehension; Reading for direct meanings.

Unit II

Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/ expressions.

Activities:

- Comprehension questions in multiple choice format
- Short comprehension questions based on content and development of ideas

Unit III

Writing Skills: Guidelines for effective writing; writing styles for application, personal letter, official/ business letter.

Activities:

- Formatting personal and business letters.
- Organizing the details in a sequential order

Unit IV

Resume, memo, notices, agenda, minutes, Tips for effective blog writing

Activities:

- Converting a biographical note into a sequenced resume or vice-versa
- Ordering and sub-dividing the contents while making notes.
- Writing notices for circulation/boards
- Writing blogs

Recommended Books:

- 1) *Oxford Guide to Effective Writing and Speaking* by John Seely.
- 2) *Business Communication*, by Sinha, K.K. Galgotia Publishers, 2003.
- 3) *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
- 4) *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).

BACHELOR OF VOCATION (RETAIL MANAGEMENT) / BACHELOR OF VOCATION (ANIMATION)/ BACHELOR OF VOCATION (NUTRITION EXERCISE & HEALTH)/ BACHELOR OF VOCATION (BEAUTY & WELLNESS) /BACHELOR OF VOCATION (ARTIFICIAL INTELLIGENCE AND DATA SCIENCE)/ BACHELOR OF VOCATION (HOSPITALITY AND TOURISM)

Course Code: BVRM/ /BVAM/ /BVNM/BVBM/BVAM/BVHM -1102

(Semester I)

Session 2025-26

PRACTICAL / ORAL TESTING

Time: 3 hours

Marks: 20

Course Contents:

- | | |
|---|------------|
| 1. Oral Presentation with/without audio visual aids | (10 Marks) |
| 2. Group Discussion | (05 Marks) |
| 3. Practical File | (05 Marks) |

Questions:

1. Oral Presentation will be of 5 to 7 minutes duration. (Topic can be given in advance or it can be of student's own choice). Use of audio-visual aids is desirable.
2. Group discussion comprising 8 to 10 students on a familiar topic. Time for each group will be 15 to 20 minutes.

Bachelor of Vocation (Beauty and Wellness)
Semester-I
Sterilization, Hygiene and Sanitation
Course Code: BVBL-1143
Session: 2025-2026
(THEORY)

Course Outcome:

- CO 1:** To impart knowledge of skin and personal grooming.
- CO 2:** Understand why sanitation and sterilization is important part of good health maintenance
- CO 3:** Students can learn about how to use chemical agents.
- CO 4:** To learn about how to work maintenance and hygiene in the salon .

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Sterilization, Hygiene and Sanitation

Course Code: BVBL-1143

Session: 2025-2026

(THEORY)

Time: 3hrs

Max Marks: 50

Theory Marks: 35

CA: 15

Instructions for the Paper Setters:

Eight questions of equal marks (7 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- What is Personal Hygiene
- What is Public Hygiene
- Hygiene and Good Grooming

UNIT-II

- Methods of Sterilization
- Sanitation and its Types
- Physical Agents

UNIT-III

- Chemical Agents
- Chemical Disinfectant
- Antiseptics

UNIT-IV

- Suggestions for Sanitation
- General Salon Hygiene Rules

Books Recommended:

- Complete beauty book by Helen Foster.
- Harper and Glenn Lewis.
- Standard text book of Cosmetology Milady's

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(THEORY)

Course Outcome:

CO1: Students will learn to know the importance of cosmetology and its objectives

CO2: Apply concepts and knowledge of the general terminology, cell structure and function and to novel technical and/or clinical scenarios.

CO3: Students learn the deep layers of hair its composition and its types

CO4: . This also teaches us the different hair and scalp conditions and how to professionally uses of shampoo.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(THEORY)

Time: 3 hrs

Max. Marks: 100

Theory Marks: 40

Practical Marks: 30

CA: 30

Instructions for the Paper Setters

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

UNIT-I

COSMETOLOGY

- Aims and Objectives
- Importance

UNIT-II

SKIN:

- Anatomy of Skin
- Lymphatic nodes of face and neck
- Types of Skin

UNIT-III

HAIR:

- Anatomy of hair
- Types of hair
- Tools and equipments used for hair styling

UNIT-IV

- Scalp Analysis
- Hair & Scalp conditions
- Types of shampoo

Book Recommended:

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with ExmeFloyd
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(PRACTICAL)

Course Outcome:

CO1: Students will learn different types of treatments with galvanic and high frequency.

CO2: To learn how to prepare the client.

CO3: Students learn the skin treatment with brushing unit.

CO4: . This also teaches us the blow dryer setting with different kind of brushes.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(PRACTICAL)

Time : 3hrs.

Practical Marks: 30

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

TREATMENTS WITH GALVANIC and HIGH FREQUENCY

- (i) Skin and hair analysis
- (ii) Preparation of the client
- (iii) Dandruff treatment with High Frequency
- (iv) Galvanic Treatment
- (v) Brushing unit
- (vi) Different types of blow dryer
- (vii) Viva
- (viii) Presentation

Book Recommended:

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- The Big Beauty Book Glamour for the Fuller figure women by An Harper and Glenn Lewis.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(THEORY)

Course Outcome:

CO1: Students will learn histrology and origin of spa.

CO2: To learn different types of spa , prepration of client and contraindications.

CO3: Students learn the uses of body wraps.

CO4: Students will learn how to learn differnet types of equipments used in spa.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(THEORY)

Time:3hr.

Max Marks: 100

Theory: 40

Practical: 30

CA: 30

Instructions for the Paper Setters

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

UNIT-I

- Origin of Spa
- Anatomy & Physiology

UNIT II

- Introduction of various types of Spa
- Types of Spa (Ayurvedic Spa ,Club Spa , Medical Spa ,Mineral Spring Spa, Relaxation Spa)
- Client Consultation
- Procedure
- Contra Indication

UNIT-III

- Body Wrapping and its advantages
- Detoxing Body Wraps
- Hydrating Body Wraps
- Slimming Body Wraps

UNIT-IV

- Spa product knowledge
- Equipment and materials for spa
- Effects of Spa

Book Recommended :

- Professional beauty therapy by Lorraine Nordmann
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(PRACTICAL)

Course Outcome:

CO1: Students will learn how to setting the trolley for practical work..

CO2: To learn different types of spa , prepration and draping of client.

CO3: Students learn the uses of body wraps.

CO4: Students will learn the tecniques of points and strokes on body.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs

Practical Marks: 30

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

- Trolley setting
- Pre treatment setup & protection
- Customer handling and draping
- Points and strokes
- Viva
- Presentation

Book Recommended :

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Skin Care

Course Code: BVBP-1146

Session: 2025-2026

(PRACTICAL)

Course Outcome:

CO1: Students will learn different types of hair removal methods..

CO2: To learn different techniques of facial massage, bleaches, waxing and threading on client.

CO3: Students will learn the how to handle the client and which services will suits on their skin.

CO4: To learn how to do manicure and pedicure in professional way.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Skin Care

Course Code: BVBP-1146

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs

Max Marks:50

Practical Marks: 35

CA: 15

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

SKIN CARE:

- Deep Cleansing
- Facial Manipulation
- Bleaches
- Waxing
- Threading

- Knowledge of skin analysis

CARE OF FEET AND HANDS

- Manicure

- Pedicure

Skin Treatments: Different types of skin treatments with the help of natural ingredients like packs, masks and creams for different skin

Viva

File work

Books Recommended:

- Complete beauty book by Helen Foster
- K.I.S.S (Keep it Simple Series) by Laura Bailey
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- The Ultimate Guide to being naturally gorgeous by Sarah Stacey and Gosephine Fairley.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fashion and Basic Makeup

Course Code: BVBP-1147

Session: 2025-2026

(PRACTICAL)

COURSE OUTCOMES :

CO 1:Students will learn make-up themes and also about its applications.

CO 2:Students will be able to give proper advice of suitable make-up according to others face.

CO 3: The students were provide the knowledge to identify terminology related to skin, products and treatments with the demonstration of proper application of cosmetics related to skin care.

CO 4: Be able to give proper advice of suitable make-up according to ones face.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fashion and Basic Makeup

Course Code: BVBP-1147

Session: 2025-2026

(PRACTICAL)

Time: 3hrs.

Max Marks: 50

Practical Marks: 35

CA: 15

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

FACIAL MAKEUP

Preparation for makeup application-(Equipment, Tools)

- Base according to day/night
- Fashion Cosmetics
- Fashion Brands in Cosmetics
- Makeup and accessories according to occasion
- Basic makeup
- Casual make up
- Party makeup
- Day makeup
- Selfmakeup
- Product knowledge

Viva

File work

BOOKS RECOMMENDED:

- Kevyn Aucoin ,Harper Collins ,1995,The Art of Make Up
- Mary Quant, DK Publishing,1996, Classic Make Up and Beauty
- Kevyn Aucoin, Little Brown and Company,2000, Face Forward
- Arlene Mathew ,The Complete Beauty Book,2004, Varun Publication, Bangalore.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Internship and Report Writing

Course Code: BVBI-1148

Session: 2025-2026

Time: 3hrs.

Max. Marks: 100

The students will submit their training reports (in duplicate) within a period of one month in the department

This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization

where student has undergone .

Bachelor of Vocation (Beauty and Wellness)
Semester II
Punjabi (Compulsory)
COURSE CODE- BVBL -2421

COURSE OUTCOMES

CO1: 'nksw nBksw' g[[[;se d/ ejkDh Gkr B{z f;b/p; ftu PkfwB eo e/ ftfdnkoEhnK nzdo ejkDh Bz{ gVQD dh o[uh Bz{ g?dk eoBk j? ns/ ejkDh irs Bkb i'VDk j?.

CO2: 'frnkB wkbk' g[[[;se B{z f;b/p; ftu PkfwB eo e/ ftfdnkoEhnK nzdo ftfrnkBe s/ ;wki ftfrnkBe b/yK pko/ frnkB g?dk eoBk j? .

CO3: 'Ppd Pq/DhnK' Bz{ gVQkT[D dk wB'oE ftfdnkoEhnK nzdo gzikph GkPk dh nwhoh dk ns/ pkohehnK Bz{ ;wMD bJh tZyo/ -tZyo/ f;XKsK dk ftek; eoBk j?.

CO4: ;zy/g ouBk dk wB'oE ftfdnkoEhnK B{z ;w/A ns/ fwjBs dh pZus eoB pko/ dZ;Dk j?. w[jkto/ / nykD dh tos'A Bkb rZbpks ftu gogZesk nkT[Adh j?.fJj ftfdnkoEhnK dh rZbpks ftu fByko fbnkT[D dk ezW eoBr/.

Bachelor of Vocation (Beauty and Wellness)
Semester II
Session: 2025-26
Punjabi (Compulsory)
COURSE CODE- BVBL -2421

;wK L 3 xzN/

Maximum Marks : 100

Theory : 70
CA : 30

gkmeqw ns/ gkm g[;seK
:{fBN-I

nksW nBksW (ejkDh Gkr), (;zgH ;[fjzdo pho ns/ tfonkw f;zx ;zX{) r[o{ BkBe d/t
:{Bhtof;Nh, nzfwqs;o.

gmKD dh Xh, T[ikV, wkVk pzdk, x'NDk, dbdb(ejkDhnK gkmeqw dk fjZ; k jB)
(;ko, gkso fusoB)

16 nze

:{fBN-II

frnkB wkbk (ftfrnkBe s/ ;wki ftfrnkBe b/yK dk ;zrqfj)(;zgHvkH;fszdo f;zx,
g'qHwfjzdo f;zx pBt?s), r[o{ BkBe d/t :{Bhtof;Nh, nzfwqs;o, 2007

b/yL; kfjs s/ b'e ;kfjs, nZyK, ezfgT{No ns/ fJzNoB?ZN. (gkmeqw dk fjZ; k jB)
(□□□□-□□□□, ;ko)

16 nze

:{fBN-III

(T) Ppd Pq/DhnK L BKt, gVBKt, fefonk, ftP/PD

(n) Ppd Pq/DhnKL fefonk ftP/PD, ;zpzXe, : 'ie, ft; fwe

16 nze

:{fBN-IV

(□) ;zy/g ouBk

(□) w[jkto/ /nykD

16 nze

nze tzv ns/ gohfyne bJh jdkfJsK

1H gqPB gZso d/ uko ;?ePB j'Dr/. ;?ePB A-D sZe d/ gqPB :{fBN I-IV ftu'A g[ZS/
ikDr/. jo ;?ePB ftu d' gqPB g[ZS/ ikDr/.

2H ftfdnkoEh B/ eZ[b gzi gqPB eoB/ jB. jo ;?ePB ftu'A fJe gqPB eoBk bkiwh
j?. gzitK gqPB fe;/ th ;?ePB ftu'A ehsk ik ;edk j?.

3H jo/e gqPB d/ 16 nze jB.

4H g/go ;?ZN eoB tkbk i/eo ukj/ sK gqPBK dh tzv nZr'A tZX s'A tZX uko T[g
gqPBK ftu eo ;edk j?.

Bachelor of Vocation (Beauty and Wellness)
Semester II
Basic Punjabi
COURSE CODE- BVBL -2031

Course outcomes

CO1: Ppd P/qDhnK L gSkD ns/ tos'A (BKt, gVBKt, fefonk, ftP/PD, fefonk ftP/PD, ;pzXe, : 'ie ns/ ft;fwe) Bz{ gVQkT[D dk wB'oE ftfdnkoEhnK nzdo gzikph GkPk dh nwhoh dk ns/ pkohehnK Bz{ ;wMD bJh tZyo/ -tZyo/ f;XKsK dk ftek; eoBk j?/.

CO2: ftfdnkoEh gzikph tke pDso (;kXkoB tke, ;z:[es tke, fwPos tke, fpnkBhnk tke, gqPB tkue tke ns/ j[ewh tke) dh gfoGkPk ns/ fJ; dh pDso s'A ikD{ j'Dr/ ns/ T[BQK dh GkPk s/ geV wip{s j't/rh.

CO3: g?oQk ouBk dk wB'oE ftfdnkoEhnK dh p[ZXh B{z shyD eofdnK T[BK dh fbyD gqfsGk B{z T[i kro eoBk j?. nykD dh tos'A Bkb rZbpks ftu gogZesk nkT[Adh j?.fJj ftfdnkoEhnK dh rZbpks ftu fByko fbnkT[D dk ezW eoBr/.

CO4: xo/b{ ns/ d|soh fuZmh gZso fbyD dk wB'oE ftfdnkoEhnK B{z fJ; ebk ftu fBg[zB eoBk j? lw[jktfonK dh tos'A Bkb rZbpks ftu gogZesk nkT[Adh j?.fJj ftfdnkoEhnK dh rZbpks ftu fByko fbnkT[D dk ezW eoBr/.

Bachelor of Vocation (Beauty and Wellness)
Semester II
BASIC PUNJABI (In lieu of Compulsory Punjabi)
COURSE CODE- BVBL -2031

;wK 3 xzN/
100

Maximum Marks :

Theory : 80
CA : 20

gkmeqw

{fBN-I
Ppd P/qDhnK L gSkD ns/ tos'A (BKt, gVBKt, fefonk, ftP/PD, fefonk ftP/PD,
;pzXe, : 'ie ns/ ft;fwe)
16 nze

{fBN-II
gzikph tke pDso L w[ZYbh ikD gSkD
(T) ;kXkoB tke, ;z:[es tke ns/ fwPos tke (gSkD ns/ tos'A)
(n) fpnkBhnk tke, gqPB tkue tke ns/ j[ewh tke (gSkD ns/ tos'A)
16 nze

{fBN-III
g?oQk ouBk
nykD (nykDK dh fb;N Bkb BZEh j?)
16 nze

{fBN-IV
fuZmh gZso (xo/b{ ns/ d|soh)
w[jkto/ (w[jktfonK dh fb;N Bkb BZEh j?)
16 nze

nze tzv ns/ gohfyne bJh jdkfJsK
1H gqPB gZso d/ uko ;?ePB j'Dr/. ;?ePB A-D sZe d/ gqPB :{fBN I-IV ftu'A g[ZS/
ikDr/. jo ;?ePB ftu d' gqPB g[ZS/ ikDr/.
2H ftfdnkoEh B/ eZ[b gzi gqPB eoB/ jB. jo ;?ePB ftu'A fJe gqPB bkiwh j?.
gzitK gqPB fe;/ th ;?ePB ftu'A ehsk ik ;edk j?.
3H jo/e gqPB d/ 16 nze jB.
4H g/go ;?ZN eoB tkbk i/eo ukj/ sK gqPBK dh tzv nZr'A tZX s'A tZX uko T[g
gqPBK
ftu eo ;edk j?.

nykD

0000 0000 00000 0000 0000 000 ,00 000 00000 0000 0000 000000 00000 ,0000
 00000 00000 00000,0000 000 000 000 000 ,0000 0000 00000 0000
 00000000 ,000000 000 00 0000 0000 000000 000000 ,0000 0000 000 000 0000 0000
 00 000 ,0000 000 0000 000000 000 0000 0000 0000 ,00 0000000 000000 000
 000 ,0000000 0000 00000000 000 000 0000000 000 ,0000 0000 00 000 ,000000000
 0000 0000 0000 ,0000 0000000 000 0000 000000 ,00 0000 00 000000 ,00 000 000
 0000 0000 000000 ,0000 0000 00 0000 000 000000 000 0000 ,00000 0000 00 0000
 0000 ,0000 0000 0000 0000 ,00000 00 000000 000 0000 00 0000 ,0000 000000 0000
 00000,00 000 000 00 00 000 000 00 ,0000 00 00000 0000000 ,0000 00 00000 0000 00 00
 000000 ,000000 0000 0000000 0000 ,00000000 00 000000 ,00000 000 000 000 000
 00 ,00000V 00Vh 00000 00000000 ,00000000 00 000000 0000 0000 0000 ,0000 0000 000
 0000 ,000000 00 00000 0000 ,00000 000000 0000 ,0000 00000000 0000 00000 00000 ,00 00
 00000 00000 00000 ,00 00 00000000 0000 000000 ,000000 00000 000000 ,0000 0000 00000
 000000 00 00000,00000 00000 00000 0000 ,0000000 0000 00 00000000 00 0000 ,0000 00 00000
 00000 00000 00000 00 000000 ,0000000 000000 00 00 00000000 00000 ,0000 000000 0000
 00000 ,00000 00 00 0000 000000 0000

w[jkto/

0000000 0000, 0000 0000, 0000 0000000 ,0000 000 00 000000, 000000 000000 ,000
 00000 000000,000000 000 000000 ,0000 000000 ,0000 00 0000 ,0000000 000 00000000 000000,
 000000 00000 00000 000000 ,0000 00 00000 00000, 00 000000, 00 00 000 0000, 0000 000
 0000 0000000k,0000 000000, 0000 00 00000000 ,0000 00 00000 00000, 0000 0000 00 00000, 000
 00 00 000000 00000, 0000000 00000000 00000000, 0000 0000000, 0000 0000 00000 ,0000 00000,0000
 0000 000000,0000000 0000000000, 0000 00 000 00 000000, 0000 00000 000000, 00000 00000
 00000, 0000000 00000, 0000000 0000000, 00 00000 ,00000 00000000 ,00000 0000000, 000
 000000000, 00000 0000 00 000 00000000 ,000000 00000 ,000000 00000000 ,000000 0000000, 00000
 000000 ,0000000 000000

**Bachelor of Vocation (Beauty and Wellness)
(Semester-II)
Session 2025-26
Course Title: Punjab History and Culture (C. 320 to 1000 A.D.)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)**

Course Code: BVBL-2431

COURSE OUTCOMES:

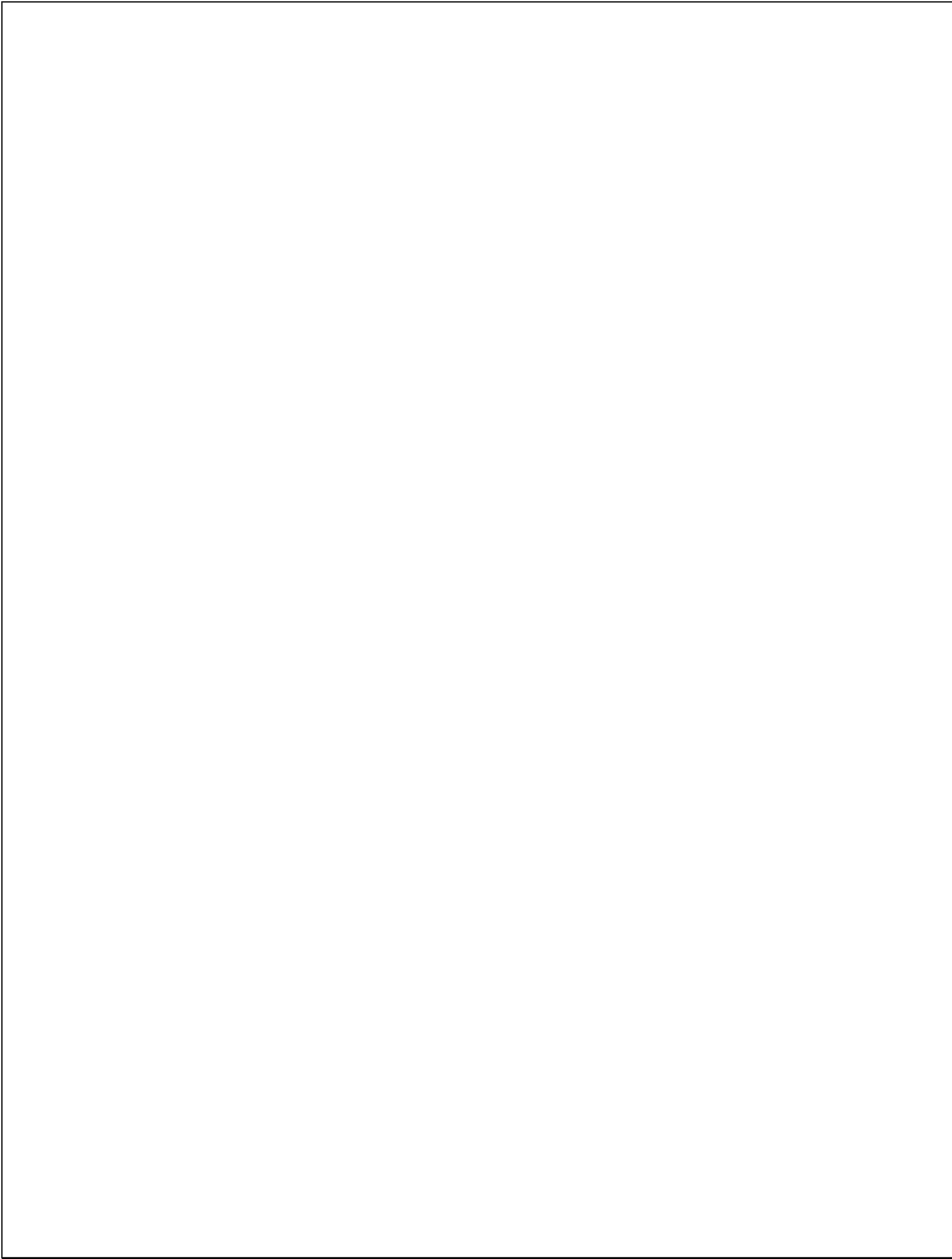
After completing Semester II and course on Ancient History of Punjab students will be able to understand:

CO 1: The reasons and impact of Alexander's invasions and to comprehend various factors leading to rise and fall of empires and emergence of new dynasties and their administration specifically of Maurya rule in general and Ashok in particular

CO 2: art and architecture of Gupta period and the Indo-Greek style of architecture under Gandhara School

CO 3: To have an insight into the socio-cultural history under Harshvardhan and Punjab under the stated period

CO 4: To enable students to have thorough insight into the various forms/styles of Architecture and synthesis of Indo - Greek Art and Architecture in Punjab



Bachelor of Vocation (Beauty and Wellness)
Semester-II)
SESSION 2025-26
Course Title: Punjab History and Culture (C. 320 to 1000 B.C.)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)
Course Code: BVBL-2431

Examination Time: 3 Hours

Max. Marks: 100

Credits L-T-P: 2-0-0

Theory: 70

Contact Hours: 2Hrs/Week

CA: 30

Instructions for the Paper Setter:

1. Question paper shall consist of four Units

- 1. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.**
- 2. Candidates shall attempt 5 questions in 1000 words, by at least selecting One Question from each Unit and the 5th question May be attempted from any of the four Units.**
- 3. Each question will carry 14 marks**

TOPICS TO BE COVERD TILL JANUARY 2025

Unit-I

1. Alexander's Invasion's and Impact
2. Administration of Chandragupta Maurya and Ashoka.

TOPICS TO BE COVERD TILL FEBRUARY 2025

Unit-II

3. The Kushans: Gandhar School of Art .
4. Gupta Empire: Golden period (Science , Art and Literature)

TOPICS TO BE COVERD TILL MARCH 2025

Unit-III

5. The Punjab under the Harshvardhana
6. Socio-cultural History of Punjab from 7th to 1000 A.D.

TOPICS TO BE COVERD TILL APRIL 2025

UNIT IV

7. Development of Languages and Education with Special reference to Taxila
8. Development to Art and Architecture

Suggested Readings

1. L. M Joshi (ed), *History and Culture of the Punjab*, Art-I, Punjabi University, Patiala, 1989 (3rd edition)
2. L.M. Joshi and Fauja Singh (ed.), *History of Punjab* , Vol.I, Punjabi University, Patiala, 1977.
3. Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
4. B.N. Sharma: *Life in Northern India*, Delhi. 1966.

Bachelor of Vocation (Beauty and Wellness)
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBM -2102

COURSE OUTCOMES

At the end of this course, the students will develop the following skills:

CO 1: Enhancement of listening skills with the help of listening exercises based on conversation, news and TV reports

CO 2: The ability of Note-Taking to be able to distinguish the main points from the supporting details and the irrelevant information from the relevant one

CO 3: Improvement of speaking skills enabling them to converse in a specific situation

CO 4: Acquisition of knowledge of phonetics which will help them in learning about correct pronunciation as well as effective speaking

Bachelor of Vocation (Beauty and Wellness)
Semester-II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBM-2102

Time: 3 hours (Theory)
3 hours (Practical)

Max. Marks: 100
Theory: 50
Practical: 30
Continuous Assessment: 20

Instructions for the paper setter and distribution of marks:

The question paper will consist of four sections. The candidate will have to attempt five questions in all selecting one from each section and the fifth question from any of the four sections. Each question will carry 10 marks. Each question can be sub divided into two parts.
(10 x 5 = 50)

Section-A: Two questions of theoretical nature will be set from Unit I.

Section-B: Two questions will be given to the students from Unit II.

Section-C: Two questions will be given from Unit III.

Section-D: Two questions will be set from Unit IV

Bachelor of Vocation (Beauty and Wellness)
Semester II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBM -2102

Unit I

Listening Skills: Barriers to listening; effective listening skills; feedback skills.

Activities: Listening exercises – Listening to conversation, News and TV reports

Unit II

Attending telephone calls; note taking and note making

Activities: Taking notes on a speech/lecture

Unit III

Speaking and Conversational Skills: Components of a meaningful and easy conversation, understanding the cue and making appropriate responses, forms of polite speech, asking and providing information on general topics

Activities: 1) Making conversation and taking turns

2) Oral description or explanation of a common object, situation or concept

Unit IV

The study of sounds of English, stress Situation based

Conversation in English Essentials of Spoken English

Activities: Giving Interviews

Recommended Books:

1. *Oxford Guide to Effective Writing and Speaking* by John Seely.
2. *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
3. *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).
4. *A Course in Phonetics and Spoken English* by J. Sethi and P.V. Dhamija, Phi Learning.

Bachelor of Vocation (Beauty and Wellness)
Semester II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code-BVBM -2102
PRACTICAL / ORAL TESTING

Time: 3 hours

Marks: 30

Course Contents:

1. Oral Presentation with/without audio visual aids
2. Group Discussion
3. Listening to any recorded or live material and asking oral questions for listening comprehension

Questions:

1. Oral Presentation will be of 5 to 7 minutes duration. (Topic can be given in advance or it can be of student's own choice). Use of audio-visual aids is desirable.
2. Group discussion comprising 8 to 10 students on a familiar topic. Time for each group will be 15 to 20 minutes.

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Health and Safety in the Workplace

Course Code: BVBL: 2143

Session: 2025-2026

(THEORY)

COURSE OUTCOMES:

CO 1 : To impart knowledge of personal grooming and Hygiene.

CO 2 : Students will learn how to plan and locate a saloon and to keep its income and expenditure record.

CO 3 : To enhance the knowledge of equipments that are feasible in a saloon.

CO 4 : Understand the purpose of chemical agent or Disinfectant in saloon.

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Health and Safety in the Workplace

Course Code: BVBL: 2143

Session: 2025-2026

(THEORY)

Time:3hrs.

Max Marks:100

Theory Marks:80

CA: 20

Instructions for Paper Setters:

Eight questions of equal (8each) marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

PERSONAL HYGIENE:

- What is Personal Hygiene
- Hygiene and Good Grooming
- Personal Hygiene and Healthy Habits

UNIT-II

SALON MANAGEMENT:

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.
- Record keeping: Income and Expenditure
- Maintenance

UNIT-III

- Common equipment required for salon Operation
- Safety Precautions

UNIT-IV

- Sterilization
- Sanitation and its types
- Methods of Sterilization
- Client Treatment

Books Recommended :

- Beauty Basics by Lorraine NordmannLevel-I
- Milady's,Text Book of Cosmetology,2000,MiladyPublication,America.
- Clean :A History of Personal Hygiene and Purity By VirginiaSmith(Author)
- Salon Management by MartinGreen

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

Session: 2025-2026

(THEORY)

COURSE OUTCOMES:

CO 1 : Students will learn to know the importance of cosmetology and its objectives.

CO 2 : To impart the knowledge of personal grooming along with selection of attire according to figure and physique.

CO 3 : Improving students speaking and Conversational skills.

CO4:To make students study about the deep layers of nail and different disorders of nail

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

Session: 2025-2026

(THEORY)

Time:3hrs.

Max Marks:100

Theory Marks: 40

Practical:40

CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (8each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

COSMETOLOGY:

Introduction and Importance of Cosmetology

UNIT-II

PERSONAL GROOMING:

- Colors:- Importance, effects and selections
- Selection of accessories according to attire and occasion.
- Yoga asanas for healthy hair and skin

UNIT-III

- **Speaking and Conversational charm:**
- Characteristics of Charming conversationalist, topics of conversation, topics to avoid, manners of pleasant conversation, when to speak and when to listen.
- Voice cultivation, enunciation and pronunciation.

UNIT-IV

Nail:

- Structure of Nail
- Nail disorder & disease
- Types of manicure & pedicure

Book Recommended :

- Complete beauty book by Helen Foster
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- Standard Text Book Of Cosmetology by Milady.
- Basic Knowledge of Skin Care, Hair Care and personal grooming by Anita Thakur.
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs.

Practical Marks : 40

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

- Self Grooming
- Face- sliming yoga exercises
- Basic Nail Art
- Tools & Equipment
- Preparation of the client
- Viva
- Filework

Book Recommended :

- Complete beauty book by Helen Foster
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
Standard Text Book Of Cosmetology by Milady.
- Basic Knowledge of Skin Care, Hair Care and personal grooming by Anita Thakur.
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)
Semester- II
Fashion Makeover
Course Code: BVBP-2145
Session: 2025-2026
(PRACTICAL)

COURSE OUTCOMES :

CO 1 :Students will learn the importance of cosmetology and its objectives

CO 2:Students will learn make-up themes and also about its applications.

CO 3:Students will be able to give proper advice of suitable make-up according to others face.

CO 4: The students were provide the knowledge to identify terminology related to skin, products and treatments with the demonstration of proper application of cosmetics related to skin care.

Bachelor of Vocation (Beauty and Wellness)

Semester- II

Fashion Makeover

Course Code: BVBP-2145

Session: 2025-2026

(Practical)

Max Marks-100

Practical-80

CA: 20

Time:3hrs.

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

UNIT-I

- Make-ups and related health factors
- History of Make-ups and related fashion trends.
- Consult and advise clients

UNIT-II

- Advance Product Knowledge
- Air Brush Makeup
- Theme based Advance make-up knowledge and guidelines

Contouring and its technique according to different face types.

UNIT-III

a) Make-up Themes and its Application

- Dramatic look
- Character Make-up

UNIT-IV

Thermal styling

High fashion styling

Books Recommended :

- Robert Jones, Make up Makeover :Expert Secrets For Stunning Transformation "Gloucester:
- Fair Winds Press, 2005 Ist ed.
- Handa Parvesh, Complete Book on Beauty Body Makeup, 2006, Goodwill Publication, New Delhi

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Photographic Makeup

Course Code: BVBP-2146

Session-2025-2026

(Practical)

COURSE OUTCOMES:

CO 1: The students were trained with the knowledge of terminology related to skin and fashion trends.

CO 2: The Purpose of this course is to provide students with the knowledge of good photo shoot.

CO 3: Understand the proper knowledge of products, tools, equipment and techniques used in makeup.

CO 4: Students will learn make-up themes and also its applications.

Bachelor of Vocation (Beauty and Wellness)

Semester II

Photographic Makeup

Course Code: BVBP-2146

Session: 2025-2026

(Practical)

Time:3hrs.

Max Marks: 100

Practical Marks: 80

CA: 20

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

UNIT-I

Introduction to photography:

- Character make up techniques
- Digital photographic makeup application
- Select and use products, tools and equipment for photographic make-up application

UNIT-II

Designed all looks Portfolio reference

- Bridal
- Period
- Fantasy

UNIT-III

Used all application techniques

- Highlighting and shading Concealing Blending
- Application of eye products
- Application of lip products
- Consult and advise clients

UNIT-IV

- Industrial Visit
- Viva

Books Recommended:

- Robert Jones, Make up Makeover :Expert Secrets For Stunning Transformation “Gloucester: Fair Winds Press, 2005
- Handa Parvesh, Complete Book on Beauty Body Makeup, 2006, Goodwill Publication, New Delhi
- Makeup Is Art (Hardcover) by Academy of Freelance Makeup
- Kevyn Aucoin, Little Brown and Company, 1999. Making Faces
- Mary Quant, DK Publishing, 1996, Classic Makeup and Beauty.

Bachelor of Vocation (Beauty and Wellness)

Semester II

Food and Nutrition

Course Code: BVBP-2147

Session: 2025-2026

(Practical)

Max Marks: 50

Practical Marks: 40

CA: 10

Time:3hrs.

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners.

Balanced Diet:

- One month diet plan for Pre Bride
- 7 days diet challenge
- Diet Chart for weight loss
- Diet Chart for Glowing Skin
- Diet Tips
- Good food habits.

- Presentation
- Viva

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Internship and Report Writing

Course Code: BVBI-2148

Session: 2025-2026

Time: 3hrs

Max. Marks: 100

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her own assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone.

