

Kanya Maha Vidyalaya, Jalandhar City
(An Autonomous College)



Minutes of Meeting of Board of Studies
Department of Home Science

Date: 10-07-2026

Time: 5:00 pm

Via Zoom video conferencing

Kanya Maha Vidyalaya, Jalandhar

Department of Home Science

Minutes of the Meeting of Board of Studies held on 10-07-2026

KANYA MAHA VIDYALAYA, JALANDHAR

(UGC Autonomous College)

Department of Home Science

Proceedings of the Meeting of Board of Studies held on 10-07-2026

The meeting of the board of studies was held in online mode via zoom on **10-07-2026**.

Date: 10-07-2026

Time: 5:00pm

Venue: Online meeting via Zoom

The following members have attended meeting and detailed minutes are listed below:

Sr. No.	Members Invited	
1.	Dr. Minna Bagga, Assistant Professor, SSR Govt.College , Amritsar. (University Nominee)	Present
2.	Dr. Jaspreet Kaur, Associate Professor, Dept. of Home Science, Government college for Girls, Ludhiana (Outside Parent University Nominee)	Present
3.	Dr. Neha Sharma Assistant Professor, Govt. Home Science College Sec. 10 Chandigarh. (Outside Parent University Nominee)	Present
4.	Dr. Madhu Chief Dietician, GMCH, Sec 32, Chandigarh. (Industry Expert)	Absent
5.	Ms. Harman, Senior Dietitian (Alumni)	Present
6.	Mrs.Neeti Kapoor, Head, Department Of Home Science, Kanya Maha Vidyalaya, Jalandhar.	Present
7.	Mrs. Mani Khera, Assistant Professor, Department Of Home Science, Kanya Maha Vidyalaya, Jalandhar	Present
8.	Ms. Tarandeep Kaur, Assistant Professor, Department Of Home Science, Kanya Maha Vidyalaya, Jalandhar	Present

9.	Ms. Shivani Bagga, Assistant Professor, Department Of Home Science, Kanya Maha Vidyalaya, Jalandhar	Present
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Agenda

H.Sc.: 2026: 11: 1: To approve the proceedings of previous Board of Studies meeting held on 6.6.2025.

H.Sc.: 2026: 11: 2: To propose and discuss the Syllabus Of **B.Sc Home Science (Honours)** Semester I - VI under Credit Based Continuous Evaluation System for the Session 2026-27.

H.Sc.: 2026: 11: 3: To propose and discuss the Syllabus Of Home Science In **B.A Home Science (Honours)** Semester I - VI under Credit Based Continuous Evaluation System for the Session 2026-27.

H.Sc.: 2026: 11: 4: To propose and discuss the Syllabus of **B.Voc (Nutrition and Dietetics)** Semester I - VI under Credit Based Continuous Evaluation System for the Session 2026-27.

H.Sc.: 2026: 11: 5: To discuss the Syllabus of **Post Graduate Diploma in Nutrition and Dietetics (PGDND)**, Semester I and II under Credit Based Continuous Evaluation Grading System for the Session 2026-27.

H.Sc.: 2026: 11: 6: To propose and discuss the Syllabus of **Diploma in Early Childhood Care and Education**, Semester I - IV under Credit Based Continuous Evaluation Grading System for the Session 2026-27.

H.Sc.: 2026: 11: 7: To discuss the Syllabus of One year Add on Course in Early Childhood Care and Education for the session 2026-27.

H.Sc.: 2026: 11: 8: To discuss the Syllabus of One year Add on Course in Ayurveda Nutrition and Wellness for the session 2026-27.

H.Sc.: 2026: 11: 9: To discuss the Syllabus of One year Add on Course in Geriatric Care (Old Age Care and Nutrition) for the session 2026-27.

H.Sc.: 2026: 11: 10: To discuss and approve the list of proposed examiners for above stated courses.

H.Sc.: 2026: 11: 11: To discuss research inputs and plans of department for session 2026-27.

H.Sc.: 2026: 11: 12: To discuss teaching methodologies adopted in department and inputs required to upgrade the same.

H.Sc.: 2026: 11: 13: To discuss the outcome of above stated courses and programs.

H.Sc.: 2026: 11: 14: To discuss the result analysis for the session 2025-26.

Mrs. Neeti Kapoor, Head Dept. of Home Science welcomed the members of Board of Studies. She apprised the members that the teachers have been working their best incorporating teaching learning related activities and inspiring all the students to excel in all aspects. They have been participating in various competitions and workshops as well undertaking different activities to provide exposure to students.

After brief overview, took up the agenda items for deliberation one by one with the permission of committee members

H.Sc.: 2026: 11: 1: To approve the proceedings of previous Board of Studies meeting held on 6.6.2025.

Proceedings: Proceedings of the previous Board of Studies meeting held on 6.6.2025 were sent through email to all the members and were approved by all the members. However, summary of the proceedings was again put up for approval of the house and they approved it.

The House approved the **Item: H.Sc.: 2026: 11: 1 (Annexure -A)**

H.Sc.: 2026: 11: 2: To propose and discuss the Syllabus Of **B.Sc Home Science (Honours)**, Semester I - VI under Credit Based Continuous Evaluation System for the Session 2026-27(**Annexure -B**).

Proceedings: As per the guidelines of NEP 2020, 4 Years degree Programme **Bachelor of Science (Honours) Home Science** introduced w.e.f. 2024-25 to be continued. The proposed syllabus and course outcomes of **Bachelor of Science (Honours) Home Science** Semester I -VI under Credit Based Continuous Evaluation System for the Session 2026-27 was discussed by board members and they approved the syllabus with the addition of following topics as per latest industry requirements and use of AI in the curriculum .

Course Name	Course Code	Addition of topics incorporating AI
Basic Food and Nutrition (Practical)	BHSM-1285	➤ Develop healthy recipes using AI assistance.
Applied Art (Practical)	BHSM-1286	➤ Thematic Drawing of Rangoli designs with the help of AI for different occasions- Diwali, Exhibition Hall, Entrance, Grahparvesh, and Childs Birthday and draw on floor & fill into colored material.
Advanced Food and Nutrition (Practical)	BHSM-2280	➤ Design Posters on Food Adulteration with the help of AI.

Textile Science (Practical)	BHSM-3286	➤ Research and design AI Generated PPT on Natural Fibres.
Meal Management (Practical)	BHSM-3285	➤ Develop AI-assisted meal planning, dietary assessment, and personalized nutrition recommendations.
Communication and Audio Visual in Extension Work (Practical)	BHSM-4284	➤ Preparation of Visual Aid. Posters, charts, flash cards, pamphlets and power-point presentation, research and use AI
Applied Nutritional Biochemistry (Theory)	BHSM-4085	➤ Biochemical parameters : Introduction to biochemical parameters and their clinical significance (Lipid Profile, Kidney Function test, Liver Function Test, Metabolic and glucose panels.
Therapeutic Nutrition (Practical)	BHSM-5283	➤ Generate a balanced diet plan using AI and critically evaluate it. ➤ Compare AI-generated dietary advice with standard nutrition guidelines.
Community Nutrition (Practical)	BHSM-6280	➤ Design nutrition awareness posters with AI.

H.Sc.: 2026: 11: 3: To propose and discuss the Syllabus Of Home Science In **B.A Home Science (Honours)** Semester I -VI under Credit Based Continuous Evaluation System for the Session 2026-27.

Proceedings: The proposed syllabus and course outcomes of under **Bachelor of Arts (Honours) Home Science** Semester I -IV Credit Based Continuous Evaluation System for the Session 2026-27 was discussed by board members and they approved the syllabus with no changes (Annexure C).

H.Sc.: 2026: 11: 4: To propose and discuss the Syllabus of **B.Voc (Nutrition and Dietetics)** Semester I - VI under Credit Based Continuous Evaluation System for the Session 2026-27.

Proceedings: The proposed syllabus and course outcomes of **B.Voc (Nutrition and Dietetics)** Semester I - VI under Credit Based Continuous Evaluation System for the Session 2026-27 was discussed by board members and they approved the syllabus with the addition of following topics as per latest industry requirements and use of AI in the curriculum .(Annexure D).

Course Name	Course Code	Addition of topics
Basic Food and Nutrition (Practical)	BVNL-1284	➤ Develop healthy recipes using AI assistance.
Nutritional Biochemistry (Theory)	BVNM-2283	➤ Biochemical parameters : Introduction to biochemical parameters and their clinical significance(Lipid Profile, Kidney Function test, Liver Function Test, Metabolic and glucose panels.
Food Preservation and Quality Control Standards (Practical)	BVNM-2285	➤ Design Posters on Canning and Bottling of Fruits and Vegetables with the help of AI.
Meal Management	BVNM-3282	➤ Develop AI-assisted meal planning, dietary assessment, and

		personalized nutrition recommendations.
Food Science	BVNM-4284	➤ Develop educational posters on Cereals, Pulses, Dairy , Fruits and Vegetables using AI.
Institutional Food Service and Personnel Management	BVNM-5288	➤ Generate e-pamphlets and Menu Cards using AI.
Community Nutrition	BVNM-6285	➤ Design nutrition awareness posters with AI.

H.Sc.: 2026: 11: 5: To discuss the Syllabus of **Post Graduate Diploma in Nutrition and Dietetics (PGDND)**, Semester I and II under Credit Based Continuous Evaluation Grading System for the Session 2026-27.

Proceedings: The proposed syllabus and course outcomes of, **Post Graduate Diploma in Nutrition and Dietetics (PGDND)**, Semester I and II under Credit Based Continuous Evaluation Grading System for the Session 2026-27 was discussed by board members and they approved the syllabus and following topics were added as per latest industry requirements and use of AI in the curriculum :(Annexure E).

Course Name	Course Code	Addition of topics incorporating AI
Nutritional Biochemistry (Theory)	PNDM-1284	Biochemical parameters : Introduction to biochemical parameters and their clinical significance (Lipid Profile, Kidney Function test, Liver Function Test, Metabolic and

		glucose panels.
Entrepreneurs and Diet Counselling (Practical)	PNDP-2286	➤ Develop AI-assisted meal planning, dietary assessment, and personalized nutrition recommendations. ➤ Generate a balanced diet plan using AI and critically evaluate it. ➤ Use AI to summarize a nutrition research article. ➤ Create patient education and nutrition awareness material using AI. ➤ Develop healthy recipes using AI assistance.

H.Sc.: 2026: 11: 6: To propose and discuss the Syllabus of **Diploma in Early Childhood Care and Education**, Semester I - IV under Credit Based Continuous Evaluation Grading System for the Session 2026-27.

Proceedings : The syllabus for Sem III & IV of Diploma in Early **Childhood Care and Education** was **proposed and house approved the same**(Annexure F).

H.Sc.: 2026: 11: 7: To discuss the Syllabus of One year Add on Course in Early Childhood Care and Education for the session 2026-27.

Proceedings: The proposed syllabus and course outcomes of One year Add on Course in Early Childhood Care and Education for the session 2026-27 was discussed by board members and they approved the syllabus(Annexure G).

H.Sc.: 2026: 11: 8: To discuss the Syllabus of One year Add on Course in Ayurveda Nutrition and Wellness for the session 2026-27.

Proceedings: The proposed syllabus and course outcomes of One year Add on Course in Ayurveda Nutrition and Wellness for the session 2026-27 was discussed by board members and they approved the syllabus(Annexure H).

H.Sc.: 2026: 11: 9: To discuss the Syllabus of One year Add on Course in Geriatric Care (Old Age Care and Nutrition) for the session 2026-27.

Proceedings: The proposed syllabus and course outcomes of One year Add on Course in Geriatric Care (Old Age Care and Nutrition)for the session 2026-27 was discussed by board members and they approved the syllabus(Annexure I).

H.Sc.: 2026: 11: 10: To discuss and approve the list of proposed examiners for above stated courses.

Proceedings:The chairperson discussed the Examiners and Evaluators for all the courseswith the members and they approved it.The house approved the Item: H.Sc.: 2026: 11: 10.

H.Sc.: 2026: 11: 11: To discuss research inputs and plans of department for session 2026-27.

The board was apprised regarding the research projects taken up by the students as well as participation of faculty members in various FDPs, International and national seminars. The role and contribution of arranging various activities such as competitions, cafeteria, exhibitions were appreciated and discussed. The members also agreed that more industrial visits,workshops can be taken up. It was also discussed to hold more awareness oriented talks on career opportunities of students in India and abroad.

H.Sc.: 2026: 11: 12: To discuss teaching methodologies adopted in department and inputs required to upgrade the same.

The relevance and importance of interactive teaching methodologies was discussed. BOS members appreciated the teaching methodologies of department as the department is well equipped with smart class rooms and latest equipment for better understanding of concepts. The department is doing excellent work for hands on training to students through practicals, projects and continuously upgrading their library resources. The Extension lectures from luminaries is a regular feature of the department and activities like workshops, quiz and educational trips for the overall development of

students and to create passion for nutrition are regularly organized. The faculty members continuously upgrade themselves by attending faculty development programmes and workshops. The members acknowledge the introduction of various methods to incorporate AI in different subjects of curriculum.

H.Sc.: 2026: 11: 13: To discuss the outcome of above stated courses and programs. The house approved the Item: H.Sc.: 2026: 11: 13

H.Sc.: 2026: 11: 14: To discuss the result analysis for the session 2025-26. The house approved the Item: H.Sc.: 2026: 11: 14

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF
Bachelor of Science (Home Science) (Three Year Degree Programme)
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)
Credit Based Continuous Evaluation Grading System
(Session: 2026-2027)

Semester -I

Course Code	Course Name	Course Type	Hours Per Week	Credits L-T-P	Total	Marks				Examination time (in Hours)
			Total			Ext.		C A		
						L	P			
			L-T-P							
BHSL-1421/ BHSL-1031/ BHSL-1431	Punjabi (Compulsory)/ 1 Basic Punjabi/ 2 Punjab History and Culture	C	4-0-0	4-0-0	4	100	70	-	30	3
BHSM -1102	Communication Skills in English-I	AEC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSL-1283	Introduction to Human Development	DSC	2-0-0	2-0-0	2	50	35	-	15	3
BHSL-1284	Hygiene	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSM-1285	Basic Food and Nutrition	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM -1286	Applied Art	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM -1127	Computer Basics	C	2-0-2	2-0-1	3	100	40	30	30	3+3
VACF-1491	Foundation Course	VAA C	2-0-0	2-0-0	2	50	35	-	15	1
Total					26					

C -Compulsory

AEC: Ability Enhancement Course

DSC: Discipline Specific Course

VAAC: Value Added Audit Course

1: Special paper in lieu of Punjabi (compulsory) for those who have not studied Punjabi upto 8th/10th class.

2: Special paper in lieu of Punjabi (compulsory) for those students who are not domicile of Punjab.

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF
Bachelor of Science (Home Science) (Three Year Degree Programme)
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)
Credit Based Continuous Evaluation Grading System
(Session: 2026-2027)

Semester II

Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits	Total	Marks				Examination time (in Hours)
						Total	Ext.		CA	
							L	P		
BHSL-2421/ BHSL-2031/ BHSL-2431	Punjabi (Compulsory)/ ¹ Basic Punjabi/ ² Punjab History and Culture	C	4-0-0	4-0-0	4	100	70	-	30	3
BHSM-2102	Communication Skills in English-II	AEC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSL-2283	Family and Social Welfare	DSC	4-0-0	4-0-0	4	100	70	-	30	3
BHSL-2284	Elementary Physiology	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSM-2285	Introduction to Family Resource Management	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-2126	Computer Applications for Home Scientists	MDC	3-0-2	3-0-1	4	100	40	30	30	3+3
BHSM -2280	Advanced Food and Nutrition	SEC	2-0-2	2-0-1	3	100	50	20	30	3+3
VACD-2161	Drug Abuse and Ethical Education	VAC	4-0-0	4-0-0	4	100	70	-	30	3
Total					30					

C -Compulsory

AEC: Ability Enhancement Course

DSC: Discipline Specific Course

VAC: Value Added Course

1: Special paper in lieu of Punjabi (compulsory) for those who have not studied Punjabi upto 8th/10th class.

2: Special paper in lieu of Punjabi (compulsory) for those students who are not domicile of Punjab.

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF
Bachelor of Science (Home Science) (Three Year Degree Programme)
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)
Credit Based Continuous Evaluation Grading System
(Session: 2026-2027)

Semester III										
Course Code	Course Name	Course Type	Hours Per Week	Credits L-T-P	Total	Marks				Examination time (in Hours)
			L-T-P	Total		Ext.		C A		
						L	P			
BHSL-3281	Introduction to Extension Education and Community Development	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSL-3282	Developmental Stages upto Childhood	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSL-3083	Basic Nutritional Biochemistry	MDC	4-0-0	4-0-0	4	100	70	-	30	3
BHSM-3284	Housing	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-3285	Meal Management	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-3286	Textile Science	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
VACE-3221	Environmental Studies (Compulsory)	VAC	2-0-0	2-0-0	2	50	35	-	15	2
Total					24					

DSC: Discipline Specific Course
MDC: Multi disciplinary Course
VAC: Value Added Course

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF
Bachelor of Science Home Science (Three Year Degree Programme)
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)
Credit Based Continuous Evaluation Grading System
(Session: 2026-2027)

Semester IV										
Course Code	Course Name	Course Type	Hours Per Week	Credits L-T-P	Total	Marks				Examination time (in Hours)
			L-T-P	Total		Ext.		C A		
						L	P			
BHSL-4281	Developmental Stages till Old Age	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSM-4282	Kitchen Design and its Equipment	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-4283	Traditional Embroideries, Textiles and Costumes of India	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-4284	Communication and Audio-visual in Extension Work	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-4085	Applied Nutritional Biochemistry	MDC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-4280	Quantity Food Production and Service	SEC	2-0-2	2-0-1	3	100	50	20	30	3+3
VACP-4511	Personality Development and Gender Sensitization	VAAC	2-0-0	2-0-0	2	50	35	-	15	3
Total					24					

DSC: Discipline Specific Course
SEC: Skill Enhancement Course
MDC: Multi disciplinary Course

VAAC: Value Added Audit Course

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)										
SCHEME AND CURRICULUM OF EXAMINATION OF										
Bachelor of Science Home Science (Three Year Degree Programme)										
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)										
Credit Based Continuous Evaluation Grading System										
(Session: 2026-2027)										
Semester V										
Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
BHSL-5281	Child Psychology	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSM-5282	Interior Space Designing	DSC	2-0-2	2-0-1	3	100	50	20	30	3+3
BHSM-5283	Therapeutic Nutrition	DSC	2-0-2	2-0-1	3	100	50	20	30	3+3
BHSM-5284	Basic Concepts of Sewing and Fashion	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM -5075	Applied Botany and Home Gardening	MDC	2-0-2	2-0-1	3	100	50	20	30	3+3
BHSL- 5286	Industrial Internship (6 Weeks)	C			4	100	-	100	-	-
VACJ-5551	Job Readiness	VAAC	2-0-0	2-0-0	2	50	35	-	15	3
Total					22					

C: Compulsory

DSC: Discipline Specific Course

MDC: Multi Disciplinary Course

VAAC: Value Added Audit Course

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF
Bachelor of Science Home Science (Three Year Degree Programme)
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)
Credit Based Continuous Evaluation Grading System
(Session: 2026-2027)

Semester VI										
Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
BHSM-6281	Behavioral Psychology	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-6282	InteriorDecoration	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-6283	Garment Designing and Construction	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-6394	Applied Physics	MDC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-6280	Community Nutrition	SEC	2-0-2	2-0-1	3	100	50	20	30	3+3
VACH-6401	Human Rights and Constitutional Duties	VAC	2-0-0	2-0-0	2	50	35	-	15	1
Total					21					

DSC: Discipline Specific Course

MDC: Multi Disciplinary Course

SEC: Skill Enhancement Course

VAC: Value Added Course

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME
Credit Based Continuous Evaluation Grading System
BACHELOR OF ARTS (Honours)
(Session: 2026-2027)

Semester - I

Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
BARM 1284	Home Science (Family Resource Management and Hygiene)	E	4-0-2	4-0-1	5	100	50	20	30	3+3

E- ELECTIVE

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME
Credit Based Continuous Evaluation Grading System

Bachelor of Arts (Honours)

(Session: 2026-2027)

Semester - II

Semester - II										
Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
BARM 2284	Home Science (Family Resource and Management Physiology)	E	4-0-2	4-0-1	5	100	50	20	30	3+3

E-Elective

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME
Credit Based Continuous Evaluation Grading System
BACHELOR OF ARTS (Honours)
(Session: 2026-2027)

Semester - III

Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
BARM 3284	Home Science (Clothing Textiles -I)	E	4-0-2	4-0-1	5	100	50	20	30	3+3

E-Elective

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME
Credit Based Continuous Evaluation Grading System
BACHELOR OF ARTS (Honours)
(Session: 2026-2027)

Semester - IV

Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
BARM 4284	Home Science (Clothing Textiles -II)	E	4-0-2	4-0-1	5	100	50	20	30	3+3

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME
Credit Based Continuous Evaluation Grading System
BACHELOR OF ARTS
(Session: 2026-2027)

Semester-V

Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
BARM-5284	Home Science (Foods and Nutrition and Child Development)	E	4-0-2	4-0-1	5	100	50	20	30	3+3

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME
Credit Based Continuous Evaluation Grading System
BACHELOR OF ARTS
(Session: 2026-2027)

Semester-VI

Semester VI										
Course Code	Course Name	Course Type	Hours Per Week	Credits	Total	Marks				Examination time (in Hours)
			L-T-P	Total		Ext.		C A		
						L	P			
BARM-6284	Home Science (Foods and Nutrition and Child Development)	E	4-0-2	4-0-1	5	100	50	20	30	3+3

E-Elective

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE-YEAR DEGREE PROGRAMME
Programme: Bachelor of Vocation (Nutrition and Dietetics)
Credit Based Continuous Evaluation Grading System(CBCEGS)
(Session: 2026-27)

Semester-I

CourseCode	CourseTitle	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total Credits	Marks				Examination time (inHours)
						Total	Th	P	CA	
BVNL-1421/ BVNL-1031/ BVNL-1431	Punjabi (Compulsory)/ ¹ BasicPunjabi/ ² PunjabHistory and Culture	C	4-0-0	4-0-0	4	100	70	-	30	3
BVNM- 1102	Communication SkillsinE nglish-I	C	3-0-2	3-0-1	4	100	50	20	30	3+3
BVNL-1283	Nutrition and Immunity	S	4-0-0	4-0-0	4	100	70	-	30	3
BVNL-1284	Basic Food andNutrition	S	4-0-0	4-0-0	4	100	70	-	30	3
BVNM-1285	Human Physiology	S	3-0-2	3-0-1	4	100	50	20	30	3 +3
BVNP-1286	Basic Food and Nutrition (Practical)	S	0-0-4	0-0-2	2	50	-	35	15	3
BVNF-1287	Industrial Visit (Practical)	S	0-0-4	0-0-2	2	50	-	50	-	3
USEP-0001	Entrepreneurshi p Mindset Level-I	SEC	0-0-4	0-0-2	2	50	-	50	-	-
VACF 1491	Foundation Course	VAAC	2-0-0	2-0-0	2	50	35	-	15	1
TOTAL CREDITS					28					

1. Special Paper in lieu of Punjabi (Compulsory)
2. Special Paper in lieu of Punjabi (Compulsory) (For those students who are not domicile of Punjab).
- 3.C- Compulsory
4. S-Skill Enhancement

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE-YEAR DEGREE PROGRAMME
Programme: Bachelor of Vocation (Nutrition and Dietetics)
Credit Based Continuous Evaluation Grading System (CBCEGS)
(Session: 2026-2027)

Course Code	Course Title	Course Type	Hours Per Week	Credits	Total Credits	Marks				Examination time (inHours)
				L-T-P		Total	Th	P	CA	
			L-T-P							
BVNL- 2421/ BVNL- 2031/ BVNL-2431	Punjabi (Compulsory)/ 1 Basic Punjabi/ 2 Punjab History and Culture	C	4-0-0	4-0-0	4	100	70	-	30	3
BVNM 2102	Communication Skills in English-II	C	3-0-2	3-0-1	4	100	50	20	30	3+3
BVNM-2283	Nutritional Biochemistry	S	2-0-4	2-0-2	4	100	50	20	30	3+3
BVNM- 2284	Kitchen Design and Hygiene	S	2-0-4	2-0-2	4	100	50	20	30	3+3
BVNM-2285	Food Preservation, Storage and Quality Control	S	2-0-4	2-0-2	4	100	50	20	30	3+3
BVNF-2286	Status Report of Industrial Visit	S	0-0-4	0-0-2	2	50	-	50	-	3
USEP-0002	Entrepreneurship Mindset Level-I	SEC	0-0-4	0-0-2	2	50	-	50	-	3
VACD-2161	Drug Abuse and Ethical Education	VAC	4-0-0	4-0-0	4	100	70	-	30	3
TOTAL					28					

1. Special Paper in lieu of Punjabi (Compulsory)
2. Special Paper in lieu of Punjabi (Compulsory) (For those students who are not domicile of Punjab).
- 3.C- Compulsory
4. S-Skill Enhancement
5. VAC (Value Added Course)

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME

Programme: Bachelor of Vocation (Nutrition and Dietetics)

Credit Based Continuous Evaluation Grading System (CBCEGS)

(Session 2026-27)

Semester-III										
Course Code	Course Title	Course Type	Hours Per Week	Credits	Total Credits	Marks				Examination time (in Hours)
						Total	Th	P	CA	
			L-T-P	L-T-P						
BVNL-3101	Soft Skills and Communication	C	4-0-0	4-0-0	4	100	70	-	30	3
BVNM - 3282	Meal Management	S	2-0-4	2-0-2	4	100	50	20	30	3+3
BVNM-3283	Food Microbiology	S	2-0-4	2-0-2	4	100	50	20	30	3+3
BVNM-3284	Diabetes Education-I	S	2-0-4	2-0-2	4	100	50	20	30	3+3
BVNM-3285	Technology in Nutrition and Dietetics	C	2-0-4	2-0-2	4	100	40	30	30	3+3
BVNI - 3286	Internship and Report Writing	S	0-0-12	0-0-6	6	100	-	100	-	3
VACE-3221	Environmental Studies	VAC	2-0-0	2-0-0	2	50	35	-	15	1
TOTAL CREDITS						28				

C- Compulsory Course

S-Skill Enhancement

VAC: Value Added Course

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)

SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME

**Programme: Bachelor of Vocation (Nutrition and Dietetics)
Credit Based Continuous Evaluation Grading System (CBCEGS)**

(Session 2026-2027)

Semester-IV									
Course Code	Course Title	Course Type	Hours Per Week	Credits	Marks				Examination time (in Hours)
					Total	Th	P	CA	
			L-T-P						
BVNL-4281	Diabetes Education- II	S	4-0-0	4	100	70	-	30	3
BVNL- 4102	Soft Skills and Communication	C	4-0-0	4	100	70	-	30	3
BVNL- 4283	Food Toxicology and Drug Nutrient Interaction	C	4-0-0	4	100	70	-	30	3
BVNM-4284	Food Science	S	2-0-4	4	100	50	20	30	3+3
BVNM- 4285	Quantity Food Production and Service	S	2-0-4	4	100	50	20	30	3+3
BVNI – 4286	Internship and Report Writing	S	0-0-6	3	75	-	75	-	3
VACP – 4511	Personality Development and Gender Sensitization	VAAC	2-0-0	2	50	35	-	15	3
TOTAL CREDITS				25					

C- Compulsory Course

S-Skill Enhancement

VAAC-Value Added Audit Course

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME
Programme: Bachelor of Vocation (Nutrition And Dietetics)
Credit Based Continuous Evaluation Grading System
(CBCEGS) (Session 2026-2027)

Semester-V										
Course Code	Course Title	Course Type	Hours Per Week	Credits L-T-P	Total Credits	Marks				Examination time (in Hours)
			L-T-P			Total	Th	P	CA	
BVNM-5101	Soft Skills and Communication	C	4-0-0	4-0-0	4	100	50	20	30	3+3
BVNL-5282	Social Welfare	S	2-0-0	2-0-0	2	50	35	-	15	3
BVNL-5283	Introduction to Sports Nutrition	C	4-0-0	4-0-0	3	100	70	-	30	3
BVNL-5284	Role of Diet Assistant-I	C	4-0-0	4-0-0	3	100	70	-	30	3
BVNL-5285	Health and Hygiene	S	4-0-0	4-0-0	4	100	70	-	30	3+3
BVNM-5286	Therapeutic Nutrition -I	S	4-0-0	4-0-0	4	100	70	-	30	3
BVNM-5127	Internet Applications	S	1-0-2	1-0-1	2	50	25	10	15	3+3
BVNM-5288	Institutional Food Service and Personnel Management	S	2-0-4	2-0-2	4	100	50	20	30	3+3
BVNP-5289	Cafeteria	S	0-0-4	0-0-2	2	50	-	35	15	3
CCFC-5522	Community Outreach	CCFR	0-0-2	0-0-4	2	50	-	35	15	3
TOTAL CREDITS				30						

C-Compulsory Course

S-Skill Enhancement

CCFR-Co- Curricular Field Work and Report Writing

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF THREE YEAR DEGREE PROGRAMME
Programme: Bachelor of Vocation (Nutrition and Dietetics)
Credit Based Continuous Evaluation Grading System (CBCEGS)
(Session:2026-2027)

Semester-VI									
Course Code	Course Title	Course Type	Hours Per Week L-T-P	Credits	Marks				Examination time (in Hours)
					Total	Th	P	CA	
BVNL-6281	Functional foods and Nutraceuticals in Health and Disease	S	4-0-0	4	100	70	-	30	3
BVNL-6282	Role of Diet Assistant -II	C	4-0-0	3	100	70	-	30	3
BVNM-6283	Therapeutic Nutrition -II	S	4-0-0	4	100	50	20	30	3
BVNM-6104	Soft Skills and Communication	C	4-0-0	3	100	50	20	30	3+3
BVNM-6285	Community Nutrition	S	2-0-4	4	100	50	20	30	3+3
BVNM-6126	Database Concepts	S	1-0-2	2	50	25	10	15	3+3
BVNP-6287	Entrepreneurship Diet Counselling	S	0-0-8	4	100	-	70	30	3+3
BVNI-6288	Internship and Report Writing	C	0-0-8	4	100	-	100	-	3
VACH-6401	Human Rights and Constitutional Duties	VAC	2-0-0	2	50	35	-	15	3
TOTAL CREDITS				30					

C-Compulsory Course

S-Skill Enhancement

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF ONE YEAR DIPLOMA PROGRAMME
Programme: Post Graduate Diploma in Nutrition and Dietetics
Credit Based Continuous Evaluation Grading System (CBCEGS)
(Session 2026-2027)

Semester-I										
Course Code	Course Title	Course Type	Hours Per Week	Credits	Total Credits	Marks				Examination time (in Hours)
			L-T-P	L-T-P		Total	Th	P	CA	
PNDL- 1281	Physiology	C	4-0-0	4-0-0	4	100	70	-	30	3
PNDL- 1282	Community Nutrition and Social Welfare	C	4-0-0	4-0-0	4	100	70	-	30	3
PNDL- 1283	Institutional Food Administration	C	4-0-0	4-0-0	4	100	70	-	30	3
PNDM - 1284	Nutritional Biochemistry	C	2-0-4	2-0-2	4	100	50	20	30	3+
PNDP- 1285	Community Nutrition and Social Welfare (Practical)	C	0-0-6	0-0-2	2	50	-	35	15	3
PNDP- 1286	Institutional Food Administration (Practical)	C	0-0-6	0-0-2	2	50	-	35	15	3
PNDL- 1287	Basic Nutrition	D		-		50	50	-	-	3
TOTAL CREDITS					20	500				

C- Compulsory Course

D- Deficient Paper

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF ONE YEAR DIPLOMA PROGRAMME
Programme: Post Graduate Diploma in Nutrition and
Dietetics
Credit Based Continuous Evaluation Grading System (CBCEGS)
(Session: 2026-2027)

Semester-II										
Course Code	Course Title	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total Credits	Marks				Examination time (in Hours)
						Total	Th	P	CA	
PNDL- 2281	Hygiene and Food Microbiology	C	3-0-0	3-0-0	3	100	70	-	30	3
PNDL-2282	Diet Therapy and Applied Nutrition	C	3-0-0	3-0-0	3	100	70	-	30	3
PNDL - 2283	Nutritional Science	C	3-0-0	3-0-0	3	100	70	-	30	3
PNDM-2284	Principles of Food Science	C	2-0-4	2-0-2	4	100	50	20	30	3+3
PNDP- 2285	Diet Therapy and Applied Nutrition (Practical)	C	0-0-4	0-0-2	2	50	-	35	15	3
PNDP –2286	Entrepreneurship And Diet Counselling	C	0-0-4	0-0-2	2	50	-	35	15	3
PNDI-2287	Internship and Report Writing	C	3 Months	0-0-8	8	100	-	100	-	-
PNDM-2288	Meal Management	D				100	60	40	-	3+3
TOTAL CREDITS					25	600				

C- Compulsory Course

D- Deficient Paper

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)								
SCHEME AND CURRICULUM OF EXAMINATION OF DIPLOMA PROGRAMME								
DIPLOMA IN EARLY CHILDHOOD CARE AND EDUCATION								
(SESSION:2026-2027)								
Semester-I								
Course code	Course type	Course Title	Credits L-T-P	Marks				Examination time (in Hours)
				Total	Ext.		CA	
					L	P		
DECL-1281	C	Foundation of Education	3-0-0	100	70	—	30	3
DECL-1282	C	Child Health and Nutrition-I	3-0-0	100	70	—	30	3
DECL-1283	C	Services and Programmes for Children–I	3-0-0	100	70	—	30	3
DECL-1284	C	Child Care Taker-I	3-0-0	100	70	—	30	3
DECM-1285	C	Child Psychology and Child Development	2-0-2	100	50	20	30	3+3
DECP-1286	C	Child Care Taker-I (Practical)	0-0-2	50	—	35	15	3
DECP-1287	C	Art and Craft (Practical)	0-0-2	50	—	35	15	3
Total			20	600				

C-Compulsory

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)								
SCHEME AND CURRICULUM OF EXAMINATION OF ONE YEAR DIPLOMA PROGRAMME								
DIPLOMA IN EARLY CHILDHOOD CARE AND EDUCATION (SESSION: 2026-2027)								
Semester-II								
Course code	Course type	Course Title	Credits L-T-P	Max Marks				Examination (in Hours)
				Total	Ext.		CA	
					L	P		
DECL-2281	C	School Organization And Administration	4-0-0	100	70	–	30	3
DECL-2282	C	Child Health And Nutrition-II	3-0-0	100	70	–	30	3
DECL-2283	C	Services and Programmes for Children–II	3-0-0	100	70	–	30	3
DECL-2284	C	Child Care Taker-II	3-0-0	100	70	-	30	3
DECM-2285	C	Methodology and Evaluation	2-0-2	100	50	20	30	3+3
DECP-2286	C	Child Care Taker-II (Practical)	0-0-2	50	-	35	15	3
DECI-2287	C	Internship and Report Writing	0-0-4	100	-	100	-	3
Total			23	650				

C-Compulsory

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)

**SCHEME AND CURRICULUM OF EXAMINATION OF TWO YEAR DIPLOMA
PROGRAMME
DIPLOMA IN EARLY CHILDHOOD CARE AND EDUCATION
(SESSION: 2026-2027)**

Semester-III

Course code	Course type	Course Title	Credits L-T-P	Max Marks				Examination (in Hours)
				Total	Ext.		CA	
					L	P		
DECL – 3281	C	Evolution of pre-school education in Punjab and its present status	3-0-0	100	70	-	30	3
DECL – 3282	C	Understanding children with special needs	3-0-0	100	70	-	30	3
DECM – 3283	C	Development and guidance during school years	2-0-2	100	50	20	30	3
DECI – 3284	C	Internship and report writing –II (2 months)	0-0-6	100	-	100	-	-
DECI – 3285	C	Aganwadi Internship and report writing (1month)	0-0-4	100		100	-	-
Total			20					

C-Compulsory

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)

**SCHEME AND CURRICULUM OF EXAMINATION OF TWO YEAR DIPLOMA
PROGRAMME**

**DIPLOMA IN EARLY CHILDHOOD CARE AND EDUCATION
(SESSION: 2026-2027)**

Semester-IV

Course code	Course type	Course Title	Credits L-T-P	Max Marks				Examination (in Hours)
				Total	Ext.		CA	
					L	P		
DECL – 4281	C	Exceptional learning problems in early childhood	4-0-0	100	70	-	30	3
DECM – 4282	C	Curriculum for early year age (0-8 years)	2-0-2	100	50	20	30	3
DECM – 4283	C	Developing a creative environment in the classroom with ICT	2-0-2	100	50	20	30	3
DECP– 4284	C	Child Care Taker-III (Practical)	0-0-2	50	-	35	15	3
DECI – 4285	C	Internship and report writing –III (2 months)	0-0-6	100		100	-	-
Total			20					

C – Compulsory

KANYA MAHA VIDYALAYA, JALANDHAR

(Autonomous)

**Scheme of Studies and Examination of
Add on Certificate Course - Early Childhood Care and
Education
Session: (2026-2027)**

Semester I							
Course Code	Course Name	Credits	Total Course Hours	Marks			Examination time in (Hours)
				Total	Ext.		
					L	P	
CECM-1281	Child Care	2-0-2	90	100	60	40	2+1
Total				100			

Duration – 9 months

KANYA MAHA VIDYALAYA, JALANDHAR

(Autonomous)

**Scheme of Studies and Examination of
Add on Certificate Course –Ayurveda Nutrition and Wellness
Session: (2026-2027)**

Semester I							
Course Code	Course Name	Credits	Total Course Hours	Marks			Examination time in (Hours)
				Total	Ext.		
					L	P	
CANM- 1281	Ayurveda Nutrition and Wellness	2-0-2	90	100	60	40	2+1
Total				100			

Duration- 9 months

KANYA MAHA VIDYALAYA, JALANDHAR

(Autonomous)

**Scheme of Studies and Examination of
Add on Certificate Course – Geriatric Care (Old age Care and Nutrition)
Session: (2026-2027)**

Semester I							
Course Code	Course Name	Credits	Total Course Hours	Marks			Examination time in (Hours)
				Total	Ext.		
					L	P	
CGCM 1281	Geriatric Care	3-0-1	75	100	80	20	2+1
Total				100			

Duration- 9 months

