

FACULTY OF VOCATIONAL STUDIES

SYLLABUS

of

Bachelor of Vocation (Beauty and Wellness)

(Semester: III & IV)

(Under Credit Based Continuous Evaluation Grading System) (CBCEGS)

Session : 2025-26



The Heritage Institution

KANYA MAHA VIDYALAYA JALANDHAR

(Autonomous)

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME
(Under Credit Based Continuous Evaluation Grading System) (CBCEGS)
Bachelor of Vocation (Beauty and Wellness) Sem-III
Session: 2025-2026

Name of the QP: Hair Care Trainer (BWS/Q0210)
(NSQF Level-6)

Course Code	Course Titles	Course type	Total Credits	Marks				Examination time (in Hours)
				Total	Ext.		CA	
					L	P		
BVBL-3141	Histology of Hair	C	4	100	70	-	30	3
BVBL-3142	Knowledge of Hair Bond	C	4	100	70	-	30	3
BVBL-3143	Salon Management	C	2	50	35	-	15	3
BVBP-3144	Techniques of Hair Texturing	S	4	100	-	70	30	3
BVBP-3145	Hair Coloring	S	4	100	-	70	30	3
BVBP-3146	Assemblage Management	S	4	100	-	70	30	3
BVBI-3147	Internship and Report	S	6	100	-	100	--	
SECP-3512	Personality Development	AC	2	50	35	--	15	1
Total			30	600				

C-Compulsory

S-Skill Enhancement

AC- Audit Course

Grades points or Grades of these courses will not be included in the SGPA/CGPA of Semester/programme

***Credits of these paper will not be included in SGPA/CGPA of the student .**

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME
(Under Credit Based Continuous Evaluation Grading System) (CBCEGS)
Bachelor of Vocation (Beauty and Wellness) Sem-IV
Session-2025-2026

Course Code	Course Titles	Course type	Total Credits	Marks				Examination time (in Hours)
				Total	Ext.		CA	
					L	P		
BVBL-4141	Care of Scalp and Hair	C	4	100	70	-	30	3
BVBL-4142	Hair Coloring and Bleaching	C	4	100	70	-	30	3
BVBM-4143	Superfluous Hair	S	4	100	40	30	30	3
BVBP-4144	Hair Styling	S	4	100	-	70	30	3
BVBP-4145	Chemical Hair Relaxing	S	2	50	-	35	15	3
BVBP-4146	Advance Hair Treatment	S	2	50	-	35	15	3
BVBI-4147	Internship and Report Writing	S	6	100	-	100	--	3
AECE-4221	*Environmental Studies (Compulsory)	AC	2	50	30	5	15	3
SECS-4522	*Social Outreach	AC	2	50	-	35	15	
Total			30	700				

C-Compulsory

S-Skill Enhancement

AC- Audit Course

Grades points or Grades of these courses will not be included in the SGPA/CGPA of Semester/programme

***Credits of these paper will not be included in SGPA/CGPA of the student.**

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Histology of Hair

Course Code : BVBL-3141

Session: 2025-2026

(THEORY)

COURSE OUTCOME:

CO 1: Students learn the deep layers of hair its composition and its types

CO 2: To impart the knowledge of Hair types and distribution and facts.

CO 3: This also teaches us the different disorders of hair and scalp infectious and non- infectious.

CO 4: This also teaches us the function of hair and Growth & Replacement of hair.

.

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Histology of Hair

Course Code : BVBL-3141

Session: 2025-2026

(THEORY)

Time: 3 hrs.

Max. Marks: 100

Theory Marks: 70

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks (14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

ANATOMY OF HAIR

- Structure of hair
- Composition of hair

UNIT-II

- Types of hair
- Hair shapes
- Hair distribution
- Hair Facts

UNIT-III

DISORDERS OF HAIR

- Non-infectious
- Infectious

UNIT-IV

- Hair Function
- Hair Growth & Replacement
- Contra- indication during Scalp Treatment

Book Recommended :

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Knowledge of Hair Bond

Course Code - BVBL-3142

Session: 2025-2026

(THEORY)

Course Outcomes:

CO 1: To impart the knowledge of Hair bonds and Chemical reaction .

CO 2: Understand the knowledge of Chemical relaxers.

CO 3: Students will understand different type of spa along with its procedure and contraindications.

CO 4: Understand the knowledge of hair color and its products.

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Knowledge of Hair Bond

Course Code - BVBL-3142

Session: 2025-2026

(THEORY)

Time: 3 hrs.

Max. Marks: 100

Theory Marks :70

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks (14 each) are to be set, two in each of the four Sections (A- D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- Knowledge of hair bonds.
- Chemical reaction in layers of hair
- Types of shampoo and additives used in shampoo

UNIT-II

- Rebonding
- Perming
- Smoothening

UNIT-III

- PH of hair and hair products
- Deep Conditioning
- Hair spa

UNIT-IV

- Hair Color Application
- Heena Application

Book Recommended :

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- Professional Hair Dressing by Martin Green Leo Palladino

Bachelor of Vocation (Beauty and Wellness)
Semester-III
Salon Management
Course Code – BVBL-3143
Session: 2025-2026
(THEORY)

Course Outcomes:

CO 1: To understand the Ownership of salon and its planning.

CO 2: Students will learn how to plan and locate a saloon and to keep its income and expenditure record.

CO 3: To enhance the knowledge of equipments that are feasible in a saloon.

CO4: To Learn the importance of first aid, Sterilize & Sanitize the Equipment and Surroundings along with safety measures.

Bachelor of Vocation (Beauty and Wellness)

Semester-III
Salon Management
Course Code – BVBL-3143
Session: 2025-2026
(THEORY)

Time: 3 hrs.

Total Marks:50
Theory Marks:35
C.A:15

Instructions for the Paper Setters:

Eight questions of equal marks (7 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT- I

SALON MANAGEMENT:

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.

UNIT- II

- Types of services and their cost.
- Types of employees and employment.
- Record keeping: Income and Expenditure
- Retailing and Salesmanship

UNIT- III

- Advertising and Appointments
- Maintenance
- Common equipment required for salon operation

UNIT- IV

FIRST AID

- Cut or Abrasions
- Burns
- Other salon Injuries
- Precautions and safety measures during the procedure

BOOKS RECOMMENDED:

- Complete beauty book by Helen Foster
- Standard Text Book Of Cosmetology by Milady.
- Milady's, Text Book of Cosmetology, 2000, Milady Publication, America.
- Clean :A History of Personal Hygiene and Purity By Virginia Smith(Author)

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Techniques of Hair Texturing

Course Code - BVBP-3144

Session: 2025-2026

(PRACTICAL)

Course Outcomes:

CO 1: To learn about the right products, implements and cutting tools used in hair cutting.

CO 2: To understand how to deal with client.

CO 3: Understand about advance techniques of hair cuttings.

CO 4: Students Will Learn the Techniques of Handling the Tools.

CO 5: Knowledge of cutting according to face shapes.

Bachelor of Vocation (Beauty and Wellness)
Semester-III
Techniques of Hair Texturing
Course Code - BVBP-3144
Session: 2025-2026
(PRACTICAL)

Time: 3 hrs.

Total Marks: 100
Practical Marks : 70
C.A: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

SCIZZORING:

- Implements and tools of hair cutting
- Types of head shapes
- Various terms used in cutting
- Sectioning of hair cutting
- Hair cutting Angle System
- Types of cutting and its techniques
- Preparation of the client
- Client consultation
- File work

Books Recommended:

- Complete beauty book by Helen Foster.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty and Wellness)
Semester-III
Hair Coloring
Course Code – BVBP-3145
Session: 2025-2026
(PRACTICAL)

Course Outcomes:

CO 1: To understand the Ownership of salon.

CO 2: To grab the knowledge of Salesmanship.

CO 3: To Learn how to deal with Employees.

CO4: Students will develop their skill to set up a Beauty Salon Business and manage it effectively

Bachelor of Vocation (Beauty and Wellness) Semester-III
Hair Coloring
Course Code – BVBP-3145
Session: 2025-2026
(PRACTICAL)

Time: 3 hrs

Total Marks:100
Practical Marks : 70
C.A: 30

Instruction For Practical Examiner :

Question paper is to be set on the spot jointly by Internal and External Examiner.

FASHION COLORS

- Highlights
- Global Coloring
- Heena Applications
- Fashion Shades
- Frosting
- Cap Technique
- Mixing technique
- Streaking
- Identifying Natural Level and Tone

Books Recommended:

- Complete beauty book by Helen Foster
- Professional Hair Dressing by Martin Green Leo Palladino
- Haircoloring in plain English ISBN-10: 1562533576
- The Haircoloring Manual a practical guide to successful hair coloring by Martha Gfemandez

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Assemblage Management

Course Code – BVBP-3146

Session: 2025-2026

(PRACTICAL)

Course Outcomes:

CO 1: To understand the Ownership of salon.

CO 2: To grab the knowledge of Salesmanship.

CO 3: To Learn how to deal with Employees.

CO4: Students will develop their skill to set up a Beauty Salon Business and manage it effectively.

Bachelor of Vocation (Beauty and Wellness)

Semester III

Assemblage Management

Course Code – BVBP-3146

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs.

Total Marks- 50

Practical marks- 35

C.A-15

Instruction for Practical Examiner:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Model of Salon Management Viva Lab

Training File

Presentation

BOOKS RECOMMENDED:

- Koontz Harold and Weihrich Heinz (2006) Esesntials of Management 7th edition Tata Mc Graw Hill Book Company
- Sethi Mohini (2005) Institution Food Management New Age International Publishers
- Tripathi P C (2000) Personnel management 15th ed Sultan Chand ,New Delhi
- A very AC (1991) Modern Guide to Food Service Equipment ,Waveland Press
- Sethi Mohini (2005) Personnel management 15th ed sultan Chand ,New D.

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Internship and Report

Course Code: BVBI-3147

Session: 2025-2026

Time: 3hrs

Max.Marks:75

The students will submit their training reports (in duplicate) within a period of one month in the department . This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student. The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Care of Scalp and Hair

Course Code – BVBL-4141

Session: 2025-2026

(Theory)

COURSE OUTCOME:

CO 1: Students also learn different disorders of hair and scalp both infectious and non- infectious

Students will learn **the** layers of hair its composition and its types

CO 2: To impart the knowledge of shampoo and additives used in it.

CO 3: Train the students with different techniques of scalp with different electrical equipments.

CO 4: To know the hair analysis for curing the problems related to scalp and hair.

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Care of Scalp and Hair

Course Code – BVBL-4141

Session: 2025-2026

(Theory)

Time:3hrs.

TotalMarks:100

Theory marks:70

C.A:30

Instructions for the PaperSetters:

Eight questions of equal Marks (14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Disorders of Hair & Scalp

UNIT – I

- Infectious disease
- Non- Infectious disease

UNIT – II

- What is shampoo and how does a shampoo act?
- Types of shampoo

Scalp Treatment

UNIT – III

- Massage
- Application Of heat
- Vibratory Massage

UNIT – IV

- Hair Analysis
- Oil Treatment
- Knowledge of natural ingredients

Books Recommended:

- Complete beauty book by HelenFoster.
- Standard text book of CosmetologyMilady's.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Harper and GlennLewis.

Bachelor of Vocation (Beauty and Wellness)
Semester-IV
Hair Coloring and Bleaching
Course Code – BVBL-4142
Session: 2025-2026
(Theory)

COURSE OUTCOMES:

CO1: Students will learn about types and classification of colors

CO 2: Students will learn the new trends used in hair coloring like virgin Hair tinting and tin try touch.

CO 3: To understand proper knowledge of colors mixing and learn about the right products, implements used in hair coloring.

CO4: Students will come to know how to consult a client regarding a different salon service

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Hair Coloring and Bleaching

Course Code – BVBL-4142

Session: 2025-2026

(Theory)

Time: 3 hrs

Total Marks 100

Theory Marks:70

C.A:30

Instructions for the Paper Setters:

Eight questions of equal Marks(14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

HAIR COLOURING

- Classification of Colour
- Types of colour
- Colour depth and tone.

UNIT-II

One step Tinting

- Virgin hair tinting
- Darker shade
- Tint retouch
- High lighting shampoo tints

UNIT-III

Blonde and Blonde Effects

- Applied techniques, mixing techniques
- Single Processing for VirginHair
- importance of patchtest

UNIT-IV

- Salon menu of services
- Release statement
- Client consultation

Books Recommended:

- Complete beauty book by HelenFoster.
- Harper and GlennLewis.
- Hair Yoga: Caring for your Hair the Right Way by JawedHabib

Bachelor of Vocation (Beauty and Wellness)
Semester-IV
Superfluous Hair
Course Code – BVBM-4143
Session: 2025-2026
(Theory)

COURSE OUTCOMES:

- CO 1:** Understand the superfluous methods and its safety methods.
- CO 2:** Understand the tools, products, equipment and techniques epilation services
- CO 3:** Understand the tools, products, equipment and techniques depilation services.
- CO 4:** Students will come to know how to consult a client regarding different lightning techniques.

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Superfluous Hair

Course Code – BVBM-4143

Session: 2025-2026

(Theory)

Time:3hrs.

Total Marks:100

Theory Marks: 40

Practical marks:30

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

INTRODUCTION

- Study of Superfluous hair
- Causes of superfluous hair
- Sterilization and Sanitation

Unit-I

Unit-II

EPILATION

- Methods of epilation
- Procedure
- Client preparation
- Contra-indication

Unit-III

DEPILATION

- Methods of depilation
- Safety Precautions
- Methods of permanent hair removal

Unit-IV

HAIR LIGHTENING

- Lightening the hair
- Its types
- Preparing the client
- Procedure
- Patch test

Books Recommended:

- Complete beauty book by Helen Foster.
- Standard text book of Cosmetology Milady's.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J. Goldberg.

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Superfluous Hair

Course Code – BVBM-4143

Session: 2025-2026

(Practical)

Time: 3 hrs

Practical marks: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Different technique of removing Method:

- Threading
- Tweezing.
- Shaving
- Full body bleach
- Full body Waxing
- Depilatory treatment

Viva

Presentation

Books Recommended:

- Complete beauty book by HelenFoster.
- Standard text book of CosmetologyMilady's.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty and Wellness)

Semester IV

Hair Styling

Course Code – BVBP -4144

Session -2025-2026

(Practical)

COURSE OUTCOMES

CO 1: Students will learn about the right products, implements and tools used in hair Styling.

CO 2: Students will understand about proper knowledge of hair styling.

CO 3: Students understand the advance Techniques of hair styling.

CO 4: Students will Learn Hair Styling With Thermal Equipments.

Bachelor of Vocation (Beauty and Wellness)
Semester IV
Hair Styling
Course Code – BVBP -4144
Session -2025-2026
(Practical)

Time: 3 hrs.

Total Marks: 100
Practical marks: 70
C.A: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- **Factor to Be Consider While Styling**
- **Technique of hair Styling**

(a) Styling For Dry Hair

(b) Styling For Wet Hair

- **Different Types of Curls**
- **Wigs Setting**
- **Different Types of Braiding**
- **Occasional Hair Buns**

Viva
Lab Training

Books Recommended:

- ☐ Professional Hair Dressing by Martin Green Leo Palladino.
- ☐ The Art Of Hair Coloring Book By David Adams and Jacki Wadeson.

Bachelor of Vocation (Beauty and Wellness)
Semester-IV
Chemical Hair Relaxing
Course Code – BVBP-4145
Session: 2025-2026
(Practical)

COURSE OUTCOMES:

CO 1: Students will understand the technique of relaxing

CO 2: Students learn about of get material and procedure used for chemical treated hair.

CO 3: Students will learn the technique of Permanent hair straightening by Break the Natural Bond.

CO 4: To grab the knowledge for person hygiene and learn healthy habits.

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Chemical Hair Relaxing

Course Code – BVBP-4145

Session: 2025-2026

(Practical)

Time: 3 hrs.

Total Marks:50

Practical marks:35

C.A:15

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Chemical Hair Relaxing:

- (a)For Dry Hair
- (b)For Oily Hair
- (c)For chemical treated hair

Relaxing treatment on new growth (retouch)

Chemical hair relaxing:

material used

Procedure

Viva

Presentation

Books Recommended:

- ☐ Complete beauty book by Helen Foster.
- ☐ Professional Hair Dressing by Martin Green Leo Palladino.
- ☐ Laser Hair Removal By David J. Goldberg.

Bachelor of Vocation (Beauty and Wellness)

Semester IV

Advance Hair Treatment

Course Code - BVBP-4146

Session: 2025-2026

(Practical)

COURSE OUTCOMES

CO 1: Students will learn the right products, implements used in hair treatments

CO 2: Students will get to know the different disorders of Hair.

CO3: Understand about advance techniques of hair treatments.

CO4: Students will get to know power hair treatments.

Bachelor of Vocation (Beauty and Wellness)

Semester IV

Advance Hair Treatment

Course Code - BVBP-4146

Session: 2025-2026

(Practical)

Time: 3 hrs.

Total Marks:100

Practical marks: 70

C.A :30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner

- High frequency
- Power repair treatment
- Keratin Treatment
- Spa Treatment
- Smart bond treatment

Viva

Presentation

Books Recommended:

- ☐ Complete beauty book by HelenFoster.
- ☐ Standard text book of CosmetologyMilady's.
- ☐ Laser Hair Removal By David J.Goldberg.

**Bachelor of Vocation (Beauty and Wellness)
Semester-IV**

Internship and Report

Course Code:

BVBI-4147

Session: 2025-2026

Time: 3hrs

Max. Marks: 100

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her own assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by an external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where the student has undergone.