

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

of

PUNJAB HISTORY AND CULTURE

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

for

Bachelor of Arts/ Bachelor of Science (Medical) (Honours) / Bachelor of Science (Non- Medical) (Honours) / Bachelor of Science (Computer Science) (Honours) / Bachelor of Science (Economics) (Honours) / Bachelor of Commerce(Honours) / Bachelor of Business Administration (Honours)

(SEMESTER III and IV)

(Under Credit based Continuous Evaluation Grading System)

Session: 2026-27



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

Session: 2026-27

PUNJAB HISTORY AND CULTURE
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

Course Code	Course Title	Hours/ week	Credits L-T-P	Course Type	Marks			Examination time (in Hours)	
					Total	Ext.			CA
BARL-3431	PUNJAB HISTORY AND CULTURE (From 1000- 1605 A. D.	4	4-0-0	C	100	0		30	3
BSML-3431									
BSNL-3431									
BCSL-3431									
BECL-3431									
BCRL-3431									
BBRL-3431									

SEMESTER-III

Session: 2026-27

COURSE TITLE: PUNJAB HISTORY AND CULTURE (FROM 1000-1605 A. D.)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

After completing the paper, the students will have a thorough insight into the origin of Sikh faith and its major institutions in Punjab. They will be able to

CO 1: Understand the society and culture of Medieval Punjab.

CO 2: Understand the growth of various sects during the Bhakti Movement in Punjab.

CO 3: Comprehend and analyse the teachings of Guru Nanak Dev and its relevance today

CO 4: Make a comparison between the philosophy and teachings of first five Sikh Gurus and their relevance in the present scenario and also to understand and analyse the institutions started by Sikh Gurus and their implications till date

SYLLABUS

SEMESTER-III

Session: 2026-27

COURSE TITLE: PUNJAB HISTORY AND CULTURE (From 1000-1605 A. D.)

**(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)**

Bachelor of Arts/ Bachelor of Science (Medical) (Honours) / Bachelor of Science (Non- Medical) (Honours) / Bachelor of Science (Computer Science) (Honours) / Bachelor of Science (Economics) (Honours) / Bachelor of Commerce (Honours) / Bachelor of Business Administration (Honours)

COURSE CODE: BARL-3431/BSML-3431/BSNL-3431/BCSL-3431/BECL-3431/BCRL-3431/BBRL-3431

Examination Time: 3 Hours
Credits L-T-P: 4-0-0
Contact Hours: 4 Hrs/Week

Max. Marks: 100
Theory: 70
CA: 30

Instructions for the Paper Setter:

Eight questions of equal marks (marks) are to be set, two in each of the Four Sections (A-D). Questions of Sections A-D should be set from Unit I-IV of the syllabus respectively. Candidates are required to attempt five questions in 800 words selecting at least one question from each section. The fifth question may be attempted from any sections Each question will carry 14 Marks

Unit -1

1. Society and Culture of Punjab during Turko-Afghan Rule
2. The Punjab under the Mughals

Unit-II

3. Bhakti Movement and Impact on Society of Punjab
4. Sufism in Punjab

Unit-III

5. Guru Nanak: Early Life and Teachings

6. Concept of Sangat and Pangat

Unit-IV

7. Contribution of Guru Angad Dev, Guru Amar Das and Guru Ram Das

8. Briefly describe the compilation of the Adi Granth and its importance. Guru Arjun Dev and Compilation of Adi Granth

Suggested Readings:

- Chopra, P. N., Puri, B.N., & Das. M.N. (1974). A Social, Cultural and Economic History of India, Vol. II. New Delhi: Macmillan India.
- Grewal, J.S. (1994) The Sikhs of the Punjab, Cambridge University Press, New Delhi.
- Singh, Fauja (1972), A History of the Sikhs, Vol. II, I. Patiala: Punjabi University.
- Singh, Khushwant (2011). A History of Sikhs- Vol. I (1469-1839), New Delhi, Oxford University Press.

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Course Code	Course Title	Hours/ week	Credits L-T-P	Course Type	Marks				Examination time (in Hours)
					Total	Ex t.		CA	
BARL-4431	PUNJAB HISTORY AND CULTURE (From 1000-1605 A. D.	4	4-0-0	C	10 0	0		30	3
BSML-4431									
BSNL-4431									
BCSL-4431									
BECL-4431									
BCRL-4431									
BBRL-4431									

SEMESTER IV
Session: 2026-27

COURSE TITLE: PUNJAB HISTORY AND CULTURE (From 1605 to 1849 A.D.)

(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

After completing the paper, the students will have a thorough insight into the origin of Sikh faith and its major institutions in Punjab

Course Outcomes:

CO 1: understand the adoption of new policy by Guru Hargobind and martyrdom of
Guru Tegh Bahadur

CO 2: To understand the factors leading to the establishment of Khalsa Panth and
its impact

CO 3: Have deep insight into the conflict with Mughals and the rise of Banda Singh
Bahadur and aftermath.

CO 4: Understand the administration under Maharaja Ranjit Singh, also the fairs,
festivals and folk music of Punjab.

SYLLABUS

SEMESTER IV

Session: 2026-27

COURSE TITLE: PUNJAB HISTORY AND CULTURE (From 1605 to 1849 A.D)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

Bachelor of Arts / Bachelor of Science (Medical) (Honours) / Bachelor of Science (Non- Medical) (Honours) / Bachelor of Science (Computer Science) (Honours) / Bachelor of Science (Economics) (Honours) / Bachelor of Commerce (Honours) / Bachelor of Business Administration (Honours)

COURSE CODE: BARL-4431/BSML-4431/BSNL-4431/BCSL-4431/BECL-4431/BCRL-4431/BBRL-4431

Examination Time: 3 Hours
Credits L-T-P: 4-0-0
Contact Hours: 4 Hrs/ Week

Max. Marks: 100
Theory: 70
CA: 30

Instructions for the Paper Setters

Eight questions of equal marks (marks) are to be set, two in each of the Four Sections (A-D). Questions of Sections A-D should be set from Unit I-IV of the syllabus respectively. Candidates are required to attempt five questions in 800 words selecting at least one question from each section. The fifth question may be attempted from any sections Each question will carry 14 Marks

UNIT I

1. Transformation of Sikhism under Guru Hargobind.
2. Martyrdom of Guru Teg Bahadur

UNIT II

3. Creation of Khalsa
4. Khalsa and its impact on the Punjab

UNIT III

5. Banda Bahadur and his achievements
6. Rise of Misls.

UNIT IV

7. Maharaja Ranjit Singh: - Civil, Military and Land Revenue Administration.
8. Fair, Festivals and Folk Music in the Punjab during the medieval period (Jagat, Baisakhi and Diwali)

Suggested Readings:

- Chopra P.N., Puri, B.N., & Das, M.N. (1974), A Social, Cultural & Economic History of India. Vol. II, Macmillan India Limited, New Delhi.
- Grewal, J.S. (1994). The Sikhs of the Punjab, Cambridge University Press, New Delhi.
- Singh, Fauja (1972). A History of the Sikhs, Vol. III, Patiala: Punjabi University.
- Singh, Khushwant (2011). A History of the Sikhs- Vol. I (1469-1839). New Delhi:
- Singh, Kirpal (1990). History and Culture of the Punjab-Part II (Medieval Period).