

**FACULTY OF ARTS AND SOCIAL SCIENCES
SYLLABUS**

Of

Drug Abuse: Problem, Management and Prevention (COMPULSORY)

For

B.A. / B.Sc. (Medical) / B.Sc. (Non Medical) / B.Sc. (Computer Science) / B.Sc. (Economics) / M.Comm(Hons.)FYIP /B.Com(R)/ BBA/ B.A. (JMC) / B. Sc. (FD) / B. Sc. (HomeScience) / BCA/ B.Sc (IT)/ B.Sc. (BT)/ M.A English FYIP/M.Sc (Maths)FYIP/ B. Sc (Hons.) Physics /B. Voc (Retail Mgt)/ B.Voc (Animation)/B.Voc. (Nutrition & Dietics)/B.Voc (Beauty & wellness)/ B.Voc (Hospitality and Tourism)

(SEMESTER–II)

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2025-26



**The Heritage Institution
KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

B.A. / B.Sc. (Medical) / B.Sc. (Non Medical) / B.Sc. (Computer Science) / B.Sc. (Economics) / M.Com(Hons.)FYIP /B.Com(R)/ BBA/ B.A. (JMC) / B. Sc. (FD) / B. Sc. (Home Science) / BCA/ B.Sc (IT)/ B.Sc. (BT)/ M.A English FYIP/M.Sc (Maths)FYIP/ B. Sc (Hons.) Physics /B. Voc (Retail Mgt)/ B.Voc

(Animation)/B.Voc. (NEH)/B.Voc (Beauty & wellness)/ B.Voc (Hospitality and Tourism)

SCHEME AND CURRICULUM
DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION
(COMPULSORY PAPER)
(VALUE ADDED COURSE)
Session 2025-26

DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION (Semester II)									
Course Code	Course Name	Course Type	Hours per week L-T-P	Credits	Marks				Examination time (in Hours)
VACD-2161	DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION (COMPULSORY PAPER) (VALUE ADDED COURSE)	C	2	2-0-0	50	35	-	15	3

C- Compulsory
AC- Audit Course

B.A. / B.Sc. (Medical) / B.Sc. (Non Medical) / B.Sc. (Computer Science) / B.Sc. (Economics) / M.Comm(Hons.)FYIP /B.Com(R)/ BBA/ B.A. (JMC) / B. Sc. (FD) / B. Sc. (HomeScience) / BCA/ B.Sc (IT)/ B.Sc. (BT)/ M.A English FYIP/M.Sc (Maths)FYIP/ B. Sc (Hons.) Physics /B. Voc (Retail Mgt)/ B.Voc (Animation)/B.Voc. (NEH)/B.Voc (Beauty & wellness)/ B.Voc (Hospitality and Tourism)

Session (2025-26)

SEMESTER –II

VACD-2161 Drug Abuse: Problem, Management and Prevention

Course Outcomes

After completing the course the students will be able to:

CO1. Learn how to include factual data about what substance abuse is; warning signs of addiction; information about how alcohol and specific drugs affect the mind and body;

CO 2. Focus on substance abuse education- is teaching individuals about drug and alcohol abuse and how to avoid, stop, or get help for substance use disorders.

CO3. Learn how to be supportive during the detoxification and rehabilitation process

CO 4. Understand that substance abuse education is important for students alike; there are many misconceptions about commonly used legal and illegal substances, such as alcohol and marijuana

Session 2025-26
Drug Abuse: Problem, Management and Prevention (COMPULSORY)
Course Code: VACD-2161

Time: 3 Hrs
Credits: L-T-P: 2-0-0
Contact Hours: 2Hours/Week

Max Marks: 50
Theory: 35
CA: 15

Instructions for the Paper Setter:

Eight questions of equal marks (7 marks each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Meaning of Drug Abuse:

(i)Meaning, Nature , Types and Extent of Drug Abuse in India and Punjab.

(ii)Consequences of Drug Abuse for:

Individual : Education, Employment, Income.

Family : Violence.

Society : Crime , Social Disorganization

UNIT-II

MANAGEMENT OF DRUG ABUSE:

(i) Medical management : medication for treatment and to withdrawal effects.

(ii)Psychiatric Management: Counselling, Behavioural and Cognitive therapy.

(iii) Social Management: Family, Group therapy and Environmental Intervention.

UNIT-III

Prevention of Drug abuse:

(i) Role of family: Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny.

(ii) School: Counselling, Teacher as role-model. Parent-teacher-Health Professional Coordination, Random testing on students

UNIT-IV

Controlling Drug Abuse:

(i) Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program

(ii) Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials

Suggested Readings:

1. Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
3. Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
4. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
5. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
6. National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
7. Sain, Bhim 1991, *Drug Addiction Alcoholism, Smoking obscenity* New Delhi: Mittal Publications.
8. Sandhu, Ranvinder Singh, 2009, *Drug Addiction in Punjab: A Sociological Study*. Amritsar: Guru Nanak Dev University.
9. Singh, Chandra Paul 2000. *Alcohol and Dependence among Industrial Workers*: Delhi:

Shipra.

10.Sussman, S and Ames, S.L. (2008). *Drug Abuse: Concepts, Prevention and Cessation*,Cambridge University Press.