

Syllabus for FOUNDATION COURSE

**Audit Course (Value Added)
(SEMESTER-I)**

Examinations: 2026–27



**Kanya Maha Vidyalaya,
Jalandhar(Autonomous)
The Heritage Institution**

FOUNDATION COURSE

Course Title: Foundation Course

Nature of Course: Audit Course (Value Added)

Course Duration: 30hours

Course intended for: Semester I students of undergraduate degree programs of all 25 streams.

Course Credits: 2

Course Code: SECF-I

PURPOSE&AIM

This course has been designed to strengthen the intellectual foundation of all the new entrants in the college. One of the most common factors found in the students seeking admission in college after high school is the lack of an overall view of human history, knowledge of global issues, peaks of human intellect, social/political thinkers and inventors & discoverers who have impacted human life. For a student, the process of transition from school to college is full of apprehension and skepticism regarding adapting themselves to a new system. The Foundation Programme intends to bridge the gap between high school and college education and develop an intellectual readiness and base for acquiring higher education.

INSTRUCTIONAL OBJECTIVES

- to enable the students to realise their position in the whole saga of time and space
- to inculcate in them an appreciation of life, cultures and people across the globe
- to promote, in the students, an awareness of human intellectual history
- to make them responsible and human new world citizens so that they can carry forward the rich legacy of humanity

LEARNING OUTCOMES

After the completion of this Audit course, students will be able to

- learn how past societies, systems, ideologies, governments, cultures and technologies were built, how they operated, and how they have changed
- understand how the rich history of the world helps us to paint a detailed picture of where we stand today

- understand the Vedic theism, Upanishads Philosophy and doctrines of Jainism, Buddhism and Sikhism
- acquire knowledge of women rights and courage to face day to day challenges
- acknowledge the changes in society, religion and literature in the renaissance period and the importance of empathy and compassion for humanity
- learn about the prominent Indians (Men and Women) who contributed significantly in freedom struggle, education, economic development and in the formation and evolution of our nation
- understand meaning of race and how that concept has been used to justify exclusion, inequality, and violence throughout history and the origin of civil right movements to fight for equality, liberty and fraternity
- critically evaluate the socio-political and economic issues at global level and its implications in the present
- upgrade and enhance learning technological skills and striking a balance between technology and their well being
- take pride in learning the saga of Indian Past Culture and Heritage
- understand the rich legacy of KMV and its progressive endeavours

MODULE	TITLE	CONTACT HOURS
I	Introduction and Initial Assessment	2
II	The Human Story	3
III	<i>The Vedas</i> and the Indian Philosophy	2.5
IV	The Journey of Woman The Story and the Dream	2.5
V	Changing Paradigms in Society, Religion & Literature	2.5
VI	Makers of Modern India	2.5
VII	Racism: Story of the West	2.5
VIII	Modern World at a Glance: Political & Economic Perspective	2.5
IX	Technology Vis-à-Vis Human Life	2.5
X	My Nation My Pride	2.5
XI	The KMV Experience	2.5
XII	Final Assessment, Feedback and Closure	2.5

EXAMINATION

- **Total Marks: 50(Final Exam:40;Internal Assessment:10)**
- Final Exam:multiple choice quiz. Marks–20; Time: 1 hour
- Internal Assessment:10(Assessment:6;Attendance: 4)
Comparative assessment questions (medium length) in the beginning and close of the programme.Marks:3;Time:0.5 hour each at the beginning and end.
- Total marks: 50 converted to grade for final result
- Grading system:90%marks & above: A grade
80% - 89% marks: B
grade 70% - 79% marks: C
grade 60% - 69% marks: D
grade 50% - 59% marks: E grade
Below 50% marks: F grade (Fail-must give the exam again)

SYLLABUS

Module I Being a Human: Introduction & Initial Assessment

- Introduction to the programme
- Initial Assessment of the students through written answers to a couple of questions

Module 2 The Human Story

- Comprehensive overview of human intellectual growth right from the birth of human history
- The wisdom of the Ancients
- Dark Middle Ages
- Revolutionary Renaissance
- Progressive modern times
- Most momentous turning points, inventions and discoveries

Module 3 *The Vedas* and the Indian Philosophy

- Origin, teachings and significance of *The Vedas*
- Upanishads and Puranas
- Karma Theory of *The Bhagwad Gita*
- Maintenance of Buddhism & Jainism
- Teachings of Guru Granth Sahib

Module4ChangingParadigmsinSociety,Religion &Literature

- Renaissance:TheAgeof Rebirth
- Transformationin human thought
- Importanceofhumanism
- Geocentrismtoheliocentrism
- Copernicus,Galileo,Columbus,DarwinandSaint Joan
- EmpathyandCompassion

Module5Woman:AJourneythroughtheAges

- Statusofwomen inpre-vedictimes
- WomeninancientGreekandRomancivilizations
- WomeninvedicandancientIndia
- Statusof women inthe Muslim world
- Womenin themodern world
- Crimesagainstwomen
- Womenlabourworkforceparticipation
- Womeninpolitics
- Statusof women-our dream

Module6MakersofModernIndia

- Earlyengagementofforeignerswith India
- Education:Thefirststeptomodernization
- Railways:Thelifelineof India
- RajaRamMohanRoy,Gandhi,Nehru,Vivekanand,SardarPatel etc.
- IndiraGandhi,MotherTeresa,HomaiVyarawala etc.
- TheWayAhead

Module7Racism:StoryoftheWest

- Europeanbeginningsofracism
- RacismintheUSA -JimCrowLaws
- MartinLutherKingJr.and thebattleagainstracism
- Apartheidand NelsonMandela
- Changingfaceofracisminthemodernworld

Module8ModernWorldataGlance:Political&EconomicPerspective

- Changingworldorder
- WorldWarI&II
- UNOandTheCommonwealth
- NuclearPowers;Terrorism
- EconomicScenario:IMF,WorldBank

- InternationalRegionalEconomicIntegration

Module9TechnologyVisa VisHumanLife

- Impactoftechnologyonmodern life
- Technologicalgadgetsand theirrolein ourlives
- Technologyandenvironment
- Consumerismandmaterialism
- Psychologicalandemotionalconsequencesoftechnology
- Harmonizingtechnologywithethicsandhumaneness

Module10MyNation MyPride

- IndianPastCultureand Heritage
- MajorDiscoveries(MedicinalandScientific)
- VedicAge
- ProminentAchievements
- Art,ArchitectureandLiterature

Module11TheKMVExperience

- RichLegacyof KMV
- Pioneeringroleinwomenemancipationand empowerment
- KMVContributionintheIndian FreedomStruggle
- Moral,culturalandintellectualheritageofKMV
- Landmarkachievements
- Innovativeinitiatives;internationalendeavours
- Vision,missionand focus
- Conductguidelinesforstudents

Module12FinalAssessment,Feedback&Closure

- Finalmultiple choicequiz
- Assessmentthroughthesamequestions askedinthebeginning
- Feedback abouttheprogrammefromthestudents
- Closureof theprogramme

PRESCRIBEDREADING

- *TheHuman Story*publishedbyDawnPublications