

Gender Sensitization Program
Audit Course (Value Added)
(SEMESTER III)



2026-27

Kanya Maha Vidyalaya, Jalandhar
(Autonomous)
The Heritage Institution

GENDER SENSITIZATION PROGRAMME
2026-27

Course Title: GENDER SENSITIZATION PROGRAMME

Nature of Course: Audit Course (Value Added)

Course Duration: 30 hours

Course intended for: Semester III students of undergraduate degree program.

- B.Com.(R)
- B.Com.(Hons.)
- B.B.A.
- B.A.
- B.Sc.(Fashion Designing)
- B.Sc.(Home Science)
- B.A. Hons. In English
- B.A. Journalism and Mass Communication

The program has been designed to inculcate the value of gender equality among students so that they can identify the areas of gender discrimination raise their voices against gender discrimination and work towards making the society gender neutral.

Objectives of the Course:

1. To sensitize students about gender rights, gender roles and relations.
2. To make students aware and capable of realizing their true potential.
3. To ensure equal participation of men and women in all economic, social and political processes.
4. To develop gender prospective to transform the mind set of society.

Learning Outcomes:

On successful completion of this course, students will be able to

- develop ways to address gender inequalities and promote gender justice
- understand the difference between sex and gender and cultural norms ascribed to boys/men and girls/women.
- evaluate the impact of socially defined gender roles on economic and political participation.
- analyze social problems using a gender lens.
- learn the constitution provisions and laws relating to gender rights.
- understand the importance of comprehensive access to healthcare for all women
- defend themselves against potential attacks and adversities using self defense techniques.
- engage themselves in critical self-reflection and work for social transformation.

CURRICULUM

Course Code: SECG 3531

Total contact hours: 30

MODULE	TITLE	HOURS
1	Introduction to Gender Sensitization	4 Hrs.
2	Workshop in Self-Defense Techniques	12 Hrs.
3 I	Cultural Roles and Gender Sensitivity	2 Hrs.
3 II	Gender Dimensions in Economic Participation and Wage Gap	2 Hrs.
3 III	Gender Rights: Constitutional Rights & Legal Rights	2 Hrs.
3 IV	Social problems and Issues: Gender Prospective with focus on Indian Society	2 Hrs.
3 V	Gender Issues and Health Care System	2 Hrs.
3 VI	Gender and Political Participation	2 Hrs.
4	Final Assessment Feedback and Closure	2 Hrs.

Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total Credits	Marks				Examination Time (in Hours)
						Total	Ext.		CA	
							L	P		
SECG-3531	Gender Sensitization Program	VAC	2-0-0	2-0-0	4	50	40	-	10	2