

FACULTY OF ARTS AND SOCIAL SCIENCES

**SYLLABUS
of**

VALUE ADDED COURSE

**Human Rights and Constitutional Duties
for**

**Under Graduate Degree Programmes
(Semester VI)**

(Under Credit Based Continuous Evaluation Grading System)

Session: 2026-27



**The Heritage Institution
KANYA MAHA VIDYALAYA JALANDHAR
(Autonomous)**

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)

SCHEME AND CURRICULUM OF EXAMINATION

**UG Degree Programmes, Semester VI
SESSION-2026-27**

UG Degree Programmes, Semester VI- (Value Added Course)								
Course Code	Course Title	Course Type	Credits L-T-P	Marks				Examination time (in Hours)
				Total	Ext.		CA	
					L	P		
VACH-6401	Human Rights and Constitutional Duties	VAC	2-0-0	50	35	--	15	1

UG Degree Programmes (Semester VI) 2026-27

Human Rights and Constitutional Duties

Course Code: VACH-6401

CO: (Course Outcomes)

After completion of Semester VI, the students will be able to understand the concept of Human Rights and Constitutional Duties, which will enable:

CO 1: the students will learn about the basic characteristics and classification of Rights and Duties.

CO 2: the students will inculcate the knowledge about the international framework of Human Rights in the context of Universal Declaration of Human Rights as well as the national initiatives.

CO 3: this course will guide the students about the relationship between Human Rights and Constitutional Duties as well as the provisions under chapter III and IV of the Indian Constitution.

CO 4: the students will also learn about the relationship between Human Rights and Psychology, Human Rights Education and Human Duties for Psychologists and Their Social Responsibility in the society.

This course outcome will help the students in their further higher education programs and competitive exams.

UG Degree Programmes (Semester VI)
Session 2026-27
Value Added Course
(Human Rights and Constitutional Duties)
Course Code: VACH-6401

Examination Time: 1 Hrs.

L-T-P: 2-0-0
Total Marks: 50
Theory Marks: 35
CA: 15

Instructions for the Examiner:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section. Each question will carry seven marks.

Unit I

Introduction to Human Rights

Foundational Aspects: Meaning, Nature, Characteristic, Classification.

International Framework: Constituents of the Universal Declaration of Human Rights (UDHR).

Unit II

Constitutional Realisation in India: Fundamental Rights (Part III, Constitution of India).

Protective Mechanism in India: The composition, Powers and Functions of the National Human Rights Commission of India (NHRC).

Unit III

Introduction to Human Duties

Conceptual Perspective: Meaning, Nature & Characteristics of Human Duties.

Intellectual discourses: Classification of Human Duties; Relevance of Human Duties.

Unit IV

Constitutional Recognition in India: Fundamental Duties in Indian Constitution, Part IV A.

Human Rights Education: An Ethical Perspective

Recommended Books:

1. United Nations. *The United Nations and Human Rights 1945-1995*. Geneva: United Nations Blue Books Series, Vol. VII, 1996.
2. Sastry, S. N. *Introduction to Human Rights and Duties*. Pune: University of Pune Press, 2011.

3. Mertus, Julie. *The United Nations and Human Rights-A Guide for a New Era*. London: Routledge, 2009.
4. Donnelly, Jack. *Universal Human Rights in Theory and Practice*. New York: Cornell University Press, 2013.
5. Hammarberg, Thomas. *Taking Duties Seriously- Individual Duties in International Humanitarian Law*. Versoix: International Council on Human Policy, 1999.
6. Miller P. Frederic, et al. *Fundamental Rights, Directive Principles and Fundamental Duties in India*. New York: VDM Publishing, 2009.
7. Cinganelli, Davis Louis. *Human Rights- Theory and Measurements*. London: Macmillan Press, 1988.
8. Ishay, M. R. *The History of Human Rights*. New Delhi: Orient Longman, 2004.
9. Mohapatra, Arun Ray. *National Human Rights Commission of India: Formation, Functioning and Future Perspectives*. New Delhi: Atlantic, 2004.
10. Deol, Satnam Singh. *Human Rights in India-Theory and Practice*. New Delhi: Serials Publications, 2011.
11. Rubin, Neal S. and Flores, Roseanne L. (eds.), *The Cambridge Handbook of Psychology and Human Rights (Cambridge Handbooks in Psychology)*, Cambridge University Press, 2020.