

FACULTY OF ARTS AND SOCIAL SCIENCES
SYLLABUS
of
PUNJAB HISTORY AND CULTURE
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

for

Master of Arts (English) (FYIP)/Master of Science (Mathematics) (FYIP)/Master of
Science (Physics) (FYIP)

(Semester I & II)

(Under Credit based Continuous Evaluation Grading System)

Session: 2026-27



The Heritage Institution
KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

SCHEME AND CURRICULUM OF EXAMINATION
PUNJAB HISTORY AND CULTURE
(Under Credit based Continuous Evaluation Grading System)

(Semester-I)

Session: 2026-27

Master of Arts (English) (FYIP)/Master of Science (Mathematics) (FYIP)/Master of Science (Physics) (FYIP)

Course Code	Course Title	Hours/ week	Credits L-T-P	Course Type	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
FENL-1431 FMAL-1431 FPHL-1431	PUNJAB HISTORY AND CULTURE (FROM EARLIEST TIMES TO C 320)	2	2-0-0	C	50	35	-	15	3

Semester-I

Session: 2026-27

Course Title: PUNJAB HISTORY AND CULTURE (FROM EARLIEST TIMES TO C 320)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

COURSE OUTCOMES:

After completing semester I and course on Punjab History and Culture students of History will be able to identify and have a complete grasp on the sources & writings of Ancient Indian History of Punjab.

CO1: Identify and understand the sources and physical features of Punjab

CO 2: To study the earliest civilisation (Indus Valley Civilization) and original home of Aryans

CO 3: To examine the Social, Religious and Economic life during Early and Later Vedic Age

CO 4: To comprehend the Buddhist, Jain and Hindu faith and their relevance in the modern times

Semester-I

Session: 2026-27

Course Title: Punjab History and Culture (From Earliest Times to C 320)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

Master of Arts (English) (FYIP)/Master of Science (Mathematics) (FYIP)/Master of Science (Physics) (FYIP)

Course Code: FENL-1431 (Master of Arts (English) (FYIP))

Course Code: FMAL-1431 (MASTER OF SCIENCE (MATHEMATICS) (FYIP))

Course Code: FPHL-1431 (MASTER OF SCIENCE (PHYSICS) (FYIP))

Examination Time: 3 Hours

Credits L-T-P: 2-0-0

Contact Hours: 2 Hrs/ Week

Max. Marks: 50

Theory: 35

CA: 15

Instructions for the Paper Setter:

Eight questions of equal marks (marks) are to be set, two in each of the Four Sections (A-D). Questions of Sections A-D should be set from Unit I-IV of the Syllabus Respectively. Questions may be subdivided into parts (not exceeding four) Candidates are required to attempt five questions in 500 words selecting at least one question from each section. The fifth question may be attempted from any sections Each question will carry 07 Marks

Unit-I

1. Physical features of the Punjab
2. Sources of the ancient history of Punjab

Unit-II

3. Harappan Civilization: social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home

Unit-III

5..Social, Religious life during Early Vedic Age and Later Vedic Age.

6. Economic and Political life during Early Vedic Age and Later Vedic Age.

UNIT-IV

7 Rise of Buddhism and Teachings of Buddha.

8 Rise of Jainism and Teachings of Jainism.

Suggested Readings

- B.N. Sharma, Life in Northern India, Delhi. 1966.
- Budha Parkash, Glimpses of Ancient Punjab, Patiala, 1983.
- Chopra, P.N., Puri, B.N., & Das, M.N. (1974). A Social, Cultural & Economic History of India, Vol. I, New Delhi: Macmillan India.
- L. M Joshi (ed.), History and Culture of the Punjab, Art-I, Patiala, 1989 (3rd edition)
- L.M. Joshi and Fauja Singh (ed.), History of Punjab, Vol. I, Patiala 1977.

SCHEME AND CURRICULUM OF EXAMINATION
PUNJAB HISTORY AND CULTURE
(Under Credit based Continuous Evaluation Grading System)
(Semester-II)

Session: 2026-27

Master of Arts (English) (FYIP)/Master of Science (Mathematics) (FYIP)/Master of Science (Physics) (FYIP)

Course Code	Course Title	Hours/ week	Credits L-T-P	Course Type	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
FENL-2431 FMAL-2431 FPHL-2431	PUNJAB HISTORY AND CULTURE (C. 320 to 1000 A.D)	2	2-0-0	C	50	35	-	15	3

Semester-II

Session: 2026-27

Course Title: PUNJAB HISTORY AND CULTURE (C. 320 to 1000 A.D.)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

COURSE OUTCOMES:

After completing Semester II and course on Ancient History of Punjab students will be able to understand:

CO 1: The reasons and impact of Alexander's invasions and to comprehend various factors leading to rise and fall of empires and emergence of new dynasties and their administration specifically of Maurya rule in general and Ashok in particular

CO 2: art and architecture of Gupta period and the Indo-Greek style of architecture under Gandhara School

CO 3: To have an insight into the socio-cultural history under Harshvardhan and punjab under the stated period

CO 4: To enable students to have thorough insight into the various forms/styles of Architecture and synthesis of Indo - Greek Art and Architecture in Punjab

Syllabus
Semester-II
Session: 2026-27

Master of Arts (English) (FYIP)/Master of Science (Mathematics) (FYIP)/Master of Science
(Physics) (FYIP)

Course Title: PUNJAB HISTORY AND CULTURE (C. 320 to 1000 A.D.)

(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

Course Code: Course Code: FENL-2431 (Master of Arts (English) (FYIP))

Course Code: FMAL-2431 (MASTER OF SCIENCE (MATHEMATICS) (FYIP))

Course Code: FPHL-2431 (MASTER OF SCIENCE (PHYSICS) (FYIP))

Examination Time: 3 Hours

Credits L-T-P: 2-0-0

Contact Hours: 2 Hrs/ Week

Max. Marks: 50

Theory: 35

CA: 15

Instructions for the Paper Setter:

Eight questions of equal marks (marks) are to be set, two in each of the Four Sections (A-D). Questions of Sections A-D should be set from Unit I-IV of the Syllabus Respectively. Questions may be subdivided into parts (not exceeding four) Candidates are required to attempt five questions in 500 words selecting at least one question from each section. The fifth question may be attempted from any sections Each question will carry 07 Marks

Unit-I

1. Alexander's Invasion's and Impact
2. Administration of Chandragupta Maurya with special reference to reforms introduced by Ashok

Unit-II

3. The Kushans: Gandhar School of Art
4. Gupta Empire: Golden Period-Social and cultural life, Art and Architecture)

Unit-III

5. The Punjab under Harshvardhana-Society and Religion During the time of Harshvardhana
6. Socio-cultural History of Punjab from 7th to 1000 A.D.

UNIT IV

7. Development of Languages and Education with Special reference to Taxila
8. Development to Art and Architecture

Suggested Readings

- B.N. Sharma: *Life in Northern India*, Delhi. 1966
- Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
- L. M Joshi (ed), *History and Culture of the Punjab*, Art-I, Punjabi University, Patiala, 1989 (3rd edition)
- L.M. Joshi and Fauja Singh (ed.), *History of Punjab*, Vol.I, Punjabi University, Patiala, 1977.