

Kanya Maha Vidyalaya, Jalandhar City

(An Autonomous College)



Minutes of 10 th Meeting of Board of Studies Department of Home Science

Date: 06-06-2025

Time: 11:00 am

Via Zoom video conferencing

**Kanya Maha Vidyalaya, Jalandhar
Department of Home Science**

Minutes of the Meeting of Board of Studies held on 06-06-2025

KANYA MAHA VIDYALAYA, JALANDHAR
(UGC Autonomous College)
Department of Home Science

Proceedings of the tenth Meeting of Board of Studies held on 06-06-2025

The tenth meeting of the board of studies was held in online mode via zoom on **06-06-2025** at 11:00 am.

Date: 06-06-2025

Time: 11:00 am

Venue: Online meeting via Zoom

The following members have attended meeting and detailed minutes are listed below:

Sr. No.	Members Invited	
1.	Dr. Aatma, Assistant Professor, Khalsa College, Jalandhar. (University Nominee)	Present
2.	Dr. Amarjot Kaur, Assistant Professor , Punjabi University Patiala (Outside Parent University Nominee)	Absent
3.	Dr. Neha Sharma Assistant Professor ,Govt. Home Science College Sec. 10 Chandigarh. (Outside Parent University Nominee)	Present
4.	Dr. Madhu Chief Dietician , GMCH , Sec 32, Chandigarh. (Industry Expert)	Absent
5.	Mrs. Renu Verma, Dietitian (Alumni)	Present
6.	Mrs. Neeti Kapoor, Head, Department Of Home Science, Kanya Maha Vidyalaya, Jalandhar.	Present
7.	Mrs. Mani Khera, Assistant Professor, Department Of Home Science, Kanya Maha Vidyalaya, Jalandhar	Present

Agenda

H.Sc.: 2025: 10: 1: To approve the proceedings of previous Board of Studies meeting held on 8.8.2024.

H.Sc.: 2025: 10: 2: To propose and discuss the Syllabus Of **B.Sc Home Science (Honours)** , Semester I - IV under Credit Based Continuous Evaluation System for the Session 2025-26.

H.Sc.: 2025: 10: 3: To propose and discuss the Syllabus Of **B.Sc Home Science**, Semester V&VI under Credit Based Continuous Evaluation System for the Session 2025-26.

H.Sc.: 2025: 10: 4: To discuss the Syllabus Of Home Science In **B.A Home Science (Honours)** Semester I -IV under Credit Based Continuous Evaluation System for the Session 2025-26.

H.Sc.: 2025: 10: 5: To discuss the Syllabus Of Home Science In **B.A Home Science** Semester V-VI under Credit Based Continuous Evaluation System for the Session 2025-26.

H.Sc.: 2025: 10: 6: To discuss the Syllabus of **Post Graduate Diploma in Nutrition and Dietetics (PGDND)**, Semester I and II under Credit Based Continuous Evaluation Grading System for the Session 2025-26

H.Sc.: 2025: 10: 7:To discuss and approve the list of proposed examiners for above stated courses.

H.Sc.: 2025: 10: 8:To discuss research inputs and plans of department for session 2025-26.

H.Sc.: 2025: 10: 9:To discuss teaching methodologies adopted in department and inputs required to upgrade the same.

H.Sc.: 2025: 10: 10: To discuss the outcome of above stated courses and programs.

H.Sc.: 2025: 10: 11:To discuss the result analysis for the session 2025-26.

Mrs. Neeti Kapoor, Head Dept. of Home Science welcomed the members of Board of Studies. She apprised the members that the teachers have been working their best incorporating teaching learning related activities and inspiring all the students to excel in all aspects. They have been participating in various competitions and workshops as well undertaking different activities to provide exposure to students.

After brief overview, took up the agenda items for deliberation one by one with the permission of committee members

H.Sc.: 2025: 10: 1: To approve the proceedings of previous Board of Studies meeting held on 8.8.2024.

Proceedings: Proceedings of the previous Board of Studies meeting held on 14.7.2023 were sent through email to all the members and were approved by all the members. However, summary of the proceedings was again put up for approval of the house and they approved it. The House approved the Item: **H.Sc.: 2025: 10: 1**

H.Sc.: 2025: 10: 2: To propose and discuss the Syllabus Of **B.Sc Home Science (Honours)** , Semester I - IV under Credit Based Continuous Evaluation System for the Session 2025-26.

Proceedings: As per the guidelines of NEP 2020, 4 Years degree Programme **Bachelor of Science (Honours) Home Science** introduced w.e.f. 2024-25 to be continued. The Schemes approved are as follows

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF
Bachelor of Science Home Science (Three Year Degree Programme)
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)
Credit Based Continuous Evaluation Grading System
(Session: 2025-2026)

Semester -I

Course Code	Course Name	Course Type	Hours Per Week	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
			L-T-P							
BHSL-1421/ BHSL-1031/ BHSL-1431	Punjabi (Compulsory)/ 1 Basic Punjabi/ 2 Punjab History and Culture	C	4-0-0	4-0-0	4	100	70	-	30	3
BHSM - 1102	Communication Skills in English-I	AEC	3-0-2	3-0-1	4	100	50	20	30	3
BHSL-1283	Introduction to Human Development	DSC	2-0-0	2-0-0	2	50	35	-	15	3
BHSL-1284	Hygiene	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSM-1285	Basic Food and Nutrition	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM - 1286	Applied Art	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM - 1127	Computer Basics	C	2-0-2	2-0-1	3	100	40	30	30	3+3
VACF-1491	*Foundation Course	VAC	2-0-0	2-0-0	2	50	35	-	15	1
Total					26	650				

C -Compulsory

AEC: Ability Enhancement Course

DSC: Discipline Specific Course

VAC: Value Added Course

1: Special paper in lieu of Punjabi (compulsory)

2: Special paper in lieu of Punjabi (compulsory) for those students who are not domicile of Punjab.

* Grade Points of these courses will not be added in SGPA/CGPA of the Semester/Programme

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)										
SCHEME AND CURRICULUM OF EXAMINATION OF										
Bachelor of Science Home Science (Three Year Degree Programme)										
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)										
Credit Based Continuous Evaluation Grading System										
(Session: 2025-2026)										
Semester II										
Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits	Total	Marks				Examination time (in Hours)
						Total	Ext.		CA	
							L	P		
BHSL-2421/ BHSL-2031/ BHSL-2431	Punjabi (Compulsory)/ 1 Basic Punjabi/ 2 Punjab History and Culture	C	4-0-0	4-0-0	4	100	70	-	30	3
BHSM-2102	Communication Skills in English-II	AEC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSL-2283	Family and Social Welfare	DSC	4-0-0	4-0-0	4	100	70	-	30	3
BHSL-2284	Elementary Physiology	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSM-2285	Introduction to Family Resource Management	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-2126	Computer Applications for Home Scientists	MDC	3-0-2	3-0-1	4	100	40	30	30	3+3
BHSM -2280	Advanced Food and Nutrition	SEC	2-0-2	2-0-1	3	100	50	20	30	3+3
VACD-2161	*Drug Abuse : Problem , Management and Prevention (Compulsory)	VAC	2-0-0	2-0-0	2	50	35	-	15	3
Total					28	700				

C: Compulsory
 AEC: Ability Enhancement Course
 DSC: Discipline Specific Course
 SEC: Skill Enhancement Course

MDC: Multi disciplinary Course

VAC: Value Added Course

1: Special paper in lieu of Punjabi (compulsory)

2: Special paper in lieu of Punjabi (compulsory) for those students who are not domicile of Punjab.

* Credits/Grade Points of these courses will not be added in SGPA/CGPA of the Semester/Programme.

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)										
SCHEME AND CURRICULUM OF EXAMINATION OF										
Bachelor of Science Home Science (Three Year Degree Programme)										
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)										
Credit Based Continuous Evaluation Grading System										
(Session: 2025-2026)										
Semester III										
Course Code	Course Name	Course Type	Hours Per Week	Credits L-T-P	Total	Marks				Examination time (in Hours)
			L-T-P	Total		Ext.		C A		
						L	P			
BHSL-3281	Introduction to Extension Education and Community Development	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSL-3282	Developmental Stages upto Childhood	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSL-3083	Basic Nutritional Biochemistry	MDC	3-0-0	3-0-0	3	100	70	-	30	3
BHSM-3284	Housing	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-3285	Meal Management	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-3286	Textile Science	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
VACG-3531	* Gender Sensitization	VAC	2-0-0	2-0-0	2	50	35	-	15	1
Total					23	600				

DSC: Discipline Specific Course
MDC: Multi disciplinary Course
VAC: Value Added Course

* Credits/Grade Points of these courses will not be added in SGPA/CGPA of the Semester/Programme

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULUM OF EXAMINATION OF
Bachelor of Science Home Science (Three Year Degree Programme)
Bachelor of Science (Honours) Home Science (Four Year Degree Programme)
Credit Based Continuous Evaluation Grading System
(Session: 2025-2026)

Semester IV										
Course Code	Course Name	Course Type	Hours Per Week	Credits L-T-P	Total	Marks				Examination time (in Hours)
			L-T-P	Total		Ext.		C A		
						L	P			
BHSL-4281	Developmental Stages till Old Age	DSC	3-0-0	3-0-0	3	100	70	-	30	3
BHSM-4282	Kitchen Design and its Equipment	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-4283	Traditional Embroideries, Textiles and Costumes of India	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-4284	Communication and Audio-visual in Extension Work	DSC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-4085	Applied Nutritional Biochemistry	MDC	3-0-2	3-0-1	4	100	50	20	30	3+3
BHSM-4280	Quantity Food Production and Service	SEC	2-0-2	2-0-1	3	100	50	20	30	3+3
VACE-4221	*Environmental Studies (Compulsory)	VAC	1-0-2	1-0-1	2	50	20	15	15	3+3
Total					24	600				

DSC: Discipline Specific Course
SEC: Skill Enhancement Course
MDC: Multi disciplinary Course
VAC: Value Added Course

* Credits/Grade Points of these courses will not be added in SGPA/CGPA of the Semester/Programme

H.Sc.: 2025: 10: 3: To propose and discuss the Syllabus Of **B.Sc Home Science**, Semester V&VI under Credit Based Continuous Evaluation System for the Session 2025-26.

Proceedings: The proposed syllabus and course outcomes of **B.Sc Home Science**, Semester V & VI under Credit Based Continuous Evaluation System for the Session 2025-26 was discussed by board members and they approved the syllabus. Following are the course schemes of Semester V & VI with credits Introduced and change in Marks.

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)										
SCHEME AND CURRICULUM OF EXAMINATION OF THREE-YEAR DEGREE PROGRAMME										
Credit Based Continuous Evaluation Grading System										
Bachelor of Science (Home Science)										
(Session: 2025-2026)										
Semester V										
Course Code	Course Name	Course Type	Hours Per Week	Credits L-T-P	Total	Marks				Examination time (in Hours)
			L-T-P	Total		Ext.		C A		
						L	P			
BHSL-5281	Child Psychology	C	3-0-0	3-0-0	3	75	60	-	15	3
BHSL-5282	Introduction To Extension Education and Community Development	C	3-0-0	3-0-0	3	75	60	-	15	3
BHSL - 5083	Basic Nutritional Biochemistry	C	3-0-0	3-0-0	3	75	60	-	15	3
BHSM-5284	Interior Space Designing	C	3-0-2	3-0-1	4	100	60	20	20	3+3
BHSM - 5285	Therapeutic Nutrition	C	3-0-2	3-0-1	4	100	60	20	20	3+3
BHSM-5286	Basic Concepts of Sewing and Fashion	C	3-0-2	3-0-1	4	100	60	20	20	3+3

BHSM-5077	Applied Botany And Home Gardening	C	3-0-2	3-0-1	4	100	60	20	20	3+3
SECI – 5541	*Innovation, Entrepreneurship and Creative Thinking	AC	2-0-0	2-0-0	2	50	40	-	10	1
Total					28	625				

C: Compulsory

AC: Audit Course

*Credits/ Grade Points of these courses will not be included in SGPA/CGPA of the semester/Programme.

Only grades will be provided

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)										
SCHEME AND CURRICULUM OF EXAMINATION OF THREE-YEAR DEGREE PROGRAMME										
Credit Based Continuous Evaluation Grading System										
Bachelor of Science (Home Science)										
(Session: 2025-2026)										
Semester VI										
Course Code	Course Name	Course Type	Hours Per Week L-T-P	Credits L-T-P	Total	Marks				Examination time (in Hours)
						Total	Ext.		C A	
							L	P		
BHSM-6281	Behavioral Psychology	C	3-0-2	3-0-1	4	100	60	20	20	3+3
BHSM-6282	Interior Decoration	C	3-0-2	3-0-1	4	100	60	20	20	3+3
BHSM-6283	Community Nutrition	C	3-0-2	3-0-1	4	100	60	20	20	3+3
BHSM-6284	Garment Designing		3-0-2	3-0-1	4	100	60	20	20	3+3

	and Construction	C								
BHSM-6285	Communication and Audio-visual in Extension Work	C	3-0-2	3-0-1	4	100	60	20	20	3+3
BHSM-6086	Applied Nutritional Biochemistry	C	3-0-2	3-0-1	4	100	60	20	20	3+3
BHSM-6487	Applied Zoology and Food Microbiology	C	3-0-2	3-0-1	4	100	60	20	20	3+3
Total					28	700				

C: Compulsory

AC: Audit Course

*Credits/ Grade Points of these courses will not be included in SGPA/CGPA of the semester/Programme.

Only grades will be provided

The house approved the item **H.Sc.: 2025: 10: 3**

H.Sc.: 2025: 10: 4: To discuss the Syllabus Of Home Science In **B.A Home Science (Honours)** Semester I -IV under Credit Based Continuous Evaluation System for the Session 2025-26

Proceedings: The proposed syllabus and course outcomes of under **Bachelor of Arts (Honours) Home Science)** Semester I -IV Credit Based Continuous Evaluation System for the Session 2024-25 was discussed by board members and they approved the syllabus with no changes

H.Sc.: 2025: 10: 5: To discuss the Syllabus Of Home Science In **B.A Home Science** Semester V-VI under Credit Based Continuous Evaluation System for the Session 2025-26.

Proceedings: The proposed syllabus and course outcomes of under **Bachelor of Arts (Honours) Home Science** Semester V-VI Credit Based Continuous Evaluation System for the Session 2025-26.was discussed by board members and they approved the syllabus. Following is the course schemes of Semester V-VI with credits Introduced.

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)								
SCHEME AND CURRICULUM OF AND EXAMINATION OF THREE YEAR DEGREE PROGRAMME								
Bachelor of Arts								
(Session: 2025-2026)								
Semester-V								
Course Name	Program Name	Course Code	Course Type	Marks				Examination time (in Hours)
				Total	Ext.		CA	
					L	P		
Home Science (Food and Nutrition and Child Development)	Bachelor of Arts	BARM-5284	E	100	60	20	20	3+3

E- ELECTIVE

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)								
SCHEME AND CURRICULUM OF AND EXAMINATION OF THREE YEAR								
DEGREE PROGRAMME								
Bachelor of Arts								
(Session: 2025-2026)								
Semester-VI								
Course Name	Program Name	Course Code	Course Type	Marks			Examination time (in Hours)	
				Total	Ext.			CA
					L	P		

Home Science (Foods and Nutrition & Child Development)	Bachelor of Arts	BARM-6284	E	100	60	20	20	3+3
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E-Elective

H.Sc.: 2025: 10: 6: To discuss the Syllabus of **Post Graduate Diploma in Nutrition and Dietetics (PGDND)**, Semester I and II under Credit Based Continuous Evaluation Grading System for the Session 2025-26

Proceedings: The proposed syllabus and course outcomes of, **Post Graduate Diploma in Nutrition and Dietetics (PGDND)**, Semester I and II under Credit Based Continuous Evaluation Grading System for the Session 2025-26 was discussed by board members and they approved the syllabus with no changes

H.Sc.: 2025: 10: 7: To discuss and approve the list of proposed examiners for above stated courses.

The chairperson discussed the Examiners and Evaluators for **Bachelor of Science (Honours) Home Science Sem I-IV, Bachelor of Science (Home Science) Sem V-VI , Bachelor of Arts (Honours) Home Science Semester I-IV , Bachelor of Arts Home Science Semester V-VI , PG Diploma Nutrition and Dietetics (Semester I and II)** with the members and they approved it.

The house approved the Item: H.Sc.: 2025: 10: 7

H.Sc.: 2025: 10: 8: To discuss research inputs and plans of department for session 2025-26.

The board was apprised regarding the research projects taken up by the students as well as participation of faculty members in various FDPs, International and national seminars. The role and contribution of arranging various activities such as competitions, cafeteria, exhibitions were appreciated and discussed. The members also agreed that more industrial visits, workshops can be taken up. It was also discussed to hold more awareness oriented talks on career opportunities of students in India and abroad.

The house approved the Item: H.Sc.: 2025: 10: 8

H.Sc.: 2025: 10: 9:To discuss teaching methodologies adopted in department and inputs required to upgrade the same.

The relevance and importance of interactive teaching methodologies was discussed. BOS members appreciated the teaching methodologies of department as the department is well equipped with smart class rooms and latest equipments for better understanding of concepts. The department is doing excellent work for hands on training to students through practicals, projects and continuously upgrading their library resources. The Extension lectures from luminaries is a regular feature of the department and activities like workshops, quiz and educational trips for the overall development of students and to create passion for nutrition are regularly organized. The faculty members continuously upgrade themselves by attending faculty development programmes and workshops.

H.Sc.: 2025: 10: 10: To discuss the outcome of above stated courses and programs

The house approved the Item: H.Sc.: 2025: 10: 10

H.Sc.: 2025: 10: 11:To discuss the result analysis for the session 2025-26.

The house approved the Item: H.Sc.: 2025: 10: 11

