

## Gender Equity Policy

The gender equity measures at campus aim to transform girls' lives by imparting them gender-based education and providing a safe and healthy environment. The college has a zero-tolerance policy toward all forms of gender discrimination. Being a women's institution, there is little scope for sexual harassment but to create and sustain gender just environment, a plethora of initiatives have been undertaken.

### Safety and Security measures

Safety and security is the prime concern of the institution. Stringent efforts are made by the institution to make the campus better equipped and safer for women to strengthen women's participation.

- All the public spaces on the campus such as streets, libraries, corridors, playgrounds, central lawns, laboratories, libraries, and sports areas are under CCTV coverage with a centralized surveillance system to monitor the behaviour and activities of students, staff, and visitors.
- Security guards are deployed at all campus entries and exits. An entry system for all visitors at the main gate is in place.



- Students are provided with the contact numbers of a college counselor, coordinators of various cells such as the women's studies centre, sexual harassment cell & anti-ragging cell, and health care centre so that they can be approached in case of need.
- All the areas on the campus including the hostel, and parking lot have adequate street lighting. There should be no dark stretches anywhere on the campus.
- The college has a proper boundary wall to curtail unauthorized access of outsiders to the campus
  
- All washrooms are provided with a 24-hour tap water supply, soap, and covered dustbins. Three washrooms are equipped with sanitary napkin-burning machines and one with a sanitary vending machine. There is proper sanitary staff deployed to keep the facilities clean and usable at all times.
- Healthy and nutritious food is available in the college canteen known as the Spring Care Centre and its quality is regularly monitored by the home science department.
- The faculty members are assigned different spaces on a rotational basis to maintain discipline and security on the campus.
- Women faculty members accompany female students when they participate in youth festivals, outdoor activities or trips.
- Different color identity cards have been issued to day scholars, hostelers, and bus students.
- The campus is equipped with a primary health care centre in the hostel building to ensure women's safety by providing necessary health care services at all times.
- The college has designed a Gender Sensitization Program to inculcate the value of gender equality among students so that they can identify the areas

of gender discrimination and raise their voices against gender discrimination and work towards making the society gender neutral. The program involves a series of lectures on various contemporary women's issues and a workshop on self-defense techniques. It has been made part of the value-added program for semester -III students. Women Studies Centre coordinates this program.



- FemFest and International Women's Day have been celebrated with great zeal by Women Studies Centre to create awareness of gender equality through debate, declamation, Rangoli-making, poster-making, and discussions.
- Seminars and workshops in collaboration with various organizations have been organized to promote gender equality.



- Open-house sessions have been organized to encourage students to share their views and opinions on women's issues.



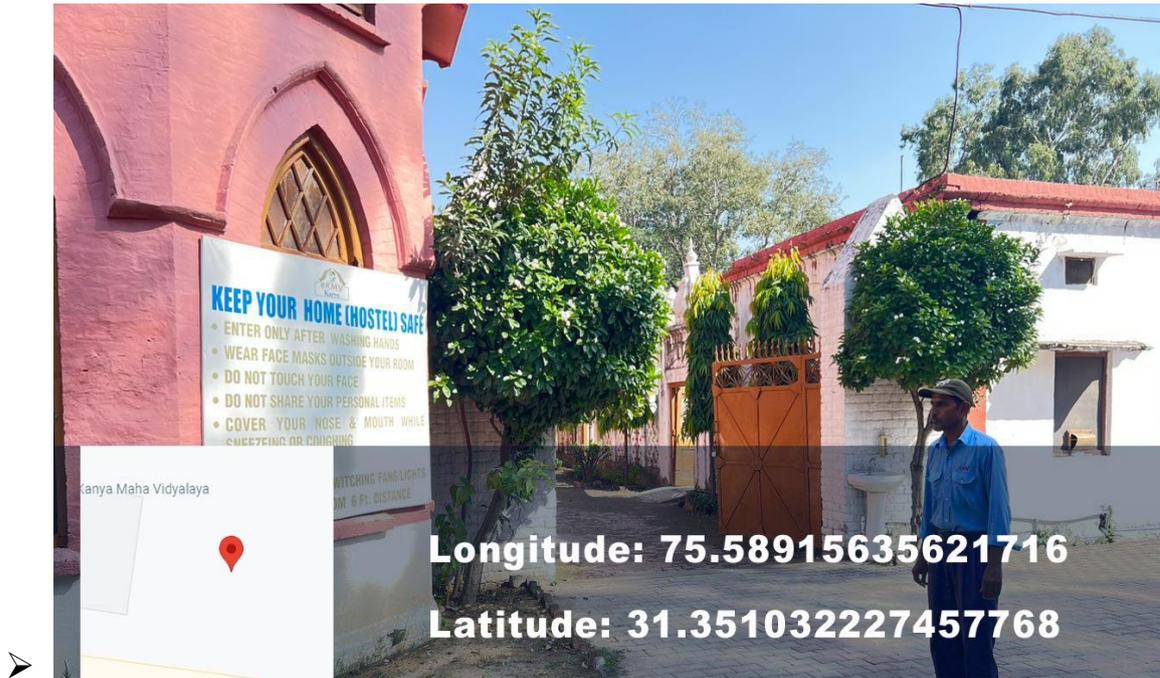
- Cell against Sexual Harassment extends reassuring support to the students not only in the college premises but beyond also. The cell is committed to taking recourse to all possible remedial methods if need be.
- Student Wellness Club organizes various health check-up camps from time to time to ensure the fitness and well-being of college students.
- Gandhian Studies Centre imparts training free of cost to women from underprivileged strata in various skill programs to make them economically independent
- The college offers numerous scholarships and concessions to girls from disadvantaged groups and girls with disabilities to continue their studies.

- The college is committed to empowering each and every student by providing them with a plethora of opportunities through multiple life-skills programs.
- Self-defense and yoga classes are organized for students regularly.



### Safety Policy for Hostlers

- Security guards are employed at all entry points of the hostel. No male member can enter the hostel.
- The college has a state-of-the-art mess serving hygienic and tasty food to its boarders. The college has been awarded with *Eat Right Campus* award by the Health Department of Govt. of Punjab
- 24-hour medical care with a resident nurse is available to the boarders.
- The hostel is equipped with contemporary amenities such as clean restrooms, self-service laundry rooms fitted with washing machines, Wi-Fi, entertainment facilities for indoor games, reading rooms, etc.
- Professional counseling services are available to address the psychological and emotional concerns of the hostlers.
- Various sports facilities along with a free gym are provided to its boarders



### **Bus Safety Policy**

The college is committed to providing a well-managed and safe transport facility to its students. The college has a fleet of nearly 20 buses catering to different routes in the areas near Jalandhar city within a radius of 50 km.



- There is a lady conductor on every route to ensure the security of students while traveling.

- Buses are equipped with first aid boxes which can be used for primary medical treatment at the time of emergency.
- Weekly meetings are held with drivers and conductors by the transport department to ensure the proper working of bus routes. Modification of the routes of buses is done according to the needs of students. New routes are made keeping in mind the safety of students
- From Time to time, buses and vans are repaired to avoid any delays in routes.
- Transport facilities are provided to students for special activities like sports, N.C.C., N.S.S., and other social activities.

### Counseling Policy

The college provides free counseling to its students to deal with problems related to anxiety, depression, stress, and other mental problems.

- There is a proper **Counseling Cell** located above Balbir Raj Sondhi Library in the college and a counselor is available all the time to the students
- Individual counseling sessions are taken there. All the information related to individual counseling sessions is properly maintained and kept confidential
- The College students can also visit the P.G. Department of Psychology for consultation during college hours.
- Counseling services are also provided to students who are residing in the college hostel. Both Individual as well as Group Counseling Sessions are taken for hostlers, so that, their interpersonal problems, adjustment issues, etc. can be alleviated.



## **Day Care Centre Policy**

Day Care Centre has been set up to provide a healthy, safe, nurturing, and secure environment to the children of teaching and non-teaching staff . It provides an environment that encourages learning through action, inquiry, and exploration.

- The college has developed a fully furnished apartment as a daycare centre having two big rooms- Activity Room and Napping Room, one kitchen, one toilet. There is also a small play area for children with fencing in front of the Centre
- The centre is fully equipped with the best quality educational play material, furniture, and accessories including a refrigerator, microwave oven, LCD, water purifier, music system, and all other necessary items.
- An experienced centre coordinator along with trained ayahs look after the centre

## Common Room

The common room is a relaxing and recreational space for students in an academic institution. It is a place where students from all disciplines can come together, interact and develop a strong bond with each other that contributes in the building of a harmonious society.

## **Gender Sensitization Program as a value-added program**

**Course Title: GENDER SENSITIZATION PROGRAMME**

**Course Duration: 30 hours**

**Course intended for:** Semester III students of undergraduate degree programs of all streams.

**Course Code: SECG 3531**

The program has been designed to inculcate the value of gender equality among students so that they can identify the areas of gender discrimination and raise their voices against gender discrimination and work towards making the society gender neutral.

### **INSTRUCTIONAL OBJECTIVES:**

1. To sensitize students about gender rights, gender roles, and relations.
2. To make students aware and capable of realizing their true potential.
3. To ensure equal participation of men and women in all economic, social, and political processes.
4. To develop a gender perspective to transform the mindset of society.

### **CURRICULUM**

**Course Code: SECG 3531**

**Course Credits: 2**

**Total**

**contact hours: 30**

<b>MODULE</b>	<b>TITLE</b>	<b>HOURS</b>
<b>1</b>	<b>Introduction and Initial Assessment</b>	<b>2 Hrs</b>
<b>2</b>	<b>Workshop in Self-Defense Techniques</b>	<b>8 Hrs</b>

<b>3</b>	<b>Open House (An Inter-active Session)</b>	<b>2 Hrs</b>
<b>4 I</b>	<b>Gender Concerns in Leadership</b>	<b>2 Hrs</b>
<b>4II</b>	<b>Cultural Roles and Gender Sensitivity</b>	<b>2 Hrs</b>
<b>4 III</b>	<b>Gender Dimensions in Economic Participation and Wage Gap</b>	<b>2 Hrs</b>
<b>4 IV</b>	<b>Gender Rights: Constitutional Rights &amp; Legal Rights</b>	<b>2 Hrs</b>
<b>4 V</b>	<b>Social problems and Issues: Gender Prospective with focus on Indian Society</b>	<b>2 Hrs</b>
<b>4VI</b>	<b>Gender Issues and Health Care System</b>	<b>2 Hrs</b>
<b>4VII</b>	<b>Champions of Gender Equality from Punjab Or Voices On Gender Equality From Punjab</b>	<b>2 Hrs</b>
<b>4VIII</b>	<b>Gender and Political Participation</b>	<b>2 Hrs</b>
<b>5</b>	<b>Final Assessment Feedback and Closure</b>	<b>2 Hrs</b>

## **EXAMINATION**

- **Total Marks: 25 Internal Assessment -5; Practical (Workshop in Self Defense Techniques)- 10 marks; Theory (Multiple Choice Quiz) – 10 marks**
- **Total marks: 25 converted to grade for final result**

