

**KANYA MAHA VIDYALAYA  
(AUTONOMOUS)**

**Session: 2022-23**

**LIFE SKILLS**

**(YOGA,**

**PHYSICAL FITNESS,**

**HEALTH & HYGIENE)**

# YOGA

**P.G. DEPARTMENT OF MATHEMATICS, DEPARTMENTS OF NCC, STUDENT WELFARE & NSS**

**ACTIVITY: INTERNATIONAL YOGA DAY**

**DATE: 21<sup>st</sup> June 2022**

## E-Banner



## Press Report

Kanya Maha Vidyalaya (Autonomous) celebrated International Yoga Day with full zeal and enthusiasm. The event was organised jointly by Departments of NCC, Student Welfare and NSS. Sh. Satyavart Arya from University of Patanjali, Haridwar conducted the yoga session. It was a refreshing and exhilarating experience for all who were a part of the session. Sh. Arya explained the importance of doing Yoga in daily life & also demonstrated various yoga exercises to the students that would aid the students in increasing their concentration power and will lead them to live a happy and stress free life. It is also worth mentioning that the faculty members of KMV also attended the session. On this occasion, an online quiz was also organised by PG Department of Mathematics in collaboration with NSS unit of KMV in which more than 500 students participated from all over India. Principal Prof. (Dr.) Atima Sharma Dwivedi congratulated everyone on this auspicious occasion and averred that regular practice of Yoga will surely help the students to achieve a better life physically, mentally and spiritually. Madam Principal lauded the efforts of Dr. Madhumeet, Dean, Department of Student Welfare, Mrs. Parminder, Head, PG Department of Physics, Ms. Seema Arora, Incharge NCC Unit, KMV, Mrs. Ashima Sahni, Incharge NSS, Dr. Sonik Bhatia, Mrs. Anand Prabha, Dr. Neeraj Sharma, Dean Resident Life & Mrs. Parmjeet, Warden Hostel for taking this initiative of making students involved in ventures such as the present one.



## Links

<https://youtu.be/yqJoL-Lwi4Q>

[https://www.facebook.com/kmvjal/posts/pfbid02SsvbKddgdmcdzKs6X2RzxBkVPPrBhRiR8PPtUxsSmYujP47YWwy4D9CsAHJo1VuLI?\\_cft\\_\\_\[0\]=AZWwJekamlgl3JuCmngkXNGPzReQDDd8qpAaxBMtxFPu\\_6N8LRFw2fw1bAzy2CHeebVUC6XHvVm8gSDgiqdDmf-Tp\\_6o5zB\\_jACKVVQjHwCy0nlG6iaB4z9iACPCTpGBs1X1hA5omMSPAAbd9si3FvxnzNuf9a7wM8UYZWkgGQg7ppRZ1B2CzA4YRrCmoO2uZ0k&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/kmvjal/posts/pfbid02SsvbKddgdmcdzKs6X2RzxBkVPPrBhRiR8PPtUxsSmYujP47YWwy4D9CsAHJo1VuLI?_cft__[0]=AZWwJekamlgl3JuCmngkXNGPzReQDDd8qpAaxBMtxFPu_6N8LRFw2fw1bAzy2CHeebVUC6XHvVm8gSDgiqdDmf-Tp_6o5zB_jACKVVQjHwCy0nlG6iaB4z9iACPCTpGBs1X1hA5omMSPAAbd9si3FvxnzNuf9a7wM8UYZWkgGQg7ppRZ1B2CzA4YRrCmoO2uZ0k&_tn_=%2CO%2CP-R)

[https://www.instagram.com/p/CfEceNrvYLI/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/p/CfEceNrvYLI/?utm_source=ig_web_copy_link)

## Media Coverage



जालंधर (पुष्प) कन्या महाविद्यालय में एन.सी.सी. व एन.एस.एस. की ओर से योग दिवस का आयोजन किया गया। इस अवसर पर एन.सी.सी. केडेट्स व एन.एस.एस. कालिदयर्स के साथ-साथ विद्यालय के विभिन्न विभागों एवं हॉस्टल की छात्राओं ने योग किया। एराजलिन विद्याविहारय, उत्तराखण्ड की ओर से पारदर्शक अर्थ में योग दिवस के रूप को गान्धोगी योग सप्ताह के माध्यम से समर्थन किया। योग दिवस पर विद्यालय के पोस्ट टैगट्ट विद्यार्थी ऑफ मीमेोरियल द्वारा ऑनलाइन किताब का भी आयोजन करवाया गया जिसमें एक पर से 500 से अधिक प्रतिभागियों ने भाग लिया। (संकेत)

**Kanya Maha Vidyalaya (Autonomous)**  
College with Potential for Excellence in UGC      New College Award for 2017 (Govt. of India)  
**Ranked No.1 College of Punjab & Top National Rankings**  
(Under: Institute, School, Management & Times of India Group)

**Online Quiz on International Yoga Day 2022 organized by PG Department of Mathematics, Kanya Maha Vidyalaya, Jalandhar in collaboration with KMV NSS Unit**

This exam is not currently accepting submissions. Please check back again later.

## Attendance Sheet

Sl. No.	Name	Class	Section	Score	Remarks	Signature	Date
1	Arjun Singh	BSc	Maths	78			
2	Kamran Khan	BSc	Maths	75			
3	Arjun Singh	BSc	Maths	72			
4	Arjun Singh	BSc	Maths	70			
5	Arjun Singh	BSc	Maths	68			

## Feedback Form

Feedback Form  
PG Department of Mathematics  
Kanya Maha Vidyalaya, Jalandhar

**Activity:** Quiz (online) on International Yoga Day

Name of the student: Sachin Kaur

Class: B.Sc (Honours) Maths

Roll No. \_\_\_\_\_

Institution/College Name: Kanya Maha Vidyalaya, Jalandhar

Sr. No	Yes	No
1	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Any other suggestions for improvement:

No Suggestion

Signature: \_\_\_\_\_

Feedback Form  
PG Department of Mathematics  
Kanya Maha Vidyalaya, Jalandhar

**Activity:** Quiz (online) on International Yoga Day

Name of the student: Amanpreet Kaur

Class: B.Sc (Honors) Maths

Roll No. \_\_\_\_\_

Institution/College Name: Kanya Maha Vidyalaya, Jalandhar

Sr. No	Yes	No
1	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Any other suggestions for improvement:

Very Valuable Event

Signature: \_\_\_\_\_

# PHYSICAL FITNESS

**DEPARTMENT OF PHYSICAL EDUCATION**

**ACTIVITY: NATIONAL SPORTS DAY**

**DATE: 29<sup>th</sup> August 2022**

## Press Report

Kanya Maha Vidyalaya (Autonomous) organized an Indoor Volleyball friendly match to commemorate National Sports Day with great zeal. The match was organised by Department of Physical Education. The students learnt a lot about true sportsmanship and the value of playing games. Approximately more than 100 students participated in this activity. Principal Prof. (Dr.) Atima Sharma Dwivedi averred that the aim of conducting these types of activities is to raise awareness about the values of sports: discipline, perseverance, sportsman spirit, teamwork, and to encourage students in large to take up sports and make it an integral part of their lives while emphasising on the importance of being fit and healthy. Madam Principal lauded the efforts of Dr. Davinder Singh and Ms. Baldeena for conducting this activity.



## Links

[Kanya Maha Vidyalaya KMV commemorates National Sports Day with full zeal and enthusiasm - Kanya Maha Vidyalaya \(kmvjalandhar.ac.in\)](https://www.facebook.com/kmvjal/posts/pfbid02ouoRpCPAglguwQftdFbrQ9BMgM5v2BqoFk7Y9ueNFsrgfknwsUsLWA33aBK1tYQI?_cft_[0]=AZVdSLq7WD5o9Pi_6GqodStXoApCCNcwgkn4I0Ad4T-MKPAc2RlefJ8mkAuHF00L2hS-fdd22WvAA1zKD36K67TcVIsjeEDVXrY79cA3chUin3rmb8OiiEjmwPxHaT8YqdqYsnHonFKifRXvGf5L04r7fJvh-H7A1UkeGXM2hbFoMSf6xy_M2J4UwjBitoXGvM&_tn_=%2CO*F)

[https://www.facebook.com/kmvjal/posts/pfbid02ouoRpCPAglguwQftdFbrQ9BMgM5v2BqoFk7Y9ueNFsrgfknwsUsLWA33aBK1tYQI?\\_cft\\_\[0\]=AZVdSLq7WD5o9Pi\\_6GqodStXoApCCNcwgkn4I0Ad4T-MKPAc2RlefJ8mkAuHF00L2hS-fdd22WvAA1zKD36K67TcVIsjeEDVXrY79cA3chUin3rmb8OiiEjmwPxHaT8YqdqYsnHonFKifRXvGf5L04r7fJvh-H7A1UkeGXM2hbFoMSf6xy\\_M2J4UwjBitoXGvM&\\_tn\\_=%2CO\\*F](https://www.facebook.com/kmvjal/posts/pfbid02ouoRpCPAglguwQftdFbrQ9BMgM5v2BqoFk7Y9ueNFsrgfknwsUsLWA33aBK1tYQI?_cft_[0]=AZVdSLq7WD5o9Pi_6GqodStXoApCCNcwgkn4I0Ad4T-MKPAc2RlefJ8mkAuHF00L2hS-fdd22WvAA1zKD36K67TcVIsjeEDVXrY79cA3chUin3rmb8OiiEjmwPxHaT8YqdqYsnHonFKifRXvGf5L04r7fJvh-H7A1UkeGXM2hbFoMSf6xy_M2J4UwjBitoXGvM&_tn_=%2CO*F)

[https://www.instagram.com/p/Ch2INENPvk8/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/p/Ch2INENPvk8/?utm_source=ig_web_copy_link)

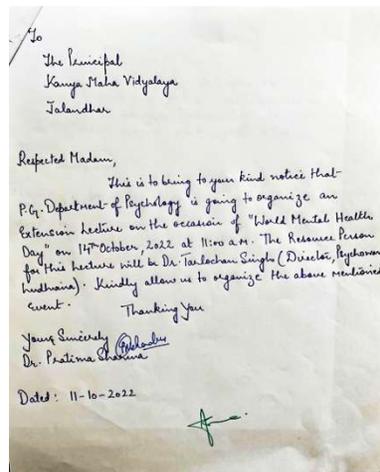
# HEALTH AND HYGIENE

## 1. P.G. DEPARTMENT OF PSYCHOLOGY

**ACTIVITY:** WORLD MENTAL HEALTH DAY: EXTENSION LECTURE ON USING THERAPEUTIC TECHNIQUES IN COUNSELING

**DATE:** 14<sup>th</sup> October 2022

### Permission Letter



### E-Banner

### Press Report

Kanya Maha Vidyalaya- the Autonomous and Heritage Institution, P.G Department of Psychology celebrated “World Mental Health Day” on 14<sup>th</sup> October, 2022 in the college premises. The daylong event kick started with the innovative ‘Counseling Booths’ set up in different areas of the college campus. The UG and PG students of Psychology installed these booths where Psychological Counseling was given to students for the enrichment of their mental health. Along with this, Psychological Testing was also

administered and various mind games were organized for the students as well as the faculty members of the college. In continuation of this celebration, an Extension Lecture was also organized on the topic “Using Therapeutic Techniques in Counseling”. The Eminent Resource Person Dr. Tarlochan Singh, Founder Director, Psychowaves, Ludhiana graced the occasion and introduced some prominent principles and techniques employed in the field of Counseling. Dr. Singh very clearly explained about the different variations of stress in our lives. He said that not all stress is bad but long term stress is typically harmful which may lead to overthinking and failure in coping with the various problems of life. He also emphasized that one must keep an active focus on problem solving and also practice mindfulness to get rid of unwanted stress. Dr. Tarlochan also gave a thoughtful description on the concepts of ‘Suicidal Ideation’ where identifying some early symptoms on suicidal thinking such as sleep problems, withdrawal, hopelessness, mood variations etc. could save lives of people dealing with mental health issues. While having an active discussion with the UG and PG students of Psychology, Dr. Singh through his pertinent talk stressed the need of professional help in mental health, problems. He explained that one should be empathetic, and must have active listening skills along with maintaining confidentiality in order to detect the early signs and symptoms in mental health patients. Dr. Tarlochan Singh highlighted the fact that giving Psycho-Education is the main goal of every therapy employed in the field of Psychological Counseling. He also thoroughly described the significant concept of ‘Cognitive Distortions’ which deeply affect our thoughts, actions and emotions related to various activating events and their consequences. Dr. Singh during his interaction, made aware the students about the irrational beliefs which destroy the productive thinking and induces undue negativity leading to distorted thinking. The lecture was concluded with implementing positive affirmations in place of broken thinking to have a sound mental health. Principal Prof. (Dr.) Atima Sharma Dwivedi applauded the creative efforts of the P.G. Department of Psychology for successfully organizing such an important series of events on the World Mental Health Day. She emphasized that such student centric activities provide a great practical exposure to the students for dealing with the rising cases of mental health issues in society and also helps in spreading awareness across the globe about maintaining good mental health.



## Attendance Sheet

**P.G. DEPARTMENT OF PSYCHOLOGY**  
**A LECTURE ON "USING THERAPEUTIC TECHNIQUES IN COUNSELING"**  
**BY DR. TARLOCHAN SINGH**  
**14.10.2022**  
**ATTENDANCE CHART**

S NO.	NAME	CLASS	ROLL NO.
1	Arwinder kaur	M.A sem 3	223378
2	Himanshi lahora	M.A sem 3	223377
3	Vanshet kaur	M.A sem 3	223382
4	Denish singh	M.A sem 3	223379
5	Simran kaur	M.A sem 3	223380
6	Arshdeep	M.A sem 3	223385
7	Rimpy mehra	M.A sem 3	223381
8	Rajwanti kaur	M.A sem 1	223351
9	Sakshi gujaria	M.A sem 1	223353
10	Aarushi mahajan	M.A sem 1	223356
11	Mansi	M.A sem 1	223358
12	Shvangi Sharma	M.A sem 1	223361
13	Jasleen kaur	M.A sem 1	223362
14	Jagatpreet kaur	M.A sem 1	223363
15	Ishita syd	M.A sem 1	223360
16	Nikharika tandon	B.A sem 5	222646
17	Jaspreet	B.A sem 5	222647
18	Jasmine	B.A sem 5	222679
19	Dhivot kaur	B.A sem 5	222681
20	Riya	B.A sem 5	222668
21	Aermit	B.A sem 5	222666
22	Tahira tavsam	B.A sem 5	222612
23	Isha	B.A sem 5	222626
24	Ritika	B.A sem 5	222614
25	Simrandeep kaur	B.A sem 3	222435
26	Smriti bhardwaj	B.A sem 3	222463
			222468

## 2. P.G. DEPARTMENT OF PSYCHOLOGY

**ACTIVITY:** DRUG PREVENTION AND ROLE OF A PSYCHOLOGIST

**DATE:** 18<sup>th</sup> January 2023

### Permission Letter

The Principal  
Kanya Maha Vidyalaya  
Jalandhar  
16<sup>th</sup> January, 2023

Respected Madam,

This is to bring to your kind notice that P.G. Dept of Psychology is going to organize an International Webinar on "Drug Prevention & Role of a Psychologist" by Prof. Katalin Felvinczi on 18<sup>th</sup> January, 2023 at 2.00 PM. Kindly allow us for the same.

Thanking you.

Yours Sincerely,  
Dr. Pratima Sharma..

*Madhulika*

### E-Banner

The Heritage Institution 137 Glorious Years

**KANYA MAHA VIDYALAYA**  
(Autonomous) Jalandhar

College with Potential for Excellence by UGC | CURIE & FIST grants by DST, Govt. of India | Star College Status by DST, Govt. of India  
Ranked No. 1 College of Punjab & Top National Rankings (India Today, Outlook Magazine & Times of India Group)

**P.G. DEPARTMENT OF PSYCHOLOGY**  
Organises  
**INTERNATIONAL WEBINAR**  
on  
**DRUG PREVENTION AND ROLE OF A PSYCHOLOGIST**  
by

**Dr. Katalin Felvinczi**  
(Professor and Dean, Faculty of Education and Psychology,  
Eotvos Lorand University, Budapest, Hungary)

on  
**Date : 18th January, 2023 | Time : 02:00 pm - 04:00 pm**

**Zoom ID : 81615962491**  
**Pass Code : 123456**

**Contact Us :**  
Dr. Pratima Sharma : 82890-50235 | Prof. Dr. Atima Sharma Dwivedi  
Dr. Sharanjit Kaur : 90419-67807 | Principal

### Press Report

P.G. Department of Psychology, Kanya Maha Vidyalaya, The Heritage and Autonomous Institution organised an international webinar on Drug Prevention and Role of a Psychologist. Dr. Katalin Felvinczi, Professor and Dean Commissioner, Faculty of Education and Psychology, Eotvos Lorand University; Budapest, Hungary was the eminent resource person for the webinar. Dr. Felvinczi discussed and she elaborated on getting into the traps of drugs. Her explanation included many methods for preventing drug use. And finally, she responded to the questions that were posed by the students.



### 3. DEPARTMENT OF BIOTECHNOLOGY

## ACTIVITY: WORKSHOP ON GENETIC COUNSELING- ITS CLINICAL & DIAGNOSTIC ASPECTS

DATE: 24<sup>th</sup> February 2023

### Permission Letter

The Principal,  
Kanya Maha Vidyalaya,  
Jalandhar.

Subject: Request to organize workshop on Genetic Counseling-its clinical and diagnostic aspects on 24-02-2023.

Respected madam,

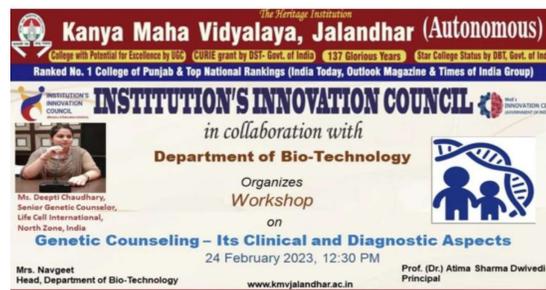
This is to bring to your kind notice that Department of Bio-Technology is willing to organize a workshop entitled 'Genetic Counseling - its clinical and diagnostic aspects' on 24-02-2023 at 12:00. The Resource person for the event will be Ms. Deepthi Chaudhary, Senior Genetic Counselor, LifeCell International (North Zone). Kindly allow us to organize the above mentioned workshop. Please sanction the travelling allowance and Honorarium for the resource person, and amount for the printer. Kindly instruct the mess incharge to prepare lunch for two persons on the same day.

Thanking you.

Yours sincerely,

  
(Mrs. NAVGEET)  
Assistant Professor,  
Department of Bio-Technology,  
Kanya Maha Vidyalaya, Jalandhar.

### E-Banner



The Heritage Institution  
**Kanya Maha Vidyalaya, Jalandhar (Autonomous)**  
College with Potential for Excellence by UGC | CARE grant by DST- Govt. of India | 137 Glorious Years | Star College Status by DIT, Govt. of India  
Ranked No. 1 College of Punjab & Top National Rankings (India Today, Outlook Magazine & Times of India Group)

**INSTITUTION'S INNOVATION COUNCIL**  
in collaboration with  
**Department of Bio-Technology**  
Organizes  
**Workshop**  
on  
**Genetic Counseling - Its Clinical and Diagnostic Aspects**  
24 February 2023, 12:30 PM

Ms. Deepthi Chaudhary,  
Senior Genetic Counselor,  
Life Cell International,  
North Zone, India

Mrs. Navgeet  
Head, Department of Bio-Technology

Prof. (Dr) Atima Sharma Dwivedi  
Principal

www.kmvjalandhar.ac.in

### Press Report

#### WORKSHOP ON GENETIC COUNSELING - IT'S CLINICAL AND DIAGNOSTIC ASPECTS

1. Date of program: 24-02-2023
2. Title/Theme of the Program: To celebrate International Science Day, 2023, a workshop on genetic counseling, its clinical and diagnostic aspects was organized.
3. Program for the benefit: Through this activity, students enhanced their knowledge about different aspects that are related to genetic counseling, its importance in current era, and global scenario of genetic counselors.
4. Objective: This student growth and development oriented activity was intended to improve their cognitive intellectual skills and knowledge genetic counseling, need of genetic counseling and present and future career opportunities in this field, and different multidisciplinary areas of science that are not only emerging with genetic counseling but are deeply involved in it.
5. Total no. of participants: 60
6. Venue of the program: Department of Bio-Technology, Kanya Maha Vidyalaya, Jalandhar.

#### Summary:

A workshop on genetic counseling, and its clinical and diagnostic aspects, delivered by Ms. Deepthi Chaudhary, Genetic Counselor, Life Cell International Ltd, North Zone, India was organized by Department of Biotechnology for students to enhance their knowledge about different aspects related to genetic counseling, its importance in current era, and global scenario of genetic counselors. This student growth and development oriented activity was intended to improve their cognitive intellectual skills and knowledge on genetic counseling, need of genetic counseling and present and future career opportunities in this field, and different multidisciplinary areas of science that are not only emerging with genetic counseling, but are deeply involved in it.

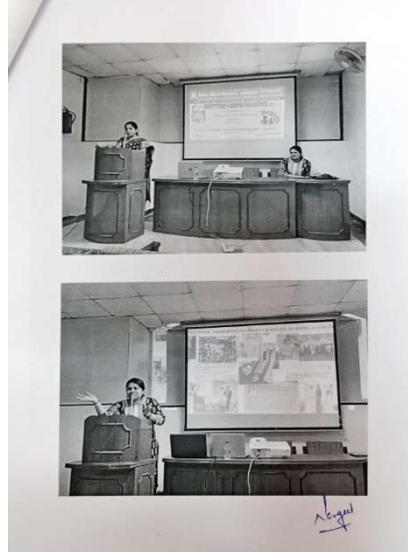
Before the start of the event, the resource person Ms. Deepthi Chaudhary was felicitated by the honorable Prof. Dr. Atima Sharma Dwivedi, Principal, Kanya Maha Vidyalaya, Jalandhar, along with Mrs. Sathna Fandoom, Dean, Life Sciences and Mrs. Navgeet, Assistant Professor and departments of life sciences, along with distinct faculty members: Dr. Sandeep Kumar Sagar, Ms. Lalika, Ms. Priyee, and Mr. Suraj Agnih, actively participated in this workshop.

In this workshop, MS. Deepthi Chaudhary started with elaboration of human cell, nucleus, chromosome and DNA, then a deep illustration on genetic disorders, autosomal recessive, autosomal dominant disorders, epigenetic and gene pool studies in different Indian communities. The workshop was highly interactive, from the start till the end, and students were continuously asking the queries to the resource person as she was displaying and explaining case studies, her experience in this field, and different medico-legal ethics involved in genetic counseling. Also, role of a genetic counselor, dealing with patients, and importance, and need of remaining progressive in this profession was explained by her in an elaborative manner. Students were showing deep enthusiasm and were logically thinking before asking any query question and interacting with the guest speaker throughout the workshop.

The workshop lasted for more than two hours, and at the end of the event, three students from Department of Bio-Technology performed a 20-minute-long role-play. Info-entertainment activity that was meant to summarize the content of complete genetic counseling workshop in an easily understandable manner.

Prof. Dr. Atima Sharma Dwivedi, Principal, Kanya Maha Vidyalaya, Jalandhar appreciated all the students for their enthusiastic participation; she also appreciated the innovative and holistic student's cognitive learning and skill development programs organized by the Department of Bio-Technology, from time to time. She reckons that this workshop was not only an intellectual skill development activity, but was also a student's overall growth centric developmental activity.





**Link**

[https://www.facebook.com/kmvjal/posts/pfbid02QQrnQuHpdbQ4axcYyCqsxmLQ4TBPFF5JMuQcf9TDKrmGalN9ut6KN8dNMJrKFJrl?\\_cft\\_\[0\]=AZVOiMsFvwO2yoPW-E85cCwdS8rrRm1y93dgMZUN22cbK58faqQux0g54Z7zDTR0L2arOkC\\_Zh-fupjig0zruOWvRhAL4zGyVvgAU-myjPlz\\_F4gIZpn9ELep018OtcnOh7uG76vZAprcAgMEN5yIV3O\\_WxxqUR4\\_zXIxsjUkwZjuPj7QNbuVJzI6u0RYuLb6A&\\_tn=%2CO%2CP-R](https://www.facebook.com/kmvjal/posts/pfbid02QQrnQuHpdbQ4axcYyCqsxmLQ4TBPFF5JMuQcf9TDKrmGalN9ut6KN8dNMJrKFJrl?_cft_[0]=AZVOiMsFvwO2yoPW-E85cCwdS8rrRm1y93dgMZUN22cbK58faqQux0g54Z7zDTR0L2arOkC_Zh-fupjig0zruOWvRhAL4zGyVvgAU-myjPlz_F4gIZpn9ELep018OtcnOh7uG76vZAprcAgMEN5yIV3O_WxxqUR4_zXIxsjUkwZjuPj7QNbuVJzI6u0RYuLb6A&_tn=%2CO%2CP-R)

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**Media Coverage**



# Attendance Sheet

Date: 24-2-2023

ATTENDANCE SHEET for Genetic Counselling  
By Ms. Deepi Chaudhary

S.No.	Class	Signature	Signature	Signature	Signature
224334	B.Sc. Biotech Sem I	Sambhavi			
224335	B.Sc. Biotech Sem I	Aditi			
224336	B.Sc. Biotech Sem I	Preethi			
224337	B.Sc. Biotech Sem I	Prachi			
224338	B.Sc. Biotech Sem I	Harshita			
224339	B.Sc. Biotech Sem I	Shraddha			
224340	B.Sc. Biotech Sem I	Shraddha			
224341	B.Sc. Biotech Sem I	Shraddha			
224342	B.Sc. Biotech Sem I	Shraddha			
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224369	B.Sc. Biotech Sem I	Shraddha			
224370	B.Sc. Biotech Sem I	Shraddha			
224371	B.Sc. Biotech Sem I	Shraddha			
224372	B.Sc. Biotech Sem I	Shraddha			
224373	B.Sc. Biotech Sem I	Shraddha			
224374	B.Sc. Biotech Sem I	Shraddha			
224375	B.Sc. Biotech Sem I	Shraddha			
224376	B.Sc. Biotech Sem I	Shraddha			
224377	B.Sc. Biotech Sem I	Shraddha			
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224379	B.Sc. Biotech Sem I	Shraddha			
224380	B.Sc. Biotech Sem I	Shraddha			
224381	B.Sc. Biotech Sem I	Shraddha			
224382	B.Sc. Biotech Sem I	Shraddha			
224383	B.Sc. Biotech Sem I	Shraddha			
224384	B.Sc. Biotech Sem I	Shraddha			
224385	B.Sc. Biotech Sem I	Shraddha			
224386	B.Sc. Biotech Sem I	Shraddha			
224387	B.Sc. Biotech Sem I	Shraddha			
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224389	B.Sc. Biotech Sem I	Shraddha			
224390	B.Sc. Biotech Sem I	Shraddha			
224391	B.Sc. Biotech Sem I	Shraddha			
224392	B.Sc. Biotech Sem I	Shraddha			
224393	B.Sc. Biotech Sem I	Shraddha			
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224395	B.Sc. Biotech Sem I	Shraddha			
224396	B.Sc. Biotech Sem I	Shraddha			
224397	B.Sc. Biotech Sem I	Shraddha			
224398	B.Sc. Biotech Sem I	Shraddha			
224399	B.Sc. Biotech Sem I	Shraddha			
224400	B.Sc. Biotech Sem I	Shraddha			

Date:

ATTENDANCE SHEET for.....

S.No.	Class	Signature	Signature	Signature	Signature
224337	B.Sc. Biotech Sem I	Shraddha			
224338	B.Sc. Biotech Sem I	Shraddha			
224339	B.Sc. Biotech Sem I	Shraddha			
224340	B.Sc. Biotech Sem I	Shraddha			
224341	B.Sc. Biotech Sem I	Shraddha			
224342	B.Sc. Biotech Sem I	Shraddha			
224343	B.Sc. Biotech Sem I	Shraddha			
224344	B.Sc. Biotech Sem I	Shraddha			
224345	B.Sc. Biotech Sem I	Shraddha			
224346	B.Sc. Biotech Sem I	Shraddha			
224347	B.Sc. Biotech Sem I	Shraddha			
224348	B.Sc. Biotech Sem I	Shraddha			
224349	B.Sc. Biotech Sem I	Shraddha			
224350	B.Sc. Biotech Sem I	Shraddha			
224351	B.Sc. Biotech Sem I	Shraddha			
224352	B.Sc. Biotech Sem I	Shraddha			
224353	B.Sc. Biotech Sem I	Shraddha			
224354	B.Sc. Biotech Sem I	Shraddha			
224355	B.Sc. Biotech Sem I	Shraddha			
224356	B.Sc. Biotech Sem I	Shraddha			
224357	B.Sc. Biotech Sem I	Shraddha			
224358	B.Sc. Biotech Sem I	Shraddha			
224359	B.Sc. Biotech Sem I	Shraddha			
224360	B.Sc. Biotech Sem I	Shraddha			
224361	B.Sc. Biotech Sem I	Shraddha			
224362	B.Sc. Biotech Sem I	Shraddha			
224363	B.Sc. Biotech Sem I	Shraddha			
224364	B.Sc. Biotech Sem I	Shraddha			
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224366	B.Sc. Biotech Sem I	Shraddha			
224367	B.Sc. Biotech Sem I	Shraddha			
224368	B.Sc. Biotech Sem I	Shraddha			
224369	B.Sc. Biotech Sem I	Shraddha			
224370	B.Sc. Biotech Sem I	Shraddha			
224371	B.Sc. Biotech Sem I	Shraddha			
224372	B.Sc. Biotech Sem I	Shraddha			
224373	B.Sc. Biotech Sem I	Shraddha			
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224382	B.Sc. Biotech Sem I	Shraddha			
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224385	B.Sc. Biotech Sem I	Shraddha			
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224387	B.Sc. Biotech Sem I	Shraddha			
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224395	B.Sc. Biotech Sem I	Shraddha			
224396	B.Sc. Biotech Sem I	Shraddha			
224397	B.Sc. Biotech Sem I	Shraddha			
224398	B.Sc. Biotech Sem I	Shraddha			
224399	B.Sc. Biotech Sem I	Shraddha			
224400	B.Sc. Biotech Sem I	Shraddha			

# Feedback Form

**Student Feedback form**

Name of the student: Anshika Dubey  
 Roll number: 2244657  
 Email Address: AnshikaDubey100@gmail.com  
 Mobile no: 8922034653  
 Semester: 06  
 Session /Year: 2022-23  
 Resource person name: Ms. Deepi Chaudhary  
 Topic of the lecture: Genetic Counselling And Genetic Information  
 Date: 24/2/23

Please indicate your satisfaction level for the following criteria related to teaching- learning research processes. Give your satisfaction level on a scale of 1 (Least satisfied) to 5 (Highly satisfied). If any point is not related to you please leave it blank.

- Teaching methodology adopted by the resource person- 5
- Suitability of the topic- 5
- Time management- 5
- Adherence to the lecture plan- 5
- Upgraded knowledge provided by the resource person- 5
- Practical / tutorial / case study /industry etc. based support- 5
- Discipline in the lecture- 5
- Motivation / assistance / guidance provided by the resource person - 5
- Overall experience in (Extension lecture / seminars / conference / colloquium / exhibition / workshop etc)- 5
- Write in your own words- 5

The session was knowledgeable and wonderfully arranged. I really like the session. It was my first life science related workshop and it was amazing and mindboggling.

**Student Feedback form**

Name of the student: Vaani Anura  
 Roll number: 224351  
 Email Address: vaanianaanurax@gmail.com  
 Mobile no: 7743061730  
 Semester: VI  
 Session /Year: 2023  
 Resource person name: Ms. Deepi Chaudhary  
 Topic of the lecture: Genetic Counselling  
 Date: 24-2-23

Please indicate your satisfaction level for the following criteria related to teaching- learning research processes. Give your satisfaction level on a scale of 1 (Least satisfied) to 5 (Highly satisfied). If any point is not related to you please leave it blank.

- Teaching methodology adopted by the resource person- 5
- Suitability of the topic- 5
- Time management- 5
- Adherence to the lecture plan- 5
- Upgraded knowledge provided by the resource person- 5
- Practical / tutorial / case study /industry etc. based support- 5
- Discipline in the lecture- 5
- Motivation / assistance / guidance provided by the resource person - 5
- Overall experience in (Extension lecture / seminars / conference / colloquium / exhibition / workshop etc)- 5
- Write in your own words- 5

Overall experience was very good. Got to know about many new diseases and their diagnosis. Very interactive session.

**Feedback Form**

Name: Suman Shuman  
 Class: B.Sc. Med Sem 6  
 Roll. No. 2244672

Title of Activity	<u>Genetic Counselling</u>
Topic was subject oriented	<u>Yes</u>
Quality of Content	<u>Excellent, knowledgeable.</u>
Level of confidence of the presenter	<u>Excellent.</u>
Suggestions if any	<u>Want more sessions like this</u>

Date: 24/2/23 Signature: Suman

**Feedback Form**

Name: Rajvir Kaur  
 Class: B.Sc. Medical Sem 6  
 Roll. No. 224660, 224667, 224661

Title of Activity	<u>Genetic Counselling</u>
Topic was subject oriented	<u>Yes.</u>
Quality of Content	<u>Excellent.</u>
Level of confidence of the presenter	<u>Excellent.</u>
Suggestions if any	<u>NO.</u>

Date: Feb 24, 2023 Signature: Rajvir Kaur

#### 4. DEPARTMENT OF BIOTECHNOLOGY

**ACTIVITY:** QUIZ ON GLOBAL SCIENCES FOR GLOBAL WELL-BEING

**DATE:** 22<sup>nd</sup> February 2023

#### Permission Letter

The Principal,  
Kanya Maha Vidyalaya,  
Jalandhar.

Subject: Request to organize a Quiz on 'Global science for Global Well being'.

Respected madam,

This is to bring to your kind notice that Department of BioTechnology is willing to organize a Quiz Competition on 22-02-2023. The theme for the competition will be 'Global science for global well being'. The competition will start at 11:00p.m. and venue will be Biochemistry lab (L-18). Kindly allow us to conduct the above mentioned activity.

Thanking you.

Yours sincerely,

*Navgeet*  
(Ms. NAVGEET)

Department of Bio-Technology,  
Kanya Maha Vidyalaya, Jalandhar.

#### E-Banner

The banner features a dark red header with the Kanya Maha Vidyalaya logo on the left and the text 'The Heritage Institution' in small white font. Below this, 'Kanya Maha Vidyalaya, Jalandhar (Autonomous)' is written in large white letters. A blue bar contains accreditation details: 'College with Potential for Excellence by UGC', 'CURIE grant by DST- Govt. of India', '137 Glorious Years', and 'Star College Status by DBT, Govt. of India'. A dark blue bar below that states 'Ranked No. 1 College of Punjab & Top National Rankings (India Today, Outlook Magazine & Times of India Group)'. The main body of the banner is white with the text 'INSTITUTION'S INNOVATION COUNCIL' in large blue letters, followed by 'in collaboration with' in a smaller font. Below this, 'Department of Bio-Technology' is written in bold black letters, and 'Organizes Quiz on' is in a smaller black font. At the bottom, 'Global Science for Global Well-being' is written in large, bold black letters. On the right side, there is a small logo for 'Institution's Innovation Cell, Government of Punjab'.

# Press Report

## Quiz on Global Sciences for Global Well-Being

- 1. Date of program:** 22-02-2023
- 2. Title/Theme of the Program:** Quiz on global sciences for global well-being, as an innovative way to celebrate International Science Day, 2023.
- 3. Program for the benefit:** Students learnt about different hot topics of scientific realm, important scientific phenomenon, and global issues demanding scientific attention through this activity.
- 4. Objective:** This student growth and development oriented activity was intended to improve their cognitive intellectual skills, their knowledge about different scientific discoveries and innovation, and different multidisciplinary areas of science that are emerging with futuristic innovations and career opportunities.
- 5. Total no. of participants:** 50
- 6. Venue of the program:** Department of Bio-Technology, Kanya Maha Vidyalaya, Jalandhar.

### Summary:

A quiz on the theme 'Global Sciences for Global Well-being' was organized by the Department of Bio-Technology, Kanya Maha Vidyalaya, Jalandhar, on 22<sup>nd</sup> February, 2023, for innovatively celebrating International Science Day, 2023. This activity was organized for students to learn about different hot topics of scientific realm, important scientific phenomena, and global issues demanding scientific attention. This activity was intended to improve their cognitive intellectual skills, their knowledge about different scientific discoveries and innovation, and different multidisciplinary areas of science that are emerging with futuristic innovations and career opportunities.

At the start of the event, students were divided into ten teams; each comprising of three students. Mrs. Navgeet, Assistant Professor and Head, Department of Bio-Technology, appreciated all the students for their enthusiastic participation in the event, and motivated them for the quiz. Dr. Sandeep Kaur Saggu narrated the rules regarding the whole events. Ms. Princy and Ms. Latika were monitoring the respective scores and time limits for each team, respectively, and Mr. Suraj Agnish was coordinating all the requirements during the event.

During the initial phase of quiz, students were quite nervous and they were initially hesitating to give answers, but after sometime they all got excited and started playing the quiz with a sense of constructive competitiveness and were giving energetic responses to all questions. Students were showing deep enthusiasm and were logically thinking and collaborating with fellow team members, before giving any relevant answer.

The whole event lasted for more than two hours, at the end of the event three teams emerged victorious and grabbed various positions. Securing the top position and becoming the winners of the quiz session was the team comprising students named Aditi, Ishrat, Mansi, while Sukhman, Aarushi, Pragya secured the second position, and at last, Samriti, Chirag and Payal achieved third position.

Prof. Dr. Atma Sharma Devioli, Principal, Kanya Maha Vidyalaya, Jalandhar congratulated the winners and again appreciated all the students for their enthusiastic participation. She reckoned that this whole quiz event was not only an info-entertainment event but was also a student overall intellectual growth centric activity. She also appreciated the faculty members for organizing such competitions.



Face book/ You tube/ Instagram link of these activities:

<https://www.instagram.com/p/CjAa1XKmfz7Iusbd-YmMvMTA2MY%3D>

<https://www.instagram.com/p/CjAa1XKmfz7Iusbd-MDlnNvYMY%3D>

<https://m.facebook.com/380724879091024E4F8LErW6wubzMU0b47SH1b1Hm5Sm7A1N3bEdkz/Wcay8DwKN7B3k4t-100064040865352&inner=www.sakmbe.xid-RUz711>

## Links

[https://www.facebook.com/permalink.php?story\\_fbid=pfbid0VgyZtCiGHMannuA3hCbcfDwTFFUuxWELqBsjNyNvBTHipE1ULf71HiJEhzQTTjHh1&id=100064040865352&\\_cft\\_\[0\]=AZXQjEzj32WmC9uYBlqSkRyh6BrmrUrtcEcX6LCeVBe7OZA6lqNBMPwXUGqB9HrZS2PRGER5pMi1TwHk6PAyZdg3Lon7bqSCd2BsGKgF0sa66WAR-abD-fsVrIjcuBfGuvDVJFwcmfoEvzzgfgG-b0YGu7UrtYjszt48AMN0TLeJo3w3zt-KSdUwYZG4Kn\\_3Ic&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/permalink.php?story_fbid=pfbid0VgyZtCiGHMannuA3hCbcfDwTFFUuxWELqBsjNyNvBTHipE1ULf71HiJEhzQTTjHh1&id=100064040865352&_cft_[0]=AZXQjEzj32WmC9uYBlqSkRyh6BrmrUrtcEcX6LCeVBe7OZA6lqNBMPwXUGqB9HrZS2PRGER5pMi1TwHk6PAyZdg3Lon7bqSCd2BsGKgF0sa66WAR-abD-fsVrIjcuBfGuvDVJFwcmfoEvzzgfgG-b0YGu7UrtYjszt48AMN0TLeJo3w3zt-KSdUwYZG4Kn_3Ic&_tn_=%2CO%2CP-R)

[https://www.instagram.com/p/CpAiseiJCnF/?utm\\_source=ig\\_web\\_copy\\_link&igshid=MzRIODBiNWFIZA==](https://www.instagram.com/p/CpAiseiJCnF/?utm_source=ig_web_copy_link&igshid=MzRIODBiNWFIZA==)

[https://www.facebook.com/permalink.php?story\\_fbid=pfbid02dutsgo6oCX9q67GPwpxZxSAQg2qMhxTv3gWRhu6x48aaBXs1aPR2zSURCeWcoCWcl&id=100064040865352&\\_cft\\_\\_\[0\]=AZU\\_NhzQc0YCaMjAUxICg9DchOJMdvdJ3FrisQB4GEzcYk5EhN74q7RNVCEHpNiYvhlRy2ah8ZrBhXRYyKi999X9AJjhajSn604BunPEpHQc-\\_fnjN\\_Z2BS3e1GnZMDX0WaABiJw5d638d4azCTDGCb1e\\_KUJjnF2g2OI73B9tqomHpUVjjMn4ucRfaJyqFbzAM&\\_tn=\\_%2CO%2CP-R](https://www.facebook.com/permalink.php?story_fbid=pfbid02dutsgo6oCX9q67GPwpxZxSAQg2qMhxTv3gWRhu6x48aaBXs1aPR2zSURCeWcoCWcl&id=100064040865352&_cft__[0]=AZU_NhzQc0YCaMjAUxICg9DchOJMdvdJ3FrisQB4GEzcYk5EhN74q7RNVCEHpNiYvhlRy2ah8ZrBhXRYyKi999X9AJjhajSn604BunPEpHQc-_fnjN_Z2BS3e1GnZMDX0WaABiJw5d638d4azCTDGCb1e_KUJjnF2g2OI73B9tqomHpUVjjMn4ucRfaJyqFbzAM&_tn=_%2CO%2CP-R)

### Attendance Sheet

Date: 22 February 2023

ATTENDANCE SHEET for Quiz on Global Science & Global Well-being

S.No.	Class	Signature	Signature	Signature	Signature
224136	B.Sc. BT Sem II				
224137	B.Sc. BT Sem II				
224138	B.Sc. BT Sem II				
224139	B.Sc. BT Sem II				
224140	B.Sc. BT Sem II				
224141	B.Sc. BT Sem II				
224142	B.Sc. BT Sem II				
224143	B.Sc. BT Sem II				
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224195	B.Sc. BT Sem II				
224196	B.Sc. BT Sem II				
224197	B.Sc. BT Sem II				
224198	B.Sc. BT Sem II				
224199	B.Sc. BT Sem II				
224200	B.Sc. BT Sem II				

Quiz-2023 Global Science & Global Well-being

FAM	NAME	CLASS	ROLL No.	SIGNATURE
A	Grauni	Sem-IV	224328	Grauni
A	Haidika Sharma	Sem-IV	224378	Haidika
A	Anastha	Sem-IV	224383	Anastha
B	Jayraj	Sem-IV	224319	Jayraj
B	Shivani	Sem-IV	224329	Shivani
C	Muskan Sangolra	Sem-IV	224351	Muskan
C	Sukhmaraj Kaur	Sem-IV	224392	Sukhmaraj
C	Arushi	Sem-IV	224286	Arushi
C	Rugya	Sem-IV	224284	Rugya
C	Ananya	Sem-IV	224289	Ananya
D	Nishika	Sem-IV	224330	Nishika
D	Rishika	Sem-IV	224355	Rishika
D	Sansiti	Sem-IV	224336	Sansiti
E	Chingay	Sem-IV	224282	Chingay
E	Payal	Sem-IV	224285	Payal
E	Aditi	Sem-IV	224335	Aditi
F	Aditi	Sem-IV	224284	Aditi
F	Mansi	Sem-IV	224283	Mansi
F	Hital	Sem-IV	224283	Hital
G	Taniya	Sem-IV	224289	Taniya
G	Hital	Sem-IV	224284	Hital
G	Poojita	Sem-IV	224280	Poojita

### Feedback Form

**Feedback Form**  
 Name: Ishat Jahan  
 Class: B.Sc. Biotechnology Sem II  
 Roll. No. 224283

Title of Activity	Quiz on Global Science for Global Well-being.
Topic was subject oriented	Yes, it was sort of subject oriented.
Quality of Content	It was very good and interesting and subject oriented.
Level of confidence of the presenter	It was presented very nicely and with clarity.
Suggestions if any	None.

Date: 22 Feb 2023 Signature: Ishat Jahan

**Feedback Form**  
 Name: ARUSHI  
 Class: B.Sc. BIOTECHNOLOGY  
 Roll. No. 224286

Title of Activity	Quiz on Global Science for Global Well-being.
Topic was subject oriented	Yes, it was subject oriented.
Quality of Content	It was subject oriented and informative.
Level of confidence of the presenter	It was generous.
Suggestions if any	Quiz should be conducted more frequently.

Date: 22 Feb 2023 Signature: Arushi

*(Handwritten mark)*

*(Handwritten mark)*

## 5. DEPARTMENT OF HOME SCIENCE

### ACTIVITY: WEBINAR ON DIET-CAL

DATE: 24<sup>th</sup> April 2023

### Permission Letter

The Principal  
Kanya Maha Vidyalaya (KMV)  
Jalandhar (Punjab)

Subject: Request to grant permission to organise a workshop on Diet Cal .

Respected Mam,

Kindly allow us to organise a Workshop on Diet Cal. for the students of department of Home Science .

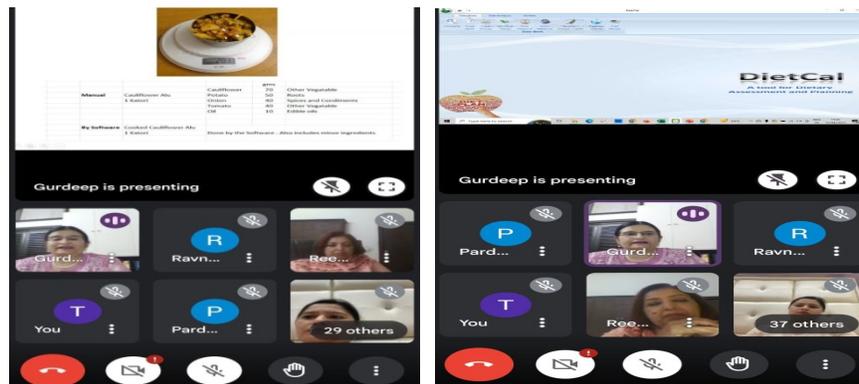
Thanking You

Yours sincerely,  
Mrs. Neeti Kapoor  
HOD, Home Science

*Allowed  
Madame*

### Press Report

The Home-Science department of Kanya Maha Vidyalaya, the heritage institution, under the guidance of Principal, Dr. Atima Sharma Dwivedi conducted a national webinar on April 24, 2023 for the students of Post Graduate Diploma in Nutrition and Dietetics and B. Voc. (NEH), to make them aware of nutrient calculating software Diet-cal and it's practical applications in the field of dietetics. The resource person, Mrs. Gurdeep Kaur, chief dietician, department of Nephrology, AIIMS, New Delhi conducted hands-on workshop on the working and utility of the software in the field of nutrition and dietetics. This software enables to calculate the various nutrients in a short span of time thereby making the practice for the nutritionists and dieticians simplified.



# Attendance Sheet

Department of Home Science  
National Seminar on Diet Cal  
Attendance  
Date – 24.04.2023

S.No.	Name	Class	Roll No.
01.	Tanishka	B.Voc. NEH Sem V	227002
02.	Subhneet	B.Voc. NEH Sem V	227007
03.	Akshita	B.Voc. NEH Sem V	227003
04.	Vishali	B.Voc. NEH Sem V	227004
05.	Ramnik	B.Voc. NEH Sem V	227008
06.	Kinjal	B.Voc. NEH Sem II	226920
07.	Kirti	B.Voc. NEH Sem II	226902
08.	Sukriti Pandit	B.Voc. NEH Sem II	226901
09.	Amandeep Kaur	B.Voc. NEH Sem II	226905
10.	Muskan	B.Voc. NEH Sem II	226911
11.	Khushi	B.Voc. NEH Sem II	226924
12.	Kajal Sharma	B.Voc. NEH Sem II	226916
13.	Shreya	PGDND	225151
14.	Rubble Shahi	PGDND	225152

## Feedback Form

**FEEDBACK FORM**  
National Seminar on Dietcal  
(Under Home Science Dept.)  
Session: 2022-23  
Date: 24<sup>th</sup> April 2023

Name of Student: Tanishka.....  
Class: B.Voc. sem-V  
Roll No. ....  
Did you find the activity useful?  
Yes, it was a useful activity for our clinical practice as nutritionist and dietitian.  
Any Suggestion:  
.....

*Tanishka*  
Signature

**FEEDBACK FORM**  
National Seminar on Dietcal  
(Under Home Science Dept.)  
Session: 2022-23  
Date: 24<sup>th</sup> April 2023

Name of Student: Subhneet.....  
Class: B.Voc......  
Roll No. ....  
Did you find the activity useful?  
Yes, it was a very useful activity for our field of study.  
Any Suggestion:  
.....

*Subhneet*  
Signature

**FEEDBACK FORM**  
National Seminar on Dietcal  
(Under Home Science Dept.)  
Session: 2022-23  
Date: 24<sup>th</sup> April 2023

Name of Student: Sangcha.....  
Class: 226923 B.Voc (NEH)  
Roll No 226923.....  
Did you find the activity useful?  
Yes, it was a useful activity, we enjoyed a lot. It broadens our horizon and it is a great many things more.  
Any Suggestion:  
No  
.....

*Sangcha*  
Signature

## 6. DEPARTMENT OF HOME SCIENCE

### ACTIVITY: WORKSHOP ON MILLETS

DATE: 18<sup>th</sup> April 2023

#### Permission Letter

To  
The Principal  
Kanya Maha Vidyalaya  
Jalandhar city.

Respected Madam,

Please, allow us to get  
a workshop on 'Millets' conducted by  
Miss Shriya on 18.4.23. ~~at 11:00 AM~~  
she would also be putting up a stall  
of the products i.e., biscuits and puffs  
on sale. Thanking You

Yours sincerely,  
Neeti Kapoor  
17.4.23

Recommended  
you and approved  
*[Signature]*

*[Signature]*

#### E-Banner

The Heritage Institution **137 Glorious Years**

**KANYA MAHA VIDYALAYA (AUTONOMOUS)**  
College with Potential for Excellence by UGC Star College status by DBT, Govt. of India  
Only College with Currie & FIST Grants of Government of India

**Dept. of Home Science**  
Organises  
**Workshop on Millets**  
Date : 18-4-2023  
Resource Person  
**Ms. Shriya**

Prof. (Dr.) Atima Sharma Dwivedi  
Principal

#### Press Report

Home Science Department of Kanya Maha Vidyalaya, Jalandhar has organised workshop on the topic “Millets” on 18th April, 2023. A well experienced and qualified professional in the field of Entrepreneurship was there as a resource person Ms. Shriya . Students from B.Sc. Home Science, B.Voc. (Nutrition, Exercise & Health), B.A. (Home Science) actively participated in the Workshop by listening carefully. After the workshop, a lot of students asked questions and clear all their queries related to millets and entrepreneurship. The students were appreciated and motivated by the resource person as well as by Mrs. Neeti Kapoor, Head of the Department,

Home Science. Through this lecture and practical knowledge about the use of millets, students learnt about how they can start up the new venture and also learnt about enhancing the lifestyle by incorporating nutrition in diet. Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Kapoor, Mrs. Mani Khara, Dr. Rupika Chopra, Ms. Tarandeep Kaur, Ms. Palak and Ms. Shivani and Mrs. Reema Dhingra collectively organised and make the session comfortable for students.



### Attendance Sheet

1/2 One Day Workshop on Millets 15<sup>th</sup> April 2023  
Department of Home Science

S.No.	Name	Roll No.	Class	Signature
01	Subodhi Pandit	226901	B.Voc(NEH) II	Subodhi Pandit
02	Kushi	226924	B.Voc(NEH) II	Kushi
03	Sugoch	226927	B.Voc(NEH) II	Sugoch
04	Jasmeen	226908	B.Voc(NEH) II	Jasmeen
05	Kajal Sharma	226916	B.Voc(NEH) II	Kajal
06	Hobasimian Kaur	997010	B.Voc(NEH) III	Hobasimian
07	Rajji	997006	B.Voc(NEH) Sem-VI	Rajji
08	Jashan Kaur	227012	B.Voc(NEH) 6th - Jashan	Jashan
09	Bonal	227001	B.Voc(NEH) Sem-VI	Bonal
10	Ritu	226913	B.Voc(NEH) Sem-II	Ritu
11	Manpreet Kaur Kaori	222851	B.Sc.Home Science (sem-IV)	Manpreet Kaur
12	Shailza	222877	B.Sc.Home Science (sem-VI)	Shailza
13	Akshita	227003	B.Voc(NEH) Sem-VI	Akshita
14	Nishali	227004	B.Voc(NEH) Sem-VI	Nishali
15	Ruchika	226952	B.Voc(NEH) Sem-IV	Ruchika
16	Geetika Sharma	226951	B.Voc(NEH) Sem-IV	Geetika

Name	Roll No.	Class	Signature
17. Vanshika	222852	B.Sc(HS) IV	Vanshika
18. Bhupinder	222853	B.Sc(HS) IV	Bhupinder
19. Vanshika	222876	B.Sc(HS) III	Vanshika
20. Amrit Kaur	222801	BS(HS) II	Amrit
21. Sushmita Kaur	118	ECCE	Sushmita
22. Reekha Ravi	102	ECCE	Reekha Ravi
23. Shreya	225157	P.G.DND - II	Shreya
24. Rubble Shahi	225152	P.G.DND II	Rubble Shahi
25. Amandeep Kaur	226905	B.Voc(NEH) II	Amandeep
26. Khushi Kaur	226909	B.Voc(NEH) II	Khushi

# Feedback Form

## Feedback Form

Name of the Activity: One Day Workshop on Millets

Date: 18.04.23

Session 2022-23 (Even Semester)

Name: Jashen Kaur  
Class: Semester - IV  
Roll No.: 227012  
Department: Home Science

How was the workshop?

I grasp lot of knowledge from this workshop and also very interesting.

Have you learned something from this workshop?

Definitely yes, I learned several sorts of millets like positive, negative and neutral grains moreover that was very interesting.

Would you recommend these kind of workshops should be held in future or not? If yes, why?

Yes, I will recommend this workshop to other because it rich to provide several ailments.

Jashen  
Signature

## Feedback Form

Name of the Activity: One Day Workshop on Millets

Date: 18.04.23

Session 2022-23 (Even Semester)

Name: Jashen Kaur  
Class: Semester - IV  
Roll No.: 227012  
Department: Home Science

How was the workshop?

I grasp lot of knowledge from this workshop and also very interesting.

Have you learned something from this workshop?

Definitely yes, I learned several sorts of millets like positive, negative and neutral grains moreover that was very interesting.

Would you recommend these kind of workshops should be held in future or not? If yes, why?

Yes, I will recommend this workshop to other because it rich to provide several ailments.

Jashen  
Signature

## Feedback Form

Name of the Activity: One Day Workshop on Millets

Date: 18.04.23

Session 2022-23 (Even Semester)

Name: Sukirti Pandit  
Class: B.Voc (N.E.H) II  
Roll No.: 226901  
Department: Home Science

How was the workshop?

It is very interesting workshop on millets. It is very beneficial to us.

Have you learned something from this workshop?

Yes, I have learned lot of about millets. It is very beneficial to us. It maintains our health and lots of benefits it gives us to maintain our health.

Would you recommend these kind of workshops should be held in future or not? If yes, why?

Yes, these kind of workshops should be held in future because it helps to provide new about millets and its benefits to our health.

Sukirti Pandit  
Signature

## Feedback Form

Name of the Activity: One Day Workshop on Millets

Date: 18.04.23

Session 2022-23 (Even Semester)

Name: Pooji  
Class: B.Voc (N.E.H) Sem 6<sup>th</sup>  
Roll No.: 227006  
Department: Home Science

How was the workshop?

It was very informative for me. After attending this workshop I get new information about health benefits of millets.

Have you learned something from this workshop?

Yes, I learned new healthy recipes which I can use in my to cure some diseases.

Would you recommend these kind of workshops should be held in future or not? If yes, why?

No, I am satisfied with this workshop fully with knowledge.

Pooji  
Signature

## 7. DEPARTMENT OF HOME SCIENCE

### ACTIVITY: BREASTFEEDING AWARENESS POSTER MAKING COMPETITION

DATE: 5<sup>th</sup> August 2022

#### Permission Letter

The Principal  
Kanya Maha Vidyalaya (KMV)  
Jalandhar (Punjab)

Subject: Request for organise Poster Making Competition.  
Respected Mam,

Kindly allow us to organise a Poster Making Competition on the Theme -  
Breastfeeding on 5<sup>th</sup> August 2022. Kindly allow us to organise the same for the students of  
department of Home Science .

Thanking You

Yours sincerely,  
*Neeti Kapoor*  
Mrs. Neeti Kapoor  
HOD, Home Science

*Approved  
Principal*

#### E-Banner



#### Press Report

Home Science Department of Kanya Maha Vidyalaya has organised Poster Making Competition on 5th August, 2022 on the occasion of World Breast Feeding week i.e. 1st-7th August, 2022 with the theme - Step up for Breast Feeding: Educate & Support. Students from various streams - B.Sc. Home Science, B.Voc. Nutrition, Exercise & Health, Collegiate students of 11th and 12th (Home Science) and Diploma in Early Childhood Care Education actively participated in the competition. All the students were appreciated and motivated to participate in the competition by the worthy Principal Dr. Atima Sharma Dwivedi, Mrs. Madhumeet, Dean of Student Welfare and Mrs. Neeti Kapoor, Head of the Department, Home Science. With this activity, students learned about importance and need of breast feeding and nutritional requirements during lactation period and gave message and valuable information to other students of the college as well as to the society. 1st Position was bagged by Falak from 11th class, Jasmine from the stream of B.Voc. of 1st Semester, Bhupinder from B.Sc. Home Science of 3rd Semester

and 2nd Position was bagged by Konika of 11th class, Ruchika from B.Voc NEH of 3rd Semester and Vanshika of B.Sc. Home Science from 5th Semester. Programme was successfully organised by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, and Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Khara, Dr. Rupika Chopra, Ms. Tarandeep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised this event.



## Attendance Sheet

Attendance  
(Breast Feeding Week - 1<sup>st</sup> Aug. - 7<sup>th</sup> Aug. 2022) 05.08.2022

Course	S.No.	Name
-1	1.	Jamuna
	2.	Palak
	3.	Konika
	4.	Kaushal Prasad
	5.	Prityanka
-2	1.	Mangesh
	2.	Ashly
	3.	Khashi
	4.	Ishvpreet
	5.	Riya
	6.	Mudira
	7.	Harshita
	8.	Prityanka
B.Sc. H.Sc. (Sem III)	1.	Vanshika
	2.	Shraddha
	3.	Mangesh
B.Sc. H.Sc. (Sem V)	1.	Vanshika
	2.	Shobha
B.Voc NEH (Sem I)	1.	Muskan
	2.	Samira
	3.	Ashpreet
	4.	Riya
	5.	Shubhikaran
	6.	Amandeep
	7.	Kirti
	8.	Simran
B.Voc NEH (Sem III)	1.	Ramesh
	2.	Sudhi
	3.	Khashibu
	4.	Ruchika
	5.	Geetika
B.Voc NEH (Sem V)	1.	Shilpika
ECCE	1.	Jayani

## Feedback Form

**FEEDBACK FORM**

**NAME OF ACTIVITY:** Poster Making Activity ( Breast feeding week )

**DATE:** 5<sup>th</sup> august 2022

**NAME:** Khushbu Rai

**CLASS:** B.Voc (NEH) III

**ROLL NO. (if applicable):** 226953

**FEEDBACK:**  
It was a creative way to impart the importance of Breastfeeding.

**FURTHER SUGGESTIONS:**  
\_\_\_\_\_

**SIGNATURE:**  
Khushbu Rai

**FEEDBACK FORM**

**NAME OF ACTIVITY:** Poster Making Activity ( Breast feeding week )

**DATE:** 5<sup>th</sup> august 2022

**NAME:** Ruchika Sharma

**CLASS:** B.Voc (NEH) Sem-III

**ROLL NO. (if applicable):** 226952

**FEEDBACK:**  
It was amazing experience. It expanded the boundaries of my knowledge.

**FURTHER SUGGESTIONS:**  
\_\_\_\_\_

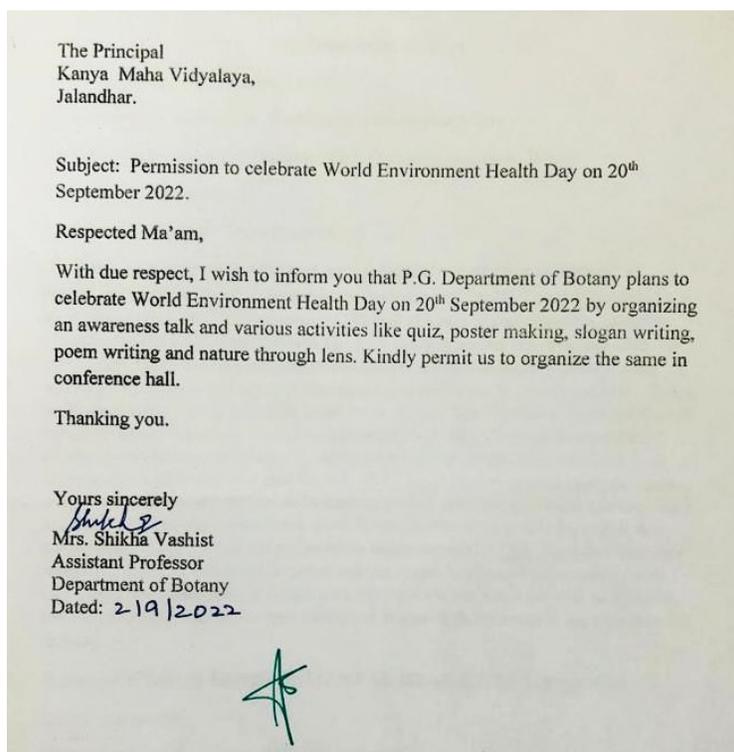
**SIGNATURE:**  
Ruchika

## 8. P.G. DEPARTMENT OF BOTANY

**ACTIVITY:** WORLD ENVIRONMENTAL HEALTH DAY

**DATE:** 20<sup>th</sup> September 2023

### Permission Letter



### E-Banner

**Kanya Maha Vidyalaya, Jalandhar (Autonomous)**  
The Heritage Institution  
College with Potential for Excellence by UGC | CURIE grant by DST- Govt. of India | 137 Glorious Years | Star College Status by DBT, Govt. of India  
Ranked No. 1 College of Punjab & Top National Rankings (India Today, Outlook Magazine & Times of India Group)

**INSTITUTION'S INNOVATION COUNCIL**  
in association with  
**P.G. Department of Botany**  
Celebrates  
**World Environment Health Day**

Date: Sep. 26, 2022  
Time: 11:00 AM

Dr. Rashmi Sharma (President, KMV IIC)  
Mrs. Shikha Vashist (Head, Department of botany)

Prof. (Dr.) Atima Sharma Dwivedi  
Principal

## Press Report

World Environmental day is celebrated on 26th September every year to promote the awareness of different issues surrounding the environmental health. To sensitize students about this current issue P.G. Department of Botany of Kanya Maha Vidyalaya, Jalandhar celebrated world Environmental Health Day by organizing various activities like Quiz competition, Poster presentation competition, slogan writing competition, poem writing competition and nature through lens (Photography competition). Students from M.Sc. Botany and B.Sc. medical participated in the event. M.Sc. Botany Sem. III student Muskaan Sharma gave introductory speech on World Environmental health Day. For Quiz competition 30 students were registered for screening. After screening 16 students were shortlisted. Four teams A, B, C and D with four students each were formed from shortlisted students. There were three rounds in quiz. In first and second round each team was given five questions each and third round was the buzzer round. Team D was the winner team with Team B as first runner up and Team C as second runner up. In nature through lens (photography) more than hundred entries were submitted. In poster making, slogan writing and poem writing more than thirty entries were there in competition. Principal Ma'am interacted with the students and she praises the students for their efforts and motivated them to keep doing such activities in future.



## Link

[https://www.facebook.com/kmvjal/posts/pfbid02V44aTiMNuCJuMj64TtT4k3qmYyQWiEWszx4JSMmDh3ryf6KaGFvRZbGnczfJNGHtl?\\_cft\\_\[0\]=AZU0iuqZsutGyMbiqGtSNXu2OwWyTilGSwJ6qHlnhdGR-oLSpbx-EY0HyApqH3FbYgn\\_tLOtyQeOFIWf0Za\\_N6hPO5\\_4zX0NqK-uMdnIw6BJUNkR5cv6E5JJu2DncLnUzHPFISjgvftzViTkwXmXrW9e9B3-mcOpGe-h2oXDxYPU8vuVnH2tGp9exCt-b1sDu3s&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/kmvjal/posts/pfbid02V44aTiMNuCJuMj64TtT4k3qmYyQWiEWszx4JSMmDh3ryf6KaGFvRZbGnczfJNGHtl?_cft_[0]=AZU0iuqZsutGyMbiqGtSNXu2OwWyTilGSwJ6qHlnhdGR-oLSpbx-EY0HyApqH3FbYgn_tLOtyQeOFIWf0Za_N6hPO5_4zX0NqK-uMdnIw6BJUNkR5cv6E5JJu2DncLnUzHPFISjgvftzViTkwXmXrW9e9B3-mcOpGe-h2oXDxYPU8vuVnH2tGp9exCt-b1sDu3s&_tn_=%2CO%2CP-R)

[https://www.instagram.com/p/Ci-PsKVvFGw/?utm\\_source=ig\\_web\\_copy\\_link&igshid=MzRIODBiNWFIZA==](https://www.instagram.com/p/Ci-PsKVvFGw/?utm_source=ig_web_copy_link&igshid=MzRIODBiNWFIZA==)

## Media Coverage

### के.एम.वी. ने मनाया वर्ल्ड एनवायरनमेंटल हेल्थ दिवस



वर्ल्ड एनवायरनमेंटल हेल्थ दिवस पर विजय, पोस्टर प्रेजेंटेशन, रोलगन राइटिंग, पोयम राइटिंग, फोटोग्राफी आदि प्रतियोगिताओं में हिस्सा लेने वाले विद्यार्थियों को बधाई देते हुए विद्यालय प्रिंसिपल प्रो. अशिता शर्मा (बायाँ)।

**जावहर (दुबारा) :** कक्षा महाविद्यालय के द्वारा पूरे जोग पर्व उन्साह के साथ विश्व पर्यावरण सेहत दिवस मनाया गया। छात्रों को मैथिली समय में पर्यावरण सेहत से संबंधित विभिन्न मुद्दों की जानकारी प्रदान करने के मकसद के साथ विद्यालय के पोस्ट-ग्रेजुएट डिपार्टमेंट ऑफ बोटनी के द्वारा विभिन्न गतिविधियों का आयोजन कराया गया। एम.एस.सी. बोटनी तथा बी.एस.सी. मैथिली कक्षाओं ने विजय, पोस्टर प्रेजेंटेशन, रोलगन राइटिंग, पोयम राइटिंग, फोटोग्राफी आदि प्रतियोगिताओं में बढ़-चढ़कर भाग लेते हुए अपनी प्रतिभा को बखूबी प्रदर्शित किया। इसके साथ ही एम.एस.सी. बोटनी सेमेस्टर वील्स की कक्षा मुख्यालय में वर्ल्ड एनवायरनमेंटल हेल्थ दिवस के संबंध में सभी को विस्तार से जानकारी भी प्रदान की। विद्यालय प्रिंसिपल प्रो. अशिता शर्मा विद्यार्थियों को संबोधित करते हुए उन्हें छात्रों को सेहतसाब पर्यावरण के महत्व के बारे में बताया वहीं साथ ही इसे साफ-सुथरा रखने के लिए जागरूकता फैलाने के लिए भी प्रेरित किया।

*Shilpa*



वर्ल्ड एनवायरनमेंटल हेल्थ दिवस मनाएँट मेंके विभिन्न प्रो. अशिता शर्मा (बायाँ), विद्यालय प्रिंसिपल प्रो. अशिता शर्मा (बायाँ)।

### एनवायरनमेंटल हेल्थ दिवस मनाया

**मैथिली कक्षा महाविद्यालय** द्वारा पूरे जोग पर्व उन्साह के साथ विश्व पर्यावरण सेहत दिवस मनाया गया। छात्रों को मैथिली समय में पर्यावरण सेहत से संबंधित विभिन्न मुद्दों की जानकारी प्रदान करने के मकसद के साथ विद्यालय के पोस्ट-ग्रेजुएट डिपार्टमेंट ऑफ बोटनी के द्वारा विभिन्न गतिविधियों का आयोजन कराया गया। एम.एस.सी. बोटनी तथा बी.एस.सी. मैथिली कक्षाओं ने विजय, पोस्टर प्रेजेंटेशन, रोलगन राइटिंग, पोयम राइटिंग, फोटोग्राफी आदि प्रतियोगिताओं में बढ़-चढ़कर भाग लेते हुए अपनी प्रतिभा को बखूबी प्रदर्शित किया। इसके साथ ही एम.एस.सी. बोटनी सेमेस्टर वील्स की कक्षा मुख्यालय में वर्ल्ड एनवायरनमेंटल हेल्थ दिवस के संबंध में सभी को विस्तार से जानकारी भी प्रदान की। विद्यालय प्रिंसिपल प्रो. अशिता शर्मा विद्यार्थियों को संबोधित करते हुए उन्हें छात्रों को सेहतसाब पर्यावरण के महत्व के बारे में बताया वहीं साथ ही इसे साफ-सुथरा रखने के लिए जागरूकता फैलाने के लिए भी प्रेरित किया।

*Shilpa*

### कक्षा महाविद्यालय में 'विश्व पर्यावरण सेहत दिवस' पर हुए विभिन्न मुकाबले

**जावहर, 26 मिनवरा (विश्व) :** कक्षा महाविद्यालय में 'विश्व पर्यावरण सेहत दिवस' का आयोजन करने के पोस्ट ग्रेजुएट डिपार्टमेंट ऑफ बोटनी की ओर से किया गया, जिसमें एम.एस.सी. बोटनी व बी.एस.सी. मैथिली कक्षाओं ने भाग लेकर विजय, पोस्टर प्रेजेंटेशन, रोलगन राइटिंग, पोयम राइटिंग, फोटोग्राफी आदि प्रतियोगिताओं में बढ़-चढ़कर भाग लेते हुए अपनी प्रतिभा प्रदर्शित की। इसके साथ ही एम.एस.सी. बोटनी सेमेस्टर वील्स की कक्षा मुख्यालय में वर्ल्ड एनवायरनमेंटल हेल्थ दिवस के संबंध में सभी को विस्तार से जानकारी भी प्रदान की। विद्यालय प्रिंसिपल प्रो. अशिता शर्मा विद्यार्थियों को संबोधित करते हुए उन्हें छात्रों को सेहतसाब पर्यावरण के महत्व के बारे में बताया वहीं साथ ही इसे साफ-सुथरा रखने के लिए जागरूकता फैलाने के लिए भी प्रेरित किया।



विभिन्न मुकाबलों में भाग लेने वाली छात्रों के साथ प्रो. अशिता शर्मा व प्रिंसिपल प्रो. अशिता शर्मा (बायाँ)।

## Feedback Form

**Department of Botany  
Feedback form**

Name of activity: World Environmental Health Day

Name of Student: Deepika Sharma

Date:

Class: MSc Botany

Experience	1	2	3	4
	Average	Good ✓	Very good	Excellent
Any other remarks	None.			

**Department of Botany  
Feedback form**

Name of activity: World Environmental Health Day

Name of Student: Armita

Date:

Class: MSc Botany

Experience	1	2	3	4
	Average	Good ✓	Very good	Excellent
Any other remarks	None.			

**Department of Botany  
Feedback form**

Name of activity: World Environmental Health Day

Name of Student: Pravara

Date: 5.2.2023

Class: MSc (A.B.T) 4

Experience	1	2	3	4
	Average	Good ✓	Very good	Excellent
Any other remarks				

**Department of Botany  
Feedback form**

Name of activity: World Environmental Health Day

Name of Student: Komal Kumbhar

Date:

Class: MSc Botany IV

Experience	1	2	3	4
	Average	Good	Very good ✓	Excellent
Any other remarks	The activity are knowledgeable and students also had efforts in activities.			

*Handwritten signature*

**Department of Botany**  
**Feedback form**

Name of activity: World Environmental Health Day  
Name of Student: Meha  
Date: \_\_\_\_\_  
Class: Msc Botany sem 3

Experience	1	2	3	4
	Average	Good	Very good	Excellent
Any other remarks	We enjoy a lot and play various activity related to the world environment health day.			

**Department of Botany**  
**Feedback form**

Name of activity: World Environmental Health Day  
Name of Student: Shweta  
Date: \_\_\_\_\_  
Class: Msc. Botany

Experience	1	2	3	4
	Average	Good	Very good	Excellent
Any other remarks	we enjoy a lot & play various games, activities.			

## 9. P.G. DEPARTMENT OF BOTANY

**ACTIVITY: CLEANLINESS WEEK**

**DATE: 12<sup>th</sup> - 17<sup>th</sup> September 2022**

### Permission Letter

Kanya Maha Vidyalaya,  
Jalandhar.

Subject: Permission to Celebrate cleanliness by organizing cleanliness week.

Respected Ma'am,

With due respect, I want to state that Department of Botany in association with Red Ribbon Club and Student council wants to organize cleanliness week to sensitize students about cleanliness from 12<sup>th</sup> to 17<sup>th</sup> September 2022. Kindly allow us to organize the same and oblige.

Thanking you.

Yours Sincerely

*Shikha*  
Mrs. Shikha Vashish:  
Assistant Professor  
P.G. Department of Botany

*Madhusudhan*

### Press Report

**Red Ribbon Club**

1. Date of program: 12<sup>th</sup> to 17<sup>th</sup> September 2022
2. Title/Theme of the Program: **Cleanliness Week**
3. Program for the benefit of: Students of P.G. and U.G. classes
4. Total no. of participants: 70

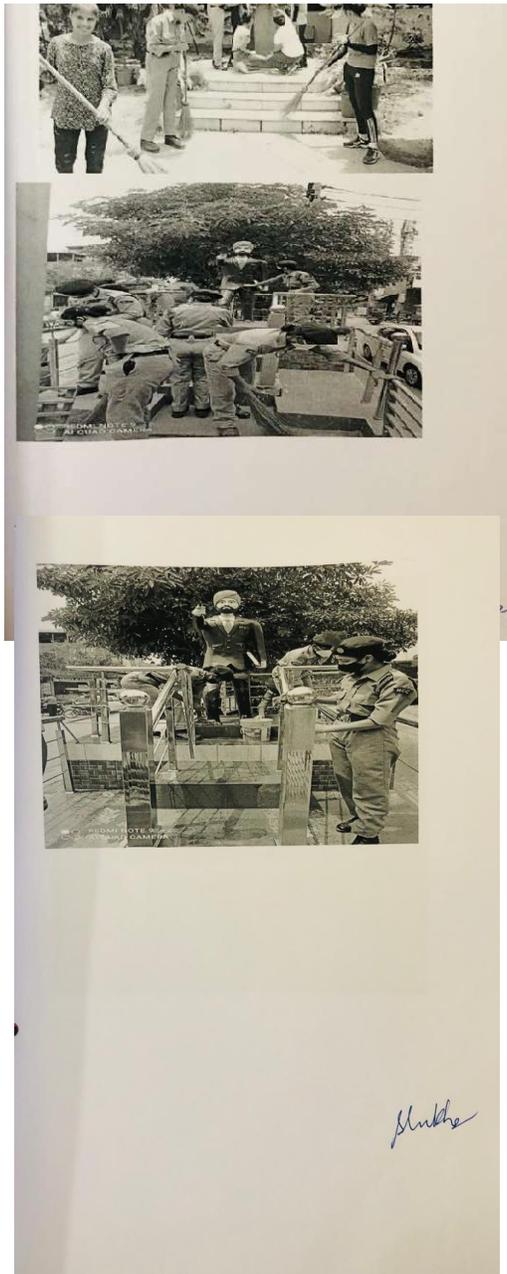
Kanya Maha Vidyalaya, The Autonomus and heritage college, Jalandhar celebrated Swachhta Pakhwada by organizing different activities. Under which Cleanliness drive was organized in the college campus and botanical garden of the college. Students from different departments participated in cleanliness drive. They clean garden by uprooting weeds. Students were made aware of different types of bins and to keep campus clean.

Poster making activity was also organised in the college on the theme of Green Planet. Students show their creativity through this activity. Students also participated in slogan writing competition. Students were sensitized by these creative posters and slogans. Principal Dr. (Mrs.) Atima Sharma Dwivedi appreciated the efforts of the students & faculty members for organizing such social awareness events.



*Shubhi*





*Shukla*

**10. P.G. DEPARTMENT OF BOTANY**

**ACTIVITY: WORLD AIDS DAY CELEBRATION**

**DATE: 1<sup>st</sup> December 2023**

**Permission Letter**

The Principal  
Kanya Maha Vidyalaya,  
Jalandhar.

Subject: Permission to observe World AIDS Day.

Respected Ma'am,

With due respect, I want to state that Department of Botany in association with Red Ribbon Club and Student council wants to organize various activities like poster making competition and slogan writing to raise awareness about AIDS on 1<sup>st</sup> December 2022. Kindly allow us to organize the same and oblige.

Thanking you.

Yours Sincerely  
*Shikha*  
Mrs. Shikha Washisht  
Assistant Professor  
P.G. Department of Botany

*Madhumeet*

## Press Report

KANYA MAHA VIDYALAYA JALANDHAR (Autonomous)

Red Ribbon Club

1. Date of program: 1<sup>st</sup> December 2022
2. Title/Theme of the Program: **World AIDS Day**
3. Program for the benefit of: Students of P.G. and U.G. classes
4. Total no. of participants: 70

**World AIDS Day**, was observed on 1 December 2022 in Kanya Maha Vidyalaya, The Autonomous and Heritage College, Jalandhar. This day is dedicated to raising awareness of the AIDS (Acquired immunodeficiency Syndrome) caused by HIV (Human Immunodeficiency Virus) infection and mourning those who have died of the disease. Department of Student welfare in collaboration with Red Ribbon Club organized poster making competition on World AIDS Day. The theme for this year is "Equalize". UNAIDS is urging each of us to address the inequalities which are holding back progress in ending AIDS. Students presented their poster on this theme. Prof. Atima Sharma Dwivedi, Principal, appreciated the efforts of students and faculty for raising awareness in society. She motivated students to act as social messengers and spread awareness among society regarding this pandemic and the ways to control it. Dr. Madhumeet, Dean, Student Welfare informed the students about the screening methods and treatment centres (eg. ART Centre in Civil Hospital, Jalandhar).

<https://www.instagram.com/p/Clqu5x9vn5D/?igshid=MljNjAzYmU=>

*Shikha*



### Link

[https://www.facebook.com/kmvjal/posts/pfbid0wE5oUnRkq8TiXE112Jg8aVCRUFpNRguBGvyfvqRwB4cRY9v38ueoFBwWZ1bpfteyl?\\_cft\\_\[0\]=AZVe-qntFtXjdPTfJkMteZeueFm9C\\_tVrgAhpXNb3FPDVWY\\_Fy1wAtRSgD\\_CEZwdzy\\_TnCKKKNsXe2O5z77FOhc9CRXL\\_i7hOf6\\_EW\\_vgji5rzU6Sf4b\\_zTlZzhPRewyC6qCsbnDtvqtJ1hboKCJjMd9VNhIKWu3QOIhfWV-ED5QS16hOqJnbSfGpTbay3KtMxs&tn=%2CO%2CP-R](https://www.facebook.com/kmvjal/posts/pfbid0wE5oUnRkq8TiXE112Jg8aVCRUFpNRguBGvyfvqRwB4cRY9v38ueoFBwWZ1bpfteyl?_cft_[0]=AZVe-qntFtXjdPTfJkMteZeueFm9C_tVrgAhpXNb3FPDVWY_Fy1wAtRSgD_CEZwdzy_TnCKKKNsXe2O5z77FOhc9CRXL_i7hOf6_EW_vgji5rzU6Sf4b_zTlZzhPRewyC6qCsbnDtvqtJ1hboKCJjMd9VNhIKWu3QOIhfWV-ED5QS16hOqJnbSfGpTbay3KtMxs&tn=%2CO%2CP-R)

[https://www.instagram.com/p/Clqu5x9vn5D/?utm\\_source=ig\\_web\\_copy\\_link&igshid=MzRIODBiNWF1ZA==](https://www.instagram.com/p/Clqu5x9vn5D/?utm_source=ig_web_copy_link&igshid=MzRIODBiNWF1ZA==)

### Attendance Sheet

Sl. No.	Name	Class	Roll no.	Signature
1.	Ashwika Bano	Bsc Med sem 4	224601	Ashwika
2.	Tanishka Kaur	Bsc Med sem 4	224602	Tanishka Kaur
3.	Jehika Dhanan	Bsc Med sem 4	224603	Jehika
4.	Ashika	Bsc Med sem 4	224604	Ashika
5.	Manjusha Kaur	Bsc Med sem 4	224605	Manjusha Kaur
6.	Ashika	Bsc Med sem 4	224606	Ashika
7.	Manjusha Kaur	Bsc Med sem 4	224607	Manjusha Kaur
8.	Babhanpur Kaur	Bsc Med sem 4	224608	Babhanpur Kaur
9.	Komal Sharma	Bsc Med sem 4	224609	Komal Sharma
10.	Ashika	Bsc Med sem 4	224611	Ashika
11.	Tanishka Kaur	Bsc Med sem 4	224612	Tanishka Kaur
12.	Sueha	Bsc Med sem 4	224613	Sueha
13.	Kamini	Bsc Med sem 6	224619	Kamini
14.	Lijya	Bsc Med sem 6	224620	Lijya
15.	Muskan Gill	Bsc Med sem 6	224627	Muskan Gill
	Ashika	Bsc Med sem 6	224628	Ashika

### Feedback Form

Shulbha

Department of Botany  
Feedback form

Name of activity: AIDS DAY

Name of Student: Anjali

Date: 1 Dec 2023

Class: Bsc Medical sem 4

Experience	1	2	3	4
	Average	Good	Very good	Excellent
Any other remarks	Very good information provided			

Department of Botany  
Feedback form

Name of activity: AIDS DAY

Name of Student: Tabish

Date: 1 Dec 2023

Class: Bsc Med sem 4

Experience	1	2	3	4
	Average	Good	Very good	Excellent
Any other remarks	Created Awareness in our mind			

Shulbha

Department of Botany  
Feedback form

Name of activity: AIDS DAY

Name of Student: Subhi

Date: 1 Dec 2022

Class: Bsc Med sem 4

Experience	1	2	3	4
	Average	Good	Very good	Excellent
Any other remarks	Raising awareness			

Department of Botany  
Feedback form

Name of activity: AIDS DAY

Name of Student: Akshiti

Date: 1 Dec 2022

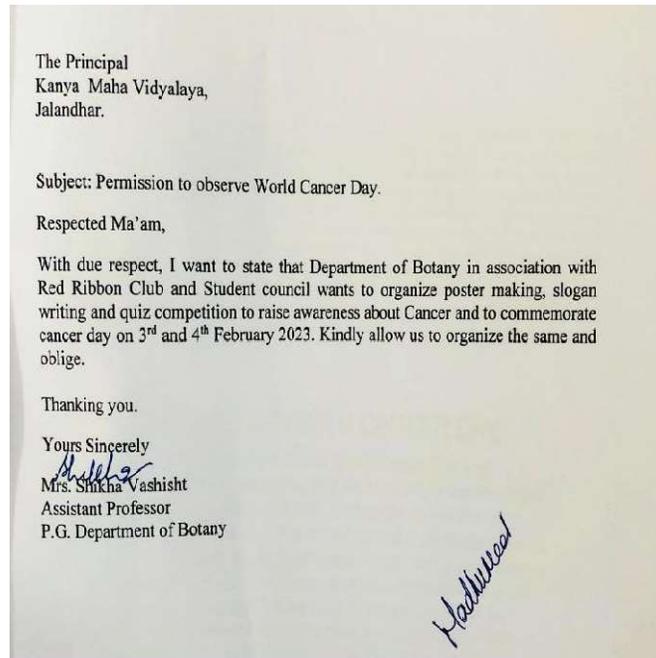
Class: Bsc Med sem 4

Experience	1	2	3	4
	Average	Good	Very good	Excellent
Any other remarks	Provided useful information			

**ACTIVITY: CANCER DAY CELEBRATION**

**DATE: 3<sup>rd</sup> & 4<sup>th</sup> February 2023**

### Permission Letter



### Press Report

## KANYA MAHA VIDYALAYA JALANDHAR (Autonomous)

### Red Ribbon Club

1. Date of program: 3<sup>rd</sup> February 2023
2. Title/Theme of the Program: **Cancer Day Celebration**
3. Program for the benefit of: U.G. and P.G. students
4. Total no. of participants: 60
5. Venue of the program: Smart Room (R-58)

Kanya Maha Vidyalaya, Jalandhar celebrated World Cancer Day. The primary objective of organizing World Cancer Day was to raise awareness about cancer, its prevention, early detection, and treatment options among the students and faculty members. The Red Ribbon Club in collaboration with Student welfare organized various national activities like online quiz, slogan writing, awareness lectures, Power point presentation and poster making activity were organized in which students of various departments of the college participated with full zeal and enthusiasm. Through their slogans and posters students presented the symptoms, causes, types and prevention of cancer. Students were educated about the importance of healthy lifestyle choices, such as eating a balanced diet, getting regular exercise, avoiding tobacco and alcohol, and maintaining a healthy weight, which can reduce the risk of developing cancer. The Principal, Prof. Atima Sharma Dwivedi, commended the students for their efforts and encouraged them to disseminate this knowledge within their communities.



### Links

[https://www.facebook.com/kmvjal/posts/pfbid031qYBw8Wkp9u7nzVNdAvkk67TRvL7Zyeha7iLhDLiNPU5FMAV2jd954TS1dcRoM7v1?\\_cft\\_\\_\[0\]=AZWNNgbUfUTUjdnkvADqiaBmKsIssK\\_22gBycEWdpx78Ltg73faluHS5qIB1TPfxv-hRn0\\_sMdrhIDDPKHT113h210ahVF6A\\_3t4RLq7YkdWaBz3q3Hh568fNugFn4ZgK-](https://www.facebook.com/kmvjal/posts/pfbid031qYBw8Wkp9u7nzVNdAvkk67TRvL7Zyeha7iLhDLiNPU5FMAV2jd954TS1dcRoM7v1?_cft__[0]=AZWNNgbUfUTUjdnkvADqiaBmKsIssK_22gBycEWdpx78Ltg73faluHS5qIB1TPfxv-hRn0_sMdrhIDDPKHT113h210ahVF6A_3t4RLq7YkdWaBz3q3Hh568fNugFn4ZgK-)

[4eI\\_7sS9Hqz8VbuHxwzvqcDcJLnYK7vvBEeMBmtuj6Llr8TAfhmnOyK8-C9J\\_wQs& tn =%2CO%2CP-R](https://www.instagram.com/p/CoM9uzvP2um/?utm_source=ig_web_copy_link)

[https://www.instagram.com/p/CoM9uzvP2um/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/p/CoM9uzvP2um/?utm_source=ig_web_copy_link)

### Media Coverage

**KMV OBSERVES WORLD CANCER**

Kanya Maha Vidyalaya celebrated World Cancer celebrations were organised by Red Ribbon Club of Department of Student Welfare. During the various national level activities namely online qu awareness lectures, Power Point presentation ar were organised in which students of various dep college participated with full zeal and enthusiasm through their slogans and posters have presente causes, types and prevention of the dreaded disa as well as also made awareness videos on its ca prevention. Principal Prof. Atima Sharma Dwived the students who participated in these activities.



ਵਿਸ਼ਵ ਕੈਂਸਰ ਦਿਵਸ ਮਨਾਉਣੀਆਂ ਕੌਮੋਮਵੀ ਈਆ ਵਿਦਿਆਰਥਣਾਂ ਤੋਂ ਅਹਿਆਪਕ।

**ਕੌਮੋਮਵੀ ਈਆ ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਕੈਂਸਰ ਤੋਂ ਬਚਣ ਲਈ ਕੀਤਾ ਜਾਗਰੂਕ**

ਸੀਲੀਆਰ ਸਟਾਫ ਵਿਭਾਗ, ਜਲੰਧਰ : ਕੌਮੋਮਵੀ ਸਮੂਹ ਵਿਦਿਆਰਥਣਾਂ ਦੇ ਸਟੂਡੈਂਟ ਏਕਟੀਵਿਟੀਜ਼ ਡੈਪਾਰਟਮੈਂਟ ਕਾਰਜਸ਼ੀਲ ਰੋਕ ਰਿਪੋਨ ਕਾਰਜ ਚਲਾਏ। ਵਿਸ਼ਵ ਕੈਂਸਰ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਸਬੰਧੀ ਆਨਲਾਈਨ ਕੁਇਜ਼, ਪਾਵਰ ਪ੍ਰੈਜੇਂਟੇਸ਼ਨ, ਸਲੋਗਨ ਪੋਸਟਰਿੰਗ, ਅਵੇਅਰਨੈਸਿ ਡੈਕਲਰੇਸ਼ਨ ਤੇ ਪਾਠਕ ਪੁਆਇੰਟ ਪ੍ਰੈਜੇਂਟੇਸ਼ਨ ਢਲਾਈਆਂ ਕਰਕੇ ਡਰਾ ਪੋਸਟਰ ਡਾਈਆਂ ਮੁਕਾਬਲੀਆਂ ਕਰਵਾਈਆਂ ਗਈਆਂ। ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਕੈਂਸਰ ਬਾਰੇ ਜਾਣਕਾਰੀ ਖਿੱਚੀ ਤੇ ਲੱਛਣ, ਕਾਰਨ, ਬਿਮਾਰ ਤੇ ਸਮੇਂ 'ਤੇ ਇਸ ਤੋਂ ਬਚਾਅ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਨੂੰ ਮੌਜੂਦਾ ਕਾਰਨ ਨੂੰ ਜਾਗਰੂਕਤਾ ਦੇਣਾਈ। ਇਸਖੇਡ ਪ੍ਰ ਅਭਿਆਸ ਕਰਕੇ ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਇਸ ਸੰਬੰਧ ਸਬੰਧਤ ਕਾਰਜਾਂ ਵਿੱਚ ਫਿਰਕੇ ਸਮੂਹ ਸਾਥਿਆ ਨੂੰ ਸਦਾਚਾਰ ਤੇ ਸਿਹਤਕਾਰ ਸੰਚਾਰ ਸੰਬੰਧੀ ਅਪਣਾਉਣ ਲਈ ਇਸੇ ਢੀ ਵਿੱਚੋਂ ਕੀਤਾ ਗਿਆ। ਈ ਸੰਬੰਧਤ ਸਾਥੀਆਂ ਤੇ ਬਾਠਕ ਵਾਧੇਦਾ ਹੈ। ਨਾਲ ਹੋਰ ਨੇ ਕਾਰਜਵਿਧੀਆਂ ਦੀ ਸਹੂਲਤ ਕਰਕੇ ਡਾ ਮੁਕਾਬਲੇ, ਡੀ.ਐਨ. ਸਟੂਡੈਂਟ ਏਕਟੀਵਿਟੀਜ਼ ਤੇ ਡਾ ਸਿਖਾ ਵਿਸ਼ੇਸ਼ਤ ਵਾਧਾ ਕੀਤੇ ਗਏ ਕਾਰਨ ਦੀ ਵੀ ਸਹਾਯਾ ਕੀਤੀ।

*Shulee*

**+ ਕੋ.ਏਮ.ਵੀ. ਨੇ ਮਨਾਯਾ ਵਿਸ਼ਵ ਕੈਂਸਰ ਦਿਵਸ**

ਸੰਸਥਾ ਮੁਕਾਬਲਾ  
ਜਨਵਰ, 3 ਚਾਰਵੀਂ। ਕੁਲ ਮਹਾਵਿਦਿਆਰਥਣਾਂ ਦੇ ਸਟੂਡੈਂਟ ਕੌਮੋਮਵੀ ਵਿਭਾਗ ਨੇ ਅੰਤਰਰਾਸ਼ਟਰੀ ਕੈਂਸਰ ਦਿਵਸ ਦੇ ਮੌਕੇ ਉੱਚ ਵਿਦਿਆਰਥਣਾਂ ਦੇ ਵਿਭਾਗ ਦੁਆਰਾ ਕਰਵਾਏ ਗਏ। ਇਸ ਸੰਬੰਧੀ ਸਟੂਡੈਂਟ ਕੌਮੋਮਵੀ ਵਿਭਾਗ ਨੇ ਅੰਤਰਰਾਸ਼ਟਰੀ ਕੈਂਸਰ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਸੰਬੰਧੀ ਆਨਲਾਈਨ ਕੁਇਜ਼, ਪਾਵਰ ਪ੍ਰੈਜੇਂਟੇਸ਼ਨ, ਸਲੋਗਨ ਪੋਸਟਰਿੰਗ, ਅਵੇਅਰਨੈਸਿ ਡੈਕਲਰੇਸ਼ਨ ਤੇ ਪਾਠਕ ਪੁਆਇੰਟ ਪ੍ਰੈਜੇਂਟੇਸ਼ਨ ਢਲਾਈਆਂ ਕਰਕੇ ਡਰਾ ਪੋਸਟਰ ਡਾਈਆਂ ਮੁਕਾਬਲੀਆਂ ਕਰਵਾਈਆਂ ਗਈਆਂ। ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਕੈਂਸਰ ਬਾਰੇ ਜਾਣਕਾਰੀ ਖਿੱਚੀ ਤੇ ਲੱਛਣ, ਕਾਰਨ, ਬਿਮਾਰ ਤੇ ਸਮੇਂ 'ਤੇ ਇਸ ਤੋਂ ਬਚਾਅ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਨੂੰ ਮੌਜੂਦਾ ਕਾਰਨ ਨੂੰ ਜਾਗਰੂਕਤਾ ਦੇਣਾਈ। ਇਸਖੇਡ ਪ੍ਰ ਅਭਿਆਸ ਕਰਕੇ ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਇਸ ਸੰਬੰਧ ਸਬੰਧਤ ਕਾਰਜਾਂ ਵਿੱਚ ਫਿਰਕੇ ਸਮੂਹ ਸਾਥਿਆ ਨੂੰ ਸਦਾਚਾਰ ਤੇ ਸਿਹਤਕਾਰ ਸੰਚਾਰ ਸੰਬੰਧੀ ਅਪਣਾਉਣ ਲਈ ਇਸੇ ਢੀ ਵਿੱਚੋਂ ਕੀਤਾ ਗਿਆ। ਈ ਸੰਬੰਧਤ ਸਾਥੀਆਂ ਤੇ ਬਾਠਕ ਵਾਧੇਦਾ ਹੈ। ਨਾਲ ਹੋਰ ਨੇ ਕਾਰਜਵਿਧੀਆਂ ਦੀ ਸਹੂਲਤ ਕਰਕੇ ਡਾ ਮੁਕਾਬਲੇ, ਡੀ.ਐਨ. ਸਟੂਡੈਂਟ ਏਕਟੀਵਿਟੀਜ਼ ਤੇ ਡਾ ਸਿਖਾ ਵਿਸ਼ੇਸ਼ਤ ਵਾਧਾ ਕੀਤੇ ਗਏ ਕਾਰਨ ਦੀ ਵੀ ਸਹਾਯਾ ਕੀਤੀ।



ਸੰਸਥਾ ਵਿੱਚੋਂ ਨੇ ਕਹਾ ਕਿ ਇਸ ਸਮੇਂ ਕੋ ਕਾਰਜਕਾਰਕ ਏਕਟੀਵਿਟੀਜ਼ ਕਰਕੇ ਕੌਮੋਮਵੀ ਵਿਭਾਗ ਨੇ ਅੰਤਰਰਾਸ਼ਟਰੀ ਕੈਂਸਰ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਸੰਬੰਧੀ ਆਨਲਾਈਨ ਕੁਇਜ਼, ਪਾਵਰ ਪ੍ਰੈਜੇਂਟੇਸ਼ਨ, ਸਲੋਗਨ ਪੋਸਟਰਿੰਗ, ਅਵੇਅਰਨੈਸਿ ਡੈਕਲਰੇਸ਼ਨ ਤੇ ਪਾਠਕ ਪੁਆਇੰਟ ਪ੍ਰੈਜੇਂਟੇਸ਼ਨ ਢਲਾਈਆਂ ਕਰਕੇ ਡਰਾ ਪੋਸਟਰ ਡਾਈਆਂ ਮੁਕਾਬਲੀਆਂ ਕਰਵਾਈਆਂ ਗਈਆਂ। ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਕੈਂਸਰ ਬਾਰੇ ਜਾਣਕਾਰੀ ਖਿੱਚੀ ਤੇ ਲੱਛਣ, ਕਾਰਨ, ਬਿਮਾਰ ਤੇ ਸਮੇਂ 'ਤੇ ਇਸ ਤੋਂ ਬਚਾਅ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਨੂੰ ਮੌਜੂਦਾ ਕਾਰਨ ਨੂੰ ਜਾਗਰੂਕਤਾ ਦੇਣਾਈ। ਇਸਖੇਡ ਪ੍ਰ ਅਭਿਆਸ ਕਰਕੇ ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਇਸ ਸੰਬੰਧ ਸਬੰਧਤ ਕਾਰਜਾਂ ਵਿੱਚ ਫਿਰਕੇ ਸਮੂਹ ਸਾਥਿਆ ਨੂੰ ਸਦਾਚਾਰ ਤੇ ਸਿਹਤਕਾਰ ਸੰਚਾਰ ਸੰਬੰਧੀ ਅਪਣਾਉਣ ਲਈ ਇਸੇ ਢੀ ਵਿੱਚੋਂ ਕੀਤਾ ਗਿਆ। ਈ ਸੰਬੰਧਤ ਸਾਥੀਆਂ ਤੇ ਬਾਠਕ ਵਾਧੇਦਾ ਹੈ। ਨਾਲ ਹੋਰ ਨੇ ਕਾਰਜਵਿਧੀਆਂ ਦੀ ਸਹੂਲਤ ਕਰਕੇ ਡਾ ਮੁਕਾਬਲੇ, ਡੀ.ਐਨ. ਸਟੂਡੈਂਟ ਏਕਟੀਵਿਟੀਜ਼ ਤੇ ਡਾ ਸਿਖਾ ਵਿਸ਼ੇਸ਼ਤ ਵਾਧਾ ਕੀਤੇ ਗਏ ਕਾਰਨ ਦੀ ਵੀ ਸਹਾਯਾ ਕੀਤੀ।

### Attendance Sheet



## 12. P.G. DEPARTMENT OF BOTANY

### ACTIVITY: WORLD TUBERCULOSIS DAY CELEBRATION

DATE: 24<sup>th</sup> March 2023

### Press Report

Red Ribbon Club

1. Date of program: 24<sup>th</sup> March 2023
2. Title/Theme of the Program: World Tuberculosis Day
3. Program for the benefit of: Students of B.Sc. (Medical) and M.Sc.
4. Total no. of participants: 70
5. Venue of the program: Botany Lab

World TB Day is celebrated on March 24<sup>th</sup> every year to raise public awareness about tuberculosis (TB) and to support global efforts to eliminate this deadly disease. Red Ribbon Club of Kanya Maha Vidyalaya, Jalandhar organized various activities like poster making, slogan writing, quiz and power point presentation on the theme to educate yourself and others about TB. Through these activities students aware masses about causes, symptoms, treatment and prevention of tuberculosis. Principal Kanya Maha Vidyalaya, Prof. (Dr.) Atima Sharma Dwivedi appreciated the effort of faculty and students to raise awareness about TB.



### Media Coverage

**क.एम.वा. म हफ्ता भर चली विभिन्न गतिविधियों से समाज में फैलाई गई जागरूकता**



विभिन्न गतिविधियों में हिस्सा लेकर विज्ञान बने विद्यार्थियों को पुरस्कार करते हुए विद्यालय प्रिंसिपल प्रो. अतिमा शर्मा द्विवेदी।

सबेरा न्यूज/कृष्ण जलंधर, : कन्या महाविद्यालय के स्टूडेंट वीलायत विभाग के अंतर्गत प्रयास करत रेड रिबन क्लब की ओर से विश्व टी. बी. दिवस मनाया गया। इस अवसर में कन्या महाविद्यालय में विभिन्न गतिविधियों, स्लोगन, पोस्टर, पावर पॉइंट प्रेजेंटेशन आदि जैसी गतिविधियों का आयोजन कराया गया। विद्यालय के विभिन्न विभागों की छात्राओं ने इन गतिविधियों में बढ़-चढ़कर हिस्सा लेते हुए टीबी रोकथाम की जागरूकता को बढ़ावा दिया। साथ ही जागरूकता फैलाई। विद्यालय प्रिंसिपल प्रो. अतिमा शर्मा द्विवेदी ने इस अवसर पर संबोधित करते हुए छात्रों को सावधान जीवन शैली अपनाने और संतुलित आहार खाने के लिए प्रेरित किया। साथ ही विद्यार्थी भी जागरूक बनना। उन्होंने जागरूकता को बढ़ावा देने के लिए प्रो. अतिमा शर्मा द्विवेदी के मार्गदर्शन में जागरूकता फैलाई। विद्यालय प्रिंसिपल प्रो. अतिमा शर्मा द्विवेदी ने इस अवसर पर संबोधित करते हुए छात्रों को सावधान जीवन शैली अपनाने और संतुलित आहार खाने के लिए प्रेरित किया। साथ ही विद्यार्थी भी जागरूक बनना। उन्होंने जागरूकता को बढ़ावा देने के लिए प्रो. अतिमा शर्मा द्विवेदी के मार्गदर्शन में जागरूकता फैलाई।



टीबी रोकथाम जागरूकता मुहिम 'च हिंसा लेंट वालीया विद्यालय' में सफलतापूर्वक चलायी गयी। सफलतापूर्वक चलायी गयी। सफलतापूर्वक चलायी गयी। सफलतापूर्वक चलायी गयी।

### टीबी रोकथाम जागरूकता मुहिम 'च हिंसा लेंट वालीया विद्यालय' में सफलतापूर्वक चलायी गयी।

सफलतापूर्वक चलायी गयी। सफलतापूर्वक चलायी गयी। सफलतापूर्वक चलायी गयी। सफलतापूर्वक चलायी गयी।

### Attendance Sheet

Attendance sheet of Tuberculosis

Sl. No.	NAME	Class	Roll No.	Signature
1.	Manveer Kaur	Bsc Medical sem 4	224605	Manveer
2.	Shagun Bano	Bsc Medical sem 4	224601	Shagun
3.	Tarishi Narsia	Bsc Medical sem 4	224602	Tarishi
4.	Tshika Dhiman	Bsc Medical sem 4	224603	Tshika
5.	Anjali	Bsc Medical sem 4	224604	Anjali
6.	Mompreet Kaur	Bsc Medical sem 4	224607	Mompreet
7.	AKSH	Bsc Medical sem 4	224606	AKSH
8.	Bakampreet	Bsc Medical sem 4	224608	Bakampreet
9.	Komal Sharma	Bsc Medical sem 4	224609	Komal
10.	Sushika	Bsc Med sem 4	224611	Sushika
11.	Terisha	Bsc med sem 4	224612	Terisha
12.	Terisha Sheka	Bsc Med sem 4	224613	Sheka
14.	Kamini	Bsc Med sem 6	224669	Kamini
15.	Sija	Bsc Med sem 6	224660	Sija
16.	Muskan Gill	Bsc Med sem 6	224667	Muskan
17.	Rajbir Sandhu	Bsc Med sem 6	224661	Rajbir
18.	Simran Jaswal	Bsc Med sem 6	224665	Simran
19.	Priya arsi	Bsc Med sem 6	224666	Priya
20.	Muskan Kaur	Bsc Med sem 6	224654	Muskan

### Feedback Form

<u>Department of Botany</u> <u>Feedback form</u>					<u>Department of Botany</u> <u>Feedback form</u>					
Name of activity: Tuberculosis					Name of activity: Tuberculosis					
Name of Student: AKSH					Name of Student: Terisha Kumari					
Date: 24-3-23					Date: 24-3-23					
Class: Bsc Medical Sem 4					Class: Bsc Medical Sem 4					
Experience	1	2	3	4	Experience	1	2	3	4	
		Average	Good	Very good	Excellent		Average	Good	Very good	Excellent
Any other remarks: Very useful					Any other remarks: Provided good information					

<u>Department of Botany</u> <u>Feedback form</u>					<u>Department of Botany</u> <u>Feedback form</u>					
Name of activity: TB (Tuberculosis) Day					Name of activity: TB (Tuberculosis) Day					
Name of Student: Bohika Dhiman					Name of Student: Anjali					
Date: 24-3-23					Date: 24 March 23					
Class: Bsc Medical sem 4					Class: Bsc Medical sem 4					
Experience	1	2	3	4	Experience	1	2	3	4	
		Average	Good	Very good	Excellent		Average	Good	Very good	Excellent
Any other remarks: Very useful					Any other remarks: Good Experience					

<u>Department of Botany</u> <u>Feedback form</u>					<u>Department of Botany</u> <u>Feedback form</u>					
Name of activity: Tuberculosis Day					Name of activity: Tuberculosis					
Name of Student: Tarishi					Name of Student: Sheka Sharma					
Date: 24-3-23					Date: 24-3-23					
Class: Bsc Medical sem 4					Class: Bsc Medical sem 4					
Experience	1	2	3	4	Experience	1	2	3	4	
		Average	Good	Very good	Excellent		Average	Good	Very good	Excellent
Any other remarks: Good Experience					Any other remarks: Informative					

## ACTIVITY: INNOVATION IN VEGETATIVE PROPAGATION AND CLEANLINESS DRIVE

DATE: 7<sup>th</sup> & 16<sup>th</sup> September 2022

### Permission Letter

The Principal  
Kanya Maha Vidyalaya,  
Jalandhar.

Subject: Permission to organize vegetative propagation and cleanliness drive in botanical garden.

Respected Ma'am,

With due respect, I wish to inform you that P.G. Department of Botany plans to organize vegetative propagation and cleanliness drive in botanical garden on 7<sup>th</sup> September 2022 from 11:00 AM to 1:00 PM. Students from all departments can participate in the event. Kindly grant permission to organize the same.

Thanking you.

Yours sincerely  
*Shikha*  
Mrs. Shikha Vashist  
Assistant Professor  
Department of Botany  
Dated: 2/9/2022



### Press Report

KANYA MAHA VIDYALAYA JALANDHAR (Autonomous)  
P.G. Department of Botany

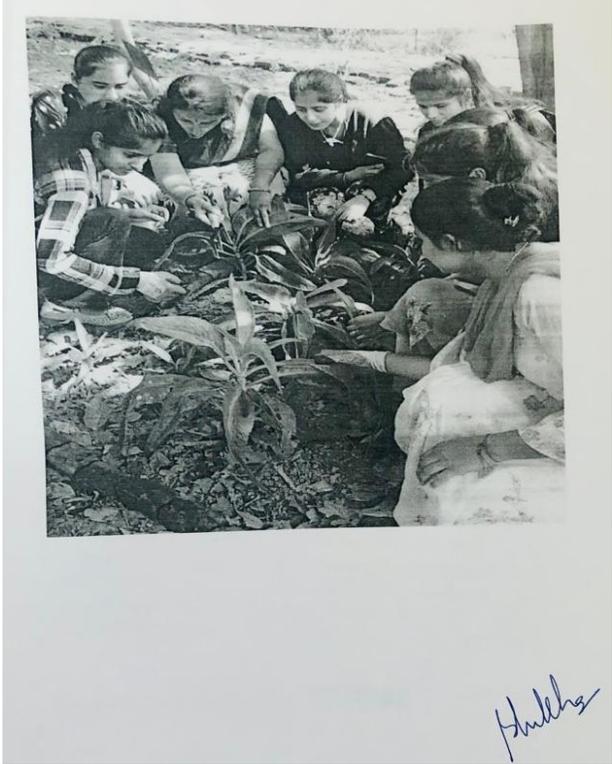
Date of program: 16<sup>th</sup> September 2022

- Title/Theme of the Program: Innovation in Plant Propagation in Botanical Garden
- Program for the benefit of: Students of B.Sc. (Medical) and M.Sc. Botany
- Total no. of participants: 30
- Venue of the program: Botanical Garden

P.G. Department of Botany of Kanya Maha Vidyalaya organized Innovation in Vegetative propagation activity in Botanical Garden. The aim of this event was to motivate students to plant more and more trees through innovative methods. The vegetative parts of a plant like leaf, stem, root or their modified forms are used for propagation. Student gets hands on training for this mode of propagation. Students actively participated in this activity. Plants like Ruscus, Tredescantia, Hibiscus, Philodendron, Lily were propagated using this technique of plant propagation. The main advantage of vegetative propagation methods is that the new plants contain the genetic material of only one parent, so they are essentially clones of the parent plant. Students from the department participated in these activities with full zeal and enthusiasm. It was a good learning experience for all of them. Principal Ma'am interacted with the students and she praises the students for their efforts and motivated them to keep doing such activities in future.



*Shikha*



## Attendance Sheet

Session: 2022-23

S. No	Name	Class	Signature
1.	Saba Salariya	MSc Botany	Saba Salariya
2.	Bhiganka	MSc (Botany)	Bhiganka
3.	Nutan	MSc Botany	Nutan
4.	Shreya Awan	MSc Botany	Shreya
5.	Shubhankar	MSc Botany	Shubhankar
6.	Diya Andotra	MSc Botany	Diya Andotra
7.	Shweta	MSc Botany	Shweta
8.	Mehak	MSc Botany	Mehak
9.	Amita	MSc Botany	Amita
10.	Megha	MSc Botany	Megha
11.	Deepika	M.Sc. Botany	Deepika
12.	Komal Kamal	M.Sc. Botany	Komal
13.	Poojika	M.Sc. Botany II Sem	Poojika
14.	Namania	MSc Botany II Sem	Namania
15.	Nurrah Khatun	MSc Botany II Sem	Nurrah
16.	Veeta	MSc Botany II Sem	Veeta
17.	Mandeep Kaur	MSc Botany II Sem	Mandeep Kaur
18.	Kalpna Pesi	MSc Botany II Sem	Kalpna Pesi
19.	Sushma	MSc Botany II Sem	Sushma
20.	Palala	M.Sc. Bot. Sem II	Palala
21.	Empyath Kaur	MSc Bot Sem II	Empyath
22.			
23.			
24.			
25.			
26.			
27.			
28.			
29.			
30.			

*Shubh*

## Feedback Form

**Department of Botany**  
**Feedback form**

Name of Student: Sushma  
Date: 07-09-2022  
Class: MSc Botany II  
Name of activity: Vegetative Propagation and Cleanliness Drive

Experience	1	2	3	4
	Average	Good	Very good	Excellent
Any other remarks	Know about vegetation of plant			

**Department of Botany**  
**Feedback form**

Name of Student: Kalpna Pesi  
Date: 07-09-2022  
Class: MSc Botany II  
Name of activity: Vegetative Propagation and Cleanliness Drive

Experience	1	2	3	4
	Average	Good	Very good	Excellent
Any other remarks	Know about vegetation of plant.			

*Sushma*

Department of Botany Feedback form					Department of Botany Feedback form				
Name of Student: Sudhima					Name of Student: Kalpana Gowd				
Date: 07-09-2022					Date: 07-09-2022				
Class: Msc Botany II					Class: MSc Botany II				
Name of activity: Vegetative Propagation and Cleanliness Drive					Name of activity: Vegetative Propagation and Cleanliness Drive				
Experience	1	2	3	4	Experience	1	2	3	4
	Average	Good	Very good	Excellent		Average	Good	Very good	Excellent
Any other remarks	Know about vegetation of plant.				Any other remarks	Know about vegetation of plant.			

Department of Botany Feedback form					Department of Botany Feedback form				
Name of Student: Shweta					Name of Student: Riya Andotra				
Date: 07-09-2022					Date: 07-09-2022				
Class: Msc Botany (Sem II)					Class: MSc Botany Sem II				
Name of activity: Vegetative Propagation and Cleanliness Drive					Name of activity: Vegetative Propagation and Cleanliness Drive				
Experience	1	2	3	4	Experience	1	2	3	4
	Average	Good	Very good	Excellent		Average	Good	Very good	Excellent
Any other remarks	This drive helps to expand our knowledge.				Any other remarks	This drive helps to expand our knowledge.			

### 13. P.G. DEPARTMENT OF CHEMISTRY

**ACTIVITY: WORLD'S ROSE DAY (WELFARE OF CANCER PATIENTS)**

**DATE: 8<sup>th</sup> October 2022**

#### Press Report

Kanya Maha Vidyalaya (Autonomous) organized creative and innovative national level competitions on World Rose Day under the aegis of CURIE grant. The event was organised by P.G Department of Chemistry. The event was organised in hybrid mode i.e. both offline and online mode. During this event, entitled "Welfare of Cancer Patients", more than 200 students across the country participated with full enthusiasm. Competitions such as card making and video message on cancer awareness were held. The students shared their beautiful and encouraging thoughts and gave profound messages on welfare of cancer patients to aware all that what should be our responsibility as society to deal with cancer patients and how one can make them happy and stress free. Students also prepared beautiful cards and video messages written with creative, innovative and encouraging quotes and dedicated them to all cancer patients. At the end, students with best card and video message were selected and rewarded for their

creative ideas. In the category of video making (junior level) Loveneesh, Nikhil and Amrit (+1 Med.), and Payal (+1 N. Med) got first, second and third positions, respectively. For video making competition in senior level Kritika Sharma and Mansi Malhotra bagged first position, Nitika and Geetanjali bagged second position and Preeti bagged third position. Likewise, in the category of Card making (junior level) Rupinder, Hamjol and Pragati bagged first, second and third positions respectively. In senior level, Astha and Karjule Shraddha bagged first position, Anshika Dubey and Vishnupriya N. S. bagged second position and Sri Varshni and Barjinder Kaur bagged third position. Principal Prof. (Dr.) Atima Sharma Dwivedi lauded the efforts of P.G Department of Chemistry for organizing this event and averred that such endeavors are a regular feature at KMV.



[Link](#)

<https://www.kmvjalandhar.ac.in/sitepages/kmv-organises-national-level-competitions-to-commemorate-world-rose-day/>

[https://www.facebook.com/kmvjal/posts/pfbid0kUpdFPo4TuiMggEDvJwBTRXSv4BCE4j6j32NEapjFD5w7x1NEJzEjWq4Z8N7w2wl?\\_cft\\_\\_\[0\]=AZVOr9KQ7zeXQMC3LfH6bdW6C6\\_dp0sQq6LRW\\_4QZ\\_BcBe2X9VyZ4Gu5\\_e0mYJYbmwpPSfCfqaFuYa2xoVhK4duHZEPYAgEMG0oJe6hrEI1aucVt9r1YTfosdKfyVd3X5X5J74nJehvJ\\_4sbM16rIkWdlZxNIqzY6MiSFeGZlBYO-aZ2S29\\_87n4AouxUzJMN4k&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/kmvjal/posts/pfbid0kUpdFPo4TuiMggEDvJwBTRXSv4BCE4j6j32NEapjFD5w7x1NEJzEjWq4Z8N7w2wl?_cft__[0]=AZVOr9KQ7zeXQMC3LfH6bdW6C6_dp0sQq6LRW_4QZ_BcBe2X9VyZ4Gu5_e0mYJYbmwpPSfCfqaFuYa2xoVhK4duHZEPYAgEMG0oJe6hrEI1aucVt9r1YTfosdKfyVd3X5X5J74nJehvJ_4sbM16rIkWdlZxNIqzY6MiSFeGZlBYO-aZ2S29_87n4AouxUzJMN4k&_tn_=%2CO%2CP-R)

[https://www.instagram.com/p/CjdH5Wxvul6/?utm\\_source=ig\\_web\\_copy\\_link&igshid=MzRIODBiNWF1ZA=](https://www.instagram.com/p/CjdH5Wxvul6/?utm_source=ig_web_copy_link&igshid=MzRIODBiNWF1ZA=)

#### **14. DEPARTMENT OF ENVIRONMENTAL SCIENCES & NCC**

**ACTIVITY: WORLD ENVIRONMENT DAY CELEBRATION**

**DATE: 5<sup>th</sup> June 2022**

#### **Press Report**

Kanya Maha Vidyalaya- the Autonomous & Heritage Institution , Ranked No 1 by India Today Ranking 2020 Organised a week long activities like poster making, rangoli, extension lecture and plant donation camp on WORLD ENVIRONMENT 5<sup>TH</sup> JUNE 2022 theme “ONLY ONE EARTH” in order to spread awareness about the Environment & Biodiversity conservation. The event was organized by the department of environment science and NCC. Students from all the streams participated with full zeal and enthusiasm. Around 200 students of various streams of collegiate school and college participated in the same. The main motive of this event was to make students aware about the Environment & Biodiversity conservation. As the theme of this year was “ONLY ONE EARTH” Students accentuated many issue like protection of species, save plants, save nature and restoring degraded, damaged or destroyed ecosystem and habitats in the environment by active human intervention and actions etc through plantation drive.

Meanwhile many students planted different useful medicinal, ornamental and plants releasing oxygen during night. Principal Prof. (Dr.) Atima Sharma Dwivedi Congratulated the students and Mrs Sadhana Tandon head of department, Dr. Madhumeet (Dean student welfare), Mrs. Veena Deepak (Co-ordinator kmv collegiate school), Mrs. Anand Prabha incharge collegiate school, Ms. Sufalica kalia from department of Environment science and NCC incharge for sensitizing the students and making the event big success. She thanked all the students for joining the cause and asked them to connect to such initiatives in future too.



[Link](#)

[https://www.facebook.com/kmvjal/posts/pfbid024kPJBSU6wVmffK92JeJmiZfpHzbcsqECFF6vhYBTJU S3bJidFdUxV9uutW2Zo3Cnl?\\_cft\\_\\_\[0\]=AZXX0aiwBMxa4Mpsb89-5Tdsfx9Qb-z6LoDbt1O646ZsHrfd5Y0PaCW01n1NKqpQmiVEcPb00Sqio74cs1WqIKiVvdXwIx-o1hvh8k6-W8b8e64aRiN9YyRcOf-HG4DgLDqA4Yf6mFt9B7WvDWpSeYVQu7AbETBn201vY4VorJYFK73Hr0VZQQ2aDeiNVg\\_d0s4&\\_tn=%2CO%2CP-R](https://www.facebook.com/kmvjal/posts/pfbid024kPJBSU6wVmffK92JeJmiZfpHzbcsqECFF6vhYBTJU S3bJidFdUxV9uutW2Zo3Cnl?_cft__[0]=AZXX0aiwBMxa4Mpsb89-5Tdsfx9Qb-z6LoDbt1O646ZsHrfd5Y0PaCW01n1NKqpQmiVEcPb00Sqio74cs1WqIKiVvdXwIx-o1hvh8k6-W8b8e64aRiN9YyRcOf-HG4DgLDqA4Yf6mFt9B7WvDWpSeYVQu7AbETBn201vY4VorJYFK73Hr0VZQQ2aDeiNVg_d0s4&_tn=%2CO%2CP-R)

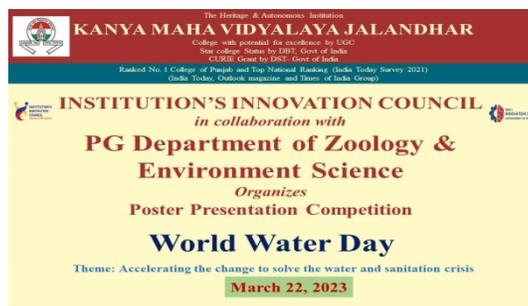
[https://www.instagram.com/p/CebCWq\\_vMuE/?utm\\_source=ig\\_web\\_copy\\_link&igsh=MzRIODBiNWF1ZA==](https://www.instagram.com/p/CebCWq_vMuE/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWF1ZA==)

## 15. P.G. DEPARTMENT OF ZOOLOGY & ENVIRONMENTAL SCIENCE

**ACTIVITY:** WORLD WATER DAY CELEBRATION

**DATE:** 22<sup>nd</sup> March 2023

**Banner**



## Press Report

P.G Dept of Zoology and Environment Science of Kanya Maha Vidyalaya, Jalandhar in collaboration with Institution's Innovative Council, celebrated World Water Day by organizing Poster making competition with the aim to create awareness about the importance of freshwater amongst the students, parents and community members. Students of science department and KMV's Water warrior's team participated in this event to showcase their creativity to highlight the need for the Sustainable Management of freshwater resources, access to water, hygiene facilities and sanitation all across the world. Students made posters and slogans to inculcate values of water conservation among people. The role of water warriors is to spread awareness about the importance of water conservation, ensuring that clean drinking water reaches the needy, checking any leakage on taps on the campus and at homes etc. The event ended with the vote of thanks by Head of the Department, Mrs. Sadhana Tandon. Professor (Dr.) Atima Sharma Dwivedi, Principal KMV said college gives utmost priority to environment conservation as we always motivate students to spread awareness regarding this cause in society, so that the youth could feel its responsibility.



## Link

<https://www.instagram.com/p/CqGBaF5vQVm/>