

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS
OF
MASTER OF ARTS (PSYCHOLOGY)
(Semester: I)

(Under Credit Based Evaluation and Grading System)

Session: 2022-24



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

MASTER OF ARTS (PSYCHOLOGY)

Session: 2022-24

PROGRAM SPECIFIC OUTCOMES

Upon successful completion of this course, students will be able to:

PSO1. develop deep rooted knowledge about the subject in which they will learn about the theory and practical

PSO2. develop global perceptive of nature and scope of psychology and to understand the interconnections of psychology with other disciplines.

PSO3. inculcate the ability to apply the skills of psychology in personal as well as professional life.

PSO4. develop an insight into ones' own and others' thoughts and activities and apply effective strategies for self-management and self-improvement.

PSO5. understand and appreciate the global diversity of cultures, values, belief systems and the common principles that guide all humanity and are expressed in biological, social and cognitive aspects of behavior.

PSO6. choose, administer, and interpret scores of tests commonly used in the practice of psychology and will also be able to demonstrate the use of therapeutic techniques.

PSO7. initiate research on psychological problems and issues and offer an advanced understanding of the subject matter

PSO8. prepare the students to work in the social service industry (NGOs) and to grant a firm foundation in the field as either a clinical, industrial or research practitioner.

PSO9. earn a higher degree or an advanced certification to become a professional psychologist.

PSO10. communicate complex psychological knowledge, both orally and in writing, with awareness of the latest field knowledge.

Session: 2022-24
MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Experimental Psychology

Course Code: MSYL-1441

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: develop a deep understanding and broad knowledge of the general theoretical and scientific principles of experimental psychology.

CO2: acquire in-depth knowledge in the psychological concepts of learning and memory

CO3: apply the theoretical facts for enhancing one's learning and memory and use it in everyday issues of life

CO4: understand and analyze physiological basis of learning and memory.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Social Psychology

Course Code: MSYL-1442

(Theory)

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: understand and analyze the major theories, concepts, empirical findings, methods and techniques used in social psychology

CO2: apply psychological theories and empirical research in explaining behavior of individuals and groups.

CO3: create an awareness of the major problems and issues in the discipline of social psychology

CO4: understand the forces that create group differences in the patterns of social behavior and also to create respect for the behavior of other people

Session: 2022-24
MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Statistical Techniques in Psychology

Course Code: MSYL-1443

(Theory)

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: define and identify basic concepts in inferential and descriptive statistics.

CO2: develop the ability to apply the concepts and procedures of inferential and descriptive statistics.

CO3: develop the ability to think critically about data collection, analysis, and interpretation and demonstrate ability to calculate solutions to common statistical problems.

CO4: To understand the logic and application of hypothesis testing and interpretation of research results.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Perceptual Processes

Course Code: MSYL-1444

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: learn the history and methods used in the science of sensation and perception.

CO2: distinguish between sensory input and perceptual experience, and explain the relationship that exists between the two.

CO3: analyze how sensory information is perceived and processed and how perceptual information helps us in our lives.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

**Course Title: Theories and Systems
of Psychology**

Course Code: MSYL-1445

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: know about the historical development of Psychology.

CO2: gain knowledge about the origin of psychology as a science

CO3: expand insight about various schools and systems of psychology

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Group Dynamics

Course Code: MSYL-1446

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: explain the major theories of group development and describe the interpersonal and intrapersonal reactions within the context of the group.

CO2: describe methods for identifying group problems and develop appropriate strategies for their resolution

CO3: analyze different types of leadership styles and would understand the concept of power.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Practicals

Course Code: MSYP-1447

(Practical)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring perception, learning, memory and social issues.

CO3: write an elaborative report about the conduction and results of the experiment.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Code: Approaches to Personality
Course Code: MSYL-2441
(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: develop understanding of the basic approaches towards personality developed by the major schools

CO2: demonstrate an understanding of the major theories in personality, including their basic concepts and principles, views of personality development, assessment techniques and treatment principles.

CO3: discuss how behavior problems are understood and modified according to the major theories of personality.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Motivation

**Course Code: MSYL-2442
(Theory)**

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: understand and analyze the major theories, concepts, empirical findings, methods and techniques used in motivation

CO2: appreciate different views of how people are motivated and apply different theories to an individual's motivation.

CO3: apply motivational theory and empirical research in explaining human behavior.

Session: 2022-24
MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title:

Experimental Designs in Psychology
Course Code: MSYL-2443
(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: understand different types of research methodologies and will be able to use them in research projects.

CO2: understand various experimental designs, including selection and layout of plots, data analysis and data interpretation.

CO3: understand the basic principles for the analysis of experimental data, including identification of significant treatment effects.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Physiological Psychology

Course Code: MSYL-2444

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: acquire basic knowledge about the structure and function of nervous system.

CO2: describe and understand the interaction of different parts of the nervous system with higher cognitive functions

CO3: explain the research techniques used in Physiological Psychology.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title:

Abnormal Psychology

**Course Code: MSYL-2445
(Theory)**

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: explain the issues and concepts of abnormal psychology and its place in historical and current society

CO2: acquaint students with multiple causes of abnormal behavior as viewed from a number of different theoretical perspectives

CO3: understand different types, classification and diagnosis of mental disorders.

CO4: describe and apply different strategies for the treatment of mental disorders.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title:Practicals

**Course Code: MSYP-2446
(Practical)**

COURSE OUTCOMES

At the end of this course student will be able to

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring thinking, problem solving and personality.

CO3: write an elaborative report about the conduction and results of the experiment.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Psychometrics

Course Code: MSYL-3441

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: understand the theory and technique of psychological measurement.

CO2: focus on construction and validation of assessment instruments.

CO3: understand key features of standardization of psychological tests.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title:

Psychological Assessment

Course Code: MSYL-3442

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: have familiarity with various psychometric and projective tests for personality.

CO2: introduction, administration and understanding of various tests of personality and interest.

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title:

Organizational

Psychology

Course Code: (OPT-I)

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: understanding various organizational designs and the communication techniques essential in the organizational settings.

CO2: practical implications of different models and theories of leadership and decision making in the organization.

CO3: in-depth understanding of numerous concepts like organizational climate, organizational change and the ways in which these changes can directed in the effectiveness of the organization.

CO4: learning practical implications of the organizational techniques which are important for organizational cohesiveness.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

**Course Title:
Child Psychology**

Course Code: OPT-II

(Theory)

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: learn about how hereditary and developmental stages are essential and fundamental in the psychological wellbeing of the children.

CO2: apply psychological theories in the development of behavior of the child.

CO3: understand how different cognitive and socio-emotional forces can make an impact in regulating the behavior.

CO4: create an awareness of the eminent problems and issues in the discipline of child psychology

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title:

Counselling Psychology

Course Code: MSYL-3443 (OPT-III)

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: help students understand the concept, process, skills and ethical considerations essential to practice counselling settings

CO2: make students familiar with various therapeutic techniques involved in the counselling psychology

CO3: apply psychological theories and empirical research in explaining behavior of individuals.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

**Course Title:
Clinical Psychology**

Course Code: MSYL-3444 (OPT-IV)

COURSE OUTCOMES

At the end of this course student will be able to:

CO1: understand history and emergence of clinical psychology and its interrelationship with other disciplines.

CO2: familiar with diagnostic techniques used in clinical settings.

CO3: in-depth understanding of the various assessment techniques and issues related with those assessment techniques.

CO4: apply psychological theories and empirical research in explaining behaviour of individuals

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

**Course Title:
Applied Social Psychology**

Course Code: OPT-V

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: understand various practical concepts and its relevance in the environment

CO2: helps to understand the forces behind emerging issues like violence, terrorism, corruption and strategies to deal with them.

CO3: information technology and communication on social behavior.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title:

Cognitive Psychology

Course Code: OPT-VI

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: understand and analyze the major theories, concepts, empirical findings under attention.

CO2: analyze the basic process and models which empirically validate the process involved in memorizing the information.

CO3: apply the theoretical facts for enhancing one's reasoning and decision making and use it in day to day life

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Psychology of Exceptional Children

Course Code: MSYL-3445 (OPT-VII)

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: understand the concept of exception children and distinguish between impairment, disability and handicap.

CO2: analyze different sensory and motor disabilities.

CO3: apply the theoretical and practical understanding of the various cognitive, speech and learning disabilities among children.

Course Outcomes

At the end of this course student will be able to

CO1: understand the concept of Human rights.

CO2: Analysis different types of human rights.

CO3: apply the theoretical and practical understanding of the Fundamental Duties in Indian Constitution

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Emotions

Course Code: OPT-VIII

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: develop understanding of the concept of emotions and its classification

CO2: demonstrate an understanding of the major theories of emotions, including their basic pattern of expression and bodily changes involved in it.

CO3: in-depth understanding of neuro-physiological basis of emotions

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title:

Course Title: Practicals

Course Code: MSYP-3447

(Practical)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring personality, emotions and interest.

CO3: write an elaborative report about the conduction and results of the experiment.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Field Work

Course Code: MSYF-3448

Total Marks: 50

Course Outcomes

Upon successful completion of this course, students will be able to:

CO1: develop understanding of the concepts, principles, and overarching themes in psychology.

CO2: demonstrate an understanding of the working knowledge of psychology's content domains.

CO3: describe applications of psychology.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Research Methodology

Course Code: MSYL 4441

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: develop a deep understanding and broad knowledge of the research techniques used in the field of psychology.

CO2: acquire in-depth knowledge about various types of research methods

CO3: Thorough understanding of Cross-cultural research and Qualitative research.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Industrial Psychology

(OPT-I)

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: To understand the basic concepts and principles of Industrial psychology.

CO2: To have an overview of human resource planning.

CO3: To appreciate the major factors influencing industrial behavior, employee effectiveness and motivation

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Psychology of Adolescence

(OPT-II)

(Theory)

COURSEOUTCOMES

Upon completion of this course, the student should be able to:

CO1: To develop an understanding of psychology within adolescent perspective.

CO2: apply psychological theories and empirical research in explaining behavior of adolescents.

CO3: create an awareness of the major problems and issues in the development of adolescents.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Health Psychology

Course Code: MSYL-4443 (OPT-III)

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: To develop an understanding about the nature and significance of emerging areas of health psychology.

CO2: To introduce the students to types of stressors, their consequences, and ways for managing stress.

CO3: To impart knowledge about causes and intervention for some prevalent stress related disorders.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Positive Psychology

Course Code: MSYL-4444 (OPT-IV)

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: To gain knowledge about trace the development of positive psychology as an independent discipline with its multidimensional perspective.

CO2: To study various positive emotional and cognitive states and processes

CO3: To understand what is mental health and its importance.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Intelligence and Creativity

(OPT-V)

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: explain the major theories of intelligence and creativity.

CO2: To understand various correlates of creativity.

CO3: To understand main theoretical perspectives of intelligence and creativity.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Developmental Psychopathology

Course Code: MSYL-4445 (OPT-VI)

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: To provide an understanding about the concept of psychopathologies, their classification and assessment.

CO2: To gain an understanding of the causes of psychological disorders.

CO3: To train the students in providing interventions for the treatment of various pathologies. .

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Applied Psychology

Course Code: MSYL-4442

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: To provide an understanding about the application of psychological principles to solve problems of the human experience

CO2: To gain an understanding about the concept of Social influence and Legal system.

CO3: To train the students in Teamwork abilities, Flexibility, and Self -management.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Environmental Psychology

(OPT-VII)

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: Develop a deep understanding and broad knowledge of the general theoretical and scientific principles of environmental psychology.

CO2: Understand and analyze the major theories and concepts of environmental psychology.

CO3: To create awareness among students regarding the various strategies to manage environment effectively.

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MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Educational Psychology

(OPT-VIII)

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: To develop understanding of the basic nature and objectives of educational psychology.

CO2: To demonstrate an understanding of the major theoretical perspectives in educational psychology.

CO3: To discuss how various theoretical concepts can be applied to improve learning

Session: 2022-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Practicals

Course Code: MSYP-4446

(Practical)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring creativity, intelligence and stress.

CO3: write an elaborative report about the conduction and results of the experiment.