

FACULTY OF VOCATIONAL STUDIES

SYLLABUS

of

Master of Arts (Cosmetology)

Semester: (I to II)

(Under Credit Based Continuous Evaluation Grading System)

Session: 2022-2023



The Heritage Institution

KANYA MAHAVIDYALAYA JALANDHAR

(Autonomous)

Master of Arts (Cosmetology) Semester-I
Session 2022-2023
Anatomy and Physiology of Skin
COURSE CODE: MCYM-1141

Course Outcomes:

CO 1: Identify the function of various anatomical structures within the skin.

CO 2: To understand the common skin problems and disorders.

CO3: To understand the term skin analysis, ph scale and different techniques of sterllization.

CO4: Students can gain knowledge of the gernal terminology, cell structure , skeletal, muscular, nervous systems and Digestive system.

**Master of Arts (Cosmetology) Semester-I
Session : 2022-2023**

**BEAUTY AND WELLNESS
Course Code: MCYM-1142
(THEORY)**

Course Outcomes:

CO1: To understand the importance of beauty and colour outfit.

CO2: To impart knowledge of personal grooming and Hygiene.

CO3: Students can understand the role of yoga and breathing system for good health.

CO4: To gain the meditative state and achievement through meditation techniques.

Master of Arts (Cosmetology) Semester-I

Session 2022-2023

MASSAGE

Course Code : MCYM-1143

(THEORY)

Course Outcomes:

CO1: To understand the different techniques of massage with the knowledge of its psychological effects.

CO2: Identify the major types of bone cells and its functions.

CO3: Students will learn various manipulation along with the knowledge of facial muscles, facial nerves and bones

CO4: Students will learn and techniques of home made spa and hoe to concern a client.

Master of Arts (Cosmetology) (SEMESTER-I)

Session 2022-2023

SKIN CARE

Course Code: MCYM-1144

(THEORY)

Course Outcomes:

CO1: To provide basic knowledge of the natural herbs and ingredients for skin treatment schedule.

CO2: To identify the techniques of exfoliation for oily, dry and sun damaged skin.

CO3: To know the pH scale and effect of AHA & BHA peels on skin.

CO4: To gain adequate knowledge of organic ingredients and how to prepare skin care products

Master of Arts (Cosmetology) (Semester-II)

Session: 2022-2023

Trichology

**Course Code: MCYM - 2141
(Theory)**

Course Outcomes:

CO 1: Students learn the deep layers of hair its composition and its types

CO 2: To analysis the hair on the basis of shapes and distribution and their facts.

CO3: This also teaches us the different disorders of hair and scalp both infectious and non- infectious.

CO4: To impart the knowledge of chemical hair structre and its pH level.

Master of Arts (Cosmetology) (Semester-II)
Session: 2022-2023
Playing with Hair Colors
Course Code: MCYM - 2142
(Theory)

Course Outcomes:

CO1: To impart the knowledge of colour theory in relation to hair colour

CO2: To identify the natural level and tone of the colour and its application and mixing techniques.

CO3: To understand the value of hair analysis and client consultation prior to hair colouring.

CO4: Students can learn different types of hair colouring and their use.

Master of Arts (Cosmetology) (Semester-II)
Session: 2022-2023
Reflexology
Course Code: MCYM - 2143
(Theory)

Course Outcomes:-

CO1: To understand some of the benefits and application of reflexology.

CO2: The difference between reflexology relaxation methods and reflexology treatment techniques

CO3: To understand the range, purpose and application of different treatment and relaxation techniques in Reflexology.

CO4: Student have a broad understanding of reflexology , hand and foot map.

Master of Arts (Cosmetology) (Semester-II)
Session: 2022-2023
Hair Grooming
Course Code: MCYM - 2144
(Theory)

Course Outcomes:

CO1: Students will learn the technique of Permanent hair straightening by Break the Natural Bond.

CO2: Be able to provide haircutting services adapting various cutting techniques.

CO3: Understand the tools, products, equipment and techniques for haircutting services.

CO4: Able to understand skills in the area of styling with thermal equipment.

FACULTY OF VOCATIONAL STUDIES

SYLLABUS

of

Master of Arts (Cosmetology)

Semester: (III to IV)

(Under Continuous Evaluation System)

Session: 2022-2023



The Heritage Institution

KANYA MAHAVIDYALAYA JALANDHAR

(Autonomous)

Programme Specific Outcomes Master of Arts (Cosmetology)

PSO1 -Cosmetology is the study and application of beauty treatment. It is the science which focuses on making people look good. It comprises many branches which include beauty therapy and treatments for face, hair, body and overall health care.

PSO2- A cosmetologist is an expert in makeup, skin care and beauty products. He or she provides beauty services that include cosmetic care for hair, skin and body.

PSO3- Students who are interested to become a cosmetologist need to obtain certain educational and licensing requirements. With the right educational qualification and license, cosmetologists can work in several industries and may also be self-employed.

PSO4- The job roles range from the regular haircut, hair wash, perming, styling, colouring, and hair extensions to manicure, pedicure and facials

PSO5- The career possibility in the industry of beauty is endless. This industry offers various careers for these professionals to excel and grow. It is a lucrative career option with earnings increasing with experience and reputation Trained cosmetologists find well paid jobs in beauty parlours, high-end salons and in luxurious hotels/resorts
Makeuphair style.

PSO6- Beauty therapists give treatment for the face, hair, skin, and the body. Threading, facials, massages, skin treatments, manicure and pedicure are all included in Beauty therapy. They also advise on skin care, makeup.

PSO7- Beauticians specialize in doing make up for marriages, for TV and film performances and special occasions.

PSO8- Specialized areas of work are electrolysis, permanent make-up used to give a permanent lip-line or eye-line, aroma therapy which uses fragrances and essences for beauty treatment, etc.

PSO9- Beauty advisors market cosmetics, help customers identify the skin/ hair type and give advice on how to treat minor ailments. They give advice on

Master of Arts (Cosmetology) (SEMESTER-III) Session 2022-2023

Business Management

Course Code: MCYL-3141

(THEORY)

COURSE OUTCOMES:

CO1: To learn the principles of management.

CO2: Students will learn how to plan and locate a saloon and to keep its income and expenditure record.

COS.3 To analyze the financial performance of an organization.

COS.4 To develop the understanding of the concept of resource management and to understand its relevance in organizations.

Master of Arts (Cosmetology) Semester-III
Session 2022-2023
Advance Therapies for Skin & Health
Course Code: MCYM-3142
(THEORY)

Course Outcomes:

- CO1: To provide an in depth understanding on how to give magnet and reflex therapy.
- CO2: To provide an advance training above the purpose benifites and techniques of hydro and sea weed therapy.
- CO3: To give student and understanding of different techniques and purpose of electro therapy and electrolysis therapy.
- CO4: Develop skill dealing with different Aayurveda SPA therapies.

Master of Arts (Cosmetology) Semester-III
Session 2022-2023
The Magic of Massage
Course Code: MCYM-3143
(THEORY)

COURSE OUTCOMES:

CO1: 1 To discuss the purpose and origin of massage.

CO2: To demonstrate and understand of the structure and function of the human body with different western massage.

CO3. Identify the movement types of the massage.

CO4: To understand the concept of oils and their healing power.

Master of Arts (Cosmetology) Semester-III

Session 2022-2023

Maquillage Technique

Course Code: MCYM-3144

(THEORY)

COURSE OUTCOMES:

CO1: To Identify and apply various makeup equipment and techniques use for professional makeup application.

CO2: To understand the different types of makeup around the clock.

CO3 To understand that while applying makeup, one must take in to consideration the structure of client's face, the color of eye, skin and hair that how the client wants to look.

CO4: Understand equipment , materials, products , techniques and treatment planning for eyelash extention services.

Master of Arts (Cosmetology) (Semester-IV)

Session: 2022-2023

Hand and Feet Care

Course Code: MCYM - 4141

(Theory)

COURSE OUTCOMES:

CO.1 Demonstrate different types of nail shapes and identify common nail disorders.

CO 2 To understand the introduction to the practice of manicure and how to provide the full consultation to the client.

CO.3 To understand the introduction to the practice of pedicure and how to provide the full consultation to the client.

CO.4 To identify the different types of nails and remove them with due care and safety.

Master of Arts (Cosmetology) Semester-IV
Session : 2022-2023
Therapeutic Nutrition
Course Code: MCYM - 4142
(Theory)

Course Outcomes:

CO1: To understand the aim , scop and role of nutrition in health and disease process.

CO2: Implement different strategic methods for assessing nutritional status.

CO3: Utilize knowledge from the physical and biological sciences as a basic for understand the role of food and nutrients in health and disese process.

CO4: Understand the nutitional requirments and develop recipes for infants , school children, pregnant and lactating mothers.

Master of Arts (Cosmetology)(Semester-IV)
Session: 2022-2023
Ayurvedic Products for Skin and Hair
Course Code: MCYM - 4143
(Theory)

Course Outcomes:

CO1: To understand the concept of ayurveda for healthy hair and skin.

CO2: Students will have knowledge of preparing different facial mask , lotion, creams and pack for different skin treatments.

CO3: Students will have knowledge of preparation of ayurvedic products for different hair treatments.

CO4: Students will learn packing and filling of different products like packs,toners, cream , shampoos and conditioners.