

Timestamp	Name of the Class	Roll No.	Major take aways from the lecture (Any 3)
2022/10/2:	Jasmine ba B.voc beau	226452	Be positive be helpful and positive attitude
2022/10/2:	Nishu Rani B.voc (beau	226459	Happiness, positivity, developed the personality
2022/10/2:	Muskandee B.voc beau	226471	Positivity and happiness
2022/10/2:	Harmanpreet B.voc (Bea	226451	Positive personality and happiness
2022/10/2:	Urvashi B.voc. (Bea	226467	Be helpful, be smile, be positive attitude
2022/10/2:	Prachi Aror B voc tdat	224719	
2022/10/2:	Manmeet B.voc beau	226464	Be positive, set a goal, feed your soul
2022/10/2:	Kritika B.voc beau	226453	Positivity and happiness
2022/10/2:	Samriti sal Bsc non me	224806	Be positive, build self confidence, be happy
2022/10/2:	Pallvi B.voc beau	226461	Nothing
2022/10/2:	Babanpreet BSC medica	224608	
2022/10/2:	Monika Sul B.voc(Beau	226465	Positivity, happiness, hard work
2022/10/2:	Bhawna Th Bsc (non-m	224804	Be positive, spread positivity, be happy, confident, honest
2022/10/2:	Rupinder k Bsc Non me	224803	
2022/10/2:	Simranjit K Bsc non me	224812	Think positive, take responsibility for yourself, patience
2022/10/2:	Amanpreet BSc (Hons)	224166	Positive thinking is must to be happy in life. Happiness is i
2022/10/2:	Manmeet B voc retail	227203	
2022/10/2:	Simran B.voc(beau	226458	Happiness, positivity, developed the personality
2022/10/2:	Vineet Kau Bvoc artific	226258	Positivity , boost , importance of learning
2022/10/2:	Beenu Kurr BSc Non M	224802	Be positive, always keep smiling, be confident
2022/10/2:	nagita b.voc(beau	226469	self confidence, helpful
2022/10/2:	Mansi BSc non me	224813	
2022/10/2:	Manpreet BCA	225360	Interesting
2022/10/2:	Nikita B.voc (hospi	226607	Knowledgeable, help for future
2022/10/2:	Manpreet B. Voc Artif	226255	Confidence, personality, low voice
2022/10/2:	Malika ratt B voc artific	226252	Full of information, well represented, well described
2022/10/2:	Isha B voc tdat	227415	Yes
2022/10/2:	Komal Shar Bsc medica	224609	Be good to others. Self-love .
2022/10/2:	Atinder Jee Bsc biotech	224337	Build self confidence , implement positive attitude , devel
2022/10/2:	Gurpreet k Bvoc H&T	226601	To hone communication skills , to enhance confidence ar
2022/10/2:	Prinkal kau B.voc (TD&	227409	1. keep smile on face 2. Positivity 3. Inspiring
2022/10/2:	Divya bhad B.voc (hospi	226610	Always think positive, keep positive attitude towards othe
2022/10/2:	Anuradha Bsc Hons r	224164	
2022/10/2:	Harneet Ka B.voc (texti	227403	Stay positive, self confidence, always smile , motivational
2022/10/2:	Muskan Bsc hons m	224162	Positive attitude is a must if you wanna grow in your life l
2022/10/2:	Anjali Bsc medica	224604	Nil
2022/10/2:	Simrandeep B. Voc(h&t	226604	Be positive, Personality developed, Way towards success
2022/10/2:	Harpreet K B.Voc Anir	226102	
2022/10/2:	Nikita Bsc biotech	224330	(1)Positive personality (2)helping nature (3)good attitude
2022/10/2:	Shruti sen Bsc biotech	224329	Positive attitude, Happy thoughts, Focused on good things
2022/10/2:	Komal BCA	225352	To be positive always , be confident, and be happy in any s
2022/10/2:	Sheetal Bsc econon	224052	There must be a particular lecture for the programme. D
2022/10/2:	Harita B.voc(h&t)	226603	Helpful
2022/10/2:	samriti bsc biotech	224336	
2022/10/2:	Jaskiran Ka B.VOC (Arti	226251	Positivity boost importance of learning
2022/10/2:	Anshika B.voc (anir	226104	Interesting

2022/10/2: Saniya Cha Bvoc (b&w	226468 Positive attitude, positive character , positive atmosphere
2022/10/2: Jasmine Sh Bvoc(Beaut	226466 Positive attitude
2022/10/2: Simranjeet Bachelor of	22740707 1) Always be positive and stay away from negative people
2022/10/2: Jiwan kaur B.VOC (TD&	227410 Good
2022/10/2: Snigdha gu B.voc hospi	226605
2022/10/2: Aditi Sharr Bsc. Biotecl	224335 Positive thinking, change is important
2022/10/2: Navneet ka B.sc. econo	224054 Good
2022/10/2: Navneet K B.Sc Non M	224801
2022/10/2: Saloni Thak B.voc (TD&	227408 Keep smile on face , Positivity , Inspiring
2022/10/2: Shrishti jha B.voc (TD &	227412 Keep smile on face, Positivity, Inspiring.
2022/10/2: Mitali Bsc biotech	224334 Positive attitude towards life
2022/10/2: Gurleen Ka Bachelor of	226602 buildings self confidence , positive & negative attitude, w
2022/10/2: Ishleen kau Bsc eco	224053 - be thankful for everything in life! -self-time is key to
2022/10/2: Palak Bsc biotech	224340 Be confident, spread positive vibes, keep smiling always
2022/10/2: Roshni B.VOC(Artifi	226253 Positivity boost importance of learning
2022/10/2: Sapna B.voc (bea	226460 To be positive and think positive ,be kind and set a goal to
2022/10/2: Nivedita Sh Bsc biotech	224326 Being always positive is very important and happiness is t
2022/10/2: Sunidhi B.voc (td&a	227411 Self confidence,motivation,positivity
2022/10/2: Isha B voc tdat s	227415 Self confidence
2022/10/2: Taniya Sha Bsc biotech	224339 Positive thinking , positive attitude, personality developm
2022/10/2: Tanisha ku Bsc medica	224612 Be always have to positive, using of public Etteteds, and a
2022/10/2: Rekha shar B. Voc (td&	227404 Positivity, happiness, smile.
2022/10/2: Gurpreet K B.Voc(MSP	226803 Main aim of life is happiness,stay positive,take positive at
2022/10/2: Khushi B.voc(Artifi	226256 I really enjoyed the online class
2022/10/2: Manmeet B.voc(MSP)	226812 How to build confidence, personality, think positive
2022/10/2: Monika rar B.Voc (MSF	226806 Like a presentation ,to learn and remember
2022/10/2: Komalpre B.voc msp :	226804 Always be smile, adapt a postive attitude, first aim to con
2022/10/2: Priya BCA semes	225388
2022/10/2: Kirandeep B.voc (RM)	227207 Good
2022/10/2: Pardeep ka B.VOC(msp	226810 Nothing
2022/10/2: Khushi B. Voc. Arti	226259 Think positive, be positive, have positive
2022/10/2: Amandeep B.voc(RM):	227205 Improving the personality with the increment of confiden
2022/10/2: Sakshi path BCA	225364 For self development
2022/10/2: Manpreet B.voc (Bea	226457 Happiness
2022/10/2: Manmeet B voc retail	227203
2022/10/2: Kajal Thak B.VOC MSP	226809 Nothing
2022/10/2: Navpreet k Bsc biotech	224338 Self confidence, patience , postive attitude
2022/10/2: Gagandeep B voc (Reta	227206
2022/10/2: Suhani Sair Bsc Hons r	224159 Be positive
2022/10/2: Sandeep K BCA Sem-3	225379 Values,honesty,virtues
2022/10/2: Mandeep k B.Voc.retai	227204 Positive attitude and behaviour
2022/10/2: Ritika BCA	225369
2022/10/2: Samarpre BCA	225368 Happiness, confidence, success
2022/10/2: Kirti Saini Bsc hons m	224160 1).Personality Development goes a long way in reducing s
2022/10/2: Harpreet K B.voc (T.D&	227406 Positivity, happiness , smile
2022/10/2: Naina shari 227201	6.23E+09
2022/10/2: Manpreet B BCA sem-3	225367 Success, good attitude, happiness

2022/10/2! Harmanjee BCA sem3	225366 1.Happiness,2.Positive and 3. Success
2022/10/2! Palak Sharr BVoc (msp)	226811 Positive thinking
2022/10/2! Anmol Kau BCA sam 3	225382 2
2022/10/2! Ridhima BCA sem 3	225328 Yes
2022/10/2! Khushi Bca sem 3	225356 Positivity, happiness, punctuality
2022/10/2! Harsimran BCA sem-3	225354 Happiness, confidence, success
2022/10/2! Harjot kaur Bca sem 3	225365 Happiness,positive,confidence
2022/10/2! Prabhjot kaur B.voc (msp)	226805 Be positive,be confident and be happy
2022/10/2! Simta Shari Bsc hons m	224154 Positive attitude, good leadership, be confident
2022/10/2! Lakshmi B.voc retail	227202 I learnt a lot things thanks you dear my repeated Teacher
2022/10/2! Lovepreet BCA sem-3	225353 Be positive, be confident and be happy
2022/10/2! Kacita BCA	225373 Interesting â~âi,â
2022/10/2! Nandita BCA	225384 Knowledge
2022/10/2! Kavita BCA	225373 Interesting â~âi,â
2022/10/2! Anshika Bsc hons m	224163 Some basis of Vedic mathematics
2022/10/2! Suhani Sair Bsc Hons r	224159
2022/10/2! Jaspreet ka B voc td&a	227416 Positive lecture
2022/10/2! Bapreet Ka B. Voc. Arti	226257 Positive thinking, happiness is the ultimate goal of life, co
2022/10/2! Taniya Bca sem 3	225386 Personality development
2022/10/2! Shabnam Bsc nm sen	224810 Physical fitness ,
2022/10/2! Rashi Bsc biotech	224327 Positivity, self confidence, helping nature
2022/10/2! Jinshika Bsc.(hons.)	224156 1.how to develop personality, 2.key points to develop per
2022/10/2! Manjit kaur BCA sem 3	225372
2022/10/3! Sukhmanpreet Bsc biotech	224332 Confidence
2022/10/3! Nitasha Bca sem III	225387 Discipline and maintenance
2022/10/3! kanchan B.voc(TD&A)	227405 it was helpful & motivated
2022/10/3! Monika Sul B.voc (Bea	226465 Positivity, motivational speaker and frankly person
2022/10/3! Jasmine Sh B(voc) bea	226466 About career and success
2022/10/3! Komalpreet B.voc MSP	226804 Literally it was very amazing lecture. I want to say one thi
2022/10/3! Saniya Chaur Bvoc (bea	226468 Keep evaluation , purpose , let failure as event
2022/10/3! Nandini sharma B.voc (MSP)	226807 Learn 20%extra
2022/10/3! Gurpreet K B.Voc (MSF)	226803 keep evaluating yourself , find your potential , give20%ex
2022/10/3! Pallvi B.voc beau	226461 Nothing
2022/10/3! Nishu rani B.voc (b&w)	226459 Motivational thoughts,very positively
2022/10/3! Manmeet kaur B voc retail	227203
2022/10/3! Muskandev Bvoc beaut	226471 It was very useful and we grasp a lot of knowledge regard
2022/10/3! Gagandeep B Voc (Ret	227206 No
2022/10/3! Prabhjot kaur B.voc (msp)	226805 Evaluate yourself ,learn new things from everything,and c
2022/10/3! Kritika Shari BVoc(NEH)	226956 Motivational
2022/10/3! Rekha sharma B. Voc (td&	227404 Positivity, motivation, learning every thing.
2022/10/3! Mansi BSc non me	224813 1. Do learning with fun. Don't take study as stress. 2. Mak
2022/10/3! Amanpreet BSc Hons IV	224166 Life is all about fun and happiness. Learning is directly pro
2022/10/3! Amandeep Bvoc(RM)3	227205 Happily face ,Make eye contact ,groom yourself
2022/10/3! Suhani Sair Bsc Hons r	224159 Notice the every small thing and then put ques 20% extra
2022/10/3! Geetika Sharma B.VOC NEH	226951 1. Always try to be different from others and choose the i
2022/10/3! Gagandeep Bvoc(Beau	226456 Learning, personality and Focus
2022/10/3! Ruchika Sharma B Voc(NEH)	226952 How to build oneself confidence, one should enjoy whate

2022/10/3	Nikita	B.voc. Anin	226103	Do prepare yourself for compitative Indian's . Make sure
2022/10/3	Naina shari	B voc retail	227201	motivational session
2022/10/3	Simranjeet	Bachelor of	227407	1)Be 20% extra in our life. 2)donâ€™t underestimate you
2022/10/3	Simran	B.voc(beau	226458	Learn 20%extra,have 20%extra,show 20% extra
2022/10/3	Anshika	B.Voc (Anir	226104	Knowledgeable
2022/10/3	Neha	Bsc econon	224056	Allways believe in our self ,set our Goals
2022/10/3	samriti	bsc biotech	224336	live life purposefully, find happiness in your work , give 20
2022/10/3	Shruti sen	Bsc biotech	224329	Encouragement, how to reached to yours goals , Main pu
2022/10/3	Taniya Sha	Bsc biotech	223439	Motivation, main purpose, idea ,innovation
2022/10/3	Aastha	Bsc biotech	224333	
2022/10/3	Nivedita Sh	Bsc biotech	224326	It was motivating
2022/10/3	Kritika	B.voc beau	226453	The lecture was so informative and i enjoyed it alot
2022/10/3	Aditi Sharr	Bsc. Biotecl	224335	Time management, self-confidence, perseverance
2022/10/3	Rashi	Bsc biotech	224327	How to make yourself worth it for the society. , give some
2022/10/3	Mandeep k	B.Voc. Reta	227204	Motivation
2022/10/3	Rama manl	Bca sem3	225351	
2022/10/3	Taniya	Bsc Biotech	224339	1) Clarify meaningful result 2) Focus on vital behaviour 3)
2022/10/3	Vineet Kau	Bvoc artific	226258	Respect your own decisions, have faith, learn 20 %extra
2022/10/3	Navpreet k	Bsc.biotech	224338	Motivational, effective, interesting
2022/10/3	Khushi	B. Voc. Arti	226259	Change your friend circle if got wrong, have 20% extra, gi
2022/10/3	Komal Shar	Bsc medica	224609	Be very active.
2022/10/3	Lovepreet l	Bsc medica	224613	
2022/10/3	Surbhi gaut	Bsc medica	224611	Accept challenge and know the encourage in yourself, Stu
2022/10/3	Babanpreet	BSC medica	224608	We should take our responsibility in a fun way so that we
2022/10/3	Tanisha ku	Bsc med se	224612	All work take as fun, knowing or our potential, learning ev
2022/10/3	Harleen bh	Bvoc (hosp	226611	Respect your decision, be independent, give take 20â„… €
2022/10/3	Simranjit K	Bsc non me	224812	1.Learning is directly proportional to fun derived out of it
2022/10/3	Divya bhad	B.voc (hosç	226610	Do any work with keeping the purpose set
2022/10/3	Harita	B.voc(h&t)	226603	Self confidence,helpful
2022/10/3	Navneet ka	B.sc. Eco Se	224054	Nice
2022/10/3	Gurpreet k	Bvoc H&T s	216601	
2022/10/3	Snigdha gu	B.voc hospi	226605	
2022/10/3	Manpreet	BCA	225360	Interesting
2022/11/0	Komal	BCA sem 3	225352	How to save , how to show , how to give
2022/11/0	Harsimran	BCA sem-3	225354	20%extra learn,save etc.
2022/11/0	Gurleen Ka	Bvoc h&t s	226602	Confidence , 20% extra rule , way to think different
2022/11/0	Harneet Ka	B.voc(textil	227403	Always give your 20% extra , be loyal with youself and ha
2022/11/0	Lakshmi	B.voc retail	227202	Nice lecture i enjoy very much and also i learn so, much tl
2022/11/0	Jiwan kaur	B.voc (TD&	227410	Give 20% extra ,self confidence ,don't take too much burc
2022/11/0	Saloni Thak	B.voc (TD&	227408	* Self confidence * Always give 20% extra * Don't take to
2022/11/0	Prinkal kau	B.voc (TD&	227409	Self confidence, Give always your 20% extra, don't take to
2022/11/0	Riya sharm	B.Voc(TDA	227417	self confidence , Give your 20â„…extra, Don't take too mu
2022/11/0	Samarpreet	Bca	225368	Clap, rearranging, pct
2022/11/0	Jaskiran Ka	B.VOC (Arti	226251	Gives me Good boost to personality
2022/11/0	Roshni	B.VOC(Arti	226253	Gives me good boost to my personality
2022/11/0	Rupali	Bvoc. Anim	226101	Give 100 per cent in every field
2022/11/0	Geetika Ch	B voc. Anin	226105	We need to prepare ourselves for 100%. We should give €

2022/11/0: Mitali	Bsc biotech	224334	More effects to get better and improved results.
2022/11/0: Gauri	Bsc biotech	224328	
2022/11/0: Palak	Bsc biotech	224340	Time management, have 20%extra, be confident, dont be
2022/11/0: Manpreet I	B. Voc Artif	226255	Give 20% extra, show and have 20% extra
2022/11/0: Khushi	B.voc(Artifi	226256	Give 20%extra, show and have 20%extra
2022/11/0: Navneet Ka	B.sc non m	224801	
2022/11/0: Ishleen kau	Bsc eco	224053	The session was wonderful and perfect example of learni
2022/11/0: Harpreet K	B.voc (T.D	227406	Learn 20 percet extra,save 20percent extra,give twenty p
2022/11/0: Kavita	B.voc (TD&	227413	.
2022/11/0: Simta Shar	Bsc hons m	224154	We must have to know purpose of our life, what we are g
2022/11/0: Rupinder k	Bsc Non m	224803	
2022/11/0: Sejalpreet	B. Sc. Hons	224158	Show 20% extra, learn 20% extra,save 20% extra
2022/11/0: Chandanpr	Bsc(hons.)	224167	Very fruitful and informative lecture Learned about the st
2022/11/0: Ishika	Bsc non Me	224814	Want more lectures like this
2022/11/0: Shaziya bar	Bsc medica	224601	
2022/11/02 12:00:20 am GMT+5:30			
2022/11/0: Jaspreet Ka	B voc TD&/	227416	Good positive lacture nyc
2022/11/0: Kirti Saini	Bsc hons m	224160	1). Give 20% extra. 2). Have 20% extra. 3). Save 20% exti
2022/11/0: Kumari kor	Bca	225361	
2022/11/0: Kumari kor	Bca	225361	
2022/11/0: Muskan	Bsc hons m	224162	The lecture made me felt more confident about myself ar
2022/11/0: Muskan	Bsc hons m	224162	The session taught me alot about how can i manage my ti
2022/11/0: Harneet Ka	B.voc (texti	227403	Unity is strength, meker of your own destiny and not cha
2022/11/0: Manpreet I	bsc medica	224607	leadership qualities
2022/11/0: Saloni Thak	B.voc (TD&	227408	*leadership*strength*unity
2022/11/0: Shrishti jha	B.voc (TD	227412	Good leadership, power of leadership, power of unity
2022/11/0: Simranpre	Bca semest	225383	What is leadership, how to take action as a leader, how to
2022/11/0: Kritika Shar	BVoc(NEH)	226956	Motivation
2022/11/0: Manpreet I	bsc medica	224607	leadership qualities
2022/11/0: Jasmine ba	B voc beau	226452	Knowledge of history
2022/11/0: Nikita	B.voc(hosp	226607	Motivational
2022/11/0: Mehak	B.voc (Hos	226606	Leadership is one of the most common person than other
2022/11/0: Harita	B.voc h&t s	226603	Helpful
2022/11/0: Gurpreet K	B.Voc (MSF	226803	Power of unity, good decision making power, leader shou
2022/11/0: Muskande	Bvoc beaut	226471	It was very useful and we grasp the concept regarding lea
2022/11/0: Simranjeet	Bachelor of	227407	1) be extraordinarily to become a good leader. 2) be nice
2022/11/0: Manmeet I	B voc retail	227203	Good motivation amd positive veiw
2022/11/0: Anshika	B.Voc (Anir	226104	Knowledgeable
2022/11/0: Nikita	B.voc Anim	226103	1 A leader make strong decision. 2 leader builds unity .3 L
2022/11/0: Surbhi gaut	Bsc medica	224611	Know Magic of leadership
2022/11/0: Mandeep k	B.Voc.retai	227204	Leadership and fashion
2022/11/0: Ishleen kau	Bsc econon	224053	Organising. ... Take initiatives. ... Cooperation among em
2022/11/0: Navneet ka	Bsc econon	224054	Nice
2022/11/0: Monika Sul	B.voc(beau	226465	A person becomes responsible, making decisions wisely
2022/11/0: Shaziya bar	Bsc medica	224601	Good session
2022/11/0: Gagandee	B.Voc (Ret	227206	No
2022/11/0: Harpreet K	B.voc(T.d&	227406	Unity, confidence, strength

2022/11/0: Simran	B.voc (bea	226458 A person become responsible, making decisions wisely
2022/11/0: Anmol	B.voc (tdat	227402 Unity ,strength , positive
2022/11/0: Kritika	B.voc Beau	226453 Was informative and gained alot of knowledge
2022/11/0: Muskan	Bsc hons m	224162 The lecture has made me feel confident about myself and
2022/11/0: Bapreet Ka	B. Voc. Arti	226257 leadership quality can be developed in any human being,
2022/11/0: Naina shari	Bvoc retail	227201 motivation session
2022/11/0: Jaspreet Ka	B voc TD &	227416 Nyc positive lacture good
2022/11/0: Ruban	B.voc (bea	226470 Don't run after perfection , Be confident , Communicate
2022/11/0: Manpreet I	B. Voc Artif	226255 Leadership
2022/11/0: Nivedita Sh	Bsc biotech	224326 Consistency, leadership quality
2022/11/0: Aditi Sharr	Bsc. Biotec	224335 Leadership skills, team work, responsibility
2022/11/0: Jaskiran Ka	B.VOC (Arti	226251 In this lecture we learn how to build leadership qualities
2022/11/0: Komalpree	B.voc msp :	226804 Well and good
2022/11/0: Saniya Cha	Bvoc (b&w	226468
2022/11/0: Roshni	B.VOC(Arti	226253 Leadership qualities
2022/11/0: Rekha shar	B. Voc(td&	227404 Unity, strength, motivated.
2022/11/0: Rupinder k	Bsc Non me	224803
2022/11/0: Sheetal	Bsc econon	224052 We learn most important views
2022/11/0: Nishu rani	B.voc beau	226459 Making decisions wisely,A person becomes responsible
2022/11/0: Manpreet I	B.voc(beau	226457 A person become responsible,making decisions wisely
2022/11/0: Vineet Kau	Bvoc artific	226258 How to lead , qualities of leadership.
2022/11/0: Isha	B voc tdat	227415 Good
2022/11/0: Amanpreet	BSc Hons N	224166 Leadership, qualities of a leader and duties of leader
2022/11/0: Nitasha	Bca sem III	225387 Knowledge
2022/11/0: Naina shari	Bvoc retail	227201 nice
2022/11/0: Simta Shari	Bsc hons m	224154 We must have all qualities of good leader
2022/11/0: Manmeet I	B.voc(MSP)	226812 Good lecture
2022/11/0: Tammana I	B.sc econon	224051 Good
2022/11/0: Sunidhi	B.voc TD&/	227411 Unity, strength, simplicity
2022/11/0: Prinkal kau	B.voc (TD&	227409 Strength, Unity , leadership quality
2022/11/0: Amandeep	Bvoc retail	227205 Inspire the team,motivate the team,help the team
2022/11/0: Kumari kor	Bca	225361 .
2022/11/0: Anjali	Bsc medica	224604 Nil
2022/11/0: Pallvi	Bvoc beaut	226461 Nothing
2022/11/0: Harmanpre	B.vic beaut	226451
2022/11/0: Parneet thi	B.voc (NEH	226954 How to lead and become good leader.
2022/11/0: Khushi	B.voc(Artifi	226256 Leadership and qualities
2022/11/0: Simranjit K	Bsc non me	224812 1. the process of leading a group of people or an organisation
2022/11/0: Manjit kau	BCA SEM 3	225372 Interesting
2022/11/0: Neha	Bsc econon	224056 .
2022/11/0: Neha	Bsc econon	224056 Leadership
2022/11/0: Geetika Shi	B.Voc NEH	226951 A leader must always be responsible and rational. A leader
2022/11/0: Sandeep Ka	B.Sc.IT	225505 Self confidence, motivation to achieve my goal .
2022/11/0: Jaskarande	B.Sc. (IT) se	225504 Leadership is necessary to live in society . Develop different
2022/11/0: Prabhjot ka	B.voc (msp	226805 Be confident, be attentive and being a good leader
2022/11/0: Komal Shar	BSC medica	224609 Qualities of leadership is important to be a good leader
2022/11/0: Isha	B voc tdat :	227415 Nyc

2022/11/0'	Isha	B voc tdat	227415	Good
2022/11/0'	Sunidhi	B.voc TD&	227411	Heath,healthy food,
2022/11/0'	Anshika	B.Voc (Anir	226104	Got much knowledge
2022/11/0'	Kanika thal	Bsc Hons n	224155	About health , balanced diet
2022/11/0'	Aditi Sharr	Bsc. Biotech	224335	Drink plenty of water, eat fruits, have a balanced diet
2022/11/0'	Palak	Bsc biotech	224340	Drink more water, add veget and fruits in diet, avoid junk
2022/11/0'	samriti	bsc biotech	224336	drink sufficient amount of water,eat healthy
2022/11/0'	Gurpreet K	B.Voc(MSP	226803	Balance your diet , stay Hydrated
2022/11/0'	Mansi	BSc non me	224813	Eat balanced diet... Use healthy alternatives of damaging
2022/11/0'	Neha	Bsc econon	224056	How too imptove Balance Diet
2022/11/0'	Naina shar	Bvoc retail	227201	nice
2022/11/0'	Isha	B voc tdat	227415	Health care
2022/11/0'	Rupinder k	Bsc Non me	224803	
2022/11/0'	Sapna	B.voc (b&w	226460	It's really useful, helpful and i interested topic we gain alo
2022/11/0'	Monika Sul	B.Voc(Beal	226465	Take nutritious diet like sprouts, nuts, green vegetables e
2022/11/0'	Lovepreet I	Bca 3	225353	Balance diet
2022/11/0'	Shrishti jha	B. Voc (TD	227412	Prevention is better than cure, water is the most importa
2022/11/0'	Amanpreet	BSc Hons N	224166	We have to consume more and more water. We have to i
2022/11/0'	Amandeep	Bvoc retail	227205	Proper taking of healthy food , say no to junk food ,æ...f
2022/11/0'	Muskande	Bvoc beaut	226471	It is very useful and we grasp the knowledge of balanced
2022/11/0'	Jaspreet Ka	B voc TD A	227416	Kasey health ka dhyaan rkh saktey hai. Yadda paani pina c
2022/11/0'	Nitasha	Bca sem III	225387	Knowledge, and discipline
2022/11/0'	Sakshi path	BCA	225364	No
2022/11/0'	Rashi	Bsc biotech	224327	Good health, proper diet
2022/11/0'	Shruti sen	Bsc biotech	224329	Healthy lifestyle, Mental health, Role of proper diet in ou
2022/11/0'	Taniya Sha	Bsc biotech	224339	Nice
2022/11/0'	Rekha shar	B. Voc (td&	227404	Importance of water in human body, how to make heathy
2022/11/0'	Palak sharr	B.voc (msp	226811	Have a balanced diest , don't over eat, stay healthy
2022/11/0'	Mitali	Bsc biotech	224334	Drinking sufficient is essential for body to perform differe
2022/11/0'	Jinshika	Bsc (hons.)	224156	#importance of balance diet, # how to make food healthy
2022/11/0'	Taniya	Bca sem 3	225386	1.Take proper diet 2. Self care 3. Eat Green vegetables
2022/11/0'	Tammana I	Bsc econon	224051	..
2022/11/0'	Prinkal kau	B voc (TD&	227409	1. Always eat healthy 2. Drink more water 3.
2022/11/0'	Manmeet I	B.voc(MSP)	226812	Good lecture
2022/11/0'	Kumari kor	Bca	225361	.
2022/11/0'	Kumari kor	Bca	225361	.
2022/11/0'	Ishika dhim	Bsc medica	224603	Gained knowledge about balanced diet
2022/11/0'	Tabish War	Bsc medica	224602	It was excellent. Hydrated ,eat vegetables and fruits
2022/11/0'	Surbhi gaut	Bsc medica	224611	Heath is wealth
2022/11/0'	Nivedita Sh	Bsc biotech	224326	Health is wealth
2022/11/0'	Komal Shar	BSC medica	224609	Health care is important,eat healthy
2022/11/0'	Manpreet I	bsc medica	224607	balance diet
2022/11/0'	Jiwan kaur	B.VOC(TD&	227410	Drink some water ,eat fruits , avoid junkfood
2022/11/0'	Simranjit K	Bsc non me	224812	1.Eating a healthy, balanced diet is an important part of n
2022/11/0'	Prachi Aror	B voc tdat	224719	Daily water , goods eat your fruits
2022/11/0'	Simranjeet	Bachelor of	227407	1)keep yourself hydrate and drink more water approxima
2022/11/0'	Saloni Thak	B.voc (TD&	227408	*daily drink water 2-3 liters * health care*balance diet *e

2022/11/0: Manpreet I B.voc (bea	226457 Take nutrition diet,sprouts and nuts, Greer
2022/11/0: Simran B.voc(beau	226458 Take nutritious diet, sprouts and nuts,green vegetables
2022/11/0: Anjali Bsc medica	224604 Nil
2022/11/0: Ruchika Sh: BVoc NEH	226952 Importance of health, learnt how to make junk food health
2022/11/0: Harneet Ka B.voc (texti	227403 Drink adequate amount of water daily , it will help to redi
2022/11/0: Nikita B.voc. Anin	226103 Balance diet is very important. We should check our BMI
2022/11/0: kanchan B.voc(TD&/	227405 we get more information about our diet plan,we get imprc
2022/11/0: Kavita b.voc (TD&	227413 Balance diet
2022/11/0: Harpreet K. B .voc (T.Di	227406 Healthy diet benifits,water capacity in our body,diet sour
2022/11/0: Beenu Kurr B.Sc Non M	224802 Eat fresh fruits and vegetables. Drink plenty of water. Dor
2022/11/0: Geetika Ch B voc. Anin	226105 Very good
2022/11/0: Parneet Th B. Voc (NEH	226954 Health is wealth, precaution is better than cure, more wa
2022/11/1: Geetika Sh: B.VOC NEH	226951 Always eat healthy. Avoid junk food and drink as.much w:
2022/11/1: Sunidhi B.voc TD&/	227411 Proper diet, eat healthy
2022/11/1: Aashna Sh: Bvoc NEH	
2022/11/1: Bhawna Th Bsc non-m	224804 Balance diet is essential. For health, mental health and ot
2022/11/1: Sajal Thaku Bsc non me	224808 Balance diet is essential. For health, mental health
2022/11/1: Aayushi Bsc non me	224809 Eat fresh fruits and vegetables. Avoid junk food... Drink pl
2022/11/1: Tanvi path: Bsc non me	224807 Eat fruit and vegetables , drink plenty of water
2022/11/1: Bhawna Th Bsc-non-m	224804 Drink plenty of water
2022/11/1: Tanisha BSc non me	224815 Yes
2022/11/1: Tanisha Bsc non me	224815 Nice
2022/11/1: Tanisha Bsc non me	224815 Good
2022/11/1: Tanisha Bsc non me	224815 Good
2022/11/1: Amisha Sh: Bsc compu	224456 Stay hydrated,Take a balanced diet and exercise on daily
2022/11/1: Kannu thak Bsc non me	224805 Eat less junk food, drink plenty of water
2022/11/1: Mansi BSc non me	224813
2022/11/1: Shabnam Bsc non me	224810 Time management , strategies to complete the work ,ove
2022/11/1: Shabnam Bsc non me	224810 Personlity development , reading books to change our th
2022/11/1: Shabnam Bsc non me	224810 Balance diet , healthy lifestyle , requirement of water in o
2022/11/1: Shabnam 224810	224810 Mangement of time, skills and targets ,
2022/11/1: Shabnam Bsc non me	224810 Telephone andveanail etiquette and public speaking skills
2022/12/1: Prachi aror B voc tdat	224719
2022/12/1: Prachi aror B voc tdat	224719 Good diet eat ,drnk water daily