

Gender Sensitization Program at KMV

Gender Sensitisation Program, a unique program, introduced by Kanya Maha Vidyalaya, Jalandhar to create awareness on gender issues was inaugurated on 27th Oct. 2022. KMV is the first and only institution to introduce this program in its curriculum as a value-added program for semester III students. The program aims to develop the gender perspective to positively transform attitudes and behavior toward gender roles and responsibilities. The program helps to create an environment that promotes gender equality. The program has three modules. The first module involves a series of lectures on pertinent gender issues by senior and experienced faculty of the college, renowned doctor, and lawyer of the city. The next important module is the open house session, chaired by visionary principal Ma'am Prof. Atima Sharma Dwivedi, Director, Women Studies Centre. It provides a platform for students to share their views, thoughts, and experiences on gender issues. Another important module is the Workshop on self-defense techniques. The very purpose of this workshop is to build confidence among students and make them capable of fighting back during adverse circumstances.



27-10-2022 - Inaugural Talk- Gender Sensitization

Prof. Atima Sharma Dwivedi who is deeply committed to the upliftment of marginalized women and communities, initiated the inaugural talk by considering gender equality a human

issue. She emphasized that men and women both need to be sensitized toward gender issues. She inspired the students to believe in themselves to achieve gender equality. She further shed light on various societal issues like lack of equal opportunities, dowry, and physical & psychological violence. The session became all the more interesting with live inputs from students during the healthy interaction with them.



28-10-2022

Gender Dimensions in Economic Participation and Wage Gap

Ms. Amarpreet Khurana, Co-ordinator Women Studies Center, articulated a momentous issue- Gender Dimension in Economics participation and Wage Gap. She discussed the labor force participation rate of women across different sectors. She further talked about the causes of the low female participation rate despite significant gains in the literacy level of women in the last few decades. She pointed out that a vast majority of women don't have financial inclusion or financial independence. She motivated the students to be economically independent to get a rightful place in society.



Social Issues and Problems: Gender Perspective with Focus on Indian Society

Dr. Gurjot, Head of the Department of History spoke on a very relevant topic - Social issues and Problems: Gender perspectives with a focus on Indian society. She highlighted various social issues related to women like molestation and rape, domestic violence, harassment at the workplace, work-life balance, women trafficking, etc. She acquainted the students with commissions working for women i.e. National Commission for Women and media participation in uplifting the position of women in society.



29-10-2022

Women Rights: Constitutional & Legal Rights

Ms. Abha Nagaar, Advocate, a renowned advocate of the District and High Court delivered her talk on a pertinent issue – The constitutional and Legal rights of women. She said all the women have right to equality where they can enjoy the same opportunities as men in all spheres of life. She made aware the students of fundamental rights and deal extensively with issues of equality as per our constitution. She discussed a very important point that women can file online complaints if they are not willing to go to a police station for filing the complaint. It was an interactive session in which Advocate Abha took queries from students and gave very satisfactory answers.





Gender and Political Participation

Dr. Ashima Sahni, Head of the Department of Political science gave her talk on a crucial issue- Gender and Political Participation. She reiterated that women are considered weaker and lower than men in our society and are meant to work at home only. But it is the need of the hour to encourage women to participate actively in politics at similar levels as men. It's high time that gossip should be replaced by political discussion.

Cultural Roles and Gender Sensitivity

Dr. Madhumeet, Head of the Department of English reflected on her thoughts on a very pertinent issue- Cultural roles and Gender Sensitivity. She initiated her talk by saying it's high time to celebrate womanhood, giving her due respect. She shared her life experiences to throw light on gender roles. There should be shared responsibilities between men and women.



Nov. 1 -2, 2022

Self Defence Techniques

Ms. Sujata Jassi, the Martial art trainer, imparted training to students in various self-defense techniques. She demonstrated how to use the legs, arms, feet, and other parts of the body to protect themselves from attackers. She reiterated that training in these techniques will make them more confident and empowered.





के.एम.वी. छात्राओं के लिए जैडर सैंसीटाइजेशन प्रोग्राम को वैल्यू ऐडेड प्रोग्रामों में

के.एम.वी. द्वारा जैडर इश्यूज के प्रति जागरूकता पैदा करता सफलतापूर्वक चलाया जा रहा है जैडर सैंसीटाइजेशन प्रोग्राम



जैडर सैंसीटाइजेशन प्रोग्राम में छात्राओं को संबोधित करते हुए प्राचार्या प्रो. अतिमा शर्मा द्विवेदी, वक्ता आभा नागर व गतिविधियों में हिस्सा लेते हुए विद्यार्थी। (सदीप शर्मा)

सवेरा न्यूज/कुश चावला जालंधर, 7 दिसंबर : भारत की विरासत एवं आटोनॉमस संस्था, कन्या महा विद्यालय के द्वारा लैंगिक मुद्दों के संबंध में जागरूकता पैदा करने के मकसद के साथ विशेष वैल्यू ऐडेड प्रोग्राम जैडर सैंसीटाइजेशन शुरू किया गया है। के.एम.वी. क्षेत्र की पहली और एकमात्र संस्था है जिसके द्वारा अंडर ग्रेजुएट स्तर पर सैंसेटर-3 की छात्राओं के लिए वैल्यू ऐडेड प्रोग्राम के रूप में इस कार्यक्रम

● लागूनी तौर पर सैंसेटर-3 की छात्राओं के लिए शुरू करने वाला क्षेत्र का एकमात्र कालेज

को अपने पाठ्यक्रम में शामिल किया गया है। इस प्रोग्राम का उद्देश्य लैंगिक भूमिकाओं और जिम्मेदारियों के प्रति दृष्टिकोण और व्यवहार को सकारात्मक रूप से बदलने के लिए लैंगिक परिप्रेक्ष्य विकसित करना है।

विद्यालय प्रिंसिपल प्रो. अतिमा शर्मा द्विवेदी, जो हाशियागत श्रेणी की महिलाओं और लोगों के उत्थान के लिए पूर्ण गंभीरता के साथ प्रतिबद्ध हैं, इस विशेष प्रोग्राम के मुख्य प्रेरक हैं। उल्लेखनीय है कि इस प्रोग्राम को तीन माँड्यूलस में बांटा गया है। पहले माँड्यूल में कालेज की वरिष्ठ और अनुभवी फैकल्टी, शहर के प्रसिद्ध डॉक्टरों और वकीलों के द्वारा विभिन्न प्रचलित लैंगिक मुद्दों पर व्याख्यान की एक शृंखला शामिल है। अगला

महत्वपूर्ण माँड्यूल ओपन हाऊस सत्र है, जिसकी अध्यक्षता प्राचार्या प्रो. अतिमा शर्मा द्विवेदी, डायरेक्टर, वूमैन स्टडीज सेंटर के द्वारा की जाती है। यह माँड्यूल छात्राओं को लैंगिक मुद्दों पर अपने विचार एवं अनुभव साझा करने के लिए एक मंच भी प्रदान करता है। तीसरे महत्वपूर्ण माँड्यूल के अंतर्गत छात्राओं को विशेषज्ञों द्वारा सेल्फ डिफेंस तकनीकों पर वर्कशॉप आयोजित कर आत्मरक्षा की सिखलाई प्रदान की जाती है ताकि वह

किसी भी आपात स्थिति में खुद का बचाव करना सीख सकें।

इस वर्कशॉप का उद्देश्य छात्राओं में आत्मविश्वास पैदा करते हुए उन्हें आत्मनिर्भर और आत्मविश्वासी बनाना है। यह कार्यक्रम एक ऐसे माहौल के सृजन में मदद करता है जो लैंगिक समानता को बढ़ावा देता है। प्राचार्या प्रो. अतिमा शर्मा द्विवेदी ने कहा कि पुरुषों और महिलाओं दोनों को लैंगिक मुद्दों के प्रति संवेदनशील होने की जरूरत है ताकि वह समान अवसरों की कमी, दहेज, शारीरिक और मानसिक हिंसा जैसे विभिन्न सामाजिक मुद्दों के खिलाफ आवाज उठा सकें। इसके साथ ही मैडम प्रिंसिपल ने अमरप्रोत खुराना, को-ऑर्डिनेटर, वूमैन स्टडीज सेंटर के द्वारा इस प्रोग्राम को सफलतापूर्वक चलाने के लिए किए जा रहे हैं प्रयत्नों की भी प्रशंसा की।

Feedback Link

<https://forms.gle/U119yuymeG1sa1yH9>

The Heritage Institution

Kanya Maha Vidyalaya (Autonomous)

Schedule for Gender Sensitization Programme

October 27 – November 2, 2022

Date	Venue	Resource Person	Topic	Technical Support
27-10-2022	12:30pm onwards Auditorium	Dr. Atima Sharma Dwivedi	Gender Sensitization	Mr. Karan
28-10-2022	1:00 -2:30 pm	Ms. Amarpreet Kaur Khurana	Gender Dimensions in Economic Participation and Wage Gap	Mr. Karan
28-10-2022	2:30 -4:00 pm	Dr. Gurjot Kaur	Social Issues and Problems: Gender Perspective with focus on Indian Society	Mr. Karan
29-10-2022	12:00-2:00 pm	Ms. Abha Nagar	Women Rights: Constitutional & Legal Rights	Mr. Ankush
29-10-2022	1:00-2:30pm	Ms. Ashima Sahni	Gender and Political Participation	Mr. Ankush
29-10-2022	2:30-4:00pm	Dr. Madhumeet	Cultural Roles and Gender Sensitivity	Mr. Ankush
31-10-2022	Open House at 12:00 noon in Conference Hall			
1-2 Nov., 2022	Self Defence Techniques 1:00 pm onwards in Central Lawn			

List of Teacher Incharges for Semester III
For Gender Sensitization Programme

Classes	Teacher Incharges
B.A. Sem. III	Ms. Aanchal Ms.Seema Kumari
B.Com. Sem. III	Ms. Ritu
B.Com. (Hons.)Sem. III	Ms. Mehak
B.B.A. Sem. III	Ms. Nidhi
B.Sc. FD Sem. III	Ms. Simranjit
B.A. Hons. English Sem. III	Ms. Shalini
B.A. JMC Sem. III	Ms. Diksha Sharma
B.A. Home Science	Ms. Mani Khera