

Syllabus

Drug Abuse and Ethical Education

Value Added Audit Course

(SEMESTER II)

2026-27



Kanya Maha Vidyalaya, Jalandhar (Autonomous)

The Heritage Institution

Programme

Bachelor of Arts (Honours) / Bachelor of Science (Honours) Medical / Bachelor of Science (Honours) Non-Medical / Bachelor of Science (Honours) Computer Science / Bachelor of Science (Honours) Economics / Bachelor of Commerce (Honours) / Bachelor of Business Administration (Honours) / Bachelor of Arts (Honours) Journalism and Mass Communication / Bachelor of Science (Honours) Fashion Design / Bachelor of Science (Honours) Home Science / /Bachelor of Computer Application(Honours) /Bachelor of Science (Honours) Information Technology/ Bachelor of Science (Honours) Bio-Technology / Bachelor of Business Administration (Honours) Airlines and Airport Management / Bachelor of Science (Honours) Medical Laboratory Technology

Master of Commerce (FYIP)/ Master of Science (MATHEMATICS) (FYIP)/ Master of Arts (ENGLISH) (FYIP)/ Master of Science (PHYSICS) (FYIP)

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence and Data Science)/ /Bachelor of Vocation (Hospitality and Tourism)

SEMESTER II

Drug Abuse and Ethical Education

Value Added Audit Course

Course Title: Drug Abuse and Ethical Education

Course Duration: 30 hours

Course intended for: Semester II students of undergraduate degree programmes of all streams.

Course Credits: 4

Course Code: VACD-2161

SEMESTER II

Drug Abuse and Ethical Education VACD-2161

COURSE OUTCOMES

After completing the course, students will be able to:

- **To analyze the physical, psychological and social consequences on individuals and develop strategy for prevention and management to promote healthy life style and community well being .**

SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Semester – II

Session 2026-27

Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non- Medical) / Master of Science(Mathematics) (FYIP)/ Master of Science(Physics) (FYIP)/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) / Bachelor of Commerce / Master Of Commerce(FYIP)/ Bachelor of Business Administration/ Bachelor of Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Designing) / Bachelor of Science (Home Science) / /Bachelor of Computer Applications /Bachelor of Science(Information Technology)/ Bachelor of Science (Bio- Technology) / Master of Arts (English) (FYIP)

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management &Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing & Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise & Health) Bachelor of Vocation (Beauty & Wellness)/ Bachelor of Vocation (Artificial Intelligence and Data Science) / /Bachelor of Vocation (Hospitality and Tourism)

SCHEME AND CURRICULUM

Drug Abuse and Ethical Education

**Value Added Audit Course
(COMPULSORY PAPER)
(VALUE ADDED COURSE)**

Session 2026-2

Drug Abuse and Ethical Education (Semester II)									
Course Code	Course Name	Course Type	Hours per week L-T-P	Credits	Marks				Examination time (in Hours)
VACD-2161	Drug Abuse and Ethical Education	C	4	4-0-0	70	30	-	100	3

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**Bachelor of Arts (Honours) / Bachelor of Science (Honours) Medical / Bachelor of Science (Honours) Non-Medical / Bachelor of Science (Honours) Computer Science / Bachelor of Science (Honours) Economics / Bachelor of Commerce (Honours) / Bachelor of Business Administration (Honours) / Bachelor of Arts (Honours) Journalism and Mass Communication / Bachelor of Science (Honours) Fashion Design / Bachelor of Science (Honours) Home Science / Bachelor of Computer Application(Honours) /Bachelor of Science (Honours) Information Technology/ Bachelor of Science (Honours) Bio-Technology / Bachelor of Business Administration (Honours) Airlines and Airport Management / Bachelor of Science (Honours) Medical Laboratory Technology
Master Of Commerce (FYIP)/ MASTER OF SCIENCE (MATHEMATICS) (FYIP)/ Master Of Arts (English) (FYIP)/ MASTER OF SCIENCE (PHYSICS) (FYIP)
Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Nutrition and Dietetics) /Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence and Data Science)/ /Bachelor of Vocation (Hospitality and Tourism)**

SEMESTER-II

Session2026-27

Drug Abuse and Ethical Education

Value Added Audit Course

Course Code: VACD-2161

Time: 3 Hrs

Credits: L-T-P: 4-0-0

Contact Hours: 4 Hours/Week

Max Marks: 100

Theory70

CA: 30

Instructions for the Paper Setter:

The question paper will consist of five Sections I, II, III and IV.

Section A: Compulsory Section: The examiner shall set 35 multiple Choice questions from unit IV and V. Each question shall carry 1 mark . The student will attempt 30 questions out of 35 multiple choice questions (30x1=30)

Section B, C, D: 2 questions will be set in I, II & III unit of the syllabus. The candidates will have to attempt 1 question from each section. Fourth question can be attempted from any unit . Each question shall carry 10 marks (10x4=40)

UNIT-I

Meaning of Drug Abuse: Meaning, Drug Use & Misuse, Drug Abuse and Addiction

Drug Abuse as a Social Problem: How society is affected?

Common Terms: Dependence, Tolerance and Withdrawal

Nature and Extent of Drug Abuse in India and Punjab

Reasons of Drug Abuse: Unemployment, Stress, Family Issues and Peer pressure

UNIT-II

Consequences of Drug Abuse on: Individual, Family and Society

Prevention of Drug abuse:

Role of family: Supervision, Support, Communication and Values

Role of School and Colleges: Counselling, Teacher as role-model and Awareness

Community Prevention: Youth Activities, Local Awareness and De-Stigma Approach

UNIT-III

Management of Drug Abuse

Medical management : medication for treatment and to withdrawal effects.

Psychiatric Management: Counselling, Behavioural and Cognitive therapy.

Social Management: Family, Group therapy and Environmental Intervention.

UNIT-IV

Understanding the Self:

Character building : Self awareness; Self growth; Self Control; Self Discipline; Character and Destiny

Generation gap: Relation with peer group; siblings and elders

UNIT-V

Social Responsibility:

Opposite Sex Relations

Globalization and IT Boom- Advantages and Disadvantages

Suggested Readings:

- 1.Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
- 2 Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
- 3.Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
4. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
- 5.Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
- 6.National Household Survey of Alcohol and Drug abuse. (2003) New

Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.

7.Sain, Bhim 1991, *Drug Addiction Alcoholism*, Smoking obscenity
New Delhi: Mittal Publications.

8.Sandhu, Ranvinder Singh, 2009, *Drug Addiction in Punjab: A*
Sociological Study. Amritsar: Guru Nanak Dev University.

9.Singh, Chandra Paul 2000. *Alcohol and Dependence among Industrial Workers*: Delhi: Shipra.

10.Sussman, S and Ames, S.L. (2008). *Drug Abuse: Concepts, Prevention and Cessation*, Cambridge University Press.