

Faculty of Performing and Visual Arts

**Bachelor of Arts INDIAN CLASSICAL DANCE (KATHAK)
(Honors)
Semester I & II**

Session: 2025-26



**The Heritage Institution
KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULLUM EXAMINATION OF FOUR YEAR DEGREE PROGRAMME
P. G. Department of Performing Arts

Programme:- Bachelor of Arts Indian Classical Dance (Kathak) (Honors)

Indian Classical Dance (Kathak) (Elective)

Credit Based Continuous Evaluation Grading System (CBCEGS)

Session: 2025-26

Semester-I									
Course Code	Course Name	Course Type	Hours per Week	Credits L-T-P	Marks				Examination Time (in Hours)
					Total	Th.	P	CA	
BARM-1156	Indian Classical Dance (Kathak) Theory	DSC	2-0-0	2-0-0	100	35	35	30	3 Hours
BARM-1156	Indian Classical Dance (Kathak) Practical	DSC	0-0-4	0-0-2					20 Min. for each student
		Total Credits		04					

E-Elective DSC: Discipline Specific Course

KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)
SCHEME AND CURRICULLUM EXAMINATION OF FOUR YEAR DEGREE PROGRAMME

P. G. Department of Performing Arts

Programme:- Bachelor of Arts Indian Classical Dance (Kathak) (Honors)

Indian Classical Dance (Kathak) (Elective)

Credit Based Continuous Evaluation Grading System (CBCEGS)

Session: 2025-26

Semester-II									
Course Code	Course Name	Course Type	Hours per Week	Credits L-T-P	Marks				Examination Time (in Hours)
					Total	Th.	P	CA	
BARM-2156	Indian Classical Dance (Kathak) Theory	E	2-0-0	2-0-0	100	35	35	30	3 Hours
BARM-2156	Indian Classical Dance (Kathak) Practical	E	0-0-4	0-0-2					20 Min. for each student
		Total Credits		04					

E-Elective

DSC: Discipline Specific Course

Semester-I
SKILL ENHANCEMENT COURSE (SEC- I)
DANCE

SEC I: DANCE

Course Code	Course Name	Course Type	Hours per Week	Credits L-T-P	Marks				Examination Time (in Hours)
					Total	Th.	P	CA	
SEC I	DANCE	C	5	0-0-4	100	-	70	30	5 Hours

Bachelor of Arts Semester-I (Session 2025-26)
Indian Classical Dance (Kathak)
Course Code: BARM-1156
Theory & Practical

Course Outcomes:

Upon successfully completion of this course student will be able to know the basic concepts of Dance, which are –

CO1. During the process of graduation course while taking up classical dance as elective subject, Students are actually toned physically, mentally and artistically

Co2. Learning and practicing dance improves muscle tones, muscle strength, endurance and fitness.

Co3. It tones thighs, pelvis and arms, with peculiarities of body movements in art of dance.

Co4. Regular training and practice enables flexibility in body and help in various body movements during performance.

Bachelor of Arts Semester-I (Session 2025-26)
Indian Classical Dance (Kathak)
Course Code: BARM-1156
Theory

Total Marks: 100

Time: 3 Hours

Theory: 35

Pr: 35

CA: 30

L	T	P	Total Credits
2	0	2	4

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections (A-D) should be set from Units I-IV of the syllabus respectively. Questions may be subdivided in parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section. Each question will carry 07 Marks.

Unit - I

1. Origin and development of Kathak Dance from Ancient to Mughal period.
2. Definition of the following technical terms:
Theka, Tatkar, Thaata, Tihai, Aamad, Salami, Tora, Paran,

Unit - II

3. Study of Asmyuktahasta.
4. Study of Rasa and their importance in Kathak Dance.
5. Role of Dance in Society.

Unit - III

6. Knowledge of the Folk Dances of Punjab with their style, costume and music.
7. (a) Description of following talas with their Thaah, Dugun, Tigun and Chaugun Layakaries
 - (i) Teentaal
 - (ii) Rupak
 - (iii) Kehrva(b) Recognition of the following taals through some bols given by the paper setter:
 - (i) Teentaal
 - (ii) Rupak
 - (iii) Kehrva

Unit - IV

8. Notation of following material in Teen Taal.
 - (a) Thaah, Dugun and Chaugun Layakaries
 - (b) Thaata - 1
 - (c) Tehai – 1
 - (d) Amad – 1
 - (e) Salami – 1
 - (f) Tora – 2
 - (g) Paran – 1
 - (h) ChakardarParan – 1
 - (i) Kavita – 1
9. Notation of Nagma in Teen Taal.
10. Comparative study of above Taals.

Books Recommended

Sr. No.	Name of the Book & Author
1.	KathakNrityaKaPrichey,SubhashniKapoor ,Radha Publications, New Delhi, 1997.
2.	KathakSundaryatmak, ShashtriyaNritya , Shikha Kharey, Knishka Publishers, New Delhi, 2005.
3.	Atihasik Pripeksh Mein KathakNaritya , MAYA TAK,Knishka Publishers, New Delhi, 2006
4.	Folk dances of utter pardesh, Dr. Rashmi Nanda.
5.	KathakNarityaShiksha, Dr. Puru Dadhich, Bindu Parkashan

Bachelor of Arts Semester-I (Session 2025-26)
Indian Classical Dance (Kathak)
Course Code: BARM-1156
Practical

Time: 40 Minutes

Marks: 35

Instructions for the paper setter: Question paper is to be set on the spot jointly by the Internal and External Examiners. Two copies of the same should be submitted for the record to COE Office, Kanya Maha Vidyalaya, Jalandhar.

Practical demonstration of the following:

1. Knowledge of Teen Taal with the following material:
 - a) Tatkar in Thaah, Dugun, Tigun and Chaugun Layakaries
 - b) Stuti
 - c) Thaata – 2
 - d) Tilhai – 1
 - e) Amad – 1
 - f) Salami – 1
 - g) Tora – 2
 - h) Paran – 1
 - i) Chakardar Paran – 1
 - j) Kavita – 1
 - k) Gat Nikas
2. Padhant of whole material by hand as mentioned above.
3. Recognition of the compositions such as Tehai, Layakaries etc. (Asked by the Examiner)
4. Ability to play Nagma on Harmonium in Teen Taal.
5. Ability to play Theka of Teental on Tabla.
6. Ability to demonstrate the Folk Dances of Punjab.

Books Recommended

Sr. No.	Name of the Book & Author
1.	Kathak Nritya Ka Prichey, Subhashni Kapoor, Radha Publications, New Delhi, 1997.
2.	Kathak Sundaryatmak Shashtriya Nritya, Shikha kharey, Krishka Publishers, New Delhi, 2005.
3.	Atihasik Pripeksh Mein Kathak Nritya, Maya Tak, Knishka Publishers, New Delhi, 2006.
4.	Kathak Praveshika, Guru Tirath Ram Azad.

Bachelor of Arts Semester-II (Session 2025-26)
Indian Classical Dance (Kathak)
Course Code: BARM-2156
Theory & Practical

Course Outcomes:

Upon successfully completion of this course student will be able to know the basic concepts of Dance, which are –
CO1. During the process of graduation course while taking up classical dance as elective subject, Students are actually toned physically, mentally and artistically

Co2. Learning and practicing dance improves muscle tones, muscle strength, endurance and fitness.

Co3. It tones thighs, pelvis and arms, with peculiarities of body movements in art of dance.

Co4. Regular training and practice enables flexibility in body and help in various body movements during performance.

Bachelor of Arts Semester-II (Session 2025-26)
Indian Classical Dance (Kathak)
Course Code: BARM-2156
Theory

Total Marks: 100

Time: 3 Hours

Theory: 35

Pr: 35

CA: 30

L	T	P	Total Credits
2	0	2	4

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections (A-D) should be set from Units I-IV of the syllabus respectively. Questions may be subdivided in parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section. Each question will carry 07 Marks.

Unit -I

1. Definition of the following:—Kavit, Chakardar Paran, Bhaav, Kasak, Masak, Vandana, Gat, Laya.
2. Knowledge of: (i) Four neck movements (ii) Eight eye glances. (iii) Seven eye—brow movements. (iv) Nine head movements.

Unit-II

3. Study of Smyukta Mudras based on Abhinaya Darpan.
4. Origin & Development of Bharat-Natyam
5. Historical background of the Folk Dances of Rajasthan with its music, costume and style.

Unit-III

6. Importance of Vocal & Instrumental Music with Dance
7. Essay on Importance of Tal and Lehra in Kathak Dance.

Unit-IV

8. Writing notation of Jhaptal with its:
 - i. Thaah, Dugan, Tigun and Chaugun Layakaries
 - ii. Thaah – 1
 - iii. Tehai – 1
 - iv. Amad – 1
 - v. Tora – 1
 - vi. Paran – 1

vii. ChakardarParan – 1

9. Descriptions of following taalas with their:

Thaah, Dugun, Tigun and Chaugun Layakaries of Thekas.

i) Jhaptaal ii) Ektaal (iii) Dadra

10. Comparative study of above mentioned Taals.

Bachelor of Arts Semester-II (Session 2025-26)
Indian Classical Dance (Kathak)
Course Code: BARM-2156
Practical

Time: 40 Minutes

Marks: 35

Instructions for the paper setter: Question paper is to be set on the spot jointly by the Internal and External Examiners. Two copies of the same should be submitted for the record to COE Office, Kanya Maha Vidyalaya, Jalandhar.

Practical demonstration of the following:

1. Teen Taal with the following material:
 - i. Tatkar in Thaah, Dugun, Tigun and ChaugunLayakaries.
 - ii. Stuti
 - iii. Thaata – 2
 - iv. Tehai – 1
 - v. Amad – 1
 - vi. Salami – 1
 - vii. Tora – 2
 - viii. Paran – 1
 - ix. Chakardar Paran – 1
 - x. Kavita – 1
2. Jhaptaal with the following material:
 - i. Tatkar with its Thaah, Dugun, Tigun and ChaugunLayakaries.
 - ii. Thaata – 1
 - iii. Tehai – 1
 - iv. Amad – 1
 - v. Tora – 1
 - vi. Paran – 1
 - vii. ChakardarParan – 1
3. Padhant of whole material by hand as mentioned above.
4. Recognition of the compositions such as Tehai, Layakaries etc. asked by the Examiner.
5. Three Gat Nikas in Taal.
6. Ability to demonstrate Punjabi or Rajasthani Folk Dance
7. Ability to play Nagma on Harmonium in Teentaal & Jhaptaal

Books Recommended

Sr. No.	Name of the Book & Author
1.	Kathak Nritya Ka Prichey Subhashni Kapoor Radha Publications New Delhi 1997.
2.	Kathak Sundaryatmak Shashtriya Nritya Shikha Kharey Knishka Publishers New Delhi 2005.
3.	Etahasik Pripeksh Mein Kathak Naritya Maya Tak Knishka Publishers New Delhi 2006.
4.	Kathak Pravesika Guru Tirath Ram Azad.

Semester-I
SKILL ENHANCEMENT COURSE (SEC) - I)
DANCE

Course Outcomes:

Upon successfully completion of this course student will be able to perform :

CO1. Folk Dance of Punjab (BHANGRA) and Bollywood Dance forms.

CO2. Folk Dance of Rajasthan (Ghoomar) and Semi Classical Dance Form.

CO3. Folk Dance of Asam (Beehu) and Patriotic Dance.

Semester-I
SKILL ENHANCEMENT COURSE (SEC) - I)
DANCE

Time: 5 Hours

Max. Marks: 100

Pr: 70

CA: 30

LTP Credits: 0-0-4

Note: Question paper is to be set on the spot jointly by the Internal and External Examiners.

Practical Demonstration & Viva Voce of the following:

UNIT-I

- | | |
|---|----------|
| 1. Knowledge of Folk Dance of Punjab Bhangra. | 15 Marks |
| 2. Knowledge of Bollywood Dance. | 10 Marks |

UNIT-II

- | | |
|---|----------|
| 3. Knowledge of Semi Classical Dance (Bollywood). | 10 Marks |
| 4. Folk Dance of Ghumar (Rajasthan). | 10 Marks |

UNIT-III

- | | |
|--------------------------------|----------|
| 5. Folk Dance of Assam (Bihu). | 10 Marks |
| 6. Any Patriotic Dance. | 15 Marks |

Books Recommended

Sr.	Name of the Book & Author
1.	Folk Dances of India, Sharif Muhammad, Madhya Pradesh Hindi Granth Academy Bhopal, 2023
2.	Bharat ke Nritya, Leela Venkatraman, Children's Book Trust, 2021
3.	Folk Dances of India Unity in Diversity, Shovna Narayan, Shubhi Publications Gurgaon, 2021
4.	Celebration of Indian Folk Dances, Jiwan Pani, Publication Division Ministry of Information & Broadcasting, 2000.