

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

PSYCHOLOGY

For

BACHELOR OF ARTS SEMESTER I

(Under Credit Based Evaluation and Grading System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

KANYA MAHA VIDYALAYA

JALANDHAR

(Autonomous)

PROGRAM SPECIFIC OUTCOMES

Session: 2023-24

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (PSYCHOLOGY)
SEMESTER-I**

Session – 2023-24

| SEMESTER-I | | | | | | | | |
|----------------|----------------|--|------------|---------|-------|------|----|----|
| Course Code | Course Type | Course Name | Hours/week | Credits | Marks | | | |
| | | | | L-T-P | Total | Ext. | | CA |
| | | | | | | L | P | |
| BARM- 1443 | E | Psychology (Basic Psychological Processes) | 3+2 | 3-0-1 | 100 | 60 | 20 | 20 |

E = Elective

Bachelors of Arts Semester-I
Session: 2023-24

Course Code: BARM-1443
Course Title: Psychology (Basic Psychological Processes)
(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: Know about the historical development of Psychology and gain knowledge about the origin of psychology as a science.

CO2: Develop a clear understanding of the general theoretical and scientific principles of intelligence, learning and individual differences.

CO3: Understand and apply various methods used in analyzing behavior of the individual and will be able to use measures of central tendency in psychological research.

.CO4: Measure simple reaction time, trial and error learning, verbal and non-verbal test of intelligence with the help of psychological tools and apparatus

**Bachelors of Arts Semester-I
Session: 2023-24**

**Course Code: BARM-1443
Course Title: Psychology (Basic Psychological Processes)
(Theory)**

**LTP: 3-0-0
Time: 3 hours
(Theory)**

**Max. Marks: 100
Theory Marks: 60
Practical Marks: 20
CA: 20**

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit-I

Nature and Methods of Psychology: Psychology as a Science, Scope and Historical Background with brief Introduction to Schools of Psychology (Structuralism, Functionalism, Psychoanalysis, Behaviourism, Gestalt and Humanistic)

Methods: Introspection, Observation, Experiment, Case Study, Interview and Questionnaire

Unit-II

Motivation: Concept and Nature of Motivation, Types of Motivation, Needs, Drives and Incentives, Types of Conflicts, McClelland Achievement Theory, The Need Hierarchy Model

Emotions: Concept and Nature of Emotions, Types of Emotions, Theories of Emotions (James Lange, Cannon Bard, Schachter-Singer Theory, Cognitive Appraisal Theory, Facial-Feedback Theory)

Unit-III

Learning: Nature and Characteristics of Learning Processes, Types of Learning (Verbal and Non-verbal), Theories of Learning (Thorndike, Pavlov, Skinner and Kohler)

Unit-IV

Statistics:

Statistics, Frequency Distributions, Graphical representation of Frequency Distributions, Meaning and Characteristics of Central Tendency, Measures of Central Tendency: Mean, Median, Mode with their Merits and Demerits (Numericals related with Mean, Median and Mode only)

References:

1. Aron (2007). *Statistics for Psychology*. Pearson Education, New Delhi.
2. Baron, R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
3. Benjamin, Jr. L.T., Hopkings, J.R. & Nation, J.R. (1987). *Psychology*. Mcmillan Publishing Company, New York.
4. Carlson N.R. (2007). *Foundation of Physiological Psychology*. Pearson Education, New Delhi.
5. Morgan, G.T., King, P.A., Weisz, T.R. & Schopler, J. (1999). *Introduction to Psychology*. Mcgraw Hill Book Co., New York.
6. Shashi, J. (2001). *Introduction to Psychology*. Kalyani Publishers, New Delhi

Session: 2023-24

Bachelors of Arts

Semester-I

Course Code: BARM-1443

**Course Title: Psychology (Practical)
(Practical)**

LTP: 0-0-1

Time: 3 hours

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
2. performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Five Practical have to be performed out of the following:

1. Immediate Memory Span
2. Effect of Knowledge of Results on Performance
3. Motivation
4. Emotions
5. Trial and Error Learning.
6. Effect of Practice on Learning.

SYLLABUS
Of
PSYCHOLOGY
For
BACHELOR OF ARTS SEMESTER II
(Under Continuous Evaluation System)
(12+3 System of Education)

Session: 2023-24



The Heritage Institution
KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

PROGRAM SPECIFIC OUTCOMES

Session: 2023-24

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (PSYCHOLOGY)
SEMESTER-II**

Session – 2023-24

| SEMESTER-II | | | | | | | | |
|-------------|-------------|--------------------------------------|------------|---------|-------|------|----|----|
| Course Code | Course Type | Course Name | Hours/week | Credits | Marks | | | |
| | | | | L-T-P | Total | Ext. | | CA |
| | | | | | | L | P | |
| BARM-2443 | E | Psychology (Psychological Processes) | 3+2 | 3-0-1 | 100 | 60 | 20 | 20 |

E= Elective

Bachelors of Arts Semester-II
Session: 2023-24

Course Code: BARM-2443
Course Title: Psychology (Psychological Processes)
(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: Acquire in-depth knowledge in the psychological concepts of memory, motivation, emotions and personality

CO2: Apply the theoretical facts for enhancing one's personality, learning and memory and use it in everyday issues of life.

CO3: Understand the relationship between brain and behavior and will be able to use measures of variability in psychological research.

CO4: Measure motivation, learning, personality, memory and public opinion with the help of psychological tools and apparatus.

Bachelors of Arts Semester-II
Session: 2023-24

Course Code: BARM-2443
Course Title: Psychology (Psychological Processes)
(Theory)

LTP: 3-0-0
Time: 3 Hours
(Theory)

Max. Marks: 100
Theory Marks: 60
Practical Marks: 20
CA: 20

Instructions for the Paper Setters:

Eight questions of twelve marks each are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit-I

Psychophysics: Concept of Psychophysics, Physical V/S Psychological continua, Point of Subjective Equality, Weber- Fechner law, Concept of Absolute and Differential Thresholds, Determination of AL and DL by Methods of Limits, Method of Constant Stimuli & Method of Average Error

Unit-II

Intelligence: Concept and Nature, Intelligence Theories (Spearman, Thorndike, Thurstone, Guilford, Cattell, Gardener and Sternberg), Concept of Emotional Intelligence, Nature and Nurture Issue in Intelligence

Unit-III

Personality: Concept of Personality, Characteristics of Personality, Theories of Personality (Freud, Allport, Adler, Murray, Cattell & Eysenck). Techniques of Assessment (EPI, CPI & 16PF) and Projective Techniques of Assessment (Rorschach, TAT and Sentence Completion Test)

Unit-IV

Measures of Variability: Meaning and Characteristics of Variability, Measures of Variability: - Range, Quartile, Average and Standard Deviation, Variance with Merits and Demerits ((Numericals related with SD only)

References:

1. Aron (2007). *Statistics for Psychology*. Pearson Education, New Delhi.
2. Baron, R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
3. Benjamin, Jr. L.T., Hopkings, J.R. & Nation, J.R. (1987). *Psychology*. Mcmillan Publishing Company, New York.
4. Chaplin, J.R. & Kraiwic, T.S. (1985). *Systems and Theories of Psychology*. Holt, Rinehart and Winston, Inc., New York.
5. Coon, D.L., & Mitterer, J.O. (2007). *Introduction to Psychology; Gateways to Mind and Behaviour*. Thomson Wadsworth.
6. Crooks, R.L. & Strin, J. (1988). *Psychology; Sciences: Behaviour and Life*. Holt Rinehart and Winston, Inc., New York.
7. Hall, S.S. & Lindzey (1969). *Theories of Personality*. Wiley Eastern Ltd. New Delhi.
8. Morgan, G.T., King, P.A., Weisz, T.R. & Schopler, J. (1999). *Introduction to Psychology*. McGraw Hill Book Co., New York.
9. Pinel, J.P.J. (2007). *Biopsychology*. Pearson Education, New Delhi.
10. Shashi, J. (2001). *Introduction to Psychology*. Kalyani Publishers, New Delhi
11. Solso, R.L. (2007). *Cognitive Psychology*. Pearson Education, New Delhi.

**Bachelors of Arts
(Psychology)
Semester-II Session:
2022-25**

**Course Code: BARM-2443
Course Title: Psychology (Practical)
(Practical)**

LTP: 0-0-1

Time: 3 hours

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. Write-up of file book (5 Marks),
2. Performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

PRACTICAL

Five Practical have to be performed out of the following:

1. Determination of AL and DL
2. Verbal Test of Intelligence.
3. Non-Verbal Test of Intelligence
4. Performance Test of Intelligence
5. Personality
6. Projective Technique

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

PSYCHOLOGY

For

BACHELOR OF ARTS SEMESTER III

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

PROGRAM SPECIFIC OUTCOMES

Session: 2023-24

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (PSYCHOLOGY)
SEMESTER-III**

Session – 2023-24

| BACHELOR OF ARTS SEMESTER III (PSYCHOLOGY) | | | | | | | |
|---|--|-------------|-------|------|----|----|-----------------------------------|
| Course Code | Course Title | Course Type | Marks | | | | Examination time (in Hours) |
| | | | Total | Ext. | | CA | |
| | | | | L | P | | |
| BARM-3443 | Psychology (Biological Basis of Behaviour) | E | 100 | 60 | 20 | 20 | 3+3 |

E= Elective

Bachelors of Arts Semester-III

Session: 2023-24

Course Code: BARM-3443

**Course Title: Psychology (Biological Basis of Behaviour)
(Theory)**

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: acquire basic knowledge about the structure and function of nervous system.

CO2: describe and understand the interaction of different parts of the nervous system with higher cognitive functions

CO3: explain the influence of neurological disturbances and illnesses on sensory, motor, cognitive and executive functions

CO4: Understand the basic nature and features of Normal Probability curve.

Bachelors of Arts Semester-III
Session: 2023-24

Course Code: BARM-3443
Course Title: Psychology (Biological Basis of Behaviour)
(Theory)

Time: 3 hours

Max. Marks: 100
Theory Marks: 60
Practical Marks: 20
CA: 20

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit-I

Neurons: Structure and Functions

Synapses: Synapse and Types of Synapse, Resting and Action Potentials

Unit-II

Nervous System (Central, Peripheral and Autonomic)

Unit-III

Structure and Functions of Visual, Auditory, Olfactory, Gustatory and Somato-Sensory Systems

Unit-IV

Normal Probability Curve, Concept, Nature and Characteristics (Numerical of Areas under NPC only)

References:

1. Carlson, N. R. (2007). Foundations of Physiological Psychology. New Delhi: Pearson Education.
2. Leukal, F. L. (1968). Introduction to physiological psychology, Japan: Toppan Company Ltd.
3. Pinel, J. P. J. (2007). Biopsychology. New Delhi: Pearson Education.
4. Thompson, R. (1967). Foundations of Physiological Psychology. New York: Harper & Row Publishers.

**Bachelors of Arts
(Psychology)
Semester-III
Session: 2023-24**

**Course Code: BARM-3443
Course Title: Psychology (Practical)
(Practical)**

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
 2. Performance and viva-voce (15 Marks) relating to the practicals.
- In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Five Practical have to be performed out of the following:

1. Positive Transfer in Sensory Motor Learning
2. Negative Transfer in Sensory Motor Learning
3. Comparative Study of Sensory and Muscular Reaction Time
4. Effect of Fatigue on Mental Work
5. Comparative Study of RL for the Two Parts of the Body
6. Any Practical related with Biological aspects of Behaviour

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

OF

PSYCHOLOGY

FOR

BACHELOR OF ARTS SEMESTER IV

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

PROGRAM SPECIFIC OUTCOMES

Session: 2023-24

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (PSYCHOLOGY)
SEMESTER-IV**

Session – 2023-24

| Bachelor of Arts Semester IV (Psychology) | | | | | | | |
|--|---|-------------|-------|------|----|----|-----------------------------------|
| Course Code | Course Title | Course Type | Marks | | | | Examination time (in Hours) |
| | | | Total | Ext. | | CA | |
| | | | | L | P | | |
| BARM-4443 | Psychology (Experimental Psychology) | E | 100 | 60 | 20 | 20 | 3+3 |

E= Elective

Bachelors of Arts Semester-IV
Session: 2023-24

Course Code: BARM-4443
Course Title: Psychology (Experimental Psychology)
(Theory)

COURSE OUTCOMES:

After passing this course the student will be able to:

CO1: Introduction of the concept of psychophysics and its various psychophysical methods.

CO2: In-depth knowledge about of the phenomenon of learning in the field of psychology and its associated types. The practical application of reinforcement schedules in day to day life.

CO3: Understanding and analysis of various higher mental abilities like mnemonics, thinking and problem solving, reasoning and concept formation.

CO4: Insight into the elementary concept of correlation and its applicability

Bachelors of Arts Semester-IV
Session: 2023-24

Course Code: BARM-4443
Course Title: Psychology (Experimental Psychology)
(Theory)

Time: 3 hours

Max. Marks:100
Theory Marks: 60
Practical Marks: 20
CA: 20

Instructions for the Paper Setters:

Eight questions of twelve marks each are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit- I

Sensation: Nature, Theories of Colour Vision (Young-Helmholtz, Opponent-Process & Evolutionary), Theories of Hearing, Cutaneous, Olfactory and Gustatory Sensations

Perception: Concept, Nature and factors affecting perception, Approaches to Perception (Gestalt and Behaviouristic), Perception of Form, Shape, Depth and Distance, Perceptual Constancy

Unit- II

Memory: Concept and Nature, Encoding, Storage, Retrieval, Types of Memory

Mneumonics: An Introduction to the concept of Mneumonics, Constructive memory, Implicit memory & Eyewitness memory. Methods of Retention

Forgetting: Concept and Nature, Factors affecting Forgetting, Theories of Forgetting (Decay, Interference and Retrieval failure)

Unit-III

Thinking, Problem Solving and Concept Formation:

Thinking and Problem Solving: Nature and Types of Thinking. Nature of Problem Solving, Stages of Problem Solving, Factors, Role of Set in Problem Solving

Concept Formation: Nature, Types and Processes

Unit-IV

Correlation: Concept, Types of Correlation, Nature and Characteristics, Rank Order and Product Moment Methods (Numericals for Individual data), t-test: Significance of Differences between means (correlated and uncorrelated)

References:

1. Aron (2007). *Statistics for Psychology*. Pearson Education, New Delhi.
2. Baron, R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
3. Benjamin, Jr. L.T., Hopkings, J.R. & Nation, J.R. (1987). *Psychology*. Mcmillan Publishing Company, New York.
4. Chaplin, J.R. & Kraiwic, T.S. (1985). *Systems and Theories of Psychology*. Holt, Rinehart and Winston, Inc., New York.
5. Coon, D.L., & Mitterer, J.O. (2007). *Introduction to Psychology; Gateways to Mind and Behaviour*. Thomson Wadsworth.
6. Crooks, R.L. & Strin, J. (1988). *Psychology; Sciences: Behaviour and Life*. Holt Rinehart and Winston, Inc., New York.
7. Hall, S.S. & Lindzey (1969). *Theories of Personality*. Wiley Eastern Ltd. New Delhi.
8. Morgan, G.T., King, P.A., Weisz, T.R. & Schopler, J. (1999). *Introduction to Psychology*. McGraw Hill Book Co., New York.
9. Pinel, J.P.J. (2007). *Biopsychology*. Pearson Education, New Delhi.
10. Shashi, J. (2001). *Introduction to Psychology*. Kalyani Publishers, New Delhi.
11. Solso, R.L. (2007). *Cognitive Psychology*. Pearson Education, New Delhi.

**Bachelors of Arts
(Psychology)
Semester-IV
Session: 2023-24**

**Course Code: BARM-4443
Course Title: Psychology (Practical)
(Practical)**

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
2. Performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

PRACTICAL

Five Practical have to be performed out of the following:

1. Perception
2. Division of Attention
3. Muller-Lyer Illusion
4. Problem-Solving
5. Concept formation.
6. Retroactive Inhibition/ Method of Recall and Recognition

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

PSYCHOLOGY

For

BACHELOR OF ARTS SEMESTER V

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

PROGRAM SPECIFIC OUTCOMES

Session: 2023-24

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

BACHELORS OF ARTS (PSYCHOLOGY)

SEMESTER-V

Session – 2023-24

| BACHELOR OF ARTS SEMESTER V (PSYCHOLOGY) | | | | | | | |
|---|---------------------------------------|-------------|-------|------|----|----|-----------------------------------|
| Course Code | Course Title | Course Type | Marks | | | | Examination time (in Hours) |
| | | | Total | Ext. | | CA | |
| | | | | L | P | | |
| BARM-5443 | Psychology (Abnormal Psychology-I) | E | 100 | 60 | 20 | 20 | 3+3 |

E=Elective

Bachelors of Arts Semester-V
Session: 2023-24

Course Code: BARM-5443
Course Title: Psychology (Abnormal Psychology-I)
(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: To understand the concepts of normality and abnormality with its causes

CO2: To be aware of the history and classification systems of abnormality

CO3: To Better understand one's own and others' behavior by applying the knowledge of major theories of abnormal behavior.

CO4: To understanding the various approaches to the diagnosis and treatment of stress, alcoholism and drug abuse.

Bachelors of Arts Semester-V
Session: 2023-24

Course Code: BARM-5443
Course Title: Psychology (Abnormal Psychology-I)
(Theory)

Time: 3 hours

Max. Marks: 100
Theory Marks: 60
Practical Marks: 20
CA: 20

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

UNIT-I

Abnormality: Concept and Criteria of Abnormality. Myth and Misconceptions regarding Abnormal Behaviour, DSM 5 and ICD 10 classification of Abnormal Behaviour- Advantages and disadvantages

Theoretical Perspectives of Psychopathology: Psychoanalytic (Freud), Behaviour Therapy, Humanistic Therapy (Carl Rogers and Abraham Maslow), Cognitive Behaviour Therapy (Beck) and Rational Emotive Behaviour Therapy

UNIT-II

Causes of Abnormal Behaviour: Primary, Predisposing, Precipitating reinforcing.

Biological Causes—(Genetic defects, constitutional liabilities, Brain dysfunction & Physical deprivation).

Psycho-Social Causes—(Self-perception and cognitive maps, early deprivation, inadequate parenting, pathogenic family structures, maladaptive peer relationship).

Socio-Cultural Causes—(Socio-Cultural Environment and Pathogenic societal influences).

UNIT-III

Stress & Coping: Categories of Stressors, Factors Predisposing an individual to stress. Coping strategies.

Stress Related Disorders: Coronary Heart Disease (CHD), Hypertension, Ulcers & Migraine Pain: Symptoms Causes and general treatment of stress related disorders.

UNIT-IV

Alcoholism: Misconception about Alcohol & Alcoholism, Clinical Picture, Causes, Treatment & Outcomes.

Drug Addiction: Clinical Picture, Causes and Treatment of Opium and its Derivatives, Sedatives (Barbiturates), Stimulants (Amphetamines & Cocaine): Hallucinogens (LSD & related drugs) Marijuana, Caffeine & Nicotine.

Readings:

1. Alloy, L.B., Riskind, J.H. & Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi.
2. Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins.
3. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons.
4. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India.
5. Mahmud. J(2011). Abnormal Psychology. APH Publishing Corporation, New Delhi.
6. Singh, A. Asadharan Manovigyan (1994). Punjabi University, Patiala.

**Bachelors of Arts
(Psychology)
Semester-V**

Session: 2023-24

Course Code: BARM-5443

**Course Title: Psychology (Practical)
(Practical)**

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
2. performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Five Practical have to be performed out of the following:

1. Word Association Test.
2. Adjustment
3. Case History
4. Attitudes.
5. Interests.
6. Locus of Control.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

PSYCHOLOGY

For

BACHELOR OF ARTS SEMESTER VI

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

PROGRAM SPECIFIC OUTCOMES

Session: 2023-24

Upon successful completion of this course, students will be able to:

PSO1. exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (PSYCHOLOGY)
SEMESTER-VI**

Session – 2023-24

| BACHELOR OF ARTS SEMESTER VI (PSYCHOLOGY) | | | | | | | |
|--|--|-------------|-------|------|----|----|-----------------------------------|
| Course Code | Course Title | Course Type | Marks | | | | Examination time (in Hours) |
| | | | Total | Ext. | | CA | |
| | | | | L | P | | |
| BARM-6443 | Psychology (Abnormal Psychology-II) | E | 100 | 60 | 20 | 20 | 3+3 |

E= Elective

**Bachelor of Arts Semester-VI
(Session 2023-24)**

**ABNORMAL PSYCHOLOGY–II
Course Code: BARM-6443
(Theory)**

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: acquire a better understanding of abnormal behaviour patterns, and thereby learn to distinguish abnormal behaviour from normal.

CO2: know about the symptoms and causes of various psychological disorders.

CO3: better understand how psychological disorders are classified and treated.

CO4: increase sensitivity to the struggles of people dealing with these types of problems.

**Bachelor of Arts Semester-VI
(Session 2023-24)**

**ABNORMAL PSYCHOLOGY–II
Course Code: BARM-6443
(Theory)**

Time: 3 hours

**Max. Marks:100
Theory Marks: 60
Practical Marks: 20
CA: 20**

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit-I

Anxiety Based Disorders: Symptoms, Etiology and Treatment of Obsessive Compulsive Disorder, Generalized Anxiety Disorder & Phobias. Classification of Somatoform Disorders–Symptoms & Etiology. Dissociative disorders–Types, Symptoms & Etiology.

Unit-II

Personality Disorders: Clinical Features, Types and causal factors in Personality Disorders (Paranoid, Schizoid, Schizotypal, Antisocial, Borderline, Histrionic, Narcissistic, Avoidant, Dependent and Obsessive-Compulsive Personality Disorder.)

Antisocial Personality & Delinquency: Clinical Picture, Characteristics, Causes, Treatment & Outcomes.

Unit III

Mood Disorders: Symptoms, Causes, Types and Treatment.

Schizophrenia: Symptoms, Causes, Types and Treatment.

Unit IV

Therapies: Psychodynamic, Behavioral, Cognitive-Behavior Therapy, Humanistic Therapy,
Existential Therapy and Family Therapy

Readings:

1. Barlow, D.H. & Durand, V.M. (2007) Abnormal Psychology: An Integrative Approach.
2. Broota, K.D. (1989) Experimental Designs in Behavioural Research, Wiley Eastern Limited, New Delhi.
3. Carson, R.C. Butcher, J.N., and Mineka, S. (1997), Abnormal Psychology and Modern Life, Harper Collins, New York.
4. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, John Wiley and Sons, New York.
4. Garrett. H.E. (1996), Statistics in Psychology and Education, Vakils, Feffar and Simons, New Delhi.
5. Mahmud.J(2011).Abnormal Psychology.APH Publishing Corporation,New delhi.
6. Sarason, I.G. and Sarason, B.R. (2002), Abnormal Psychology, Prentice Hall of India, NewDelhi.
7. Singh, A., AsadharanManovigyan, Punjabi University, Patiala.
Thomson Wordsworth.

BACHELOR OF ARTS Semester-VI
(Session 2023-24)

Practical

Course Code: BARM-6443
(Practical)

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
 2. performance and viva-voce (15 Marks) relating to the practicals.
- In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Five Practical have to be performed out of the following:

1. Projective Technique (Personality)
2. Anxiety.
3. Parenting Scale/Home Environment Scale.
4. Psychometric Technique (Personality)
5. Depression.
6. Rosenweig's Pictures Frustration Test.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

BACHELOR OF ARTS HONOURS

(PSYCHOLOGY)

For

BACHELOR OF ARTS SEMESTER III

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE HONOURS PROGRAMME**

**BACHELOR OF ARTS (HONOURS)
(PSYCHOLOGY)
SEMESTER III**

Session: 2023-24

| BACHELOR OF ARTS (HONOURS) SEMESTER III (PSYCHOLOGY) | | | | | | | |
|---|---|-------------|-------|------|---|----|--------------------------------|
| Course Code | Course Title | Course Type | Marks | | | | Examination time (in Hours) |
| | | | Total | Ext. | | CA | |
| | | | | L | P | | |
| BARL-3619 | Psychology (History and Schools of Psychology) | E | 100 | 80 | - | 20 | 3 |

**BACHELOR OF ARTS HONOURS (PSYCHOLOGY)
SEMESTER-III**

SESSION: 2023-24

**COURSE CODE: BARL-3619
HISTORY AND SCHOOLS OF PSYCHOLOGY
(Theory)**

COURSE OUTCOMES

At the end of this course student will be able to

CO1: know about the historical development and origin of

Psychology.

CO2: gain knowledge about Psychoanalysis and Neo-

Psychoanalysis.

CO3: gain knowledge about Behaviorism and Cognitive Psychology.

CO4: gain knowledge about Humanistic and Gestalt Psychology.

BACHELOR OF ARTS HONOURS (PSYCHOLOGY)
SEMESTER-III
SESSION: 2023-24
COURSE CODE: BARL-3619
COURSE TITLE: HISTORY AND SCHOOLS OF PSYCHOLOGY
(THEORY)

LTP: 4-0-0
Time: 3 hours

Max. Marks: 100
Theory: 80
CA: 20

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Origin of Modern Psychology as a Science.

Origin, contents, critical analysis of structural and functional Psychology.

UNIT-II

Origin, contents and critical analysis of Psychoanalysis and Neo-Psychoanalysis (Adler, Jung and Erickson).

UNIT-III

Origin, content and critical analysis of Behaviorism (Watson, Pavlov, Skinner and Tolman) and Cognitive Psychology

UNIT-IV

Origin, contents and critical analysis of Humanistic (Maslow, Roger and Rollo May) and Gestalt psychology (Wertheimer, Kohler & Koffka), Psychology in India.

Books Recommended:

1. Brennan, J. F. (2005) History and Systems of Psychology. Perarsons Education.
2. Boring, E.G. (1969). History of Experimental Psychology, 2nd Education.
3. D. Amato, M.R. (1970). Experimental Psychology, Tata Mc Graw Hill, New Delhi.
4. Marx M.H. & Hillix, W.A. (1978) Systems and Theories of

Psychology. Tata McGraw-Hill Publishing Co. Ltd.: New Delhi

5. Schulz, D.P.A (1971). History of Modern Psychology, New York: Academic Press.

6. Strange, J.R. (1965). Abnormal Psychology, Mc Graw Hill Book, New York.

7. Woodworth, R.S. (1976). Contemporary Schools of Psychology, London Methuen.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

BACHELOR OF ARTS HONOURS

(PSYCHOLOGY)

For

SEMESTER IV

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE PROGRAMME**

BACHELOR OF ARTS HONOURS

(PSYCHOLOGY)

SEMESTER IV

Session: 2023-24

| BACHELOR OF ARTS (HONOURS) SEMESTER IV (PSYCHOLOGY) | | | | | | | |
|--|-----------------------------------|-------------|-------|------|---|----|--------------------------------|
| Course Code | Course Title | Course Type | Marks | | | | Examination time (in Hours) |
| | | | Total | Ext. | | CA | |
| | | | | L | P | | |
| BARL-4619 | Psychology (Social Psychology) | E | 100 | 80 | - | 20 | 3 |

**BACHELOR OF ARTS HONOURS (PSYCHOLOGY)
SEMESTER-IV**

SESSION: 2023-24

**COURSE CODE: BARL-4619
SOCIAL PSYCHOLOGY
(Theory)**

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: understand and analyze the major theories, concepts, empirical findings, methods and techniques used in social psychology

CO2: apply psychological theories and empirical research in explaining behavior of individuals and groups.

CO3: create an awareness of the major problems and issues in the discipline of social psychology

CO4: understand the forces that create group differences in the patterns of social behavior and also to create respect for the behaviour of other people

BACHELOR OF ARTS HONOURS (PSYCHOLOGY)

SEMESTER-IV

SESSION: 2023-24

COURSE CODE: BARL-4619

SOCIAL PSYCHOLOGY

(Theory)

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Introduction: Nature, Scope, Social Psychology as a Science, Methods of Social Psychology, Relationship of Social Psychology with Psychology, Sociology and Cultural Anthropology.

Attitude: Concept & Nature of Attitudes; Formation of Attitudes; Theories: Cognitive Dissonance theory and Balance theory, Measurement of Attitude (Thurstone, Likert, Bogardus), Prejudice and Discrimination.

UNIT-II

Interpersonal attraction: Nature and Factors.

Pro-Social Behavior: Nature, determinants, Theoretical Explanations of Pro-Social Behavior (Evolutionary, Social Learning, Empathy-Altruism, Negative-State Relief).

UNIT-III

Social Influence: Conformity, Compliance and Obedience

Aggression: Concept, Detriminants, Theories, Prevention and Control of Aggression

UNIT-IV

Group Dynamics: Groups and their kinds (Open and Closed Groups, Primary and Secondary Groups, In-Groups and Out-Groups) Formation of Groups; Group Coordination: Social Facilitation, Social Loafing, and Decision Making Process in Group.

Corruption: Concept, Psychology of Corruption, Impact of Corruption on Society

Readings:

1. Baron, R. A, Byrne, D. & Kantowitz, B.H. (1980). Psychology: Understanding Behaviour. USA: Holt, Rinehart & Winston.
2. Baron, R. A., Byrne, D. R. & Branscombe, N. R. (2007). Social psychology (11th Ed.). New Delhi: Pearson Education.
3. Baumeister, R. F. & Bushman, B. J. (2013). Social Psychology and Human Nature. San Francisco: Wadsworth
4. Gerrig, R. J. & Zimbardo, P. G. (2005). Psychology and Life. New Delhi: Pearson Education.
5. Myers, D. R. (2010). Social Psychology (11th Ed.). USA: McGraw Hill Education.
6. Myers, D.G. (1999). Social Psychology (6th Ed.). USA: Mc Graw Hill.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

BACHELOR OF ARTS HONOURS

(PSYCHOLOGY)

For

BACHELOR OF ARTS SEMESTER V

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

KANYA MAHA VIDYALAYA

JALANDHAR

(Autonomous)

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE PROGRAMME

BACHELOR OF ARTS (HONOURS)

(PSYCHOLOGY)

SEMESTER V

Session: 2023-24

| BACHELOR OF ARTS (HONOURS) SEMESTER V (PSYCHOLOGY) | | | | | | | |
|--|---|--------------------|-----------|----------|---|----|--------------------------------------|
| Course Code | Course Title | Cours e Type | Mark s | | | | Examination time(in Hours) |
| | | | Total | Ext . | | CA | |
| | | | | L | P | | |
| BARL-5619 | Psycholog y (Psychologic al Testing and Measurement) | E | 100 | 80 | - | 20 | 3 |

**BACHELOR OF ARTS HONOURS (PSYCHOLOGY)
SEMESTER-V**

SESSION: 2023-24

COURSE CODE: BARL-5619

**Course Title: PSYCHOLOGICAL TESTING AND MEASUREMENT
(Theory)**

COURSE OUTCOMES

At the end of this course student will be able to

CO1: introduce to the students the history, importance and classification of psychological testing.

CO2: gain knowledge about the procedure of test construction and standardization.

CO3: expand insight about importance of validity, reliability in psychological testing

CO4: Gain knowledge about Sampling methods and Norms in psychological testing.

**BACHELOR OF ARTS HONOURS
(PSYCHOLOGY) SEMESTER-V**

SESSION: 2023-24

COURSE CODE: BARL-5619

**Course Title: PSYCHOLOGICAL TESTING AND MEASUREMENT
(Theory)**

Time: 3 hours

Max Marks: 100

**Theory: 80
CA: 20**

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit-I

History of Psychological Testing, Scales of Measurement

Meaning of Psychological Tests, Objectivity, Characteristics of a good Psychological Test, Types of Psychological Test, Uses of Psychological Testing, Ethical issues in Psychological Testing.

Unit- II

Construction and standardization of tests (Item Writing, Item difficulty, Item Analysis, Item Discrimination).

Unit- III

Reliability: Nature and Types.

Validity: Nature and Types.

Factors affecting Validity and Reliability

Unit-IV

Norms: Concept and Types

Sampling: Concept and Methods (Probability and Non-Probability)

Books Recommended:

1. Anastasi, A (2007). Psychological Testing 2nd impression, Pearson Education
Cronbach, L. J. (1970). Essentials of Psychology Testing 3rd edition, Harper and ROW
2. Freeman, F.S.(1971). Theory and Practice of Psychological Testing 3rd print, Oxford Publishing

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

BACHELOR OF ARTS HONOURS

(PSYCHOLOGY)

For

SEMESTER VI

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2023-24



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE PROGRAMME**

BACHELOR OF ARTS (HONOURS)

(PSYCHOLOGY)

SEMESTER VI

Session: 2023-24

| BACHELOR OF ARTS HONOURS SEMESTER VI (PSYCHOLOGY) | | | | | | | |
|--|------------------------------------|-------------|-------|------|---|----|--------------------------------|
| Course Code | Course Title | Course Type | Marks | | | | Examination time (in Hours) |
| | | | Total | Ext. | | CA | |
| | | | | L | P | | |
| BARL-6619 | Psychology (Applied Psychology) | E | 100 | 80 | - | 20 | 3 |

E- Elective

**BACHELOR OF ARTS HONOURS (PSYCHOLOGY)
SEMESTER-VI**

SESSION: 2023-24

**COURSE CODE: BARL-6619
APPLIED PSYCHOLOGY
(Theory)**

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: to understand, analyze, interpret, predict and control human behavior for better life and society.

CO2: to provide an understanding about the discipline of psychology to the students with special emphasis on its application in different fields.

CO3: basic understanding of human behavior and psychological principles in any work setting.

CO4: equip the students in many areas of psychology, namely, educational psychology, counseling, organizational behavior and health psychology.

BACHELOR OF ARTS HONOURS (PSYCHOLOGY)
SEMESTER-VI

SESSION: 2023-24

COURSE CODE: BARL-6619
APPLIED PSYCHOLOGY
(Theory)

Time: 3 hours

Max. Marks: 100
Theory: 80
CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit-I

Nature, history and scope of Applied Psychology

Educational Psychology: Nature and scope,

Effective teaching and classroom management: Characteristics of effective teachers, Teaching Methods, Classroom management, disciplining and communication.

Introduction to special education for exceptional children

Unit-II

Counselling: Concept, Goals and Ethical Issues of Counselling, Characteristics of Effective Counsellor, Counselling Process. Counselling in Schools, Counselling for Addictive Behaviour, Career Counselling

Unit-III

Organizational Behaviour: Nature, History and Scope, Understanding and adapting to work environment, Dynamics of Organizational Behaviour, Work Stress and its management, Organizational Change

Unit-IV

Health Psychology:- Nature, Scope and Development of Health Psychology.

The role of health psychologists in society, the role of Psychology to deal with AIDs, Psychosomatic disorder (Ulcers, migraine pain & Asthma) Cardiovascular diseases

Readings:

1. Allen, F. (2011). Health Psychology and Behaviour. New Delhi: Tata McGraw Hill.
2. Gibson, R. L. & Mitchell, M. H. (2012). Introduction to Counselling and Guidance (7th Ed.) New Delhi: Pearson.
3. Gladding, S. T. (2012). Counselling: A Comprehensive Profession. (7th Ed). New Delhi: Pearson Education.

4. Rao, S. N. (1984). Counselling Psychology. New Delhi: Tata McGraw-Hill Publishing Company Limited.
5. Robbins, S. P. & Judge, T. A. (2019). Organisational Behaviour (15th Ed.). New Delhi: Prentice Hall.
6. Weiten, W. & Lloyd, M.A. (2006). Psychology applied to modern life: Adjustment in the 21st century. (8th ed.). USA: Thomson Wadsworth.
7. Wool Fork, A. Mishra, G. & Jha, A. K. (2012). Fundamentals of Educational Psychology. New Delhi: Pearson Education.