

# **FACULTY OF VOCATIONAL STUDIES**

## **SYLLABUS**

**of**

**Cosmetology**

**for**

**Bachelor of Arts  
(Semester: III to VI )**

**(Under Credit Based Continuous Evaluation System)**

**Session: 2023-2024**



**The Heritage Institution**

**KANYA MAHA VIDYALAYA  
JALANDHAR  
(Autonomous)**

**Kanya Maha Vidyalaya , Jalandhar ( Autonomous)**  
**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME**  
**Session: 2023-24**

Bachelor of Arts Cosmetology (Vocational) Semester III								
Program Name	Course Code	Course Title	Course Type	Marks				Examination time (in Hours)
				Total	Ext.		CA	
					L	P		
Bachelor of Arts	BARM-3147	Cosmetology (Vocational)	E	100	40	40	20	3+3

**E- Elective**

Bachelor of Arts Cosmetology (Vocational) Semester IV								
Program Name	Course Title	Course Code	Course Type	Marks				Examination time (in Hours)
				Total	Ext.		C A	
					L	P		
Bachelor of Arts	BARM-4147	Cosmetology (Vocational)	E	100	40	40	20	3+3

**E- Elective**

**Kanya Maha Vidyalaya , Jalandhar ( Autonomous)**  
**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME**

Bachelor of Arts Cosmetology (Vocational) Semester –V								
Program Name	Course Title	Course Code	Course Type	Marks				Examination time (in Hours)
				Total	Ext.		C A	
					L	P		
Bachelor of Arts	BARM-5147	Cosmetology (Vocational)	E	100	40	40	20	3+3

**Kanya Maha Vidyalaya , Jalandhar ( Autonomous)**  
**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME**

Bachelor of Arts Cosmetology (Vocational) Semester –VI								
Program Name	Course Title	Course Code	Course Type	Marks				Examination time (in Hours)
				Total	Ext.		C A	
					L	P		
Bachelor of Arts	BARM-6147	Cosmetology (Vocational)	E	100	40	40	20	3+3

**Bachelor of Arts (Semester-III)**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-3147**  
**(THEORY)**

**COURSE OUTCOME:**

- CO 1:** Students learn the deep layers of hair its composition and its types  
**CO 2:** This also teaches us the different disorders of hair and scalp both infectious and non-infectious.  
**CO 3:** Students can learn the role of nutrients for a healthy life.  
**CO4:** To impart the knowledge of overweight and underweight due to malnutrition.

**Bachelor of Arts (Semester-III)**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-3147**  
**(THEORY)**

**Time: 3 hrs.**

**Max. Marks: 100**  
**Theory Marks: 40**  
**Practical Marks: 40**  
**C.A: 20**

**Instructions for the Paper Setters:**

Eight questions of equal (8 marks) marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**UNIT-I**

**1. Hair**

- Composition and Structure of Hair
- Division & Forms of Hair
- Hair Growth & Regeneration

**UNIT-II**

- Disorders & Disease of the hair and scalp
- PH scale with Diagram

**2. Health and diet**

- Basic Introduction of Nutrients
- Carbohydrates, Protein, Fat, Vitamin A,D,C & B complex, Calcium, Iron and their food sources

**UNIT-III**

- Role of Water for healthy Skin
- Concept of Balance Diet -5 food groups principles of meal planning

**UNIT-IV**

- Overweight and Underweight causes and dietary Management
- Main functions related to skin and hair

**Books Recommended :-**

- Berg, A.(1973)The Nutrition` factor, The Brookings Institution, Washington.
- Gibney M.J, Margetts, B.M, Kearney, J.M Arab, I. eds (2004) Public Health Nutrition, NS Blackwell Publishing.
- Gopalan, C. and Kaur, S (Eds) (1993) Towards Better Nutritional Assessment, Oxford University Press.
- Complete beauty book by Helen Foster

**Bachelor of Arts (Semester-III)**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-3147**  
**(Practical)**

**Time: 3 hrs.**

**Practical Marks: 40**

**Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners.

**1. Hair Care**

- Types of shampoos and procedure of shampoo
- Hair rinses and hair conditions
- Hair spa acc.to scalp
- Corrective hair and scalp treatment :
- Treatment for Dry, Oily scalp, Dandruff treatment ,Hair fall treatment with the help of Steamer, Vibrator , Heat, High Frequency

**2. Hair Styling**

- Basic Techniques and Equipment used in styling
- Principles of Hair Design
- Shapes of Head, Headlines , Texture and Density
- Different Thermal hair styles with the help of thermal equipment

**Books Recommended :-**

- Blackwell Publishing.
- Gopalan, C. and Kaur, S (Eds) (1993) Towards Better Nutritional Assessment, Oxford University Press.
- Complete beauty book by Helen Foster

**Bachelor of Arts (Semester – IV)**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-4147**  
**(THEORY)**

**COURSE OUTCOME:**

**CO 1:** To impart the knowledge of Hair bonds and Chemical reaction .

**CO 2:** Understand the knowledge of acid and alkline in Chemical relaxers.

**CO3:** To understand the role of colour in relation to skin, eyes and hair.

**CO4:** Students can learn hair analysis and cosmetics use for hair colouring.

**Bachelor of Arts (Semester – IV)**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-4147**  
**(THEORY)**

**Time: 3 hrs.**

**Max. Marks: 100**  
**Theory Marks: 40**  
**Practical Marks: 40**  
**C.A:20**

**Instructions for the Paper Setters:**

Eight questions of equal(8 marks) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

**UNIT-I**

**Chemical Knowledge of Hair**

- Chemical Structure of Hair
- Hair Bonds

**UNIT-II**

- Acids & Alkalis
- Determine Porosity in Chemical hair Treatments:
  - a) Rebonding
  - b) Perming

**UNIT-III**

**Colours**

- Colour Principles
- Colours key programme and its relation to Skin ,Eye and Hair

**UNIT-IV**

- Analysis of client
- Hair textures , lighteners, Cosmetics and hair Colouring

**Books Recommended:**

- Professional Hair Dressing by Martin Green Leo Palladino.
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd



**Bachelor of Arts Semester-IV**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-4147**  
**(Practical)**

**Time: 3 hrs.**

**Practical Marks: 40**

**Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners. Two copies of the same should be submitted for the record to COE office , Kanya Maha Vidyalaya, Jalandhar.

**Basic Hair Shaping**

- Hair shaping instruments and their uses
- Sectioning for Haircut
- Degree system for Haircut
- Hair texture and four types of hair Cuts

**Scalp Manipulations**

- Benefits of Scalp Manipulations
- Scientific hair Brushing
- Pressure Point of Head Massage
- Hairstyles & Buns

**Books Recommended:**

- Professional Hair Dressing by Martin Green Leo Palladino.
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

**Bachelor of Arts Semester –V**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-5147**  
**(THEORY)**

**Course Outcomes:-**

**CO 1.** Students able to determine the basic properties of Bacteria and study the impact of Bacteria on Skin.

**CO 2.** To study the different types of sanitation and sterilization strategies.

**CO3:** Understand the knowledge of different chemical treatment.

**CO 4.** Identify and apply various make-up equipment and techniques used for professional application

**Bachelor of Arts Semester –V**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-5147**  
**(THEORY)**

**Time :3 hrs**

**Max Marks: 100**  
**Theory Marks: 40**  
**Practical Marks: 40**  
**C.A: 20**

**Instructions for the Paper Setters:**

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**UNIT-I**

**1. Bacteriology:**

- a) What is Bacteria?
- b) How Bacteria grow and reproduce?
- c) Types of Bacteria
- d) Infections and Disease

**UNIT- II**

**2. Sterilization & Sanitations:**

- a) Methods of Sterilization & Sanitations
- b) Commonly used disinfectants
- c) Knowledge of common antiseptics
- d) General suggestions for sanitations

**UNIT- III**

**3. Chemical Treatment of Hair:**

- a) Rebonding
- b) Smoothening
- c) Hair Spa

**UNIT-IV**

**4. Makeup:**

- a. Determine face shape
- b. Choosing your Makeup with Care
- c. Formal and casual Makeup

**Books Recommended:-**

- Basic Knowledge of Skin Care, Hair Care and personal grooming by Anita Thakur.
- The Make up Book by Sallu Norton.
- Complete beauty book by Helen Foes.
- Salon fundamental cosmetology textbook: A Pivot Point.

**Bachelor of Arts Semester -V**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM- 5147**  
**(PRACTICAL)**

**Time: 3 Hrs**

**Practical Marks: 40**

**Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners..

**Note:** Lab training should be taken in college cosmetology lab. And report with picture profile should be submitted by each student with the remarks of lab instructor.

*1. Make-up*

- a) Cosmetics used in make-up, how to choose the correct colour, selecting base shades, how to determine facial balance.
- b) Application of Makeup
- c) Corrective make-up

**2. Hair Styling:** Formal and casual

**3. Draping of Formals & Casual:** Saree and Lehnga dupatta setting.

**Books Recommended:-**

- Basic Knowledge of Skin Care, Hair Care and personal grooming by Anita Thakur.
- The Make up Book by Sallu Norton.
- Complete beauty book by Helen Foes.
- Salon fundamental cosmetology textbook: A Pivot Point.

**Bachelor of Arts Semester-VI**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-6147**  
**(Theory)**

**Course Outcomes:**

CO 1: To understand the Ownership of salon and its planning.

CO 2: Students will learn how to plan and locate a saloon and to keep its income and expenditure record.

CO3: To Learn the importance of first aid, Sterilize & Sanitize the Equipment and Surroundings along with safety measures.

CO4: To impart the knowledge of permanent waving and application of hair colouring

**Bachelor of Arts Semester-VI**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-6147**  
**(Theory)**

**Max. Marks: 100**  
**Theory Marks: 40**  
**Practical Marks: 40**  
**C.A: 20**

**Instructions for the Paper Setters:**

Eight questions of equal(8 marks) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

**UNIT-I**

**Salon Management**

- a) Salon Planning
- b) Types of Salon Ownership

**UNIT-II**

**Salon Records and Professional Ethics**

- a) Record Keeping
- b) Types of Services Offered, Types of Employers
- c) Professional Ethics as an employee, co-worker, as an operator

**UNIT-III**

**Safety Precautions**

- a) Health and safety risk
- b) Accidents due to chemicals, electric equipments, services
- c) Consultation
- d) Emergency Procedure
- e) First Aid in Salon

**UNIT-IV**

**Chemical Treatment of Hair**

- a) Permanent waving Procedure with the knowledge of hair porosity
- b) Classification of hair colouring: Application of temporary hair colour, semi-permanent hair colour and permanent hair colour

**Books Recommended:**

- Complete beauty book by Helen Foster
- Professional Hair Dressing by Martin Green Leo Palladino
- Hair Flair by Blitl Edltions

**Bachelor of Arts Semester-VI**  
**Session – 2023-2024**  
**COSMETOLOGY (VOCATIONAL)**  
**Course Code: BARM-6147**  
**(Practical)**

**Time: 3 hrs.**

**Practical Marks: 40**

**Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners. Two copies of the same should be submitted for the record to COE office , Kanya Maha Vidyalaya, Jalandhar.

**1. Wigs and hair pieces**

- a) Wig materials
- b) Wig Construction
- c) How to attach hair pieces?
- d) How to clean and care for and hair pieces?

**2. Hair Colouring**

- a) Understanding colour
- b) International colour code
- c) Knowledge and Usage of Permanent Hair colour
- d) Highlightening Procedure

**Books Recommended:**

- Complete beauty book by Helen Foster
- Professional Hair Dressing by Martin Green Leo Palladino
- Hair Flair by Blitl Edltions