

FACULTY OF VOCATIONAL STUDIES

SYLLABUS

of

Bachelor of Vocation (Beauty & Wellness)

(Semester: I to VI)

Under Credit Based Continuous Evaluation Grading System (CBCEGS)

Session: 2025-26



The Heritage Institution

KANYA MAHA VIDYALAYA JALANDHAR

(Autonomous)

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Under Credit Based Continuous Evaluation Grading System (CBCEGS)
Bachelor of Vocation (Beauty & Wellness)Semester-I

Session: 2025-2026

Name of the QP- Beauty Therapist BWS/Q0102
(NSQF Level-4)

Course Code	Course Title	C/S/I/V	Hours Per Week L-T-P	Total Credits	Marks			CA	Examination on (Hrs)
					Total	L	P		
BVBL- 1421 BVBL-1031 BVBL-1431	Punjabi(Compulsory) ¹ BasicPunjabi ² Punjab History and Culture	C	4-0-0	4	100	70	-	30	3
BVBM-1102	Communication Skills in English-I	C	3-0-2	4	100	50	20	30	3
BVBL-1143	Sterilization, Hygiene and Sanitation	S	4-0-4	2	50	35		15	3
BVBM-1144	Anatomy of Skin and Hair	S	2-0-2	4	100	40	30	30	3+3
BVBM-1145	Fundamentals of Spa	S	2-0-2	4	100	40	30	30	3+3
BVBP- 1146	Skin Care	S	0-0-2	2	50	-	35	15	3
BVBP- 1147	Fashion and Basic Makeup	S	0-0-2	2	50	-	35	15	3
BVBI-1148	Internship and Report Writing	S	0-0-4	4	100	-	100		
USEP-0001	Entrepreneurship Mindset Level-1	S	0-0-4	2	50		50	-	-
VACF-1491	*Foundation Course	VAC	2-0-0	2	50	35	-	15	1
		Total	28						

C-Compulsory

S-Skill

Enhancement

VAC- Value Added Course

¹Special paper in lieu of Punjabi (Compulsory).

²Special paper in lieu of Punjabi (Compulsory) for those students who are not domicile of Punjab.

*Credits/ GradePoints of this course will not be included in SGPA/CGPA of Semester/programme.

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Under Credit Based Continuous Evaluation Grading System (CBCEGS)
Bachelor of Vocation (Beauty & Wellness) Semester – II
Session: 2025-2026

Name of the QP: Makeup Artist (BWS/Q0301)
p(NSQF Level-5)

Course Code	Course Title	C/S/I /V	Credits L-T-P	Tot al Cr edi t	Marks			CA	Examination (Hrs)
					Tot al	L	P		
BVBL-2421	¹ Punjabi (Compulsory)/	C	4-0-0	4	100	70	-	30	3hrs
BVBL-2031	¹ Basic Punjabi								
BVBL-2431	² Punjab History and Culture								
BVBM-2102	Communication Skills in English-II	C	2-0-2	4	100	50	20	30	3
BVBL-2143	Health and Safety in the Workplace	C	2-0-0	2	50	35	-	15	3
BVBM-2144	Beauty and Personality Development	S	2-0-2	4	100	40	30	30	3+3
BVBP-2145	Fashion Makeover	S	0-0-4	4	100	-	70	30	3
BVBP-2146	Photographic Make-up	S	0-0-4	4	100	-	70	30	3
BVBP-2147	Food and Nutrition	S	0-0-2	2	50	--	35	15	3
BVBI-2148	Internship andReport Writing	S	0-0-4	4	100	-	100		
VACD-2161	*Drug Abuse and Ethical Education	VAC	2-0-0	2	50	35	-	15	3
Total				30					

C-Compulsory

S-Skill Enhancement

VAC- Value Added

Course

¹ special course in lieu of Punjabi (compulsory)

²special course in lieu of Punjabi (compulsory) for those students who are not domicile of Punjab.

*Credits/Grade points of these courses will not be included in the SGPA/CGPA of Semester/3rogram.

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Under Credit Based Continuous Evaluation Grading System (CBCEGS)

Bachelor of Vocation (Beauty & Wellness)Sem-III

Session: 2025-2026

Name of the QP: Hair Care Trainer (BWS/Q0210)
(NSQF Level-6)

Course Code	Course Titles	Course type	Hours Per Week L-T-P	Total Credits	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
BVBL-3141	Histology of Hair	C	4-0-0	4	100	70	-	30	3
BVBL-3142	Knowledge of Hair Bond	C	4-0-0	4	100	70	-	30	3
BVBL-3143	Salon Management	C	2-0-0	2	50	35	-	15	3
BVBP-3144	Techniques of Hair Texturing	S	0-0-2	4	100	-	70	30	3
BVBP-3145	Hair Coloring	S	0-0-2	4	100	-	70	30	3
BVBP-3146	Assemblage Management	S	0-0-2	4	100	-	70	30	3
BVBI-3147	Internship and Report	S	0-0-6	6	100	-	100	--	
VACG-3531	*Gender Sensitization	VAC	2-0-0	2	50	35	--	15	1
Total			30						

C-Compulsory

S-Skill Enhancement

VAC-Value Added Course

***Credits/Grade points of these courses will not be included in the SGPA/CGPA of Semester/4rogram.**

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME
Bachelor of Vocation (Beauty & Wellness) Sem-IV
Session-2025-2026

Course Code	Course Titles	C/S/ I/V	Credits L-T-P	Total Credits	Marks				Examina tion time (in Hours)
					Total	Ext.		CA	
						L	P		
BVBL-4141	Care of Scalp and Hair	C	4-0-0	4	100	70	-	30	3
BVBL-4142	Hair Coloring and Bleaching	C	4-0-0	4	100	70	-	30	3
BVBM-4143	Superfluous Hair	S	4-0-0	4	100	40	30	30	3
BVBP-4144	Hair Styling	S	0-0-4	4	100	-	70	30	3
BVBP-4145	Chemical Hair Relaxing	S	0-0-2	2	50	-	35	15	3
BVBP-4146	Advance Hair Treatment	S	0-0-2	2	50	-	35	15	3
BVBI-4147	Internship andReport Writing	S	0-0-6	6	100	-	100	--	3
VACE-4221	*Environmental Studies (Compulsory)	VAC	2-0-0	2	50	35	--	15	3
VACM-4502	*Moral Education	VAC	2-0-0	2	50	-	35	15	
Total				30					

C-Compulsory

S-Skill Enhancement

AC- Audit Course

Grades points or Grades of these courses will not be included in the SGPA/CGPA of Semester/programme

***Credits of these paper will not be included in SGPA/CGPA of the student.**

KanyaMahaVidyalaya,Jalandhar(Autonomous)
SCHEMEANDCURRICULUMOFEXAMINATIONSOFTHREEYEARDEGREEPROGRAMME
Under Credit Based Continuous Evaluation Grading System (CBCEGS)
Bachelor ofVocation (Beauty and Wellness)

Semester-V

Session:2025-2026

**NameoftheQP:InstituteHead(BWS/Q0606)(NS
QFLevel-7)**

CourseTitles	CourseCode	Course Type	Credit L_T_P	TotalCredits	Marks				Examinationtime (inHours)
					Total	Ext.		CA	
						L	P		
BVBL-5141	Chemical Hair Procedures	C	3-0-0	3	75	60	-	15	3
BVBL-5142	Therapeutic Massage	C	3-0-0	3	75	60	-	15	3
BVBL-5143	Electrical and Chemical Treatment	C	4-0-0	4	100	80		20	3
BVBP-5144	Fundamentals of Beauty	S	0-0-4	4	100	-	80	20	3
BVBP-5145	Massage Therapy	S	0-0-4	4	100	-	80	20	3
BVBP-5146	Skin Treatments and Peeling	S	0-0-4	4	100	-	80	20	3
BVBI-5147	Internship and Report	S	0-0-6	6	100	--	100		3
SECI-5541	*Innovation, Entrepreneurship and Creative Thinking	AC	0-0-2	2	50	40		10	1
			Total	30					

C-Compulsory

S-SkillEnhancement

AC- Audit Course

***GradespointsorGradesofthesecourseswillnotbeincludedintheSGPA/CGPAofSemester/programme**

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME
Bachelor of Vocation (Beauty and Wellness) Semester – VI

Session : 2025-2026

Course Code	Course Title	C/S/I/V	Credits L-T-P	Total Credit	Marks			CA	Examination (Hrs)
					Total	L	P		
BVBL-6141	Entrepreneurship	C	4-0-0	4	100	80	---	20	3hrs
BVBL-6142	Human Resource Management	C	4-0-0	4	100	80	---	20	3hrs
BVBL-6143	Merchandising and Retailing	C	4-0-0	4	100	80	---	20	3Hrs
BVBP-6144	Concept Development	S	0-0-6	6	100	----	80	20	3+3H rs
BVBP-6145	Computer Application	S	0-0-6	6	100	--	80	20	3Hrs
BVBI-6146	Internship and Report Writing	S	0-0-6	6	75	---	75		3Hrs
				30					

C-Compulsory
S-Skill Enhancement

Bachelor of Vocation (Beauty & Wellness)
Session-2025-26
Programme Specific Outcomes

PSO1- Beauticians specialize in doing make up for marriages, for TV and film performances and special occasions.

PSO2- The job roles range from the regular haircut, hair wash, perming, styling, colouring, and hair extensions to manicure, pedicure and facials

PSO3-Perform Natural nail service including manicuring and pedicuring.

PSO3- Hair stylist /hair dressers specialize in hair care, cutting, styling and setting.

PSO4- Students who are interested to become a Beautician need to obtain certain educational and licensing requirements. With the right educational qualification and license, Beautician can work in several industries and may also be self-employed.

PSO5- Beautician study everything related to beauty from daily care to specialized techniques that enhance the appearance.

PSO6- Perform salon business such as front desk operations, dispensary inventory and loss prevention, resume building and interviewing skills, self marketing and the basic knowledge of starting one's own salon business.

PSO7-Possess the necessary skills to pass the Washington State licensure written and practical exams required for a professional license to work in the Cosmetology industry.

PSO8 -Perform hair care services for all types of hair including hair analysis, hair cutting, hairstyling, hair coloring and lightening, permanent waving and chemical relaxing.

PSO9-Emphasize on fitness & diet for a healthy look, with proper knowledge of nutrition diet and yoga.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Punjabi (Compulsory)

Course Code: BVBL- 1421

Session: 2025-2026

(THEORY)

COURSE OUTCOMES

CO1:nkswnBksw' g[[[;se d/ eftskGkrBz{ gVQkT[D
dkwB'oEftfdnkoEhnKnzdoeftskgqshfdbu;gh, ;{M Bz{ g?dkeoBk j? sKfe T[j
nkX[fBed"oftuuZbojhnKekftXkoktK ns/ ethnKpko/ frnkBj kf;beo ;eD.fJ;
dkj'owB'oEeftsk dh ftnkfynk, ftPb/PD s/ w[bzeD dh gqfefonks'AikD{ eokT[Dkth
j? sKfe T[j ;wekbh ;wkidhnK ;wZf;nktKBz{ ;wM ;eD ns/ nkb'uBkswefdqPNhpDk
;eD.

CO2:frnkB wkbk(ftfrnkBe s/ ;wkiftfrnkBe b/yKdk ;zrqfj)g[[[;se B{z f;b/p;
ftuPkwbeo e/ ftfdnkoEhnKnzdogVQD dh o[uh Bz{ g?dkeoBk j? ns/ w[ZbtkBfrnkB
d/Dk j?.

CO3:g?oQk ouBk ns/ g?oQk gVQ e/ gqPBK d/ T[so d/D dk wB'oE ftfdnkoEhnK dh
p[ZXh Bz{ shyDeofdnK T[BK dh fbyDgqfsGk B{z T[ikroeoBk j?.

CO4:X[BhftT[As gVQDBkbftfdnkoEh X[BhnK dh T[ukoBgqDkbhs'Atke| j'Dr/.

Bachelor of Vocation (Beauty & Wellness)
Semester I
Session: 2025-26
Punjabi (Compulsory)
COURSE CODE- BVBL -1421

;wK L 3 xzN/

Maximum Marks :100

Theory : 70

CA : 30

gkmeqw ns/ gkm g[;seK

:{fBN-I

nkswNBksw(eftskGkr), (;zgH ;[fjzdo pho ns/ tfonkwf;zx ;zX{}) r[o{ BkBe d/t
:{Bhtof;Nh, nzfwqs;o.

gq'Hg{oB fz;zx,gq'Hw'jB f;zx,nzfwqsk gqhsW,irsko,;[oihs gkso(eth gkm eqw dk
fjZ;k jB)

(ਪ੍ਰਸੰਗ ਸਹਿਤ ਵਿਆਖਿਆ/ ਸਾਰ) 16 nze

:{fBN-II

frnkBwbk(fftfrnkBe s/ ;wkiftfrnkBe b/yK dk ;zrqfj), (;zgkHvkH;fszdof;zx,
gq'Hwfjzdof;zxpBt?s), r[o{ BkBe d/t :{Bhtof;Nh,nzfwqs;o.

b/y L Go{D jZfsnk d/ d/P ftu, tksktoDhgqd{PD ns/ wB[Zy, J/vI L fJerzGho ;zeN.

(ਸਾਰ,ftPk t;s{)16 nze

:{fBN-III

(ੳ)g?oQkouBk

(ਅ)g?oQkgVQ e/ gqPBK d/ T[so.
16 nze

:{fBN-IV

(T)gzikph X[BhftT[As L gfoGkPk,T[ukoB nZr

(n);to, ftnziB

16 nze

nze tzv ns/ gohfyne bJh jdkfJsK

1H gqPB gZso d/ uko ;?ePB j'Dr/.;?ePB A-D sZe d/ gqPB :{fBN I-IV ftu'A
g[ZS/ ikDr/. jo ;?ePB ftu d' gqPB g[ZS/ ikDr/.

2H ftfdnkoEh B/ eZ[b gzi gqPB eoB/ jB. jo ;?ePB ftu'A fJe gqPB eoBk bkIwh
j?. gZitK gqPB fe;/ th ;?ePB ftu'A ehsk ik ;edk j?.

3H jo/e gqPB d/ 16 nze jB.

4H g/go ;?ZN eoB tkbk i/eo ukj/ sK gqPBK dh tzv nZr'A tZX s'A tZX uko T[g
gqPBK ftu eo ;edk j?.

Semester I
BASIC PUNJABI
COURSE CODE- BVBL-1031

Course outcomes

CO1:w[ZYbhgzikphgVQkT[D dkWB'oEftfdnkoEhnK B{z gzikphGkPk B{z f;ykT[D dh gqfefonk ftu gk e/ fJe j'o GkPk f;ZyD dk w"ek gqdkBeoBk j?.ftfdnkoEhnK B{zg?AshnZyoh, nZyoeqw, g?ofpzdhtkb/ toD ns/ g?o ftu g?D tkb/ toD ns/ wksoktK (wZ[YbhikDgSkD) brk\o (fpzdh, fNZgh, nZXe) dh gSkD ns/ tos'A s'AikD{ eotkfJnkikt/rk.

CO2:ftfdnkoEhnK B{z gzikphPdpDso dh wZ[YbhikDgSkD (;kXkoBPpd, ;z:[es Ppd, fwPos Ppd,w{b Ppd,nr/so ns/ fgS/so) s'AikD{ eotkfJnkikt/rk.

CO3:ftfdnkoEhnK B{zfBZstos'A dh gzikphPpdktbh L pkIko, tgko, foPs/Bks/, y/sh ns/ j'oXzfdnKnkfd Bkb ;zpzXs s'AikD{ eotkfJnkikt/rk.

CO4:ftfdnkoEhnK B{z gzikphftuj|s/ d/ ;ZsfdBK d/ BK, pkoQKwjhfBnK d/ BK, oZ[sK d/ BK, fJes'A ;" sZefrDshPpdKftuf;ykT[Dk j?.

Bachelor of Vocation (Beauty and Wellness)

Semester I

BASIC PUNJABI

COURSE CODE- BVBL-1031

smW: 3 GMty

Maximum Marks : 100

Theory : 70

CA : 30

gkmeqw

: {fBN-I

g?AshnZyoh, nZyoeqw, g?ofpzdhtkb/ toD ns/ g?o ftu g?D tkb/ toD ns/ wksoktK
(wZ[YbhikDgSkD) brk\o (fpzdh, fNZgh, nZXe) L gSkD ns/ tos'A .

16 nze

: {fBN-II

gzikphPpdpDso L wZ[YbhikDgSkD (;kXkoBPpd, ;z:[es Ppd, fwPos Ppd,w{b Ppd,
nr/so ns/ fgS/so)

16 nze

: {fBN-III

fBZstos'A dh gzikphPpdktbh L pkIko, tgko, foPs/Bks/, y/sh ns/
j'oXzfdnKnkfdBkb ;zpzXs.

16 nze

: {fBN-IV

j|s/ d/ ;ZsfdBK d/ BK, pkoQKwjhfBnK d/ BK, oZ[sK d/ BK, fJZes'A ;"
sZefrDshPpdKftu .

16 nze

nzetzv ns/ gohfynebjhjdkfJsK

1H gqPBgZso d/ uko ;?ePBj'Dr/.;?ePBA-DsZe d/ gqPB :{fBN-I-IV ftu'A g[ZS/
ikDr/. jo ;?ePBftu d' gqPB g[ZS/ ikDr/.

2H ftfdnkoEh B/ eZ[b gzigqPBeoB/ jB. jo ;?ePBftu'AfJegqPBbkIwh j?.
gzitKgqPBfe;/ th ;?ePBftu'Aehskik ;edk j?.

3H jo/e gqPB d/ 16 nzejB.

4H g/go ;?ZN eoBtkbki/eoukj/ sKgqPBK dh tzvnZr'AtZXs'AtZXuko T[g gqPBK
ftueo ;edk j?.

Bachelor of Vocation (Beauty & Wellness)
(Semester-I)
Session 2025-26
Course Title: Punjab History and Culture (From Earliest Times to C. 320)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

Course Code: BVBL-1431

COURSE OUTCOMES:

After completing semester I and course on Punjab History and Culture students of History will be able to identify and have a complete grasp on the sources & writings of Ancient Indian History of Punjab

CO1: Identify and understand the sources and physical features of Punjab

CO 2: To study the earliest civilisation (Indus Valley Civilization) and original home of Aryans

CO 3: To examine the Social, Religious and Economic life during Early and Later Vedic Age

CO 4: To comprehend the Buddhist, Jain and Hindu faith and their relevance in the modern times

**Bachelor of Vocation (Beauty and Wellness)
(SEMESTER-I)**

Session 2025-26

Course Title: Punjab History and Culture (From Earliest Times to C. 320)

(Special paper in lieu of Punjabi Compulsory)

(For those students who are not domicile of Punjab)

Course Code: BVBL-1431

Examination Time: 3 Hours

Credits L-T-P: 4-0-0

Contact Hours: 4 Hrs/Week

Max. Marks: 100

Theory: 70

CA: 30

Instructions for the Paper Setter:

1. Question paper shall consist of four Units
2. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.
3. Candidates shall attempt 5 questions in 1000 words, by at least selecting One Question from each Unit and the 5th question may be attempted from any of the four Units.
4. Each question will carry 16 marks

Unit-I

1. Physical features of the Punjab
2. Sources of the ancient history of Punjab

Unit-II

3. Harappan Civilization: social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home

Unit-III

5. Social, Religious and Economic life during Early Vedic Age.
6. Social, Religious and Economic life during Later Vedic Age.

UNIT-IV

7. Teachings of Buddhism
8. Teachings of Jainism

Suggested Readings

- B.N. Sharma, *Life in Northern India*, Delhi. 1966
 - Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
 - Chopra, P.N., Puri, B.N., & Das, M.N. (1974). *A Social, Cultural & Economic History*
 - L. M Joshi (ed.), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3rd edition)
 - L.M. Joshi and Fauja Singh (ed.), *History of Punjab*, Vol. I, Patiala 1977.
- of India*, Vol. I, New Delhi: Macmillan India.

Bachelor of Vocation (Beauty & Wellness)

(Semester I)

Session 2025-26

COMMUNICATION SKILLS IN ENGLISH

(Theory)

Course Code: BVBL -1102

COURSE OUTCOMES

At the end of this course, the students will develop the following Skills:

CO 1: Reading skills that will facilitate them to become an efficient reader

CO 2: Through reading skills, the students will have an ability to have a comprehensive understanding of the ideas in the text and enhance their critical thinking

CO 3: Writing skills of students which will make them proficient enough to express ideas in clear and grammatically correct English

CO 4: The skill to use an appropriate style and format in writing letters (formal and informal) and resume, memo, notices, agenda, minutes

Bachelor of Vocation (Beauty & Wellness)
Semester-I
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBL -1102
(Theory)

Examination Time: 3 Hrs

Total Marks: 100
Theory: 50
Practical: 20
CA: 30

Instructions for the paper setter and distribution of marks:

The question paper will consist of four sections. The candidate will have to attempt five questions in all selecting one from each section and the fifth question from any of the four sections. Each question will carry 10 marks. Each question can be sub divided into two parts. (10 x 5 = 50)

Section-A: Two questions of theoretical nature will be set from Unit I.

Section-B: Two comprehension passages will be given to the students from Unit II.

Section-C: Two questions will be given from Unit III.

Section-D: Two questions will be set from Unit IV

Unit I

Reading Skills: Reading Tactics and strategies; Reading purposes–kinds of purposes and associated comprehension; Reading for direct meanings.

Unit II

Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/ expressions.

Activities:

- Comprehension questions in multiple choice format
- Short comprehension questions based on content and development of ideas

Unit III

Writing Skills: Guidelines for effective writing; writing styles for application, personal letter, official/ business letter.

Activities:

- Formatting personal and business letters.
- Organizing the details in a sequential order

Unit IV

Resume, memo, notices, agenda, minutes, Tips for effective blog writing

Activities:

- Converting a biographical note into a sequenced resume or vice-versa
- Ordering and sub-dividing the contents while making notes.
- Writing notices for circulation/boards
- Writing blogs

Recommended Books:

- 1) *Oxford Guide to Effective Writing and Speaking* by John Seely.
- 2) *Business Communication*, by Sinha, K.K. Galgotia Publishers, 2003.
- 3) *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
- 4) *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).

BACHELOR OF VOCATION (BEAUTY & WELLNESS)

Course Code: BVBM -1102

(Semester I)

Session 2025-26

PRACTICAL / ORAL TESTING

Time: 3 hours

Marks: 20

Course Contents:

- | | |
|---|------------|
| 1. Oral Presentation with/without audio visual aids | (10 Marks) |
| 2. Group Discussion | (05 Marks) |
| 3. Practical File | (05 Marks) |

Questions:

1. Oral Presentation will be of 5 to 7 minutes duration. (Topic can be given in advance or it can be of student's own choice). Use of audio-visual aids is desirable.
2. Group discussion comprising 8 to 10 students on a familiar topic. Time for each group will be 15 to 20 minutes.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Sterilization, Hygiene and Sanitation

Course Code: BVBL-1143

Session: 2025-2026

(THEORY)

Course Outcome:

CO 1: To impart knowledge of skin and personal grooming.

CO 2: Understand why sanitation and sterilization is important part of good health maintenance

CO 3: Students can learn about how to use chemical agents.

CO 4: To learn about how to work maintenance and hygiene in the salon .

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Sterilization, Hygiene and Sanitation

Course Code: BVBL-1143

Session: 2025-2026

(THEORY)

Time:3hrs

Max Marks:50

Theory Marks:35

CA: 15

Instructions for the Paper Setters:

Eight questions of equal marks (7 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from anySection.

UNIT-I

- What is PersonalHygiene
- What is PublicHygiene
- Hygiene and Good Grooming

UNIT-II

- Methods ofSterilization
- Sanitation and itsTypes
- PhysicalAgents

UNIT-III

- ChemicalAgents
- Chemical Disinfectant
- Antiseptics

UNIT-IV

- Suggestions for Sanitation
- General Salon Hygiene Rules

Books Recommended:

- Complete beauty book by HelenFoster.
- Harper and GlennLewis.
- Standard text book of CosmetologyMilady's

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(THEORY)

Course Outcome:

CO1:Students will learn to know the importance of cosmetology and its objectives

CO2:Apply concepts and knowledge of the general terminology, cell structure and function and to novel technical and/or clinical scenarios.

CO3:Students learn the deep layers of hair its composition and its types

CO4: .This also teaches us the different hair and scalp conditions and how to professionally uses of shampoo.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(THEORY)

Time:3hrs

Max. Marks:100

Theory Marks:40

Practical Marks:30

CA: 30

Instructions for the Paper Setters

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from anySection

UNIT-I

COSMETOLOGY

- Aims andObjectives
- Importance

UNIT-II

SKIN:

- Anatomy of Skin
- Lymphatic nodes of face and neck
- Types ofSkin

UNIT–III

HAIR:

- Anatomy of hair
- Types of hair
- Tools and equipments used for hair styling

UNIT-IV

- Scalp Analysis
- Hair & Scalp conditions
- Types of shampoo

Book Recommended:

- Complete beauty book by HelenFoster
- The Complete Book of Massage by Mary Atkinson with ExmeFloyd
- TheBigBeautyBookGlamourfor theFuller figurewomenbyAnnHarperandGlennLewis

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(PRACTICAL)

Course Outcome:

CO1:Students will learn different types of treatments with galvanic and high frequency.

CO2: To learn how to prepare the client.

CO3:Students learn the skin treatment with brushing unit.

CO4: .This also teaches us the blow dryer setting with different kind of brushes.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(PRACTICAL)

Time:3hrs.

Practical Marks:30

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

TREATMENTS WITH GALVANIC and HIGH FREQUENCY

- (i) Skin and hair analysis
- (ii) Preparation of the client
- (iii) Dandruff treatment with High Frequency
- (iv) Galvanic Treatment
- (v) Brushing unit
- (vi) Different types of blow dryer
- (vii) Viva
- (viii) Presentation

Book Recommended:

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- The Big Beauty Book Glamour for the Fuller figure women by An Harper and Glenn Lewis.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(THEORY)

Course Outcome:

CO1:Students will learn histrology and origin of spa.

CO2: To learn different types of spa , prepration of client and contraindications.

CO3:Students learn the uses of body wraps.

CO4:Students will learn how to learn differnet types of equipments used in spa.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(THEORY)

Time:3hr.

Max Marks:100

Theory: 40

Practical: 30

CA:30

Instructions for the Paper Setters

Eight questions of equal marks (8each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

UNIT-I

- Origin of Spa
- Anatomy & Physiology

UNIT II

- Introduction of various types of Spa
- Types of Spa (Ayurvedic Spa ,Club Spa , Medical Spa ,Mineral Spring Spa, Relaxation Spa)
- Client Consultation
- Procedure
- Contra Indication

UNIT-III

- Body Wrapping and its advantages
- Detoxing Body Wraps
- Hydrating Body Wraps
- Slimming Body Wraps

UNIT-IV

- Spa product knowledge
- Equipment and materials for spa
- Effects of Spa

Book Recommended :

- Professional beauty therapy by Lorraine Nordmann
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(PRACTICAL)

Course Outcome:

CO1:Students will learn how to setting the trolley for practical work..

CO2: To learn different types of spa , prepration and draping of client.

CO3:Students learn the uses of body wraps.

CO4: Students will learn the tecniques of points and strokes on body.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(PRACTICAL)

Time:3hrs

Practical Marks:30

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

- Trolley setting
- Pre treatment setup & protection
- Customer handling and draping
- Points and strokes
- Viva
- Presentation

Book Recommended :

- Professional Hair Dressing by Martin Green LeoPalladino
- Complete beauty book by HelenFoster
- TheCompleteBookofMassagebyMaryAtkinsonwithExmeFloyd

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Skin Care

Course Code: BVBP-1146

Session: 2025-2026

(PRACTICAL)

Course Outcome:

CO1:Students will learn different types of hair removal methods..

CO2: To learn different techniques of facial massage,bleaches,waxing and threading on client.

CO3:Students will learn the how to handle the client and which services will suits on their skin.

CO4:To learn how to do manicure and pedicure in professional way.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Skin Care

Course Code: BVBP-1146

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs

Max Marks:50

Practical Marks: 35

CA: 15

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

SKIN CARE:

- Deep Cleansing
- Facial Manipulation
- Bleaches
- Waxing
- Threading

- Knowledge of skin analysis

CARE OF FEET AND HANDS

- Manicure

- Pedicure

Skin Treatments: Different types of skin treatments with the help of natural ingredients like packs, masks and creams for different skin

Viva

File work

Books Recommended:

- Complete beauty book by Helen Foster
- K.I.S.S (Keep it Simple Series) by Laura Bailey
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- The Ultimate Guide to being naturally gorgeous by Sarah Stacey and Gosephine Fairley.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Fashion and Basic Makeup

Course Code: BVBP-1147

Session: 2025-2026

(PRACTICAL)

COURSE OUTCOMES :

CO 1:Students will learn make-up themes and also about its applications.

CO 2:Students will be able to give proper advice of suitable make-up according to others face.

CO 3: The students were provide the knowledge to identify terminology related to skin, products and treatments with the demonstration of proper application of cosmetics related to skin care.

CO 4: Be able to give proper advice of suitable make-up according to ones face.

Bachelor of Vocation (Beauty & Wellness)
Semester-I
Fashion and Basic Makeup
Course Code: BVBP-1147
Session: 2025-2026
(PRACTICAL)

Time:3hrs.

Max Marks:50

Practical Marks:35

CA: 15

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

FACIAL MAKEUP

Preparation for makeup application-(Equipment, Tools)

- Base according today/night
- FashionCosmetics
- Fashion Brands inCosmetics
- Makeup and accessories according toooccasion
- Basicmakeup
- Casual make up
- Partymakeup
- Daymakeup
- Selfmakeup
- Productknowledge

Viva

File work

BOOKS RECOMMENDED:

- Kevyn Aucoin ,Harper Collins ,1995,The Art of MakeUp
- Mary Quant, DK Publishing,1996, Classic Make Up andBeauty
- Kevyn Aucoin, Little Brown and Company,2000, Face Forward
- Arlene Mathew ,TheComplete Beauty Book,2004, Varun Publication,Banglore.

Bachelor of Vocation (Beauty & Wellness)

Semester-I

Internship and Report Writing

Course Code: BVBI-1148

Session: 2025-2026

Time:3hrs.

Max. Marks:100

The students will submit their training reports (in duplicate) within a period of one month in the department

This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization

where student has undergone .

Bachelor of Vocation (Beauty & Wellness)
Semester II
Punjabi (Compulsory)
COURSE CODE- BVBL -2421

COURSE OUTCOMES

CO1: 'nksw nBksw' g[[[;se d/ ejkDhGkr B{z f;b/p; ftuPkfwb eo e/ ftfdnkoEhnKnzdoejkDhBz{ gVQD dh o[uh Bz{ g?dkeoBk j? ns/ ejkDhirsBkbi'VDk j?.

CO2: 'frnkBwkbk' g[[[;seB{z f;b/p; ftuPkfwbeo e/ ftfdnkoEhnKnzdoftrnkBe s/ ;wkiftfrnkBe b/yKpko/ frnkB g?dk eoBk j? .

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Bachelor of Vocation (Beauty & Wellness)
Semester II
Session: 2025-26
Punjabi (Compulsory)
COURSE CODE- BVBL -2421

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Maximum Marks : 100

Theory : 70
CA : 30

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Basic Punjabi
COURSE CODE- BVBL -2031

Course outcomes

CO1: Ppd P/qDhnK L gSkD ns/ tos'A (BKt, gVBKt, fefonk, ftP/PD, fefonk ftP/PD, ;pzXe, : 'ie ns/ ft;fwe) Bz{ gVQkT[D dk wB'oE ftfdnkoEhnK nzdo gzikph GkPk dh nwhoh dk ns/ pkohehnK Bz{ ;wMD bJh tZyo/ -tZyo/ f;XKsK dk ftek; eoBk j?/.

CO2: ftfdnkoEh gzikph tke pDso (;kXkoB tke, ;z:[es tke, fwPos tke, fpnkBhnk tke, gqPB tkue tke ns/ j[ewh tke) dh gfoGkPk ns/ fJ; dh pDso s'A ikD{ j'Dr/ ns/ T[BQK dh GkPk s/ geV wip{s j't/rh.

CO3: g?oQk ouBk dk wB'oE ftfdnkoEhnK dh p[ZXh B{z shyD eofdnK T[BK dh fbyD gqfsGk B{z T[i kro eoBk j?. nykD dh tos'A Bkb rZbpks ftu gogZesk nkT[Adh j?.fJj ftfdnkoEhnK dh rZbpks ftu fByko fbnkT[D dk ezW eoBr/.

CO4: xo/b{ ns/ d|soh fuZmh gZso fbyD dk wB'oE ftfdnkoEhnK B{z fJ; ebk ftu fBg[zB eoBk j?lw[jktfonK dh tos'A Bkb rZbpks ftu gogZesk nkT[Adh j?.fJj ftfdnkoEhnK dh rZbpks ftu fByko fbnkT[D dk ezW eoBr/.

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Session 2025-26
Course Title: Punjab History and Culture (C. 320 to 1000 A.D.)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

Course Code: BVBL-2431

COURSE OUTCOMES:

After completing Semester II and course on Ancient History of Punjab students will be able to understand:

CO 1: The reasons and impact of Alexander's invasions and to comprehend various factors leading to rise and fall of empires and emergence of new dynasties and their administration specifically of Maurya rule in general and Ashok in particular

CO 2: art and architecture of Gupta period and the Indo-Greek style of architecture under Gandhara School

CO 3: To have an insight into the socio-cultural history under Harshvardhan and Punjab under the stated period

CO 4: To enable students to have thorough insight into the various forms/styles of Architecture and synthesis of Indo - Greek Art and Architecture in Punjab

Bachelor of Vocation (Beauty & Wellness)
Semester-II)
SESSION 2025-26
Course Title: Punjab History and Culture (C. 320 to 1000 B.C.)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)
Course Code: BVBL-2431

Examination Time: 3 Hours

Max. Marks: 100

Credits L-T-P: 2-0-0

Theory: 70

Contact Hours: 2Hrs/Week

CA: 30

Instructions for the Paper Setter:

1. Question paper shall consist of four Units

1. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.

2. Candidates shall attempt 5 questions in 1000 words, by at least selecting One Question from each Unit and the 5th question May be attempted from any of the four Units.

3. Each question will carry 14 marks

TOPICS TO BE COVERD TILL JANUARY 2025

Unit-I

1. Alexander's Invasion's and Impact
2. Administration of Chandragupta Maurya and Ashoka.

TOPICS TO BE COVERD TILL FEBRUARY 2025

Unit-II

3. The Kushans: Gandhar School of Art .
4. Gupta Empire: Golden period (Science , Art and Literature)

TOPICS TO BE COVERD TILL MARCH 2025

Unit-III

5. The Punjab under the Harshvardhana
6. Socio-cultural History of Punjab from 7th to 1000 A.D.

TOPICS TO BE COVERD TILL APRIL 2025

UNIT IV

7. Development of Languages and Education with Special reference to Taxila
8. Development to Art and Architecture

Suggested Readings

1. L. M Joshi (ed), *History and Culture of the Punjab*, Art-I, Punjabi University, Patiala, 1989 (3rd edition)
2. L.M. Joshi and Fauja Singh (ed.), *History of Punjab* , Vol.I, Punjabi University, Patiala, 1977.
3. Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
4. B.N. Sharma: *Life in Northern India*, Delhi. 1966.

Bachelor of Vocation (Beauty & Wellness)
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBM -2102

COURSE OUTCOMES

At the end of this course, the students will develop the following skills:

CO 1: Enhancement of listening skills with the help of listening exercises based on conversation, news and TV reports

CO 2: The ability of Note-Taking to be able to distinguish the main points from the supporting details and the irrelevant information from the relevant one

CO 3: Improvement of speaking skills enabling them to converse in a specific situation

CO 4: Acquisition of knowledge of phonetics which will help them in learning about correct pronunciation as well as effective speaking

Bachelor of Vocation (Beauty & Wellness)
Semester-II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code:BVBM-2102

Time: 3 hours (Theory)
3 hours (Practical)

Max. Marks: 100
Theory: 50
Practical: 20
Continuous Assessment: 30

Instructions for the paper setter and distribution of marks:

The question paper will consist of four sections. The candidate will have to attempt five questions in all selecting one from each section and the fifth question from any of the four sections. Each question will carry 10 marks. Each question can be sub divided into two parts. (10 x 5 = 50)

Section-A: Two questions of theoretical nature will be set from Unit I.

Section-B: Two questions will be given to the students from Unit II.

Section-C: Two questions will be given from Unit III.

Section-D: Two questions will be set from Unit IV

Bachelor of Vocation (Beauty & Wellness)
Semester II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBM -2102

Unit I

Listening Skills: Barriers to listening; effective listening skills; feedback skills.

Activities: Listening exercises – Listening to conversation, News and TV reports

Unit II

Attending telephone calls; note taking and note making

Activities: Taking notes on a speech/lecture

Unit III

Speaking and Conversational Skills: Components of a meaningful and easy conversation, understanding the cue and making appropriate responses, forms of polite speech, asking and providing information on general topics

Activities: 1) Making conversation and taking turns

2) Oral description or explanation of a common object, situation or concept

Unit IV

The study of sounds of English, stress Situation based

Conversation in English Essentials of Spoken English

Activities: Giving Interviews

Recommended Books:

1. *Oxford Guide to Effective Writing and Speaking* by John Seely.
2. *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
3. *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).
4. *A Course in Phonetics and Spoken English* by J. Sethi and P.V. Dhamija, Phi Learning.

Bachelor of Vocation (Beauty & Wellness)
Semester II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code-BVBM -2102
PRACTICAL / ORAL TESTING

Time: 3 hours

Marks: 20

Course Contents:

1. Oral Presentation with/without audio visual aids
2. Group Discussion
3. Listening to any recorded or live material and asking oral questions for listening comprehension

Questions:

1. Oral Presentation will be of 5 to 7 minutes duration. (Topic can be given in advance or it can be of student's own choice). Use of audio-visual aids is desirable.
2. Group discussion comprising 8 to 10 students on a familiar topic. Time for each group will be 15 to 20 minutes.

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Health and Safety in the Workplace

Course Code: BVBL: 2143

Session: 2025-2026

(THEORY)

COURSE OUTCOMES:

CO1: To impart knowledge of personal grooming and Hygiene.

CO2: Students will learn how to plan and locate a saloon and to keep its income and expenditure record.

CO3: To enhance the knowledge of equipments that are feasible in a saloon.

CO4: Understand the purpose of chemical agent or Disinfectant in a saloon.

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Health and Safety in the Workplace

Course Code: BVBL: 2143

Session: 2025-2026

(THEORY)

Time:3hrs.

Max Marks:100

Theory Marks:70

CA: 30

Instructions for Paper Setters:

Eight questions of equal (8each) marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

PERSONAL HYGIENE:

- What is Personal Hygiene
- Hygiene and GoodGrooming
- Personal Hygiene and Healthy Habits

UNIT-II

SALON MANAGEMENT:

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.
- Record keeping: Income and Expenditure
- Maintenance

UNIT-III

- Common equipment required for salon Operation
- Safety Precautions

UNIT-IV

- Sterilization
- Sanitation and its types
- Methods of Sterilization
- Client Treatment

Books Recommended :

- Beauty Basics by Lorraine Nordmann Level-I
- Milady's, Text Book of Cosmetology, 2000, Milady Publication, America.
- Clean : A History of Personal Hygiene and Purity By Virginia Smith (Author)
- Salon Management by Martin Green

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

Session: 2025-2026

(THEORY)

COURSE OUTCOMES:

CO 1: Students will learn to know the importance of cosmetology and its objectives.

CO2: To impart the knowledge of personal grooming along with selection of attire according to figure and physique.

CO3: Improving student's speaking and conversational skills.

CO4: To make students study about the deeper layers of nail and different disorders of nail

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

**Session: 2025-2026
(THEORY)**

Time:3hrs.

MaxMarks:100

Theory Marks:40

Practical:30

CA:30

Instructions for the Paper Setters:

Eight questions of equal marks (8each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from anySection.

UNIT-I

COSMETOLOGY:

Introduction and Importance ofCosmetology

UNIT-II

PERSONAL GROOMING:

- Colors:- Importance, effects andselections
- Selection of accessories according to attire andoccasion.
- Yoga asanas for healty hair and skin

UNIT-III

- **Speaking and Conversationalcharm:**
- Characteristics of Charming conversationalist, topics of conversation, topics toavoid, manners of pleasant conversation, when to speak and whentolisten.
- Voice cultivation, enunciationandpronunciation.

UNIT-IV

Nail:

- Structure of Nail
- Nail disorder & disease
- Types of manicure & pedicure

Book Recommended :

- Complete beauty book by HelenFoster
 - The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- Standard Text Book Of Cosmetology byMilady.
- Basic Knowledge of Skin Care, Hare Care and personal grooming by Anita Thakur.
 - Complete beauty book by Helen Foster
 - The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs.

Practical Marks : 30

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

- SelfGrooming
- Face- sliming yoga exercises
- Basic Nail Art
- Tools & Equipment
- Preparation of the client
- Viva
- Filework

Book Recommended :

- Complete beauty book by HelenFoster
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
Standard Text Book Of Cosmetology byMilady.
- Basic Knowledge of Skin Care, Hare Care and personal grooming by Anita Thakur.
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty & Wellness)
Semester- II
Fashion Makeover
Course Code: BVBP-2145
Session: 2025-2026
(PRACTICAL)

COURSE OUTCOMES:

CO1: Students will learn the importance of cosmetology and its objectives

CO2: Students will learn make-up themes and also about its applications.

CO3: Students will be able to give proper advice of suitable make-up according to others face.

CO 4: The students were provide the knowledge to identify terminology related to skin, products and treatments with the demonstration of proper application of cosmetics related to skin care.

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Fashion Makeover

Course Code: BVBP-2145

Session: 2025-2026

(Practical)

Time: 3hrs.

Max Marks-100

Practical-70

CA:30

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

UNIT-I

- Make-ups and related health factors
- History of Make-ups and related fashion trends.
- Consult and advise clients

UNIT-II

- Advance Product Knowledge
- Air Brush Makeup
- Theme based Advance make-up knowledge and guidelines

Contouring and its technique according to different face types.

UNIT-III

a) Make-up Themes and its Application

- Dramatic look
- Character Make-up

UNIT-IV

Thermal styling

High fashion styling

Books Recommended:

- Robert Jones, Makeup Makeover: Expert Secrets For Stunning Transformation "Gloucester: Fair Winds Press, 2005
- Handa Parvesh, Complete Book on Beauty Body Makeup, 2006, Goodwill Publication, New Delhi

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Photographic Makeup

Course Code: BVBP-2146

Session-2025-2026

(Practical)

COURSE OUTCOMES:

CO1: The students were retrained with the knowledge of terminology related to skin and fashion trends.

CO2: The purpose of this course is to provide students with the knowledge of good photoshoot.

CO3: Understand the proper knowledge of products, tools, equipment and techniques used in makeup.

CO4: Students will learn make-up themes and also its applications.

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Photographic Makeup

**Course Code: BVBP-
2146 Session: 2025-2026
(Practical)**

Time: 3hrs.

**Max Marks: 100
Practical Marks: 70
CA: 30**

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

UNIT-I

Introduction to photography:

- Character makeup techniques
- Digital photographic makeup application
- Select and use products, tools and equipment for photographic make-up application

UNIT-II

Design all looks Portfolio reference

- Bridal
- Period
- Fantasy

UNIT-III

Use all application techniques

- Highlighting and shading Concealing Blending
- Application of eye products
- Application of lip products
- Consult and advise clients

UNIT-IV

- Industrial Visit
- Viva

Books Recommended:

- Robert Jones, Makeup Makeover: Expert Secrets For Stunning Transformation "Gloucester: Fair Winds Press, 2005 1st ed.
- Handa Parvesh, Complete Book on Beauty Body Makeup, 2006, Goodwill Publication, New Delhi
- Makeup Is Art (Hardcover) by Academy of Freelance Makeup
- Kevyn Aucoin, Little Brown and Company, 1999. Making Faces
- Mary Quant, DK Publishing, 1996, Classic Makeup and Beauty.

Bachelor of Vocation (Beauty & Wellness)
Semester II
Food and Nutrition
Course Code: BVBP-
2147 Session: 2025-2026
(Practical)

Time: 3hrs.

Max Marks: 50
Practical Marks: 35
CA: 15

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners.

Balanced Diet:

- One month diet plan for Pre Bride
 - 7 days diet challenge
 - Diet Chart for weight loss
 - Diet Chart for Glowing Skin
 - Diet Tips
 - Good food habits.
-
- Presentation
 - Viva

Bachelor of Vocation (Beauty & Wellness)

Semester-II

Internship and Report Writing

Course Code: BVBI-2148

Session: 2025-2026

Time: 3hrs

Max. Marks: 100

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her own assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone.

Bachelor of Vocation (Beauty & Wellness)

Semester-III

Histology of Hair

Course Code : BVBL-3141

**Session: 2025-2026
(THEORY)**

COURSE OUTCOME:

CO1: Students learn the deep layers of hair and its composition and its types

CO2: To impart the knowledge of Hair types and distribution and facts.

CO 3: This also teaches us the different disorders of hair and scalp infectious and non-infectious.

CO4: This also teaches us the function of hair and Growth & Replacement of hair.

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Bachelor of Vocation (Beauty & Wellness)

Semester-III

Histology of Hair

Course Code : BVBL-3141

Session: 2025-2026

(THEORY)

Time:3hrs.

Max. Marks:100

Theory Marks:70

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks (14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

ANATOMY OF HAIR

- Structure of hair
- Composition of hair

UNIT-II

- Types of hair
- Hair shapes
- Hair distribution
- Hair facts

UNIT-III

DISORDERS OF HAIR

- Non-infectious
- Infectious

UNIT-IV

- Hair function
- Hair Growth & Replacement
- Contra- indication during Scalp Treatment

Book Recommended :

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty & Wellness)

Semester-III

Knowledge of Hair Bond

Course Code - BVBL-3142

Session: 2025-2026

(THEORY)

Course Outcomes:

CO 1: To impart the knowledge of Hair bonds and Chemical reaction.

CO 2: Understand the knowledge of Chemical relaxers.

CO3: Students will understand different types of spa along with its procedure and contraindications.

CO4: Understand the knowledge of hair color and its products.

Bachelor of Vocation (Beauty & Wellness)

Semester-III

Knowledge of Hair Bond

CourseCode - BVBL-3142

Session: 2025-2026

(THEORY)

Time:3hrs.

Max. Marks:100

Theory Marks :70

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks (14 each) are to be set, two in each of the four Sections (A- D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- Knowledge of hairbonds.
- Chemical reaction in layers of hair
- Types of shampoo and additives used in shampoo

UNIT-II

- Rebonding
- Perming
- Smoothening

UNIT-III

- PH of hair and hair products
- Deep Conditioning
- Hair spa

UNIT-IV

- Hair Color Application
- Heena Application

Book Recommended :

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- Professional Hair Dressing by Martin Green Leo Palladino

Bachelor of Vocation (Beauty & Wellness)
Semester-III
Salon Management
Course Code – BVBL-3143
Session: 2025-2026
(THEORY)

Course Outcomes:

CO1: To understand the Ownership of salon and its planning.

CO2: Students will learn how to plan and locate a salon and to keep its income and expenditure record.

CO 3: To enhance the knowledge of equipments that are feasible in a salon.

CO4: To learn the importance of first aid, Sterilize & Sanitize the Equipment and Surroundings along with safety measures.

Bachelor of Vocation (Beauty & Wellness)

Semester-III
Salon Management
Course Code – BVBL-3143
Session: 2025-2026
(THEORY)

Time:3hrs.

Total Marks:50
Theory Marks:35
C.A:15

Instructions for the Paper Setters:

Eight questions of equal marks (7 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT- I

SALON MANAGEMENT:

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.

UNIT- II

- Types of services and their cost.
- Types of employees and employment.
- Record keeping: Income and Expenditure
- Retailing and Salesmanship

UNIT- III

- Advertising and Appointments
- Maintenance
- Common equipment required for salon operation

UNIT- IV

FIRST AID

- Cut or Abrasions
- Burns
- Other salon Injuries
- Precautions and safety measures during the procedure

BOOKS RECOMMENDED:

- Complete beauty book by Helen Foster
- Standard Text Book Of Cosmetology by Milady.
- Milady's, Text Book of Cosmetology, 2000, Milady Publication, America.
- Clean : A History of Personal Hygiene and Purity By Virginia Smith (Author)

Bachelor of Vocation (Beauty & Wellness)

Semester-III

Techniques of Hair Texturing

Course Code - BVBP-3144

Session: 2025-2026

(PRACTICAL)

Course Outcomes:

CO 1: To learn about the right products, implements and cutting tools used in hair cutting.

CO 2: To understand how to deal with client.

CO3: Understand about advanced techniques of hair cuttings.

CO4: Students Will Learn the Techniques of Handling the Tools.

CO5: Knowledge of cutting according to face shapes.

Bachelor of Vocation (Beauty & Wellness)
Semester-III
Techniques of Hair Texturing
Course Code - BVBP-3144
Session: 2025-2026
(PRACTICAL)

Time: 3 hrs.

Total Marks:100
PracticalMarks :70
C.A: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

SCIZZORING:

- Implements and tools of haircutting
- Types of head shapes
- Various terms used in cutting
- Sectioning of haircutting
- Hair cutting AngleSystem
- Types of cutting and its techniques
- Preparation of the client
- Clientconsultation
- File work

Books Recommended:

- Complete beauty book by HelenFoster.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Laser Hair Removal By DavidJ.Goldberg.

Bachelor of Vocation (Beauty & Wellness)

Semester-III

Hair Coloring

Course Code – BVBP-

3145 Session: 2025-2026

(PRACTICAL)

Course Outcomes:

CO 1: To understand the Ownership of salon.

CO2: To grab the knowledge of Salesmanship.

CO3: To Learn how to deal with Employees.

CO4: Students will develop their skill to set up a Beauty Salon Business and manage it effectively

Bachelor of Vocation (Beauty & Wellness)
Semester-III
Hair Coloring
Course Code – BVBP-3145
Session: 2025-2026
(PRACTICAL)

Time: 3 hrs

Total Marks:100
Practical Marks : 70
C.A: 30

Instruction For Practical Examiner :

Question paper is to be set on the spot jointly by Internal and External Examiner.

FASHION COLORS

- Highlights
- GlobalColoring
- HeenaApplications
- FashionShades
- Frosting
- CapTechnique
- Mixingtechnique
- Streaking
- Identifying Natural Level andTone

Books Recommended:

- Complete beauty book by HelenFoster
- Professional Hair Dressing by Martin Green LeoPalladino
- Haircoloring in plain English ISBN-10:1562533576
- The Haircoloring Manual a practical guide to successful hair coloring by MarthaGfemandez

Bachelor of Vocation (Beauty & Wellness)

Semester-III

Assemblage Management

Course Code – BVBP-3146

Session: 2025-2026

(PRACTICAL)

Course Outcomes:

CO 1: To understand the Ownership of

salon.CO2:To grab the knowledge of Salesman's

ip.CO3:To Learn how to deal with Employees.

CO4:Students will develop their skill to set up a Beauty Salon Business and manage it effectively.

Bachelor of Vocation (Beauty & Wellness)

Semester III

Assemblage Management

Course Code – BVBP-3146

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs.

Total Marks- 100

Practical marks- 70

C.A-30

Instruction for Practical Examiner:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Model of Salon Management Viva Lab

Training File

Presentation

BOOKS RECOMMENDED:

- Koontz Harold and Weihrich Heinz (2006) *Essentials of Management* 7th edition Tata McGraw Hill Book Company
- Sethi Mohini (2005) *Institution Food Management* New Age International Publishers
- Tripathi P C (2000) *Personnel management* 15th ed Sultan Chand, New Delhi
- A very AC (1991) *Modern Guide to Food Service Equipment*, Waveland Press
- Sethi Mohini (2005) *Personnel management* 15th ed Sultan Chand, New D.

Bachelor of Vocation (Beauty & Wellness)

Semester-III

Internship and Report

Course Code: BVBI-3147

Session: 2025-2026

Time:3hrs

Max.Marks: 100

The students will submit their training reports (in duplicate) within a period of one month in the department . This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student. The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone

Bachelor of Vocation (Beauty & Wellness)

Semester-IV

Care of Scalp and Hair

Course Code – BVBL-4141

Session: 2025-2026

(Theory)

COURSE OUTCOME:

CO1: Students also learn different disorders of hair and scalp both infectious and non-infectious. Students will learn the layers of hair, its composition and its types.

CO2: To impart the knowledge of shampoo and additives used in it.

CO3: Train the students with different techniques of scalp with different electrical equipments.

CO4: To know the hair analysis for curing the problems related to scalp and hair.

Bachelor of Vocation (Beauty & Wellness)

Semester-IV

Care of Scalp and Hair

Course Code – BVBL-4141

Session: 2025-2026

(Theory)

Time:3hrs.

TotalMarks:100

Theorymarks:70

C.A:30

Instructions for the PaperSetters:

Eight questions of equal Marks(14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Disorders of Hair & Scalp

UNIT – I

- Infectious disease
- Non-Infectious disease

UNIT – II

- What is shampoo and how does it act?
- Types of shampoo

Scalp Treatment

UNIT – III

- Massage
- Application Of heat
- Vibratory Massage

UNIT – IV

- Hair Analysis
- Oil Treatment
- Knowledge of natural ingredients

Books Recommended:

- Complete beauty book by Helen Foster.
- Standard text book of Cosmetology Milady's.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Harper and Glenn Lewis.

Bachelor of Vocation (Beauty & Wellness)
Semester-IV
Hair Coloring and Bleaching
Course Code – BVBL-4142
Session: 2025-2026
(Theory)

COURSE OUTCOMES:

CO1: Students will learn about types and classification of colors

CO2: Students will learn the new trends used in hair coloring like virgin hair tinting and tin try touch.

CO 3: To understand proper knowledge of color mixing and learn about the right products, implements used in hair coloring.

CO4: Students will come to know how to consult a client regarding a different salon service

Bachelor of Vocation (Beauty & Wellness)

Semester-IV

Hair Coloring and Bleaching

Course Code – BVBL-4142

Session: 2025-2026

(Theory)

Time: 3hrs

Total Marks 100

Theory Marks: 70

C.A: 30

Instructions for the Paper Setters:

Eight questions of equal Marks(14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

HAIR COLOURING

- Classification of Colour
- Types of colour
- Colour depth and tone.

UNIT-II

One step Tinting

- Virgin hair tinting
- Darker shade
- Tint retouch
- High lighting shampoo tints

UNIT-III

Blonde and Blonde Effects

- Applied techniques, mixing techniques
- Single Processing for Virgin Hair
- importance of patch test

UNIT-IV

- Salon menu of services
- Release statement
- Client consultation

Books Recommended:

- Complete beauty book by Helen Foster.
- Harper and Glenn Lewis.
- Hair Yoga: Caring for your Hair the Right Way by Jawed Habib

Bachelor of Vocation (Beauty & Wellness)

Semester-IV

Superfluous Hair

Course Code – BVBM-4143

Session: 2025-2026

(Theory)

COURSE OUTCOMES:

CO1: Understand the superfluous methods and its safety methods.

CO2: Understand the tools, products, equipment and techniques of epilation services.

CO3: Understand the tools, products, equipment and techniques of depilation services.

CO 4: Students will come to know how to consult a client regarding different lightning techniques.

Bachelor of Vocation (Beauty & Wellness)

Semester-IV

Superfluous Hair

Course Code – BVBM-4143

Session: 2025-2026

(Theory)

Time:3hrs.

Total Marks:100

Theory Marks: 40

Practicalmarks:30

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

INTRODUCTION

Unit-I

- Study of Superfluoushair
- Causes of superfluous hair
- Streilization and Sanitation

Unit-II

EPILATION

- Methods ofepilation
- Procedure
- Client preparation
- Contra-indication

Unit-III

DEPILATION

- Methods ofdepilation
- Safety Precautions
- Methods of permanent hair removal

Unit-IV

HAIR LIGHTENING

- Lightening the hair
- Its types
- Preparing the client
- Procedure
- Patch test

Books Recommended:

- Complete beauty book by HelenFoster.
- Standard text book of CosmetologyMilady's.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty & Wellness)

Semester-IV

Superfluous Hair

Course Code – BVBM-4143

Session: 2025-2026

(Practical)

Time: 3 hrs

Practical marks: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Different technique of removing Method:

- Threading
- Tweezing.
- Shaving
- Full body bleach
- Full body Waxing
- Depilatory treatment

Viva

Presentation

Books Recommended:

- Complete beauty book by HelenFoster.
- Standard text book of CosmetologyMilady's.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty & Wellness)
Semester IV
Hair Styling
Course Code – BVBP -4144
Session -2025-2026
(Practical)

COURSE OUTCOMES

CO 1: Students will learn about the right products, implements and tools used in hair styling.

CO2: Students will understand about proper knowledge of hair styling.

CO3: Students understand the advanced techniques of hair styling.

CO4: Students will learn hair styling with thermal equipments.

Bachelor of Vocation (Beauty & Wellness)
Semester IV
Hair Styling
Course Code – BVBP -4144
Session -2025-2026
(Practical)

Time: 3 hrs.

Total Marks: 100
Practical marks: 70
C.A: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- **Factor to Be Consider While Styling**
- **Technique of hair Styling**

(a) Styling For Dry Hair

(b) Styling For Wet Hair

- **Different Types of Curls**
- **Wigs Setting**
- **Different Types of Braiding**
- **Occasional Hair Buns**

Viva
Lab Training

Books Recommended:

- ☐ Professional Hair Dressing by Martin Green Leo Palladino.
- ☐ The Art Of Hair Coloring Book By David Adams and Jacki Wadeson.

Bachelor of Vocation (Beauty & Wellness)
Semester-IV
Chemical Hair Relaxing
Course Code – BVBP-4145
Session: 2025-2026
(Practical)

COURSE OUTCOMES:

CO 1: Students will understand the technique of relaxing

CO2: Students learn about the material and procedure used for chemical treated hair.

CO3: Students will learn the technique of Permanent hair straightening by Break the Natural Bond.

CO4: To gain the knowledge for personal hygiene and learn healthy habits.

Bachelor of Vocation (Beauty & Wellness)

Semester-IV

Chemical Hair Relaxing

Course Code – BVBP-4145

Session: 2025-2026

(Practical)

Time: 3 hrs.

Total Marks:50
Practical marks:35
C.A:15

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Chemical HairRelaxing:

- (a)For Dry Hair
- (b)For Oily Hair
- (c)For chemical treated hair

Relaxing treatment onnewgrowth(retouch)

Chemical hair relaxing:
material used
Procedure

Viva
Presentation

Books Recommended:

- ☐ Complete beauty book by HelenFoster.
- ☐ Professional Hair Dressing by Martin Green LeoPalladino.
- ☐ Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty & Wellness)

SemesterIV

Advance Hair Treatment

Course Code-BVBP-4146

Session: 2025-2026

(Practical)

COURSE OUTCOMES

CO1:Studentswilllearntherightproducts, implementsusedinhairtreatments

CO2:Studentswillgetto knowthedifferentdisordersofHair.**CO3:**

Understand about advance techniques of hair

treatments.**CO4:**Students willgettoknowpowerhairtreatments.

Bachelor of Vocation (Beauty and Wellness)

SemesterIV

Advance Hair Treatment

CourseCode-BVBP-4146

Time: 3 hrs.

Session: 2025-2026

(Practical)

Total Marks:50

Practical Marks: 35

C.A :15

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner

- High frequency
- Powerrepair treatment
- KeratinTreatment
- Spa Treatment
- Smartbondtreatment

Viva

Presentation

Books Recommended:

- ☐ Complete beauty book by HelenFoster.
- ☐ Standard text book of CosmetologyMilady's.
- ☐ Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty & Wellness)
Semester-IV

Internship and Report

Course Code:

BVBI-4147

Session: 2025-2026

Time:3hrs

Max. Marks:100

The students will submit their training reports (in duplicate) within a period of one month in the department This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergon.

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Chemical Hair Procedures

Course Code: BVBL-5141

Session: 2025-2026

(THEORY)

Time:3hrs

Max Marks:75

Theory Marks:60

CA:15

Instructions for the Paper Setters:

Eight questions of equal marks (12 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Permanent Waving:

- Chemistry of permanent waving
- Principle and procedure of relaxing hair

UNIT-II

Permanent hair straightening:

- Chemical used for hair straightening
- Procedure
- Re-touch
- Materials required

UNIT-III

Chemical Hair Relaxing:

- Types of chemical relaxer
- Action of chemical Products
- Client Consultation

UNIT-IV

Chemical Safety:

- Aims and importance of health and safety in workplace
- Hazards and Risks

Books Recommended:

- The Multicultural Client: Cuts, style , and Chemical Services. I-56253-178-6.
- Scali- Sheahan, Maura. Milady's Standard Textbook.
- Professional Barber- Styling, 3rd Edition I-56253-366-5

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Therapeutic Massage

Course Code: BVBL-5142

Session: 2025-2026

(THEORY)

Time:3hrs

Max Marks:75

Total Marks: 60

C.A:15

Instructions for the Paper Setters:

Eight questions of equal marks(12 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Therapeutic Massage:

- Introduction of Therapeutic Massage
- Types of Massage (Swedish massage, deep tissue, hot stone, thai massage)
- Pressure points with Facial Massage
- Motor Points
- Contra indications during Massage

UNIT-II

Reflexology:

- Brief Introduction of Reflexology and Zones of Reflexology
- Relationship between reflexology and massage Draw
- the Map of Foot and Hand Reflexology

UNIT-III

Aromatherapy:

- History of Aromatherapy
- Techniques of Aromatherapy
- The ambience of massage room setup

UNIT-IV

Essential oils:

- Essential oil and its meaning
- Types of Essential oil
- Uses and Benefits of Essential oil

Books Recommended:

- Practical workbook for Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook: A Pivot Point
- Preparing for the practical exam : Milady's Standard Cosmetology

Bachelor of Vocation (Beauty and Wellness)
Semester-V
Electrical and Chemical Treatment
Course Code: BVBL-5143
Session : 2025-2026
(THEORY)

Time:3hrs

MaxMarks:100
Theory Marks:80
CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Chemical Peels:

- Introduction and Types of Peels
- Procedure, indications and contra indications
- Pre and Post Procedure
- Removing of Chemical Peeling

UNIT-II

Electrical treatments:

- Neuromuscular electrical stimulation (faradic current)
- High Frequency
- Vacuum suction
- Galvanic facial
- Steam with (Hot and Cold)

UNIT-III

Care and storage of electrical equipments:

- Sterilization of equipments
- High standard of hygiene
- Safety selection of appliance.

UNIT-IV

- Physiological and psychological effect of the electrical and chemical treatment.
- Benefits and contraindication of the treatments
- Precaution (before and after)
- Record keeping

Books Recommended:

- Unfolding revolution of chemical peels by Sita Paudal.
- Manual of Chemical Peels; Superficial and medium depth, Mark G. Rubin. Lippincott William and Wilkins
- Textbook of chemical Peels (1st Edition): Philippe Depicz, E-book ISBN: 9780203347416
- Step by step chemical Peels: Khungar Niti: J.P. Digital

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Fundamentals of Beauty

Course Code: BVBP-5144

Session : 2025-2026

(PRACTICAL)

Time:3hrs

Max Marks: 100
Practical Marks:80
CA:20

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Applying false eyelashes
Upper eyelash

Lower eyelash

- Preparation of client
- Trolley Setting
- Precautions / Saloon Protocol for COVID-19 like situations
- Tools and equipments used in permanent eyelash extension
- Procedure of permanent eyelash extension
- Eyebrow Mapping
- Self Threading
- Eyebrow Shaping
- Selection of Brow shades

Books Recommended:

- Practical workbook for Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook : A Pivot Point
- Preparing for the practical exam : Milady's Standard Cosmetology.

Bachelor of Vocation (Beauty & Wellness) Semester-V

Massage Therapy

Course Code: BVBP-5145

Session : 2025-2026

(PRACTICAL)

Time: 3hrs

Max Marks:100
Theory Marks:80
CA:20

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Client Consultation and Preparation
- Trolley Setting For Massage
- Precautions and Contraindications
- Techniques of Different type of Massage:
 - a) Swedish Massage
 - b) Hot Stone Massage
 - c) Aromatherapy Massage
 - d) Deep Tissue Massage
 - e) Sports Massage
 - f) Thai Massage
- Different Types of oil used in Massage (Any five)
- **File Work**
- **Viva**

Books Recommended:

- Practical workbook for Milady's Standard Cosmetology
- Preparing for the practical exam : Milady's Standard Cosmetology
- The Illustrated Guide to Massage and Aromatherapy by Catherine Stuart. Tanushree Podder,
- The Magic of Massage, Pustak Mahal, Delhi

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Skin Treatments and Peeling

Course Code: BVBP-5146

Session: 2025-2026

(PRACTICAL)

Time: 3hrs

Max. Marks: 100

Practical Marks: 80

C.A: 20

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Client ConsultationChart
- TrolleySetting
- Precautions
- ClientSetting
- TreatmentsPrepared:
 - a) Micro derma abrasionTreatment
 - b) Skin whiteningTreatment
 - c) RejuvenatingTreatment
 - d) Peeling forWrinkles
 - e) Peeling for Melasma
- **VIVA**
- **FILEWORK**

Books Recommended:

- The Art of Skin by Zein E ObagiM.D
- Milady's Aesthetician Series by PamelaHill
- Skin Resurfacing by William P Coleman, NaomiLawre.

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Internship and Report

Course Code: BVBI-5147

Session: 2025-2026

Time: 3hrsMax Marks: 75

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her own assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone

Bachelor of Vocation (Beauty and Wellness) Semester-VI
Entrepreneurship
Course Code: BVBL-6141
Session:2025-2026

CourseOutcomes:

CO1:To understand the concept and features of Entrepreneurship.

CO2:To understand the skills and aspects of Entrepreneurship.

CO3:To Understand the fact that why Entrepreneurship is important in Beauty industry.

CO4:Student can impart the knowledge of legal requirement for new unit

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Entrepreneurship

Course Code: BVBL-6141

Session:2025-2026

Time:3hrs

Max Marks:100

Theory Marks:80

CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- What is Entrepreneurship
- Types of Entrepreneurship
- Traits and Features

UNIT-II

- Study of various essential aspects of entrepreneurship.
- Identification and development of entrepreneurial skills.

UNIT-III

- Role of entrepreneurship skills in Beauty industry
- Sources of funds for Beauty industry

UNIT-IV

- Legal requirements for establishment of new unit
- Determine business, register your business, get EIN, Get licence, local taxes, Budget

Books Recommended

1. "Fashion Entrepreneur" By Sandra Burke, Publisher Burke.
2. "Fashion Buying" By Helen Goworek, Publisher Blackwell.
3. "Inside the Fashion Business" By Dickerson, Publisher Pearson.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Human Resource Management

Course Code: BVBL-6142

Session: 2025-2026

Theory

Course Outcomes:

CO1: To understand the history and importance of HRM.

CO2: To gain knowledge of job analysis and design.

CO3: To gain knowledge of Planning Human resources.

CO4: To understand the procedure to recruit and select a candidate.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Human Resource Management

Course Code: BVBL-6142

Session: 2025-2026

Theory

Time:3hrs

Max Marks:100

Theory Marks:80

CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT – I

Introduction of HRM

History of HRM

Aims and Importance of HRM

UNIT – II

Job Analysis and Design

Concept of Job Analysis and Design

Methods of Job Analysis

Job Description-Job Specification

UNIT – III

Human Resource Planning (HRP)

Importance of HRP-Process of HRP-Levels

Types of HRP-Forecasting Demand for employees

UNIT – IV

Recruitment and Selection Process :

Definition and concept of Recruitment-

Sources of recruitment

Recruitment Policies.

Books Recommended:

1. K. Aswathappa, D. Sadhna: International Human Resource Management, Tata Mcgraw-Hill.
2. Monir H. Tayeb: International Human Resource Management, Oxford University Press.
3. Chris Brewster: International Human Resource Management, Orient Longman.
4. Tony Edwards and Chris Rees: International Human Resource Management, Pearson Education.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Merchandising and Retailing

Course Code: BVBL-6143

Session: 2025-2026

Course Outcomes:

CO1: To understand the types and quality of Merchandising.

CO2: To gain detail knowledge of retail organization's structure.

CO3: Students will gain knowledge about different marketing channels for product promotion.

CO4: To impart knowledge about brands and labels and terms used for it.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Merchandising and Retailing

Course Code: BVBL-6143

Session: 2025-2026

Time:3hrs

Max Marks:100
Theory Marks:80
CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit-I

Merchandising

Introduction

Types of Merchandising

Rights of Merchandising

Qualities of Merchandiser

Unit – II

Retail Organisational structure store

Introduction of Retailing

Retailing format

Role and Responsibility of Retail Fashion Buyer.

Role of Buying and Selling products

Unit –III

Retail Product Promotion

- Marketing Channels
- Planning and Direction
- Retail Advertising
- Publicity
- Special Events
- Visual Merchandise
- Personal Selling
- Relationship Marketing

Unit –IV

Brands and labels

Purchase Term: Discount, Purchase Order, Payment Terms.

Costing: Cost Price, Selling Price, Backward costing.

Books Recommended:

1. John Donnellan, Merchandise Buying & Management, 2001, Fairchild Books.
2. Kitty G. Dickerson, Inside the Fashion Business, 7th Edition, 2003, Prentice Hall.
3. Elaine Stone, The Dynamics of Fashion, 2004, Fairchild.
4. Jay Diamond; Ellen Diamond, The World of Fashion, 2007, Fairchild.

Bachelor of Vocation (Beauty and Wellness)
Semester-VI

Concept Development

Course Code: BVBP-6144

Session: 2025-2026

Course Outcomes:

CO1: Students will complete conceptual exercises designed to develop creative and analytical problem-solving skills

CO2: Students will begin to understand and define concepts as overriding ideas.

CO3: Students will learn the basics of descriptive drawing for animation.

CO4: The translation of ideas to animation will be practiced through exercises and visual storyboards.

CO5:

Students will be introduced to basic treatments and narrative structure; basic shots and film language

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Concept Development

Course Code: BVBP-6144

Session: 2025-2026

Time:3hrs

Max Marks:100

**Practical Marks:80
CA:20**

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Development of 3 concepts based on inspiration and trends.
- Design exploration using templates or sketches (based on concepts)
- Final portfolio completion and presentation.

Books Recommended:

1. The straight- Talking Beauty Companion by Sali Hughes.
2. The Little Dictionary of Fashion by Christian Dior.
3. Concept Development and the Development of Word Meaning by Seiler and T.B., Wannemacher

Bachelor of Vocation (Beauty & Wellness)
Semester-VI
Computer Application
Course Code: BVBP-6145
Session: 2025-2026

Course Outcomes:-

CO1: Students know to work effectively with a range of current, standard, Office Productivity software applications.

CO2: Students learn to operate a variety of advanced spreadsheet, operating system and word processing functions.

CO3: Students learn to solve a range of problems using office productivity applications, and adapt quickly to new software releases.

CO4: Students know to maintain quality assurance through critically evaluating procedures and results.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Computer Application

Course Code: BVBP-6145

Session: 2025-2026

Time:3hrs

Max Marks:100
Practical Marks:80
CA:20

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Adobe Photoshop
- Coral Draw – drawing face, features & illustrating make-ups & hairstyles.
- Making moodboards/collages
- Editing pictures of faces/hairs to illustrate make-ups and hair styledesign.

Books Recommended:

1. Adobe Photoshop, 12.0
2. Gruman, Galen, Adobe in Design Cs2 Bible.2
3. Adobe Illustrator, 12.0
4. Golding, Mordy, Adobe Creative Suite 2

Bachelor of Vocation (Beauty and Wellness) Semester-VI
Internship and Report
Course Code: BVBI-3147
Session: 2025-2026

Time:3hrs

Max.Marks:75

The students will submit their training reports (in duplicate) within a period of one month in the department . This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student. The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone .