

FACULTY OF VOCATIONAL STUDIES

SYLLABUS

of

Bachelor of Vocation (Beauty and Wellness)

(Semester: I to VI)

Under Credit Based Continuous Evaluation Grading System (CBCEGS)

Session: 2025-26



The Heritage Institution

KANYA MAHA VIDYALAYA JALANDHAR

(Autonomous)

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Under Credit Based Continuous Evaluation Grading System (CBCEGS)
Bachelor of Vocation (Beauty and Wellness) Semester-I

Session: 2025-2026

Name of the QP- Beauty Therapist BWS/Q0102
(NSQF Level-4)

Course Code	Course Title	C/S/I/V	Hours Per Week L-T-P	Total Credits	Marks			CA	Examination on (Hrs)
					Total	L	P		
BVBL- 1421 BVBL- 1031 BVBL-1431	Punjabi (Compulsory) ¹ BasicPunjabi ² Punjab History and Culture	C	4-0-0	4	100	70	-	30	3
BVBM-1102	Communication Skills in English-I	C	3-0-2	4	100	50	20	30	3
BVBL-1143	Sterilization, Hygiene and Sanitation	S	4-0-4	2	50	35		15	3
BVBM-1144	Anatomy of Skin and Hair	S	2-0-2	4	100	40	30	30	3+3
BVBM-1145	Fundamentals of Spa	S	2-0-2	4	100	40	30	30	3+3
BVBP- 1146	Skin Care	S	0-0-2	2	50	-	35	15	3
BVBP- 1147	Fashion and Basic Makeup	S	0-0-2	2	50	-	35	15	3
BVBI-1148	Internship and Report Writing	S	0-0-4	4	100	-	100		
USEP-0001	Entrepreneurship Mindset Level-I	S	0-0-2	50	-	50	-		
VACF-1491	*Foundation Course	VAC	2-0-0	2	50	35	-	15	1
		Total		28	700				

C-Compulsory
S-Skill
Enhancement

VAC- Value Added Course

¹Special paper in lieu of Punjabi (Compulsory).

²Special paper in lieu of Punjabi (Compulsory) for those students who are not domicile of Punjab.

*Credits/ Grade Points of this course will not be included in SGPA/CGPA of Semester/programme.

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Under Credit Based Continuous Evaluation Grading System (CBCEGS)
Bachelor of Vocation (Beauty and Wellness) Semester – II
Session: 2025-2026

Name of the QP: Makeup Artist (BWS/Q0301)
p(NSQF Level-5)

Course Code	Course Title	C/S/I /V	Hours Per Week L-T-P	Total Credit	Marks			CA	Examination (Hrs)
					Total	L	P		
BVBL-2421 BVBL-2031 BVBL-2431	¹ Punjabi (Compulsory)/ ¹ Basic Punjabi ² Punjab History and Culture	C	4-0-0	4	100	70	-	30	3hrs
BVBM-2102	Communication Skills in English-II	C	2-0-2	4	100	50	20	30	3
BVBL-2143	Health and Safety in the Workplace	C	2-0-0	2	50	35	-	15	3
BVBM-2144	Beauty and Personality Development	S	2-0-2	4	100	40	30	30	3+3
BVBP-2145	Fashion Makeover	S	0-0-4	4	100	-	70	30	3
BVBP-2146	Photographic Make-up	S	0-0-4	4	100	-	70	30	3
BVBP-2147	Food and Nutrition	S	0-0-2	2	50	--	35	15	3
BVBI-2148	Internship and Report Writing	S	0-0-4	4	100	-	100		
USEP-0002	Entrepreneurship Mindset Level-II	S	0-0-2	2	50	-	50	-	3
VACD-2161	*Drug Abuse and Ethical Education	VAC	4-0-0	4	100	70	-	30	
Total				34					

C-Compulsory

S-Skill Enhancement

VAC- Value Added

Course

¹ special course in lieu of Punjabi (compulsory)

² special course in lieu of Punjabi (compulsory) for those students who are not domicile of Punjab.

*Credits/Grade points of these courses will not be included in the SGPA/CGPA of Semester/3rogram.

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Under Credit Based Continuous Evaluation Grading System (CBCEGS)

Bachelor of Vocation (Beauty and Wellness) Sem-III

Session: 2025-2026

Name of the QP: Hair Care Trainer (BWS/Q0210)
(NSQF Level-6)

Course Code	Course Titles	Course type	Hours Per Week L-T-P	Total Credits	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
BVBL-3141	Histology of Hair	C	4-0-0	4	100	70	-	30	3
BVBL-3142	Knowledge of Hair Bond	C	4-0-0	4	100	70	-	30	3
BVBL-3143	Salon Management	C	2-0-0	2	50	35	-	15	3
BVBP-3144	Techniques of Hair Texturing	S	0-0-2	4	100	-	70	30	3
BVBP-3145	Hair Coloring	S	0-0-2	4	100	-	70	30	3
BVBP-3146	Assemblage Management	S	0-0-2	4	100	-	70	30	3
BVBI-3147	Internship and Report	S	0-0-6	6	100	-	100	--	
VACG-3532	*Gender Sensitization	VAC	2-0-0	2	50	35	--	15	1
Total			30						

C-Compulsory

S-Skill Enhancement

VAC-Value Added Course

***Credits/Grade points of these courses will not be included in the SGPA/CGPA of Semester/4rogram.**

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME
Bachelor of Vocation (Beauty and Wellness) Sem-IV
Session-2025-2026

Course Code	Course Titles	Course type	Hours Per Week L-T-P	Total Credits	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
BVBL-4141	Care of Scalp and Hair	C	4-0-0	4	100	70	-	30	3
BVBL-4142	Hair Coloring and Bleaching	C	4-0-0	4	100	70	-	30	3
BVBM-4143	Superfluous Hair	S	4-0-0	4	100	40	30	30	3
BVBP-4144	Hair Styling	S	0-0-2	4	100	-	70	30	3
BVBP-4145	Chemical Hair Relaxing	S	0-0-2	2	50	-	35	15	3
BVBP-4146	Advance Hair Treatment	S	0-0-2	2	50	-	35	15	3
BVBI-4147	Internship and Report Writing	S	0-0-6	6	100	-	100	--	3
VACE-4221	*Environmental Studies (Compulsory)	VAC	2-0-0	2	50	35	_	15	3
VACM-4502	*Moral Education	VAC	2-0-0	2	50	35	_	15	
Total				30					

C-Compulsory

S-Skill Enhancement

AC- Audit Course

Grades points or Grades of these courses will not be included in the SGPA/CGPA of Semester/programme

***Credits of these paper will not be included in SGPA/CGPA of the student.**

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Under Credit Based Continuous Evaluation Grading System (CBCEGS)

Bachelor of Vocation (Beauty & Wellness) Semester-V

Session: 2025-2026

Name of the QP : Institute

Head(BWS/Q0606)(NSQF Level- 7)

Course Titles	Course Code	Course Type	Hours Per Week L-T-P	Total Credit	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
BVBL-5141	Chemical Hair Procedures	C	3-0-0	3	75	60	-	15	3
BVBL-5142	Therapeutic Massage	C	3-0-0	3	75	60	-	15	3
BVBL-5143	Electrical and Chemical Treatment	C	4-0-0	4	100	80		20	3
BVBP-5144	Fundamentals of Beauty	S	0-0-4	4	100	-	80	20	3
BVBP-5145	Massage Therapy	S	0-0-4	4	100	-	80	20	3
BVBP-5146	Skin Treatments and Peeling	S	0-0-4	4	100	-	80	20	3
BVBI-5147	Internship and Report	S	0-0-6	6	100	--	100		3
SECI-5541	*Innovation Entrepreneurship and Creative Thinking	AC	0-0-2	2	50	40	--	10	1
		Total		30					

C-Compulsory

S-Skill Enhancement

AC- Audit Course

***Grades points or Grades of these courses will not be included in the SGPA/CGPA of Semester/programme**

Kanya Maha Vidyalaya , Jalandhar (Autonomous)
SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME
Bachelor of Vocation (Beauty and Wellness) Semester – VI

Session : 2025-2026

Course Code	Course Title	C/S/ I/V	Hours Per Week L-T-P	Total Credit	Marks			CA	Examinatio n (Hrs)
					Total	L	P		
BVBL-6141	Entrepreneurship	C	4-0-0	4	100	80	---	20	3hrs
BVBL-6142	Human Resource Management	C	4-0-0	4	100	80	--- -	20	3hrs
BVBL-6143	Merchandising and Retailing	C	4-0-0	4	100	80	---	20	3Hrs
BVBP-6144	Concept Development	S	0-0-6	6	100	---	80 -	20	3+3Hr s
BVBP-6145	Computer Applicati on	S	0-0-6	6	100	--	80	20	3Hrs
BVBI-6146	Internship and Report Writing	S	0-0-6	6	100	-- -	100		3Hrs
	Total			30					

C-Compulsory
S-Skill Enhancement

Bachelor of Vocation (Beauty and Wellness)

Session-2025-26

Programme Specific Outcomes

PSO1- Beauticians specialize in doing make up for marriages, for TV and film performances and special occasions.

PSO2- The job roles range from the regular haircut, hair wash, perming, styling, colouring, and hair extensions to manicure, pedicure and facials

PSO3- Perform Natural nail service including manicuring and pedicuring.

PSO3- Hair stylist /hair dressers specialize in hair care, cutting, styling and setting.

PSO4- Students who are interested to become a Beautician need to obtain certain educational and licensing requirements. With the right educational qualification and license, Beautician can work in several industries and may also be self-employed.

PSO5- Beautician study everything related to beauty from daily care to specialized techniques that enhance the appearance.

PSO6- Perform salon business such as front desk operations, dispensary inventory and loss prevention, resume building and interviewing skills, self marketing and the basic knowledge of starting one's own salon business.

PSO7- Possess the necessary skills to pass the Washington State licensure written and practical exams required for a professional license to work in the Cosmetology industry.

PSO8 - Perform hair care services for all types of hair including hair analysis, hair cutting, hairstyling, hair coloring and lightening, permanent waving and chemical relaxing.

PSO9- Emphasize on fitness & diet for a healthy look, with proper knowledge of nutrition diet and yoga.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Punjabi (Compulsory)

Course Code: BVBL- 1421

Session: 2025-2026

(THEORY)

COURSE OUTCOMES

CO1: ਆਤਮ ਅਨਾਤਮ' ਪੁਸਤਕ ਦੇ ਕਵਿਤਾ ਭਾਗ ਨੂੰ ਪੜ੍ਹਾਉਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਕਵਿਤਾ ਪ੍ਰਤੀ ਦਿਲਚਸਪੀ, ਸੂਝ ਨੂੰ ਪੈਦਾ ਕਰਨਾ ਹੈ ਤਾਂ ਕਿ ਉਹ ਆਧੁਨਿਕ ਦੌਰ ਵਿਚ ਚੱਲ ਰਹੀਆਂ ਕਾਵਿ ਧਾਰਾਵਾਂ ਅਤੇ ਕਵੀਆਂ ਬਾਰੇ ਗਿਆਨ ਹਾਸਿਲ ਕਰ ਸਕਣ। ਇਸ ਦਾ ਹੋਰ ਮਨੋਰਥ ਕਵਿਤਾ ਦੀ ਵਿਆਖਿਆ, ਵਿਸ਼ਲੇਸ਼ਣ ਤੇ ਮੁਲੰਕਣ ਦੀ ਪ੍ਰਕਿਰਿਆ ਤੋਂ ਜਾਣੂ ਕਰਾਉਣਾ ਵੀ ਹੈ ਤਾਂ ਕਿ ਉਹ ਸਮਕਾਲੀ ਸਮਾਜ ਦੀਆਂ ਸਮੱਸਿਆਵਾਂ ਨੂੰ ਸਮਝ ਸਕਣ ਅਤੇ ਆਲੋਚਨਾਤਮਕ ਦ੍ਰਿਸ਼ਟੀ ਬਣਾ ਸਕਣ।

CO2: ਗਿਆਨ ਮਾਲਾ (ਵਿਗਿਆਨਕ ਤੇ ਸਮਾਜ ਵਿਗਿਆਨਕ ਲੇਖਾਂ ਦਾ ਸੰਗ੍ਰਹਿ) ਪੁਸਤਕ ਨੂੰ ਸਿਲੇਬਸ ਵਿਚ ਸ਼ਾਮਿਲ ਕਰ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਪੜ੍ਹਣ ਦੀ ਰੁਚੀ ਨੂੰ ਪੈਦਾ ਕਰਨਾ ਹੈ ਅਤੇ ਮੁੱਲਵਾਨ ਗਿਆਨ ਦੇਣਾ ਹੈ।

CO3: ਪੈਰੂਾ ਰਚਨਾ ਅਤੇ ਪੈਰੂਾ ਪੜ੍ਹ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉਤਰ ਦੇਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਬੁੱਧੀ ਨੂੰ ਤੀਖਣ ਕਰਦਿਆਂ ਉਨਾਂ ਦੀ ਲਿਖਣ ਪ੍ਰਤਿਭਾ ਨੂੰ ਉਜਾਗਰ ਕਰਨਾ ਹੈ।

CO4: ਧੁਨੀ ਵਿਉਂਤ ਪੜ੍ਹਣ ਨਾਲ ਵਿਦਿਆਰਥੀ ਧੁਨੀਆਂ ਦੀ ਉਚਾਰਨ ਪ੍ਰਣਾਲੀ ਤੋਂ ਵਾਕਫ਼ ਹੋਣਗੇ।

Bachelor of Vocation (Beauty and Wellness)
Semester I
Session: 2025-26
Punjabi (Compulsory)
COURSE CODE- BVBL -1421

ਸਮਾਂ : 3 ਘੰਟੇ

Maximum Marks :100
Theory : 70
CA : 30

ਪਾਠਕ੍ਰਮ ਅਤੇ ਪਾਠ ਪੁਸਤਕਾਂ
ਯੂਨਿਟ-I

ਆਤਮ ਅਨਾਤਮ(ਕਵਿਤਾ ਭਾਗ),(ਸੰਪ. ਸੁਹਿੰਦਰ ਬੀਰ ਅਤੇ ਵਰਿਆਮ ਸਿੰਘ ਸੰਧੂ) ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ।
ਪ੍ਰੋ.ਪੂਰਨ ਸਿੰਘ,ਪ੍ਰੋ.ਮੋਹਨ ਸਿੰਘ,ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ,ਜਗਤਾਰ,ਸੁਰਜੀਤ ਪਾਤਰ(ਕਵੀ ਪਾਠ ਕ੍ਰਮ ਦਾ ਹਿੱਸਾ ਹਨ)
(ਪ੍ਰਸੰਗ ਸਹਿਤ ਵਿਆਖਿਆ / ਸਾਰ)

16 ਅੰਕ

ਯੂਨਿਟ-II

ਗਿਆਨ ਮਾਲਾ(ਵਿਗਿਆਨਕ ਤੇ ਸਮਾਜ ਵਿਗਿਆਨਕ ਲੇਖਾਂ ਦਾ ਸੰਗ੍ਰਹਿ),(ਸੰਪਾ.ਡਾ.ਸਤਿੰਦਰ ਸਿੰਘ, ਪ੍ਰੋ.ਮਹਿੰਦਰ ਸਿੰਘ ਬਨਵੈਤ), ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ,ਅੰਮ੍ਰਿਤਸਰ।
ਲੇਖ : ਭਰੂਣ ਹੱਤਿਆ ਦੇ ਦੇਸ਼ ਵਿਚ, ਵਾਤਾਵਰਣੀ ਪ੍ਰਦੂਸ਼ਣ ਅਤੇ ਮਨੁੱਖ, ਏਡਜ਼ : ਇਕ ਗੰਭੀਰ ਸੰਕਟ।
(ਸਾਰ,ਵਿਸ਼ਾ ਵਸਤੂ)

16 ਅੰਕ

ਯੂਨਿਟ-III

(ੳ) ਪੈਰੂਾ ਰਚਨਾ
(ਅ) ਪੈਰੂਾ ਪੜ੍ਹ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉਤਰ।

16 ਅੰਕ

ਯੂਨਿਟ-IV

(ੳ) ਪੰਜਾਬੀ ਧੁਨੀ ਵਿਉਂਤ : ਪਰਿਭਾਸ਼ਾ,ਉਚਾਰਨ ਅੰਗ
(ਅ) ਸਵਰ, ਵਿਅੰਜਨ

16 ਅੰਕ

ਅੰਕ ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਸੈਕਸ਼ਨ ਹੋਣਗੇ।ਸੈਕਸ਼ਨ A-D ਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟ I-IV ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਕਰਨਾ ਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 16 ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ।

Bachelor of Vocation (Beauty and Wellness)
Semester I
BASIC PUNJABI
COURSE CODE- BVBL-1031

Course outcomes

CO1: ਮੁੱਢਲੀ ਪੰਜਾਬੀ ਪੜ੍ਹਾਉਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਸਿਖਾਉਣ ਦੀ ਪ੍ਰਕਿਰਿਆ ਵਿਚ ਪਾ ਕੇ ਇਕ ਹੋਰ ਭਾਸ਼ਾ ਸਿੱਖਣ ਦਾ ਮੌਕਾ ਪ੍ਰਦਾਨ ਕਰਨਾ ਹੈ। ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੈਂਤੀ ਅੱਖਰੀ, ਅੱਖਰ ਕ੍ਰਮ, ਪੈਰ ਬਿੰਦੀ ਵਾਲੇ ਵਰਣ ਅਤੇ ਪੈਰ ਵਿਚ ਪੈਣ ਵਾਲੇ ਵਰਣ ਅਤੇ ਮਾਤਰਾਵਾਂ (ਮੁੱਢਲੀ ਜਾਣ ਪਛਾਣ) ਲਗਾਮਰ (ਬਿੰਦੀ, ਟਿੱਪੀ, ਅੱਧਕ) ਦੀ ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ ਤੋਂ ਜਾਣੂ ਕਰਵਾਇਆ ਜਾਵੇਗਾ।

CO2: ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਸ਼ਬਦ ਬਣਤਰ ਦੀ ਮੁੱਢਲੀ ਜਾਣ ਪਛਾਣ (ਸਾਧਾਰਨ ਸ਼ਬਦ, ਸੰਯੁਕਤ ਸ਼ਬਦ, ਮਿਸ਼ਰਤ ਸ਼ਬਦ, ਮੂਲ ਸ਼ਬਦ, ਅਗੇਤਰ ਅਤੇ ਪਿਛੇਤਰ) ਤੋਂ ਜਾਣੂ ਕਰਵਾਇਆ ਜਾਵੇਗਾ।

CO3: ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਨਿੱਤ ਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀ ਸ਼ਬਦਾਵਲੀ : ਬਾਜ਼ਾਰ, ਵਪਾਰ, ਰਿਸ਼ਤੇਨਾਤੇ, ਖੇਤੀ ਅਤੇ ਹੋਰ ਧੰਦਿਆਂ ਆਦਿ ਨਾਲ ਸੰਬੰਧਤ ਤੋਂ ਜਾਣੂ ਕਰਵਾਇਆ ਜਾਵੇਗਾ।

CO4: ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਵਿਚ ਹਫ਼ਤੇ ਦੇ ਸੱਤ ਦਿਨਾਂ ਦੇ ਨਾਂ, ਬਾਰਾਂ ਮਹੀਨਿਆਂ ਦੇ ਨਾਂ, ਰੁੱਤਾਂ ਦੇ ਨਾਂ, ਇਕ ਤੋਂ ਸੌ ਤੱਕ ਗਿਣਤੀ ਸ਼ਬਦਾਂ ਵਿਚ ਸਿਖਾਉਣਾ ਹੈ।

Bachelor of Vocation (Beauty and Wellness)
Semester I
BASIC PUNJABI
COURSE CODE- BVBL -1031

smW: 3 GMty

Maximum Marks : 100

Theory : 70

CA : 30

ਪਾਠਕ੍ਰਮ

ਯੂਨਿਟ-I

ਪੈਂਤੀ ਅੱਖਰੀ, ਅੱਖਰ ਕ੍ਰਮ, ਪੈਰ ਬਿੰਦੀ ਵਾਲੇ ਵਰਣ ਅਤੇ ਪੈਰ ਵਿਚ ਪੈਣ ਵਾਲੇ ਵਰਣ ਅਤੇ ਮਾਤਰਾਵਾਂ (ਮੁੱਢਲੀ ਜਾਣ ਪਛਾਣ) ਲਗਾਖਰ (ਬਿੰਦੀ, ਟਿੱਪੀ, ਅੱਧਕ) : ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ ।

16 ਅੰਕ

ਯੂਨਿਟ-II

ਪੰਜਾਬੀ ਸ਼ਬਦ ਬਣਤਰ : ਮੁੱਢਲੀ ਜਾਣ ਪਛਾਣ (ਸਾਧਾਰਨ ਸ਼ਬਦ, ਸੰਯੁਕਤ ਸ਼ਬਦ, ਮਿਸ਼ਰਤ ਸ਼ਬਦ, ਮੂਲ ਸ਼ਬਦ, ਅਗੇਤਰ ਅਤੇ ਪਿਛੇਤਰ)

16 ਅੰਕ

ਯੂਨਿਟ-III

ਨਿੱਤ ਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀ ਸ਼ਬਦਾਵਲੀ : ਬਾਜ਼ਾਰ, ਵਪਾਰ, ਰਿਸ਼ਤੇਨਾਤੇ, ਖੇਤੀ ਅਤੇ ਹੋਰ ਧੰਦਿਆਂ ਆਦਿ ਨਾਲ ਸੰਬੰਧਤ।

16 ਅੰਕ

ਯੂਨਿਟ-IV

ਹਫ਼ਤੇ ਦੇ ਸੱਤ ਦਿਨਾਂ ਦੇ ਨਾਂ, ਬਾਰਾਂ ਮਹੀਨਿਆਂ ਦੇ ਨਾਂ, ਰੁੱਤਾਂ ਦੇ ਨਾਂ, ਇੱਕ ਤੋਂ ਸੌ ਤੱਕ ਗਿਣਤੀ ਸ਼ਬਦਾਂ ਵਿਚ ।

16 ਅੰਕ

ਅੰਕ ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਸੈਕਸ਼ਨ ਹੋਣਗੇ। ਸੈਕਸ਼ਨ A-D ਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟ I-IV ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 16 ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ।

**Bachelor of Vocation (Beauty and Wellness)
(Semester-I)
Session 2025-26
Course Title: Punjab History and Culture (From Earliest Times to C. 320)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)**

Course Code: BVBL-1431

COURSE OUTCOMES:

After completing semester I and course on Punjab History and Culture students of History will be able to identify and have a complete grasp on the sources & writings of Ancient Indian History of Punjab

CO1: Identify and understand the sources and physical features of Punjab

CO 2: To study the earliest civilisation (Indus Valley Civilization) and original home of Aryans

CO 3: To examine the Social, Religious and Economic life during Early and Later Vedic Age

CO 4: To comprehend the Buddhist, Jain and Hindu faith and their relevance in the modern times

Bachelor of Vocation (Beauty and Wellness)
(SEMESTER-I)
Session 2025-26
Course Title: Punjab History and Culture (From Earliest Times to C. 320)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)
Course Code: BVBL-1431

Examination Time: 3 Hours
Credits L-T-P: 4-0-0
Contact Hours: 4 Hrs/Week

Max. Marks: 100
Theory: 70
CA: 30

Instructions for the Paper Setter:

1. Question paper shall consist of four Units
2. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.
3. Candidates shall attempt 5 questions in 1000 words, by at least selecting One Question from each Unit and the 5th question may be attempted from any of the four Units.
4. Each question will carry 16 marks

Unit-I

1. Physical features of the Punjab
2. Sources of the ancient history of Punjab

Unit-II

3. Harappan Civilization: social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home

Unit-III

5. Social, Religious and Economic life during Early Vedic Age.
6. Social, Religious and Economic life during Later Vedic Age.

UNIT-IV

7. Teachings of Buddhism
8. Teachings of Jainism

Suggested Readings

- B.N. Sharma, *Life in Northern India*, Delhi. 1966
 - Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
 - Chopra, P.N., Puri, B.N., & Das, M.N. (1974). *A Social, Cultural & Economic History*
 - L. M Joshi (ed.), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3rd edition)
 - L.M. Joshi and Fauja Singh (ed.), *History of Punjab*, Vol. I, Patiala 1977.
- of India*, Vol. I, New Delhi: Macmillan India.

Bachelor of Vocation (Beauty and Wellness)

(Semester I)

Session 2025-26

COMMUNICATION SKILLS IN ENGLISH

(Theory)

Course Code: BVBL -1102

COURSE OUTCOMES

At the end of this course, the students will develop the following Skills:

CO 1: Reading skills that will facilitate them to become an efficient reader

CO 2: Through reading skills, the students will have an ability to have a comprehensive understanding of the ideas in the text and enhance their critical thinking

CO 3: Writing skills of students which will make them proficient enough to express ideas in clear and grammatically correct English

CO 4: The skill to use an appropriate style and format in writing letters (formal and informal) and resume, memo, notices, agenda, minutes

Bachelor of Vocation (Beauty and Wellness)
Semester-I
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBL -1102
(Theory)

Examination Time: 3 Hrs

Total Marks: 100
Theory: 50
Practical: 20
CA: 30

Instructions for the paper setter and distribution of marks:

**The question paper will consist of four sections. The candidate will have to attempt five questions in all selecting one from each section and the fifth question from any of the four sections. Each question will carry 10 marks. Each question can be sub divided into two parts.
(10 x 5 = 50)**

Section-A: Two questions of theoretical nature will be set from Unit I.

Section-B: Two comprehension passages will be given to the students from Unit II.

Section-C: Two questions will be given from Unit III.

Section-D: Two questions will be set from Unit IV

Unit I

Reading Skills: Reading Tactics and strategies; Reading purposes–kinds of purposes and associated comprehension; Reading for direct meanings.

Unit II

Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/ expressions.

Activities:

- Comprehension questions in multiple choice format
- Short comprehension questions based on content and development of ideas

Unit III

Writing Skills: Guidelines for effective writing; writing styles for application, personal letter, official/ business letter.

Activities:

- Formatting personal and business letters.
- Organizing the details in a sequential order

Unit IV

Resume, memo, notices, agenda, minutes, Tips for effective blog writing

Activities:

- Converting a biographical note into a sequenced resume or vice-versa
- Ordering and sub-dividing the contents while making notes.
- Writing notices for circulation/boards
- Writing blogs

Recommended Books:

- 1) *Oxford Guide to Effective Writing and Speaking* by John Seely.
- 2) *Business Communication*, by Sinha, K.K. Galgotia Publishers, 2003.
- 3) *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
- 4) *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Session 2025-26

COMMUNICATION SKILLS IN ENGLISH

Course Code: BVBL -1102

PRACTICAL / ORAL TESTING

Time: 3 hours

Marks: 20

Course Contents:

- | | |
|---|------------|
| 1. Oral Presentation with/without audio visual aids | (10 Marks) |
| 2. Group Discussion | (05 Marks) |
| 3. Practical File | (05 Marks) |

Questions:

1. Oral Presentation will be of 5 to 7 minutes duration. (Topic can be given in advance or it can be of student's own choice). Use of audio-visual aids is desirable.
2. Group discussion comprising 8 to 10 students on a familiar topic. Time for each group will be 15 to 20 minutes.

Bachelor of Vocation (Beauty and Wellness)
Semester-I
Sterilization, Hygiene and Sanitation
Course Code: BVBL-1143
Session: 2025-2026
(THEORY)

Course Outcome:

- CO 1:** To impart knowledge of skin and personal grooming.
- CO 2:** Understand why sanitation and sterilization is important part of good health maintenance
- CO 3:** Students can learn about how to use chemical agents.
- CO 4:** To learn about how to work maintenance and hygiene in the salon .

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Sterilization, Hygiene and Sanitation

Course Code: BVBL-1143

Session: 2025-2026

(THEORY)

Time: 3hrs

Max Marks: 50

Theory Marks:35

CA: 15

Instructions for the Paper Setters:

Eight questions of equal marks (7 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- What is Personal Hygiene
- What is Public Hygiene
- Hygiene and Good Grooming

UNIT-II

- Methods of Sterilization
- Sanitation and its Types
- Physical Agents

UNIT-III

- Chemical Agents
- Chemical Disinfectant
- Antiseptics

UNIT-IV

- Suggestions for Sanitation
- General Salon Hygiene Rules

Books Recommended:

- Complete beauty book by Helen Foster.
- Harper and Glenn Lewis.
- Standard text book of Cosmetology Milady's

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(THEORY)

Course Outcome:

CO1: Students will learn to know the importance of cosmetology and its objectives

CO2: Apply concepts and knowledge of the general terminology, cell structure and function and to novel technical and/or clinical scenarios.

CO3: Students learn the deep layers of hair its composition and its types

CO4: . This also teaches us the different hair and scalp conditions and how to professionally uses of shampoo.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(THEORY)

Time: 3 hrs

Max. Marks: 100

Theory Marks: 40

Practical Marks: 30

CA: 30

Instructions for the Paper Setters

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

UNIT-I

COSMETOLOGY

- Aims and Objectives
- Importance

UNIT-II

SKIN:

- Anatomy of Skin
- Lymphatic nodes of face and neck
- Types of Skin

UNIT-III

HAIR:

- Anatomy of hair
- Types of hair
- Tools and equipments used for hair styling

UNIT-IV

- Scalp Analysis
- Hair & Scalp conditions
- Types of shampoo

Book Recommended:

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with ExmeFloyd
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis

Bachelor of Vocation (Beauty and Wellness)
Semester-I
Anatomy of Skin and Hair
Course Code: BVBM-1144
Session – 2025-2026
(PRACTICAL)

Course Outcome:

CO1: Students will learn different types of treatments with galvanic and high frequency.

CO2: To learn how to prepare the client.

CO3: Students learn the skin treatment with brushing unit.

CO4: . This also teaches us the blow dryer setting with different kind of brushes.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Anatomy of Skin and Hair

Course Code: BVBM-1144

Session – 2025-2026

(PRACTICAL)

Time : 3hrs.

Practical Marks: 30

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

TREATMENTS WITH GALVANIC and HIGH FREQUENCY

- (i) Skin and hair analysis
- (ii) Preparation of the client
- (iii) Dandruff treatment with High Frequency
- (iv) Galvanic Treatment
- (v) Brushing unit
- (vi) Different types of blow dryer
- (vii) Viva
- (viii) Presentation

Book Recommended:

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- The Big Beauty Book Glamour for the Fuller figure women by An Harper and Glenn Lewis.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(THEORY)

Course Outcome:

CO1: Students will learn histrology and origin of spa.

CO2: To learn different types of spa , prepration of client and contraindications.

CO3: Students learn the uses of body wraps.

CO4: Students will learn how to learn differnet types of equipments used in spa.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(THEORY)

Time:3hr.

Max Marks: 100

Theory: 40

Practical: 30

CA: 30

Instructions for the Paper Setters

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

UNIT-I

- Origin of Spa
- Anatomy & Physiology

UNIT II

- Introduction of various types of Spa
- Types of Spa (Ayurvedic Spa ,Club Spa , Medical Spa ,Mineral Spring Spa, Relaxation Spa)
- Client Consultation
- Procedure
- Contra Indication

UNIT-III

- Body Wrapping and its advantages
- Detoxing Body Wraps
- Hydrating Body Wraps
- Slimming Body Wraps

UNIT-IV

- Spa product knowledge
- Equipment and materials for spa
- Effects of Spa

Book Recommended :

- Professional beauty therapy by Lorraine Nordmann
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(PRACTICAL)

Course Outcome:

CO1: Students will learn how to setting the trolley for practical work..

CO2: To learn different types of spa , prepration and draping of client.

CO3: Students learn the uses of body wraps.

CO4: Students will learn the tecniques of points and strokes on body.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fundamentals of Spa

Course Code: BVBM-1145

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs

Practical Marks: 30

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

- Trolley setting
- Pre treatment setup & protection
- Customer handling and draping
- Points and strokes
- Viva
- Presentation

Book Recommended :

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)

**Semester-I
Skin Care**

Course Code: BVBP-1146

Session: 2025-2026

(PRACTICAL)

Course Outcome:

CO1: Students will learn different types of hair removal methods..

CO2: To learn different techniques of facial massage,bleaches,waxing and threading on client.

CO3: Students will learn the how to handle the client and which services will suits on their skin.

CO4: To learn how to do manicure and pedicure in professional way.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Skin Care

Course Code: BVBP-1146

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs

Max Marks:50

Practical Marks: 35

CA: 15

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

SKIN CARE:

- Deep Cleansing
- Facial Manipulation
- Bleaches
- Waxing
- Threading

- Knowledge of skin analysis

CARE OF FEET AND HANDS

- Manicure

- Pedicure

Skin Treatments: Different types of skin treatments with the help of natural ingredients like packs, masks and creams for different skin

Viva

File work

Books Recommended:

- Complete beauty book by Helen Foster
- K.I.S.S (Keep it Simple Series) by Laura Bailey
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- The Ultimate Guide to being naturally gorgeous by Sarah Stacey and Gosephine Fairley.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fashion and Basic Makeup

Course Code: BVBP-1147

Session: 2025-2026

(PRACTICAL)

COURSE OUTCOMES :

CO 1:Students will learn make-up themes and also about its applications.

CO 2:Students will be able to give proper advice of suitable make-up according to others face.

CO 3: The students were provide the knowledge to identify terminology related to skin, products and treatments with the demonstration of proper application of cosmetics related to skin care.

CO 4: Be able to give proper advice of suitable make-up according to ones face.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Fashion and Basic Makeup

Course Code: BVBP-1147

Session: 2025-2026

(PRACTICAL)

Time: 3hrs.

Max Marks: 50

Practical Marks: 35

CA: 15

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

FACIAL MAKEUP

Preparation for makeup application-(Equipment, Tools)

- Base according to day/night
- Fashion Cosmetics
- Fashion Brands in Cosmetics
- Makeup and accessories according to occasion
- Basic makeup
- Casual make up
- Party makeup
- Day makeup
- Selfmakeup
- Product knowledge

Viva

File work

BOOKS RECOMMENDED:

- Kevyn Aucoin ,Harper Collins ,1995,The Art of Make Up
- Mary Quant, DK Publishing,1996, Classic Make Up and Beauty
- Kevyn Aucoin, Little Brown and Company,2000, Face Forward
- Arlene Mathew ,The Complete Beauty Book,2004, Varun Publication,Banglore.

Bachelor of Vocation (Beauty and Wellness)

Semester-I

Internship and Report Writing

Course Code: BVBI-1148

Session: 2025-2026

Time: 3hrs.

Max. Marks: 100

The students will submit their training reports (in duplicate) within a period of one month in the department

This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization

where student has undergone .

Bachelor of Vocation (Beauty and Wellness)
Semester II
Punjabi (Compulsory)
COURSE CODE- BVBL -2421

COURSE OUTCOMES

CO1: 'ਆਤਮ ਅਨਾਤਮ' ਪੁਸਤਕ ਦੇ ਕਹਾਣੀ ਭਾਗ ਨੂੰ ਸਿਲੇਬਸ ਵਿਚ ਸ਼ਾਮਲ ਕਰ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਕਹਾਣੀ ਨੂੰ ਪੜ੍ਹਣ ਦੀ ਰੁਚੀ ਨੂੰ ਪੈਦਾ ਕਰਨਾ ਹੈ ਅਤੇ ਕਹਾਣੀ ਜਗਤ ਨਾਲ ਜੋੜਣਾ ਹੈ।

CO2: 'ਗਿਆਨ ਮਾਲਾ' ਪੁਸਤਕ ਨੂੰ ਸਿਲੇਬਸ ਵਿਚ ਸ਼ਾਮਲ ਕਰ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਵਿਗਿਆਨਕ ਤੇ ਸਮਾਜ ਵਿਗਿਆਨਕ ਲੇਖਾਂ ਬਾਰੇ ਗਿਆਨ ਪੈਦਾ ਕਰਨਾ ਹੈ।

CO3: 'ਸ਼ਬਦ ਸ਼੍ਰੇਣੀਆਂ' ਨੂੰ ਪੜ੍ਹਾਉਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀ ਅਮੀਰੀ ਦਾ ਅਤੇ ਬਾਰੀਕੀਆਂ ਨੂੰ ਸਮਝਣ ਲਈ ਵੱਖਰੇ-ਵੱਖਰੇ ਸਿਧਾਂਤਾਂ ਦਾ ਵਿਕਾਸ ਕਰਨਾ ਹੈ।

CO4: ਸੰਖੇਪ ਰਚਨਾ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਮੇਂ ਅਤੇ ਮਿਹਨਤ ਦੀ ਬੱਚਤ ਕਰਨ ਬਾਰੇ ਦੱਸਣਾ ਹੈ। ਮੁਹਾਵਰੇ / ਅਖਾਣ ਦੀ ਵਰਤੋਂ ਨਾਲ ਗੱਲਬਾਤ ਵਿਚ ਪਰਪੱਕਤਾ ਆਉਂਦੀ ਹੈ। ਇਹ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਗੱਲਬਾਤ ਵਿਚ ਨਿਖਾਰ ਲਿਆਉਣ ਦਾ ਕੰਮ ਕਰਨਗੇ।

Bachelor of Vocation (Beauty and Wellness)
Semester II
Session: 2025-26
Punjabi (Compulsory)
COURSE CODE- BVBL -2421

ਸਮਾਂ : 3 ਘੰਟੇ

Maximum Marks : 100

Theory : 70

CA : 30

ਪਾਠਕ੍ਰਮ ਅਤੇ ਪਾਠ ਪੁਸਤਕਾਂ

ਯੂਨਿਟ-I

ਆਤਮ ਅਨਾਤਮ (ਕਹਾਣੀ ਭਾਗ), (ਸੰਪ. ਸੁਹਿੰਦਰ ਬੀਰ ਅਤੇ ਵਰਿਆਮ ਸਿੰਘ ਸੰਧੂ) ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ।

ਪਠਾਣ ਦੀ ਧੀ, ਉਜਾੜ, ਮਾੜਾ ਬੰਦਾ, ਘੋਟਣਾ, ਦਲਦਲ (ਕਹਾਣੀਆਂ ਪਾਠਕ੍ਰਮ ਦਾ ਹਿੱਸਾ ਹਨ)

(ਸਾਰ, ਪਾਤਰ ਚਿਤਰਨ)

16 ਅੰਕ

ਯੂਨਿਟ-II

ਗਿਆਨ ਮਾਲਾ (ਵਿਗਿਆਨਕ ਤੇ ਸਮਾਜ ਵਿਗਿਆਨਕ ਲੇਖਾਂ ਦਾ ਸੰਗ੍ਰਹਿ) (ਸੰਪ. ਡਾ. ਸਤਿੰਦਰ ਸਿੰਘ, ਪ੍ਰੋ. ਮਹਿੰਦਰ ਸਿੰਘ ਬਨਵੈਤ), ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ, 2007

ਲੇਖ: ਸਾਹਿਤ ਤੇ ਲੋਕ ਸਾਹਿਤ, ਅੱਖਾਂ, ਕੰਪਿਊਟਰ ਅਤੇ ਇੰਟਰਨੈੱਟ। (ਪਾਠਕ੍ਰਮ ਦਾ ਹਿੱਸਾ ਹਨ)

(ਵਿਸ਼ਾ-ਵਸਤੂ, ਸਾਰ)

16 ਅੰਕ

ਯੂਨਿਟ-III

(ੳ) ਸ਼ਬਦ ਸ਼੍ਰੇਣੀਆਂ : ਨਾਂਵ, ਪੜਨਾਂਵ, ਕਿਰਿਆ, ਵਿਸ਼ੇਸ਼ਣ

(ਅ) ਸ਼ਬਦ ਸ਼੍ਰੇਣੀਆਂ: ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ, ਸੰਬੰਧਕ, ਯੋਜਕ, ਵਿਸਮਿਕ

16 ਅੰਕ

ਯੂਨਿਟ-IV

(ੳ) ਸੰਖੇਪ ਰਚਨਾ

(ਅ) ਮੁਹਾਵਰੇ / ਅਖਾਣ

16 ਅੰਕ

ਅੰਕ ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਸੈਕਸ਼ਨ ਹੋਣਗੇ। ਸੈਕਸ਼ਨ A-D ਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟ I-IV ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਕਰਨਾ ਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 16 ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ।

Bachelor of Vocation (Beauty and Wellness)
Semester II
Basic Punjabi
COURSE CODE- BVBL -2031

Course outcomes

CO1: ਸ਼ਬਦ ਸ਼੍ਰੇਣੀਆਂ : ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ (ਨਾਂਵ, ਪੜਨਾਂਵ, ਕਿਰਿਆ, ਵਿਸ਼ੇਸ਼ਣ, ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ, ਸਬੰਧਕ, ਯੋਜਕ ਅਤੇ ਵਿਸਮਿਕ) ਨੂੰ ਪੜ੍ਹਾਉਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀ ਅਮੀਰੀ ਦਾ ਅਤੇ ਬਾਰੀਕੀਆਂ ਨੂੰ ਸਮਝਣ ਲਈ ਵੱਖਰੇ-ਵੱਖਰੇ ਸਿਧਾਂਤਾਂ ਦਾ ਵਿਕਾਸ ਕਰਨਾ ਹੈ।

CO2: ਵਿਦਿਆਰਥੀ ਪੰਜਾਬੀ ਵਾਕ ਬਣਤਰ (ਸਾਧਾਰਨ ਵਾਕ, ਸੰਯੁਕਤ ਵਾਕ, ਮਿਸ਼ਰਤ ਵਾਕ, ਬਿਆਨੀਆ ਵਾਕ, ਪ੍ਰਸ਼ਨ ਵਾਚਕ ਵਾਕ ਅਤੇ ਹੁਕਮੀ ਵਾਕ) ਦੀ ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਇਸ ਦੀ ਬਣਤਰ ਤੋਂ ਜਾਣੂ ਹੋਣਗੇ ਅਤੇ ਉਨ੍ਹਾਂ ਦੀ ਭਾਸ਼ਾ ਤੇ ਪਕੜ ਮਜ਼ਬੂਤ ਹੋਵੇਗੀ।

CO3: ਪੈਰੂਾ ਰਚਨਾ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਬੁੱਧੀ ਨੂੰ ਤੀਖਣ ਕਰਦਿਆਂ ਉਨ੍ਹਾਂ ਦੀ ਲਿਖਣ ਪ੍ਰਤਿਭਾ ਨੂੰ ਉਜਾਗਰ ਕਰਨਾ ਹੈ। ਅਖਾਣ ਦੀ ਵਰਤੋਂ ਨਾਲ ਗੱਲਬਾਤ ਵਿਚ ਪਰਪੱਕਤਾ ਆਉਂਦੀ ਹੈ। ਇਹ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਗੱਲਬਾਤ ਵਿਚ ਨਿਖਾਰ ਲਿਆਉਣ ਦਾ ਕੰਮ ਕਰਨਗੇ।

CO4: ਘਰੇਲੂ ਅਤੇ ਦਫ਼ਤਰੀ ਚਿੱਠੀ ਪੱਤਰ ਲਿਖਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਸ ਕਲਾ ਵਿਚ ਨਿਪੁੰਨ ਕਰਨਾ ਹੈ। ਮੁਹਾਵਰਿਆਂ ਦੀ ਵਰਤੋਂ ਨਾਲ ਗੱਲਬਾਤ ਵਿਚ ਪਰਪੱਕਤਾ ਆਉਂਦੀ ਹੈ। ਇਹ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਗੱਲਬਾਤ ਵਿਚ ਨਿਖਾਰ ਲਿਆਉਣ ਦਾ ਕੰਮ ਕਰਨਗੇ।

Bachelor of Vocation (Beauty and Wellness)
Semester II
BASIC PUNJABI (In lieu of Compulsory Punjabi)
COURSE CODE- BVBL -2031

ਸਮਾਂ 3 ਘੰਟੇ

Maximum Marks : 100

Theory : 70

CA : 30

ਪਾਠਕ੍ਰਮ

ਯੂਨਿਟ-I

ਸ਼ਬਦ ਸ਼੍ਰੇਣੀਆਂ : ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ (ਨਾਂਵ, ਪੜਨਾਂਵ, ਕਿਰਿਆ, ਵਿਸ਼ੇਸ਼ਣ, ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ, ਸਬੰਧਕ, ਯੋਜਕ ਅਤੇ ਵਿਸਮਿਕ)

16 ਅੰਕ

ਯੂਨਿਟ-II

ਪੰਜਾਬੀ ਵਾਕ ਬਣਤਰ : ਮੁੱਢਲੀ ਜਾਣ ਪਛਾਣ

(ੳ) ਸਾਧਾਰਨ ਵਾਕ, ਸੰਯੁਕਤ ਵਾਕ ਅਤੇ ਮਿਸ਼ਰਤ ਵਾਕ (ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ)

(ਅ) ਬਿਆਨੀਆ ਵਾਕ, ਪ੍ਰਸ਼ਨ ਵਾਚਕ ਵਾਕ ਅਤੇ ਹੁਕਮੀ ਵਾਕ (ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ)

16 ਅੰਕ

ਯੂਨਿਟ-III

ਪੈਰਾ ਰਚਨਾ

ਅਖਾਣ (ਅਖਾਣਾਂ ਦੀ ਲਿਸਟ ਨਾਲ ਨੱਥੀ ਹੈ)

16 ਅੰਕ

ਯੂਨਿਟ-IV

ਚਿੱਠੀ ਪੱਤਰ (ਘਰੇਲੂ ਅਤੇ ਦਫ਼ਤਰੀ)

ਮੁਹਾਵਰੇ (ਮੁਹਾਵਰਿਆਂ ਦੀ ਲਿਸਟ ਨਾਲ ਨੱਥੀ ਹੈ)

16 ਅੰਕ

ਅੰਕ ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਸੈਕਸ਼ਨ ਹੋਣਗੇ। ਸੈਕਸ਼ਨ A-D ਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟ I-IV ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 16 ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ।

Bachelor of Vocation (Beauty and Wellness)
(Semester-II)
Session 2025-26
Course Title: Punjab History and Culture (C. 320 to 1000 A.D.)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)

Course Code: BVBL-2431

COURSE OUTCOMES:

After completing Semester II and course on Ancient History of Punjab students will be able to understand:

CO 1: The reasons and impact of Alexander's invasions and to comprehend various factors leading to rise and fall of empires and emergence of new dynasties and their administration specifically of Maurya rule in general and Ashok in particular

CO 2: art and architecture of Gupta period and the Indo-Greek style of architecture under Gandhara School

CO 3: To have an insight into the socio-cultural history under Harshvardhan and Punjab under the stated period

CO 4: To enable students to have thorough insight into the various forms/styles of Architecture and synthesis of Indo - Greek Art and Architecture in Punjab

Bachelor of Vocation (Beauty and Wellness)
Semester-II)
SESSION 2025-26
Course Title: Punjab History and Culture (C. 320 to 1000 B.C.)
(Special paper in lieu of Punjabi Compulsory)
(For those students who are not domicile of Punjab)
Course Code: BVBL-2431

Examination Time: 3 Hours
Credits L-T-P: 2-0-0
Contact Hours: 2Hrs/Week

Max. Marks: 100
Theory: 70
CA: 30

Instructions for the Paper Setter:

1. Question paper shall consist of four Units

- 1. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.**
- 2. Candidates shall attempt 5 questions in 1000 words, by at least selecting One Question from each Unit and the 5th question May be attempted from any of the four Units.**
- 3. Each question will carry 14 marks**

Unit-I

1. Alexander's Invasion's and Impact
2. Administration of Chandragupta Maurya and Ashoka.

Unit-II

3. The Kushans: Gandhar School of Art .
4. Gupta Empire: Golden period (Science , Art and Literature)

Unit-III

5. The Punjab under the Harshvardhana
6. Socio-cultural History of Punjab from 7th to 1000 A.D.

UNIT IV

7. Development of Languages and Education with Special reference to Taxila
8. Development to Art and Architecture

Suggested Readings

1. L. M Joshi (ed), *History and Culture of the Punjab*, Art-I, Punjabi University, Patiala, 1989 (3rd edition)
2. L.M. Joshi and Fauja Singh (ed.), *History of Punjab* , Vol.I, Punjabi University, Patiala, 1977.
3. Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
4. B.N. Sharma: *Life in Northern India*, Delhi. 1966.

Bachelor of Vocation (Beauty and Wellness)
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBM -2102

COURSE OUTCOMES

At the end of this course, the students will develop the following skills:

CO 1: Enhancement of listening skills with the help of listening exercises based on conversation, news and TV reports

CO 2: The ability of Note-Taking to be able to distinguish the main points from the supporting details and the irrelevant information from the relevant one

CO 3: Improvement of speaking skills enabling them to converse in a specific situation

CO 4: Acquisition of knowledge of phonetics which will help them in learning about correct pronunciation as well as effective speaking

Bachelor of Vocation (Beauty and Wellness)
Semester-II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBM-2102

Time: 3 hours (Theory)
3 hours (Practical)

Max. Marks: 100
Theory: 50
Practical: 20
Continuous Assessment: 30

Instructions for the paper setter and distribution of marks:

The question paper will consist of four sections. The candidate will have to attempt five questions in all selecting one from each section and the fifth question from any of the four sections. Each question will carry 10 marks. Each question can be sub divided into two parts.
(10 x 5 = 50)

Section-A: Two questions of theoretical nature will be set from Unit I.

Section-B: Two questions will be given to the students from Unit II.

Section-C: Two questions will be given from Unit III.

Section-D: Two questions will be set from Unit IV

(1/2)

Bachelor of Vocation (Beauty and Wellness)
Semester II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code: BVBM -2102

Unit I

Listening Skills: Barriers to listening; effective listening skills; feedback skills.

Activities: Listening exercises – Listening to conversation, News and TV reports

Unit II

Attending telephone calls; note taking and note making

Activities: Taking notes on a speech/lecture

Unit III

Speaking and Conversational Skills: Components of a meaningful and easy conversation, understanding the cue and making appropriate responses, forms of polite speech, asking and providing information on general topics

Activities: 1) Making conversation and taking turns

2) Oral description or explanation of a common object, situation or concept

Unit IV

The study of sounds of English, stress Situation based

Conversation in English Essentials of Spoken English

Activities: Giving Interviews

Recommended Books:

1. *Oxford Guide to Effective Writing and Speaking* by John Seely.
2. *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
3. *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).
4. *A Course in Phonetics and Spoken English* by J. Sethi and P.V. Dhamija, Phi Learning.

Bachelor of Vocation (Beauty and Wellness)
Semester II
Session 2025-26
COMMUNICATION SKILLS IN ENGLISH
Course Code-BVBM -2102
PRACTICAL / ORAL TESTING

Time: 3 hours

Marks: 20

Course Contents:

1. Oral Presentation with/without audio visual aids
2. Group Discussion
3. Listening to any recorded or live material and asking oral questions for listening comprehension

Questions:

1. Oral Presentation will be of 5 to 7 minutes duration. (Topic can be given in advance or it can be of student's own choice). Use of audio-visual aids is desirable.
2. Group discussion comprising 8 to 10 students on a familiar topic. Time for each group will be 15 to 20 minutes.

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Health and Safety in the Workplace

Course Code: BVBL: 2143

Session: 2025-2026

(THEORY)

COURSE OUTCOMES:

CO 1 : To impart knowledge of personal grooming and Hygiene.

CO 2 : Students will learn how to plan and locate a saloon and to keep its income and expenditure record.

CO 3 : To enhance the knowledge of equipments that are feasible in a saloon.

CO 4 : Understand the purpose of chemical agent or Disinfectant in saloon.

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Health and Safety in the Workplace

Course Code: BVBL: 2143

Session: 2025-2026

(THEORY)

Time:3hrs.

Max Marks:50

Theory Marks: 35

CA: 15

Instructions for Paper Setters:

Eight questions of equal (7each) marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

PERSONAL HYGIENE:

- What is Personal Hygiene
- Hygiene and Good Grooming
- Personal Hygiene and Healthy Habits

UNIT-II

SALON MANAGEMENT:

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.
- Record keeping: Income and Expenditure
- Maintenance

UNIT-III

- Common equipment required for salon Operation
- Safety Precautions

UNIT-IV

- Sterilization
- Sanitation and its types
- Methods of Sterilization
- Client Treatment

Books Recommended :

- Beauty Basics by Lorraine NordmannLevel-I
- Milady's,Text Book of Cosmetology,2000,MiladyPublication,America.
- Clean :A History of Personal Hygiene and Purity By VirginiaSmith(Author)
- Salon Management by MartinGreen

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

Session: 2025-2026

(THEORY)

COURSE OUTCOMES:

CO 1 : Students will learn to know the importance of cosmetology and its objectives.

CO 2 : To impart the knowledge of personal grooming along with selection of attire according to figure and physique.

CO 3 : Improving students speaking and Conversational skills.

CO4:To make students study about the deep layers of nail and different disorders of nail

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

Session: 2025-2026

(THEORY)

Time:3hrs.

Max Marks:100

Theory Marks: 40

Practical:40

CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (8each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

COSMETOLOGY:

Introduction and Importance of Cosmetology

UNIT-II

PERSONAL GROOMING:

- Colors:- Importance, effects and selections
- Selection of accessories according to attire and occasion.
- Yoga asanas for healthy hair and skin

UNIT-III

- **Speaking and Conversational charm:**
- Characteristics of Charming conversationalist, topics of conversation, topics to avoid, manners of pleasant conversation, when to speak and when to listen.
- Voice cultivation, enunciation and pronunciation.

UNIT-IV

Nail:

- Structure of Nail
- Nail disorder & disease
- Types of manicure & pedicure

Book Recommended :

- Complete beauty book by Helen Foster
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
Standard Text Book Of Cosmetology by Milady.
- Basic Knowledge of Skin Care, Hair Care and personal grooming by Anita Thakur.
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Beauty and Personality Development

Course Code: BVBM-2144

Session: 2025-2026

(PRACTICAL)

Time: 3 hrs.

Practical Marks : 40

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

- Self Grooming
- Face- sliming yoga exercises
- Basic Nail Art
- Tools & Equipment
- Preparation of the client
- Viva
- Filework

Book Recommended :

- Complete beauty book by Helen Foster
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
Standard Text Book Of Cosmetology by Milady.
- Basic Knowledge of Skin Care, Hair Care and personal grooming by Anita Thakur.
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)
Semester- II
Fashion Makeover
Course Code: BVBP-2145
Session: 2025-2026
(PRACTICAL)

COURSE OUTCOMES :

CO 1 :Students will learn the importance of cosmetology and its objectives

CO 2:Students will learn make-up themes and also about its applications.

CO 3:Students will be able to give proper advice of suitable make-up according to others face.

CO 4: The students were provide the knowledge to identify terminology related to skin, products and treatments with the demonstration of proper application of cosmetics related to skin care.

Bachelor of Vocation (Beauty and Wellness)
Semester- II
Fashion Makeover
Course Code: BVBP-2145
Session: 2025-2026
(Practical)

Time:3hrs.

Max Marks-100
Practical-80
CA: 20

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

- Make-ups and related health factors
- History of Make-ups and related fashion trends.
- Consult and advise clients

UNIT-I

- Advance Product Knowledge
- Air Brush Makeup
- Theme based Advance make-up knowledge and guidelines

UNIT-II

Contouring and its technique according to different face types.

a) Make-up Themes and its Application

- Dramatic look
- Character Make-up

UNIT-III

UNIT-IV

Thermal styling

High fashion styling

Books Recommended :

- Robert Jones, Make up Makeover :Expert Secrets For Stunning Transformation "Gloucester:
- Fair Winds Press, 2005 Isted.
- Handa Parvesh, Complete Book on Beauty Body Makeup, 2006, Goodwill Publication, New Delhi

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Photographic Makeup

Course Code: BVBP-2146

Session-2025-2026

(Practical)

COURSE OUTCOMES:

CO 1: The students were trained with the knowledge of terminology related to skin and fashion trends.

CO 2: The Purpose of this course is to provide students with the knowledge of good photo shoot.

CO 3: Understand the proper knowledge of products, tools, equipment and techniques used in makeup.

CO 4: Students will learn make-up themes and also its applications.

Bachelor of Vocation (Beauty and Wellness)

Semester II

Photographic Makeup

Course Code: BVBP-2146

Session: 2025-2026

(Practical)

Max Marks: 100

Time:3hrs.

Practical Marks: 80

CA: 20

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

UNIT-I

Introduction to photography:

- Character make up techniques
- Digital photographic makeup application
- Select and use products, tools and equipment for photographic make-up application

UNIT-II

Designed all looks Portfolio reference

- Bridal
- Period
- Fantasy

UNIT-III

Used all application techniques

- Highlighting and shading Concealing Blending
- Application of eye products
- Application of lip products
- Consult and advise clients

UNIT-IV

- Industrial Visit
- Viva

Books Recommended:

- Robert Jones, Make up Makeover :Expert Secrets For Stunning Transformation “Gloucester: Fair Winds Press,2005 Isted.
- Handa Parvesh, Complete Book on Beauty BodyMakeup,2006,Goodwill Publication, New Delhi
- Makeup Is Art (Hardcover) by Academy of Freelance Makeup
- Kevyn Aucoin, Little Brown and Company, 1999. MakingFaces
- Mary Quant, DK Publishing, 1996, Classic Makeup and Beauty.

Bachelor of Vocation (Beauty and Wellness)

Semester II

Food and Nutrition

Course Code: BVBP-2147

Session: 2025-2026

(Practical)

Time:3hrs.

Max Marks: 50

Practical Marks: 40

CA: 10

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners.

Balanced Diet:

- One month diet plan for Pre Bride
- 7 days diet challenge
- Diet Chart for weight loss
- Diet Chart for Glowing Skin
- Diet Tips
- Good food habits.

- Presentation
- Viva

Bachelor of Vocation (Beauty and Wellness)

Semester-II

Internship and Report Writing

Course Code: BVBI-2148

Session: 2025-2026

Time: 3hrs

Max. Marks: 100

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her own assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone.

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Histology of Hair

Course Code : BVBL-3141

Session: 2025-2026

(THEORY)

COURSE OUTCOME:

CO 1: Students learn the deep layers of hair its composition and its types

CO 2: To impart the knowledge of Hair types and distribution and facts.

CO 3: This also teaches us the different disorders of hair and scalp infectious and non- infectious.

CO 4: This also teaches us the function of hair and Growth & Replacement of hair.

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Histology of Hair

Course Code : BVBL-3141

Session: 2025-2026

(THEORY)

Time: 3 hrs.

Max. Marks: 100

Theory Marks: 70

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks (14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

ANATOMY OF HAIR

- Structure of hair
- Composition of hair

UNIT-II

- Types of hair
- Hair shapes
- Hair distribution
- Hair Facts

UNIT-III

DISORDERS OF HAIR

- Non-infectious
- Infectious

UNIT-IV

- Hair Function
- Hair Growth & Replacement
- Contra- indication during Scalp Treatment

Book Recommended :

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Knowledge of Hair Bond

Course Code - BVBL-3142

Session: 2025-2026

(THEORY)

Course Outcomes:

CO 1: To impart the knowledge of Hair bonds and Chemical reaction .

CO 2: Understand the knowledge of Chemical relaxers.

CO 3: Students will understand different type of spa along with its procedure and contraindications.

CO 4: Understand the knowledge of hair color and its products.

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Knowledge of Hair Bond

Course Code - BVBL-3142

Session: 2025-2026

(THEORY)

Time: 3 hrs.

Max. Marks: 100

Theory Marks :70

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks (14 each) are to be set, two in each of the four Sections (A- D). Questions of Sections A- D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- Knowledge of hair bonds.
- Chemical reaction in layers of hair
- Types of shampoo and additives used in shampoo

UNIT-II

- Rebonding
- Perming
- Smoothing

UNIT-III

- PH of hair and hair products
- Deep Conditioning
- Hair spa

UNIT-IV

- Hair Color Application
- Heena Application

Book Recommended :

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- Professional Hair Dressing by Martin Green Leo Palladino

Bachelor of Vocation (Beauty and Wellness)
Semester-III
Salon Management
Course Code – BVBL-3143
Session: 2025-2026
(THEORY)

Course Outcomes:

CO 1: To understand the Ownership of salon and its planning.

CO 2: Students will learn how to plan and locate a saloon and to keep its income and expenditure record.

CO 3: To enhance the knowledge of equipments that are feasible in a saloon.

CO4: To Learn the importance of first aid, Sterilize & Sanitize the Equipment and Surroundings along with safety measures.

Bachelor of Vocation (Beauty and Wellness)

**Semester-III
Salon Management
Course Code – BVBL-3143
Session: 2025-2026
(THEORY)**

Time: 3 hrs.

**Total Marks:50
Theory Marks:35
C.A:15**

Instructions for the Paper Setters:

Eight questions of equal marks (7 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT- I

SALON MANAGEMENT:

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.

UNIT- II

- Types of services and their cost.
- Types of employees and employment.
- Record keeping: Income and Expenditure
- Retailing and Salesmanship

UNIT- III

- Advertising and Appointments
- Maintenance
- Common equipment required for salon operation

UNIT- IV

FIRST AID

- Cut or Abrasions
- Burns
- Other salon Injuries
- Precautions and safety measures during the procedure

BOOKS RECOMMENDED:

- Complete beauty book by Helen Foster
- Standard Text Book Of Cosmetology by Milady.
- Milady's, Text Book of Cosmetology, 2000, Milady Publication, America.
- Clean :A History of Personal Hygiene and Purity By Virginia Smith(Author)

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Techniques of Hair Texturing

Course Code - BVBP-3144

Session: 2025-2026

(PRACTICAL)

Course Outcomes:

CO 1: To learn about the right products, implements and cutting tools used in hair cutting.

CO 2: To understand how to deal with client.

CO 3: Understand about advance techniques of hair cuttings.

CO 4: Students Will Learn the Techniques of Handling the Tools.

CO 5: Knowledge of cutting according to face shapes.

Bachelor of Vocation (Beauty and Wellness)
Semester-III
Techniques of Hair Texturing
Course Code - BVBP-3144
Session: 2025-2026
(PRACTICAL)

Time: 3 hrs.

Total Marks: 100
Practical Marks : 70
C.A: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

SCIZZORING:

- Implements and tools of hair cutting
- Types of head shapes
- Various terms used in cutting
- Sectioning of hair cutting
- Hair cutting Angle System
- Types of cutting and its techniques
- Preparation of the client
- Client consultation
- File work

Books Recommended:

- Complete beauty book by Helen Foster.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty and Wellness)
Semester-III
Hair Coloring
Course Code – BVBP-3145
Session: 2025-2026
(PRACTICAL)

Course Outcomes:

CO 1: To understand the Ownership of salon.

CO 2: To grab the knowledge of Salesmanship.

CO 3: To Learn how to deal with Employees.

CO4: Students will develop their skill to set up a Beauty Salon Business and manage it effectively

Bachelor of Vocation (Beauty and Wellness) Semester-III
Hair Coloring
Course Code – BVBP-3145
Session: 2025-2026
(PRACTICAL)

Time: 3 hrs

Total Marks:100
Practical Marks : 70
C.A: 30

Instruction For Practical Examiner :

Question paper is to be set on the spot jointly by Internal and External Examiner.

FASHION COLORS

- Highlights
- Global Coloring
- Heena Applications
- Fashion Shades
- Frosting
- Cap Technique
- Mixing technique
- Streaking
- Identifying Natural Level and Tone

Books Recommended:

- Complete beauty book by Helen Foster
- Professional Hair Dressing by Martin Green Leo Palladino
- Haircoloring in plain English ISBN-10: 1562533576
- The Haircoloring Manual a practical guide to successful hair coloring by MarthaGfemandez

Bachelor of Vocation (Beauty and Wellness)
Semester-III
Assemblage Management
Course Code – BVBP-3146
Session: 2025-2026
(PRACTICAL)

Course Outcomes:

CO 1: To understand the Ownership of salon.

CO 2: To grab the knowledge of Salesmanship.

CO 3: To Learn how to deal with Employees.

CO4: Students will develop their skill to set up a Beauty Salon Business and manage it effectively.

Bachelor of Vocation (Beauty and Wellness)
Semester III
Assemblage Management
Course Code – BVBP-3146
Session: 2025-2026
(PRACTICAL)

Time: 3 hrs.

Total Marks- 50
Practical marks- 35
C.A-15

Instruction for Practical Examiner:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Model of Salon Management Viva Lab
Training File
Presentation

BOOKS RECOMMENDED:

- Koontz Harold and Wehrich Heinz (2006) Esesntials of Management 7th edition Tata Mc Graw Hill Book Company
- Sethi Mohini (2005) Institution Food Management New Age International Publishers
- Tripathi P C (2000) Personnel management 15th ed Sultan Chand ,New Delhi
- A very AC (1991) Modern Guide to Food Service Equipment ,Waveland Press
- Sethi Mohini (2005) Personnel management 15th ed sultan Chand ,New D.

Bachelor of Vocation (Beauty and Wellness)

Semester-III

Internship and Report

Course Code: BVBI-3147

Session: 2025-2026

Time: 3hrs

Max.Marks:75

The students will submit their training reports (in duplicate) within a period of one month in the department . This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student. The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Care of Scalp and Hair

Course Code – BVBL-4141

Session: 2025-2026

(Theory)

COURSE OUTCOME:

CO 1: Students also learn different disorders of hair and scalp both infectious and non- infectious

Students will learn **the** layers of hair its composition and its types

CO 2: To impart the knowledge of shampoo and additives used in it.

CO 3: Train the students with different techniques of scalp with different electrical equipments.

CO 4: To know the hair analysis for curing the problems related to scalp and hair.

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Care of Scalp and Hair

Course Code – BVBL-4141

Session: 2025-2026

(Theory)

Time:3hrs.

TotalMarks:100

Theory marks:70

C.A:30

Instructions for the PaperSetters:

Eight questions of equal Marks (14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Disorders of Hair & Scalp

UNIT – I

- Infectious disease
- Non- Infectious disease

UNIT – II

- What is shampoo and how does a shampoo act?
- Types of shampoo

Scalp Treatment

UNIT – III

- Massage
- Application Of heat
- Vibratory Massage

UNIT – IV

- Hair Analysis
- Oil Treatment
- Knowledge of natural ingredients

Books Recommended:

- Complete beauty book by HelenFoster.
- Standard text book of CosmetologyMilady's.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Harper and GlennLewis.

Bachelor of Vocation (Beauty and Wellness)
Semester-IV
Hair Coloring and Bleaching
Course Code – BVBL-4142
Session: 2025-2026
(Theory)

COURSE OUTCOMES:

CO1: Students will learn about types and classification of colors

CO 2: Students will learn the new trends used in hair coloring like virgin Hair tinting and tin try touch.

CO 3: To understand proper knowledge of colors mixing and learn about the right products, implements used in hair coloring.

CO4: Students will come to know how to consult a client regarding a different salon service

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Hair Coloring and Bleaching

Course Code – BVBL-4142

Session: 2025-2026

(Theory)

Time: 3 hrs

Total Marks 100

Theory Marks:70

C.A:30

Instructions for the Paper Setters:

Eight questions of equal Marks(14 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

HAIR COLOURING

- Classification of Colour
- Types of colour
- Colour depth and tone.

UNIT-II

One step Tinting

- Virgin hair tinting
- Darker shade
- Tint retouch
- High lighting shampoo tints

UNIT-III

Blonde and Blonde Effects

- Applied techniques, mixing techniques
- Single Processing for VirginHair
- importance of patchtest

UNIT-IV

- Salon menu of services
- Release statement
- Client consultation

Books Recommended:

- Complete beauty book by HelenFoster.
- Harper and GlennLewis.
- Hair Yoga: Caring for your Hair the Right Way by JawedHabib

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Superfluous Hair

Course Code – BVBM-4143

Session: 2025-2026

(Theory)

COURSE OUTCOMES:

CO 1: Understand the superfluous methods and its safety methods.

CO 2: Understand the tools, products, equipment and techniques epilation services

CO 3: Understand the tools, products, equipment and techniques depilation services.

CO 4: Students will come to know how to consult a client regarding different lightning techniques.

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Superfluous Hair

Course Code – BVBM-4143

Session: 2025-2026

(Theory)

Time:3hrs.

Total Marks:100

Theory Marks: 40

Practical marks:30

C.A:30

Instructions for the Paper Setters:

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

INTRODUCTION

- Study of Superfluous hair
- Causes of superfluous hair
- Sterilization and Sanitation

Unit-I

Unit-II

EPILATION

- Methods of epilation
- Procedure
- Client preparation
- Contra-indication

Unit-III

DEPILATION

- Methods of depilation
- Safety Precautions
- Methods of permanent hair removal

Unit-IV

HAIR LIGHTENING

- Lightening the hair
- Its types
- Preparing the client
- Procedure
- Patch test

Books Recommended:

- Complete beauty book by Helen Foster.
- Standard text book of Cosmetology Milady's.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J. Goldberg.

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Superfluous Hair

Course Code – BVBM-4143

Session: 2025-2026

(Practical)

Time: 3 hrs

Practical marks: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Different technique of removing Method:

- Threading
- Tweezing.
- Shaving
- Full body bleach
- Full body Waxing
- Depilatory treatment

**Viva
Presentation**

Books Recommended:

- Complete beauty book by HelenFoster.
- Standard text book of CosmetologyMilady's.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty and Wellness)

Semester IV

Hair Styling

Course Code – BVBP -4144

Session -2025-2026

(Practical)

COURSE OUTCOMES

CO 1: Students will learn about the right products, implements and tools used in hair Styling.

CO 2: Students will understand about proper knowledge of hair styling.

CO 3: Students understand the advance Techniques of hair styling.

CO 4: Students will Learn Hair Styling With Thermal Equipments.

Bachelor of Vocation (Beauty and Wellness)

Semester IV

Hair Styling

Course Code – BVBP -4144

Session -2025-2026

(Practical)

Time: 3 hrs.

Total Marks: 100

Practical marks: 70

C.A: 30

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- **Factor to Be Consider While Styling**
- **Technique of hair Styling**

(a)Styling For Dry Hair

(b)Styling For Wet Hair

- **Different Types of Curls**
- **Wigs Setting**
- **Different Types of Braiding**
- **Occasional Hair Buns**

Viva

LabTraining

Books Recommended:

- Professional Hair Dressing by Martin Green LeoPalladino.
- The Art Of Hair Coloring Book By David Adams and JackiWadson.

Bachelor of Vocation (Beauty and Wellness)
Semester-IV
Chemical Hair Relaxing
Course Code – BVBP-4145
Session: 2025-2026
(Practical)

COURSE OUTCOMES:

CO 1: Students will understand the technique of relaxing

CO 2: Students learn about of get material and procedure used for chemical treated hair.

CO 3: Students will learn the technique of Permanent hair straightening by Break the Natural Bond.

CO 4: To grab the knowledge for person hygiene and learn healthy habits.

Bachelor of Vocation (Beauty and Wellness)

Semester-IV

Chemical Hair Relaxing

Course Code – BVBP-4145

Session: 2025-2026

(Practical)

Time: 3 hrs.

Total Marks:50
Practical marks:35
C.A:15

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Chemical Hair Relaxing:

- (a)For Dry Hair
- (b)For Oily Hair
- (c)For chemical treated hair

Relaxing treatment on new growth (retouch)

Chemical hair relaxing:

material used

Procedure

Viva

Presentation

Books Recommended:

- Complete beauty book by HelenFoster.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Laser Hair Removal By David J.Goldberg.

Bachelor of Vocation (Beauty and Wellness)
Semester IV
Advance Hair Treatment
Course Code-BVBP-4146
Session: 2025-2026
(Practical)

COURSE OUTCOMES

CO 1: Students will learn the right products, implements used in hair treatments

CO 2: Students will get to know the different disorders of Hair.

CO3: Understand about advance techniques of hair treatments.

CO4: Students will get to know power hair treatments.

Bachelor of Vocation (Beauty and Wellness)

Semester IV

**Advance Hair Treatment
Course Code - BVBP-4146**

Time: 3 hrs.

Session: 2025-2026

(Practical)

**Total Marks: 100
Practical marks: 70
C.A : 30**

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner

- High frequency
- Power repair treatment
- Keratin Treatment
- Spa Treatment
- Smart bond treatment

Viva

Presentation

Books Recommended:

- Complete beauty book by Helen Foster.
- Standard text book of Cosmetology Milady's.
- Laser Hair Removal By David J. Goldberg.

**Bachelor of Vocation (Beauty and Wellness)
Semester-IV**

Internship and Report

Course Code:

BVBI-4147

Session: 2025-2026

Time: 3hrs

Max. Marks: 100

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her own assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone.

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Chemical Hair Procedures

Course Code: BVBL-5141

Session: 2025-2026

(THEORY)

Time: 3hrs

Max Marks: 50

Theory Marks :40

CA:10

Instructions for the Paper Setters:

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Permanent Waving:

- Chemistry of permanent waving
- Principle and procedure of relaxing hair

UNIT-II

Permanent hair straightening:

- Chemical used for hair straightening
- Procedure
- Re-touch
- Materials required

UNIT-III

Chemical Hair Relaxing:

- Types of chemical relaxer
- Action of chemical Products
- Client Consultation

UNIT-IV

Chemical Safety:

- Aims and importance of health and safety in workplace
- Hazards and Risks

Books Recommended:

- The Multicultural Client: Cuts, style , and Chemical Services.I-56253-178-6.
- Scali- Sheahan, Maura.Milady's Standard Textbook.
- Professional Barber- Styling.3re Edition I-56253-366-5

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Therapeutic Massage

Course Code: BVBL-5142

Session: 2025-2026

(THEORY)

Time: 3hrs

Max Marks: 100

Total Marks: 80

C.A: 20

Instructions for the Paper Setters:

Eight questions of equal marks(16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Therapeutic Massage:

- Introduction of Therapeutic Massage
- Types of Massage(Swedish massage, deep tissue, hot stone, thai massage)
- Pressure points with Facial Massage
- Motor Points
- Contra indications during Massage

UNIT-II

Reflexology:

- Brief Introduction of Reflexology and Zones of Reflexology
- Relationship between reflexology and massage Draw
- the Map of Foot and Hand Reflexology

UNIT-III

Aromatherapy:

- History of Aromatherapy
- Techniques of Aromatherapy
- The ambience of massage room set up

UNIT-IV

Essential oils:

- Essential oil and its meaning
- Types of Essential oil
- Uses and Benefits of Essential oil

Books Recommended:

- Practical workbook for Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook: A Pivot Point
- Preparing for the practical exam : Milady's Standard Cosmetology

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Electrical and Chemical Treatment

Course Code: BVBL-5143

Session : 2025-2026

(THEORY)

Time: 3hrs

Max Marks:100

Theory Marks :80

CA: 20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Chemical Peels:

- Introduction and Types of Peels
- Procedure, indications and contra indications
- Pre and Post Procedure
- Removing of Chemical Peeling

UNIT-II

Electrical treatments:

- Neuromuscular electrical stimulation (faradic current)
- High Frequency
- Vacuum suction
- Galvanic facial
- Steam with (Hot and Cold)

UNIT-III

Care and storage of electrical equipments:

- Sterilization of equipments
- High standard of hygiene
- Safety selection of appliance.

UNIT-IV

- Physiological and psychological effect of the electrical and chemical treatment.
- Benefits and contraindication of the treatments
- Precaution (before and after)
- Record keeping

Books Recommended:

- Unfolding revolution of chemical peels by Sita Paudal.
- Manual of Chemical Peels; Superficial and medium depth, Mark G.Rubin.Lippincott William and Wikins
- Textbook of chemical Peels (1st Edition): Philippe Depicz, E-bookISBN: 9780203347416
- Step by step chemical Peels: Khungar Niti: J.P.Digital

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Fundamentals of Beauty

Course Code: BVBP-5144

Session : 2025-2026

(PRACTICAL)

Time: 3hrs

Max Marks:50
Practical Marks :40
CA: 10

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Applying false eye lashes
 - Upper eye lash
 - Lower eye lash
- Preparation of client
- Trolley Setting
- Precautions / Saloon Protocol for COVID-19 likes situations
- Tools and equipments used in permanent eyelash extension
- Procedure of permanent eyelash extension
- Eyebrow Mapping
- Self Threading
- Eyebrow Shaping
- Selection of Brow shades

Books Recommended:

- Practical workbook for Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook : A Pivot Point
- Preparing for the practical exam : Milady's Standard Cosmetology.

Bachelor of Vocation (Beauty & Wellness) Semester-V

Massage Therapy

Course Code: BVBP-5145

Session : 2025-2026

(PRACTICAL)

Time: 3hrs

Max Marks:100
Theory Marks :80
CA: 20

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Client Consultation and Preparation
- Trolley Setting For Massage
- Precautions and Contraindications
- Techniques of Different type of Massage :
 - a) Swedish Massage
 - b) Hot Stone Massage
 - c) Aromatherapy Massage
 - d) Deep Tissue Massage
 - e) Sports Massage
 - f) Thai Massage

- Different Types of oil used in Massage (Any five)
- **File Work**
- **Viva**

Books Recommended:

- Practical workbook for Milady's Standard Cosmetology
- Preparing for the practical exam : Milady's Standard Cosmetology
- The Illustrated Guide to Massage and Aromatherapy by Catherine Stuart. Tanushree Podder,
- The Magic of Massage, Pustak Mahal, Delhi

Bachelor of Vocation (Beauty and Wellness)

Semester-V

Skin Treatments and Peeling

Course Code: BVBP-5146

Session: 2025-2026

(PRACTICAL)

Time: 3hrs

Max. Marks: 100

Practical Marks: 80

C.A: 20

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Client Consultation Chart
- Trolley Setting
- Precautions
- Client Setting
- Treatments Prepared:
 - a) Micro derma abrasion Treatment
 - b) Skin whitening Treatment
 - c) Rejuvenating Treatment
 - d) Peeling for Wrinkles
 - e) Peeling for Melasma
- **VIVA**
- **FILE WORK**

Books Recommended:

- The Art of Skin by Zein E Obagi M.D
- Milady's Aesthetician Series by Pamela Hill
- Skin Resurfacing by William P Coleman, Naomi Lawre.

Bachelor of Vocation (Beauty and Wellness) Semester-V

Internship and Report

Course Code: BVBI-5147

Session: 2025-2026

Time: 3hrs

Max Marks: 75

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her own assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone

Bachelor of Vocation (Beauty and Wellness) Semester-VI
Entrepreneurship
Course Code: BVBL-6141
Session: 2025-2026

Course Outcomes:

- CO1:** To understand the concept and features of Entrepreneurship.
- CO2:** To understand the skills and aspects of Entrepreneurship.
- CO3:** To Understand the fact that why Entrepreneurship is important in Beauty industry.
- CO4:** Student can impart the knowledge of legal requirement for new unit

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Entrepreneurship

Course Code: BVBL-6141

Session: 2025-2026

Time: 3hrs

Max Marks: 100

Theory Marks :80

CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- What is Entrepreneurship
- Types of Entrepreneurship
- Traits and Features

UNIT-II

- Study of various essential aspects of entrepreneurship.
- Identification and development of entrepreneurial skills.

UNIT-III

- Role of entrepreneurship skills in Beauty industry
- Sources of funds for Beauty industry

UNIT-IV

- Legal requirements for establishment of new unit
- Determine business, register your business, get EIN, Get licence , local taxes, Budget

Books Recmenened

1. "Fashion Entrepreneur By Sandra Burke, Publisher Burke.
2. "Fashion Buying" By Helen Goworek, Publisher Blackwell.
3. "Inside the Fashion Business" By Dickerson, Publisher Pearson.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Human Resource Management

Course Code: BVBL-6142

Session: 2025-2026

Theory

Course Outcomes:

- CO1:** To understand the history and important of HRM.
- CO2:** To gain knowledge of job analysis and design.
- CO3:** To gain knowledge of Planning Human resources.
- CO4:** To understand the procedure to recruit and select a candidate.

Bachelor of Vocation (Beauty and Wellness)
Semester-VI

Human Resource Management

Course Code: BVBL-6142

Session: 2025-2026

Theory

Time: 3hrs

Max Marks: 100

Theory Marks :80

CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT – I

Introduction of HRM

History of HRM

Aims and Importance of HRM

UNIT – II

Job Analysis and Design

Concept of Job Analysis and Design

Methods of Job Analysis

Job Description-Job Specification

UNIT – III

Human Resource Planning (HRP)

Importance of HRP-Process of HRP-Levels

Types of HRP-Forecasting Demand for employees

UNIT – IV

Recruitment and Selection Process :

Definition and concept of Recruitment-

Sources of recruitment

Recruitment Policies.

Books Recommended:

1. K. Aswathappa, D. Sadhna: International Human Resource Management, Tata Mcgraw-Hill.
2. Monir H. Tayeb: International Human Resource Management, Oxford University Press.
3. Chris Brewster: International Human Resource Management, Orient Longman.
4. Tony Edwards and Chris Rees: International Human Resource Management, Pearson Education.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Merchandising and Retailing

Course Code: BVBL-6143

Session: 2025-2026

Course Outcomes:

CO1: To understand the types and quality of Merchandising.

CO2: To gain detail knowledge of retail organizes structure.

CO3: Students will gain knowledge about different marketing channel for product promotion.

CO4: To impart knowledge about brands and labels and terms used for it.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Merchandising and Retailing

Course Code: BVBL-6143

Session: 2025-2026

Time: 3hrs

Max Marks: 100
Theory Marks :80
CA:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit-I

Merchandising

Introduction
Types of Merchandising
Rights of Merchandising
Qualities of Merchandiser

Unit – II

Retail Organisational structure store

Introduction of Retailing
Retailing format
Role and Responsibility of Retail Fashion
Buyer. Role of Buying and Selling products

Unit – III

Retail Product Promotion

- Marketing Channels
- Planning and Direction
- Retail Advertising
- Publicity
- Special Events
- Visual merchandise
- Personal Selling
- Relationship Marketing

Unit – IV

Brands and labels

Purchase Term: Discount, Purchase Order, Payment Terms.

Costing: Cost Price, Selling Price, Backward costing.

Books Recommended:

1. John Donnellan, Merchandise Buying & Management, 2001, FairchildBooks.
2. Kitty G. Dickerson, Inside the Fashion Business, 7th Edition, 2003, PrenticeHall.
3. Elain Stone, The Dynamics of Fashion , 2004, Fairchild.
4. Jay Diamond; Elton Diamond, The World of Fashion, 2007, Fairchild.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Concept Development

Course Code: BVBP-6144

Session: 2025-2026

Course Outcomes:

- CO1:** Students will complete conceptual exercises designed to develop creative and analytical problem solving skills
- CO2:** Students will begin to understand and define concepts as overriding ideas.
- CO3:** Students will learn the basics of descriptive drawing for animation.
- CO4:** The translation of idea to animation will be practiced through exercises and visual storyboards.
- CO5:** Students will be introduced to basic treatments and narrative structure; basic shots and film language

Bachelor of Vocation (Beauty and Wellness)
Semester-VI
Concept Development
Course Code: BVBP-6144
Session: 2025-2026

Time: 3hrs

Max Marks: 100
Practical Marks :80
CA:20

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Development of 3 concepts based on inspiration and trends.
- Design exploration using templates or sketches (based on concepts)
- Final portfolio completion and presentation.

Books Recommended:

1. The straight- Talking Beauty Companion by Sali Hughes.
2. The Little Dictionary of Fashion by Christian Dior.
3. Concept Development and the Development of Word Meaning by Seiler and T.B., Wannemacher

Bachelor of Vocation (Beauty & Wellness)
Semester-VI
Computer Application
Course Code: BVBP-6145
Session: 2025-2026

Course Outcomes:-

CO1: Students know to Work effectively with a range of current, standard, OfficeProductivity software applications.

CO2: Students learn to Operate a variety of advanced spreadsheet, operatingsystem and word processing functions.

CO3: Students learn to solve a range of problems using office productivity applications, and adapt quickly to new software releases.

CO4: Students know to Maintain quality assurance through critically evaluating procedures and results.

Bachelor of Vocation (Beauty and Wellness)

Semester-VI

Computer Application
Course Code: BVBP-6145
Session: 2025-2026

Time: 3hrs

Max Marks: 100
Practical Marks :80
CA:20

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Adobe Photoshop
- Coral Draw – drawing face, features & illustrating make-ups & hairstyles.
- Making mood boards/collages
- Editing pictures of faces/hairs to illustrate make-ups and hair style design.

Books Recommended:

1. Adobe Photoshop,12.0
2. Gruman, Galen, Adobe in Design Cs2Bible.2
3. Adobe Illustrator,12.0
4. Golding, Mordy, Adobe Creative Suite2

Bachelor of Vocation (Beauty and Wellness) Semester-VI
Internship and Report
Course Code: BVBI-3147
Session: 2025-2026

Time: 3hrs

Max.Marks:75

The students will submit their training reports (in duplicate) within a period of one month in the department . This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student. The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone .