### FACULTY OF VOCATIONAL STUDIES

#### **SYLLABUS**

 $\mathbf{of}$ 

**Bachelor of Vocation (Beauty & Wellness)** 

(Semester: I to VI)

### (Under Credit Based Continuous Evaluation Grading System)

**Session: 2020-21** 



The Heritage Institution

KANYA MAHA VIDYALAYA

JALANDHAR

(Autonomou)

#### Bachelor of Vocation (Beauty & Wellness)Semester-I

**Session: 2020-21** 

#### Name of the QP- Beauty Therapist BWS/Q0102

(NSQF Level-4)

Course Title	C/S/I/V	Course Code	Total Credits	Marks				Examinati on
							CA	(Hrs)
				Total	L	P		
Punjabi (Compulsory) <sup>1</sup> Basic Punjabi <sup>2</sup> PHC	С	BVBL- 1421	2	50	40	-	10	3Hrs
		BVBL-1031 BVBL-1431						
Communication Skill in English-I	С	BVBL-1102	4	50	40		10	3Hrs
Sterilization, Hygiene and Sanitation	С	BVBL-1143	2	50	40		10	3Hrs
Anatomy of Skin	S	BVBM-1144	4	100	40	40	20	3+3Hrs
Scalp and Hair	S	BVBM-1145	4	100	40	40	20	3+3Hrs
Skin Care	S	BVBP- 1146	2	50		40	10	3Hrs
Fashion and Basic Makeup	S	BVBP- 1147	2	50		40	10	3Hrs
Internship and Project Report	S	BVBI-1148	6	75		-	-	
*Drug Abuse: Problem Management	AC	AECD-1161	2	50	40		10	3Hrs
Foundation Programme	AC	SECF-1492	2	20	20		5	1Hr
		Total	30	525				

**C-Compulsory** 

**E-Elective** 

**AC- Audit Course** 

<sup>&</sup>lt;sup>1</sup>Special paper in lieu of Punjabi (Compulsory).

<sup>&</sup>lt;sup>2</sup>Special paper in lieu of Punjabi (Compulsory) for those students who are not domicile of Punjab.

<sup>\*</sup>Credits of these paper will not be included in SGPA/CGPA of the student.

#### Kanya Maha Vidyalaya, Jalandhar ( Autonomous)

#### SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Bachelor of Vocation (Beauty & Wellness) Semester – II Session: 2020-21

Name of the QP: Makeup Artist (BWS/Q0301) (NSQF Level-5)

Course Title	C/S/I /V	Course Code Total Marks Credit			CA	Examination		
				Tot al	L	P		(Hrs)
Punjabi (Compulsory)/ Basic Punjabi PHC	С	BVBL-2421 BVBL-2031 BVBL-2431	2	50	40	-	10	3hrs
Communication Skill in English- II	С	BVBM-2102	4	50	25	15	10	3hrs
Health and Safety in the Workplace	С	BVBL-2143	2	50	40	-	10	3Hrs
Beauty and Personality Development	S	BVBM- 2144	4	100	40	40	20	3+3Hrs
Fashion Makeover	S	BVBP-2145	4	100	-	80	20	3Hrs
Photographic Make-up	S	BVBP-2146	4	100	-	80	20	3Hrs
Internship and Project Report	S	BVBI-2147	6	75	-	-	-	
*Drug Abuse: Problem Management and Prevention	AC	AECD-2161	2	50	40	-	10	3Hrs
*Moral Education Programme	A C	SECM-2502	2	25	20	-	5	1Hrs
		Total	30	525				

**C-Compulsory** 

**S-Skill Enhancement** 

**AC-Audit course** 

<sup>&</sup>lt;sup>1</sup> special course in lieu of Punjabi (compulsory)

<sup>&</sup>lt;sup>2</sup>special course in lieu of punjabi (compulsory) for those students who are not domicile of Punjab.

<sup>\*</sup>Grades points or Grades of these courses will not be included in the SGPA/CGPA of semester/programme

# Kanya Maha Vidyalaya , Jalandhar ( Autonomous) SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME Bachelor of Vocation (Beauty & Wellness) Sem-III

Session: 2020-2021

Name of the QP: Hair Care Trainer (BWS/Q0210) (NSQF Level-6)

Course Titles	Course type	Course Code	Total Credits		Examinat ion time			
				Total	E	Ext.		(in Hours)
					L	P		
Histology of Hair	С	BVBL-3141	4	100	80	-	20	3
Knowledge of Hair Bond	С	BVBL-3142	4	100	80	-	20	3
Salon Management	С	BVBL-3143	2	50	40	-	10	3
Techniques of Hair Texturing	S	BVBP-3144	4	75	-	60	15	3
Hair Coloring	S	BVBP-3145	4	75	-	60	15	3
Assemblage Management	S	BVBP-3146	4	75	-	60	15	3
Internship and Project Report	S	BVBI-3147	6	75	-	-	-	
Gender Sensitization	S	SECG-3532	2	25	20	-	5	2
		Total	30	575				

C – Compulsory

S - Skill Enhancement

#### Bachelor of Vocation (Beauty & Wellness) Sem-IV Session-2020-21

Course Titles	Cour se	Course Code	Total Credits	Marks				Examination time
	type			Total	I	Ext.	CA	(in Hours)
					L	P		
Care of Scalp and Hair	С	BVBL-4141	4	75	60	-	15	3
Hair Coloring and Bleaching	С	BVBL-4142	4	75	60	-	15	3
Superfluous Hair	S	BVBM-4143	4	100	40	40	20	3
Hair Styling	S	BVBP-4144	4	75	-	60	15	3
Chemical Hair Relaxing	S	BVBP-4145	2	50	-	40	10	3
Advance Hair Treatment	S	BVBP-4146	2	50	-	40	10	3
Internship and Project Report	S	BVBI-4147	6	75	-	75	-	-
Environmental Studies (Compulsory)	С	AECE-4221	4	100	60	20	20	3
Social Outreach	С	SECS-4522	2	25	-	20	05	
		Total	30	500				

C-Compulsory S-Skill Enhancement

#### Bachelor of Vocation (Beauty & Wellness) Semester-V

**Session: 2020-21** 

Name of the QP : Institute Head(BWS/Q0606)

(NSQF Level- 7)

Course Titles Cour	Course Type	Course Code	Total Credits			Examinat-		
		Course Coue	Credits	Total	Ext.		CA	ion time
					L	P		(in Hours)
Chemical Hair Procedures	С	BVBL-5141	4	50	40	-	10	3
Therapeutic Massage	С	BVBL-5142	4	100	80	-	20	3
Electrical and Chemical Treatment	С	BVBL-5143	4	100	80		20	3
Fundamentals of Beauty	S	BVBP-5144	4	50	-	40	10	3
Massage Therapy	S	BVBP-5145	4	100	-	80	20	3
Skin Treatments and Peeling	S	BVBP-5146	4	100		80	20	3
Internship and Project Report	S	BVBI-5147	6	75	-	-	-	
roject Report		Total	30	575				

**C-Compulsory** 

S- Skill Enhancement

#### Bachelor of Vocation (Beauty & Wellness) Semester – VI Session : 2020-2021

Course Title			Total Credit	Marks			CA	Examination
				Total	L	P		(Hrs)
Entrepreneurship	С	BVBL-6141	4	100	80		20	3hrs
Human Resource Management	С	BVBL-6142	4	100	80		20	3hrs
Merchandising and Retailing	С	BVBL-6143	4	100	80		20	3Hrs
Concept Development	S	BVBP-6144	6	100		80	20	3+3Hrs
Computer Application	S	BVBP-6145	6	100		80	20	3Hrs
Internship and Project Report	S	BVBI-6146	6	75				
		Total	30	575				

C-Compulsory S-Skill Enhancement

# Bachelor of Vocation (Beauty & Wellness) Punjabi (Compulsory) Course Code: BVBL-1421 Session: 2020-21

(THEORY)

ਸਮਾਂ : 3 ਘੰਟੇ Maximum Marks : 50

Theory: 40

CA : 10

#### ਪਾਠਕ੍ਰਮ ਅਤੇ ਪਾਠ ਪੁਸਤਕਾਂ

ਯਨਿਟ-I

ਅਾਤਮਅਨਾਤਮ(ਕਵਿਤਾਭਾਗ),(ਸੰਪ. ਸੁਹਿੰਦਰ ਬੀਰ ਅਤੇ ਵਰਿਆਮਸਿੰਘ ਸੰਧੂ) ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ। ਪ੍ਰੋ.ਪੂਰਨਸਿੰਘ,ਪ੍ਰੋ.ਮੋਹਨਸਿੰਘ,ਅੰਮ੍ਰਿਤਾਪ੍ਰੀਤਮ,ਜਗਤਾਰ,ਸੁਰਜੀਤਪਾਤਰ( ਕਵੀ ਪਾਠਕ੍ਰਮਦਾਹਿੱਸਾਹਨ)

( **ਸਾਰ**,ਵਿਸ਼ਾਵਸਤੁ)08 ਅੰਕ

ਯਨਿਟ-II

ਗਿਆਨਮਾਲਾ(ਵਿਗਿਆਨਕ ਤੇ ਸਮਾਜਵਿਗਿਆਨਕ ਲੇਖਾਂਦਾ ਸੰਗ੍ਰਹਿ),(ਸੰਪਾ.ਡਾ. ਸਤਿੰਦਰਸਿੰਘ, ਪ੍ਰੋ.ਮਹਿੰਦਰਸਿੰਘਬਨਵੈਤ), ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯਨੀਵਰਸਿਟੀ,ਅੰਮ੍ਰਿਤਸਰ।

ਲੈੱਖ : ਭਰੁਣ ਹੱਤਿਆ ਦੇ ਦੇਸ਼ ਵਿਚ, ਵਾਤਾਵਰਣੀਪ੍ਰਦੂਸ਼ਣ ਅਤੇ ਮਨੁੱਖ, ਏਡਜ਼ : ਇਕਗੰਭੀਰ ਸੰਕਟ।

(**ਸਾਰ**,ਵਿਸ਼ਾਵਸਤੁ)08 ਅੰਕ

ਯੂਨਿਟ-III

**(ੳ)**ਪੈਰ੍ਹਾਰਚਨਾ

(ਅ)ਪੈਰ੍ਹਾਪੜ੍ਹ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉਤਰ।

08 ਅੰਕ

ਯਨਿਟ-IV

(ੳ)ਪੰਜਾਬੀ ਧਨੀਵਿੳਂਤ : ਪਰਿਭਾਸ਼ਾ,ੳਚਾਰਨਅੰਗ

(ਅ)ਸਵਰ, ਵਿਅੰਜਨ

08 ਅੰਕ

#### ਅੰਕਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕਲਈਹਦਾਇਤਾਂ

- ਪ੍ਰਸ਼ਨਪੱਤਰ ਦੇ ਚਾਰ ਸੈਕਸ਼ਨਹੋਣਗੇ।ਸੈਕਸ਼ਨA-Dਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟI-IV ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਸੈਕਸ਼ਨਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੱਛੇ ਜਾਣਗੇ।
- 2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲਪੰਜਪ੍ਰਸ਼ਨਕਰਨੇ ਹਨ। ਹਰ ਸੈਕਸ਼ਨਵਿਚੋਂਇਕਪ੍ਰਸ਼ਨਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂਪ੍ਰਸ਼ਨਕਿਸੇ ਵੀ ਸੈਕਸ਼ਨਵਿਚੋਂਕੀਤਾਜਾ ਸਕਦਾ ਹੈ।
- 3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 08 ਅੰਕਹਨ।
- 4. ਪੇਪਰ ਸੈੱਟ ਕਰਨਵਾਲਾਜੇਕਰਚਾਹੇ ਤਾਂਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡਅੱਗੋਂਵੱਧਤੋਂਵੱਧਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂਵਿਚਕਰ ਸਕਦਾ ਹੈ।

## Bachelor of Vocation (Beauty & Wellness) BASIC PUNJABI Course Code: BVBL-1031

Session: 2020-21 (THEORY)

ਸਮਾਂ 3 ਘੰਟੇ

Maximum Marks: 50

Theory: 40

CA : 10

ਪਾਠਕ੍ਰਮ

ਯੂਨਿਟ-I

ਪੈਂਤੀਅੱਖਰੀ, ਅੱਖਰਕ੍ਰਮ, ਪੈਰਬਿੰਦੀਵਾਲੇ ਵਰਣ ਅਤੇ ਪੈਰਵਿਚਪੈਣਵਾਲੇ ਵਰਣ ਅਤੇ ਮਾਤਰਾਵਾਂ (ਮੁੱਢਲੀਜਾਣਪਛਾਣ) ਲਗਾਖ਼ਰ (ਬਿੰਦੀ, ਟਿੱਪੀ, ਅੱਧਕ) : ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ ।

08ਅੰਕ

ਯੂਨਿਟ-II

ਪੰਜਾਬੀਸ਼ਬਦਬਣਤਰ : ਮੁੱਢਲੀਜਾਣਪਛਾਣ (ਸਾਧਾਰਨਸ਼ਬਦ, ਸੰਯੁਕਤਸ਼ਬਦ, ਮਿਸ਼ਰਤਸ਼ਬਦ,ਮੂਲ ਸ਼ਬਦ, ਅਗੇਤਰ ਅਤੇ ਪਿਛੇਤਰ) 08ਅੰਕ

ਯੂਨਿਟ-III

ਨਿੱਤਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀਸ਼ਬਦਾਵਲੀ : ਬਾਜ਼ਾਰ, ਵਪਾਰ, ਰਿਸ਼ਤੇਨਾਤੇ, ਖੇਤੀ ਅਤੇ ਹੋਰਧੰਦਿਆਂਆਦਿਨਾਲ ਸੰਬੰਧਤ।

08 ਅੰਕ

ਯੂਨਿਟ-IV

ਹਫ਼ਤੇ ਦੇ ਸੱਤਦਿਨਾਂ ਦੇ ਨਾਂ, ਬਾਰ੍ਹਾਂਮਹੀਨਿਆਂ ਦੇ ਨਾਂ, ਰੁੱਤਾਂ ਦੇ ਨਾਂ, ਇੱਕਤੋਂ ਸੌ ਤੱਕਗਿਣਤੀਸ਼ਬਦਾਂਵਿਚ । 08ਅੰਕ

ਅੰਕਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕਲਈਹਦਾਇਤਾਂ

- ਪ੍ਰਸ਼ਨਪੱਤਰ ਦੇ ਚਾਰ ਸੈਕਸ਼ਨਹੋਣਗੇ।ਸੈਕਸ਼ਨA-Dਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟI-IV ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਸੈਕਸ਼ਨਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
- 2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜਪ੍ਰਸ਼ਨਕਰਨੇ ਹਨ। ਹਰ ਸੈਕਸ਼ਨਵਿਚੌਂਇਕਪ੍ਰਸ਼ਨਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂਪ੍ਰਸ਼ਨਕਿਸੇ ਵੀ ਸੈਕਸ਼ਨਵਿਚੌਂਕੀਤਾਜਾ ਸਕਦਾ ਹੈ।
- 3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 08 ਅੰਕਹਨ।
- 4. ਪੇਪਰ ਸੈੱਟ ਕਰਨਵਾਲਾਜੇਕਰਚਾਹੇ ਤਾਂਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡਅੱਗੋਂਵੱਧਤੋਂਵੱਧਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂ ਵਿਚਕਰ ਸਕਦਾ ਹੈ।

### Bachelor of Vocation (Beauty & Wellness) Punjab History and Culture

Course Code: (BVBL-1431) Session: 2020-21 (THEORY)

Examination Time: 3 Hours
Credits L-T-P: 2-0-0
Contact Hours: 2Hrs/Week
Max. Marks: 50
Theory: 40
CA: 10

#### **Instructions for the Paper Setter:**

- 1. Question paper shall consist of four Units
- 2. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.
- 3. Candidates shall attempt **5 questions** in **600** words, by at least selecting **One Question** from each Unit

and the 5<sup>th</sup> question may be attempted from any of the four Units.

4. Each question will carry 8 marks

#### Unit-I

- 1. Physical features of the Punjab
- 2. Sources of the ancient history of Punjab

#### **Unit-II**

- 3. Harappan Civilization: social, economic and religious life of the Indus Valley People.
- 4. The Indo-Aryans: Original home

#### **Unit-III**

- 5. Social, Religious and Economic life during Early Vedic Age.
- 6. Social, Religious and Economic life during Later Vedic Age.

#### **UNIT-IV**

- 7. Teachings of Buddhism
- 8. Teachings of Jainism

#### **Suggested Readings**

- 1. L. M Joshi (ed.), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3<sup>rd</sup> edition)
- 2. L.M. Joshi and Fauja Singh (ed.), History of Punjab, Vol.I, Patiala 1977.
- 3. BudhaParkash, Glimpses of Ancient Punjab, Patiala, 1983.
- 4. B.N. Sharma, Life in Northern India, Delhi. 1966.
- 5. Chopra, P.N., Puri, B.N., and Das, M.N.(1974). A Social, Cultural and Economic History of India, Vol. I, New Delhi: Macmillan India.

## Bachelor of Vocation (Beauty & Wellness) COMMUNICATION SKILLS IN ENGLISH Course Code: BVBL-1102

**Session: 2020-21** 

Max. Marks: 50

Theory: 40

**Continuous Assessment: 10** 

**Instructions for the paper setter and distribution of marks:** 

The question paper will consist of four sections. The candidate will have to attempt five questions in all selecting one from each section and the fifth question from any of the four sections. Each question will carry 8 marks.

**Section-A:** Two questions of theoretical nature will be set from Unit I.

Section-B: Two comprehension passages will be given to the students based on Unit II.

**Section-C:** Two questions will be given from Unit III.

**Section-D:**Two questions will be set from Unit IV.

#### The syllabus is divided in four units as mentioned below:

#### Unit I

**Reading Skills**: Reading Tactics and strategies; Reading purposes–kinds of purposes and associated comprehension; Reading for direct meanings.

#### **Unit II**

Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/expressions.

#### **Activities:**

- Comprehension questions in multiple choice format
- Short comprehension questions based on content and development of ideas

#### **Unit III**

**Writing Skills**: Guidelines for effective writing; writing styles for application, personal letter, official/business letter.

#### **Activities**

- Formatting personal and business letters.
- Organising the details in a sequential order

#### **Unit IV**

Resume, memo, notices etc.; outline and revision.

#### **Activities:**

- Converting a biographical note into a sequenced resume or vice-versa
- Ordering and sub-dividing the contents while making notes.
- Writing notices for circulation/ boards

#### **Recommended Books:**

- 1. Oxford Guide to Effective Writing and Speaking by John Seely.
- 2. Business Communication, by Sinha, K.K. Galgotia Publishers, 2003.
- 3. Business Communication by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
- 4. Communication Skills by Raman, M. and S. Sharma, OUP, New Delhi, India (2011).
- 5. English Grammar in Use: A Self Study Reference and Practice Book Intermediate Learners Book by Raymond Murphy, Cambridge University Press.

#### Bachelor of Vocation (Beauty & Wellness) Semester-I Sterilization, Hygiene and Sanitation

Course Code: BVBL-1143

Session: 2020-21 (THEORY)

Time: 3hrs

Max Marks: 50
Theory Marks: 40

CA:10

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

- What is Personal Hygiene
- What is Public Hygiene
- Hygiene and Good Grooming

**UNIT-II** 

- Methods of Sterilization
- Sanitation and its Types
- Physical Agents

**UNIT-III** 

- Chemical Agents
- Chemical Disinfectant
- Antiseptics

**UNIT-IV** 

- Suggestions for Sanitation
- General Salon Hygiene Rules

- Complete beauty book by Helen Foster.
- Harper and Glenn Lewis.
- Standard text book of Cosmetology Milady's

#### Bachelor of Vocation (Beauty & Wellness) Semester-I **Anatomy of Skin** Course Code: BVBM-1144 Session - 2020-21 (THEORY)

Time: 3 hrs Max. Marks: 100 Theory Marks: 40

**Practical Marks: 40** CA: 20

#### **Instructions for the Paper Setters**

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Ouestions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

#### **UNIT-I**

#### COSMETOLOGY

- Aims and Objectives
- Importance

**UNIT-II** 

- **SKIN:**
- Anatomy of Skin
- Function of

Skin **UNIT-III** 

Types of Skin

#### **MASSAGE:**

- Benefits of massage.
- Basic Manipulations used in massage.
- Points to remember while Massage.
- Facial Therapies with Pressure points of Different types of skin.

**UNIT-IV** 

**PROBLEMS OF SKIN:** Disorders of skin- acne, rosacea, psoriasis, pigmentation, seborrhoea, eczema, blemishes, bulla, sun tan, anti –ageing, dark circle, crowsfeet, vitiligo.

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis

#### Bachelor of Vocation (Beauty & Wellness) Semester-I Anatomy of Skin Course Code: BVBM-1144 Session – 2020-21 (PRACTICAL)

Time: 3hrs. Practical Marks: 40

#### **Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

#### SKIN TREATMENT WITH GALVANIC and HIGH FREQUENCY

- (i) Skin analysis
- (ii) Brushing unit
- (iii) Viva
- (iv)Presentation
- (v)File work

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis

### **Bachelor of Vocation (Beauty & Wellness) Semester-I**

#### **SCALP AND HAIR**

Course Code: BVBM-1145 Session: 2020-21 (THEORY)

Time:3hr. Max Marks: 100

Theory:40 Practical:40

CA: 20

#### **Instructions for the Paper Setters**

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

UNIT-I

#### STRUCTURE OF HAIR:

Composition of Hair Division of Hair Types of Hair

#### DISORDER OF THE HAIR AND SCALP

Non- Infections Infectious

UNIT II UNIT-I

#### GROWTH AND REPLACEMENT

Hair Cycle Hair Analysis Hair Pigments

#### PLAY WITH CHEMICALS

- Rebonding and Smoothening
- Perming
- Hair Spa

#### UNIT-III

#### KNOWLEDGE OF PHYSICAL AND CHEMICAL CLASSIFICATION:

- Shampoo
- Hair conditioners and Rinses
- Setting Gels and Lotions
- Hair Tonics
- Hair Oil
- Principle of color and color correction.
- Types of color
- Client consultation
- Applied techniques, mixing techniques
- Client consultation

#### **UNIT-IV**

#### **CARE OF SCALP:**

Treatments of scalp with the help of natural ingredients and different types of Products. Different Electrical Equipments used in scalp treatment.

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

#### Bachelor of Vocation (Beauty & Wellness) Semester-I SCALP AND HAIR Course Code: BVBM-1145

Session: 2020-21 (PRACTICAL)

Time: 3 hrs Practical Marks: 40

#### **Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

#### HAIR STYLING

- Wet hair styling
- Thermal styling- straightening, curling, crimping, waving, roller setting
- Hair extensions- wigs, extensions
- Treatments of scalp with the help of natural ingredients and different types of Products.
- Different Electrical Equipments used in scalp treatment
- Presentation
- File work
- Viva

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

#### Bachelor of Vocation (Beauty & Wellness) Semester-I Skin Care Course Code: BVBP-1146 Session:2020-21 (PRACTICAL)

Time: 3 hrs

**Practical Marks: 40** 

#### **Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

#### **SKIN CARE:**

- Deep Cleansing
- Facial Manipulation
- Bleaches
- Manicure
- Pedicure
- Waxing
- Threading
- Knowledge of skin analysis

#### CARE OF FEET AND HANDS

- Manicure
- Pedicure

**Skin Treatments:** Different types of skin treatments with the help of natural ingredients like packs, masks and creams for different skin

Viva File work

- Complete beauty book by Helen Foster
- K.I.S.S (Keep it Simple Series) by Laura Bailey
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- The Ultimate Guide to being naturally gorgeous by Sarah Stacey and Gosephine Fairley.

#### Bachelor of Vocation (Beauty & Wellness) Semester-I Fashion and Basic Makeup Course Code: BVBP-1147 Session:2020-21

(PRACTICAL)

Time: 3hrs. Practical Marks: 40

#### **Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

#### FACIAL MAKEUP

#### **Preparation for makeup application-(Equipment, Tools)**

- Base according to day/night
- Fashion Cosmetics
- Fashion Brands in Cosmetics
- Makeup and accessories according to occasion
- Basic makeup
- Casual make up
- Party makeup
- Day makeup
- Self makeup
- Product knowledge

Viva File work

#### **BOOKS RECOMMENDED:**

- Kevyn Aucoin ,Harper Collins ,1995,The Art of Make Up
- Mary Quant, DK Publishing, 1996, Classic Make Up and Beauty
- Kevyn Aucoin, Little Brown and Company, 2000, Face Forward
- Arlene Mathew ,The Complete Beauty Book,2004, Varun Publication, Banglore

#### Bachelor of Vocation (Beauty & Wellness) Semester-I Internship and Project Report Course Code: BVBI-1148

Session:2020-21

Time: 3hrs. Max. Marks: 75

The students will submit their training reports (in duplicate) within a period of one month in the department

This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during

the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who

shall evaluate the report on the basis of presentation and the assessment report received from the organization

where student has undergone.

# B.Voc (Beauty & Wellness) Semester - I DRUG ABUSE Course Code: AECD-1161

(Session:2020-21)

(Theory)

Time: 3hrs Max .Marks: 50 Credit: 2-0-0 Theory:40

CA: 10

#### Instructions for the paper setters

Eight questions of equal (8 marks) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

Meaning of Drug Abuse: Meaning, Nature and Extent of Drug Abuse in India and Punjab.

#### **UNIT-II**

Consequences of Drug Abuse for: Individual: Education, Employment,

Income. Family: Violence.

Society: Crime

Nation: Law and Order problem.

#### **UNIT-III**

#### 3) Management of Drug Abuse

Medical management: medication for treatment and to withdrawal effects.

#### **UNIT-IV**

Psychiatric Management: Counseling, Behavioral and Cognitive therapy. Social Management: Family, Group therapy and Environmental Intervention.

#### **References:**

1. Ahuja, Ram (2003), Social Problems in India, Rawat Publication, Jaipur.

Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.

Inciardi, J.A. 1981. The Drug Crime Connection. Beverly Hills: Sage

Publications. Kapoor. T. (1985) Drug epidemic among Indian Youth, New

Delhi: Mittal Pub.

Modi, Ishwar and Modi, Shalini (1997) Drugs: Addiction and Prevention, Jaipur

.

#### **Bachelor of Vocation (Beauty & Wellness) Semester-III**

**Histology of Hair** 

Course Code: BVBL-3141 Session: 2020-21 (THEORY)

Time: 3 hrs. Max. Marks: 100

Theory Marks: 80

C.A:20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections

A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### UNIT-I

#### ANATOMY OF HAIR

- Structure of hair
- Composition of hair

#### **UNIT-II**

- Types of hair
- Hair shapes
- Hair distribution
- Hair Facts

#### **UNIT-III**

#### **DISORDERS OF HAIR**

- Non-infectious
- Infectious

#### **UNIT-IV**

- Hair Function
- Hair Growth and Replacement
- Contra- indication during Scalp Treatment

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

# Bachelor of Vocation (Beauty & Wellness)Semester II Gen. Punjabi Course Code:BVBL-2421 Session:2020-21

; wK L3xzN/	Max Marks:50
	Theory:40

CA.10

gkm eqw ns/ gkm g[;seK	gkm	eqw	ns/	gkm	g	[;seK
------------------------	-----	-----	-----	-----	---	-------

:{fBN-I

**nksw nBksw** (ejkDh Gkr),(;zgH ;[fjzdo pho ns/ tfonkw f;zx ;zX{)

 $r[o\{ BkBe\ d/t:\{Bhtof;Nh,nzfwqs;o.$ 

08nze

#### :{fBN-II

frnkB wkbk(ftfrnkBe s/ ;wki ftfrnkBe b/yK dk ;zrqfj)(;zgH vkH ;fszdo f;zx, g'qH wfjzdo f;zx pBt?s), r[o{ BkBe d/t :{Bhtof;Nh,nzfwqs;o, 2007}}

b/y L;kfjs s/ b'e ;kfjs, nZyK, nu/sB dk r[D s/ ;[Gkn, ezfgT{No ns/ fJzNoB?N, wBZ[yh nfXeko.

08 nze

#### :{fBN-III

( $\theta$ ) **Ppd pDso ns/ Ppd ouBk** L gfoGkPk, w[Yb/ ;zebg

#### :{fBN-IV

**(♥)** ;zy/g ouBk

(対) w[jkto/ns/nykD

08 nze

#### nze tzv ns/ gohfyne bJh jdkfJsK

 $gqPBgZsod/uko: \{fBNj'Dr/.;?ePBA-DsZed/\ gqPB: \{fBNI-IV\}\}$ 

 $ftu'A g[ZS/ikDr jo : \{fBNftu$ 

d' gqPBg[ZS/

ikDr/.

ftfdnkoEh B/ e[b gzi gqPB eoB/ jB. jo :{fBN ftu'A fJe gqPB

 $bkIwh \ j?. \ gzitK \ gqPB \ fe;/th \\ :\{fBNftu'A$ 

ehsk ik ;edk j?.

3H jo/e gqPB d/ 08 nze jB.

g/go;?ZNeoBtkbki/eoukj/sKgqPBKdhtzvnr'A tX s'A tXuk

T[g gqPBK ftu eo ;edk j?. O

4H

2H

#### Bachelor of Vocation (Beauty & Wellness)Semester II Session:2020-21

# Course Title:Punjab History and Culture(C. 320 to 1000 B.C.) (Special paper in lieu of Punjabi Compulsory) (For those students who are not domicile of Punjab) Course Code: BVBL-2431

Examination Time: 3 Hours

Credits L-T-P: 2-0-0

Contact Hours: 2Hrs/Week

Max. Marks: 50

Theory: 40

CA: 10

#### **Instructions for the Paper Setter:**

- 1. Question paper shall consist of four Units
- 2. Examiner shall set 8 questions in all by selecting Two Questions of equal marks from each Unit.
- 3. Candidates shall attempt 5 questions in 600 words, by at least selecting One Question from
- 4. each Unit and the 5<sup>th</sup> question may be attempted from any of the four Units.
- 5. Each question will carry 8 marks

#### Unit-I

- 1. Alexander's Invasion's and Impact
- 2. Administration of Chandragupta Maurya and Ashoka.

#### Unit-II

- 3. The Kushans: Gandhar School of Art.
- 4. Gupta Empire: Golden period(Science, Art and Architecture)

#### **Unit-III**

- 5. The Punjab under the Harshvardhana
- 6. Socio-cultural History of Punjab from 7<sup>th</sup> to 1000 A.D.

#### **Unit-IV Section A**

- 7. Alexander's Invasion's
- 8. Administration of Chandragupta Maurya and Ashoka.

#### **Suggested Readings**

- 1. L. M Joshi (ed), *History and Culture of the Punjab*, Art-I, Punjabi University, Patiala, 1989 (3<sup>rd</sup> edition)
- 2. L.M. Joshi and Fauja Singh (ed.), *History of Punjab*, Vol.I, Punjabi University, Patiala, 1977.
- 3. BudhaParkash, Glimpses of Ancient Punjab, Patiala, 1983.
- 4. B.N. Sharma: Life in Northern India, Delhi. 1966.

#### Bachelor of Vocation (Beauty & Wellness) (SEMESTER-II)

#### Health and Safety in the Workplace Course Code: BVBL: 2143 Session: 2020-21

#### (THEORY)

#### **COURSE OUTCOMES:**

- CO 1: Students know to collect, manage, and interpret information and data to identify trends and issues in the workplace.
- CO 2: Students will be able to recognize and evaluate occupational safety and health hazards in the workplace
- **CO 3**: Students will learn to determine appropriate hazard controls following the hierarchy of controls.
- **CO 4**: Students will be able to analyze the effects of injuries and illnesses and the methods to prevent incidents using the effective safety and health management systems and task oriented training.
- CO 5: Students know to set and achieve work priorities and goals individually and as a team member
- **CO 6**: Students know to use a range of effective communication skills.

#### Bachelor of vocation (Beauty & Wellness) Semester-II

#### Health and Safety in the Workplace

Course Code: BVBL: 2143 Session: 2020-21 (THEORY)

Time:3hrs.

Max Mark: 50 Theory Marks:40 CA:10

#### **Instructions for Paper Setters:**

Eight questions of equal (8each) marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### UNIT-I

#### PERSONAL HYGIENE:

- What is Personal Hygiene
- Hygiene and Good Grooming
- Personal Hygiene and HealthyHabits

**UNIT-II** 

#### **SALON MANAGEMENT:**

- Salon Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.
- Record keeping: Income and Expenditure
- Maintenance

**UNIT-III** 

- Common equipment required for salon operation
- Safety Precautions

**UNIT-IV** 

- Sterilization
- · Sanitation and its types
- · Methods of Sterilization
- · Client Treatment

- Beauty Basics by Lorraine NordmannLevel-I
- o Milady's, Text Book of Cosmetology, 2000, Milady Publication, America.
- O Clean: A History of Personal Hygiene and Purity By VirginiaSmith(Author)
- O Salon Management by MartinGreen

### Bachelor of Vocation (Beauty & Wellness) (SEMESTER-II)

Session:2020-21 Beauty and Personality Development Course Code: BVBM-2144

(THEORY)

#### **COURSE OUTCOMES:**

- **CO 1 :** Students will learn to know the importance of cosmetology and its objectives.
- CO 2: To enhance students talking, walking, standing, sitting skills.
- **CO 3:** Grooming yourself with perfect selection of dresses and accessories according to occasion.
- **CO 4 :** Improving students speaking skills.
- **CO 5 :** To grab knowledge for person hygiene and learn healthy habits.

### Bachelor of Vocation (Beauty & Wellness) Semester-II Beauty and Personality Development

### Course Code: BVBM-2144

Session:2020-21 (THEORY)

Time:3hrs. Max Marks:100

Theory Marks: 40 Practical:40

CA:20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (8each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

#### **COSMETOLOGY:**

Introduction and Importance of Cosmetology

**UNIT-II** 

#### PERSONAL GROOMING:

Color and outfit culture:

- Colors:- Importance, effects and selection.
- Planning and Wardrobe and Selection of Clothes according to figure, physique, complexion, occupation and weather.
- Selection of accessories according to attire and occasion.
- Use of perfumes

#### **UNIT-III**

- Speaking and Conversational charm:
- Characteristics of Charming conversationalist, topics of conversation, topics toavoid, manners of
  pleasant conversation, when to speak and when tolisten.

• Voice cultivation, enunciation and pronunciation.

#### **UNIT-IV**

#### **Visual Poise**

- Basic Stance and CorrectiveStance.
- Basic hand positions and expressive and graceful hand freeactions.
- correct different sitting positions and sitting on a low stool or bench.
- Walkingcorrectly.
- Correct sleepingposition.
- Getting in and out ofcars
- Meeting and greeting people, party and table manner; entering and leavingproperly.
- Handling coats, shawls and stoles, gloves and handbags.

- Complete beauty book by HelenFoster
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- Standard Text Book Of Cosmetology by Milady.

#### **Bachelor of Vocation (Beauty & Wellness)**

#### Semester-II Session:2020-21

#### Beauty and Personality Development Course Code: BVBM-2144 (PRACTICAL)

Time: 3 hrs.

Practical Marks: 40

#### **Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

- SELF GROOMING
- DIFFERENT TYPE OF SARIDRAPING
- VIVA
- FILEWORK

- Complete beauty book by HelenFoster
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- Standard Text Book Of Cosmetology by Milady.

#### Bachelor of Vocation (Beauty & Wellness) SEMESTER- II Fashion Makeover

Course Code: BVBP-2145 Session: 2020-21 (PRACTICAL)

#### **COURSE OUTCOMES:**

- CO 1:Students will learn the importance of cosmetology and its objectives
- **CO 2:**Students will learn make-up themes and also about its applications.
- CO 3:Students will be able to give proper advice of suitable make-up according to others face.
- **CO 4:** The students were provide the knowledge to identify terminology related to skin, products and treatments with the demonstration of proper application of cosmetics related to skin care.
- **CO 5:** Be able to give proper advice of suitable make-up according to ones face.

### Bachelor of Vocation (Beauty & Wellness)

#### **SEMESTER-II**

#### **Fashion Makeover**

Course Code: BVBP-2145

Session:2020-21 (Practical)

Time:3hrs.

Max Marks-100 Practical-80 CA: 20

#### **Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

#### **UNIT-I**

- Make-ups and related healthfactors
- History of Make-ups and related fashiontrends.
- Entrepreneur and BusinessAwareness.

#### **UNIT-II**

- Cosmetic Science II (Advance ProductKnowledge)
- Theme based Advanced make-up knowledge and guidelines
  - Contouring and its technique according to different facetypes.

#### **UNIT-III**

#### (a) Make-ups Theme and its Application

- Dramaticlook
- Dolls and related make-upslook
- CharacterMake-ups
- TheatricalMake-ups
- Photographic Make-ups (black/white photographicmakeups)
  - MenMake-up
- Face and Body Tattooing/Make-ups.

#### **UNIT-IV**

**Hair styling- high fashion and period styling**. (Including all the style followed in the past and today's highly appreciated fashionable hair style.

**Introduction to photography**: Learning the photo shoot techniques, background to enhance make ups and costumes and method to provide sharp and fine look to make-up

- O Robert Jones, Make up Makeover: Expert Secrets For Stunning Transformation "Gloucester:
- o Fair Winds Press,2005 Isted.
- Handa Parvesh, Complete Book on Beauty BodyMakeup, 2006, Goodwill Publication, New Delhi
- O Makeup Is Art (Hardcover) by Academy of FreelanceMakeup
- O Kevyn Aucoin, Little Brown and Comapany, 1999. Making Faces
- O Mary Quant, DK Publishing, 1996, Classic Makeup and Beauty.
- I AM ZAIN PHOTOGRAPHY October 2017 HEATHER S. EXCLUSIVE CONTENT The Purge Dark Soul MR. SINISTER publish by NEONDEMON P.6

### Bachelor of Vocation (Beauty & Wellness) (SEMESTER-II)

Photographic Makeup Course Code: BVBP-2146 Session:2020-21 (Practical)

#### **COURSE OUTCOMES:**

- **CO 1:** The students were trained with the knowledge of terminology related to skin and fashion trends.
- **CO 2:**The Purpose of this course is to provide students with the knowledge of good photo shoot.
- **CO 3:** Understand the proper knowledge of products, tools, equipment and techniques used in makeup.
- **CO 4:**Students will learn make-up themes and also it's applications.
- CO 5: Students will be able to give advice of suitable make-up according to one's face.
- **CO6:** Students will come to know about portfolio shoot.

#### **Bachelor of Vocation (Beauty & Wellness)**

#### Semester II

Photographic Makeup Course Code: BVBP-2146

**Session:2020-21** 

(Practical)

Time:3hrs.

Max Marks: 100 Practical Marks:80 CA:20

#### **Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

#### UNIT-I

- Creative make up techniques
- Digital photographic makeup application
- Fashion Styling for photo shoots Hairstyling for Fashion
- Communicate and behave in a professional manner
- Select and use products, tools and equipment for photographic make-up application

#### **UNIT-II**

#### Designed all looks Portfolio reference

- Bridal
- Period
- Fantasy

#### **UNIT-III**

#### Used all application techniques Portfolio reference

- Base application
- Highlighting and shading Concealing Blending
- Application of eye products
- Application of lip products

#### **UNIT-IV**

#### Used a minimum of 2 additional media Portfolio reference

- Clothes
- Hair

- Mary Quant, DK Publishing, 1996, Classic Makeup and Beauty.
- I AM ZAIN PHOTOGRAPHY October 2017 HEATHER S. EXCLUSIVE
- CONTENT The Purge Dark Soul MR. SINISTER publish by NEON DEMON P.61
- Handa Parvesh, Complete Book on Beauty Body Makeup, 2006, Goodwill Publication, New Delhi
- Makeup Is Art (Hardcover) by Academy of Freelance Makeup. Habib Jawed, Professional Hair Styling, 2007, UBSPD, New Delhi

## B.Voc (Beauty & Wellness) SEMESTER-II INTERNSHIP AND PROJECT REPORT

Course Code: BVBI-2147

**Session: 2020-21** 

Time: 3hrs Max. Marks: 75

The students will submit their training reports (in duplicate) within a period of one month in the department This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch—during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed—and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergon

#### B.Voc (Beauty &Wellness) SEMESTER-II DRUG ABUSE Course Code: AECD-2161

Session: 2020-21 (Theory)

Time: 3 Hrs Max. Marks: 50

Theory:40 CA:10

#### **Instructions for the Paper Setter**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### UNIT-I

**Prevention of Drug abuse:** Role of family: Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny.

#### **UNIT-II**

**School:** Counselling, Teacher as role-model. Parent-teacher-Health Professional Coordination, Random testing on students.

#### **UNIT-III**

Controlling Drug Abuse: Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program

#### **UNIT-IV**

**Legislation:** NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

#### **References:**

- 1. Ahuja, Ram (2003), Social Problems in India, Rawat Publication, Jaipur.
  - 2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
  - 3. Inciardi, J.A. 1981. The Drug Crime Connection. Beverly Hills: SagePublications.
  - 4. Kapoor. T. (1985) Drug epidemic among Indian Youth, New Delhi: MittalPub.
  - 5. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: RawatPublication.
  - 6. National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical

#### Bachelor of Vocation (Beauty &Wellness) SEMESTER-II

**Course Title: Moral Education Programme** 

**Course Code: SECM-2502** 

Session:2020-21

Course Intended for: Sem II students of all streams

Course Duration: 30 hrs					
Course Objectives:					
To sensitize students about the role and importance of human values andethics in personal, social and professionallife.  To enable students to understand and appreciate ethical concerns relevant tomodern lives.  To prepare a foundation for appearing in various competitive examinations.  To sensitize the students about the current issues and events of national and international importance.  To highlight plausible implications of ethical human conduct, trustful and mutually fulfilling human behaviorand mutually enriching interaction with nature.					
Course Contents:					
Introduction to MoralEducation					
Need, content and purpose					
Vedicvalues  Characterbuilding					

The Self and You

Understanding the Self –Self awareness, fighting the five evils (lust, anger, attachment, ego and greed), Selfgrowth.			
Personalethics			
Aspiration v/s ambition, self- seeking v/sselflessness			
Physical and mentalhealth			
The Family and You			
Importance of family- the basic unit of humaninteraction.			
Generationgap			
Relationship with siblings and elders			
The Society and You			
□ Socialresponsibility			
Our rights andduties SESSION 2020-2021			
☐ Civic sense			

Opposite sexrelations
Globalization and IT boom – cellphonemenace
Peerpressure
Genderissues
The Nation and You
International peace andbrotherhood
Saving theen vironment
Communal harmony, Tolerance, Understanding of Cultures
Respect forMartyrs
NationalPri

#### Bachelor of Vocation (Beauty & Wellness) Semester-III Knowledge of Hair Bond Course Code - BVBL-3142

Session: 2020-2021 (THEORY)

Time: 3 hrs. Max. Marks: 100

**Theory Marks:80** 

C.A:20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

- Knowledge of hair bonds.
- Chemical reaction in layers of hair
- Types of shampoo and additives used in shampoo

#### **UNIT-II**

- Rebonding
- Perming
- Smoothening

#### **UNIT-III**

- PH of hair and hair products
- Deep Conditioning
- Hair spa

#### **UNIT-IV**

- Hair Color Application
- Heena Application

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- Professional Hair Dressing by Martin Green Leo Palladino

#### Bachelor of Vocation (Beauty & Wellness) Semester-III

#### Salon Management Course Code – BVBL-3143 Session: 2020-21 (THEORY)

Time: 3 hrs. Total Marks: 50

Theory Marks:40

C.A:10

#### **Instructions for the Paper Setters:**

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### UNIT-I

#### **SALON MANAGEMENT:**

- Salon Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.

#### **UNIT-II**

- Types of services and their cost.
- Types of employees and employment.
- Record keeping: Income and Expenditure
- Retailing and Salesmanship

#### **UNIT-III**

- Advertising and Appointments
- Maintenance
- Common equipment required for salon operation

#### **UNIT-IV**

#### **FIRST AID**

- Cut or Abrasions
- Burns
- Other salon Injuries
- Precautions and safety measures during the procedure

#### **BOOKS RECOMMENDED:**

- Complete beauty book by Helen Foster
- Standard Text Book Of Cosmetology by Milady.
- Milady's, Text Book of Cosmetology, 2000, Milady Publication, America.
- Clean : A History of Personal Hygiene and Purity By Virginia Smith(Author)

## Bachelor of Vocation (Beauty & Wellness) Semester-III TECHNIQUES OF HAIR TEXTURING

Course Code - BVBP-3144 Session: 2020-21 (PRACTICAL)

Time: 3 hrs.

**Total Marks: 75 Practical** 

Marks: 60

C.A:15

#### **Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

#### **SCIZZORING:**

- Implements of hair cutting
- Sectioning of hair cutting
- Hair thinning
- Hair cutting tools
- Client consultation
- Types of cutting tools
- Hair Cutting Angle System
- Club Cutting
- Notching
- Point
- Cutting
- Feathering

- Complete beauty book by Helen Foster.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J.Goldberg.

## Bachelor of Vocation (Beauty & Wellness) Semester-III Hair Coloring Course Code – BVBP-3145

Session: 2020-21

(PRACTICAL)

Time: 3 hrs.

Total Marks:75
Practical Marks:60

C.A:15

#### **Instruction For Practical Examiner:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

#### **FASHION COLORS**

- Highlights
- Global Coloring
- Heena Applications
- Fashion Shades
- Frosting
- Cap Technique
- Mixing technique
- Streaking
- Identifying Natural Level and Tone

- Complete beauty book by Helen Foster
- Professional Hair Dressing by Martin Green Leo Palladino
- Haircoloring in plain English ISBN-10: 1562533576
- The Haircoloring Manual a practical guide to successful hair coloring by Martha Gfemandez

## Bachelor of Vocation (Beauty & Wellness) Assemblage Management Course Code – BVBP-3146

Session: 2020-21 (PRACTICAL)

Time: 3 hrs.

Total Marks-75 Practical marks-60 C.A-15

#### **Instruction for Practical Examiner:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

Model of Salon Management Viva Lab Training File Presentation

#### BOOKS RECOMMENDED

- Koontz Harold and Weihrich Heinz (2006) Essesntials of Management 7<sup>th</sup> edition Tata Mc Graw Hill Book Company
- Sethi Mohini (2005) Institution Food Management New Age International Publishers
- Tripathi P C (2000) Personnel management 15<sup>th</sup> ed Sultan Chand, New Delhi
- A very AC (1991) Modern Guide to Food Service Equipment, Waveland Press
- Sethi Mohini (2005) Personnel management 15<sup>th</sup> ed sultan Chand ,New D

#### Bachelor of Vocation (Beauty & Wellness) Semester-III

Internship and Project Report Course Code: BVBI-3147 Session: 2020-21

Time: 3hrs Max.Marks:75

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone.

# Bachelor of Vocation (Beauty& Wellness) SEMESTER-IV Care of Scalp and Hair Course Code – BVBL-4141 Session: 2020-2021 (Theory)

#### **COURSE OUTCOME:**

- **CO 1:** Students will learn **the** layers of hair its composition and its types
- CO 2: To have knowledge about the structure connected with hair follicle
- CO 3: Students will learn the growth and replacement of hair with its hair cycle and hair pigments
- **CO 4:** To know the hair analysis for curing the problems related to scalp and hair
- CO 5: Students also learn different disorders of hair and scalp both infectious and non-infectious
- **CO 6:** Train the students with different techniques of scalp with different electrical equipments

#### $Bachelor\ of\ Vocation\ (Beauty\&\ Wellness)\ SEMESTER-IV$

#### Care of Scalp and Hair Course Code – BVBL-4141 Session: 2020-2021

(Theory)

Time:3hrs.

TotalMarks:75
Theory marks:60
C.A:15

#### **Instructions for the PaperSetters:**

Eight questions of equal Marks(12 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### UNIT - I

#### Disorders of Hair & Scalp

- InfectiousDisease
- Non- InfectiousDisease

UNIT - II

- What is shampoo and how does a shampooact?
- Types ofshampoo
- Myths AboutShampoos

#### UNIT - III

#### **Scalp Treatment**

- Massage
- Application OfHeat
- VibratoryMassage

#### UNIT - IV

- HairAnalysis
- OilTreatment
- Knowledge of NaturalIngredients

- O Complete beauty book by HelenFoster.
- Standard text book of CosmetologyMilady's.
- O Professional Hair Dressing by Martin Green LeoPalladino.
- O Harper and GlennLewis.

# Bachelor of Vocation (Beauty & Wellness) Semester-IV Hair Coloring and Bleaching Course Code – BVBL-4142 Session: 2020-21 (Theory)

#### **COURSE OUTCOMES:**

**CO1:**Students will learn about types and classification of colors

CO 2: To learn about the right products, implements used in hair coloring.

CO 3: To understand proper knowledge of colors mixing.

CO 4: students will understand about advance techniques of hair coloring.

CO5: students will come to know how to consult a client regarding a particular service.

**CO6:** students will learn the new trends used in hair colouring.

## Bachelor of Vocation (Beauty & Wellness) Semester-IV Hair Coloring and Bleaching Course Code – BVBL-4142 Session: 2020-21

(Theory)

Time: 3 hrs

TotalMarks:75 Theory marks:60 C.A:15

#### Theory:60

#### **Instructions for the Paper Setters:**

Eight questions of equal Marks(12 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

#### HAIR COLOURING

- Classification of Colour
- Types of colour
- Colour depth and tone.

#### UNIT-II

#### **One step Tinting**

- Virgin hair tinting
- Darker shade
- Tint retouch
- High lighting shampoo tints

#### **UNIT-III**

#### **Blonde and Blonde Effects**

- Applied techniques, mixingtechniques
- Single Processing for VirginHair
- importance of patchtest

#### **UNIT-IV**

- Salon menu of services
- Release statement
- Clientconsultation

- Complete beauty book by HelenFoster.
- Harper and GlennLewis.
- Hair Yoga: Caring for your Hair the Right Way by JawedHabib

#### Bachelor of Vocation (Beauty & Wellness) Semester-IV Superfluous Hair Course Code – BVBM-4143

Session: 2020-2021 (Theory)

#### **Course Outcomes:**

- **CO 1:** Understand the factors that influence hair removal services
- **CO 2:** Understand the tools, products, equipment and techniques for hair removal services
- CO 3:Students will learn about personal and public Hygiene.
- CO 4:Students will learn about Hygiene and Good Grooming.
- CO5: Students will understand the concept and use of antiseptic and disinfectant.

#### Bachelor of Vocation (Beauty & Wellness) Semester-IV Superfluous Hair Course Code – BVBM-4143 Session: 2020-21

(Theory)

Time:3hrs.

Total Marks:100
Theory Marks: 40
Practical marks:40

C.A:20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

#### **Unit-I**

- Study of Superflous Hair
- Methods of Permanent Hair Removal

**Unit-II** 

- Methods of epilation
- Methods of depilation

**Unit-III** 

- Personal Hygiene
- Public Hygiene
- Hygiene and Good Grooming

**Unit-IV** 

- Depuration
- Anti-Septic

- Complete beauty book by HelenFoster.
- Standard text book of CosmetologyMilady's.
- Professional Hair Dressing by Martin Green LeoPalladino.
- Laser Hair Removal By David J.Goldberg.

#### Bachelor of Vocation ( Beauty & Wellness) Semester-IV **Superfluous Hair**

Course Code - BVBM-4143

**Session: 2020-21** (Practical)

Time: 3 hrs.

Practical marks: 40 **Instructions for the Paper Setters:** Question paper is to be set on the spot jointly by Internal and External Examiner. Different technique of removing Method: ☐ Depilatory Creams □ Electrolysis □ Threading ☐ Tweezing. □ Waxing □ Shaving ☐ File Work **Books Recommended:** ☐ Complete beauty book by HelenFoster. ☐ Professional Hair Dressing by Martin Green LeoPalladino. ☐ Laser Hair Removal By David J.Goldberg.

## Bachelor of Vocation (Beauty & Wellness) SEMESTER-IV Hair Styling Course Code – BVBP -4144 (PRACTICAL)

#### **COURSE OUTCOMES**

- CO 1: Students willlearn about the right products, implements and tools used in hair Styling.
- CO 2: Students will understand about proper knowledge of hair styling.
- CO 3: Students nderstand the advance Techniques of hair styling.
- CO 4: Students will Learn Hair Styling With Thermal Equipments.
- CO 5: Students will Learn Hair Do's on wet Hair.
- CO 6: Students will Come to know different Techniques of Hair curling.

# Bachelor of Vocation (Beauty & Wellness)Semester IV Hair Styling Course Code – BVBP -4144 Session -2020-21 (Practical T i m e :

**Instructions for the Paper Setters:** 

Total Marks: 75
Practical marks: 60

C.A: 15

Question paper is to be set on the spot jointly by Internal and External Examiner.

?	Factor to Be Consider WhileStyling				
	Technique of hair Styling (a)Styling For Dry				
	Hair (b)Styling For WetHair				
?	Different Types ofCurls				
	Wigs Setting				
	Different Types ofBraiding				
	Occasional HairBuns				
	Viva				
	LabTraning				
Books Recommended:					
	Professional Hair Dressing by Martin Green LeoPalladino.				
	☐ The Art Of Hair Coloring Book By David Adams and JackiWadeson.				

#### Bachelor of Vocation (Beauty & Wellness) Semester-IV Chemical Hair Relaxing Course Code – BVBP-4145

Session: 2020-21 (Practical)

#### **COURSE OUTCOMES:**

- **CO 1:** Students will learn the scalp and hair treatments.
- CO 2: Students get knowledge of material and procedure used for chemical treated hair.
- CO 3: Students will learn the technique of Permanent hair straightening by Break the Natural Bond.
- CO 4: Students will understand the technique of relaxing on New Growth (retouch)
- CO 5: To Learn the Technique of perming with the Help of Chemicals

#### Bachelor of Vocation (Beauty & Wellness) Semester-IV Chemical Hair Relaxing

Course Code – BVBP-4145 Session: 2020-21 (Practical)

Time: 3 hrs.

Total Marks:50
Practical marks:40
C.A:10

#### **Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

<ul><li>Chemical HairRelaxing:</li><li>(a)For Dry Hair (b)For Oily Hair</li><li>(c)For chemical treated hair</li></ul>			
② Gave relaxing treatment on newgrowth(retouch)			
☐ Chemical hairRelaxing: (a)material used (b)Procedure			
Books Recommended:			
<ul> <li>Complete beauty book by HelenFoster.</li> <li>Professional Hair Dressing by Martin Green LeoPalladino.</li> </ul>			

☐ Laser Hair Removal By David J.Goldberg.

# Bachelor of Vocation (Beauty & Wellness) Semester-IV Advance Hair Treatment Course Code – BVBP-4146 Session- 2020-21 (Practical)

#### **COURSE OUTCOMES**

- CO 1: Students will learn the right products, implements used in hair treatments
- CO 2:Students will get to know the different Disorders of Hair.
- CO 3: Understand about advance techniques of Hair treatments.
- **CO4:**Studentswillgettoknow power Hair treatments.
- CO5: Studentswere trained know powerHairtreatments.

#### Bachelor of Vocation (Beauty & Wellness)Semester-IV Advance Hair Treatment

**Course Code - BVBP-4146** 

(Practical)

Time: 3	3 hrs.	Total Marks:50 Practical marks:40 C.A:10
Instruc	tions for the Paper Setters:	
Questio	n paper is to be set on the spot jointly by Internal and External Examiner	
	HighFrequency	
	High-tech RegrowthTherapy	
	Surgical HairReplacment	
	Power RepairTreatment	
	Mythic OilSpa	
	KeratinTreatment	
	Smart blondTreatment	
	Books Recommended:	
	Complete beauty book by HelenFoster.	
	Standard text book of CosmetologyMilady's.	
	Laser Hair Removal By David J.Goldberg.	

# Bachelor of Vocation (Beauty & Wellness) (Semester-IV) Internship and Project Report Course Code: BVBI-4147 Session: 2020-21

Time: 3hrs Max. Marks: 75

The students will submit their training reports (in duplicate) within a period of one month in the department This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergon

#### Bachelor of Vocation (Beautyand Wellness) Semester-V Chemical Hair Procedures

Course Code: BVBL-5141 Session: 2020-21 (THEORY)

Time: 3hrs

Max Marks: 50
Theory Marks: 40

CA:10

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### UNIT-I

#### **Permanent Waving:**

- Chemistry of permanent waving
- Principle and procedure of relaxing hair

#### **UNIT-II**

#### **Chemical Hair Relaxing:**

- Types of chemical relaxer
- Action of chemical Products
- Client Consultation

#### **UNIT-111**

#### **Thermal Styling:**

- Types of thermal styling
- Selections of tools and equipments
- Safety Precautions

#### **UNIT-IV**

#### **Chemical Safety:**

- Aims and importance of health and safety in workplace
- · Hazards and Risks

- The Multicultural Client: Cuts, style, and Chemical Services. I-56253-178-6.
- Scali- Sheahan, Maura.Milady's Standard Textbook.
- Professional Barber- Styling.3re Edition I-56253-366-5

#### **Bachelor of Vocation (Beautyand Wellness) Semester-V**

Therapeutic Massage Course Code: BVBL-5142 Session: 2020-21 (THEORY)

Time: 3hrs

Max Marks: 100

Total Marks: 80

C.A: 20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks(16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

#### Therapeutic Massage:

- Introduction of Therapeutic Massage
- Types of Massage(Swedish massage, deep tissue, hot stone, thai massage)
- Pressure points with Facial Massage
- Motor Points
- Contraindications during Massage

#### **UNIT-II**

#### UNI Reflexology:

- Brief Introduction of Reflexology and Zones of Reflexology
- Relationship between reflexology and massage
- Draw the Map of Foot and Hand Reflexology

#### **UNIT-III**

#### **UNIT-III**

#### Aromatherapy:

- History of Aromatherapy
- Techniques of Aromatherapy
- The ambience of massage room set up

#### **UNIT-IV**

#### **Essential oils:**

- Essential oil and its meaning
- Types of Essential oil
- Uses and Benefits of Essential oil

- Practical workbook for Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook: A Pivot Point
- Preparing for the practical exam : Milady's Standard Cosmetology

#### **Bachelor of Vocation (Beautyand Wellness) Semester-V**

#### **Electrical and Chemical Treatment**

Course Code: BVBL-5143 Session : 2020-21 (THEORY)

Time: 3hrs

Max Marks:100
Theory Marks:80

CA: 20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

#### **Chemical Peels:**

- · Introduction and Types of Peels
- Procedure, indications and contraindications
- Pre and Post Procedure
- Removing of Chemical Peeling

#### **UNIT-II**

#### **Electrical treatments:**

- Neuromuscular electrical stimulation (faradic current)
- High Frequency
- Vacuum suction
- Galvanic facial
- Steam with (Hot and Cold )

#### **UNIT-III**

#### Care and storage of electrical equipments:

- Sterilization of equipments
- High standard of hygiene
- Safety selection of appliance.

#### **UNIT-IV**

- Physiological and psychological effect of the electrical and chemical treatment.
- Benefits and contraindication of the treatments
- Precaution (before and after)
- Record keeping

- Unfolding revolution of chemical peels by Sita Paudal.
- Manual of Chemical Peels; Superficial and medium depth, Mark G.Rubin.Lippincott William and Wikins
- Textbook of chemical Peels (Ist Edition): Philippe Depicz, E-bookISBN: 9780203347416
- Step by step chemical Peels: Khungar Niti: J.P.Digital

#### Bachelor of Vocation (Beauty & Wellness) Semester-V

Fundamentals of Beauty Course Code: BVBP-5144 Session: 2020-21 (PRACTICAL)

Time: 3hrs

Max Marks:50

Practical Marks:40

CA: 10

#### **Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Applying false eye lashes
  - a) Upper eye lash
  - b) Lower eye lash
- Preparation of client
- Trolley Setting
- Precautions / Saloon Protocol for COVID-19 likes situations
- Tools and equipments used in permanent eyelash extension
- Procedure of permanent eyelash extension
- Eyebrow Mapping
- Self Threading
- Eyebrow Shaping
- Selection of Brow shades

- Practical workbook for Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook : A Pivot Point
- Preparing for the practical exam : Milady's Standard Cosmetology

#### Bachelor of Vocation (Beautyand Wellness) Semester-V MASSAGE THERAPY Course Code: BVBP-

5145

Session: 2020-21 (PRACTICAL)

Time: 3hrs Max Marks:100

Theory Marks:80

CA: 20

#### **Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Client Consultation and Preparation
- Trolley Setting For Massage
- Precautions and Contraindications
- Techniques of Different type of Massage:
  - a) Swedish Massage
  - b) Hot Stone Massage
  - c) Aromatherapy Massage
  - d) Deep Tissue Massage
  - e) Sports Massage
  - f) Thai Massage
- Different Types of oil used in Massage (Any five)
- File Work
- Viva

- Practical workbook for Milady's Standard Cosmetology
- Preparing for the practical exam : Milady's Standard Cosmetology
- The Illustrated Guide to Massage and Aromatherapy by Catherine Stuart. Tanushree Podder,
- The Magic of Massage, Pustak Mahal, Delhi

#### **Bachelor of Vocation (Beautyand Wellness) Semester-V**

#### SKIN TREATMENTS and PEELING

Course Code: BVBP-5146 Session: 2020-21 (PRACTICAL)

Time: 3hrs Max. Marks: 100

**Practical Marks: 80** 

C.A: 20

#### **Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Client Consultation Chart
- Trolley Setting
- Precautions
- Client Setting
- Treatments Prepare:
  - a) Microdermabrasion Treatment
  - b) Skin whitening Treatment
  - c) Rejuvenating Treatment
  - d) Peeling for Wrinkles
  - e) Peeling for Melasma

#### VIVA

• FILE WORK

- The Art of Skin by Zein E Obagi M.D
- Milady's Aesthetician Series by Pamela Hill
- Skin Resurfacing by William P Coleman, Naomi Lawre

#### Bachelor of Vocation (Beautyand Wellness) Semester-V Internship and Project Report

Course Code: BVBI-5147 Session: 2020-21

Time: 3hrs

Max Marks: 75

The students will submit their training reports (in duplicate) within a period of one month in the department This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each students will be attached with one internal faculty guide, with whom they shall be continues touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone.

# BachelorofVocation(Beauty&Wellness)Semester-VI Entrepreneurship CourseCode-BVBL-6141 Session-2020-2021 (Practical)

#### **COURSEOUTCOMES**

CO1:Studentswill understand the nature of entrepreneurship

CO2:Studentswill understand the function of the entrepreneur in the successful, commercial application of innovations

CO3:Students will confirm an entrepreneurial business idea

CO4:Students know to identify personal attributes that enable best use of entrepreneurial opportunities

CO5: Students explore entrepreneurial leadership and management style.

#### Bachelor of Vocation (Beauty & Wellness) Semester-VI Entrepreneurship Course Code: BVBL-6141

ourse Code: BVBL-61 Session: 2020-21

Time: 3hrs Max Marks: 100
Theory Marks :80

CA:20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

- What is Entrepreneurship
- Types of Entrepreneurship
- Traits and Features

#### UNIT-II

- Study of various essential aspects of entrepreneurship.
- Identification and development of entrepreneurial skills.

#### **UNIT-III**

- Role of entrepreneurship skills in Beauty industry
- Sources of funds for Beauty industry

#### **UNIT-IV**

- Legal requirments for estabilshment of new unit
- Determine business, register your business, get EIN, Get licence, local taxes, Budget

#### **Books Recmenmened**

- 1. "Fashion Entrepreneur By Sandra Burke, Publisher Burke.
- 2. "Fashion Buying" By Helen Goworek, Publisher Blackwell.
- 3. "Inside the Fashion Business" By Dickerson, Publisher Pearson.

#### Bachelor of Vocation (Beauty& Wellness) Semester-VI Human Resource Management Course Code: BVBL-6142

Session: 2020-21

#### **Course Objective:**

CO1:To help students understand, appreciate and analyze work force at the managerial and non-manageriallevels.

**CO2:** Contribute to the development, implementation, and evaluation of employee recruitment, selection, and retention plans and processes.

CO3: Develop, implement, and evaluate employee orientation, training, and development programs.

CO4: Facilitate and support effective employee and labour relations in both non-union and union environments.

**CO5:** Facilitate and communicate the human resources component of the organization's business plan.

#### Bachelor of Vocation (Beauty & Wellness) Semester-VI

### Human Resource Management

Course Code: BVBL-6142 Session: 2020-21

Time: 3hrs Max Marks: 100

Theory Marks:80

CA:20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections

A-Dshould be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT - I

#### Introduction of HRM

Historyof HRM

Aims and Importance of HRM

UNIT - II

#### Job Analysis and Design

Concept of Job Analysis and Design Methods of Job Analysis Job Description-Job Specification

**UNIT - III** 

#### **Human Resource Planning (HRP)**

Importance of HRP-Process of HRP-Levels
Types of HRP-Forecasting Demand for employees

**UNIT-IV** 

#### **Recruitment and Selection Process:**

Definition and concept of Recruitment-Sources of recruitment Recruitment Policies.

- 1. K. Aswathappa, D. Sadhna: International Human Resource Management, Tata Mcgraw-Hill.
- 2. Monir H. Tayeb: International Human Resource Management, Oxford University Press.
- 3. Chris Brewster: International Human Resource Management, Orient Longman.
- 4. Tony Edwards and Chris Rees: International Human Resource Management, Pearson Education.

## Bachelor of Vocation (Beauty & Wellness) Semester-VI Merchandising and Retailing

Course Code: BVBL-6143 Session: 2020-21

#### **Course Outcomes:**

CO1:To make the students understand retailing as anindustry.

CO2:Plan, develop, and present merchandise lines for identified market segments.

**CO3:** To acquaint the participants with knowledge & skills for store operations, retailing marketing & merchandising management functions.

CO4: Experiential learning and exposure to emerging trends in fashionretailing.

CO5: To develop an understanding of Advance Retail Merchandising, for profit maximization and salesgrowth.

**CO6:** To expose students to the emerging area of category management and collaborative planning.

#### Bachelor of Vocation (Beauty & Wellness) Semester-VI

#### Merchandising and Retailing Course Code: BVBL-6143

Session: 2020-21 Time: 3hrs

Max Marks: 100 Theory Marks: 80

CA:20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit-I

#### Merchandising

Introduction
Types of Merchandising
Rights of Merchandising
Qualities of Merchandiser

Unit - II

#### Retail Organisational structure store

Introduction of Retailing
Retaling format
Role and Responsibility of Retail FashionBuyer.
Role ofBuying and Selling products

Unit – III

#### **Retail Product Promotion**

- MarketingChannels
- Planning and Direction'
- RetailAdvertising
- Publilicity
- SpecialEvents
- Visualmerchandise
- PersonalSelling
- RelationshipMarketing

Unit - IV

#### **Brands and labels**

**Purchase Term:** Discount, Purchase Order, Payment Terms. **Costing:** Cost Price, Selling Price, Backward costing.

- 1. John Donnellan, Merchandise Buying & Managemnet, 2001, FarechildBooks.
- 2. Kitty G. Dickerson, Inside the Fashion Business, 7<sup>th</sup>Edition, 2003, PrenticeHall.
- 3. Elain Stone, The Dynamics of Fashion, 2004, Fairchild.
- 4. Jay Diamond; Ellon Diamond, The World of Fashion, 2007, Fairchild.

#### BachelorofVocation(Beauty&Wellness)Semester-VI

#### Concept Development CourseCode:BVBP-6144 Session:2020-21

#### **Course Outcomes:**

- CO1: Students will complete conceptual exercises designed to develop creative and analytical problem solving skills
- CO2: Students will begin to understand and define concepts as overriding ideas.
- CO3: Students will learn the basics of descriptive drawing for animation.
- CO4: The translation of idea to animation will be practiced through exercises and visual storyboards.
- CO5: Students will be introduced to basic treatments and narrative structure; basic shots and film language

#### Bachelor of Vocation (Beauty& Wellness) Semester-VI

## Concept Development Course Code: BVBP-6144

Session: 2020-21

Time: 3hrs Max Marks: 100

Practical Marks:80

CA:20

#### **Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

- o Development of 3 concepts based on inspiration andtrends.
- Design exploration using templates or sketches(based onconcepts)
- o Final portfolio completion and presentation.

- 1. The straight- Talking Beauty Companion by Sali Hughes.
- 2. The Little Dictionary of Fashion by Christian Dior.
- 3. Concept Development and the Development of Word Meaning by Seiler and T.B., Wannenmacher

#### BachelorofVocation(Beauty&Wellness)Semester-VI ComputerApplication

CourseCode:BVBP-6145 Session:2020-21

#### **Course Outcomes:-**

**CO1:** Students know to Work effectively with a range of current, standard, Office Productivity software applications.

**CO2:** Students learn to Operate a variety of advanced spreadsheet, operating system and word processing functions.

**CO3:** Students learn to solve a range of problems using office productivity applications, and adapt quickly to new software releases.

**CO4:** Students know to Maintain quality assurance through critically evaluating procedures and results.

#### $Bachelor\ of\ Vocation\ (Beauty\&\ Wellness)\ Semester-VI$

#### Computer Application Course Code: BVBP-6145 Session: 2020-21

Time: 3hrs Max Marks: 100

Practical Marks:80

CA:20

#### **Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

- AdobePhotoshop
- O Coral Draw drawing face, features & illustrating make-ups & hairstyles.
- O Making mood boards/collages
- O Editing pictures of faces/hairs to illustrate make-ups and hair style design.

- 1. Adobe Photoshop,12.0
- 2. Gruman, Galen, Adobe in Design Cs2Bible.2
- 3. Adobe Illustrator, 12.0
- 4. Golding, Mordy, Adobe Creative Suite2