

Faculty of Vocational Studies
Syllabus for
Certificate Course: Ayurveda Nutrition and Wellness
Session: 2025-26



The Heritage Institution
KANYA MAHA VIDYALAYA JALANDHAR
(Autonomous)

**KANYA MAHA VIDYALAYA, JALANDHAR
(Autonomous)**

**Scheme of Studies and Examination of
Add on Certificate Course –Ayurveda Nutrition and Wellness
Session: (2025-2026)**

Semester I							
Course Code	Course Name	Credits	Total Course Hours	Marks			Examination time in (Hours)
				Total	Ext.		
					L	P	
CANM- 1281	Ayurveda Nutrition and Wellness	2-0-2	90	100	60	40	2+1
Total				100			

Duration- 9 months