

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

Drug Abuse: Problem, Management and Prevention (COMPULSORY)

For

Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non-Medical) / Bachelor of Science(Honours) Maths/ Bachelor of Science (Honours) Physics/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) / Bachelor of Commerce / Bachelor of Business Administration/ Bachelor of Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Design) / Bachelor of Science (Home Science) / /Bachelor of Computer Application /Bachelor of Science(Information Technology)/ Bachelor of Science(Bio-Technology) / Bachelor of Arts (Honours)English Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management and Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing and Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise and Health) Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence and Data Science)/ /Bachelor of Vocation (Hospitality and Tourism)

(SEMESTER-I)

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2022-23



**The Heritage Institution
KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Session 2022-23

B Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non-Medical) / Bachelor of Science(Honours) Maths/ Bachelor of Science (Honours) Physics/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) / Bachelor of Commerce / Bachelor of Business Administration/ Bachelor of Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Design) / Bachelor of Science (Home Science) / /Bachelor of Computer Application /Bachelor of Science(Information Technology)/ Bachelor of Science(Bio-Technology) / Bachelor of Arts (Honours)English Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management and Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing and Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise and Health) Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence and Data Science)/ /Bachelor of Vocation (Hospitality and Tourism)

SEMESTER- I Session 2022-23							
Course Code	Course Title	Course Type	Marks				Examination Time in hours
			Total	Ext.		CA	
L	P						
AECD-1161	Drug Abuse; : Problem, Management and Prevention (COMPULSORY)	A C	50	40	-	10	3

AC-Audit course

Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non-Medical) / Bachelor of Science(Honours) Maths/ Bachelor of Science (Honours) Physics/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) / Bachelor of Commerce / Bachelor of Business Administration/ Bachelor of Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Design) / Bachelor of Science (Home Science) / /Bachelor of Computer Application /Bachelor of Science(Information Technology)/ Bachelor of Science(Bio-Technology) / Bachelor of Arts (Honours)English Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management and Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing and Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise and Health) Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence and Data Science)/ /Bachelor of Vocation (Hospitality and Tourism)

SEMESTER –I

AECD-1161 Drug Abuse: Problem, Management and Prevention

Course Outcomes

After completing the course the students will be able to:

CO1. Learn how to include factual data about what substance abuse is; warning signs of addiction; information about how alcohol and specific drugs affect the mind and body;

CO 2. Learn how to be supportive during the detoxification and rehabilitation process.

CO3. Focus on substance abuse education- is teaching individuals about drug and alcohol abuse and how to avoid, stop, or get help for substance use disorders.

CO 4. Understand that substance abuse education is important for students alike; there are many misconceptions about commonly used legal and illegal substances, such as alcohol and marijuana

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Session 2022-23

Drug Abuse: Problem, Management and Prevention (COMPULSORY)

Course Code:

AECD-1161

(Theory)

Time: 3 Hrs

Max. Marks: 50

Theory: 40

CA: 10

Instructions for the Paper Setter:

Eight questions of equal marks (8 marks each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Meaning, Nature and Extent of Drug Abuse in India and Punjab.

Consequences of Drug Abuse for:

Individual: Education, Employment, Income.

Family: Violence

Society: Crime

Nation : Law and Order problem

UNIT-II

Management of Drug Abuse

Medical Management: Medication for treatment and to reduce withdrawal effects.

Psychiatric Management: Counselling, Behavioural and Cognitive therapy.

Social Management: Family, Group therapy and Environmental Intervention.

UNIT-III

Prevention of Drug abuse:

Role of family: Parent child relationship, Family support, Supervision

School: Counselling ,Teacher as role-model. Parent-teacher-Health, Professional Coordination.

UNIT-IV

Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Educational and awareness program

Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws.

Suggested Readings:

1. Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
3. Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
4. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
5. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
6. National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
7. Sain, Bhim 1991, *Drug Addiction Alcoholism, Smoking obscenity* New Delhi: Mittal Publications.
8. Sandhu, Ranvinder Singh, 2009, *Drug Addiction in Punjab: A Sociological Study*. Amritsar: Guru Nanak Dev University.
9. Singh, Chandra Paul 2000. *Alcohol and Dependence among Industrial Workers*: Delhi: Shipra.
10. Sussman, S and Ames, S.L. (2008). *Drug Abuse: Concepts, Prevention and Cessation*, Cambridge University Press.