

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

Drug Abuse: Problem, Management and Prevention (COMPULSORY)

For

**Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non- Medical) / Bachelor of Science(Honours) Maths/
Bachelor of Science (Honours) Physics/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) /
Bachelor of Commerce / BACHELOR OF COMMERCE(HONOURS)/ Bachelor of Business Administration/ Bachelor of
Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Design) / Bachelor of Science (Home Science) /
/Bachelor of Computer Application /Bachelor of Science(Information Technology)/ Bachelor of Science (Bio- Technology) /
Bachelor of Arts (Honours)English / Bachelor of Commerce (Financial Services) Three year degree course/ Bachelor of
Science Information Technology (with Specialization in Data Science)**

(SEMESTER-I)

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2021-22



**The Heritage Institution
KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Session 2021-22

**Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non- Medical) / Bachelor of Science(Honours) Maths/
Bachelor of Science (Honours) Physics/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) /
Bachelor of Commerce / BACHELOR OF COMMERCE(HONOURS)/Bachelor of Business Administration/ Bachelor of
Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Design) / Bachelor of Science (Home Science) /
/Bachelor of Computer Application /Bachelor of Science(Information Technology)/ Bachelor of Science (Bio- Technology) /
Bachelor of Arts (Honours)English / Bachelor of Commerce (Financial Services) Three year degree course/ Bachelor of
Science Information Technology (with Specialization in Data Science)**

SEMESTER- I							
Session 2021-22							
Course Code	Course Title	Course Type	Marks				Examination Time in hours
			Total	Ext.		CA	
				L	P		
AECD-1161	Drug Abuse; : Problem, Management and Prevention (COMPULSORY)	A C	50	40	-	10	3

AC-Audit course

Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non- Medical) / Bachelor of Science(Honours) Maths/ Bachelor of Science (Honours) Physics/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) / Bachelor of Commerce / BACHELOR OF COMMERCE(HONOURS)/ Bachelor of Business Administration/ Bachelor of Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Design) / Bachelor of Science (Home Science) / /Bachelor of Computer Application /Bachelor of Science(Information Technology)/ Bachelor of Science (Bio- Technology) / Bachelor of Arts (Honours)English / Bachelor of Commerce (Financial Services) Three year degree course/ Bachelor of Science Information Technology (with Specialization in Data Science)

SEMESTER –I

AECD-1161 Drug Abuse: Problem, Management and Prevention

Course Outcomes

After completing the course the students will be able to:

- CO1. Learn how to include factual data about what substance abuse is; warning signs of addiction; information about how alcohol and specific drugs affect the mind and body;
- CO 2. Learn how to be supportive during the detoxification and rehabilitation process.
- CO3. Focus on substance abuse education- is teaching individuals about drug and alcohol abuse and how to avoid, stop, or get help for substance use disorders.
- CO 4. Understand that substance abuse education is important for students alike; there are many misconceptions about commonly used legal and illegal substances, such as alcohol and marijuana

Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non- Medical) / Bachelor of Science(Honours) Maths/ Bachelor of Science (Honours) Physics/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) / Bachelor of Commerce / BACHELOR OF COMMERCE(HONOURS)/ Bachelor of Business Administration/ Bachelor of Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Design) / Bachelor of Science (Home Science) / /Bachelor of Computer Application /Bachelor of Science(Information Technology)/ Bachelor of Science (Bio- Technology) / Bachelor of Arts (Honours)English / Bachelor of Commerce (Financial Services) Three year degree course/ Bachelor of Science Information Technology (with Specialization in Data Science)

Semester-I

(Session 2021-22)

Drug Abuse: Problem, Management and Prevention (COMPULSORY)

Course Code: AECD-1161

(Theory)

Time: 3 Hrs

Max. Marks: 50

Theory: 40

CA: 10

Instructions for the Paper Setter

Eight questions of equal marks(8 marks each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Meaning of Drug Abuse: Meaning, Nature and Extent of Drug Abuse in India and Punjab.

UNIT-II

Consequences of Drug Abuse
for:

Individual : Education, Employment, Income. Family : Violence.

Society : Crime

Nation : Law and Order problem.

UNIT-III

Management of Drug Abuse

Medical management : medication for treatment and to withdrawal effects.

UNIT-IV

Psychiatric Management: Counselling, Behavioural and Cognitive therapy.

Social Management: Family, Group therapy and Environmental Intervention.

Suggested Readings:

- 1.Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
- 2 Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
- 3.Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
4. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
- 5.Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
- 6.National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
- 7.Sain, Bhim 1991, *Drug Addiction Alcoholism, Smoking obscenity* New Delhi: Mittal Publications.

8.Sandhu, Ranvinder Singh, 2009, *Drug Addiction in Punjab: A Sociological Study*.
Amritsar: Guru Nanak Dev University.

9.Singh, Chandra Paul 2000. *Alcohol and Dependence among Industrial Workers*: Delhi:
Shipra.

10.Sussman, S and Ames, S.L. (2008). *Drug Abuse: Concepts, Prevention and
Cessation*,Cambridge University Press.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

Drug Abuse: Problem, Management and Prevention (COMPULSORY)

For

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management and Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing and Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise and Health) Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence)/ Bachelor of Vocation (Hospitality and Tourism)

(SEMESTER-I)

(Under Credit Based System)

(12+3 System of Education)

Session: 2021-22



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SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

Session 2021-22

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management and Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing and Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise and Health) Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence)/ /Bachelor of Vocation (Hospitality and Tourism)

SEMESTER- I Session 2021-22

Course Code	Course Title	Course Type	Marks				Examination Time in hours
			Total	Ext.		CA	
				L	P		
AECD-1161	Drug Abuse; : Problem, Management and Prevention (COMPULSORY)	A C	50	40	-	10	3

AC-Audit course

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management and Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing and Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise and Health) Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence)/ /Bachelor of Vocation (Hospitality and Tourism) (2021-22)

SEMESTER –I

AECD-1161 Drug Abuse: Problem, Management and Prevention

Course Outcomes

After completing the course the students will be able to:

CO1. Learn how to include factual data about what substance abuse is; warning signs of addiction; information about how alcohol and specific drugs affect the mind and body;

CO 2. Learn how to be supportive during the detoxification and rehabilitation process.

CO3. Focus on substance abuse education- is teaching individuals about drug and alcohol abuse and how to avoid, stop, or get help for substance use disorders.

CO 4. Understand that substance abuse education is important for students alike; there are many misconceptions about commonly used legal and illegal substances, such as alcohol and marijuana

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management and Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing and Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise and Health) Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence)/ /Bachelor of Vocation (Hospitality and Tourism)

Session 2021-22

Drug Abuse: Problem, Management and Prevention (COMPULSORY)

Course Code: AECD-1161

(Theory)

Time: 3 Hrs

Max. Marks: 50

Theory: 40

CA: 10

Instructions for the Paper Setter

Eight questions of equal marks(8 marks each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

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Meaning of Drug Abuse: Meaning, Nature and Extent of Drug Abuse in India and Punjab.

UNIT-II

Consequences of Drug Abuse for:

Individual : Education, Employment, Income. Family : Violence.

Society : Crime

Nation : Law and Order problem.

UNIT-III

Management of Drug Abuse

Medical management : medication for treatment and to withdrawal effects.

UNIT-IV

Psychiatric Management: Counselling, Behavioural and Cognitive therapy.

Social Management: Family, Group therapy and Environmental Intervention.

Suggested Readings:

1. Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
3. Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
4. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
5. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
6. National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
7. Sain, Bhim 1991, *Drug Addiction Alcoholism, Smoking obscenity* New Delhi:

Mittal Publications.

8.Sandhu, Ranvinder Singh, 2009, *Drug Addiction in Punjab: A Sociological Study*.

Amritsar: Guru Nanak Dev University.

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10.Sussman, S and Ames, S.L. (2008). *Drug Abuse: Concepts, Prevention and Cessation*, Cambridge University Press.

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(SEMESTER–II)

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2021-22



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SEMESTER- II							
Session 2021-22							
Course Code	Course Title	Course Type	Marks				Examination Time in hours
			Total	Ext.		CA	
				L	P		
AECD-2161	Drug Abuse; : Problem, Management and Prevention (COMPULSORY)	A C	50	40	-	10	3

AC-Audit course

Bachelor of Arts/ Bachelor of Science (Medical) / Bachelor of Science (Non- Medical) / Bachelor of Science(Honours) Maths/ Bachelor of Science (Honours) Physics/Bachelor of Science (Computer Science) / Bachelor of Science (Economics) / Bachelor of Commerce / BACHELOR OF COMMERCE(HONOURS)/ Bachelor of Business Administration/ Bachelor of Arts (Journalism & Mass Communication) / Bachelor of Science (Fashion Design) / Bachelor of Science (Home Science) / /Bachelor of Computer Application /Bachelor of Science(Information Technology)/ Bachelor of Science (Bio- Technology) / Bachelor of Arts (Honours)English / Bachelor of Commerce (Financial Services) Three year degree course/ Bachelor of Science Information Technology (with Specialization in Data Science)

Semester- II

(Session 2021-22)

Course Code: AECD-2161

**Drug Abuse: Problem, Management and Prevention
(COMPULSORY)**

(Theory)

Time: 3 Hrs

Max. Marks: 50

Theory: 40

CA: 10

Instructions for the Paper Setter

Eight questions of equal marks(8 marks each) are to be set, two in each of the four Sections (A- D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Prevention of Drug abuse: Role of family: Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny.

UNIT-II

School: Counselling, Teacher as role-model. Parent-teacher-Health Professional Coordination, Random testing on students.

UNIT-III

Controlling Drug Abuse: Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program

UNIT-IV

Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

References:

1. Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
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(SEMESTER-II)

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SEMESTER- II							
Session 2021-22							
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SEMESTER –II

AECD-2161 Drug Abuse: Problem, Management and Prevention

Course Outcomes

After completing the course the students will be able to:

- CO1. Develop a method to educate the family on the aspects of the disease of chemical dependency .
- CO 2. Learn how to be supportive during the detoxification and rehabilitation process.
- CO3. Focus on substance abuse education- is teaching individuals about drug and alcohol abuse and how to avoid, stop, or get help for substance use disorders.
- CO 4. Create appropriate treatment approaches necessary to ensure the safety of patients.
- CO 5. Will be able to create effective treatment systems.

Bachelor of Vocation (Retail Management)/ Bachelor of Vocation (Management and Secretarial Practices)/ Bachelor of Vocation (Animation)/ Bachelor of Vocation (Textile Designing and Apparel Technology)/ Bachelor of Vocation (Nutrition Exercise and Health) Bachelor of Vocation (Beauty and Wellness)/ Bachelor of Vocation (Artificial Intelligence)/ /Bachelor of Vocation (Hospitality and Tourism)

Semester- II

(Session 2021-22)

Course Code: AECD-2161

**Drug Abuse: Problem, Management and Prevention
(COMPULSORY)**

(Theory)

Time: 3 Hrs

Max. Marks: 50

Theory: 40

CA: 10

Instructions for the Paper Setter

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UNIT-II

School: Counselling, Teacher as role-model. Parent-teacher-Health Professional Coordination, Random testing on students.

UNIT-III

Controlling Drug Abuse: Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program

UNIT-IV

Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

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9. Singh, Chandra Paul 2000. *Alcohol and Dependence among Industrial Workers*: Delhi:

Shipra.

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