



The Autonomous & Heritage Institution KANYA MAHA VIDYALAYA

Celebrating 138 Glorious Years of Excellence

Youth Pulse-The ECA Newsline

From the Principal's Desk

As this edition of 'Youth Pulse' goes to press, a new academic year has been rung in at KMV. This is my favourite time of the year as we welcome young and talented new students eager to begin the next phase of their academic journey. What can better highlight the multitude opportunities for our students to follow and explore their co-academic passions on the campus than this exhaustive newsletter. This issue of Youth Pulse showcases the heights scaled by KMV students in numerous extra-curricular and cultural activities that they participated in continuously during the last academic year on the campus as well as outside from inter-college, university and state to national level. I am extremely proud of the manifold achievements of our students who have kept the KMV banner flying high as a true representation of our legacy of being the pioneers all around. Their undeniable passion and drive has taken many different forms and has been expressed in myriad competitions, celebrations and youth festivals that they have participated in and won accolades for. It is with great optimism and a certainty of the strength of our KMV community that I look forward to the new academic year and beyond, secure in the faith that KMV legacy lives on and excited for the new frontiers we will push.



Prof. (Dr.) Atima Sharma Dwivedi
Principal, KMV

Winners all the way



The year 2022-23 saw KMV buzzing with diverse extra curricular and cultural activities. Students participated in a wide range of competitions on & off campus and won laurels for the Institution. Taking part in these activities outside the classroom with diverse groups of individuals allowed the students to gain more self-confidence, autonomy and appreciation for the differences and similarities with the others while making them string individuals.

Department Discourse

The Department of ECA at KMV strives to excel in striking a balance between syllabus, curriculum, books and co-curricular activities beyond them, envisioning to enhance the complete personality of the students to strongly. The Department charts Annual Programme Planner every year and finalises various projects to be undertaken. Students participate in many cultural programmes, competitions, Zonal, Inter-Zonal, North Zone and Intervarsity Youth Festivals. These activities positively impact students' emotional, intellectual, social and inter-personal development. They encourage interactions that are essential for building a strong civil society. Primarily, the intention is to male the 'scholar' students become fit and ready for the challenges in future life.



Newsline Editors :

Dr. Gurjot Kaur (Dean ECA) & Ms. Geetika Singh (Member ECA)



Kanya Maha Vidyalaya
(Autonomous)

Vidyalaya Marg, Jalandhar

Phone: 0181-2296605, 2296606 • Fax: 0181-2291741

e-mail: kmvjalandhar@yahoo.com • website: www.kmvjalandhar.ac.in

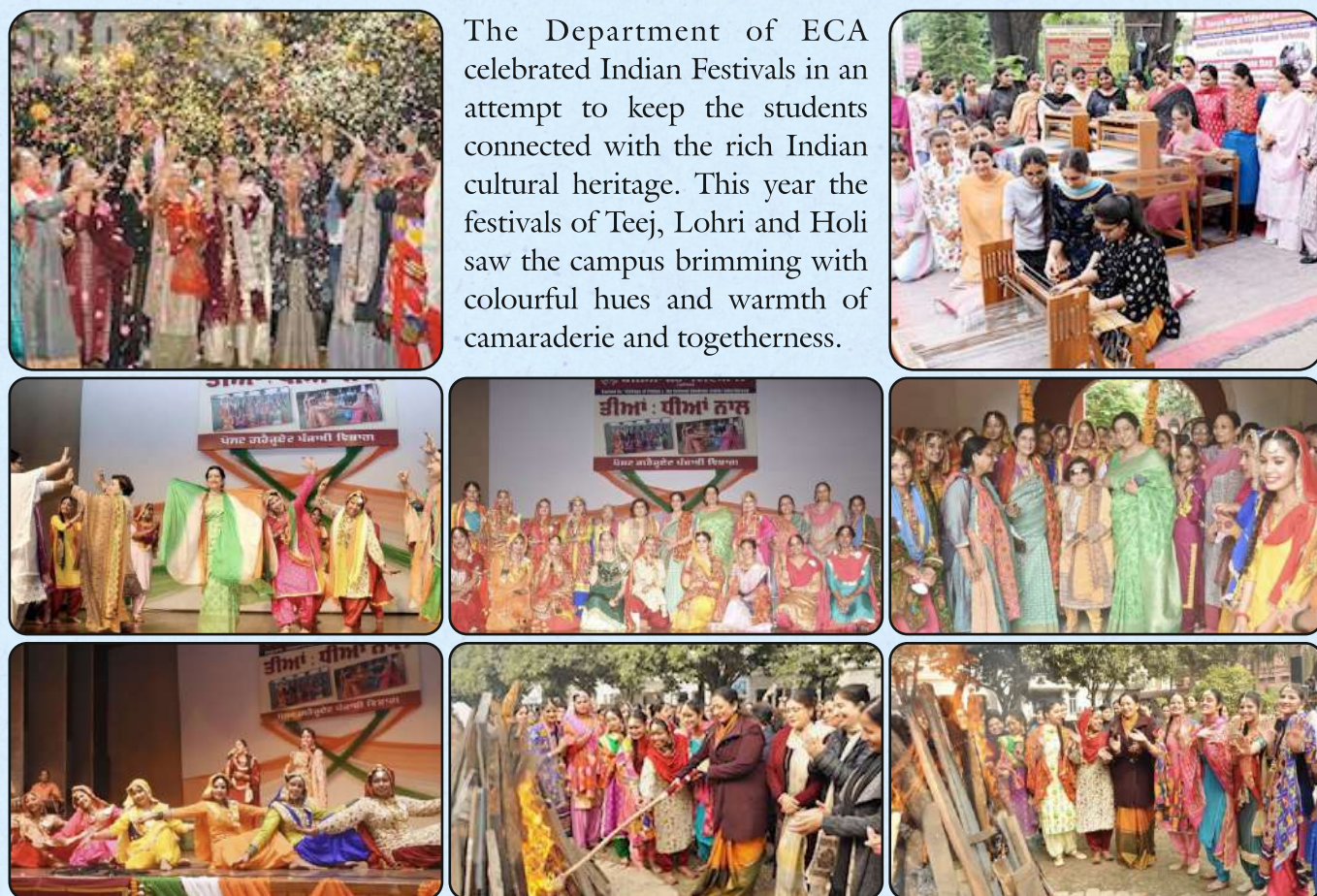
The Hunt is on

Talent Hunt, organised right at the beginning of new session every year aims to unearth and identify the unexplored talent deep within the students by providing a platform to the freshers to come to the forefront, shedding all their imhibitions while joining the mainstream of the college. In September 2022, more than 300 students participated in different items in various categories like dance, music, poetry, theatre, quiz, photography, painting, embroidery, flower arrangement, rangoli, phulkari and modelling in several competitions organised over a period of two weeks culminating in a Gala on September 16, 2022, where they were awarded and applauded.



Festival Frolic

The Department of ECA celebrated Indian Festivals in an attempt to keep the students connected with the rich Indian cultural heritage. This year the festivals of Teej, Lohri and Holi saw the campus brimming with colourful hues and warmth of camaraderie and togetherness.



Youth Festival : The ECA Pilgrimage

Youth Festivals offer a platform to the students, where they compete with the best talents in their choosen field at the zonal, inter-zonal & inter-university level. The students expand the horizons of their talents, skills and expertise through the pilgrimage of youth festivals every year. Youth festival, for the students, is a fulfilling and sustaining creative experience through which they take flight towards their grandest dream and distinct artistic aims. This year, KMV girls participated in 24 items and won 12 top positions in Zonal and Inter-Zonal Youth Festivals held at Guru Nanak Dev University, Amritsar in November 2022.



Nationalistic Fervour

An active participant in the Indian freedom struggle, KMV stands a strong sentinel of the national heritage even today. National festivals like Independence Day, Republic Day and Gandhi Jayanti are celebrated with deep commitment on the campus. Students perform in state and district level functions at Guru Gobind Singh Stadium, Jalandhar. This year, KMV girls presented Rajasthani and Gujrati Folk dance as well as patriotic choreography taking pride that they breathe in an independent nation and are citizens of the Sovereign Democratic Republic of India.



Annual Fete



KMV campus buzzes with fun, music, celebration and laughter when the student community comes together to spend a day out in the sun eating sumptuous delicacies and dancing to feet-tapping numbers. The central lawn is set up with numerous stalls of Games, Food, Drinks, Jewellery, Clothes & Various other items of student interest. The Annual Fete culminates with a vibrant raffle draw which showers abundant gifts and prizes on the students. This year well known singer of Punjab Angad Aliwal, Raaj Sohal, Shubham Virk, Shelly B entertained the students during fete on 9th February 2023.

Spic Macay

In this fast changing world when the youth is going crazy for rap, fusion, jazz and rock music, KMV, the sentinel of traditional values, is making an earnest attempt to promote Indian Classical music and dance amongst its students through Spic Macay performances. This session saw three Spic Macay performances including those by renowned flute maestro Pt. Rupak Kulkarni and Pt. Mithilesh Jha (ace table exponent), Suchismita Acharya and Debopriya Chatterji (eminent flautists) and Khan ensemble (Rajasthani folk performers).



Competing Across Colleges

Inter-college competitions play an important role in motivating students to perform, excel, gain substantial exposure & evaluate outcomes to overcome personal shortcoming. Such platforms give an excellent opportunity to students for fellowship and expanding their horizons beyond classrooms. This session saw KMV students participating, winning prizes and lifting trophies in many inter-college competitions including Colors (March 4, 2023), Spark (March 17, 2023), Glamour and Gloss (April 4, 2023), The QUEST (April 11, 2023), Rangmanch (April 20, 2023), G-20 university connect (April 24, 2023). KMV students outperformed other colleges to lift the First Runners Up Trophy and several top positions.



APJ Spark



Fashion Show



CT- RANGMANCH



The QUEST- 23



Winners of G-20

Sterling State and National Performance

KMV Giddha & Luddi teams made the Institution proud by participating in All India Folk Art Contest. Fancy Dress, Folk Song & Giddha stood First and Luddi won Second Position. The Folk Dance team listed overall trophy.



Fancy Dress



Giddha



Luddi

26th National Youth Festival held at Hubbli, Karnatka

KMV Giddha & Luddi teams made the Institution proud by participating in All India Folk Art Contest.



Stellar Performer



Ms. Ravita

Second in Phulkari in Zonal and First in Inter Zonal and Intersarsity Youth Festival. Consecutively winning for the 6th time.



Shalni Sharma

Best in ECA. First Runners Up in Teej Festival 2023 and a consistent participant of LUDDI.



Shruti Karwal

Best in ECA and also awarded with DG NCC Commendation Card



Ramneek Kaur

Best in ECA and Academics. Second best dancer in Giddha in All India Folk Art Contest



Gurpreet Kaur

Outstanding participant of Giddha and Luddi



Rupali

Best Instrumentalist



Jasvir Kaur

Outstanding participant of Giddha and Luddi

Consistent winner of Quiz from the last 6 years



Anchal



Namita



Shruti Kalia