

# **Syllabus for FOUNDATION COURSE**

**Audit Course (Value Added)  
(SEMESTER-I)**

**Examinations: 2022–23**



**Kanya Maha Vidyalaya, Jalandhar  
(Autonomous)  
The Heritage Institution**

## **FOUNDATION COURSE**

**Course Title: Foundation Course**

**Nature of Course: Audit Course (Value Added)**

**Course Duration: 30 hours**

**Course intended for:** Semester I students of undergraduate degree programs of all 25 streams.

**Course Credits: 2**

**Course Code: SECF-I**

### **PURPOSE & AIM**

This course has been designed to strengthen the intellectual foundation of all the new entrants in the college. One of the most common factors found in the students seeking admission in college after high school is the lack of an overall view of human history, knowledge of global issues, peaks of human intellect, social/political thinkers and inventors & discoverers who have impacted human life. For a student, the process of transition from school to college is full of apprehension and skepticism regarding adapting themselves to new system. The Foundation Programme intends to bridge the gap between high school and college education and develop an intellectual readiness and base for acquiring higher education.

### **INSTRUCTIONAL OBJECTIVES**

- to enable the students to realise their position in the whole saga of time and space
- to inculcate in them an appreciation of life, cultures and people across the globe
- to promote, in the students, an awareness of human intellectual history
- to make them responsible and humane world citizens so that they can carry forward the rich legacy of humanity

### **LEARNING OUTCOMES**

After the completion of this Audit course, students will be able to

- learn how past societies, systems, ideologies, governments, cultures and technologies were built, how they operated, and how they have changed
- understand how the rich history of the world helps us to paint a detailed picture of where we stand today

- understand the Vedic theism, Upanishads Philosophy and doctrines of Jainism, Buddhism and Sikhism
- acquire knowledge of women rights and courage to face day to day challenges
- acknowledge the changes in society, religion and literature in the renaissance period and the importance of empathy and compassion for humanity
- learn about the prominent Indians (Men and Women) who contributed significantly in freedom struggle, education, economic development and in the formation and evolution of our nation
- understand meaning of race and how that concept has been used to justify exclusion, inequality, and violence throughout history and the origin of civil right movements to fight for equality, liberty and fraternity
- critically evaluate the socio-political and economic issues at global level and its implications in the present
- upgrade and enhance learning technological skills and striking a balance between technology and their well being
- take pride in learning the saga of Indian Past Culture and Heritage
- understand the rich legacy of KMV and its progressive endeavours

<b>MODULE</b>	<b>TITLE</b>	<b>CONTACT HOURS</b>
<b>I</b>	<b>Introduction and Initial Assessment</b>	<b>2</b>
<b>II</b>	<b>The Human Story</b>	<b>3</b>
<b>III</b>	<b><i>The Vedas</i> and the Indian Philosophy</b>	<b>2.5</b>
<b>IV</b>	<b>The Journey of Woman The Story and the Dream</b>	<b>2.5</b>
<b>V</b>	<b>Changing Paradigms in Society, Religion &amp; Literature</b>	<b>2.5</b>
<b>VI</b>	<b>Makers of Modern India</b>	<b>2.5</b>
<b>VII</b>	<b>Racism: Story of the West</b>	<b>2.5</b>
<b>VIII</b>	<b>Modern World at a Glance: Political &amp; Economic Perspective</b>	<b>2.5</b>
<b>IX</b>	<b>Technology Vis a Vis Human Life</b>	<b>2.5</b>
<b>X</b>	<b>My Nation My Pride</b>	<b>2.5</b>
<b>XI</b>	<b>The KMV Experience</b>	<b>2.5</b>
<b>XII</b>	<b>Final Assessment, Feedback and Closure</b>	<b>2.5</b>

## EXAMINATION

- **Total Marks: 25 (Final Exam: 20; Internal Assessment: 5)**
- Final Exam: multiple choice quiz. Marks – 20; Time: 1 hour
- Internal Assessment: 5 (Assessment: 3; Attendance:2)  
Comparative assessment questions (medium length) in the beginning and close of the programme.  
Marks: 3; Time: 0.5 hour each at the beginning and end.
- Total marks: 25 converted to grade for final result
- Grading system: 90% marks & above: A grade  
80% - 89% marks : B grade  
70% - 79% marks : C grade  
60% - 69% marks : D grade  
50% - 59% marks : E grade  
Below 50% marks : F grade (Fail - must give the exam again)

## SYLLABUS

### Module I Being a Human: Introduction & Initial Assessment

- Introduction to the programme
- Initial Assessment of the students through written answers to a couple of questions

### Module 2 The Human Story

- Comprehensive overview of human intellectual growth right from the birth of human history
- The wisdom of the Ancients
- Dark Middle Ages
- Revolutionary Renaissance
- Progressive modern times
- Most momentous turning points, inventions and discoveries

### Module 3 *The Vedas* and the Indian Philosophy

- Origin, teachings and significance of *The Vedas*
- Upnishads and Puranas
- Karma Theory of *The Bhagwad Gita*
- Main tenets of Buddhism & Jainism
- Teachings of Guru Granth Sahib

#### **Module 4 Changing Paradigms in Society, Religion & Literature**

- Renaissance: The Age of Rebirth
- Transformation in human thought
- Importance of humanism
- Geocentricism to heliocentricism
- Copernicus, Galileo, Columbus, Darwin and Saint Joan
- Empathy and Compassion

#### **Module 5 Woman: A Journey through the Ages**

- Status of women in pre-vedic times
- Women in ancient Greek and Roman civilizations
- Women in vedic and ancient India
- Status of women in the Muslim world
- Women in the modern world
- Crimes against women
- Women labour workforce participation
- Women in politics
- Status of women- our dream

#### **Module 6 Makers of Modern India**

- Early engagement of foreigners with India
- Education: The first step to modernization
- Railways: The lifeline of India
- Raja Ram Mohan Roy, Gandhi, Nehru, Vivekanand, Sardar Patel etc.
- Indira Gandhi, Mother Teresa, Homai Vyarawala etc.
- The Way Ahead

#### **Module 7 Racism: Story of the West**

- European beginnings of racism
- Racism in the USA - Jim Crow Laws
- Martin Luther King Jr. and the battle against racism
- Apartheid and Nelson Mandela
- Changing face of racism in the modern world

#### **Module 8 Modern World at a Glance: Political & Economic Perspective**

- Changing world order
- World War I & II
- UNO and The Commonwealth
- Nuclear Powers; Terrorism
- Economic Scenario: IMF, World Bank

- International Regional Economic Integration

### **Module 9 Technology Vis a Vis Human Life**

- Impact of technology on modern life
- Technological gadgets and their role in our lives
- Technology and environment
- Consumerism and materialism
- Psychological and emotional consequences of technology
- Harmonizing technology with ethics and humaneness

### **Module 10 My Nation My Pride**

- Indian Past Culture and Heritage
- Major Discoveries ( Medicinal and Scientific)
- Vedic Age
- Prominent Achievements
- Art, Architecture and Literature

### **Module 11 The KMV Experience**

- Rich Legacy of KMV
- Pioneering role in women emancipation and empowerment
- KMV Contribution in the Indian Freedom Struggle
- Moral, cultural and intellectual heritage of KMV
- Landmark achievements
- Innovative initiatives; international endeavours
- Vision, mission and focus
- Conduct guidelines for students

### **Module 12 Final Assessment, Feedback & Closure**

- Final multiple choice quiz
- Assessment through the same questions asked in the beginning
- Feedback about the programme from the students
- Closure of the programme

### **PRESCRIBED READING**

- *The Human Story* published by Dawn Publications