

CLUB/SUBJECT SOCIETY/DEPARTMENT ACTIVITIES

Session 2022-23

S.No.	Date	Department	Title of Event	Number of participants
1.	5.8.2022	Home Science	Poster Making Competition	33
2.	12.08.2022	Home Science	Tricolour Cooking Competition	22
3.	14.9.2022	Home Science	Cafeteria – KULCHE & CHANNE	41
4.	15 th October 2022	Home Science	Cafeteria – Moong Dal Panjiri	41
5.	21 st September 2022	Home Science	Cafeteria – Red Sauce & White Sauce Pasta with Cold Coffee	41
6.	10 th November 2022	Home Science	Cafeteria – Sarso-Ka-Saag with Makki-Ki-Roti & Lassi (Salty / Sweet)	41
7.	3 rd November, 2022	Home Science	Cafeteria – Snacks Counter	41
8.	14 th September, 2022	Home Science	Cafeteria – South Indian Platter	41
9.	6 th September, 2022	Home Science	Cooking Competition	5
10.	07.09.2022	Home Science	Quiz Competition	17
11.	3 rd September,	Home Science	Diet Clinic	9

	2022			
12.	15 th October, 2022.	Home Science	An Exhibition Cum Sale at VirsaVihar	13
13.	25.01. 2023	Home Science	Tricolour Cooking and Embroidery Competition	13
14.	29 th Jan. 2023	Home Science	Republic Day Event Planning	10
15.	17 th Feb 2023	Home Science	'Picnic' Event Planning	10
16.	3 rd Feb 2023	Home Science	'Birthday Party' Event Planning	10
17.	4 th March 2023	Home Science	Holi Celebration' Event Planning	15
18.	23 rd Feb . 2023	Home Science	'Kitty Party ' Event Planning.	11
19.	14 th , February 2023.	Home Science	Organised A Valentine Special Chocolate Stall	22
20.	05.mar ch.202 3	Home Science	Women's day celebration	24

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request for organise Poster Making Competition.

Respected Mam,

Kindly allow us to organise a Poster Making Competition on the Theme -
Breastfeeding on 5th August 2022. Kindly allow us to organise the same for the students of
department of Home Science .

Thanking You

Yours sincerely,
Neeti
Mrs. Neeti Kapoor
HOD, Home Science

*Allowed
Neeti*

Report
Poster Making Competition

Home Science Department of Kanya Maha Vidyalaya has organised Poster Making Competition on 5th August, 2022 on the occasion of World Breast Feeding week i.e. 1st -7th August, 2022 with the theme - Step up for Breast Feeding: Educate & Support.

Students from various streams i.e., B.Sc. Home Science, B.Voc. Nutrition, Exercise & Health, Collegiate students of 11th and 12th (Home Science) and Diploma in Early Childhood Care Education actively participated in the competition. All the students were appreciated and motivated to participate in the competition by the worthy Principal Dr. Atima Sharma Dwivwedi; Mrs. Madhumeet, Dean of Student Welfare and Mrs. Neeti Kapoor, Head of the Department, Home Science. With this activity, students learned about importance and need of breast feeding and nutritional requirements during lactation period and gave message and valuable information to other students of the college as well as to the society.

1st Position was bagged by Falak from 11th class, Jasmine from the stream of B.Voc. of 1st Semester, Bhupinder from B.Sc. Home Science of 3rd Semester and 2nd Position was bagged by Konika of 11th class, Ruchika from B.Voc NEH of 3rd Semester and Vanshika of B.Sc. Home Science from 5th Semester.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Khera, Dr. Rupika Chopra, Ms. Tarandep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised and make the competition comfortable for students.

Neeti Kapoor





5th August, 2022

Kanya Maha Vidyalaya, Jalandhar

Department of Home Science

Celebrating **Breast Feeding week** (1st -7th August, 2022)

{Theme - Step up for Breast Feeding: Educate & Support}

Poster Making Competition

Attendance

S.No.	Name	Class (Sem)
1.	Tamanna	11 th
2.	Falak	11 th
3.	Konica	11 th
4.	Komal Preet	11 th
5.	Priyanka	11 th
6.	Manveer	12 th
7.	Ashly	12 th
8.	Khushi	12 th
9.	Ishivpreet	12 th
10.	Riya	12 th
11.	Mudita	12 th
12.	Harshita	12 th
13.	Priyanka	12 th
14.	Vanshika	B.Sc. (H.Sc.) Sem V
15.	Shailza	B.Sc. (H.Sc.) Sem V
16.	Muskan	B.Voc.(NEH) Sem I
17.	Jasmine	B.Voc.(NEH) Sem I
18.	Ritu	B.Voc.(NEH) Sem I
19.	Shubhkiran	B.Voc.(NEH) Sem I
20.	Amandeep	B.Voc.(NEH) Sem I
21.	Kirti	B.Voc.(NEH) Sem I
22.	Arshpreet	B.Voc.(NEH) Sem I
23.	Simran	B.Voc.(NEH) Sem I
24.	Parneet	B.Voc.(NEH) Sem III
25.	Surbhi	B.Voc.(NEH) Sem III
26.	Khushbu	B.Voc.(NEH) Sem III
27.	Rachika	B.Voc.(NEH) Sem III
28.	Geetika	B.Voc.(NEH) Sem III
29.	Tanishka	B.Voc.(NEH) Sem V
30.	Jayati	DECCE

Neeraj Kapoor

FEEDBACK FORM

NAME OF ACTIVITY: Poster Making Activity (Breast feeding week)

DATE: 5th August 2022

NAME: Bhupinder Kaur

CLASS: BSC. Home Science (Sem III)

ROLL NO. if applicable:

214403

FEEDBACK:

It is important to aware people that breast feeding is beneficial for growth of babies.

FURTHER SUGGESTIONS:

Neeti Kaur

SIGNATURE:

Bhupinder Kaur

FEEDBACK FORM

NAME OF ACTIVITY: Poster Making Activity (Breast feeding week)

DATE: 5th august 2022

NAME: Janvika

CLASS: B.Sc Home Sci Sem-5

ROLL NO. if applicable

222896

FEEDBACK:

Breast milk contains antibodies that protect infants from illness and infections

FURTHER SUGGESTIONS:

SIGNATURE
Janvika

Janvika

FEEDBACK FORM

NAME OF ACTIVITY: Poster Making Activity (Breast feeding week)

DATE: 5th August 2022

NAME: Manpreet Kaur Kaabi

CLASS: B.Sc. Home science (sem-IIIrd)

ROLL NO. (if applicable)

214405

FEEDBACK:

It is important to aware people that breast feeding is normal. So, i think this is best way to aware people. I like the way in which all the students take participate & make posters on this.

FURTHER SUGGESTIONS:

SIGNATURE:

Manpreet Kaur

Neeti Kaur

FEEDBACK FORM

NAME OF ACTIVITY: Poster Making Activity (Breast feeding week)

DATE: 5th august 2022

NAME: VANSHIKA MAHAJAN

CLASS: BSc. (HOME SCIENCE) (SEM-III)

ROLL NO. (if any)

214404

FEEDBACK

This competition was very interesting and helpful.

FURTHER SUGGESTIONS

These kind of competition must be held on regular basis to create awareness among people.

SIGNATURE:

Vanshika

Veeti Kapoor

FEEDBACK FORM

NAME OF ACTIVITY: Poster Making Activity (Breast feeding week)

DATE: 5th august 2022

NAME: Tanishka Khanna

CLASS: B. Voc (NEH) Sem - V

ROLL NO. if applicable:

FEEDBACK:

The activity was very interesting, knowledgeable, came to know about various things regarding Breastfeeding.

FURTHER SUGGESTIONS:

SIGNATURE:

Tanishka

Neeti Kapoor

Kanya Maha Vidyalaya

The Autonomous Heritage Institution, Jalandhar

World BREAST FEEDING Week
(1st Aug- 7th Aug)

Theme 2022: Step up for breastfeeding: Educate & Support

Poster Making Competition

5th Aug 2022

11:30 am

Venue: Home Science Dept.



Neeti Kaur
Organized by: Home Science Department

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request for organising Tri colour cooking competition .

Respected Mam,

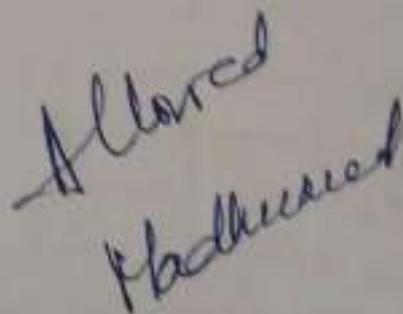
Kindly allow us to organise a Tri – Colour Competition on the Theme – Independence day on 15th August 2022. Kindly allow us to organise the same for the students of department of Home Science .

Thanking You

Yours sincerely,


Mrs. Neeti Kapoor

HOD, Home Science


Alored

Report

Home Science Department of Kanya Maha Vidyalaya organised Tricolour Cooking Competition on 13th August, 2022 on the occasion of Independence Day i.e. 15th August, 2022 with the theme – Tricolour based Healthy and Nutritious Recepties.

Students from various streams i.e., B.Sc. Home Science, B.Voc. Nutrition, Exercise & Health, and Diploma in Early Childhood Care Education actively participated in the competition. The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about the nutritional values of different food items and prepared innovative tricoloured dishes with great enthusiasm and zeal.

1st position was bagged by Kajal Sharma from the stream of B.Voc (N.E.&H.) of 1st Semester in sweets, Kudrat from B.Voc (N.E.&H.) of 1st Semester in savoury and 2nd position was bagged by Tanishka from B.Voc (N.E.&H.) of 5th Semester in sweets, Ritu from B.Voc (N.E.&H.) of 1st Semester in savoury and Amandeep from B.Voc (N.E.&H.) of 1st Semester received consolation prize in the category of sweets.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Khera, Mrs. Reema Dhingra, Dr. Rupika Chopra, Ms. Taranddep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together guided the students.



Abhinav Kapoor

Kanya Maha Vidyalaya, Jalandhar
Department of Home Science
Celebrating **Independence Day** – 13th August, 2022

Tricolor Cooking Competition

Attendance

S.No.	Name	Class (Sem)
1.	Kirti	B.Voc.(NEH) Sem I
2.	Simranjeet	B.Voc.(NEH) Sem I
3.	Kajal	B.Voc.(NEH) Sem I
4.	Ritu	B.Voc.(NEH) Sem I
5.	Kudrat	B.Voc.(NEH) Sem I
6.	Amandeep	B.Voc.(NEH) Sem I
7.	Hritika	B.Voc.(NEH) Sem I
8.	Muskan	B.Voc.(NEH) Sem I
9.	Subhkiran	B.Voc.(NEH) Sem I
10.	Tanishka	B.Voc.(NEH) Sem V
11.	Ramneek	B.Voc.(NEH) Sem V
12.	Vishali	B.Voc.(NEH) Sem V
13.	Subhneet	B.Voc.(NEH) Sem V
14.	Parampreet	DECCE
15.	Jasmeet	DECCE
16.	Manpreet	BSc HSc Sem III
17.	Vanshika	BSc HSc Sem III
18.	Bhupinder	BSc HSc Sem III
19.	Shialza	BSc HSc Sem V
20.	Vanshika jain	BSc HSc Sem V
21.	Simran	BA HSc Sem VI
22.	Sushma	BA HSc Sem V

Neeraj Kapoor.

Feedback Form

Name of the Activity: Tricolour Cooking Competition

Date: 13.08.2022

Name: Subh Kiran Kaur Chahal

Class: B.VOC (NEH) Sem I

Roll No.: 226904

Feedback:

I made Bifla mocktails which was very interesting to make. I had great experience with this cooking competition.

Further Suggestions:

Subh Kiran Kaur Chahal
Signature

Neer Kapoor

Feedback Form

Name of the Activity: Tricolour Cooking Competition

Date: 13.08.2022

Name: Sivanjeet Kaur

Class: B. VOC (MEH) SEM - I

Roll No.: 226907

Feedback:

I learnt many new dishes, while
Cooking Competition and got some new
techniques for preparing them.

Further Suggestions:

Kindly promote other activities/ Competition
like this.

Sivanjeet Kaur
Signature

Neeraj Kapoor

Feedback Form

Name of the Activity: Tricolour Cooking Competition

Date: 13.08.2022

Name: Muskon

Class: B.Voc (NEH) Sem-I

Roll No.: 226911

Feedback:

I made a south indian dish and it was a delightful experience. Before this, I haven't made anything like this. It was a new thing for me.

Further Suggestions:

It was really amazing to be a part of the competition so I would like to suggest that in future such competitions should be held in order to make studies more interactive.

Muskon
Signature

Muskon

Feedback Form

Name of the Activity: Tricolour Cooking Competition

Date: 13.08.2022

Name: Jasmeet Kaur

Class: ECCE (Semester - I)

Roll No.: 223127

Feedback:

It was a good experience. I learn
about different recipes.

Further Suggestions:

.....
.....
.....
.....


Signature

Neeti Kapoor

The Principal

Kanya Maha Vidyalaya (KMV)

Jalandhar (Punjab)

Subject: Request to grant permission to organise Cafeteria.

Respected Mam,

Kindly allow the students of department of Home Science(BVoc.NEH) to organise cafeteria for the following :

Item	Date
Kulche channe	14 th sept.2022
Pasta with cold coffee	21 st sept.2022
Sarso ka saag with makki ki roti	9 th nov.2022
Snack counter	3 rd nov.2022
South Indian platter	5 th sept. 2022
Moong dal panjiri	15 th oct.2022

Thanking You

Yours sincerely,

Neeti Kapoor
Mrs. Neeti Kapoor

HOD, Home Science

Neeti

*Allowed
Neeti*

Report

Cafeteria – KULCHE & CHANNE

Home Science Department of Kanya Maha Vidyalaya has organised Cafeteria on 14th September, 2022 to teach and upgrade the skills of students as public dealing and bulk cooking.

Final year Students of B.Voc, Nutrition, Exercise & Health have actively participated in the cafeteria and do a tremendous work. Students prepared the KULCHE & CHANNE which are served with green chutney and salad. The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about the nutritional values of different food items, how to standardize the costing and also increase their communication, public dealing skills. The student's sells the coupons with enthusiasm and zeal, the students were guided that how to prepare the recipe and serve them well by Ms. Tarandeep Kaur, Ms. Palak and Ms. Srishti together and make the Cafeteria comfortable for students.

The students actively performed each and every part of cafeteria as they standardize the dish and set the cost price, so they could sell the coupons of the same. As students sell about 40 coupons and prepare the items for the same. Then they serve to the respective departments where they sells the coupon. Students get the profit of Rs. 1020/- from the cafeteria. At last, students enjoyed, learnt and also enhance the skills of cooking.

Teacher Attendance:-

Neeti

S.No.	Name of teachers
1.	Mrs. Neeti Kapoor
2.	Mrs. Mani Khera
3.	Ms. Tarandeep
4.	Ms. Palak
5.	Ms. Srishtu
6.	Ms. Shivani
7.	Dr. Rupika Chopra
8.	Mrs. Reema



Department of Home Science

Cafeteria – Kulche Chane

Attendance

Date – 14.09.22

S.No.	Name	Class	Roll No.
01.	Rajji	B.Voc. NEH Sem V	227007
02.	Tanishka	B.Voc. NEH Sem V	227002
03.	Jasleen	B.Voc. NEH Sem V	227012
04.	Sonal	B.Voc. NEH Sem V	227001
05.	Subhneet	B.Voc. NEH Sem V	227007
06.	Ramnik	B.Voc. NEH Sem V	227008
07.	Pallavi	B.Voc. NEH Sem V	227009
08.	Harsimran	B.Voc. NEH Sem V	227010
09.	Jaspinder	B.Voc. NEH Sem V	227011
10.	Jasleen	B.Voc. NEH Sem V	227012
11.	Bhupinder	B.Sc. Home Science V	222853
12.	Vanshika	B.Sc. Home Science V	222852
13.	Manpreet	B.Sc. Home Science V	222851

Neethi

FEEDBACK FORM

Cafeteria- kulche Channe

(Under Home Science Dept.)

Session: 2022-23

Date: 14th sept. 2022

Name of Student:Rajji.....

Class: B.VOC (N.E.H) V

Roll No. 227006

Did you find the activity useful?

Yes, very interesting and how to cooperate with other members during group work.

Any Suggestion:

No, Everything was good.

Rajji
Signature

VVeet

FEEDBACK FORM

Cafeteria- kulche Channe

(Under Home Science Dept.)

Session: 2022-23

Date: 14th sept. 2022

Name of Student: Tanishka.....

Class: BVDC NEH Sem V

Roll No. 227002.....

Did you find the activity useful?

Yes, it helps in standardization of various recipes.

Any Suggestion:

Informative approach.

Tanishka
Signature

Neeta

FEEDBACK FORM

Cafeteria- kulche Channe

(Under Home Science Dept.)

Session: 2022-23

Date: 14th sept. 2022

Name of Student: Jasleen

Class: B.VOC. NEH Sem-V

Roll No. 227012

Did you find the activity useful?

Yes, it is knowledgeable and a very interesting activity.

Any Suggestion:

No Informativ

Jasleen
Signature

Noeth

FEEDBACK FORM

Cafeteria - Kulche Channe

(Under Home Science Dept.)

Session: 2022-23

Date: 14th sept. 2022

Name of Student: Arnab

Class: AVOC (NEH) V

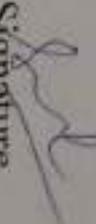
Roll No. 227001

Did you find the activity useful?

Yes, it brings a combination and standards
of various things

Any Suggestion:

Am. effective approach


Signature

Arushi

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to grant permission to organise Cafeteria.

Respected Mam,

Kindly allow the students of department of Home Science(BVoc.NEH) to organise cafeteria
for the following :

Item	Date
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Pasta with cold coffee	21 st sept.2022
Sarso ka saag with makki ki roti	9 th nov.2022
Snack counter	3 rd nov.2022
South Indian platter	5 th sept. 2022
Moong dal panjiri	15 th oct.2022

Thanking You

Yours sincerely,

Neeti Kapoor
Mrs. Neeti Kapoor

HOD, Home Science

*Allowed
Neeti*

Report

Cafeteria – Moong Dal Panjiri

Home Science Department of Kanya Maha Vidyalaya has organised Cafeteria on 15th October 2022 to teach and upgrade the skills of students as public dealing and bulk cooking.

Final year Students of B.Voc, Nutrition, Exercise & Health have actively participated in the cafeteria and do a tremendous work. Students prepared the **Moong Dal Panjiri** for the Diwali exhibition. As she prepares the 25 boxes of the panjiri and sells to the customer with great communication skills. The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about the nutritional values of different food items, how to standardize the costing and also increase their communication, public dealing skills. As students get more motivated by getting excellent feedback from their customers. The student's sells the boxes with enthusiasm and zeal, the students were guided that how to prepare the recipe and serve them well by Ms. Tarandeep Kaur, Ms. Palak and Ms. Srishti together and make the Cafeteria comfortable for students.

The students actively performed each and every part of cafeteria as they standardize the dish and set the cost price, so they could sell the boxes of the same. Students get the profit of Rs. 250/- from the cafeteria. At last, students enjoyed, learnt and also enhance the skills of cooking.

Teacher Attendance :-

S.No.	Name of teachers
1.	Mrs. Neeti Kapoor
2.	Mrs.Mani Khera
3.	Ms.Tarandeep
4.	Ms.Palak
5.	Ms.Srishtu
6.	Ms.Shivani
7.	Dr.Rupika Chopra
8.	Mrs.Reema

Neeti

Dept of Homescience
B.VOC(Nutrition.Exercise&Health)

CAFETERIA!

Moong dal panjiri - Rs.150

Venue: Homescience Department
Date :- 15th October 2022
Time : 11 a.m



Department of Home Science

Cafeteria – Moong Dal Panjiri

Attendance

Date – 15.10.22

S.No.	Name	Class	Roll No.
01.	Kusum	B.Voc. NEH Sem V	227013
02.	Rajji	B.Voc. NEH Sem V	227007
03.	Tanishka	B.Voc. NEH Sem V	227002
04.	Jasleen	B.Voc. NEH Sem V	227012
05.	Sonal	B.Voc. NEH Sem V	227001
06.	Subhneet	B.Voc. NEH Sem V	227007
07.	Ramnik	B.Voc. NEH Sem V	227008
08.	Pallavi	B.Voc. NEH Sem V	227009
09.	Harsimran	B.Voc. NEH Sem V	227010
10.	Jaspinder	B.Voc. NEH Sem V	227011
11.	Jasleen	B.Voc. NEH Sem V	227012
12.	Akshita	B.Voc. NEH Sem V	227003
13.	Vishali	B.Voc. NEH Sem V	227004
14.	Nishtha	B.Voc. NEH Sem V	227005
15.	Bhupinder	B.Sc. Home Science V	222853
16.	Vanshika	B.Sc. Home Science V	222852
17.	Manpreet	B.Sc. Home Science V	222851

Mech

FEEDBACK FORM

Cafeteria- Moong Dal Panjiri

(Under Home Science Dept.)

Session: 2022-23

Date: 15th oct. . 2022

Name of Student: Nishtha.....

Class: B.V.D.C. N.E.H Sem-V

Roll No. 227005.....

Did you find the activity useful?

Yes, it is an useful activity that
builds very good and interest in subjects
of concepts

Any Suggestion:

Learned and gained a new experience.
.....

Nishtha

Signature

Nishi

FEEDBACK FORM

Cafeteria- Moong Dal Panjiri

(Under Home Science Dept.)

Session: 2022-23

Date: 15th oct. . 2022

Name of Student: Subhmeet Kaur

Class: B.VOC... N.E.H... Sem-5

Roll No. 227007

Did you find the activity useful?

Yes, it gives us chance to interact
and helps in standardization of recipes.

Any Suggestion:

Excellent academic approach

Subhmeet Kaur
Signature

Neeti

FEEDBACK FORM

Cafeteria- Moong Dal Panjiri

(Under Home Science Dept.)

Session: 2022-23

Date: 15th oct. . 2022

Name of Student: ...*Tanishka*.....

Class: ...*B.VOC (NEH) SEM-VI*.....

Roll No. ...*227002*.....

Did you find the activity useful?

Yes, it gives us chance to interact and helps in standardization of recipes.

Any Suggestion:

No.

Tanishka
Signature

Neeti

The Principal

Kanya Maha Vidyalaya (KMV)

Jalandhar (Punjab)

Subject: Request to grant permission to organise Cafeteria.

Respected Mam,

Kindly allow the students of department of Home Science(BVoc.NEH) to organise cafeteria

for the following :

Item	Date
Kulche channe	14 th sept.2022 -
Pasta with cold coffee	21 st sept.2022
Sarso ka saag with makki ki roti	9 th nov.2022
Snack counter	3 rd nov.2022
South Indian platter	5 th sept. 2022
Moong dal panjiri	15 th oct.2022

Thanking You

Yours sincerely,

Neeti Kapoor
Mrs. Neeti Kapoor

HOD, Home Science

*Allowed
Neeti*

Report

Cafeteria –Red Sauce & White Sauce Pasta with Cold Coffee

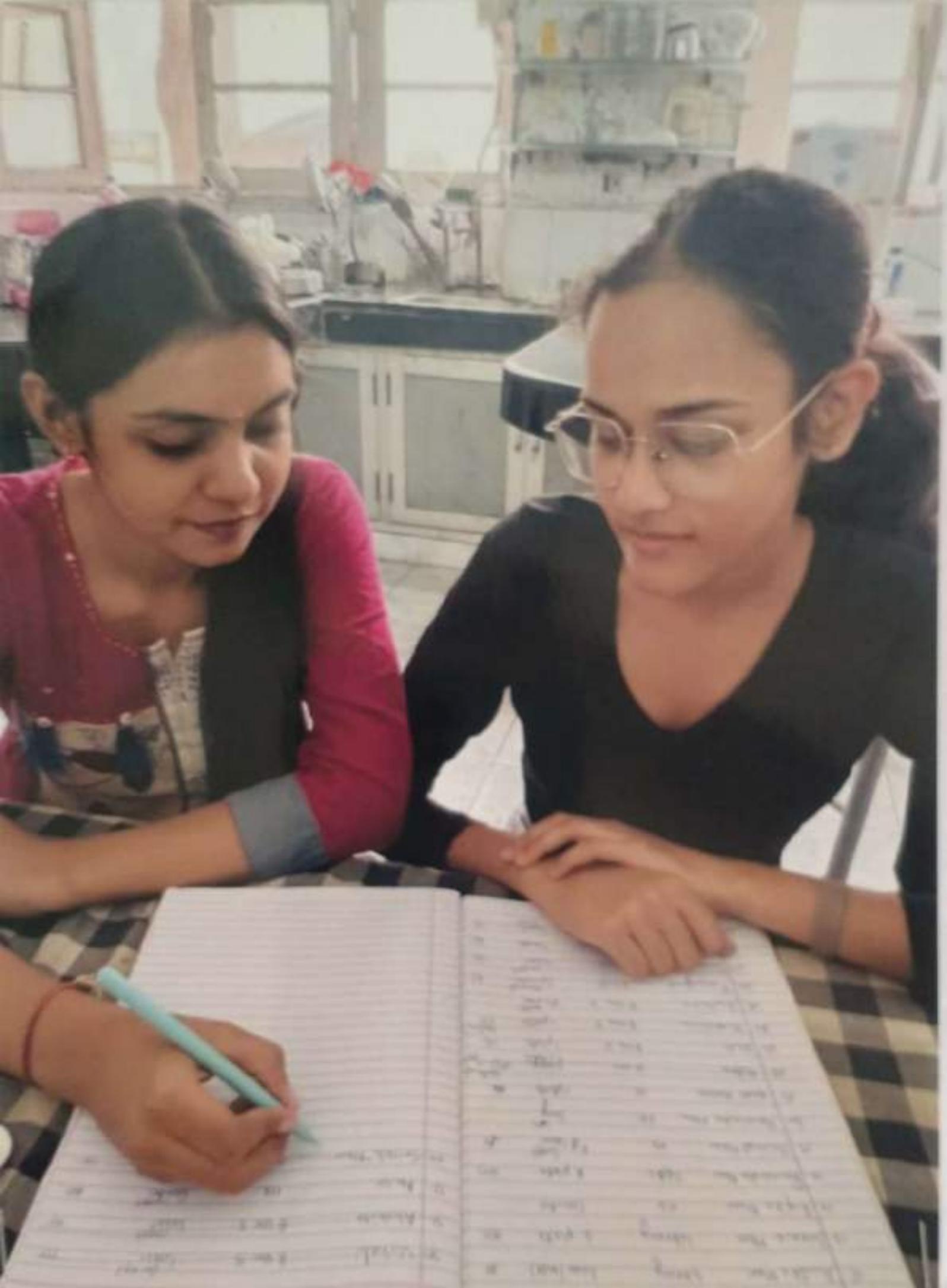
Home Science Department of Kanya Maha Vidyalaya has organised Cafeteria on 21st September 2022 to teach and upgrade the skills of students as public dealing and bulk cooking.

Final year Students of B.Voc, Nutrition, Exercise & Health have actively participated in the cafeteria and do a tremendous work. Students prepared the red sauce pasta and white sauce pasta and served well with cold coffee .As students use the variety of vegetables which increase the taste and nutrition part of the dishes. The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about the nutritional values of different food items, how to standardize the costing and also increase their communication, public dealing skills. They also enjoy cooking together with their classmates and help them to build team work qualities. The student's sells the coupons with enthusiasm and zeal, the students were guided that how to prepare the recipe and serve them well by Ms. Tarandeep Kaur, Ms. Palak and Ms. Srishti together and make the Cafeteria comfortable for students.

The students actively performed each and every part of cafeteria as they standardize the dish and set the cost price, so they could sell the coupons of the same. As students sell about 40 coupons and prepare the items for the same .Then they serve to the respective departments where they sells the coupon .Students get the profit of Rs.1000 /- from the cafeteria . At last, students enjoyed, learnt and also enhance the skills of cooking.

S.No.	Name of teachers
1.	Mrs. Neeti Kapoor
2.	Mrs.Mani Khera
3.	Ms.Tarandeep
4.	Ms.Palak
5.	Ms.Srishti
6.	Ms.Shivani
7.	Dr.Rupika Chopra
8.	Mrs.Reema

Neeti



Department of Home Science

Cafeteria – Pasta and Cold Coffee

Attendance

Date – 21.09.22

S.No.	Name	Class	Roll No.
01.	Rajji	B.Voc. NEH Sem V	227007
02.	Tanishka	B.Voc. NEH Sem V	227002
03.	Jasleen	B.Voc. NEH Sem V	227012
04.	Sonal	B.Voc. NEH Sem V	227001
05.	Subhneet	B.Voc. NEH Sem V	227007
06.	Ramnik	B.Voc. NEH Sem V	227008
07.	Pallavi	B.Voc. NEH Sem V	227009
08.	Harsimran	B.Voc. NEH Sem V	227010
09.	Jaspinder	B.Voc. NEH Sem V	227011
10.	Jasleen	B.Voc. NEH Sem V	227012
11.	Bhupinder	B.Sc. Home Science V	222853
12.	Vanshika	B.Sc. Home Science V	222852
13.	Manpreet	B.Sc. Home Science V	222851
14.	Akshita	B.Voc. NEH Sem V	227003
15.	Vishali	B.Voc. NEH Sem V	227004
16.	Nishtha	B.Voc. NEH Sem V	227005

Neethi

FEEDBACK FORM

Cafeteria- Pasta & cod Coffee

(Under Home Science Dept.)

Session: 2022-23

Date: 21st sept, 2022

Name of Student: ...*Justeen Kaur*.....

Class: *B.V.O.C. (N.E.H.) (V)*

Roll No. *207012*.....

Did you find the activity useful?

...*Yes*...*it*...*was*...*very*...*informative*...*for*...
...*me*.....

Any Suggestion:

...*No*...*Every thing*...*was*...*very*...*good*.....

Justeen Kaur

Signature

Noor

FEEDBACK FORM

Cafeteria- Pasta & cod Coffee

(Under Home Science Dept.)

Session: 2022-23

Date: 21st sept. 2022

Name of Student: Rajji.....

Class: B.VOC (NEH)(V)

Roll No. 227006.....

Did you find the activity useful?

Yes, I have learn about different skills like how to communicate with persons.

Any Suggestion:

No, every thing was good.

Rajji

Signature

Neer

FEEDBACK FORM

Cafeteria- Pasta & cod Coffee

(Under Home Science Dept.)

Session: 2022-23

Date: 21st sept. 2022

Name of Student: ...*Sonal*.....

Class: ..*B.V.O.C. (N.E.H) V*

Roll No. ...*227001*.....

Did you find the activity useful?

Yes, I have learnt about different skills like how to communicate with persons.

Any Suggestion:

No, everything was good

Sonal
Signature

Weeti

FEEDBACK FORM

Cafeteria- Pasta & cod Coffee

(Under Home Science Dept.)

Session: 2022-23

Date: 21st sept. 2022

Name of Student:Pallavi.....

Class: ...B.V.O.C(N.E.H) V.....

Roll No. ...227009.....

Did you find the activity useful?

...Yes, I have learnt about different
...skills like how to communicate with
...Person

Any Suggestion:

...No, everything was good.....
.....

Pallavi

Signature

Neeti

FEEDBACK FORM

Cafeteria- Pasta & cod Coffee

(Under Home Science Dept.)

Session: 2022-23

Date: 21st sept, 2022

Name of Student: Submeet Kaur

Class: B.V.O.C. N.E.H. Sem-5

Roll No. 227007.....

Did you find the activity useful?

Yes it is innovative, recreational and informative.

Any Suggestion:

Best learning initiative.

Submeet Kaur
Signature

Noor

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to grant permission to organise Cafeteria.

Respected Mam,

Kindly allow the students of department of Home Science(BVoc.NEH) to organise cafeteria for the following :

Item	Date
Kulche channe	14 th sept.2022
Pasta with cold coffee	21 st sept.2022
Sarso ka saag with makki ki roti	9 th nov.2022
Snack counter	3 rd nov.2022
South Indian platter	5 th sept. 2022
Moong dal panjiri	15 th oct.2022

Thanking You

Yours sincerely,
Neeti Kapoor
Mrs. Neeti Kapoor
HOD, Home Science

*Allowed
Madameed*

Report

Cafeteria – Sarso–Ka-Saag with Makki-Ki-Roti & Lassi (Salty / Sweet)

Home Science Department of Kanya Maha Vidyalaya has organised Cafeteria on 10th November 2022 to teach and upgrade the skills of students as public dealing and bulk cooking.

Final year Students of B.Voc, Nutrition, Exercise & Health have actively participated in the cafeteria and do a tremendous work. Students prepared the Sarso–Ka-Saag with Makki-Ki-Roti and Lassi (sweet /salty). They also serve the salad with meal .as this combo was liked by most of the faulty members too. This complete combo was enjoyed by the persons who bought the coupon. The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about the nutritional values of different food items, how to standardize the costing and also increase their communication, public dealing skills.as students get more motivated by getting excellent feedback from their customers. The student's sells the coupons with enthusiasm and zeal, the students were guided that how to prepare the recipe and serve them well by Ms. Tarandeep Kaur, Ms. Palak and Ms. Srishti together and make the Cafeteria comfortable for students.

The students actively performed each and every part of cafeteria as they standardize the dish and set the cost price, so they could sell the coupons of the same. As students sell about 50 coupons and prepare the items for the same .Then they serve to the respective departments where they sells the coupon .Students get the profit of Rs. 640/- from the cafeteria. At last, students enjoyed, learnt and also enhance the skills of cooking.

S.No.	Name of teachers
1.	Mrs. Neeti Kapoor
2.	Mrs.Mani Khera
3.	Ms.Tarandeep
4.	Ms.Palak
5.	Ms.Srishtu
6.	Ms.Shivani
7.	Dr.Rupika Chopra
8.	Mrs.Reema

Neeti



Department of Home Science

Cafeteria – Makke Ki Roti with Sarson Ka Saag

Attendance

Date – 09.11.22

S.No.	Name	Class	Roll No.
01.	Rajji	B.Voc. NEH Sem V	227007
02.	Tanishka	B.Voc. NEH Sem V	227002
03.	Jasleen	B.Voc. NEH Sem V	227012
04.	Sonal	B.Voc. NEH Sem V	227001
05.	Subhneet	B.Voc. NEH Sem V	227007
06.	Ramnik	B.Voc. NEH Sem V	227008
07.	Pallavi	B.Voc. NEH Sem V	227009
08.	Harsimran	B.Voc. NEH Sem V	227010
09.	Jaspinder	B.Voc. NEH Sem V	227011
10.	Jasleen	B.Voc. NEH Sem V	227012
11.	Akshita	B.Voc. NEH Sem V	227003
12.	Vishali	B.Voc. NEH Sem V	227004
13.	Nishtha	B.Voc. NEH Sem V	227005

Neeti

FEEDBACK FORM

Cafeteria- makki ki roti and sarso ka saag

(Under Home Science Dept.)

Session: 2022-23

Date: 9th nov. . 2022

Name of Student: *Rajji*

Class: *B.V.O.C. (N.E.H) V*

Roll No. *227006*

Did you find the activity useful?

..... *Yes, it was very informative. I learn*
..... *about different things.*

Any Suggestion:

..... *No, everything was good*

Rajji
Signature

Sheet

FEEDBACK FORM

Cafeteria- makki ki roti and sarso ka saag

(Under Home Science Dept.)

Session: 2022-23

Date: 9th nov. . 2022

Name of Student: Jasleen Kaur

Class: B:Voc. (N.E.H) V

Roll No. 227012

Did you find the activity useful?

Yes, it was very informative. I learn about different things.

Any Suggestion:

No, everything was good.

Jasleen Kaur
Signature

✓VocA

FEEDBACK FORM

Cafeteria- makki ki roti and sarso ka saag

(Under Home Science Dept.)

Session: 2022-23

Date: 9th nov. . 2022

Name of Student:Sonal.....

Class: ...B.VOC.(N.E.H) ✓

Roll No.227001.....

Did you find the activity useful?

.....Yes..... it was very interesting..... as we
.....have gained knowledge about different things
like deal with customers

Any Suggestion:

.....Should give chance to juniors to learn
this skills.....

Sonal
Signature

Neeti

FEEDBACK FORM

Cafeteria- makki ki roti and sarso ka saag

(Under Home Science Dept.)

Session: 2022-23

Date: 9th nov. . 2022

Name of Student: ..Harsimran.....Kaur.....

Class: ..B.Voc...(N.EH)..(V)

Roll No. 22740.....

Did you find the activity useful?

...Yes.....gain.....knowledge.....about.....different.....
...things.....like.....deal.....with.....customers.....

Any Suggestion:

...Should.....give.....chance.....to.....juniors.....to.....
...learn.....this.....skills.....

Harsimran Kaur
Signature

Neel

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to grant permission to organise Cafeteria.

Respected Mam,

Kindly allow the students of department of Home Science(BVoc.NEH) to organise cafeteria

for the following :

Item	Date
Kulche channe	14 th sept.2022
Pasta with cold coffee	21 st sept.2022
Sarso ka saag with makki ki roti	9 th nov.2022
Snack counter	3 rd nov.2022
South Indian platter	5 th sept. 2022
Moong dal panjiri	15 th oct.2022

Thanking You

Yours sincerely,
Neeti Kapoor
Mrs. Neeti Kapoor
HOD, Home Science

*Allowed
Neeti*

Report

Cafeteria – Snacks Counter

Home Science Department of Kanya Maha Vidyalaya has organised Cafeteria on 3rd November, 2022 to teach and upgrade the skills of students as public dealing and bulk cooking.

Final year Students of B.Voc, Nutrition, Exercise & Health have actively participated in the cafeteria and do a tremendous work. Students prepared the four different items which are served and prepared by them as live counters. Students prepare different food items which are really delicious and also try to increase the nutritional needs like (A.) Nutri Momos, (B.) Batata Puri, (C.) Bhel Puri & (D.) Orange pulpy Mojito. The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about the nutritional values of different food items, how to standardize the costing and also increase their communication, public dealing skills. The student's sells the dishes with great enthusiasm and zeal, as the students were guided that how to prepare the recipe which is healthy too and serve them well by Ms. Tarandeep Kaur, Ms. Palak and Ms. Srishti together and make the Cafeteria comfortable for students.

The students actively performed each and every part of cafeteria as they standardize the dish and set the cost price, so they could sell the coupons of the same. As students sell about 80 coupons and prepare the items for the same. Then they serve to the respective departments where they sells the coupon. Students get the profit of Rs. 1020/- from the cafeteria. At last, students enjoyed, learnt and also enhance the skills of cooking.

S.No.	Name of teachers
1.	Mrs. Neeti Kapoor
2.	Mrs.Mani Khera
3.	Ms.Tarandeep
4.	Ms.Palak
5.	Ms.Srishtu
6.	Ms.Shivani
7.	Dr.Rupika Chopra
8.	Mrs.Reema

Neeti

Department of Home Science

Cafeteria – Snack Counter

Attendance

Date – 03.11.22

S.No.	Name	Class	Roll No.
01.	Kusum	B.Voc. NEH Sem V	227013
02.	Rajji	B.Voc. NEH Sem V	227007
03.	Tanishka	B.Voc. NEH Sem V	227002
04.	Jasleen	B.Voc. NEH Sem V	227012
05.	Sonal	B.Voc. NEH Sem V	227001
06.	Subhneet	B.Voc. NEH Sem V	227007
07.	Ramnik	B.Voc. NEH Sem V	227008
08.	Pallavi	B.Voc. NEH Sem V	227009
09.	Harsimran	B.Voc. NEH Sem V	227010
10.	Jaspinder	B.Voc. NEH Sem V	227011
11.	Jasleen	B.Voc. NEH Sem V	227012
12.	Akshita	B.Voc. NEH Sem V	227003
13.	Vishali	B.Voc. NEH Sem V	227004
14.	Nishtha	B.Voc. NEH Sem V	227005

Mietri

FEEDBACK FORM

Cafeteria- Snack Counter

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd nov. 2022

Name of Student: Kusum

Class: ... B.VOC. (N.E.H) SEM - V

Roll No. 227013

Did you find the activity useful?

..... Yes, it is very knowledgeable as we'd learnt about standardization

Any Suggestion:

..... Excellent learning approach

Kusum

Signature

Neeraj

FEEDBACK FORM

Cafeteria- Snack Counter

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd nov. 2022

Name of Student: Jasleen

Class: B.VOC.(NEH.) - SEM-V

Roll No. 227012

Did you find the activity useful?

Yes, it brings innovation, helps in practicing standardization of recipes

Any Suggestion:

Excellent approach in curriculum

Jasleen
Signature

Neeti

FEEDBACK FORM

Cafeteria- Snack Counter

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd nov. 2022

Name of Student:*Sonal*.....

Class: *B.VOC (NEH) - SEM - I*

Roll No. *227001*.....

Did you find the activity useful?

Yes, it brings innovation & helps in practicing standardization of recipes

Any Suggestion:

Excellent approach in curriculum.

[Signature]
Signature

Neel

FEEDBACK FORM

Cafeteria- Snack Counter

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd nov. 2022

Name of Student: Pallavi

Class: B.VOC. NEH Sem - V

Roll No. 227209

Did you find the activity useful?

Yes, it brings innovation, helps in practicing standardization of recipes.

Any Suggestion:

Excellent approach in curriculum.

Pallavi

Signature

Neer

FEEDBACK FORM

Cafeteria- Snack Counter

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd nov. 2022

Name of Student: Ramnik

Class: B.Voc. NEH sem-V

Roll No. 227008

Did you find the activity useful?

Yes, it is very knowledgeable as we'd learnt about standardization.

Any Suggestion:

Excellent learning approach.

Ramnik

Signature

Neer

Cafeteria of Snack Counter

Total no. of students :41

Total no. of teacher :08

The Heritage and Autonomous Institution
KANYA MAHA VIDYALAYA, JALANDHAR

College with Potential for Excellence Star College by DST, Govt. Of India

Ranked No. 1 College of Punjab and Top National Rankings

(India Today, Outline Magazine and Times of India Group)



Cafeteria! Cafeteria!

Corn Bhel Rs.40



Momos..... Rs.40

Batata Puri..... Rs.30



Orange Mojito..... Rs.30

Venue : Home Science Department
Date : 2 November 2022
Time : 11 A.M

Archi

The Principal

Kanya Maha Vidyalaya (KMV)

Jalandhar (Punjab)

Subject: Request to grant permission to organise Cafeteria.

Respected Mam,

Kindly allow the students of department of Home Science(BVoc.NEH) to organise cafeteria for the following :

Item	Date
Kulche channe	14 th sept.2022
Pasta with cold coffee	21 st sept.2022
Sarso ka saag with makki ki roti	9 th nov.2022
Snack counter	3 rd nov.2022
South Indian platter	5 th sept. 2022
Moong dal panjiri	15 th oct.2022

Thanking You

Yours sincerely,

Neeti Kapoor
Mrs. Neeti Kapoor

HOD, Home Science

*Allowed
Madd*

Neeti

Report

Cafeteria – South Indian Platter

Home Science Department of Kanya Maha Vidyalaya has organised Cafeteria on 14th September, 2022 to teach and upgrade the skills of students as public dealing and bulk cooking.

Final year Students of B.Voc, Nutrition, Exercise & Health have actively participated in the cafeteria and do a tremendous work. Students prepared the South Indian Platter which had steamed veg. Idli, sambar, coconut chutney and rasam . The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about the nutritional values of different food items, how to standardize the costing and also increase their communication, public dealing skills. The student's sells the coupons with enthusiasm and zeal, the students were guided that how to prepare the recipe and serve them well by Ms. Tarandeep Kaur, Ms. Palak and Ms. Srishiti together and make the Cafeteria comfortable for students.

The students actively performed each and every part of cafeteria as they standardize the dish and set the cost price, so they could sell the coupons of the same. As students sell about 40 coupons and prepare the items for the same .Then they serve to the respective departments where they sells the coupon .Students get the profit of Rs. 970/- from the cafeteria . At last, students enjoyed, learnt and also enhance the skills of cooking.

S.No.	Name of teachers
1.	Mrs. Neeti Kapoor
2.	Mrs.Mani Khera
3.	Ms.Tarandeep
4.	Ms.Palak
5.	Ms.Srishiti
6.	Ms.Shivani
7.	Dr.Rupika Chopra
8.	Mrs.Reema

Neeti



Department of Home Science
Cafeteria – South Indian Platter

Attendance

Date – 05.09.22

S.No.	Name	Class	Roll No.
01.	Kusum	B.Voc. NEH Sem V	227013
02.	Rajji	B.Voc. NEH Sem V	227007
03.	Tanishka	B.Voc. NEH Sem V	227002
04.	Jasleen	B.Voc. NEH Sem V	227012
05.	Sonal	B.Voc. NEH Sem V	227001
06.	Subhneet	B.Voc. NEH Sem V	227007
07.	Ramnik	B.Voc. NEH Sem V	227008
08.	Pallavi	B.Voc. NEH Sem V	227009
09.	Harsimran	B.Voc. NEH Sem V	227010
10.	Jaspinder	B.Voc. NEH Sem V	227011
11.	Jasleen	B.Voc. NEH Sem V	227012
12.	Akshita	B.Voc. NEH Sem V	227003
13.	Vishali	B.Voc. NEH Sem V	227004
14.	Nishtha	B.Voc. NEH Sem V	227005
15.	Bhupinder	B.Sc. Home Science V	222853
16.	Vanshika	B.Sc. Home Science V	222852
17.	Manpreet	B.Sc. Home Science V	222851

Neet

FEEDBACK FORM

Cafeteria- South Indian Platter

(Under Home Science Dept.)

Session: 2022-23

Date: 5th sept. 2022

Name of Student: Rajji.....

Class: B.Voc. (N.E.H.).....

Roll No. 227006.....

Did you find the activity useful?

Yes, it was very beneficial for me, to deal and work in group.

Any Suggestion:

No.....
.....

Rajji
Signature

Meets

FEEDBACK FORM

Cafeteria- South Indian Platter

(Under Home Science Dept.)

Session: 2022-23

Date: 5th sept. 2022

Name of Student:Tanishka.....

Class: B.VOC (NEM) V

Roll No. 227002

Did you find the activity useful?

Yes, it was very knowledgeable and
very interesting activity

Any Suggestion:

no Informative

Tanishka
Signature

Neeth

FEEDBACK FORM

Cafeteria- South Indian Platter

(Under Home Science Dept.)

Session: 2022-23

Date: 5th sept. 2022

Name of Student:*Sonal*.....

Class: ..*B.A.O.S. (N.E.H) V*

Roll No.*227001*.....

Did you find the activity useful?

.....*Yes, it was very knowledgeable and
very interesting activity*.....

Any Suggestion:

.....*Informative*.....
.....

Sonal
Signature

Neeti

FEEDBACK FORM

Cafeteria- South Indian Platter

(Under Home Science Dept.)

Session: 2022-23

Date: 5th sept, 2022

Name of Student:Kusum.....

Class: ..B.V.O.C...(N.E.H) ✓

Roll No. ..227013.....

Did you find the activity useful?

.....Yes.....very.....informative.....for.....me.....

Any Suggestion:

.....No:.....

Kusum
Signature

Neethi

Cafeteria of South Indian Platter

Total no. of students :41

Total no. of teacher :08

The Heritage Institution
KANYA MAHA VIDYALAYA (AUTONOMOUS)
College with Potential for Excellence by UGC. Top College status by DRU Govt. of India
Top National Rankings (India Today, Outlook Magazine and Times Of India Group)

Dept of Homescience
B.VOC (Nutrition, Exercise & Health)

Presents Cafeteria!!

South Indian Platter ₹50

- Idli
- Sambar
- Rasam
- Coconut Chutney
- Tamarind Chutney



Venue : Homescience Department
Date : 5 September 2022
Time : 1 p.m

Neel

The Principal
Kanya Maha Vidyalaya (KMY)
Jalandhar (Punjab)

Subject: Request to grant permission to organise national nutritional week .

Respected Mam,

Kindly allow us to organise activities under national Nutrition Week (1st-7th September) 2022. It will be helpful for the learning exposure for the students of department of Home Science .

Thanking You

Yours sincerely,


Mrs. Neeti Kapoor
HOD, Home Science

*Allowed
Head*

Press Note

The department of Home Science, Kanya Maha Vidyalaya, celebrated the National Nutrition Week from Sept. 1st - Sept. 7th, 2022. Keeping in mind the theme of the year, 'Celebrate the World of Flavours', various activities were conducted in the department. Objective of the programme was to create awareness regarding the importance of healthy diet and nutrition along with different flavours among students. Diet clinic was organised by the students of B.Voc. (Nutrition, Exercise and Health). During diet clinic, diet counselling was done and diet charts were given to the interested faculty and students. After that, Cafeteria was conducted in which South Indian platter was the point of attraction. Cooking competition of nutrient dense recipes and quiz competition were also conducted. The students of BSc (Home Science) and B.Voc. (N.E.&H.) participated with full enthusiasm. Innovative and nutrient dense recipes of Subhneet Kaur, Ritu and Tanishka fetched them the first, second and third position respectively in the cooking competition. Quiz competition on nutrition and nutrients was held in the department. Principal, Dr (Mrs.) Atima Sharma Dwivedi applauded the efforts of the faculty of the home science department and students on the celebrations of the nutrition week. The whole programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Khera, Dr. Rupika Chopra, Ms. Tarandep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised and make the programme comfortable for students.

Neeti Kapoor

06.09.22

National Nutrition Week 2022 (1st - 7th Sept. 2022)

Theme: "Celebrate a World of Flavours"

Cooking Competition

Attendance

2

<u>S.No.</u>	<u>Name</u>	<u>Roll No.</u>	<u>Food Item Prepared</u>	<u>Signature</u>
1. ✓	Ritu	226913	Moong dal Dal Balls	Ritu
2.	Parneet Thind	226954	Banana Oats Smoothie	Parneet
3. ✓	Rajji	227006	Punjabi Thali (Saag / Makhi Roti)	Rajji
4. ✓	Tarishka	227002	Brown channa Tikki	Tarishka
5.	Subhreet Kaur	227007	Potato Bites	Subhreet Kaur

Neelika



Heeti Kapoor

Feedback Form

Name of the Activity: Cooking Competition - 06.09.22 (National Nutrition Week)

Date:

Session 2022-23

Name: Subhmeet Kaur.

Class: B.Voc. NEH Sem-VI

Roll No.: 227007

Department: Home Science

Feedback:

The experience gained was very knowledgeable and informative since we've learnt about new recipes, diet and nutritious recipes.

Further Suggestions:

Excellent approach of learning.

Subhmeet Kaur.
Signature

Neeti Kapoor.

Feedback Form

Name of the Activity: Cooking Competition - 06.09.22 (National Nutrition Week)

Date:

Session 2022-23

Name: Parnet Thind

Class: B.VOC (NEH) SEM-III

Roll No.: 226954

Department: Home Science

Feedback:

It was very knowledgeable and informative.
We know about new recipes,
nutritious info.

Further Suggestions:

No.

Parnet
Signature

Neeti Kapoor

Feedback Form

Name of the Activity: Cooking Competition – 06.09.22 (National Nutrition Week)

Date:

Session 2022-23

Name: Ritu

Class: B.Voc(NST) Sem I

Roll No.: 226913

Department: Home Science

Feedback:

It was a great experience ~~my~~ of mine.
Because I learned many recipes
from other students.

Further Suggestions:

N/A

Ritu
Signature

Nishi Kapur.

Feedback Form

Name of the Activity: Cooking Competition - 06.09.22 (National Nutrition Week)

Date:

Session 2022-23

Name: Tanishka
Class: B. Voc (NEH) Sem - V
Roll No.: 227002
Department: Home Science

Feedback:

Very interesting and enjoyful and
informative

Further Suggestions:

Tanishka
Signature
Neeti Kapoor

Feedback Form

Name of the Activity: Cooking Competition - 06.09.22 (National Nutrition Week)

Date:

Session 2022-23

Name: Rajji

Class: B.Voc [N.E.H.] Sem V

Roll No.: 327006

Department: Home Science

Feedback:

It was very interesting & useful
and help to cook new dishes
with the help of new techniques.

Further Suggestions:

Make it more effective
and useful.

Rajji
Signature

Neer Kapoor

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to grant permission to organise national nutritional week.

Respected Mam,

Kindly allow us to organise activities under national Nutrition Week (1st-7th September) 2022. It will be helpful for the learning exposure for the students of department of Home Science.

Thanking You

Yours sincerely,
Neeti Kapoor
Mrs. Neeti Kapoor
HOD, Home Science

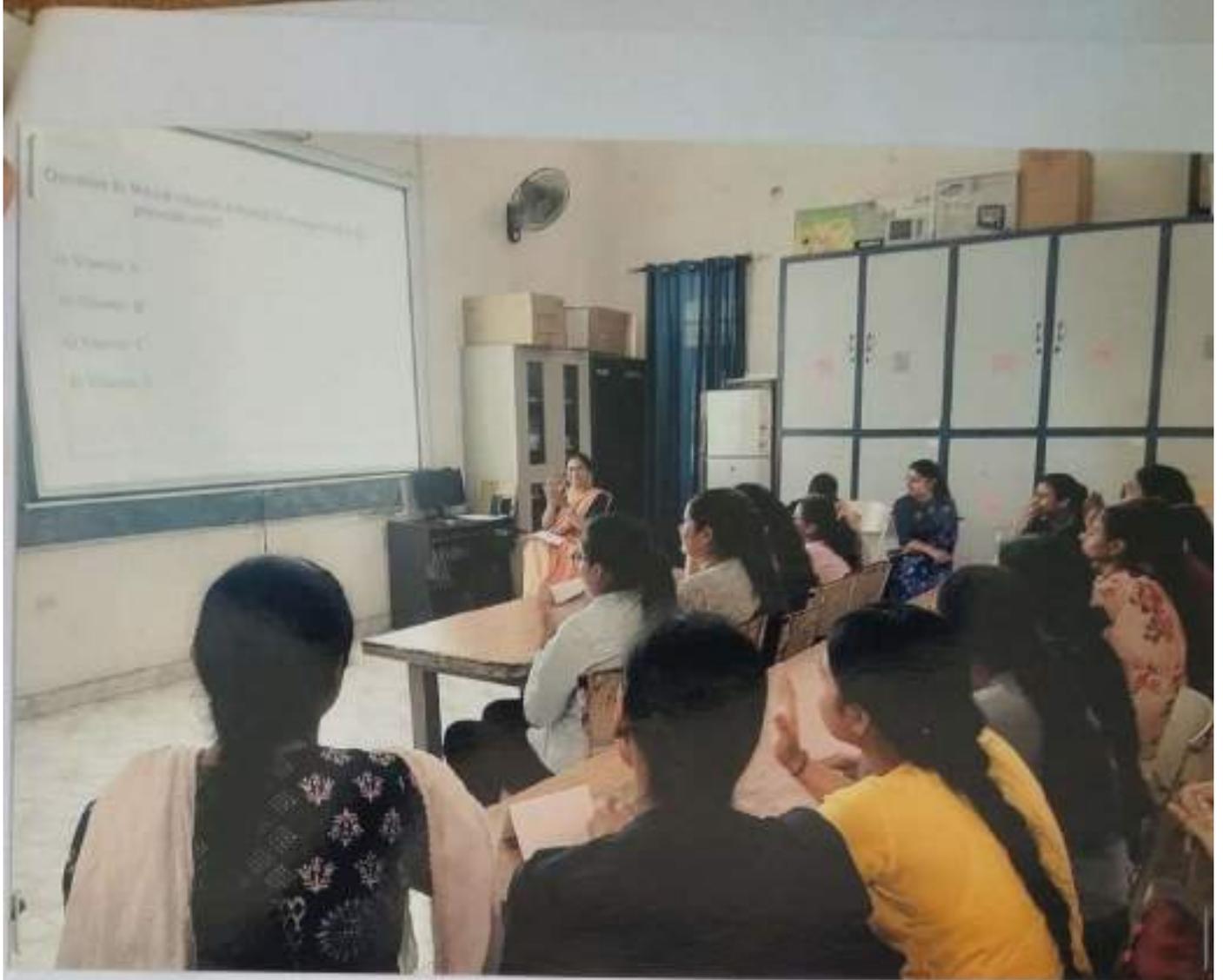
Neeti Kapoor

*Allowed
Neeti*

Press Note

The department of Home Science, Kanya Maha Vidyalaya, celebrated the National Nutrition Week from Sept. 1st - Sept. 7th, 2022. Keeping in mind the theme of the year, 'Celebrate the World of Flavours', various activities were conducted in the department. Objective of the programme was to create awareness regarding the importance of healthy diet and nutrition along with different flavours among students. Diet clinic was organised by the students of B.Voc. (Nutrition, Exercise and Health). During diet clinic, diet counselling was done and diet charts were given to the interested faculty and students. After that, Cafeteria was conducted in which South Indian platter was the point of attraction. Cooking competition of nutrient dense recipes and quiz competition were also conducted. The students of BSc (Home Science) and B.Voc. (N.E.&H.) participated with full enthusiasm. Innovative and nutrient dense recipes of Subhneet Kaur, Ritu and Tanishka fetched them the first, second and third position respectively in the cooking competition. Quiz competition on nutrition and nutrients was held in the department. Principal, Dr (Mrs.) Atima Sharma Dwivedi applauded the efforts of the faculty of the home science department and students on the celebrations of the nutrition week. The whole programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Khara, Dr. Rupika Chopra, Ms. Taranddep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised and make the programme comfortable for students.

Neeti



National Nutrition Week

7th Sept 2022

Theme: A World of Flavours

Quiz Competition

Attendance

<u>S.No.</u>	<u>Name & Dept.</u>	<u>Roll No.</u>	<u>Signature</u>
1.	✓ Sukriti Pandit B.Voc (NEH)	226901	Sukriti Pandit
2.	Vanshika B.VOC (NEH)	226925	Vanshika
3. ✓	Kudrat B.VOC (NEH) sem-1	226918	Kudrat
4.	Priyanka B.VOC (NEH) Sem-I	226917	Priyanka
5	✓ Ritu	226913	Ritu
6.	Esha Melhotra B.VOC (NEH) Sem I	226921	E
7.	Haritika Kher B.VOC (NEH) Sem-I	226909	Haritika
8	✓ Kirti (Hib) B.VOC (NEH) Sem-II	226902	Kirti
9.	Muskan B.VOC (NEH) Sem-I	226911	Muskan
10.	Dimple Kaur B.VOC (NEH) sem I	226923	Dimple
11.	Jasmeet Kaur ECCE (Sem-I)	223127	Jasmeet
12.	Pampreet Kaur ECCE (SEM-1)	223126	Pam
13. ✓	Kajal Sharma B.VOC (NEH) Sem-I	226916	Kajal
14.	Jasmeen B.VOC (NEH) Sem I	226908	Jasmeen
15.	Kunjali B.VOC (NEH) SEM I	226920	Kunjali
6.	Vanshika B.Sc (Home Sci) Sem 5	222876	Vanshika
7.	Shailza B.Sc (Home Sci) Sem 5	222877	Shailza

✓ Noor

Feedback Form

Name of the Activity: Quiz Competition - 07.09.22 (National Nutrition Week)

Date:

Session 2022-23

Name: Kirti Kataria Kirti Chib

Class: B.Voc. (NPH) Sem I

Roll No.: 226902

Department: Home Science

Feedback:

Quiz competition is a interest thing with this we learn more or take more knowledge. However, NATIONAL NUTRITION WEEK IS INTEREST WEEK.

Further Suggestions:

No, there is a no suggestions however, children need more time for answer the question.

Needs

[Signature]
Signature

Feedback Form

Name of the Activity: Quiz Competition - 07.09.22 (National Nutrition Week)

Date:

Session 2022-23

Name: Parvpreet Kaur

Class: ECCE (Sem I)

Roll No.: 223128

Department: Dept of Home Sci.

Feedback:

We learn many things about nutrition and health. Questions are very informative in quiz competition. Overall, experience was good.

Further Suggestions:

Level of questions can be increased gradually.

Neeti

Neeti
Signature

Feedback Form

Name of the Activity: Quiz Competition - 07.09.22 (National Nutrition Week)

Date:

Session 2022-23

Name: Jasmeet Kaur

Class: ECCE (Sem I)

Roll No.: 223127

Department: Dept. of Home Sci.

Feedback:

Questions are very informative in quiz competition. We learn new things about nutrition and health. Overall, experience was good.

Further Suggestions:

Questions will be difficult gradually.

Jasmeet
Signature

Nect.

The Principal

Kanya Maha Vidyalaya (KMV)

Jalandhar (Punjab)

Subject: Request to grant permission to organise diet clinic .

Respected Mam,

Kindly allow us to organise a diet clinic on 3rd September 2022 for the students of department of Home Science .The students shall be interacting with the fellow students and guide them regarding their nutrition and diet plans .

Thanking You

Yours sincerely,



Mrs. Neeti Kapoor

HOD, Home Science

Allowed
Neeti

Report

Home Science Department of Kanya Maha Vidyalaya has organised Diet Clinic on 3rd September, 2022 during National Nutrition Week i.e. from 1st - 6th September with the theme – Celebrate a World of Flavours.

Students of B.Voc. Nutrition, Exercise & Health, actively participated in the competition. The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about public dealing, customizing different diseased conditions diet charts, Calculating Body Mass Index (BMI), Counselling techniques and related terminologies.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science.

Neeti Kapoor





Dr. Ch. Kapoor

3rd September, 2022

Kanya Maha Vidyalaya, Jalandhar

Department of Home Science

Diet Clinic

Attendance

S.No.	Name	Class (Sem)
1.	Ruchika Sharma	B.Voc.(NEH) Sem III
2.	Khushi Rai	B.Voc.(NEH) Sem III
3.	Pameet Thind	B.Voc.(NEH) Sem III
4.	Surbhi	B.Voc.(NEH) Sem III
5.	Kritika Sharma	B.Voc.(NEH) Sem III
6.	Geetika Sharma	B.Voc.(NEH) Sem III
7.	Tanishka	B.Voc.(NEH) Sem V
8.	Subhmeet	B.Voc.(NEH) Sem V
9.	Vishali	B.Voc.(NEH) Sem V
10.	Nishtha	B.Voc.(NEH) Sem V
11.	Sonal	B.Voc.(NEH) Sem V
12.	Pallavi	B.Voc.(NEH) Sem V
13.	Ramneek	B.Voc.(NEH) Sem V
14.	Rajji	B.Voc.(NEH) Sem V

Neehi Kapoor

Feedback Form

Name of the Activity: Diet Clinic - 03.09.22 (For celebrating National Nutrition Week)

Date: 04.09.22

Session 2022-23 (Even Semester)

Name: Vihaali

Class: B.Voc (NEM) Sem V

Roll No.: 227004

Department: Home Science

Feedback:

It was very fun and informative. We learnt how to counsel people, tell them about balance diet. We learnt a lot from this Diet Clinic.

Further Suggestions for improvement:

Can add some games which directly or indirectly tell the importance of balanced diet.

Vihaali
Signature
Neer Kataria

Feedback Form

Name of the Activity: Diet Clinic - 03.09.22 (For celebrating National Nutrition Week)

Date: 04.09.22

Session 2022-23 (Even Semester)

Name: Rajji

Class: B.Voc. (NEM) Sem VI

Roll No.: 2027006

Department: Home Science

Feedback:

It was very dominated to me. I gain new skills and information about all nutrition foods.

Further Suggestions for improvement:

No, there is all necessary things are added in it.

Rajji

Signature

Rajji Kapoor

Feedback Form

Name of the Activity: Diet Clinic - 03.09.22 (For celebrating National Nutrition Week)

Date: 04.09.22

Session 2022-23 (Even Semester)

Name: Nishtha

Class: B.Voc (NEM) Sem V

Roll No.: 227005

Department: Home Science

Feedback:

The experience gained was very knowledgeable and informative since we've learnt about various ways of modifying diets and implementing them according to diseases.

Further Suggestions for improvement:

No further suggestions.

Nishtha
Signature

Neeti Kapoor

Feedback Form

Name of the Activity: Diet Clinic – 03.09.22 (For celebrating National Nutrition Week)

Date: 04.09.22

Session 2022-23 (Even Semester)

Name: Subhree

Class: B.Voc. (NH) Sem V

Roll No.: 227007

Department: Home Science

Feedback:

we'd learnt about various ways of modifying diets and implementing them according to diseases (CKD, cholesterol, etc)

Further Suggestions for improvement:

No further suggestions

Subhree
Signature

Neelika

Feedback Form

Name of the Activity: Diet Clinic – 03.09.22 (For celebrating National Nutrition Week)

Date: 04.09.22

Session 2022-23 (Even Semester)

Name: Pallavi

Class: B.Voc. (NEM) Sem V

Roll No.: 227009

Department: Home Science

Feedback:

We'd learnt about various ways of modifying diets and implementing them according to diseases (CKD, cholesterol etc)

Further Suggestions for improvement:

No further suggestions

Pallavi
Signature

Neelkanth

Feedback Form

Name of the Activity: Diet Clinic – 03.09.22 (For celebrating National Nutrition Week)

Date: 04.09.22

Session 2022-23 (Even Semester)

Name: Surbhi

Class: B.Voc. (NCH) Sem II

Roll No.: 226958

Department: Home Science

Feedback:

It was a wonderful experience for me & I know that it's really going to help in the future. I learnt so many new things & ideas.

Further Suggestions for improvement:

No.

Surbhi
Signature
Neel Kapoor

Feedback Form

Name of the Activity: Diet Clinic - 03.09.22 (For celebrating National Nutrition Week)

Date: 04.09.22

Session 2022-23 (Even Semester)

Name: Kritika Sharma

Class: B.Voc. (NEM) Sem III

Roll No.: 226956

Department: Home Science

Feedback:

It was an amazing experience as we got to know a lot about our food. The diet clinic activity was full of knowledge and our learning for us.

Further Suggestions for improvement:

No suggestions

Neeti Kapoor
Signature

Neeti Kapoor

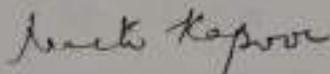
The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to allow for participating in Exhibition cum Sale

Respected Mam,

Kindly allow us to arrange a stall for participating in upcoming Exhibition cum Sale at Virsa Vihar on 15th October, 2022. From department of Home Science, various food items like Savouries, Multiflavored Chocolates, Diet Namkeen, Panjiri, Dates Ladoo etc. are ready for exhibition cum sale at minimum cost. Along with food items different kind of decorative items such as Candles, Diyas, Wall arts are also ready for sale. So, you are requested for giving permission for the same.

Thank You


Mrs. Neeti Kapoor
HOD, Home Science



Neeti

An Exhibition Cum Sale at Virsa Vihar

15th October, 2022.

Report

Under the dynamic leadership of Principal, Dr. Atima Sharma Dwivedi, an Exhibition cum sale was organised by the students and staff from various departments of the college at Virsa Vihar on 15th October, 2022. The students and teachers of the Home Science Department showcased their delicacies. These included Savouries, Multiflavored Chocolates, Diet Namkeen, Panjiri, Dates Ladoo and various food as well as decorative items such as Candles, Diyas, Wall arts were the centre of attraction. The success of Home Science Department was marked by huge rush and 100% sale of all product of the Department. Moreover, students got the grand opportunity to learn the practical skills such as Earn while learn and get experience to start their own ventures under the guidance of their professional teachers. The Exhibition was successfully organized and even it was extended by a day following the demand and success.

S.No.	Name of teachers
1.	Mrs. Neeti Kapoor
2.	Mrs. Mani Khera
3.	Ms. Tarandeep
4.	Ms. Palak
5.	Ms. Srishtu
6.	Ms. Shivani
7.	Dr. Rupika Chopra
8.	Mrs. Reema







Department of Home Science
Exhibition cum Sale at Virsa Vihar

For Diwali Celebration

Attendance

Date – 15.02.2022

S.No.	Name	Class	Roll No.
01.	Kritika Sharma	B.Voc. NEH Sem III	226956
02.	Parneet Thind	B.Voc. NEH Sem III	226954
03.	Khushbu Rai	B.Voc. NEH Sem III	226953
04.	Geetika Sharma	B.Voc. NEH Sem III	226951
05.	Ruchika Sharma	B.Voc. NEH Sem III	226952
06.	Tanishka	B.Voc. NEH Sem V	227002
07.	Jaspinder	B.Voc. NEH Sem V	227012
08.	Akshita	B.Voc. NEH Sem V	227003
09.	Vishali	B.Voc. NEH Sem V	227004
10.	Harsimran	B.Voc. NEH Sem VI	227010
11.	Jaspinder	B.Voc. NEH Sem VI	227011
12.	Rajji	B.Voc. NEH Sem V	227006
13.	Subhneet	B.Voc. NEH Sem V	227007
14.	Ramnik	B.Voc. NEH Sem V	227008

Noeth

Feedback Form

Name of the Activity: Exhibition cum Sale at Virsa Vihar on the Occasion of Diwali
(15th October, 2022)

Date:

Session 2022-23

Name: Panacet Thind

Class: B.VOC (NEH) - IV

Roll No.: 226954

Department: Home Science

Feedback:

* Amazing Experience

* Increase Entrepreneurship

Further Suggestions:

Panacet
Signature

No es

Feedback Form

Name of the Activity: Exhibition cum Sale at Virsa Vihar on the Occasion of Diwali
(15th October, 2022)

Date:

Session 2022-23

Name: Chakshu Rai

Class: B-VOC (NIG) Sem III

Roll No.: 226953

Department: Home Science

Feedback:

Nice experience I had a great time.

Further Suggestions:

Chakshu Rai
Signature
Mess

Feedback Form

Name of the Activity: Exhibition cum Sale at Virsa Vihar on the Occasion of Diwali
(15th October, 2022)

Date:

Session 2022-23

Name: Akshita
Class: B. Voc (NEH) Sem - V
Roll No.: 227003
Department: Home Science

Feedback:

One of a lifetime experience. I want to do it again.

Further Suggestions:

Akshita

Signature

Noel

Feedback Form

Name of the Activity: Exhibition cum Sale at Virsa Vihar on the Occasion of Diwali
(15th October, 2022)

Date:

Session 2022-23

Name: Kritika Sharma

Class: BIOC (NEH) II

Roll No.: 226956

Department: Home Science

Feedback:

It was worth visiting and learning there.
It improved our entrepreneurship and boosted
our confidence. It enhanced our commu-
-nication and convincing skills. It was an
great experience!

Further Suggestions:

It was all good!

Kritika
Signature

Ms. S.

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to grant permission to organise tri colour cooking competition .

Respected Mam,

Kindly allow us to organise the Tri colour cooking competition on the Theme of Republic Day for the students of department of Home Science.

Thanking You

Yours sincerely,
Neeti
Mrs. Neeti Kapoor
HOD, Home Science

*Allowed
Neeti*

Neeti

Activity Report
(Republic Day Celebration)

Home Science Department of Kanya Maha Vidyalaya organised Tricolour Cooking Competition on 25th January, 2023 for celebrating the occasion of Republic Day.

Students from various streams i.e., B.Sc. Home Science, B.Voc. Nutrition, Exercise & Health and Certificate Course in Geriatric Care actively participated in the competition. The students were appreciated and motivated by Dr. Atima Sharma Dwivedi, principal Kanya Maha Vidyalya. Through this activity, students learnt about the nutritional values of different food items and prepared innovative tricoloured dishes with great enthusiasm and zeal.

1st position was bagged by Manjot Kaur from the stream of certificate course in Geriatric Care. 2nd position was grabbed by Manpreet from B.Sc. (Home Science) of IV Semester and 3rd position was bagged by Vanshika from B.Voc. (NEH) of II Semester.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Mani Khera, Dr. Reema Dhingra, Dr. Rupika Chopra, Ms. Tarandeep Kaur, Ms. Palak and Ms. Shivani together organised and made the competition a great success.

Neeti



Neeli

Tra Later Cooking Competition
Theme: Republic Day Celebration

Sl. No.	Name	Roll No.	Subject/Department	Attendance	
				Signature	Name of the Dish
1.	Manpreet Kaur	222851	Home Science	<u>Manpreet Kaur</u>	Tricolor Dali
2.	Vanshika Mahajan	222852	Home Science	<u>Vanshika</u>	Petta coconut Tricolor Fusion
3.	Shubinder Kaur	222853	Home Science	<u>Shubinder Kaur</u>	Luji Bread Toast
4.	Manjot Kaur	162	Geriatric care.	<u>Manjot</u>	Sain Kheer Bili
5.	Gunpreet Kaur	160	Geriatric Care	<u>Gunpreet</u>	Salad
6.	Simran Kaur	158	Geriatric Care	<u>Simran</u>	white rice Puffs
7.	Kirti Chib	226902	B.VOC (NEH)	<u>Kirti</u>	Peanut Dip in Tricolor
8.	Vanshika	226925	B.VOC (NEH)	<u>Vanshika</u>	Tricolor Biryani

Neha

- I Manjot & DGC
- II Manpreet BSc HS E
- III Vanshika B.VOC from I NEH

Feedback Form

Name of the Activity: Tricolour Cooking Competition (Republic Day Celebration)

Date: 25.01.23

Session 2022-23 (Even Semester)

Name:

Vamshika Mahajan

Class:

Bsc. (Home Science)

Roll No.:

222552

Department:

Home Science

Feedback:

It was a wonderful Experience. All the students took their initiative to perform in the competition. But some of the students took the teachers help while cooking and that should be avoided.

Further Suggestions for improvement:

These kinds of competitions should be held on the regular basis.

Vamshika
Signature

Feedback Form

Name of the Activity: Tricolour Cooking Competition (Republic Day Celebration)

Date: 25.01.23

Session 2022-23 (Even Semester)

Name: Bhupinder Kaur

Class: B.S.C. Home Sci

Roll No.: 222953

Department: Home Science

Feedback:

It was a good experience. Teachers are very helpful. By these kind of Competitions we get confidence and very good experiences.

Further Suggestions for improvement:

No

Kaur
Signature

Neeti

Feedback Form

Name of the Activity: Tricolour Cooking Competition (Republic Day Celebration)

Date: 25.01.23

Session 2022-23 (Even Semester)

Name: Manpreet Kaur Kauri
Class: B.Sc. Home Science Sem-IV
Roll No.: 222851
Department: Home Science

Feedback:

I think this is good platform for students who are interested in cooking to come out with innovative ideas and also we learn something from each other when we are working together.

Further Suggestions for improvement:

I saw some teachers helping out some students in preparations. Although it is a competition, so I thought only participants have to prepare their dishes alone.

Manpreet Kaur
Signature

Neer

Feedback Form

Name of the Activity: Tricolour Cooking Competition (Republic Day Celebration)

Date: 25.01.23

Session 2022-23 (Even Semester)

Name: Kirti

Class: B.VOC (NEH) Sem-II

Roll No.: 226902

Department: Home science

Feedback:

I love to make dishes and I enjoyed alot.
I represented all the colors of our
national flag.

Further Suggestions for improvement:

Kirti
Signature

Neer

Feedback Form

Name of the Activity: Tricolour Cooking Competition (Republic Day Celebration)

Date: 25.01.23

Session 2022-23 (Even Semester)

Name: Vanshika

Class: B.V.O.C (NEM) Sem-II

Roll No.: 220925

Department: Home Science

Feedback:

I enjoyed a lot. The experience was very good. It represented all three colors of our national flag on the plate.

Further Suggestions for improvement:

Vanshika
Signature

Neethi

Feedback Form

Name of the Activity: Tricolour Cooking Competition (Republic Day Celebration)

Date: 25.01.23

Session 2022-23 (Even Semester)

Name: Gunpreet Kaur

Class: Geriatric Care (old age care & nutrition)

Roll No.: 160

Department: Home Science

Feedback:

It in-hand does my learning skills.

It was a great experience.

All teachers are cooperative and sweet.

Further Suggestions for improvement:

Gunpreet Kaur
Signature

Noel

Feedback Form

Name of the Activity: Tricolour Cooking Competition (Republic Day Celebration)

Date: 25.01.23

Session 2022-23 (Even Semester)

Name: Simran

Class: Geriatric care

Roll No.: 158

Department: Home Science

Feedback:

It was a good experience. I really enjoy it. It inhand ~~is~~ my cooking skills. It was a mix of creativeness and cooking.

Further Suggestions for improvement:

Simran

Signature

Beeth

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to grant permission to organise theme based meal planning and execution .

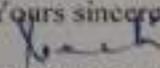
Respected Mam,

Kindly allow us to organise theme based meal planning and execution for the students of department of Home Science as following :

Date	Event planning
29 th Jan. 2023	Republic day celebration
3 rd Feb. 2023	Birthday celebration
17 th Feb. 2023	Picnic
23 rd Feb. 2023	Kitty
4 th March 2023	Holi

Thanking You

Yours sincerely,


Mrs. Neeti Kapoor

HOD, Home Science

Allowed
Hod Home Sci

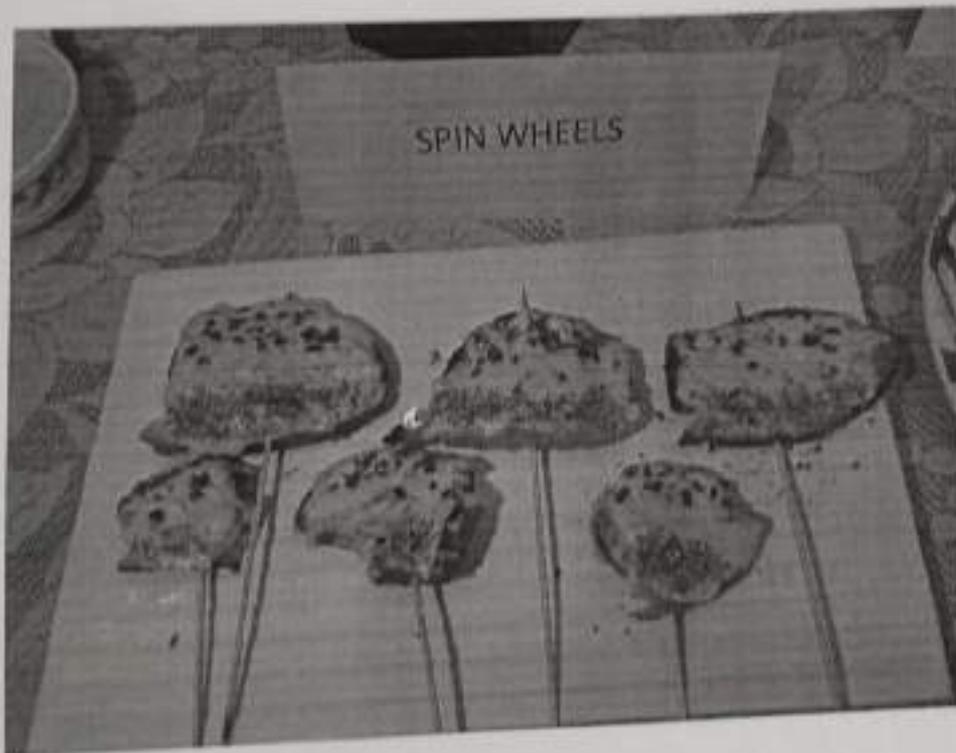
Neeti

Report on Republic Day Event Planning

The students of B. Voc. NEH, Sem VI and B.Sc Home- Science, Sem IV, planned and executed the event of Republic Day. They came up with brilliant ideas of tricolour theme for the occasion. Besides nutrition, the quantitative and qualitative aspects of the meals were also taken into account. Not only did they learn to standardise the various recipes, they learnt to calculate the total cost involved in the management of the event.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Kapoor, Mrs. Mani Khera, Mrs. Reema Dhingra, Dr. Rupika Chopra, Ms. Tarandeep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised and make the competition comfortable for students.

Neeti



Neer

Department of Home Science
Execution of Event Management for
Republic Day Celebration
Tricolor Cooking Competition

Attendance

Date – 24.01.23

S.No.	Name	Class	Roll No.
01.	Tanishka	B.Voc. NEH Sem VI	227002
02.	Akshita	B.Voc. NEH Sem VI	227003
03.	Vishali	B.Voc. NEH Sem VI	227004
04.	Nishtha	B.Voc. NEH Sem VI	227005
05.	Rajji	B.Voc. NEH Sem VI	227007
06.	Ramnik	B.Voc. NEH Sem VI	227008
07.	Jasleen	B.Voc. NEH Sem VI	227012
08.	Bhupinder	B.Sc. Home Science VI	222853
09.	Vanshika	B.Sc. Home Science VI	222852
10.	Manpreet	B.Sc. Home Science VI	222851

Neeti

FEEDBACK FORM

Execution of Theme Management for " Republic Day"

(Under Home Science Dept.)

Session: 2022-23

Date: 27th January 2023

Name of Student: Vanshika Mahajan

Class: Pec. (HS) 4th

Roll No. 222852

Did you find the activity useful?

Yes, it was very useful. I learnt
many new recipes

Any Suggestion:

These kind of activities should be held
on regular basis

[Signature]
Signature

Neel

FEEDBACK FORM

Execution of Theme Management for " Republic Day"

(Under Home Science Dept.)

Session: 2022-23

Date: 27th January 2023

Name of Student: Bhupinder Kaur

Class: BSC. HS (Sem. 4)

Roll No. 222 B53

Did you find the activity useful? .

Yes, it was very useful activity.
I learnt new recipes.

Any Suggestion:

.....
.....

Bhupinder Kaur
Signature

Neer

FEEDBACK FORM

Execution of Theme Management for " Republic Day"

(Under Home Science Dept.)

Session: 2022-23

Date: 27th January 2023

Name of Student: Jasleen Kaur

Class: B.Yoc N.E.H. Sem 6th

Roll No. 227019

Did you find the activity useful? -

Yes, it is very useful to get information about new things.

Any Suggestion:

Junior should also have chance to get learn about this activity.

Jasleen Kaur

Signature

Neeta

FEEDBACK FORM

Execution of Theme Management for " Republic Day "

(Under Home Science Dept.)

Session: 2022-23

Date: 27th January 2023

Name of Student: Rajji.....

Class: B.Voc. N.E. H. Sem (6th)

Roll No. 227006.....

Did you find the activity useful?

Yes, it is very useful to get knowledge
about new skills.

Any Suggestion:

Junior should also get a chance
to learn about this activity.

Rajji
Signature

Neet

FEEDBACK FORM

Execution of Theme Management for " Republic Day"

(Under Home Science Dept.)

Session: 2022-23

Date: 27th January 2023

Name of Student: ...Akshita.....

Class: ..B. Voc. (NEH) Sem - VI

Roll No. ...227003.....

Did you find the activity useful? -

.....Yes, it was the first party where we worked
as a team and it was so much fun.....

Any Suggestion:

.....
.....

Akshita
Signature

Neeti

FEEDBACK FORM

Execution of Theme Management for " Republic Day "

(Under Home Science Dept.)

Session: 2022-23

Date: 27th January 2023

Name of Student: ...Vishali.....

Class: ...B.Voc (NCH) Sem II.....

Roll No. ...221004.....

Did you find the activity useful?

...Yes, it was the first party where we worked as a team and it was so much fun and the party turned out so well.....

Any Suggestion:

.....
.....

Vishali
Signature

Neel

FEEDBACK FORM

Execution of Theme Management for " Republic Day"

(Under Home Science Dept.)

Session: 2022-23

Date: 27th January 2023

Name of Student: Jaspinder Kaur

Class: B: Voc (NHD) Sem - 6

Roll No. 227011

Did you find the activity useful?

Yes, it was the first party where we
marked as a term and it was so
much fun.

Any Suggestion:

—
.....
.....

Jaspinder
Kaur,
Signature

Neeti

FEEDBACK FORM

Execution of Theme Management for " Republic Day"

(Under Home Science Dept.)

Session: 2022-23

Date: 27th January 2023

Name of Student: ...Nishtha.....

Class: ...B.V.D.C. NEH - 6th.....

Roll No. 227005.....

Did you find the activity useful? -

Yes, it is very informative and
skill boosting programme.

Any Suggestion:

Excellent learning approach.

Nishtha.
Signature

Neeti

The Principal

Kanya Maha Vidyalaya (KMV)

Jalandhar (Punjab)

Subject: Request to grant permission to organise theme based meal planning and execution .

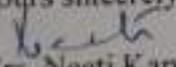
Respected Mam,

Kindly allow us to organise theme based meal planning and execution for the students of department of Home Science as following :

Date	Event planning
29 th jan.2023	Republic day celebration
3 rd feb.2023	Birthday celebration
17 th feb. 2023	Picnic
23 rd feb. 2023	Kitty
4 th march 2023	Holi

Thanking You

Yours sincerely,


Mrs. Neeti Kapoor

HOD, Home Science

*Allowed
Madhansoor*

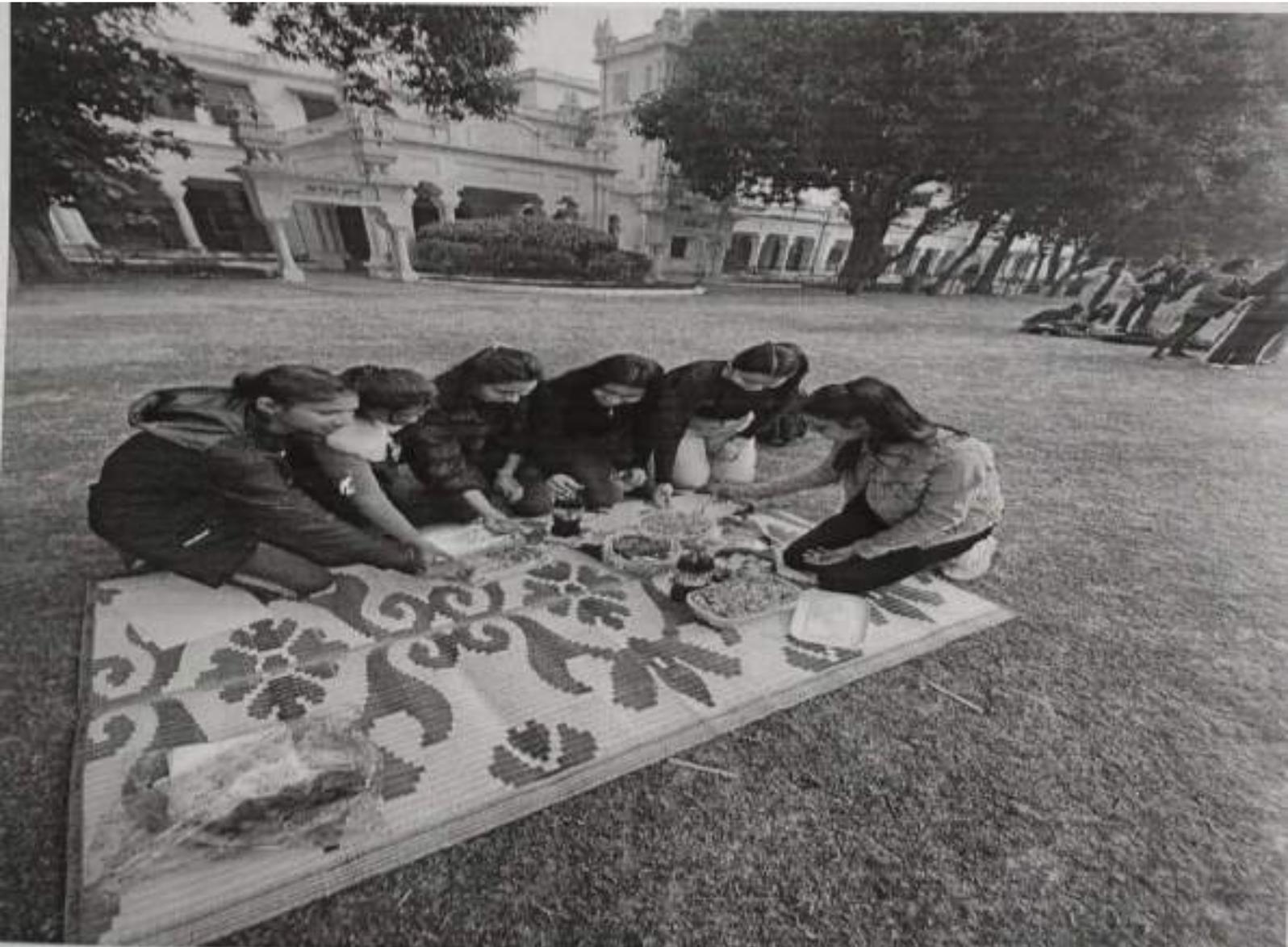
Report on 'Picnic' Event Planning

The students of B. Voc. NEH, Sem VI and B.Sc. Home- Science, Sem IV, planned and executed the event of Picnic. They came up with novel ideas of easy to pack and wrap food ideas for a picnic party. Besides standardisation, they learnt to control the cost of the event by selecting cheap nutritious recipes.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Kapoor, Mrs. Mani Khera, Mrs. Reema Dhingra, Dr. Rupika Chopra, Ms. Tarandeep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised and guided the students.

Neeti





Department of Home Science
Execution of Meal Management for

Picnic

Attendance

Date - 17.02.23

S.No.	Name	Class	Roll No.
01.	Sonal	B.Voc. NEH Sem VI	227001
02.	Tanishka	B.Voc. NEH Sem VI	227002
03.	Akshita	B.Voc. NEH Sem VI	227003
04.	Vishali	B.Voc. NEH Sem VI	227004
05.	Ramnik	B.Voc. NEH Sem VI	227008
06.	Pallavi	B.Voc. NEH Sem VI	227009
07.	Jaspinder	B.Voc. NEH Sem VI	227011
08.	Bhupinder	B.Sc. Home Science VI	222853
09.	Vanshika	B.Sc. Home Science VI	222852
10.	Manpreet	B.Sc. Home Science VI	222851

Neeth

FEEDBACK FORM

Execution of Theme Management for "Picnic"

(Under Home Science Dept.)

Session: 2022-23

Date: 17th February 2023

Name of Student: ...Blupinder Kam...

Class: ...BSC. HS.....

Roll No.222853.....

Did you find the activity useful?

Yes, it was very useful activity. I
learnt new recipes!

Any Suggestion:

These kind of activity must be
held on regular basis

Blupinder
Kam
Signature

FEEDBACK FORM

Execution of Theme Management for "Picnic"

(Under Home Science Dept.)

Session: 2022-23

Date: 17th February 2023

Name of Student: Mankruti Keshu Keshi

Class: B.Sc. Home Science (SEM II)

Roll No. 222851

Did you find the activity useful?

Yes, we made different dishes and enjoyed it in our college canteen with our friends and teachers.

Any Suggestion:

.....
.....

Mankruti Keshu

Signature

Neeti

FEEDBACK FORM

Execution of Theme Management for "Picnic"

(Under Home Science Dept.)

Session: 2022-23

Date: 17th February 2023

Name of Student: Vanshika Malajan

Class: Bsc (HS) Youth

Roll No. 222852

Did you find the activity useful?

Yes, it was very useful. I learnt
many new recipes.

Any Suggestion:

This kind of activities should be
held on regular basis.

Vand
Signature

Neeti

FEEDBACK FORM

Execution of Theme Management for "Picnic"

(Under Home Science Dept.)

Session: 2022-23

Date: 17th February 2023

Name of Student: Jaspinder Kaur

Class: B.Voc (NH) sem-6

Roll No. 22 Fall

Did you find the activity useful?

Yes, we enjoy is party alot with
different kinds of food.

Any Suggestion:

.....
.....

Jaspinder Kaur

Signature

Noel

FEEDBACK FORM

Execution of Theme Management for "Picnic"

(Under Home Science Dept.)

Session: 2022-23

Date: 17th February 2023

Name of Student:*Sonal*.....

Class:*B.VOC. (NEHD) SEM-VI*.....

Roll No.*227001*.....

Did you find the activity useful?

.....*Yes, it was very useful and interesting.*.....
.....*It was very informative and knowledgeable*.....

Any Suggestion:

.....*Excellent source of learning*.....
.....

Signature

Neevi

FEEDBACK FORM

Execution of Theme Management for "Picnic"

(Under Home Science Dept.)

Session: 2022-23

Date: 17th February 2023

Name of Student: Subhmeet Kaur.....

Class: B.Voc. NEH. Sem VI

Roll No. 227007.....

Did you find the activity useful?

Yes, it is worth informative and
develops skills.

Any Suggestion:

Excellent approach of learning

Signature

Neeti

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to grant permission to organise theme based meal planning and execution .

Respected Mam,

Kindly allow us to organise theme based meal planning and execution for the students of department of Home Science as following :

Date	Event planning
29 th Jan.2023	Republic day celebration
3 rd feb.2023	Birthday celebration
17 th feb. 2023	Picnic
23 rd feb. 2023	Kitty
4 th march 2023	Holi

Thanking You

Yours sincerely,
Neeti
Mrs. Neeti Kapoor
HOD, Home Science

*Allowed
Madhukar*

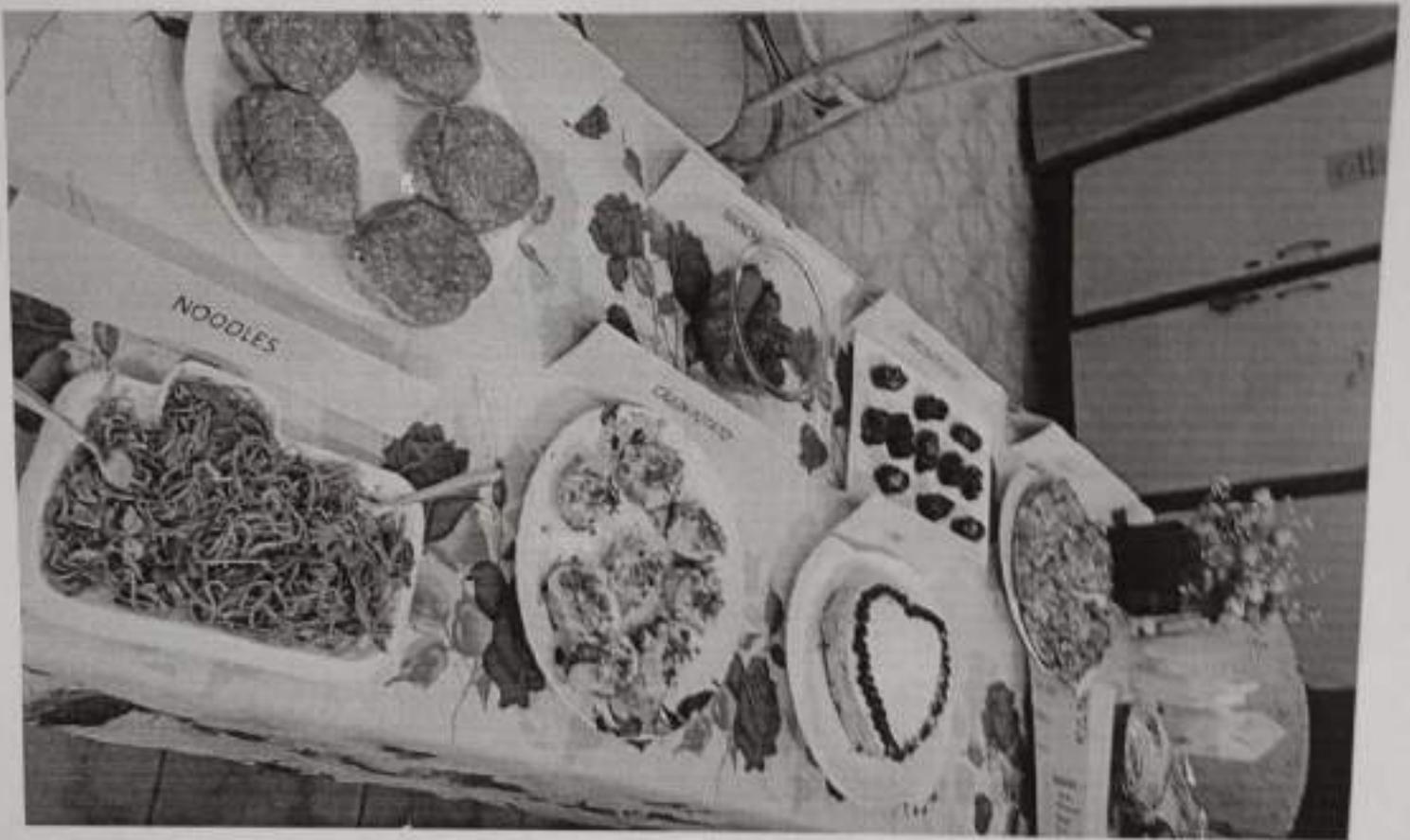
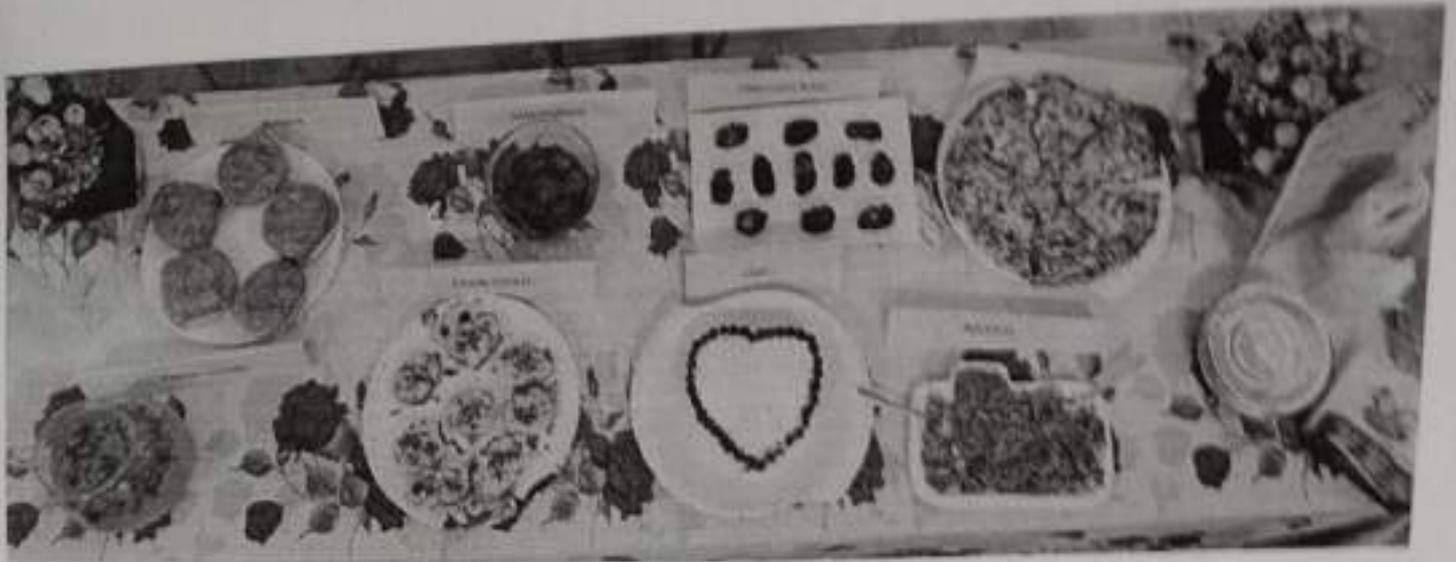
Neeti

Report on 'Birthday Event Planning

The students of B. Voc. NEH, Sem VI and B.Sc. Home Science, Sem IV, planned and executed the event of Birthday Party. They came up with novel ideas of easy to pack and wrap food ideas for a birthday party like Cajun Potato, Manchurian, Burger, Noodles, Pizza, chocolate bites, cake and Virgin Mojito. Besides standardisation, they learnt to control the cost of the event by selecting cheap nutritious recipes.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Kapoor, Mrs. Mani Khera, Mrs. Reema Dhingra, Dr. Rupika Chopra, Ms. Tarandeep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised and guided the students.

Neeti



Noodles

Department of Home Science
Execution of Meal Management for

Birthday Celebration

Attendance

Date - 03.04.23

S.No.	Name	Class	Roll No.
01.	Ianishka	B.Voc. NEH Sem VI	227002
02.	Akshita	B.Voc. NEH Sem VI	227003
03.	Vishali	B.Voc. NEH Sem VI	227004
04.	Nishtha	B.Voc. NEH Sem VI	227005
05.	Rajji	B.Voc. NEH Sem VI	227007
06.	Ramnik	B.Voc. NEH Sem VI	227008
07.	Jasleen	B.Voc. NEH Sem VI	227012
08.	Bhupinder	B.Sc. Home Science VI	222853
09.	Vanshika	B.Sc. Home Science VI	222852
10.	Manpreet	B.Sc. Home Science VI	222851

Neeti

FEEDBACK FORM

Execution of Theme Management for "Birthday"

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd February 2023

Name of Student: Bbupinder Kaun

Class: B.S.G. HS Sem 4

Roll No. 222853

Did you find the activity useful?

Yes, it was very useful activity. I
learned new recipes.

Any Suggestion:

These kind of activities must
held on regular basis.

Bbupinder
Kaun
Signature

Neti

FEEDBACK FORM

Execution of Theme Management for "Birthday"

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd February 2023

Name of Student: Yashika Mahajan

Class: B.Sc. (HS) 4th

Roll No. 82252

Did you find the activity useful?

Yes, it was very useful. I learnt many new recipes.

Any Suggestion:

These kind of activities should be held on regular basis.

Yashika Mahajan
Signature

Notes

FEEDBACK FORM

Execution of Theme Management for "Birthday"

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd February 2023

Name of Student: Manpreet Kaur Kaler

Class: Bsc (HS) 4th Sem

Roll No. 222851

Did you find the activity useful?

Yes, we made different dishes and enjoyed it in our college along with friends and teachers

Any Suggestion:

.....
.....

Manpreet Kaur
Signature

Neeti

FEEDBACK FORM

Execution of Theme Management for "Birthday"

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd February 2023

Name of Student: Aksita

Class: .. B. Voc. (NEN) Sem VI ..

Roll No. 22-1003

Did you find the activity useful?

..... Yes, it was so much fun as we celebrated
..... our classmate's birthday

Any Suggestion:

.....
.....

Aksita
Signature

Neel

FEEDBACK FORM

Execution of Theme Management for "Birthday"

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd February 2023

Name of Student:Vishali.....

Class: ..B.Voc.(N.E.H).Sem VI

Roll No. ...227004.....

Did you find the activity useful?

.....Yes, it was so much fun as we celebrated
.....our classmate's birthday.....

Any Suggestion:

.....
.....

Vishali

Signature

Neeraj

FEEDBACK FORM

Execution of Theme Management for "Birthday"

(Under Home Science Dept.)

Session: 2022-23

Date: 3rd February 2023

Name of Student: Jaspinder Kaur

Class: B.Voc (NH) Sem-6

Roll No. 227011

Did you find the activity useful?

..... Yes, it was so much funny as we
..... celebrate are over classmate

Any Suggestion:

.....
.....

Jaspinder Kaur
Signature

Neeti

The Principal

Kanya Maha Vidyalaya (KMV)

Jalandhar (Punjab)

Subject: Request to grant permission to organise theme based meal planning and execution .

Respected Mam,

Kindly allow us to organise theme based meal planning and execution for the students of department of Home Science as following :

Date	Event planning
29 th jan.2023	Republic day celebration
3 rd feb.2023	Birthday celebration
17 th feb. 2023	Picnic
23 rd feb. 2023	Kitty
4 th march 2023	Holi

Thanking You

Yours sincerely,

Neeti

Mrs. Neeti Kapoor

HOD, Home Science

*Allowed
Madhuree*

Neeti

Report on 'Holi Celebration' Event Planning

The students of B. Voc. NEH, Sem VI and B.Sc Home-Science, Sem IV, planned and celebrated the colourful festival of Holi, by selecting and preparing colourful nutritious recipes. The recipes chosen and prepared were not only budget recipes but were nutritious and went well with the colour and spirit of the festival.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Kapoor, Mrs. Mani Khera, Mrs. Reema Dhingra, Dr. Rupika Chopra, Ms. Tarandeep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised and guided the students.

Neeti



Department of Home Science
Execution of Meal Management for

Holi Celebration

Attendance

Date – 04.03.23

S.No.	Name	Class	Roll No.
01.	Sonal	B.Voc. NEH Sem VI	227001
02.	Tanishka	B.Voc. NEH Sem VI	227002
03.	Akshita	B.Voc. NEH Sem VI	227003
04.	Vishali	B.Voc. NEH Sem VI	227004
05.	Nishtha	B.Voc. NEH Sem VI	227005
06.	Rajji	B.Voc. NEH Sem VI	227006
07.	Subhneet	B.Voc. NEH Sem VI	227007
08.	Ramnik	B.Voc. NEH Sem VI	227008
09.	Pallavi	B.Voc. NEH Sem VI	227009
10.	Harsimran	B.Voc. NEH Sem VI	227010
11.	Jaspinder	B.Voc. NEH Sem VI	227011
12.	Jasleen	B.Voc. NEH Sem VI	227012
13.	Bhupinder	B.Sc. Home Science VI	222853
14.	Vanshika	B.Sc. Home Science VI	222852
15.	Manpreet	B.Sc. Home Science VI	222851

Neeti

FEEDBACK FORM

Execution of Theme Management for "Holi"

(Under Home Science Dept.)

Session: 2022-23

Date: 4th March 2023

Name of Student: Vanshika Mahajan

Class: B.Sc. (H.S.) 4th

Roll No. 212252

Did you find the activity useful?

Yes, it was very useful. we learnt
many new different recipes

Any Suggestion:

These kind of activities should be held on
regular basis.

Vanshika
Signature

Not:

FEEDBACK FORM

Execution of Theme Management for "Holi"

(Under Home Science Dept.)

Session: 2022-23

Date: 4th March 2023

Name of Student: ...Bhupinder Kaur.....

Class:B.S.C. HS. (Sem 4)

Roll No. 999953.....

Did you find the activity useful?

Yes, it was very useful activity. I learn new recipes.

Any Suggestion:

These kind of activities must be held in regular basis.

Bhupinder Kaur

Signature

Neer

FEEDBACK FORM

Execution of Theme Management for "Holi"

(Under Home Science Dept.)

Session: 2022-23

Date: 4th March 2023

Name of Student: Jaspinder Kaur

Class: B: Voc (NH) Sem-6

Roll No. 227011

Did you find the activity useful?

Yes, activity was very useful as we learnt how to work in a team work.

Any Suggestion:

No.

Jaspinder Kaur
Signature

Neethi

FEEDBACK FORM

Execution of Theme Management for "Holi"

(Under Home Science Dept.)

Session: 2022-23

Date: 4th March 2023

Name of Student: Sonal

Class: B.VOC (NEH) SEM-VI

Roll No. 227001

Did you find the activity useful?

Yes, I find the activity very useful as it was very dominating I got a chance to learn about discipline and standardization of recipes.

Any Suggestion:

Should be promoted among non-student and their curriculum.

Sonal
Signature

Neeti

FEEDBACK FORM

Execution of Theme Management for "Holi"

(Under Home Science Dept.)

Session: 2022-23

Date: 4th March 2023

Name of Student:KUSUM.....

Class: ..B.V.O.C.(N.E.P)..SEM-VI

Roll No. ..227013.....

Did you find the activity useful?

.....Yes, I find the activity useful as it was
.....very dominating.....

Any Suggestion:

.....Should be promoted among Junior
.....Students and their curriculum.....

KUSUM
Signature

Neeti

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

Subject: Request to grant permission to organise theme based meal planning and execution .

Respected Mam,

Kindly allow us to organise theme based meal planning and execution for the students of department of Home Science as following :

Date	Event planning
29 th Jan. 2023	Republic day celebration
3 rd Feb. 2023	Birthday celebration
17 th Feb. 2023	Picnic
23 rd Feb. 2023	Kitty
4 th March 2023	Holi

Thanking You

Yours sincerely,

Neeti
Mrs. Neeti Kapoor
HOD, Home Science

*Allowed
Ms. Khurser*

Neeti

Report on 'Kitty Party' Event Planning.

The students of B. Voc. NEH, Sem VI and B.Sc. Home- Science, Sem IV, planned and executed the event of a 'Kitty Party'. They learnt the art of low calorie, low cost, menu planning taking into account the convenience of availability and thematic presentation of the dishes for the occasion. Table laying, standardisation, costing and display of the meal remained the important part of the event.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Kapoor, Mrs. Mani Khera, Mrs. Reema Dhingra, Dr. Rupika Chopra, Ms. Tarandeep Kaur, Ms. Srishti, Ms. Palak and Ms. Shivani together organised and guided the students.

Neeti



Department of Home Science
Execution of Meal Management for

Kitty Party

Attendance

Date – 23.02.23

S.No.	Name	Class	Roll No.
01.	Tanishka	B.Voc. NEH Sem VI	227002
02.	Akshita	B.Voc. NEH Sem VI	227003
03.	Vishali	B.Voc. NEH Sem VI	227004
04.	Nishtha	B.Voc. NEH Sem VI	227005
05.	Rajji	B.Voc. NEH Sem VI	227007
06.	Ramnik	B.Voc. NEH Sem VI	227008
07.	Jaspinder	B.Voc. NEH Sem VI	227011
08.	Jasleen	B.Voc. NEH Sem VI	227012
09.	Bhupinder	B.Sc. Home Science VI	222853
10.	Vanshika	B.Sc. Home Science VI	222852
11.	Manpreet	B.Sc. Home Science VI	222851

Neeti

FEEDBACK FORM

Execution of Theme Management for "kitty"

(Under Home Science Dept.)

Session: 2022-23

Date: 23rd February 2023

Name of Student: Vanshika Mahajan

Class: B.Sc. (H.S) 4th yr

Roll No. 22281

Did you find the activity useful?

Yes, it was very useful.

Any Suggestion:

These kind of suggestions activities should
be held on regular basis

Van
Signature

Neel

FEEDBACK FORM

Execution of Theme Management for "kitty"

(Under Home Science Dept.)

Session: 2022-23

Date: 23rd February 2023

Name of Student: Manpreet Kaur Kaur

Class: ~~222851~~ B.Sc. Home Science (Sem IV)

Roll No. 222851

Did you find the activity useful?

Yes, we learn about how our mothers and women choose dishes when they enjoy with other women. Discuss many topics.

Any Suggestion:

.....
.....

Manpreet Kaur
Signature

Heet

FEEDBACK FORM

Execution of Theme Management for "kitty"

(Under Home Science Dept.)

Session: 2022-23

Date: 23rd February 2023

Name of Student: Pallavi Thakur.....

Class: ..B.Voc.(NEH)VI

Roll No. 227009.....

Did you find the activity useful?

..Yes we learnt about the dishes that the ladies enjoy and how the party takes place

Any Suggestion:

.....
.....

Pallavi
Signature

Neeti

FEEDBACK FORM

Execution of Theme Management for "kitty"

(Under Home Science Dept.)

Session: 2022-23

Date: 23rd February 2023

Name of Student: Rejji.....

Class: B.Voc. (N.F.H.) Sem VI.

Roll No. 227006.....

Did you find the activity useful?

Yes, I get knowledge about standardation, costing of dishes per person, cooking new dishes.

Any Suggestion:

Yes, Juniors should also have chance to learn about this activities.

Rejji

Signature

Next

FEEDBACK FORM

Execution of Theme Management for "kitty"

(Under Home Science Dept.)

Session: 2022-23

Date: 23rd February 2023

Name of Student: ...Rajji.....

Class: B.Voc. N.E. II. Sem VI

Roll No. 227012.....

Did you find the activity useful?

...Yes... I... get... new... information... about...
different... dishes.....

Any Suggestion:

...Junior... should... get... chance... to...
do... this... activity.....

Jasleen Kaur.

Signature

Neeth

The Principal
Kanya Maha Vidyalaya (KMV)
Jalandhar (Punjab)

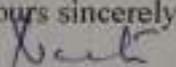
Subject: Request to grant permission to organise chocolate stall.

Respected Mam,

Kindly allow us to organise a chocolate stall on Valentine Day celebration by the students of department of Home Science(B Voc NEH).

Thanking You

Yours sincerely,


Mrs. Neeti Kapoor

HOD, Home Science

*Allowed
Neeti*

Organised A Valentine Special Chocolate Stall

14th, February 2023

Report

Under the dynamic leadership of Principal, Dr. Atima Sharma Dwivedi, a Valentine Special Chocolate Stall was organised by the students and staff from departments of B.Voc Nutrition, Exercise & Health on 14th February 2023. The students and teachers of the B.Voc. Nutrition, Exercise & Health showcased their delicacies. These included as variety of chocolates in different flavours are presented. The success of Institute of Innovation Council in collaboration with B.Voc. Nutrition, Exercise & Health was marked by huge rush and 100% sale of all product of the Department. As the total expenditure for the chocolate stall was Rs.7220/- and the total sale was Rs.9290/-. The profit earned was of Rs.2470/-. Moreover, students got the grand opportunity to learn the practical skills such as Earn while learn and get experience to start their own ventures under the guidance of their professional teachers.

S.No.	Name of teachers
1.	Mrs. Neeti Kapoor
2.	Mrs. Mani Khera
3.	Ms. Tarandeep
4.	Ms. Palak
5.	Ms. Srishtu
6.	Ms. Shivani
7.	Dr. Rupika Chopra
8.	Mrs. Reema

Handwritten signature



Department of Home Science

Valentine's Day Celebration - Chocolate Stall

Attendance 14.02.23

Serial No.	Students' Name	Class	Roll No.
1.	Sonal	B.Voc. NEH Sem VI	227001
2.	Tanishka	B.Voc. NEH Sem VI	227002
3.	Akshita	B.Voc. NEH Sem VI	227003
4.	Vishali	B.Voc. NEH Sem VI	227004
5.	Nishtha	B.Voc. NEH Sem VI	227005
6.	Rajji	B.Voc. NEH Sem VI	227006
7.	Subhneet	B.Voc. NEH Sem VI	227007
8.	Ramneek	B.Voc. NEH Sem VI	227008
9.	Pallavi	B.Voc. NEH Sem VI	227009
10.	Harsimran	B.Voc. NEH Sem VI	227010
11.	Jaspinder	B.Voc. NEH Sem VI	227011
12.	Jasleen	B.Voc. NEH Sem VI	227012
13.	Kusum	B.Voc. NEH Sem VI	227013
14.	Geetika	B.Voc. NEH Sem IV	226951
15.	Ruchika	B.Voc. NEH Sem IV	226952
16.	Khushbu	B.Voc. NEH Sem IV	226953
17.	Parneet	B.Voc. NEH Sem IV	226954
18.	Sunaina	B.Voc. NEH Sem IV	226955
19.	Kritika	B.Voc. NEH Sem IV	226956
20.	Dipali	B.Voc. NEH Sem IV	226957
21.	Surbhi	B.Voc. NEH Sem IV	226958
22.	Reet	B.Voc. NEH Sem IV	226959

Neeti

FEEDBACK FORM

Valentine Day – Chocolates Stall

(Under Home Science Dept.)

Session: 2022-23

Date: 14th February 2023

Name of Student: Krushba Rai

Class: B.Voc. N.E.H Sem 4th

Roll No.

Did you find the activity useful?

Yes, we learnt about different
cooking technique and public dealing.

Any Suggestion:

Nil

Krushba Rai
Signature

Neel

FEEDBACK FORM

Valentine Day – Chocolates Stall

(Under Home Science Dept.)

Session: 2022-23

Date: 14th February 2023

Name of Student: ..*Subhmit Kaur*.....

Class: *Bucc. N.H. Sem. 6th*

Roll No.

Did you find the activity useful?

*I love being the part of this.....
These activities made us more active.*

Any Suggestion:

Nil

Subhmit
Signature

Neer

FEEDBACK FORM

Valentine Day – Chocolates Stall

(Under Home Science Dept.)

Session: 2022-23

Date: 14th February 2023

Name of Student: *Kritika Sharma*

Class: *BURC...NEH...12th*

Roll No.

Did you find the activity useful?

..... *Helpful* *make us active and*
..... *entrepreneurship*

Any Suggestion:

.....
.....

Sharma
Signature

Neeti

FEEDBACK FORM

Valentine Day – Chocolates Stall

(Under Home Science Dept.)

Session: 2022-23

Date: 14th February 2023

Name of Student: Geetika Sharma

Class: B.Woc. NEH. Sem 4th

Roll No.

Did you find the activity useful?

..... I love being the part of these
..... activities

Any Suggestion:

..... Please do more

Geetika
Signature

Neeti

FEEDBACK FORM

Valentine Day – Chocolates Stall

(Under Home Science Dept.)

Session: 2022-23

Date: 14th February 2023

Name of Student: ...*Rudrika Sharma*.....

Class: *B.Voc. NCH*...*Sem. 4th*

Roll No.

Did you find the activity useful?

.....*Enjoying*.....*activity*.....*makes us*.....*more*.....
.....*smarter*.....

Any Suggestion:

.....
.....

Shamika Puri
Signature

Neeti

FEEDBACK FORM

Valentine Day – Chocolates Stall

(Under Home Science Dept.)

Session: 2022-23

Date: 14th February 2023

Name of Student:Taniska.....

Class: BioC. Neh. sub^{2u}

Roll No.

Did you find the activity useful?

.....I always love being part of these stall.....
.....activity as it encourage our skills and public.....

Any Suggestion: dealing

.....
.....

Taniska
Signature

Neh'

The Principal

Kanya Maha Vidyalaya (KMV)

Jalandhar (Punjab)

Subject: Request for organising a discussion session for celebrating Women's Day .

Respected Mam,

Kindly allow us to organise a discussion session for celebrating International Women's Day. Kindly allow us to organise the same for the students of department of Home Science.

Thanking You

Neeti Kapoor
Mrs. Neeti Kapoor

HOD, Home Science

*Allowed
Neeti*

Neeti

Report

Home Science Department of Kanya Maha Vidyalaya organised Power Point Presentation on 5th March 2023 for celebrating Women's Day i.e. on 8th March 2023 with the theme – Empowering women.

Students from various streams i.e., B.Sc. Home Science, B.Voc. Nutrition, Exercise & Health, and Diploma in Early Childhood Care Education actively participated in the event. The students were appreciated and motivated by Mrs. Neeti Kapoor, Head of the Department, Home Science. Through this activity, students learnt about empowering and successful women in our history as well as in today's life with great enthusiasm and zeal.

Programme was successfully organized by the department of Home Science under the guidance of Mrs. Neeti Kapoor, HOD, Home Science. All the staff members of Home Science and B.Voc. i.e., Mrs. Neeti Kapoor, Mrs. Mani Khera, Mrs. Reema Dhingra, Dr. Rupika Chopra, Ms. Tarandep Kaur, Ms. Palak and Ms. Shivani together organised the event and guide the students.

Neeti



Archi

Celebrating International Women's Day (8th March)

Attendance Sheet

<u>S.No</u>	<u>Name</u>	<u>Roll No</u>	<u>Class (Sem.)</u>	<u>Signature</u>
1	Harneet Thind	226954	B.VOC(NEM)-IV	<u>Harneet</u>
2	Khushbu Rai	226953	"	<u>Khushbu Rai</u>
3	Ruchika Sharma	226952	"	<u>Ruchika</u>
4	Geetika Sharma	226951	"	<u>Geetika</u>
5	Aitika Sharma	226956	"	<u>Aitika</u>
6	Kimchi Chib	226902	B.VOC(NGH)-II	<u>Kimchi Chib</u>
7	Kajal	226916	"	<u>Kajal</u>
8	Jasmeen	226908	"	<u>Jasmeen</u>
9	Sangeeta	226927	"	<u>Sangeeta</u>
10	Kingal	226920	"	<u>Kingal</u>
11	Ritu	226913	"	<u>Ritu</u>
12	Kudrat	226918	"	<u>Kudrat</u>
13	Gagan	226912	"	<u>Gagan</u>
14	Muskan	226911	"	<u>Muskan</u>
15	Subhiti Pandit	226901	"	<u>Subhiti Pandit</u>
16	Harpreet Kaur	222802	BSC(HOME SCI) SEM-2	<u>Harpreet Kaur</u>
17	Amitoj Kaur	222801	BSC(HOME SCIENCE) SEM 2	<u>Amitoj</u>
18	Vanika Saini	222876	BSC(HOME SCIENCE) SEM 2	<u>Vanika Saini</u>
19	Shailza	222817	"	<u>Shailza</u>
20	Manpreet Kaur	222851	" sem IV	<u>Manpreet Kaur</u>
21	Vanika	222852	BSC " "	<u>Vanika</u>
22	Bhupinder Kaur	222853	BSC HS Sem 4	<u>Bhupinder Kaur</u>
23	Parmpreet Kaur	223126	ECCE Sem-II	<u>Parm</u>
24	Jasmeet Kaur	223127	ECCE Sem-II	<u>Jasmeet</u>

Heet

Feedback Form

Name of the Activity: Discussion on Women Personalities of National Importance by
Presentation - 05.03.23 (For celebrating International Women's Day)

Date:

Session 2022-23 (Even Semester)

Name: Kritika Sharma

Class: B. Voc. (NEH) Sem IV

Roll No.: 226956

Department: Home Science

Feedback:

It was an informative activity as we got to know a lot about our famous and legendary women of our country. Their personalities were very inspiring for us.

Further Suggestions:

No suggestions

Kritika
Signature

Noor

Feedback Form

Name of the Activity: Discussion on Women Personalities of National Importance by
Presentation - 05.03.23 (For celebrating International Women's Day)

Date:

Session 2022-23 (Even Semester)

Name: Parnet Thind

Class: B.Voc. (NEM) Sem IV

Roll No.: 226954

Department: Home Science

Feedback:

It was an informative activity as we got
to know a lot about our famous
and legendary women.

Further Suggestions:

No.

Parnet
Signature

Noor

Feedback Form

Name of the Activity: Discussion on Women Personalities of National Importance by
Presentation - 05.03.23 (For celebrating International Women's Day)

Date:

Session 2022-23 (Even Semester)

Name: Muskan

Class: B.Voc. (NEH) Sem II

Roll No.: 226911

Department: Home Science

Feedback:

Very interesting and knowledgeable
presentation on women's

Further Suggestions:

No.

Signature Muskan

Noen

Feedback Form

Name of the Activity: Discussion on Women Personalities of National Importance by
Presentation - 05.03.23 (For celebrating International Women's Day)

Date:

Session 2022-23 (Even Semester)

Name: Gagan

Class: B-Voc (WEH) sem II

Roll No.: 228912

Department: Home Science

Feedback:

It is very beneficial lectures for all students
very interested presentation provide
by students. This presentations
provide knowledge related to women's
life.

Further Suggestions:

NO

Gagandeep Kaur
Signature

Neer

Feedback Form

Name of the Activity: Discussion on Women Personalities of National Importance by
Presentation - 05.03.23 (For celebrating International Women's Day)

Date:

Session 2022-23 (Even Semester)

Name: Kudrat

Class: B. Voc. (NEH) Sem II

Roll No.: 226918

Department: Home Science

Feedback:

On the occasion of women personalities
International Women's Day, The
Discussion was fabulous & got so
much knowledge about great women
of our country.

Further Suggestions:

No.

Kudrat
Signature

Nrovi