

FACULTY OF VOCATIONAL STUDIES

SYLLABUS

of

B. Voc (BEAUTY & WELLNESS)

(Semester: I-IV)

(Under Credit Based Continuous Evaluation Grading System)

Session : 2019-20



The Heritage Institution

KANYA MAHA VIDYALAYA

JALANDHAR

(Autonomous)

B.Voc (Beauty & Wellness) Session : 2019-20
Scheme of Studies and Examination

SEMESTER-I



MA III&IV sem Final
2019-20.docx

Course Code	C/S/I/ V	Course Title	Hrs/ Week	CREDIT	Marks			C A	Examination (Hrs)
					L-T-P	Total	L	P	
BVBL- 1421 BVBL-1031 BVBL-1431	C	Punjabi (Compulsory) Basic Punjabi PHC	2	2-0-0	50	40	-	10	3Hrs
BVBL-1102	C	Communication Skill in English-I	4	4-0-0	50	40		10	3Hrs
BVBL-1143	C	Sterilization, Hygiene & Sanitation	2	2-0-0	50	40		10	3Hrs
BVBM-1144	S	Anatomy of Skin	2-4	2-0-2	100	40	40	20	3+3Hrs
BVBM-1145	S	Scalp and Hair	2-4	2-0-2	100	40	40	20	3+3Hrs
BVBP- 1146	S	Skin Care	4	0-0-2	50		40	10	3Hrs
BVBP- 1147	S	Fashion and Basic Makeup	4	0-0-2	50		40	10	3Hrs
BVBI-1148	S	Internship & Project Report	12	0-0-6	75		-	-	
AECD-1161	C	Drug Abuse: Problem,	2	2-0-0	50	40		10	3Hrs
SECF-1492	C	Foundation Programme	2	2-0-0	25	25			1Hr
		Total		30	600				

C-Compulsory
S-Skill Enhancement

B.Voc (Beauty & Wellness) Session 2019-20
Scheme of Studies and Examination
SEMESTER-II

Course Code	C/S/I/V	Course Title	Hrs/ Week	CREDIT	Marks			CA	Examination (Hrs)
				L-T-P	Total	L	P		
BVBL-2421 BVBL-2031 BVBL-2431	C	Punjabi (Compulsory)/ Basic Punjabi/ PHC	2	2-0-0	50	40	-	10	3hrs
BVBM-2102	C	Communication Skill in English- II	2-4	2-0-2	50	25	15	10	3hrs
BVBL-2143	C	Health & Safety in the Work Place	2	2-0-0	50	40	-	10	3Hrs
BVBM-2144	S	Beauty and Personality Development	2-4	2-0-2	100	40	40	20	3+3Hrs
BVBP-2145	S	Fashion Makeover	8	0-0-4	100	-	80	20	3Hrs
BVBP-2146	S	Photographic Make-up	8	0-0-4	100	-	80	20	3Hrs
BVBI-2147	S	Internship & Project Report	12	0-0-6	75	-	-	-	
AECD-2161	C	Drug Abuse: Problem Management & Prevention	2	2-0-0	50	40	-	10	3Hrs
SECM-2502	C	Moral Education Program	2	2-0-0	25	20	-	5	1Hrs
		Total		30	600				

C-Compulsory
S-Skill Enhancemen

Scheme of Studies and Examination

B.Voc (Beauty & Wellness) Session 2019-20

Semester-III

Semester III									
Course Code	Cour se type	Course Titles	Hou rs/ week	Credits L-T-P	Marks				Examinat ion time (in Hours)
					Total	Ext.		CA	
						L	P		
BVBL-3141	C	Histology of Hair	4	4-0-0	100	80	-	20	3
BVBL-3142	C	Knowledge of Hair Bond	4	4-0-0	100	80	-	20	3
BVBL-3143	C	Saloon Management	2	2-0-0	50	40	-	10	3
BVBP-3144	S	Techniques of Hair Texturing	8	0-0-4	75	-	60	15	3
BVBP-3145	S	Hair Colouring	8	0-0-4	75	-	60	15	3
BVBP-3146	S	Assemblage Management	4	0-0-4	75	-	60	15	3
BVBI-3147	S	Internship & Project Report	12	0-0-6	75	-	-	-	
SECP-3512	C	Personality development Program	2	2-0-0	50	50	-	-	2
		Total		30	600				

C-Compulsory

S-Skill Enhancement

Scheme of Studies and Examination
B.Voc (Beauty & Wellness) Session 2019-20
Semester-IV

Semester IV									
Course Code	Cour se type	Course Titles	Hou rs/ week	Credits L-T-P	Marks				Examinat ion time (in Hours)
					Total	Ext.		CA	
						L	P		
BVBL-4141	C	Care of Scalp and hair	4	4-0-0	75	60	-	15	3
BVBL-4142	C	Hair coloring and Bleaching	4	4-0-0	75	60	-	15	3
BVBM-4143	S	Superfluous Hair Removal	2-4	2-0-2	100	40	40	20	3
BVBP-4144	S	Hair Styling	8	0-0-4	75	-	60	15	3
BVBP-4145	S	Chemical Hair Relaxing	4	0-0-2	50	-	40	10	3
BVBP-4146	S	Advance Hair Treatment	4	0-0-2	50	-	40	10	3
BVBI-4147	S	Internship & Project Report	12	0-0-6	75	-	-	-	-
AECE-4221	C	EVS	4	4-0-0	100	60	20	20	3
		Total		30	600				

C-Compulsory

S-Skill Enhancement

SESSION 2018-19

B. Voc (Retail Mgt)/B.Voc(MSP)/B.Voc(Animation)/B.Voc(TDAT)/B.Voc.(NEH)

Semester I

BASIC PUNJABI

(In lieu of Compulsory Punjabi)

Course Code-BVRL/BVML/BVPL/BVAL/BVTL/BVNL-1031

ਸਮਾਂ : ੩ ਘੰਟੇ

Maximum Marks: 50

Theory : 40

CA: 10

ਪਾਠ ਕ੍ਰਮ

ਯੂਨਿਟ 1

ਪੈਂਤੀ ਅੱਖਰੀ, ਅੱਖਰ ਕ੍ਰਮ, ਪੈਰ ਬਿੰਦੀ ਵਾਲੇ ਵਰਣ ਅਤੇ ਪੈਰ ਵਿਚ ਪੈਣ ਵਾਲੇ ਵਰਣ ਅਤੇ ਮਾਤਰਾਵਾਂ (ਮੁਢਲੀ ਜਾਣ ਪਛਾਣ) ਲਗਾਖਰ (ਬਿੰਦੀ, ਟਿਪੀ, ਅਧਕ) : ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ ।

08ਅੰਕ

ਯੂਨਿਟ 2

ਪੰਜਾਬੀ ਸ਼ਬਦ ਬਣਤਰ : ਮੁਢਲੀ ਜਾਣ ਪਛਾਣ (ਸਾਧਾਰਨ ਸ਼ਬਦ, ਸੰਯੁਕਤ ਸ਼ਬਦ, ਮਿਸ਼ਰਤ ਸ਼ਬਦ, ਮੂਲ ਸ਼ਬਦ, ਅਗੇਤਰ ਅਤੇ ਪਿਛੇਤਰ)

08ਅੰਕ

ਯੂਨਿਟ4

ਨਿਤ ਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀ ਸ਼ਬਦਾਵਲੀ : ਬਾਜ਼ਾਰ, ਵਪਾਰ, ਰਿਸ਼ਤੇਨਾਤੇ, ਖੇਤੀ ਅਤੇ ਹੋਰ ਧੰਦਿਆਂ ਆਦਿ ਨਾਲ ਸੰਬੰਧਤ।

08 ਅੰਕ

ਯੂਨਿਟ4

ਹਫ਼ਤੇ ਦੇ ਸਤ ਦਿਨਾਂ ਦੇ ਨਾਂ, ਬਾਰਾਂ ਮਹੀਨਿਆਂ ਦੇ ਨਾਂ, ਰੁੱਤਾਂ ਦੇ ਨਾਂ, ਇਕ ਤੋਂ ਸੌ ਤਕ ਗਿਣਤੀ ਸ਼ਬਦਾਂ ਵਿਚ ।

ਅੰਕ ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਯੂਨਿਟ ਹੋਣਗੇ। ਸੈਕਸ਼ਨ ਟੁੱਕ ਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟ ਜ਼ਰੂਰ ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਯੂਨਿਟ ਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਯੂਨਿਟ ਵਿਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਲਾਜ਼ਮੀ ਹੈ।
ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਯੂਨਿਟ ਵਿਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 08 ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈੱਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅਗੋਂ ਵਧ ਤੋਂ ਵਧ ਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ।

**B.A. (JMC)/ B.Sc. (FD)/ B.Sc. (Home Science) / B.C.A. / B.Sc.
IT (Session 2018-19)**

SEMESTER I

COMMUNICATION SKILLS IN

ENGLISH

Course Code: BJML/BFDL/BHSL/BCAL/BITL-1102

Course Outcomes

After passing this course the students will develop the following Skills:

CO 1: Reading skills that will facilitate them to become an efficient reader.

CO 2: The ability to realise not only language productivity but also the pleasure of being able to articulate well.

CO 3: The power to analyse, interpret and infer the ideas in the text.

CO 4: The ability to have a comprehensive understanding of the ideas in the text and enhance their critical thinking.

CO 5: Writing skills of students which will make them proficient enough to express ideas in clear and grammatically correct English.

CO 6: Ability to plan, organise and present ideas coherently on a given topic.

CO 7: The skill to use an appropriate style and format in writing letters (formal and informal.)

**B.A. (JMC)/ B.Sc. (FD)/ B.Sc. (Home Science) / B.C.A. / B.Sc. IT
(Session 2018-19) SEMESTER I**

**COMMUNICATION SKILLS IN ENGLISH –I
Course Code: BJML/BFDL/BHSL/BCAL/BITL-1102**

Time: 3 Hours

**Max. Marks:
50**

Theory: 40

**Continuous
Assessment: 10**

Instructions for the paper setter and distribution of marks:

The question paper will consist of four sections and distribution of marks will be as under:

Section-A: The question of theoretical nature will be set from Unit I of the syllabus with internal choice and it will consist of 8 marks.

Section-B: Two comprehension passages will be given to the students based on the Unit II and the candidates will have to attempt one carrying 8 marks.

Section-C: Two questions will be given based on the topics given in the Unit III and the candidates will have to attempt one carrying 8 marks.

Section-D: One out of the two questions will have to be attempted by the candidates based on the topics given in Unit IV of the syllabus. It will carry 8 marks.

Important Note:

The candidate will have to attempt five questions in all selecting one from each section of the question paper and the fifth question may be attempted from any of the four sections.

(8 x 5 = 40)

The syllabus is divided in four units as mentioned below:

Unit I

Reading Skills: Reading Tactics and strategies; Reading purposes–kinds of purposes and associated comprehension; Reading for direct meanings.

Unit II

Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/ expressions.

Activities:

- Comprehension questions in multiple choice format
- Short comprehension questions based on content and development of ideas

**B.A. (JMC)/ B.Sc. (FD)/ B.Sc. (Home Science) / B.C.A. / B.Sc.
IT (Session 2018-19)**

**SEMESTER I
COMMUNICATION SKILLS IN ENGLISH
-I**

Unit III

Writing Skills: Guidelines for effective writing; writing styles for application, personal letter, official/ business letter.

Activities

- Formatting personal and business letters.
- Organising the details in a sequential order

Unit IV

Resume, memo, notices etc.; outline and revision.

Activities:

- Converting a biographical note into a sequenced resume or vice-versa
- Ordering and sub-dividing the contents while making notes.
- Writing notices for circulation/ boards

Recommended Books:

1. *Oxford Guide to Effective Writing and Speaking* by John Seely.
2. *Business Communication*, by Sinha, K.K. Galgotia Publishers, 2003.
3. *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
4. *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).
5. *English Grammar in Use: A Self Study Reference and Practice Book Intermediate Learners Book* by Raymond Murphy, Cambridge University Press

B.Voc (Beauty & Wellness) SEMESTER-I

Session: 2019-20

Sterilization, Hygiene and Sanitation

Course Code:BVBL-1143

(THEORY)

Time: 3hrs

Max Marks: 50

Theory:40

CA:10

Instructions for the Paper Setters:

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- What is Personal Hygiene
- What is Public Hygiene
- Hygiene and Good Grooming

UNIT-II

- Methods of Sterilization
- Sanitation and its Types
- Physical Agents

UNIT-III

- Chemical Agents
- Chemical Disinfectant
- Antiseptics

UNIT-IV

- Suggestions for Sanitation
- General Salon Hygiene Rules

Books Recommended:

- Complete beauty book by Helen Foster.
- Harper and Glenn Lewis.
- Standard text book of Cosmetology Milady's

B.Voc (Beauty & Wellness) SEMESTER-I
Session – 2019-20
Anatomy of Skin
Course Code: BVBM-1144
(THEORY)

Time: 3 hrs

Max. Marks: 100

Theory Marks: 40

Practical Marks: 40

CA: 20

Instructions for the Paper Setters

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

UNIT-I

COSMETOLOGY

- Aims and Objectives
- Importance

UNIT-II

- **SKIN:**
- Anatomy of Skin
- Function of Skin
- Types of Skin

UNIT-III

MASSAGE:

- Benefits of massage.
- Basic Manipulations used in massage.
- Points to remember while Massage.
- Facial Therapies with Pressure points of Different types of skin.

UNIT-IV

PROBLEMS OF SKIN: Disorders of skin- acne, rosacea, psoriasis, pigmentation, seborrhoea, eczema, blemishes, bulla, sun tan, anti –ageing, dark circle, crowsfeet, vitiligo.

Book Recommended:

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis

B.Voc (Beauty & Wellness) SEMESTER-I
Session – 2019-20
Anatomy of Skin
Course Code: BVBM-1144
(PRACTICAL)

Time: 3 hrs

Practical Marks: 40

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

SKIN TREATMENT WITH GALVANIC & HIGH FREQUENCY

- (i) Skin analysis
- (ii) Brushing unit
- (iii) Viva
- (iv) Presentation
- (v) File work

B.Voc (Beauty & Wellness) SEMESTER-I

Session – 2019-2020

SCALP AND HAIR

Course Code: BVBM-1145

(THEORY)

Time: 3 hrs.

Max Marks: 100

Theory: 40

Practical: 40

CA: 20

Instructions for the Paper Setters

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

UNIT-I

STRUCTURE OF HAIR:

- ☐ Composition of Hair
- ☐ Division of Hair
- ☐ Types of Hair

DISORDER OF THE HAIR AND SCALP

- ☐ Non- Infections
- ☐ Infectious

GROWTH AND REPLACEMENT

- ☐ Hair Cycle
- ☐ Hair Analysis
- ☐ Hair Pigments

UNIT-II

PLAY WITH CHEMICALS

- Rebonding and Smoothening
- Perming
- Hair Spa

UNIT-III

KNOWLEDGE OF PHYSICAL AND CHEMICAL CLASSIFICATION:

- Shampoo
- Hair conditioners and Rinses
- Setting Gels and Lotions
- Hair Tonics
- Hair Oil
- Principle of color and color correction.
- Types of color
- Client consultation
- Applied techniques, mixing techniques
- Client consultation

UNIT-IV

CARE OF SCALP:

- ☐ Treatments of scalp with the help of natural ingredients and different types of Products.
- ☐ Different Electrical Equipments used in scalp treatment.

Book Recommended :

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

B.Voc (Beauty & Wellness) SEMESTER-I
Session – 2019-20
SCALP AND HAIR
Course Code: BVBM-1145
(PRACTICAL)

Time: 3 hrs

Practical Marks: 40

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Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

HAIR STYLING

- Wet hair styling
- Thermal styling- straightening ,curling, crimping, waving, roller setting
- Hair extensions- wigs, extensions
- Treatments of scalp with the help of natural ingredients and different types of Products.
- Different Electrical Equipments used in scalp treatment
 - Presentation
 - File work
 - Viva

B.Voc (Beauty & Wellness) SEMESTER-I
Session: 2019-20
Skin Care
Course Code: BVBP-1146
(PRACTICAL)

Time: 3 hrs

Max. Marks: 50
Practical Marks: 40
CA: 10

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

SKIN CARE:

- Deep Cleansing
- Facial Manipulation
- Bleaches
- Manicure
- Pedicure
- Waxing
- Threading

- Knowledge of skin analysis

CARE OF FEET AND HANDS

- Manicure
- Pedicure

Skin Treatments: Different types of skin treatments with the help of natural ingredients like packs, masks and creams for different skin

Viva
File work

B.Voc (Beauty & Wellness) SEMESTER-I

Session: 2019-2020

Fashion and Basic Makeup

Course Code: BVBP-1147

(Practical)

Time: 3hrs.

Max Marks: 50

Practical Marks: 40

C.A: 10

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

FACIAL MAKEUP

Preparation for makeup application-(Equipment, Tools)

- Base according to day/night
- Fashion Cosmetics
- Fashion Brands in Cosmetics
- Makeup and accessories according to occasion
- Basic makeup
- Casual make up
- Party makeup
- Day makeup
- Self makeup
- Product knowledge

Viva

File work

B.Voc (Beauty & Wellness) SEMESTER-I

Session: 2019-2020

Internship and Project Report

Course Code: BVBI-1148

(Practical)

Max .Marks: 75

All the students will submit their training reports (in duplicate) within a period of one month in department; this period shall be counted from the last date of completion of their training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the students report.

B.Voc (Beauty & Wellness) Semester - I
(Session 2019-20)
DRUG ABUSE
Course Code: AECD-1161
(Theory)

Time: 3hrs
Credit: 2-0-0

Max .Marks: 50
Theory:40
CA: 10

Instructions for the paper setters

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Meaning of Drug Abuse: Meaning, Nature and Extent of Drug Abuse in India and Punjab.

UNIT-II

Consequences of Drug Abuse for:
Individual : Education, Employment, Income.
Family : Violence.
Society : Crime
Nation : Law and Order problem.

UNIT-III

3) Management of Drug Abuse
Medical management : medication for treatment and to withdrawal effects.

UNIT-IV

Psychiatric Management: Counseling, Behavioral and Cognitive therapy. Social Management: Family, Group therapy and Environmental Intervention.

References:

- 1.Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
- Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
- Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
- Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
- Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur

Bachelor of Vocation (B.Voc)

**B.Voc (Beauty & Wellness)
Session 2019-20
Semester II**

Gen. Punjabi

COURSE CODE-BVRL/BVML/BVAL/BVTL/BVBL-2421

; wK L 3 xzN/

Max Marks: 50

Theory :40

CA.10

ਗਕਮ ਏਤਾ ਨਸ/ ਗਕਮ ਗ।;ਸਏਖ

:{ਡਭਾਂ-ੀ

ਨਕਸਾ ਨਭਕਸਾ (ਏਜਕਧਹ ਘਕਰ),(;ਜ਼ਗੁ ;।ਡਜਜਦੋ ਪਹੋ ਨਸ/ ਟਡੋਨਕਾ ਡ;ਜਣ ;ਜਯ{)

ਰੋ{ ਭਕਭਏ ਦ/ਟ :{ਭਹਟੋਡ;ਹ, ਨਜ਼ਡਾਤਸੋ,.

08 ਨਜ਼ਏ

:{ਡਭਾਂ-ੀ

ਡਰਨਕਭ 'ਕਬਕ(ਡਟਡਰਨਕਭਏ ਸ/ ;'ਕੀ ਡਟਡਰਨਕਭਏ ਬੋਖ ਦਕ ;ਜ਼ਰਤਡਜ)(;ਜ਼ਗੁ ਵਕੁ ;ਡਸਜਦੋ ਡ;ਜਣ, ਗ'ਤੁ 'ਡਜਜਦੋ ਡ;ਜਣ ਪਭਟ?ਸ), ਰੋ{ ਭਕਭਏ ਦ/ਟ :{ਭਹਟੋਡ;ਹ,ਨਜ਼ਡਾਤਸੋ, 2007

ਬੋ/ ਲ;ਕਡਜਸ ਸ/ ਬ'ਏ ;ਕਡਜਸ, ਨਗੋਖ, ਨੁ/ਸਭ ਦਕ ਰ।ਧ ਸ/ ;।ਘਕਨ, ਏਜ਼ਡਗਠੋ ਨਸ/ ਡਝਜੋਭ?; 'ਭਗੋਹ ਨਡਯਏਕੋ.

08 ਨਜ਼ਏ

:{ਡਭਾਂ-ੀ

(ੳ) **ਫਪਦ ਪਧਸੋ ਨਸ/ ਫਪਦੋਭਕ** ਲ ਗਡੋਘਕਫਕ, 'ਪੈਬ/
;ਜ਼ਏਬਗ

ਯੂਨਿਟਜ਼

(ੳ) ਸੰਖੇਪ ਰਚਨਾ

(ਅ) ਮੁਹਾਵਰੇ ਅਤੇ ਅਖਾਣ

08 ਨਜ਼ਦ

ਅੰਕ ਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

- 1 ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਚਾਰ ਯੂਨਿਟ ਹੋਣਗੇ। ਸੈਕਸ਼ਨਾਂ ਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟ ਜ਼ਜ਼ੜ ਡਟੁ'ਅ ਗ।ਗਸ਼/ ਕਿਧਰ ਜੋ :{ਡਭਾਂਡਟੁ
ਜਾਣਗੇ। ਦ' ਗਤਫਭ ਗ।ਗਸ਼/
- 2 ਵਿਦਿਆਰਥੀ ਨੇ ਕੁਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਯੂਨਿਟ ਵਿਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਬਕੀ'ਹ ਜ?। ਗਜ਼ਟਿਖ ਗਤਫਭ ਡਟੁ;/ ਟਹ
ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ। :{ਡਭਾਂ ਡਟੁ'ਅ
- 3 ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 08 ਅੰਕ ਹਨ।
- 4 ਪੇਪਰ ਸੈਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅਗੋਂ ਵਧ ਤੋਂ ਵਧ ਚਾ
ਉਪ ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ। +

Bachelor of Vocation B.Voc

(Beauty & Wellness)

B.A. (JMC)/ B.Sc. (FD)/ B.Sc. (Home Science) / B.C.A. / B.Sc. IT (Session 2019-20)

Semester-II

COMMUNICATION SKILLS IN ENGLISH-II BVBL-2102

Time:3hurs

Max. Marks: 50

Theory:40

CA: 10

Course Contents:

Unit I

Listening Skills: Barriers to listening; effective listening skills; feedback skills.

Activities: Listening exercises – Listening to conversation, News and TV reports

Unit II

Attending telephone calls; note taking and note making.

Activities: Taking notes on a speech/lecture

Unit III

Speaking and Conversational Skills: Components of a meaningful and easy conversation; understanding the cue and making appropriate responses; forms of polite speech; asking and providing information on general topics.

Activities: 1) Making conversation and taking turns

2) Oral description or explanation of a common object, situation or concept

Unit IV

The study of sounds of English, stress

Situation based Conversation in English

Essentials of Spoken English

Activities: Giving Interview

Recommended Books:

1. *Oxford Guide to Effective Writing and Speaking* by John Seely.

2. *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.

3. *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).

A Course in Phonetics and Spoken English by J. Sethi and P.V. Dhamija, Phi Learning

Instructions for the paper setters and distribution of marks:

The question paper will consist of four sections and distribution of marks will be as under:

Section-A: Two questions with internal choice will be set from Unit I of the syllabus and these questions will be theoretical in nature corresponding to the syllabus of Section-I. Each will carry 5 marks.

Section-B: Two questions with internal choice will be set from Unit II of the syllabus. One will be theoretical and the second will be practical in nature. Each will carry 5 marks.

Section-C: Two questions with internal choice will be set from Unit III of the syllabus and these will be theoretical in nature. Each will carry 5 marks.

Section-D: Two questions with internal choice will be set from Unit IV of the syllabus. One question will be theoretical in nature and the other will be practical in nature (based on phonetic transcription and stress). Each will carry 5 marks.

Important Note:

The candidate will have to attempt five questions in all selecting one from each section of the question paper and the fifth question may be attempted from any of the four sections.

(5 x 5 = 25)

PRACTICAL / ORAL TESTING

Marks: 15

Course Contents:

1. Oral Presentation with/without audio visual aids.
2. Group Discussion.
3. Listening to any recorded or live material and asking oral questions for listening comprehension

Questions:

1. Oral Presentation will be of 5 to 7 minutes duration. (Topic can be given in advance or it can be of student's own choice). Use of audio visual aids is desirable.
2. Group discussion comprising 8 to 10 students on a familiar topic. Time for each group will be 15 to 20 minutes.

Note: Oral test will be conducted by external examiner with the help of internal

B.Voc (Beauty & Wellness) (SEMESTER-II)
Session: 2019-20
Course Code: BVBL: 2143
HEALTH AND SAFETY IN THE WORKPLACE
(THEORY)

Time: 3 hrs.

Max Mark: 50
Theory Marks: 40
CA: 10

Instructions for Paper Setters:

Eight questions of equal (8each) marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

PERSONAL HYGIENE:

- What is Personal Hygiene
- Hygiene and Good Grooming
- Personal Hygiene and Healthy Habits

UNIT-II

SALON MANAGEMENT:

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.
- Record keeping: Income and Expenditure
- Maintenance

UNIT-III

- Common equipment required for salon operation
- Safety Precautions

UNIT-IV

- Sterilization
- Sanitation and its types
- Methods of Sterilization
- Client Treatment

Books Recommended :

- Beauty Basics by Lorraine Nordmann Level-I
- Milady's, Text Book of Cosmetology, 2000, Milady Publication, America.
- Clean : A History of Personal Hygiene and Purity By Virginia Smith (Author)
- Salon Management by Martin Green

B.Voc (Beauty & Wellness) SEMESTER-II
Session-2019-20
Beauty and Personality Development
Course Code: BVBM-2144
(THEORY)

Time: 3 hrs.

Max Marks: 100
Theory Marks: 40
Practical: 40
CA: 20

Instructions for the Paper Setters:

Eight questions of equal marks (8each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

COSMETOLOGY:

Introduction and Importance of Cosmetology

UNIT-II

PERSONAL GROOMING:

Colour and outfit culture:

- Colours:- Importance, effects and selection.
- Planning and Wardrobe and Selection of Clothes according to figure, physique, complexion, occupation and weather.
- Selection of accessories according to attire and occasion.
- Use of perfumes

UNIT-III

- **Speaking and Conversational charm:**
- Characteristics of Charming conversationalist, topics of conversation, topics to avoid, manners of pleasant conversation, when to speak and when to listen.

- Voice cultivation, enunciation and pronunciation.

UNIT-IV

Visual Poise

- Basic Stance and Corrective Stance.
- Basic hand positions and expressive and graceful hand free actions.
- correct different sitting positions and sitting on a low stool or bench.
- Walking correctly.
- Correct sleeping position.
- Getting in and out of cars
- Meeting and greeting people, party and table manner; entering and leaving properly.
- Handling coats, shawls and stoles, gloves and hand bags.

Book Recommended :

- Complete beauty book by Helen Foster
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- Standard Text Book Of Cosmetology by Milady.

B.Voc (Beauty & Wellness) SEMESTER-II
Session-2019-20
Beauty and Personality Development
Course Code: BVBM-2144
(PRACTICAL)

Time: 3 hrs.

Practical: 40

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

- SELF GROOMING
- DIFFERENT TYPE OF SARI DRAPING
- VIVA
- FILE WORK

B.Voc (Beauty & Wellness) SEMESTER-II

Session: 2019-20

Fashion Makeover

Course Code: BVBP-2145

(PRACTICAL)

Max Marks-100

Practical-80

CA: 20

Time: 3 hrs.

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

UNIT-I

- Make-ups and related health factors
- History of Make-ups and related fashion trends.
- Entrepreneur and Business Awareness.

UNIT-II

- Cosmetic Science – II (Advance Product Knowledge)
- Theme based Advanced make-up knowledge and guidelines
 - Contouring and its technique according to different face types.

UNIT-III

(a) Make-ups Theme and its Application

- Dramatic look
- Dolls and related make-ups look
- Character Make-ups
- Theatrical Make-ups
- Photographic Make-ups (black/white photographic makeups)
 - Men Make-up
- Face and Body Tattooing /Make-ups.

UNIT-IV

Hair styling- high fashion and period styling. (Including all the style followed in the past and today's highly appreciated fashionable hair style.

Introduction to photography: Learning the photo shoot techniques, background to enhance make ups and costumes and method to provide sharp and fine look to make-up

Books Recommended :

- Robert Jones, Make up Makeover :Expert Secrets For Stunning Transformation
“Gloucester :
- Fair Winds Press, 2005 1st ed.
- Handa Parvesh, Complete Book on Beauty Body Makeup, 2006, Goodwill
Publication, New Delhi
- Makeup Is Art (Hardcover) by Academy of Freelance Makeup
- Kevyn Aucoin, Little Brown and Company, 1999. Making Faces
- Mary Quant, DK Publishing, 1996, Classic Makeup and Beauty.
- I AM ZAIN PHOTOGRAPHY October 2017 HEATHER S. EXCLUSIVE
CONTENT The Purge Dark Soul MR. SINISTER publish by NEON DEMON
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B.Voc(Beauty & Wellness) SEMESTER-II

Session-2019-20

Photographic Makeup

Course Code: BVBP-2146

(PRACTICAL)

Max Marks: 100

Practical Marks: 80

CA: 20

Time: 3 hrs.

Instructions for Practical Examiners:

Question paper is to be set on the spot jointly by the Internal and External Examiners

UNIT-I

- ☐ Creative make up techniques
- ☐ Digital photographic makeup application
- ☐ Fashion Styling for photo shoots
- ☐ Hairstyling for Fashion
- ☐ Communicate and behave in a professional manner
- ☐ Select and use products, tools and equipment for photographic make-up application

UNIT-II

Designed all looks Portfolio reference

- ☐ Bridal
- ☐ Period
- ☐ Fantasy

UNIT-III

Used all application techniques Portfolio reference

- ☐ Base application
- ☐ Highlighting and shading
- ☐ Concealing Blending
- ☐ Application of eye products
- ☐ Application of lip products

UNIT-IV

Used a minimum of 2 additional media Portfolio reference

- Clothes
- Hair

Book Recommended :

- ☐ Mary Quant,DK Publishing,1996,Classic Makeup and Beauty.
- ☐ I AM ZAIN PHOTOGRAPHY October 2017 HEATHER S. EXCLUSIVE
CONTENT The Purge Dark Soul MR. SINISTER publish by NEON DEMON P.61
- ☐ Handa Parvesh,Complete Book on Beauty Body Makeup,2006,Goodwill
Publication,New Delhi
- ☐ Makeup Is Art (Hardcover) by Academy of Freelance Makeup.
- ☐ Habib Jawed,Professional Hair Styling,2007,UBSPD,New Delhi

B.Voc (Beauty & Wellness) SEMESTER-II

Session: 2019-20

Course Code: BVBI-2147

INTERNSHIP AND PROJECT REPORT

Time: 3hrs

Max. Marks: 75

All the students will submit their training reports (in duplicate) within a period of one month in department; this period shall be counted from the last date of completion of their training. The supervisor in the organization under whose

B.A/B.Sc/BCA/B.Com/BBA Semester – II
(Session 2019-20)
Course Code: AECD-2161
DRUG ABUSE
(THEORY)

Time: 3 Hrs

Max. Marks: 50

Theory: 40

CA: 10

Instructions for the Paper Setter

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Prevention of Drug abuse: Role of family: Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny.

UNIT-II

School: Counselling, Teacher as role-model. Parent-teacher-Health Professional Coordination, Random testing on students.

UNIT-III

Controlling Drug Abuse: Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program

UNIT-IV

Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

References:

1. Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
3. Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.
4. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
5. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
6. National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical

Semester-II (Session 2019-20)

Course Title: Moral Education Programme

Course Intended for: Sem II students of all streams

Course code: SECM 2502

Course Duration: 30 hrs

Course Objectives:

- To sensitize students about the role and importance of human values and ethics in personal, social and professional life.
- To enable students to understand and appreciate ethical concerns relevant to modern lives.
- To prepare a foundation for appearing in various competitive examinations.
- To sensitize the students about the current issues and events of national and international importance.
- To highlight plausible implications of ethical human conduct , trustful and mutually fulfilling human behaviour and mutually enriching interaction with nature .

Course Contents:

- Introduction to Moral Education
- Need , content and purpose
- Vedic values
- Character building

The Self and You

- Understanding the Self –Self awareness, fighting the five evils (lust, anger, attachment, ego and greed), Self growth.
- Personal ethics
- Aspiration v/s ambition, self- seeking v/s selflessness
- Physical and mental health

The Family and You

- Importance of family- the basic unit of human interaction.
- Generation gap
- Relationship with siblings and elders

The Society and You

- Social responsibility
- Our rights and duties

SESSION 2019-20

- Civic sense
- Opposite sex relations
- Globalization and IT boom – cellphone menace
- Peer pressure
- Gender issues

The Nation and You

- International peace and brotherhood
- Saving the environment
- Communal harmony, Tolerance, Understanding of Cultures
- Respect for Martyrs
- National Pri

B.Voc (Beauty & Wellness) Semester-III

Session: 2019-20

Histology of Hair

Course Code : BVBL-3141

(THEORY)

Time: 3 hrs.

Max. Marks: 100

Theory Marks: 80

C.A:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

ANATOMY OF HAIR

- Structure of hair
- Composition of hair

UNIT-II

- Types of hair
- Hair shapes
- Hair distribution
- Hair Facts

UNIT-III

DISORDERS OF HAIR

- Non-infectious
- Infectious

UNIT-IV

- Hair Function
- Hair Growth & Replacement
- Contra- indication during Scalp Treatment

Book Recommended :

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

B.Voc (Beauty & Wellness) Semester-III
Session: 2019-20
Knowledge of Hair Bond
Course Code - BVBL-3142
(THEORY)

Time: 3 hrs.

Max. Marks: 100
Theory Marks :80
C.A:20

Instructions for the Paper Setters:

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

- Knowledge of hair bonds.
- Chemical reaction in layers of hair
- Types of shampoo and additives used in shampoo

UNIT-II

- Rebonding
- Perming
- Smoothening

UNIT-III

- PH of hair and hair products
- Deep Conditioning
- Hair spa

UNIT-IV

- Hair Color Application
- Heena Application

Book Recommended :

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- Professional Hair Dressing by Martin Green Leo Palladino

B.Voc (Beauty & Wellness) Semester-III

Session: 2019-20
SALON MANAGEMENT
Course Code – BVBL-3143
(THEORY)

Time: 3 hrs.

Total Marks: 50
Theory Marks :40
C.A:10

Instructions for the Paper Setters:

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT- I

SALON MANAGEMENT:

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.

UNIT- II

- Types of services and their cost.
- Types of employees and employment.
- Record keeping: Income and Expenditure
- Retailing and Salesmanship

UNIT- III

- Advertising and Appointments
- Maintenance
- Common equipment required for salon operation

UNIT- IV

FIRST AID

- Cut or Abrasions
- Burns
- Other salon Injuries
- Precautions and safety measures during the procedure

B.Voc (Beauty & Wellness) Semester-III
Session: 2019-20
TECHNIQUES OF HAIR TEXTURING
Course Code - BVBP-3144
(PRACTICAL)

Time: 3 hrs.

Total Marks: 75
Practical Marks : 60
C.A:15

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

SCIZZORING:

- Implements of hair cutting
- Sectioning of hair cutting
- Hair thinning
- Hair cutting tools
- Client consultation
- Types of cutting tools
- Hair Cutting Angle System
- Club Cutting
- Notching
- Point
- Cutting
- Feathering

Books Recommended:

- Complete beauty book by Helen Foster.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J.Goldberg.

B.Voc (Beauty & Wellness) Semester-III

Session: 2019-20

HAIR COLOURING

Course Code – BVBP-3145

(PRACTICAL)

Time: 3 hrs.

Total Marks:75

Practical Marks :60

C.A:15

Instruction For Practical Examiner :

Question paper is to be set on the spot jointly by Internal and External Examiner.

FASHION COLORS

- Highlights
- Global Coloring
- Heena Applications
- Fashion Shades
- Frosting
- Cap Technique
- Mixing technique
- Streaking
- Identifying Natural Level and Tone

B.Voc ((Beauty & Wellness)s) Semester-III

Session: 2019-20

ASSAMBLAGE MANAGEMENT

Course Code – BVBP-3146

(PRACTICAL)

Time: 3 hrs.

Total Marks-75
Practical marks-60
C.A-15

Instruction for Practical Examiner:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Model of Salon Management

Viva

Lab Training File

Presentation

B.Voc (Beauty &Wellness) SEMESTER-III

Session: 2019-20

Course Code: BVBI-3147

INTERNSHIP, PROJECT REPORT& PRESENTATION

Time: 3hrs

Max.Marks:75

All the students will submit their training reports (in duplicate) with in a period of one month in department; this period shall be counted from the last date of completion of their training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the students report.

B.Voc (Beauty & Wellness) SEMESTER-IV

Session: 2019-20

Care of Scalp and Hair

Course Code – BVBL-4141

(THEORY)

Time: 3 hrs.

Total Marks:75

Theory marks: 60

C.A: 15

Instructions for the Paper Setters:

Eight questions of equal Marks(12 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT – I

Disorders of Hair & Scalp

- Infectious Disease
- Non- Infectious Disease

UNIT – II

- What is shampoo and how does a shampoo act?
- Types of shampoo
- Myths About Shampoos

UNIT – III

Scalp Treatment

- Massage
- Application Of Heat
- Vibratory Massage

UNIT – IV

- Hair Analysis
- Oil Treatment
- Knowledge of Natural Ingredients

Books Recommended:

- Complete beauty book by Helen Foster.
- Standard text book of Cosmetology Milady's.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Harper and Glenn Lewis.

B.Voc (Beauty & Wellness) Semester-IV

Session: 2019-20

Hair Coloring and Bleaching

Course Code – BVBL-4142

(THEORY)

Time: 3 hrs

Total Marks:75

Theory:60

C.A: 15

Instructions for the Paper Setters:

Eight questions of equal Marks(12 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

HAIR COLOURING

- Classification of Colour
- Types of colour
- Colour depth and tone.

UNIT-II

One step Tinting

- Virgin hair tinting
- Darker shade
- Tint retouch
- High lighting shampoo tints

UNIT-III

Blonde and Blonde Effects

- Applied techniques, mixing techniques
- Single Processing for Virgin Hair
- importance of patch test

UNIT-IV

- Salon menu of services
- Release statement
- Client consultation

Books Recommended:

- Complete beauty book by Helen Foster.
- Harper and Glenn Lewis.
- Hair Yoga: Caring for your Hair the Right Way by Jawed Habib

B.Voc (Beauty & Wellness)
Semester-IV
Session: 2019-20
Superfluous Hair
Course Code – BVBM-4143
(THEORY)

Time: 3 hrs.

Total Marks: 100
Theory Marks: 40
Practical marks: 40
C.A: 20

Instructions for the Paper Setters:

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

Unit-I

Study of superfluous Hair

- Methods of permanent hair removal

Unit-II

- Methods of epilation
- Methods of depilation

Unit-III

- Personal Hygiene
- Public Hygiene
- Hygiene and Good Grooming

Unit-IV

- Depuration
- Anti-Septic

Books Recommended:

- Complete beauty book by Helen Foster.
- Standard text book of Cosmetology Milady's.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J.Goldberg.

B.Voc (Beauty & Wellness) Semester-IV

Session:2019-20

Superfluous Hair

Course Code – BVBM-4143

(PRACTICAL)

Time: 3 hrs.

Practical marks: 40

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

Different technique of removing Method:

- Depilatory Creams
- Electrolysis
- Threading
- Tweezing.
- Waxing
- Shaving
- File Work

Books Recommended:

- Complete beauty book by Helen Foster.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J.Goldberg.

B.Voc (Beauty & Wellness) SEMESTER-IV
Session -2019-2020
Course Code – BVBP -4144
Hair Styling
(PRACTICAL)

Time: 3 hrs.

Total Marks: 75
Practical marks: 60
C.A: 15

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- **Factor to Be Consider While Styling**
- **Technique of hair Styling**
 - (a) Styling For Dry Hair
 - (b) Styling For Wet Hair
- **Different Types of Curls**
- **Wigs Setting**
- **Different Types of Braiding**
- **Occasional Hair Buns**
- **Viva**
- **Lab Training**

Books Recommended:

- Professional Hair Dressing by Martin Green Leo Palladino.
- The Art Of Hair Coloring Book By David Adams and Jacki Wadeson.

B.Voc (Beauty & Wellness) SEMESTER-IV

Session: 2019-20

Chemical Hair Relaxing

Course Code – BVBP-4145

Time: 3 hrs.

Total Marks: 50

Practical marks: 40

C.A:10

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner.

- **Chemical Hair Relaxing:**

- (a)For Dry Hair

- (b)For Oily Hair

- (c)For chemical treated hair

- **Gave relaxing treatment on new growth(retouch)**

- **Chemical hair Relaxing:**

- (a)material used

- (b)Procedure

Books Recommended:

- Complete beauty book by Helen Foster.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J.Goldberg.

B.Voc (Beauty & Wellness) SEMESTER-IV

Session: 2019-20

Advance Hair Treatment

Course Code – BVBP-4146

(Practical)

Time: 3 hrs.

Total Marks: 50

Practical marks: 40

C.A: 10

Instructions for the Paper Setters:

Question paper is to be set on the spot jointly by Internal and External Examiner

- High Frequency
- High-tech Regrowth Therapy
- Surgical Hair Replacment
- Power Repair Treatment
- Mythic Oil Spa
- Keratin Treatment
- Smart blond Treatment

Books Recommended:

- Complete beauty book by Helen Foster.
- Standard text book of Cosmetology Milady's.
- Laser Hair Removal By David J.Goldberg.

B.Voc (Beauty & Wellness) (SEMESTER-IV)

Session: 2019-20

Course Code: BVBI-4147

INTERNSHIP, PROJECT REPORT& PRESENTATION

Time: 3hrs

Max. Marks: 75

the students will submit their training reports (in duplicate) with in a period of one month in supervisor in All the organization under whose guidance the training is carried out will be required department; this period shall be counted from the last date of completion of their training.The to grade the students report.