

**FACULTY OF VOCATIONAL  
STUDIES**

**SYLLABUS**

**of**

**Bachelor of Vocation (Beauty &  
Wellness) (Semester: I- III  
& V)**

**(Under Credit Based Continuous Evaluation Grading System)**

**Session : 2020-21**



**The Heritage Institution**

**KANYA MAHA VIDYALAYA  
JALANDHAR**

**(Autonomou)**

**Kanya Maha Vidyalaya , Jalandhar (Autonomous)**  
**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME**  
**Bachelor of Vocation (Beauty & wellness) Semester-I**

**Session : 2020-21**

Bachelor of Vocation (Beauty & Wellness) Semester – I									
Course Code	C/S/I/V	Course Title	Hrs/ Week	CREDIT	Marks			CA	Examination (Hrs)
					L-T-P	Total	L		
BVBL- 1421  BVBL-1031 BVBL-1431	C	Punjabi (Compulsory) <sup>1</sup> Basic Punjabi <sup>2</sup> PHC	2	2-0-0	50	40	-	10	3Hrs
BVBL-1102	C	Communication  Skill in English-I	4	4-0-0	50	40		10	3Hrs
BVBL-1143	C	Sterilization, Hygiene & Sanitation	2	2-0-0	50	40		10	3Hrs
BVBM-1144	S	Anatomy of Skin	2-4	2-0-2	100	40	40	20	3+3Hrs
BVBM-1145	S	Scalp and Hair	2-4	2-0-2	100	40	40	20	3+3Hrs
BVBP- 1146	S	Skin Care	4	0-0-2	50		40	10	3Hrs
BVBP- 1147	S	Fashion and Basic Makeup	4	0-0-2	50		40	10	3Hrs
BVBI-1148	S	Internship & Project Report	12	0-0-6	75		-	-	
AECD-1161	AC	*Drug Abuse: Problem Management	2	2-0-0	50	40		10	3Hrs
SECF-1492	AC	Foundation Course	2	2-0-0	25	25			1Hr
		<b>Total</b>		<b>30</b>	<b>600</b>				

**C-Compulsory**

**S-Skill Enhancement**

**AC- Audit Course**

<sup>1</sup>Special paper in lieu of Punjabi (Compulsory).

<sup>2</sup>Special paper in lieu of Punjabi (Compulsory) for those students who are not domicile of Punjab.

\*Marks of these paper will not be added in total marks and only grades will be provided.

**Kanya Maha Vidyalaya , Jalandhar ( Autonomous)**  
**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME**  
**Bachelor of Vocation (Beauty & Wellness)**  
**Semester-III**

<b>Bachelor of Vocation (Beauty &amp; Wellness) Semester III</b>									
Course Code	Course type	Course Titles	Hours/ week	Credits L-T-P	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
BVBL-3141	C	Histology of Hair	4	4-0-0	100	80	-	20	3
BVBL-3142	C	Knowledge of Hair Bond	4	4-0-0	100	80	-	20	3
BVBL-3143	C	Salon Management	2	2-0-0	50	40	-	10	3
BVBP-3144	S	Techniques of Hair Texturing	8	0-0-4	75	-	60	15	3
BVBP-3145	S	Hair Coloring	8	0-0-4	75	-	60	15	3
BVBP-3146	S	Assemblage Management	8	0-0-4	75	-	60	15	3
BVBI-3147	S	Internship & Project Report	12	0-0-6	75	-	-	-	
SECP-3512	AC	*Personality development Program	2	2-0-0	50	50	-	-	2
		Total		30	600				

**C-Compulsory**

**S-Skill Enhancement**

**AC- Audit Course**

**\*Marks of these paper will not be added in total marks and only grades will be provided.**

**Kanya Maha Vidyalaya , Jalandhar ( Autonomous)**  
**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR**  
**DEGREE PROGRAMME**

**Bachelor of Vocation (Beauty & wellness) Semester-V**

**Session : 2020-21**

<b>Bachelor of Vocation (Beauty&amp; Wellness) Semester-V</b>									
Course Code	Course type	Course Titles	Hours/ week	Credits L-T-P	Marks			Examination time (in Hours)	
					Total	Ext.			CA
						L	P		
BVBL-5141	C	Chemical Hair Procedures	4	4-0-0	50	40	-	10	3
BVBL-5142	C	Therapeutic Massage	4	4-0-0	100	80	-	20	3
BVBL-5143	C	Electrical & Chemical Treatment	4	4-0-0	100	80	-	20	3
BVBP-5144	S	Fundamentals of Beauty	8	0-0-4	50	-	40	10	3
BVBP-5145	S	Massage Therapy	8	0-0-4	100	-	80	20	3
BVBP-5146	S	Skin Treatments & Peeling	4	0-0-4	100	-	80	20	3
BVBI-5147	S	Internship & Project Report	12	0-0-6	75	-	-	-	
		Total		30	575				

**C-Compulsory**

**S- Skill Enhancement**

**Bachelor of Vocation (Beauty & Wellness)**  
**Session: 2020-21**

**PROGRAMME SPECIFIC OUTCOMES**

**PSO1** -Cosmetology is the study and application of beauty treatment. It is the science which focuses on making people look good. It comprises many branches which include beauty therapy and treatments for face, hair, body and overall health care.

**PSO2**- A cosmetologist is an expert in makeup, skin care and beauty products. He or she provides beauty services that include cosmetic care for hair, skin and body.

**PSO3**- Students who are interested to become a cosmetologist need to obtain certain educational and licensing requirements. With the right educational qualification and license, cosmetologists can work in several industries and may also be self-employed.

**PSO4**- The job roles range from the regular haircut, hair wash, perming, styling, colouring, and hair extensions to manicure, pedicure and facials

**PSO5**- The career possibility in the industry of beauty is endless. This industry offers various careers for these professionals to excel and grow. It is a lucrative career option with earnings increasing with experience and reputation trained cosmetologists find well paid jobs in beauty parlours, high-end salons and in luxurious hotels/resorts Make up hair style.

**Bachelor of Vocation (Beauty & Wellness)**  
**Punjabi (Compulsory)**  
**Course Code: BVBL-1421**  
**Session: 2020-21**

## **COURSE OUTCOMES**

**CO1:** ਆਤਮਅਨਾਤਮ ਪੁਸਤਕ ਦੇ ਕਵਿਤਾਭਾਗ ਨੂੰ ਪੜ੍ਹਾਉਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਕਵਿਤਾ ਪ੍ਰਤੀ ਦਿਲਚਸਪੀ, ਸੂਝ ਨੂੰ ਪੈਦਾ ਕਰਨਾ ਹੈ ਤਾਂਕਿ ਉਹ ਆਧੁਨਿਕ ਦੌਰ ਵਿਚ ਚੱਲ ਰਹੀਆਂ ਕਾਵਿਧਾਰਾਵਾਂ ਅਤੇ ਕਵੀਆਂ ਬਾਰੇ ਗਿਆਨ ਹਾਸਿਲ ਕਰ ਸਕਣ। ਇਸ ਦਾ ਹੋਰ ਮਨੋਰਥ ਕਵਿਤਾ ਦੀ ਵਿਆਖਿਆ, ਵਿਸ਼ਲੇਸ਼ਣ ਤੇ ਮੁਲੰਕਣ ਦੀ ਪ੍ਰਕਿਰਿਆ ਤੋਂ ਜਾਣੂ ਕਰਾਉਣਾ ਵੀ ਹੈ ਤਾਂਕਿ ਉਹ ਸਮਕਾਲੀ ਸਮਾਜ ਦੀਆਂ ਸਮੱਸਿਆਵਾਂ ਨੂੰ ਸਮਝ ਸਕਣ ਅਤੇ ਆਲੋਚਨਾਤਮਕ ਦ੍ਰਿਸ਼ਟੀ ਬਣਾ ਸਕਣ।

**CO2:** ਗਿਆਨ ਮਾਲਾ (ਵਿਗਿਆਨਕ ਤੇ ਸਮਾਜ ਵਿਗਿਆਨਕ ਲੇਖਾਂ ਦਾ ਸੰਗ੍ਰਹਿ) ਪੁਸਤਕ ਨੂੰ ਸਿਲੇਬਸ ਵਿਚ ਸ਼ਾਮਿਲ ਕਰ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਪੜ੍ਹਣ ਦੀ ਰੁਚੀ ਨੂੰ ਪੈਦਾ ਕਰਨਾ ਹੈ ਅਤੇ ਮੁੱਲਵਾਨ ਗਿਆਨ ਦੇਣਾ ਹੈ।

**CO3:** ਪੈਰਾ ਰਚਨਾ ਅਤੇ ਪੈਰਾਪੜ੍ਹ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉਤਰ ਦੇਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਬੁੱਧੀ ਨੂੰ ਤੀਖਣ ਕਰਦਿਆਂ ਉਨ੍ਹਾਂ ਦੀ ਲਿਖਣ ਪ੍ਰਤਿਭਾ ਨੂੰ ਉਜਾਗਰ ਕਰਨਾ ਹੈ।

**CO4:** ਧੁਨੀ ਵਿਉਂਤ ਪੜ੍ਹਨ ਨਾਲ ਵਿਦਿਆਰਥੀ ਧੁਨੀਆਂ ਦੀ ਉਚਾਰਨ ਪ੍ਰਣਾਲੀ ਤੋਂ ਵਾਕਫ਼ ਹੋਣਗੇ।

**Bachelor of Vocation (Beauty & Wellness)**  
**Punjabi (Compulsory)**  
**Course Code: BVBL-1421**  
**Session: 2020-21**  
**(THEORY)**

ਸਮਾਂ : 3 ਘੰਟੇ

**Maximum**  
**Marks : 50**  
**Theory : 40**  
**CA : 10**

ਪਾਠਕ੍ਰਮ ਅਤੇ ਪਾਠ ਪੁਸਤਕਾਂ

**ਯੂਨਿਟ-I**

ਆਤਮਅਨਾਤਮ(ਕਵਿਤਾਭਾਗ),(ਸੰਪ. ਸੁਹਿੰਦਰ ਬੀਰ ਅਤੇ ਵਰਿਆਮਸਿੰਘ ਸੰਧੂ) ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ।  
ਪ੍ਰੋ.ਪੂਰਨਸਿੰਘ,ਪ੍ਰੋ.ਮੋਹਨਸਿੰਘ,ਅੰਮ੍ਰਿਤਾਪ੍ਰੀਤਮ,ਜਗਤਾਰ,ਸੁਰਜੀਤਪਾਤਰ( ਕਵੀ ਪਾਠਕ੍ਰਮਦਾਹਿੱਸਾਹਨ)  
( ਸਾਰ,ਵਿਸ਼ਵਾਵਸਤੂ)08 ਅੰਕ

**ਯੂਨਿਟ-II**

ਗਿਆਨਮਾਲਾ(ਵਿਗਿਆਨਕ ਤੇ ਸਮਾਜਵਿਗਿਆਨਕ ਲੇਖਾਂਦਾ ਸੰਗ੍ਰਹਿ),(ਸੰਪਾ.ਡਾ. ਸਤਿੰਦਰਸਿੰਘ, ਪ੍ਰੋ.ਮਹਿੰਦਰਸਿੰਘਬਨਵੈਤ), ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ,ਅੰਮ੍ਰਿਤਸਰ।  
ਲੇਖ : ਭਰੂਣ ਹੱਤਿਆ ਦੇ ਦੇਸ਼ ਵਿਚ, ਵਾਤਾਵਰਣੀਪ੍ਰਦੂਸ਼ਣ ਅਤੇ ਮਨੁੱਖ, ਏਡਜ਼ : ਇਕਗੰਭੀਰ ਸੰਕਟ।  
(ਸਾਰ,ਵਿਸ਼ਵਾਵਸਤੂ)08 ਅੰਕ

**ਯੂਨਿਟ-III**

(ੳ)ਪੈਰੂਾਰਚਨਾ

(ਅ)ਪੈਰੂਪੜ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉਤਰ।

08 ਅੰਕ

**ਯੂਨਿਟ-IV**

(ੳ)ਪੰਜਾਬੀ ਧੁਨੀਵਿਉਂਤ : ਪਰਿਭਾਸ਼ਾ,ਉਚਾਰਨਅੰਗ  
(ਅ)ਸਵਰ, ਵਿਅੰਜਨ

08 ਅੰਕ

ਅੰਕਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕਲਈਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨਪੱਤਰ ਦੇ ਚਾਰ ਸੈਕਸ਼ਨਹੋਣਗੇ।ਸੈਕਸ਼ਨA-Dਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟI-IV ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਸੈਕਸ਼ਨਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲਪੰਜਪ੍ਰਸ਼ਨਕਰਨੇ ਹਨ। ਹਰ ਸੈਕਸ਼ਨਵਿਚੋਂਇਕਪ੍ਰਸ਼ਨਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂਪ੍ਰਸ਼ਨਕਿਸੇ ਵੀ ਸੈਕਸ਼ਨਵਿਚੋਂਕੀਤਾਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 08 ਅੰਕਹਨ।
4. ਪੇਪਰ ਸੈਟ ਕਰਨਵਾਲਾਜੇਕਰਚਾਹੇ ਤਾਂਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡਅੱਗੋਂਵੱਧਤੋਂਵੱਧਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂਵਿਚਕਰ ਸਕਦਾ ਹੈ।

**Bachelor of Vocation (Beauty & Wellness)**  
**BASIC PUNJABI**  
**Course Code: BVBL-1031**  
**Session: 2020-21**

**Course outcomes**

CO1: ਮੁੱਢਲੀ ਪੰਜਾਬੀ ਪੜ੍ਹਾਉਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਸਿਖਾਉਣ ਦੀ ਪ੍ਰਕਿਰਿਆ ਵਿਚ ਪਾ ਕੇ ਇਕ ਹੋਰ ਭਾਸ਼ਾ ਸਿੱਖਣ ਦਾ ਮੌਕਾ ਪ੍ਰਦਾਨ ਕਰਨਾ ਹੈ।

CO2: ਇਸ ਵਿਚ ਵਿਦਿਆਰਥੀ ਨੂੰ ਬਾਰੀਕ ਬੀਨੀ ਨਾਲ ਭਾਸ਼ਾ ਦਾ ਅਧਿਐਨ ਕਰਵਾਇਆ ਜਾਵੇਗਾ।

CO3: ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਸ਼ਬਦ ਰਚਨਾ ਤੋਂ ਜਾਣੂ ਕਰਵਾਇਆ ਜਾਵੇਗਾ।

CO4: ਮੁੱਢਲੀ ਪੰਜਾਬੀ ਪੜ੍ਹਾਉਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਨਿੱਤਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀ ਸ਼ਬਦਾਵਲੀ ਬਾਰੇ ਦੱਸਣਾ ਹੈ।

CO5: ਮੁੱਢਲੀ ਪੰਜਾਬੀ ਪੜ੍ਹਾਉਣ ਦਾ ਮਨੋਰਥ ਵਿਦਿਆਰਥੀਆਂ ਦਾ ਸ਼ਬਦ ਘੇਰਾ ਵਿਸ਼ਾਲ ਕਰਨਾ ਹੈ।

CO6: ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਵਿਚ ਹਫਤੇ ਦੇ ਸੱਤ ਦਿਨਾਂ ਦੇ ਨਾਂ, ਬਾਰਾਂ ਮਹੀਨਿਆਂ ਦੇ ਨਾਂ, ਰੁੱਤਾਂ ਦੇ ਨਾਂ, ਇਕੱਤੋਂ ਸੌ ਤੱਕ ਗਿਣਤੀ ਸ਼ਬਦਾਂ ਵਿਚ ਸਿਖਾਉਣਾ ਹੈ।



**Bachelor of Vocation (Beauty & Wellness)**  
**BASIC PUNJABI**  
**Course Code: BVBL-1031**  
**Session: 2020-21**  
**(THEORY)**

ਸਮਾਂ 3 ਘੰਟੇ

Maximum Marks : 50

Theory : 40

CA : 10

ਪਾਠਕ੍ਰਮ

ਯੂਨਿਟ-I

ਪੈਂਤੀਅੱਖਰੀ, ਅੱਖਰਕ੍ਰਮ, ਪੈਰਬਿੰਦੀਵਾਲੇ ਵਰਣ ਅਤੇ ਪੈਰਵਿਚਪੈਣਵਾਲੇ ਵਰਣ ਅਤੇ ਮਾਤਰਾਵਾਂ (ਮੁੱਢਲੀਜਾਣਪਛਾਣ) ਲਗਾਖਰ (ਬਿੰਦੀ, ਟਿੱਪੀ, ਅੱਧਕ) : ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ ।

08ਅੰਕ

ਯੂਨਿਟ-II

ਪੰਜਾਬੀਸ਼ਬਦਬਣਤਰ : ਮੁੱਢਲੀਜਾਣਪਛਾਣ (ਸਾਧਾਰਨਸ਼ਬਦ, ਸੰਯੁਕਤਸ਼ਬਦ, ਮਿਸ਼ਰਤਸ਼ਬਦ, ਮੂਲ ਸ਼ਬਦ, ਅਗੇਤਰ ਅਤੇ ਪਿਛੇਤਰ)

08ਅੰਕ

ਯੂਨਿਟ-III

ਨਿੱਤਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀਸ਼ਬਦਾਵਲੀ : ਬਾਜ਼ਾਰ, ਵਪਾਰ, ਰਿਸ਼ਤੇਨਾਤੇ, ਖੇਤੀ ਅਤੇ ਹੋਰਪੰਦਿਆਂਆਦਿਨਾਲ ਸੰਬੰਧਤ।

08 ਅੰਕ

ਯੂਨਿਟ-IV

ਹਫ਼ਤੇ ਦੇ ਸੱਤਦਿਨਾਂ ਦੇ ਨਾਂ, ਬਾਰ੍ਹਾਂਮਹੀਨਿਆਂ ਦੇ ਨਾਂ, ਰੁੱਤਾਂ ਦੇ ਨਾਂ, ਇੱਕਤੋਂ ਸੌ ਤੱਕਗਿਣਤੀਸ਼ਬਦਾਂਵਿਚ ।

08ਅੰਕ

ਅੰਕਵੰਡ ਅਤੇ ਪਰੀਖਿਅਕਲਈਹਦਾਇਤਾਂ

1. ਪ੍ਰਸ਼ਨਪੱਤਰ ਦੇ ਚਾਰ ਸੈਕਸ਼ਨਹੋਣਗੇ। ਸੈਕਸ਼ਨ A-D ਤੱਕ ਦੇ ਪ੍ਰਸ਼ਨ ਯੂਨਿਟ I-IV ਵਿਚੋਂ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚ ਦੋ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।
2. ਵਿਦਿਆਰਥੀ ਨੇ ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਹਨ। ਹਰ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਇਕ ਪ੍ਰਸ਼ਨ ਲਾਜ਼ਮੀ ਹੈ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਸੈਕਸ਼ਨ ਵਿਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ।
3. ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ 08 ਅੰਕ ਹਨ।
4. ਪੇਪਰ ਸੈਟ ਕਰਨ ਵਾਲਾ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧਤੋਂ ਵੱਧ ਚਾਰ ਉਪ ਪ੍ਰਸ਼ਨਾਂ ਵਿਚਕਾਰ ਸਕਦਾ ਹੈ।

**Bachelor of Vocation (Beauty & Wellness)**  
**Punjab History and Culture**  
**Course Code: BVBL-1431**  
**Session: 2020-21**

**COURSE OUTCOMES:**

After completing Semester I and course on Punjab History and Culture students of History will be able to identify and have a complete grasp on the sources & writings of Ancient Indian History of Punjab.

**CO 1:** Identify and describe the emergence of earliest civilizations in: Indus Valley Civilization and Aryan Societies.

**CO 2:** Identify and analyses the Buddhist, Jain and Hindu faith in the Punjab

**CO 3:** Analyses the emergence of Early Aryans and Later Vedic Period, their Society, Culture, Polity and Economy

**CO 4:** To make students understand the concepts of two faiths Jainism and Buddhism, its principles and their application and relevance in present times

**Bachelor of Vocation (Beauty & Wellness)**  
**Punjab History and Culture**  
**(Course Code: BVBL-1431**  
**Session: 2020-21**  
**(THEORY)**

**Examination Time: 3 Hours**  
**Credits L-T-P: 2-0-0**  
**Contact Hours: 2Hrs/Week**

**Max. Marks: 50**  
**Theory: 40**  
**CA: 10**

**Instructions for the Paper Setter:**

1. Question paper shall consist of four Units
2. Examiner shall set 8 questions in all by selecting **Two Questions** of equal marks from each Unit.
3. Candidates shall attempt **5 questions** in **600** words, by at least selecting **One Question** from each Unit and the **5<sup>th</sup> question** may be attempted from any of the **four Units**.
4. Each question will carry 8 marks

**Unit-I**

1. Physical features of the Punjab
2. Sources of the ancient history of Punjab

**Unit-II**

3. Harappan Civilization: social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home

**Unit-III**

5. Social, Religious and Economic life during Early Vedic Age.
6. Social, Religious and Economic life during Later Vedic Age.

**UNIT-IV**

7. Teachings of Buddhism
8. Teachings of Jainism

**Suggested Readings**

1. L. M Joshi (ed.), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3<sup>rd</sup> edition)
2. L.M. Joshi and Fauja Singh (ed.), *History of Punjab*, Vol.I, Patiala 1977.
3. BudhaParkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
4. B.N. Sharma, *Life in Northern India*, Delhi. 1966.
5. Chopra, P.N., Puri, B.N., & Das, M.N.(1974). *A Social, Cultural & Economic History of India*, Vol. I, New Delhi: Macmillan India.

**Bachelor of Vocation (Beauty & Wellness)**  
**COMMUNICATION SKILLS IN ENGLISH**  
**Course Code: BVBL-1102**  
**Session: 2020-21**

**COURSE OUTCOMES**

At the end of this course, the students will develop the following Skills:

**CO 1:** Reading skills that will facilitate them to become an efficient reader

**CO 2:** The ability to realise not only language productivity but also the pleasure of being able to articulate well

**CO 3:** The power to analyse, interpret and infer the ideas in the text

**CO 4:** The ability to have a comprehensive understanding of the ideas in the text and enhance their critical thinking

**CO 5:** Writing skills of students which will make them proficient enough to express ideas in clear and grammatically correct English

**CO 6:** Ability to plan, organise and present ideas coherently on a given topic

**CO 7:** The skill to use an appropriate style and format in writing letters (formal and informal)

**Bachelor of Vocation (Beauty & Wellness)**  
**COMMUNICATION SKILLS IN ENGLISH**  
**Course Code: BVBL-1102**  
**Session: 2020-21**

**Max. Marks: 50**  
**Theory: 40**  
**Continuous Assessment: 10**

**Instructions for the paper setter and distribution of marks:**

**The question paper will consist of four sections. The candidate will have to attempt five questions in all selecting one from each section and the fifth question from any of the four sections. Each question will carry 8 marks.**

**Section-A:** Two questions of theoretical nature will be set from Unit I.

**Section-B:** Two comprehension passages will be given to the students based on Unit II.

**Section-C:** Two questions will be given from Unit III.

**Section-D:** Two questions will be set from Unit IV.

**The syllabus is divided in four units as mentioned below:**

**Unit I**

**Reading Skills:** Reading Tactics and strategies; Reading purposes—kinds of purposes and associated comprehension; Reading for direct meanings.

**Unit II**

Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/expressions.

**Activities:**

- Comprehension questions in multiple choice format
- Short comprehension questions based on content and development of ideas

**Unit III**

**Writing Skills:** Guidelines for effective writing; writing styles for application, personal letter, official/business letter.

**Activities**

- Formatting personal and business letters.
- Organising the details in a sequential order

**Unit IV**

Resume, memo, notices etc.; outline and revision.

**Activities:**

- Converting a biographical note into a sequenced resume or vice-versa
- Ordering and sub-dividing the contents while making notes.
- Writing notices for circulation/ boards

**Recommended Books:**

1. *Oxford Guide to Effective Writing and Speaking* by John Seely.
2. *Business Communication*, by Sinha, K.K. Galgotia Publishers, 2003.
3. *Business Communication* by Sethi, A and Adhikari, B., McGraw Hill Education 2009.
4. *Communication Skills* by Raman, M. & S. Sharma, OUP, New Delhi, India (2011).
5. *English Grammar in Use: A Self Study Reference and Practice Book Intermediate Learners Book* by Raymond Murphy, Cambridge University Press.

**Bachelor of Vocation (Beauty & Wellness)**  
**Sterilization, Hygiene and Sanitation**  
**Course Code: BVBL-1143**  
**Session: 2020-21**  
**(THEORY)**

**COURSE OUTCOME:**

**CO 1: Students** impact knowledge about of skin and personal grooming.

**CO 2:** Understand why personal hygiene is an important part of good health maintenance

**CO 3:** Understand what areas are included in health maintenance

**CO 4:** Know when to offer choices when providing personal care

**CO 5:** Understand that professional ethics should always be applied when providing ,personal care

**Bachelor of Vocation (Beauty & Wellness) Semester-I**  
**Sterilization, Hygiene and Sanitation**

**Course Code: BVBL-1143**

**Session: 2020-21**  
**(THEORY)**

**Time: 3hrs**

**Max Marks: 50**  
**Theory Marks: 40**  
**CA:10**

**Instructions for the Paper Setters:**

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**UNIT-I**

- What is Personal Hygiene
- What is Public Hygiene
- Hygiene and Good Grooming

**UNIT-II**

- Methods of Sterilization
- Sanitation and its Types
- Physical Agents

**UNIT-III**

- Chemical Agents
- Chemical Disinfectant
- Antiseptics

**UNIT-IV**

- Suggestions for Sanitation
- General Salon Hygiene Rules

**Books Recommended:**

- Complete beauty book by Helen Foster.
- Harper and Glenn Lewis.
- Standard text book of Cosmetology Milady's

**Bachelor of Vocation (Beauty & Wellness)Semester-I**  
**Anatomy of Skin**  
**Course Code: BVBM-1144**  
**Session – 2020-21**  
**(THEORY)**

**COURSE OUTCOME:**

- CO1:** Apply concepts and knowledge of the general terminology, cell structure and function, histology, gross anatomy, and physiology related to the integumentary, skeletal, muscular and nervous systems to novel technical and/or clinical scenarios.
- CO2:** Evaluate information on human health and medical research as to its social, environmental, and ethical implications as part of responsible citizenship.
- CO3:** Use scientific laboratory equipment in order to gather and analyze data on human anatomy and physiology.
- CO4:** Understand skin functions and how relevant dysfunction contributes to disease.
- CO5:** Approach dermatologic disease with an understanding of basic skin structure
- CO6:** To create awareness about the skin



**Bachelor of Vocation (Beauty & Wellness) Semester-I**  
**Anatomy of Skin**  
**Course Code: BVBM-1144**  
**Session – 2020-21**  
**(THEORY)**

**Time: 3 hrs**

**Max. Marks: 100**

**Theory Marks: 40**

**Practical Marks: 40**

**CA: 20**

**Instructions for the Paper Setters**

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

**UNIT-I**

**COSMETOLOGY**

- Aims and Objectives
- Importance

**UNIT-II**

- **SKIN:**
- Anatomy of Skin
  
- Function of Skin
- Types of Skin

**UNIT-III**

**MASSAGE:**

- Benefits of massage.
- Basic Manipulations used in massage.
- Points to remember while Massage.
- Facial Therapies with Pressure points of Different types of skin.

**UNIT-IV**

**PROBLEMS OF SKIN:** Disorders of skin- acne, rosacea, psoriasis, pigmentation, seborrhoea, eczema, blemishes, bulla, sun tan, anti –ageing, dark circle, crowsfeet, vitiligo.

**Book Recommended:**

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis

**Bachelor of Vocation (Beauty & Wellness)Semester-I**  
**Anatomy of Skin**  
**Course Code: BVBM-1144**  
**Session – 2020-21**  
**(PRACTICAL)**

**Time : 3hrs.**

**Practical Marks: 40**

**Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

**SKIN TREATMENT WITH GALVANIC & HIGH FREQUENCY**

- (i) Skin analysis
- (ii) Brushing unit
- (iii) Viva
- (iv) Presentation
- (v) File work

**Book Recommended:**

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis

**Bachelor of Vocation (Beauty & Wellness)Semester-I**  
**SCALP AND HAIR**  
**Course Code: BVBM-1145**  
**Session: 2020-21**  
**(THEORY)**

**COURSE OUTCOME:**

- CO 1:** The purpose of this course is to provide students with the knowledge to identify terminology related to hair structure, growth and distribution
- CO 2:**Students perform hair care services for all types of hair including hair analysis, hair cutting, hairstyling, hair coloring and lightening, permanent waving and chemical relaxing.
- CO 3:** Students able to provide specialist hair and scalp treatments.
- CO 4:** Understand how health and safety policies and procedures affect specialist hair and scalp treatments
- CO 5:** Understand the factors that influence specialist hair and scalp treatments
- CO 6:** Understand the science of specialist hair and scalp treatments
- CO 7:** Understand the products, tools, equipment and techniques, for hair and scalp treatments

**Bachelor of Vocation (Beauty & Wellness)Semester-I**

**SCALP AND HAIR**

**Course Code: BVBM-1145**

**Session: 2020-21**

**(THEORY)**

**Time: 3 hrs.**

**Max Marks: 100**

**Theory: 40**

**Practical: 40**

**CA: 20**

**Instructions for the Paper Setters**

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section

**UNIT-I**

**STRUCTURE OF HAIR:**

- Composition of Hair
- Division of Hair
- Types of Hair

**DISORDER OF THE HAIR AND SCALP**

- Non- Infections
- Infectious

**GROWTH AND REPLACEMENT**

- Hair Cycle
- Hair Analysis
- Hair Pigments

**UNIT-II**

**PLAY WITH CHEMICALS**

- Rebonding and Smoothing
- Perming
- Hair Spa

# **Bachelor of Vocation (Beauty & Wellness)Semester-I**

**Session: 2020-21**

## **UNIT-III**

### **KNOWLEDGE OF PHYSICAL AND CHEMICAL CLASSIFICATION:**

- Shampoo
- Hair conditioners and Rinses
- Setting Gels and Lotions
- Hair Tonics
- Hair Oil
- Principle of color and color correction.
- Types of color
- Client consultation
- Applied techniques, mixing techniques
- Client consultation

## **UNIT-IV**

### **CARE OF SCALP:**

- Treatments of scalp with the help of natural ingredients and different types of Products.
- Different Electrical Equipments used in scalp treatment.

### **Book Recommended :**

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

**Bachelor of Vocation (Beauty & Wellness) Semester-I**  
**SCALP AND HAIR**  
**Course Code: BVBM-1145**  
**Session: 2020-21**  
**(PRACTICAL)**

**Time: 3 hrs**

**Practical Marks: 40**

**Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

**HAIR STYLING**

- Wet hair styling
- Thermal styling- straightening ,curling, crimping, waving, roller setting
- Hair extensions- wigs, extensions
- Treatments of scalp with the help of natural ingredients and different types of Products.
- Different Electrical Equipments used in scalp treatment
  - Presentation
  - File work
  - Viva

**Book Recommended :**

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

**Bachelor of Vocation (Beauty & Wellness)Semester-I  
Skin Care**

**Course Code: BVBP-1146**

**Session: 2020-21**

**(PRACTICAL)**

**COURSE OUTCOMES:-**

**CO 1:** Students impart knowledge about skin.

**CO 2:** Understand what areas are included in health maintenance

**CO 3:** The purpose of this course is to provide students with the knowledge to identify terminology related to skin, products and treatments with the demonstration of proper application of cosmetics related to skin care.

**CO 4:** Understand the science of specialist skin treatments

**CO 5:** Understand the products, tools, equipment and techniques, for skin treatments.

**Bachelor of Vocation (Beauty & Wellness) Semester-I**  
**Skin Care**  
**Course Code: BVBP-1146**  
**Session: 2020-21**  
**(PRACTICAL)**

**Time: 3 hrs**

**Practical Marks: 40**

**Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

**SKIN CARE:**

- Deep Cleansing
- Facial Manipulation
- Bleaches
- Manicure
- Pedicure
- Waxing
- Threading
  
- Knowledge of skin analysis

**CARE OF FEET AND HANDS**

- Manicure
- Pedicure

**Skin Treatments:** Different types of skin treatments with the help of natural ingredients like packs, masks and creams for different skin

**Viva**  
**File work**

**Books Recommended:**

- Complete beauty book by Helen Foster
- K.I.S.S (Keep it Simple Series) by Laura Bailey
- The Big Beauty Book Glamour for the Fuller figure women by Ann Harper and Glenn Lewis
- The Ultimate Guide to being naturally gorgeous by Sarah Stacey & Gosephine Fairley.



**Bachelor of Vocation (Beauty & Wellness)Semester-I**  
**Fashion and Basic Makeup**  
**Course Code: BVBP-1147**  
**Session: 2020-21**  
**(Practical)**

**COURSE OUTCOME:**

**CO 1:** Students impact knowledge of about fashion makeup

**CO 2:** Understand that professional ethics should always be applied when providing, personal care.

**CO 3:** Understand the science of specialist skin treatments

**CO 4:** Students understand the products, tools, equipment and techniques, for fashion makeup

**CO 5:** Students be able to provide proper advice of suitable make-up  
According to Face

**Bachelor of Vocation (Beauty & Wellness) Semester-I**  
**Fashion and Basic Makeup**  
**Course Code: BVBP-1147**  
**Session: 2020-21**  
**(PRACTICAL)**

**Time: 3hrs.**

**Practical Marks: 40**

**Instructions for Practical Examiners:**

Question paper is to be set on the spot jointly by the Internal and External Examiners

**FACIAL MAKEUP**

**Preparation for makeup application-(Equipment, Tools)**

- Base according to day/night
- Fashion Cosmetics
- Fashion Brands in Cosmetics
- Makeup and accessories according to occasion
- Basic makeup
- Casual make up
- Party makeup
- Day makeup
- Self makeup
- Product knowledge

**Viva**

**File work**

**BOOKS RECOMMENDED:**

- Kevyn Aucoin ,Harper Collins ,1995,The Art of Make Up
- Mary Quant, DK Publishing,1996, Classic Make Up and Beauty
- Kevyn Aucoin, Little Brown and Company,2000, Face Forward
- Arlene Mathew ,The Complete Beauty Book,2004, Varun Publication, Bangalore

**Bachelor of Vocation (Beauty & Wellness) Semester-I**  
**Internship & Project Report**  
**Course Code: BVBI-1148**  
**Session: 2020-21**

**Time: 3hrs.**

**Max. Marks: 75**

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her own assessment about the work done by the student. The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone.

**Bachelor of Vocation (Beauty & Wellness) Semester – I**

**(Session 2020-21)**

**DRUG ABUSE**

**Course Code: AECD-1161**

**(Theory)**

**Time: 3hrs**  
**Credit: 2-0-0**

**Max .Marks: 50**  
**Theory:40**  
**CA: 10**

**Instructions for the paper setters**

Eight questions of equal (8 marks) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**UNIT-I**

Meaning of Drug Abuse: Meaning, Nature and Extent of Drug Abuse in India and Punjab.

**UNIT-II**

Consequences of Drug Abuse for:  
Individual : Education,  
Employment, Income. Family  
: Violence.  
Society : Crime  
Nation : Law and Order problem.

**UNIT-III**

3) Management of Drug Abuse  
Medical management : medication for treatment and to withdrawal effects.

**UNIT-IV**

Psychiatric Management: Counseling, Behavioral and Cognitive therapy. Social Management: Family, Group therapy and Environmental Intervention.

**References:**

1.Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.  
Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.

Inciardi, J.A. 1981. *The Drug Crime Connection*. Beverly Hills: Sage Publications.  
Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.  
Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur

**Bachelor of Vocation (Beauty & Wellness)Semester-III**

**Histology of Hair**

**Course Code : BVBL-3141**

**Session: 2020-2021**

**(THEORY)**

**COURSE OUTCOME:**

**CO 1:** Students learn the deep layers of hair its composition and its types

**CO 2:** To have knowledge for the structure connected with hair follicle

**CO 3:** This subject also teaches growth and replacement of hair with its hair cycle and hair pigments

**CO 4:** Students know the hair analysis for curing the problems related to scalp and hair

**CO 5:** This also teaches us the different disorders of hair and scalp both infectious and non-infectious

**CO 6:** Students learn different techniques of scalp treatment with different electrical equipment

**Bachelor of Vocation (Beauty & Wellness)Semester-III**

**Histology of Hair**

**Course Code : BVBL-3141**

**Session: 2020-2021**

**(THEORY)**

**Time: 3 hrs.**

**Max. Marks: 100**

**Theory Marks: 80**

**C.A:20**

**Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**UNIT-I**

**ANATOMY OF HAIR**

- Structure of hair
- Composition of hair

**UNIT-II**

- Types of hair
- Hair shapes
- Hair distribution
- Hair Facts

**UNIT-III**

**DISORDERS OF HAIR**

- Non-infectious
- Infectious

**UNIT-IV**

- Hair Function
- Hair Growth & Replacement
- Contra- indication during Scalp Treatment

**Book Recommended :**

- Professional Hair Dressing by Martin Green Leo Palladino
- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd

**Bachelor of Vocation (Beauty & Wellness)Semester-III**  
**Knowledge of Hair Bond**  
**Course Code - BVBL-3142**  
**Session: 2020-2021**  
**(THEORY)**

**COURSE OUTCOMES:**

- CO 1:** Students know about hair analysis for curing the problems related to scalp and hair.
- CO 2:** This also teaches us the different disorders of hair and scalp both infectious and non-infectious.
- CO 3:** Students learn different techniques of scalp treatment with different electrical equipments.
- CO 4:** To have knowledge for the structure connected with hair follicle.
- CO 5:** This subject also teaches growth and replacement of hair with its hair cycle and hair pigments.
- CO 6:** Students learn the deep layers of hair its composition and its types.

**Bachelor of Vocation (Beauty & Wellness) Semester-III**  
**Knowledge of Hair Bond**  
**Course Code - BVBL-3142**  
**Session: 2020-2021**  
**(THEORY)**

**Time: 3 hrs.**

**Max. Marks: 100**  
**Theory Marks :80**  
**C.A:20**

**Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**UNIT-I**

- Knowledge of hair bonds.
- Chemical reaction in layers of hair
- Types of shampoo and additives used in shampoo

**UNIT-II**

- Rebonding
- Perming
- Smoothing

**UNIT-III**

- PH of hair and hair products
- Deep Conditioning
- Hair spa

**UNIT-IV**

- Hair Color Application
- Heena Application

**Book Recommended :**

- Complete beauty book by Helen Foster
- The Complete Book of Massage by Mary Atkinson with Exme Floyd
- Professional Hair Dressing by Martin Green Leo Palladino



**Bachelor of Vocation (Beauty & Wellness)Semester-III**  
**SALON MANAGEMENT**  
**Course Code – BVBL-3143**  
**Session: 2020-2021**  
**(THEORY)**

**COURSE OUTCOMES:**

**CO 1:** Students understand the Ownership of salon.

**CO 2:** Students grab the knowledge about Salesmanship.

**CO 3:** Students learn about how to deal with Employees.

**CO4:** Students will develop their skill to set up a Beauty Salon Business and manage it effectively.

**CO5:** Students learn how to Sterilize & Sanitation the Equipment and Surroundings.

**Bachelor of Vocation (Beauty & Wellness) Semester-III**

**SALON MANAGEMENT  
Course Code – BVBL-3143  
Session: 2020-21  
(THEORY)**

**Time: 3 hrs.**

**Total Marks: 50  
Theory Marks :40  
C.A:10**

**Instructions for the Paper Setters:**

Eight questions of equal marks(8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**UNIT- I**

**SALON MANAGEMENT:**

- Salon – Planning, Location
- Salon Ownership
- Space allotment, installation and fittings.

**UNIT- II**

- Types of services and their cost.
- Types of employees and employment.
- Record keeping: Income and Expenditure
- Retailing and Salesmanship

**UNIT- III**

- Advertising and Appointments
- Maintenance
- Common equipment required for salon operation

**UNIT- IV**

**FIRST AID**

- Cut or Abrasions
- Burns
- Other salon Injuries
- Precautions and safety measures during the procedure

**BOOKS RECOMMENDED:**

- Complete beauty book by Helen Foster
- Standard Text Book Of Cosmetology by Milady.
- Milady's, Text Book of Cosmetology, 2000, Milady Publication, America.
- Clean :A History of Personal Hygiene and Purity By Virginia Smith(Author)

**Bachelor of Vocation (Beauty & Wellness) Semester-III**  
**TECHNIQUES OF HAIR TEXTURING**  
**Course Code - BVBP-3144**  
**Session: 2020-21**  
**(PRACTICAL)**

**COURSE OUTCOMES**

**CO 1:** Students learn about the right products, implements and cutting tools used in hair cutting.

**CO 2:** Students understand how to deal with client.

**CO 3:** Understand about advance techniques of hair cuttings.

**CO 4:** Students Will Learn the Techniques of Handling the Tools.

**CO 5:** Students knowledge about cutting according to face shapes

**Bachelor of Vocation (Beauty & Wellness) Semester-III**  
**TECHNIQUES OF HAIR TEXTURING**  
**Course Code - BVBP-3144**  
**Session: 2020-21**  
**(PRACTICAL)**

**Time: 3 hrs.**

**Total Marks: 75**  
**Practical Marks : 60**  
**C.A:15**

**Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

**SCIZZORING:**

- Implements of hair cutting
- Sectioning of hair cutting
- Hair thinning
- Hair cutting tools
- Client consultation
- Types of cutting tools
- Hair Cutting Angle System
- Club Cutting
- Notching
- Point
- Cutting
- Feathering

**Books Recommended:**

- Complete beauty book by Helen Foster.
- Professional Hair Dressing by Martin Green Leo Palladino.
- Laser Hair Removal By David J.Goldberg.

**Bachelor of Vocation (Beauty & Wellness)Semester-III**  
**HAIR COLOURING**  
**Course Code – BVBP-3145**  
**Session: 2020-2021**  
**(PRACTICAL)**

**COURSE OUTCOMES:**

**CO 1:** Students learn about the right products , implements used in hair coloring.

**CO 2:** To understand proper knowledge of color mixing.

**CO 3:** Understand about Advance Techniques of hair coloring.

**CO 4:** Students Will Learn Lightening and Toning Techniques (whole head)

**CO 5:** To Learn About the Changing of Base Color with Highlight and Lowligh

**Bachelor of Vocation (Beauty & Wellness)Semester-III**

**HAIR COLOURING**

**Course Code – BVBP-3145**

**Session: 2020-21**

**(PRACTICAL)**

**Time: 3 hrs.**

**Total Marks:75**

**Practical Marks :60**

**C.A:15**

**Instruction For Practical Examiner :**

Question paper is to be set on the spot jointly by Internal and External Examiner.

**FASHION COLORS**

- Highlights
- Global Coloring
- Heena Applications
- Fashion Shades
- Frosting
- Cap Technique
- Mixing technique
- Streaking
- Identifying Natural Level and Tone

**Books Recommended:**

- Complete beauty book by Helen Foster
- Professional Hair Dressing by Martin Green Leo Palladino
- Haircoloring in plain English ISBN-10: 1562533576
- The Haircoloring Manual a practical guide to successful hair coloring by Martha Gfemandez

**Bachelor of Vocation (Beauty & Wellness) Semester-III**  
**ASSAMBLAGE MANAGEMENT**  
**Course Code – BVBP-3146**  
**Session: 2020-21**  
**(PRACTICAL)**

**COURSE OUTCOMES:**

**CO 1:** Students understand the Ownership of salon.

**CO 2:** Students grab the knowledge about Salesmanship.

**CO 3:** Students learn how to deal with Employees.

**CO4:** Students will develop their skill to set up a Beauty Salon Business and manage it effectively.

**CO5:** Students learn how to sterilize the Equipment and Surroundings.

**Bachelor of Vocation (Beauty & Wellness)**  
**ASSAMBLAGE MANAGEMENT**  
**Course Code – BVBP-3146**  
**Session: 2020-21**  
**(PRACTICAL)**

**Time: 3 hrs.**

**Total Marks-75**  
**Practical marks-60**  
**C.A-15**

**Instruction for Practical Examiner:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

**Model of Salon Management**

**Viva**

**Lab Training File**

**Presentation**

**BOOKS RECOMMENDED**

- Koontz Harold & Weihrich Heinz (2006) Esesentials of Management 7<sup>th</sup> edition Tata Mc Graw Hill Book Company
- Sethi Mohini (2005) Institution Food Management New Age International Publishers
- Tripathi P C (2000) Personnel management 15<sup>th</sup> ed Sultan Chand ,New Delhi
- A very AC (1991) Modern Guide to Food Service Equipment ,Waveland Press
- Sethi Mohini (2005) Personnel management 15<sup>th</sup> ed sultan Chand ,New Delhi



**Bachelor of Vocation (Beauty & Wellness)Semester-III**  
**INTERNSHIP, PROJECT REPORT**  
**Course Code: BVBI-3147**  
**Session: 2020-21**

**Time: 3hrs**

**Max.Marks:75**

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her on assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where student has undergone .

**Bachelor of Vocation (Beauty & Wellness)**  
**Semester-V**  
**CHEMICAL HAIR PROCEDURES**  
**Course Code: BVBL-5141**  
**Session: 2020-21**

**COURSE OUTCOMES:-**

**CO 1:** Students will understand the technique of relaxing.

**CO 2:** Students learn about good knowledge of material and procedure used for chemical treated hair.

**CO 3:** Students will learn the technique of Permanent hair straightening by Break the Natural Bond.

**CO 4:** To learn about the right products, implements and tools used in hair Styling.

**CO 5:** To Learn the Technique of perming with the Help of Chemicals.

**CO 6:** To grab knowledge for person hygiene and learn healthy habits

**Bachelor of Vocation (Beauty & Wellness) Semester-V**  
**CHEMICAL HAIR PROCEDURES**

**Course Code: BVBL-5141**

**Session: 2020-21**  
**(THEORY)**

**Time: 3hrs**

**Max Marks: 50**  
**Theory Marks :40**  
**CA:10**

**Instructions for the Paper Setters:**

Eight questions of equal marks (8 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**UNIT-I**

**Permanent Waving:**

- Chemistry of permanent waving
- Principle and procedure of relaxing hair

**UNIT-II**

**Chemical Hair Relaxing:**

- Types of chemical relaxer
- Action of chemical Products
- Client Consultation

**UNIT-III**

**Thermal Styling:**

- Types of thermal styling
- Selections of tools & equipments
- Safety Precautions

**UNIT-IV**

**Chemical Safety:**

- Aims and importance of health & safety in workplace
- Hazards & Risks

**Books Recommended:**

- The Multicultural Client: Cuts, style , and Chemical Services.I-56253-178-6.
- Scali- Sheahan, Maura.Milady's Standard Textbook.
- Professional Barber- Styling.3re Edition I-56253-366-5

**Bachelor of Vocation (Beauty & Wellness) Semester-V**

**THERAPEUTIC MASSAGE**

**Course Code: BVBL-5142**

**Session: 2020-21**

**Course Outcomes:-**

**CO1:** Students learn hands-on holistic reflexology techniques

**CO 2:** Create a safe massage environment.

**CO 3:** Benefits and contraindications

**CO 4:** Development/understanding of physical, mental and spiritual healing (body/mind connection)

**CO 5:** Learn advanced and specialized reflexology and assessment techniques

**CO 6:** Integrate various massage skills to provide effective massage therapy techniques in a clinical setting.

## **Bachelor of Vocation (Beauty & Wellness) Semester-V**

### **THERAPEUTIC MASSAGE**

**Course Code: BVBL-5142**

**Session : 2020-21**

**(THEORY)**

**Time: 3hrs**

**Max Marks: 100**

**Total Marks: 80**

**C.A: 20**

#### **Instructions for the Paper Setters:**

Eight questions of equal marks(16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

### **UNIT-I**

#### **Therapeutic Massage:**

- Introduction of Therapeutic Massage
- Types of Massage(Swedish massage, deep tissue, hot stone, thai massage)
- Pressure points with Facial Massage
- Motor Points
- Contraindications during Massage

### **UNIT-II**

**UNI**

#### **Reflexology:**

- Brief Introduction of Reflexology & Zones of Reflexology
- Relationship between reflexology and massage
- Draw the Map of Foot & Hand Reflexology

### **UNIT-III**

### **UNIT-III**

#### **Aromatherapy:**

- History of Aromatherapy
- Techniques of Aromatherapy
- The ambience of massage room set up

### **UNIT-IV**

#### **Essential oils:**

- Essential oil and its meaning
- Types of Essential oil
- Uses and Benefits of Essential oil

#### **Books Recommended:**

- Practical workbook for Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook: A Pivot Point
- Preparing for the practical exam : Milady's Standard Cosmetology

**Bachelor of Vocation (Beauty & Wellness) Semester-V**  
**ELECTRICAL & CHEMICAL TREATMENT**  
**Course Code: BVBL-5143**  
**Session : 2020-21**

**Course Outcomes:**

**CO 1 :** Students confidence to determine suitable peels for skin types / conditions.

**CO 2 :** Through understanding of science and treatment indicators of chemical peel.

**CO 3 :** Students able to carry out facial electrical treatments for particular skin type.

**CO 4 :** Students able to gain deep knowledge of products, tools & equipment.

**CO 5 :** Students understand the importance of hygiene and sanitation & sterilization of equipments.

## **Bachelor of Vocation (Beauty & Wellness) Semester-V**

### **ELECTRICAL & CHEMICAL TREATMENT**

**Course Code: BVBL-5143**

**Session : 2020-21**

**(THEORY)**

**Time: 3hrs**

**Max Marks:100**

**Theory Marks :80**

**CA: 20**

#### **Instructions for the Paper Setters:**

Eight questions of equal marks (16 each) are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

### **UNIT-I**

#### **Chemical Peels:**

- Introduction & Types of Peels
- Procedure, indications & contraindications
- Pre & Post Procedure
- Removing of Chemical Peeling

### **UNIT-II**

#### **Electrical treatments:**

- Neuromuscular electrical stimulation (faradic current)
- High Frequency
- Vacuum suction
- Galvanic facial
- Steam with (Hot & Cold )

### **UNIT-III**

#### **Care & storage of electrical equipments:**

- Sterilization of equipments
- High standard of hygiene
- Safety selection of appliance.

### **UNIT-IV**

- Physiological and psychological effect of the electrical and chemical treatment.
- Benefits and contraindication of the treatments
- Precaution (before & after)
- Record keeping

#### **Books Recommended:**

- Unfolding revolution of chemical peels by Sita Paudal.
- Manual of Chemical Peels; Superficial & medium depth, Mark G.Rubin.Lippincott William & Wikins
- Textbook of chemical Peels (1st Edition): Philippe Depicz, E-bookISBN: 9780203347416
- Step by step chemical Peels: Khungar Niti: J.P.Digital

**Bachelor of Vocation (Beauty & Wellness) Semester-V**  
**FUNDAMENTALS OF BEAUTY**  
**Course Code: BVBP-5144**  
**Session : 2020-21**

**Course Outcomes:-**

**CO 1:** Students will learn to prepare the client for eye brow transformation

**CO 2:** Students learn about the various face shape and brow structure.

**CO 3:** Students will have knowledge of advance eye equipments.

**CO 4:** Students know about the techniques of tinting eyelashes and eyebrows.

**CO 5:** Students learn to handling the eye look transformation.

**CO 6:** To trained the students work safely and effectively.



**Bachelor of Vocation (Beauty & Wellness) Semester-V**  
**FUNDAMENTALS OF BEAUTY**  
**Course Code: BVBP-5144**  
**Session : 2020-21**  
**(PRACTICAL)**

**Time: 3hrs**

**Marks:50**

**Max**

**Practical Marks :40**

**CA: 10**

**Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Applying false eye lashes
  - a) Upper eye lash
  - b) Lower eye lash
  
- Preparation of client
- Trolley Setting
- Precautions / Saloon Protocol for COVID-19 likes situations
- Tools & equipments used in permanent eyelash extension
- Procedure of permanent eyelash extension
- Eyebrow Mapping
- Self Threading
- Eyebrow Shaping
- Selection of Brow shades

**Books Recommended:**

- Practical workbook for Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook : A Pivot Point
- Preparing for the practical exam : Milady's Standard Cosmetology

**Bachelor of Vocation (Beauty & Wellness) Semester-V**

**MASSAGE THERAPY**

**Course Code: BVBP-5145**

**Session : 2020-21**

**Course Outcomes:-**

**CO 1:** Students create a safe massage environment.

**CO 2:** Integrate various massage skills to provide effective massage therapy techniques in a clinical setting.

**CO 3:** To provide students with the basic bodywork techniques and skills needed to be

**CO 4:** Students to make use of the therapies for releasing the stress, fatigue, tension, depression.

**CO 5:** Students practice appropriate safety and sanitation procedure.

**Bachelor of Vocation (Beauty & Wellness) Semester-V**  
**MESSAGE THERAPY**  
**Course Code: BVBP-5145**  
**Session : 2020-21**  
**(PRACTICAL)**

**Time: 3hrs**  
**Marks:100**

**Max**

**Theory Marks :80**  
**CA: 20**

**Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Client Consultation & Preparation
- Trolley Setting For Massage
- Precautions & Contraindications
- Techniques of Different type of Massage :
  - a) Swedish Massage
  - b) Hot Stone Massage
  - c) Aromatherapy Massage
  - d) Deep Tissue Massage
  - e) Sports Massage
  - f) Thai Massage
  
- Different Types of oil used in Massage (Any five)
- **File Work**
- **Viva**

**Books Recommended:**

- Practical workbook for Milady's Standard Cosmetology
- Preparing for the practical exam : Milady's Standard Cosmetology
- The Illustrated Guide to Massage and Aromatherapy by Catherine Stuart.  
Tanushree Podder,
- The Magic of Massage, Pustak Mahal, Delhi

**Bachelor of Vocation (Beauty & Wellness) Semester-V**

**SKIN TREATMENTS & PEELING**

**Course Code: BVBP-5146**

**Session: 2020-21**

**Course Outcomes:**

**CO 1 :** Students confidence to determine suitable peels for skin types / conditions.

**CO 2 :** Through understanding of science and treatment indicators of chemical peel.

**CO 3 :** Students able to carry out facial electrical treatments for particular skin type.

**CO 4 :** Students able to gain deep knowledge of products, tools & equipment.

**CO 5 :** Students understand the importance of hygiene and sanitation & sterilization of equipments.

**Bachelor of Vocation (Beauty & Wellness) Semester-V**

**SKIN TREATMENTS & PEELING**

**Course Code: BVBP-5146**

**Session: 2020-21**

**(PRACTICAL)**

**Time: 3hrs**  
**Marks: 100**

**Max.**

**Practical Marks: 80**  
**C.A: 20**

**Instructions for the Paper Setters:**

Question paper is to be set on the spot jointly by Internal and External Examiner.

- Client Consultation Chart
- Trolley Setting
- Precautions
- Client Setting
- Treatments Prepare:
  - a) Microdermabrasion Treatment
  - b) Skin whitening Treatment
  - c) Rejuvenating Treatment
  - d) Peeling for Wrinkles
  - e) Peeling for Melasma
- **VIVA**
- **FILE WORK**

**Books Recommended:**

- The Art of Skin by Zein E Obagi M.D
- Milady's Aesthetician Series by Pamela Hill
- Skin Resurfacing by William P Coleman, Naomi Lawre

**Bachelor of Vocation (Beauty & Wellness) Semester-V**

**Internship & Project Report**

**Course Code: BVBI-5147**

**Session: 2020-21**

**Time: 3hrs**

**Max Marks: 75**

The students will submit their training reports (in duplicate) within a period of one month in the department. This period shall be counted from the last date of completion of the training. The supervisor in the organization under whose guidance the training is carried out will be required to grade the student's report.

Each student will be attached with one internal faculty guide, with whom they shall be in continuous touch during the training period. The internal faculty guide will be required to evaluate (out of 10 marks) on the basis of assessment report provided by the organization where the training has been completed and his/her assessment about the work done by the student.

The evaluation of the remaining 65 marks shall be made by an external examiner appointed by the university who shall evaluate the report on the basis of presentation and the assessment report received from the organization where the student has undergone.