# KANYA MAHA VIDYALAYA, JALANDHAR (AUTONOMOUS)

# SCHEME AND CURRICULUM OF EXAMINATION OF ONE YEAR DIPLOMA PROGRAMME

# **Diploma in Early Childhood Care and Education**

**Session 2020-2021)** 

#### Semester I

# Diploma in Early Childhood Care and Education

#### Semester 1

Semester I										
	Course			Credits		Ma	rks		Examinatio	
Course code	type	Course Titles	Hours/ week	L-T-P	Total	Ex	t.	CA	n time	
						L	P		(in Hours)	
DECL-1281	С	Foundation of Education (Th.)	4	4-0-0	75	60		15	3	
DECL-1282	С	Child Psychology and Child Development (Th.)	4	4-0-0	100	80		20	3	
DECL-1283	С	Child Health and Nutrition-I (Th.)	4	4-0-0	100	80	_	20	3	
DECL-1284	С	Services and Programmes for Children –I (Th.)	4	4-0-0	75	60		15	3	
DECP- 1285	С	Child Psychology and Child Development ( Pr.)	6	0-0-3	50	_	40	10	3	
DECP-1286	С	Art and Craft (Practical)	6	0-0-3	100	_	80	20	3	

SECF-1492	С	*Foundation Course	2	2-0-0	25	25	-	-	
Total				22		500			

# **C-Compulsory**

# **AC- Audit Course**

<sup>\*</sup>Marks of these papers will not be added in total marks and only grades will be provided

(Session 2020-2021)

#### **SEMESTER 1**

#### FOUNDATION OF EDUCATION

(Theory)

**COURSE CODE: DECL-1281** 

#### **COURSE OUTCOMES**

- CO(1):- To gain the knowledge about the historical perspective of early childhood education.
- CO(2):- To gain understanding about the contribution of eminent education in pre –school education.
- CO(3):- To understand the meaning of education, the nature and significance of primary education.
- CO(4):- To gain knowledge about the programme and schemes in E.C.C.E.
- CO(5):- To gain knowledge about the major contribution of different institutes in development of E.C.C.E.

(Session 2020-2021)

#### SEMESTER 1

#### FOUNDATION OF EDUCATION

#### **THEORY**

**COURSE CODE: DECL-1281** 

Time: 3 hrs Max.Marks:75

4hrs/week Theory: 60

L-T-P CA: 15

4-0-0

#### **Instruction for the paper setter:**

- Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).
- Candidates are required to attempt five questions, selecting at least one question from each section.
- The fifth question may be attempted from any Section.
- Each question carry 12 marks.

#### **Contents**

#### Unit-I

#### **Historical Perspective of E.C.C.E.**

Contribution of Eminent Educationists in Pre School Education.

a. Mahatma Gandhi

b. John Deweyc. Rabindra Nath Tagored. Pestalozzie. Maria Montessori

# aria Montessori

# Introduction to Early Childhood Care and Education

Meaning of Education

- a. Narrow, Broader and Derivative.
- b. Types of Education: Formal, Informal & Non-Formal.

Nature and Significance of Primary Education.

#### **UNIT-III**

**UNIT-II** 

## Programme or Schemes in E.C.C.E.

- a. Integrated Child Development Services.
- b. Balwadis.
- c. SOS Villages.
- d. Mobile crutches.

#### **UNIT-IV**

#### Childhood Education in India.

Major Contribution of different Institutes in the development of E.C.C.E.

- a. Central Social Welfare Board (CSWB)
- b. Indian Council for Child Welfare (ICCW)

- c. National Council of Educational Research & Training (NCERT)
- d. National Institute of Public Cooperation & Child Development (NIPCCD).

#### **References:**

- Introduction to Early Childhood Care Education by JO ANN Breveer
- The Early Years Matters By Marry Love
- Early childhood Education by V.Casper

(Session 2020-2021)

#### **SEMESTER 1**

#### **COURSE OUTCOMES OF**

#### CHILD PSYCHOLOGY AND CHILD DEVELOPMENT

#### (THEORY)

**COURSE CODE: DECL-1282** 

- CO (1):- To understand the meaning, nature and child psychology.
- CO (2):- To understand the difference between child psychology and general psychology.
- CO (3):- To gain knowledge about the stages of development of childhood.
- CO (4):- To understand the intelligence level of children.
- CO (5):- To assess the personality of the children by using observation and case study method.
- CO (6):- To under the effect of heredity and environment on the growth and development of the child.
- CO (7):- To develop understanding about the exceptional children, backward children and mentally retarded.

(Session 2020-2021)

#### SEMESTER 1

#### CHILD PSYCHOLOGY AND CHILD DEVELOPMENT

#### **THEORY**

**COURSE CODE: DECL-1282** 

Time: 3 hrs Max.Marks:100

4hrs/week Theory: 80

L-T-P CA: 20

4-0-0

#### **Instruction for the paper setter:**

- Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).
- Candidates are required to attempt five questions, selecting at least one question from each section.
- The fifth question may be attempted from any Section.
- Each question carry 16 marks.

#### **Contents**

#### Unit-I

#### **Child Psychology**

a. Meaning, Nature, Scope and Importance of Child Psychology.

b. Difference between Child Psychology and General Psychology.

#### **Child Development**

a. Meaning of Growth & Development, Principles of Child Development.b. Stages of Development (Childhood Stage)

#### **UNIT-II**

## Intelligence:

- a. Meaning
- b. Types of intelligence tests, characteristics of a good intelligence test.

#### **Personality**

- a. Meaning of Personality, Factors affecting Personality.
- b. Assessment of Personality:-
- 1. Observation. 2. Case History.

#### **Heredity and Environment**

- a. Meaning of Heredity and Environment.
- b. Relative Importance of Heredity & Environment in the Growth & Development of a child.

#### **UNIT-III**

#### Learning

- a. Meaning and Characteristics of Learning.
- b. Factors affecting Learning
- c. Methods of Learning.

# **Memory**

- a. Meaning
- b. Methods to Improve Memory.

# Forgetting.

a. Concept of Forgetting: - Meaning, Types of Forgetting, Causes of Forgetting.

#### Motivation.

- a. Meaning, difference among need, drive and motive.
- b. Types of Motivation
- c. Motivation Cycle.

# **UNIT-IV**

# **Exceptional Children.**

- A. Gifted Children.
  - 1. Meaning and characteristics.
  - 2. Educational programme for gifted children.
- B. Backward Children.
  - 1. Meaning and characteristics.
  - 2. Educational programme for backward children.
- C. Handicapped Children (Mentally retarded)

- 1. Meaning and characteristics.
- 2. Educational programme for handicapped children.

#### **Mental Health**

- 1. Concept and elements of mental health.
- 2. Mental health of students and teachers.
- 3. How to improve mental health?

#### **References:**

- Introduction to Early Childhood Care Education by JO ANN Breveer
- The Early Years Matters By Marry Love
- Early childhood Education by V.Casper

(Session 2020-2021)

#### **SEMESTER 1**

#### **CHILD HEALTH AND NUTRITION-I**

#### (Theory)

**COURSE CODE: DECL-1283** 

#### **COURSE OUTCOMES**

- CO(1):- To gain knowledge about the importance and functions of food, nutrition and malnutrition.
- CO(2):- To gain knowledge about the care during pregnancy and planning meals for lactating women.
- CO(3):- To develop understanding about the nutrition and health care during infancy and early childhood.
- CO(4):- To understand the working of child line services and mid day meal schemes.
- CO(5):- To gain the knowledge about carbohydrates, protein, fats, vitamin and minerals.

(Session 2020-2021)

#### **SEMESTER 1**

#### **CHILD HEALTH AND NUTRITION-I**

#### **THEORY**

**COURSE CODE: DECL-1283** 

Time: 3 hrs

Max.Marks:100

4 hrs/week

Theory: 80

L-T-P

CA: 20

4-0-0

# Instruction for the paper setter:

- Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).
- Candidates are required to attempt five questions, selecting at least one question from each section.
- The fifth question may be attempted from any Section.
- Each question carry 16 marks.

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Unit-I

**Introduction to Nutrition** 

Nutrition

Malnutrition (under nutrition, over nutrition).
Causes of malnutrition.
Factors affecting the nutritional status.
Importance and function of food.
Unit-II
Basic concept in nutrition and health
Carbohydrates
Proteins
Fats
Vitamins(A,B,C,D,E And K)
Minerals (calcium, phosphorus, iron, anaemia, sodium, iodine)
Unit-III
Nutrition and health care during pregnancy and lactating
Health care during pregnancy
Meal planning for pregnant and lactating women.
Unit-IV
<b>Nutrition and health care during infancy and early childhood nutrition</b> Status during infancy and early childhood.
References:

• Nutrition and Child Development by Dr. R Randhawa

(Session 2020-2021)

#### **SEMESTER 1**

#### SERVICES AND PROGRAMMES FOR CHILDREN-I

(Theory)

**COURSE CODE: DECL-1284** 

#### **COURSE OUTCOMES**

- CO(1):- To understand the needs of special children with disability and impairment.
- CO(2):- To understand the different programmes run by government.
- CO(3):- To enable them to counsel parents and care givers to understand the psychology of special children.
- CO(4):- To develop understanding about the behavioural problems of special needs.
- CO(5):- To gain knowledge about the services for special children run by government and N.G.O.

(Session 2020-2021)

#### **SEMESTER 1**

#### SERVICES AND PROGRAMMES FOR CHILDREN-I

#### **THEORY**

**COURSE CODE: DECL-1284** 

Time: 3 hrs Max.Marks:75
4 hrs/week Theory: 60
L-T-P CA: 15
4-0-0

#### **Instruction for the paper setter:**

- Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).
- Candidates are required to attempt five questions, selecting at least one question from each section.
- The fifth question may be attempted from any Section.
- Each question carry 12 marks.

#### **Contents**

#### Unit-I

#### Services for children

Early childhood care and education in perception.

Some theoretical orientations in early childhood care education.

Organization for children.

#### **Unit-II**

### Children with Special Needs -1

Introduction to special needs

- Disability
- Impairment
- handicapped

Services for special children (by government and NGOs).

Problems faced by parents and caregivers.

Counselling of parents and caregivers (educating them how to deal with special children).

Role of parents teachers and caregivers.

#### **Unit-III**

#### Children with Special Needs -2

- Children with mental retardation
- Children with physical disabilities
- Children with behavioural problems
- Children with visual impairment

#### **Unit-IV**

#### **Programmes Run By Government**

- Integrated child development services.
- Balika Samriddhi Yojana (BSY)
- Kishore Shakti Yojana (KSY)
- Child line services.

- Mid-day meal scheme.
- National crèche fund

#### **References:**

- Introduction to Early Childhood Care Education by JO ANN Breveer
- The Early Years Matters By Marry Love
- Early childhood Education by V.Casper

(Session 2020-2021)

#### **SEMESTER 1**

#### CHILD PSYCHOLOGY AND CHILD DEVELOPMENT

#### **PRACTICAL**

**COURSE CODE: DECP-1285** 

#### **COURSE OUTCOMES**

- CO(1):- To understand the concept of practical skills of intelligence
- CO(2):- To understand the concept of measurement of attention
- CO(3):- To enable them to understand about the practical process of memory
- CO(4):- To develop understanding about measuring scales

(Session 2020-2021)

#### **SEMESTER 1**

#### CHILD PSYCHOLOGY AND CHILD DEVELOPMENT

#### **PRACTICAL**

**COURSE CODE: DECP-1285** 

Time: 3 hrs Max.Marks:50

6hrs/week Practical: 40 L-T-P CA: 10

0-0-3

#### **Instruction for the paper setter:**

Question paper is to be set on the spot jointly by the internal and external examination.
 Two copies of the same may be submitted for the record to COE office , Kanya Maha Vidyalaya , Jalandhar

#### **Contents**

- 1. EPI
- 2. Maze Learning
- 3. Division Of Attention
- 4. Verbal Test Of Intelligence
- 5. Non-Verbal Test Of Intelligence

(Session 2020-2021)

#### **SEMESTER 1**

#### **ART AND CRAFT**

(Practical)

**COURSE CODE: DECP- 1286** 

#### **COURSE OUTCOME**

- CO (1):- To give the knowledge about free hand sketches in pencil, pen, and pastel and water colour.
- CO (2):- To enable them to prepare small flannel boards.
- CO (3):- To enable them to write letters and for preparing flash cards.
- CO (4):- To give them proper knowledge of colours and colour wheel.
- CO (5):- To enable them to make art sheets including letters and sketches

(Session 2020-2021)

#### **SEMESTER 1**

#### **ART AND CRAFT**

#### (PRACTICAL)

**COURSE CODE: DECP- 1286** 

Time: 3 hrs Max.Marks:100

6hrs/week Practical: 80 L-T-P CA: 20

0-0-3

#### Instruction for the paper setter:

Question paper is to be set on the spot jointly by the internal and external examination.
 Two copies of the same may be sub mitted for the record to COE office, kanya maha vidyalaya, Jalandhar

#### **Contents**

#### **Unit-I**

Simple free hand sketches in Pencil, Pen, Poster, and Pastel or in water colours.

#### **Unit-II**

Preparing Small Flannel-Board aids of 10" + 6" (two) either with flannel cloth or with cardboard with Sand-paper pasted on its back.

# **Unit-III**

Letter writing (in ink or colour) Punjabi/Hindi/English for preparing Flash Cards.

# **Unit-IV**

Proper knowledge of colours

Colour Wheel

Primary

Secondary

Tertiary

Warm and cool colour etc.

15 (Fifteen)Art sheets included Letter writing and sketching.