

Exam Code: 223201
(30)

Paper Code: 1301

Programme: Master of Arts (Cosmetology) Semester-I

Course Title: Anatomy and Physiology of Skin

Course Code: MCYM-1141 ✓

Time Allowed: 3 Hours

Max Marks: 40

Note: Attempt five questions in all, selecting at least one question from each Section. Fifth question can be attempted from any Section. Each question carries 8 marks.

Section-A

1. Draw the structure of Skin and explain its layers in brief.
2. Explain any four type of Skins.

Section-B

3. Explain Disorders:
 - a. Rosacea
 - b. Pigmentation
 - c. Bulla
 - d. Sun tan.
4. Explain Problems:
 - a. Dehydrates
 - b. Milia

- c. Mole
- d. Freckles

Section-C

- 5. How we analyse the skin and also explain the PH scale of the.
- 6. Explain the term "sterilization".

Section-D

- 7. Define these followings:
 - a. Cells
 - b. Tissues.
- 8. Explain and Draw the Structure of Digestive System

Exam Code: 223201
(30)

Paper Code: 1302

Programme: Master of Arts (Cosmetology) Semester-I

Course Title: Beauty and Wellness

Course Code: MCYM-1142 ✓

Time Allowed: 3 Hours

Max Marks: 40

Attempt five questions in all, selecting at least one question from each section. The fifth question may be selected from any section. All questions carry equal marks.

Section-A

1. What is Beauty? What is its importance? 8
2. Write a note on current Colour and Outfit Culture. 8

Section-B

3. What should be the ideal stance adopted by a cosmetologist while working. Support diagrammatically. 8
4. Write important things to be kept in mind while meeting and greeting people professionally. 8

Section-C

5. What is Yoga? Discuss its Aim, Importance and Benefits.
8
6. Discuss the guidelines to be followed while practicing Yoga. What is the correct breathing system while performing Yoga.
8

Section-D

7. What is Meditation? What are the benefits of Meditative state?
8
8. Describe any 2 Simple Meditation Techniques that can be incorporated in daily life.
8

Exam Code: 223201

Paper Code: 1303

Programme: Masters of Arts (Cosmetology) SEM: I

Course Title: Massage

Course Code: MCYM: 1143

Time Allowed: 3 Hours

Max marks: 40

NOTE: Attempt Five Questions, selecting at least one Question from each section. The Fifth Question may be attempted from any section. Each Question carries 8 marks.

Section-A

1. Define Massage. Explain its benefits.
2. Explain different steps of massage.

Section-B

3. Provide difference between Swedish massage and deep tissue massage.
4. What are the physiological effects of massage?

Section-C

5. What is facial? Explain its different manipulations.
6. Explain treatments for acne prone skin and hyper pigmentation.

Section-D

7. Provide difference between body massage and body spa.
8. Create a form for client consultation.

Exam Code: 223201
(30)

Paper Code: 1304

Programme: Master of Arts (Cosmetology) Semester-I

Course Title: Skin Care

Course Code: MCYM-1144



Time Allowed: 3 Hours

Max Marks: 40

Note: Attempt five questions in all, selecting at least one question from each section. The fifth question may be attempted from any section. All questions carry equal marks.

Section-A

1. Discuss any four Natural ingredients commonly used in Skincare? Give their benefits. 8
2. Make a Skin treatment Schedule using natural ingredients. 8

Section-B

3. Write the procedure and precautions you will take while exfoliating Dry skin. 8
4. What is exfoliation? Give its types along with benefits. 8

Section-C

5. What are BHAs? Give their types and benefits. 8
6. Discuss any 2 AHAs commonly used in skincare along with their benefits. 8

Section-D

7. What do you mean by Organic Preparations? What is their importance. 8
8. Describe any 2 Organic Skincare preparations. 8

Exam Code: 100083

Paper Code: 3289

Programme : MASTER OF ARTS (COSMETOLOGY) Sem-3

Course Title : THE MAGIC OF MASSAGE

Course Code : MCYM-3143

Time Allowed _3HRS

Maximum Marks: 40

NOTE: Attempt five questions in all from following eight questions (four sections). Fifth question can be attempted from any section. Each question carries equal mark

SECTION-A

1. Describe the history of Massage Therapy?
2. What are the most common benefits of Massage Therapy? Explain each?

SECTION-B

3. What is Lomi-Lomi Massage and Explain its benefits?
4. Explain full body Swedish Massage. Why it is called Swedish Massage?

SECTION-C

5. Explain briefly Japanese Massage. Why we called Shiatsu Massage?
6. Explain:- Thai Massage

Chinese Massage

SECTION-D

7. How do you give yourself a neck, arm & leg massage explains?
8. How would you make body massage oil with the help of home ingredients and also explain their benefits.