Exam Code: 100084 Paper Code: 4272

Master of Arts (Cosmetology)

Semester-IV

Course Title: Hand and Feet Care Course Code: MCYM-4141

**Time Allowed: 3 Hours** 

Max Marks: 40

**Note:** Attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any section. Each question carries 8 marks.

### Section -A

- Q.1 What is nail. Explain its structure?
- Q.2 Explain any 6 diseases and disorders of nail?

#### Section-B

- Q.3 What are the different tools and equipment used for Manicure? Explain its preparation?
- Q.4 Explain the different type of Manicure?

#### Section-C

- Q.5 Explain the procedure of cleanup and sanitation after manicure?
- Q.6 What is Pedicure? Explain its Procedure step by step?

### Section-D

- Q.7 What is nail extension and explain different measures for nail technician?
- Q.8 What are the nutrients or diet which is useful for healthy nails?

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Exam Code: 100084 Paper Code: 4273

Programme: Master of Arts (Cosmetology)

Semester-IV

Course Title: Therapeutic Nutrition Course Code: MCYM-4142

Time Allowed: 3 Hours

Max Marks: 40

**Note:** Attempt five questions in all, selecting at least one question from each section and fifth question may be attempted from any section, Each question carries 8 marks.

#### Section -A

- Q1. What are the aims and scope of nutrition?
- Q2. What do you understand by Nutrition? Explain its role

#### Section -B

- Q3. What are the direct methods of Anthropometry, Biochemical?
- Q4. Explain the Physical and direct methods in Nutrition?

#### Section -C

- Q5. What is malnutrition in protein? Define its problem
- Q6. What are the main disorders of iodine deficiency?

#### Section -D

- Q7. What are the development recipes for pregnant women?
- Q8. Explain Following Recipes for:
  - a. Elementary School Children.
  - b. Lactating Mother

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**Exam Code: 100084** Masters of Arts (Cosmetology)

Semester-IV

Course Title: Ayurvedic Products for Skin and Hair

Course Code: MCYM-4143

Time Allowed: 3 Hours

Max Marks: 40

Paper Code: 4274

Note: Attempt five questions, selecting at least one question from each section. The Fifth question may be attempted from any section. Each question carries equal 8 marks.

### Section -A

- Q.1 What is Ayurveda and its importance?
- Q.2 What are the different concept of Ayurveda?

### Section-B

- Q.3 Explain the following skin treatments with their home remedies:-
  - (a) Pigmentation
  - (b) Boils and Pustules
  - (c) Hypersensitive skin
  - (d) Open pores
- Q.4Discuss the procedure of making lotion masks and pack for the following skin problems:-
  - (a) Moles
  - (b) Leucoderma
  - (c) Birth mark
  - (d) Dermatitis

#### Section-C

- Q.5 Explain the preparation of Hair oil, Packs and Tonics for the following Hair treatments:-
  - (a) Dry Hair
  - (b) Brittle Hair
  - (c) Split ends
  - (d) Flakiness
- Q.6 Discuss the Herbal recepies for the following:-
  - (a) Lesions of Hair
  - (b) Milk crust

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- (c) Early grey hair(d) Lice infestation
- (u) Lice intestation

## Section-D

- Q.7 How do we pack creams, Lotion and Oils?
- Q.8 Discuss the packaging of following products:-
  - (a) Shampoo
  - (b) Conditioner
  - (c) Tonics