

**Kanya Maha Vidyalaya
Jalandhar
(An Autonomous College)**



**Minutes of 9th Meeting of Board of Studies
Department of Psychology**

Date: 29-07-2024

Time: 12:00 P.M

Venue: Online (Through Zoom App)

KANYA MAHA VIDYALAYA, JALANDHAR
(UGC Autonomous College)

P.G. Department of Psychology

Minutes of Ninth Meeting of Board of Studies held on 29.07.2024

The Ninth meeting of the Board of Studies was held in online mode via Zoom on 29-07-2024 at 12.00 Noon

Date: Monday, 29.07.2024

Time: 12.00 Noon

Venue: Online Meeting via Zoom

The following members have attended the meeting and detailed minutes are listed below

Members of BOS:

Mrs. Amarpreet Khurana , Associate Professor, Kanya Maha Vidyalaya, Jalandhar (Dean of Social Sciences)	Chairperson	Present
Dr. Sonia Kapoor, Assistant Professor, Guru Nanak Dev University, Amritsar (G.N.D.U. Nominee)	Member	Present
Dr. Nitasha Khera, Associate Professor, Punjab UUniversity (Outside Parent University Nominee)	Member	Present
Dr. Vidhu Mohan, Professor, Punjabi University, Patiala (Outside Parent University Nominee)	Member	Present
Dr. Tarlochan Singh, Director and Founder, Psycho Waves, Hunjan Hospital, Ludhiana. (Industry Expert)	Member	Present
Dr. Smita Vasudev, Psychologist, Muskaan Counselling and Psychotherapy Centre at Lajwanti Hospital, Jalandhar (Alumni)	Member	Absent
Dr. Sharanjit Kaur, Head and Assistant Professor, Department of Psychology, Kanya Maha Vidyalaya, Jalandhar	Member	Present

Agenda

PSY: 2024: 9: 1: To discuss and approve the minutes of Board of Studies VIII (dated 12-07-2023) and Action Taken Report.

PSY: 2024: 9: 2: To discuss the proposed syllabus of Psychology in B. A. Sem I -II under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25.

PSY: 2024: 9: 3: To discuss the proposed syllabus of Psychology in B. A. Sem III-IV under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25.

PSY: 2024: 9: 4: To discuss the proposed syllabus of Psychology in B. A. Sem V-VI for the session 2024-25 under Continuous Evaluation System.

PSY: 2024: 9: 5: To discuss the syllabus of B.A. Psychology Honours of Sem III & IV under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25.

PSY: 2024: 9: 6: To discuss the syllabus of B. A. Psychology Honours of Sem V & VI for the session 2024-25 under Continuous Evaluation System.

PSY: 2024: 9: 7: To discuss the proposed syllabus of M. A. (Psychology) Sem I - IV Under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25.

PSY: 2024: 9: 8: To discuss the syllabus of Certificate Course in Professional Counseling Skills for the session 2024-25.

PSY: 2024: 9: 9: To discuss and approve the list of proposed examiners for above stated courses.

PSY: 2024: 9: 10: To discuss research inputs and plans of department for session 2024-25.

PSY: 2024: 9: 11: To discuss teaching methodologies adopted in department and inputs required to upgrade the same.

PSY: 2024: 9: 12: To discuss the outcome of above stated courses and programs.

PSY: 2024: 9: 13: To discuss the result analysis for the session 2023-24.

KANYA MAHA VIDYALAYA, JALANDHAR
(UGC Autonomous College)

P.G. Department of Psychology

The Ninth meeting of the Board of Studies of P.G. Department of Psychology started with welcome address by Mrs. Amarpreet Khurana, Dean, Social Sciences. She apprised the members about the programmes in the department along with teaching and research strengths of the department. She took up the agenda items for deliberation one by one with the permission of committee members.

Item: PSY: 2024: 9: 1: To discuss and approve the minutes of Board of Studies VIII (dated 12-07-2023) and Action Taken Report.

The proceedings of the Eighth meeting of Board of Studies meeting held on 12th July, 2023 were approved by all members via email. The Chairperson however, again put up the summary of the proceedings for approval of the house.

Sr.No.	Agenda Item	Decision taken in Meeting	Action Taken
PSY: 2023: 8: 1:	To discuss and approve the minutes of Board of Studies VII (dated 22-04-2022) and Action Taken Report.	The minutes of the seventh Board of Studies and Action Taken Report was discussed and appreciated.	The minutes of the seventh Board of Studies and Action Taken Report was approved.
PSY: 2023: 8: 2:	To discuss the proposed syllabus of Psychology in <u>B. A. Sem I - II</u> under Credit Based Continuous Grading Evaluation System (CBCEGS) with 30% internal assessment for the session 2023-24.	The House suggested that the Internal Assessment should be kept 20% only. The content of the syllabus was approved without changes.	The approved syllabus along with suggested changes is implemented

PSY: 2023: 8: 3	To discuss the proposed syllabus of Psychology in <u>B. A. Sem- III-VI</u> for the session 2023-24 under Continuous Evaluation System with 20% internal assessment	There were no changes suggested in the Syllabus of B.A. Sem III-VI for the session 2023-24	The approved syllabus is implemented
PSY: 2023: 8: 4	To discuss the proposed syllabus of <u>M. A. (Psychology) Sem I - II</u> Under Credit Based Continuous Evaluation Grading System (CBCEGS) with 30% internal assessment for the session 2023-24.	The House suggested that the Internal Assessment should be kept 20% only. The house approved the syllabus with the following changes: <ul style="list-style-type: none"> • In M.A. Sem-I, the ID paper which was previously compulsory was made optional for the students. • The content of M.A. Sem-I-II was kept same. 	The approved syllabus along with suggested changes is implemented
PSY: 2023: 8: 5	To discuss the syllabus of <u>M. A. (Psychology) Sem III - IV</u> for the session 2023-24 under Credit Based Continuous Evaluation Grading System (CBCEGS) with 20% internal	The house approved the syllabus with the following changes: <ul style="list-style-type: none"> • In M.A. Sem-III, the ID paper which was previously compulsory was made optional for the students. • In M.A. Sem-III, the Course Code of the paper “Practicals” was changed from MSYP-3447 to MSYP-3446. 	The approved syllabus along with suggested changes is implemented

	assessment	<ul style="list-style-type: none"> In M.A. Sem-III, the Course Code of the paper “Fieldwork” was changed from MSYF-3448 to MSYF-3447. The content of M.A. Sem-III-IV was kept same. <p>Chairperson Mrs. Amarpreet Khurana discussed in detail start of credit based, Continuous Evaluation System for M.A. Psychology for the session 2023-24. The following points were highlighted and discussed and approved.</p> <ol style="list-style-type: none"> Overall M.A Psychology for session 2023-24 will have 100 credits with 92 mandatory +8 Inter Disciplinary. The course scheme for credits was discussed in detail. 	
PSY: 2023: 8: 6	To discuss the syllabus of <u>Psychology Honours of Sem III & IV</u> for the session 2023-24 under Continuous Evaluation System with 20% internal assessment.	The syllabus of Psychology Honours for Sem III-IV with the members. No changes were suggested in it and they approved it.	The approved syllabus is implemented
PSY: 2023: 8: 7	To discuss the syllabus of <u>Psychology Honors Sem V & VI</u> for the session 2023-24 under Continuous Evaluation System with 20% internal assessment.	The syllabus of Psychology Honours for Sem III-IV with the members. No changes were suggested in it and they approved it.	The approved syllabus is implemented
PSY: 2023: 8: 8	To discuss the syllabus of Certificate course in Psychological skills for the	The syllabus of the Certificate Course “Psychological Skills” was discussed.	The approved syllabus is implemented

	session 2023-24.		
PSY: 2023: 8: 9	To discuss and approve the list of proposed examiners for above stated courses.	List of approved Examiners was prepared.	List of Paper setters, examiners and evaluators was sent to the COE Office.
PSY: 2023: 8: 10	To discuss research inputs and plans of department for session 2023-24.	The house highly appreciated the research work of the department including MOOC grant and research paper published by the faculty member of the department.	<ul style="list-style-type: none"> • Book Chapters published by Faculty. • Students will be encouraged to visit mental hospitals, old age homes, orphanages, special schools. • Students will also be motivated to present their research papers in conferences. • The department will continue to take such research initiatives
PSY: 2023: 8: 11	To discuss teaching methodologies adopted in department and inputs required to upgrade the same.	The teaching methodologies adopted and the various activities held in the department were approved by the house.	<p>For better learning, online extension lectures, workshops and various competitions were organized by department to create passion for Psychology amongst the students.</p> <ul style="list-style-type: none"> • International webinar was organized • Extension Lecture was organized under the MOU signed with Department of Clinical Psychology and Psychotherapy, Shirmann Superspeciality Hospital, Jalandhar.

			<ul style="list-style-type: none"> • World Mental Health Day was Celebrated • Poster-making, rangoli-making and pot-designing competition was held. • Alumni Talk was organized. <p>The faculty members continuously upgrade themselves by attending online faculty development programmes, Short Term Courses and workshops. Video and audio recordings of the lectures are sent to the students, so that, they can refer to in case of any doubt.</p>
PSY: 2023: 8: 12	To discuss the outcome of above stated courses and programs.	The outcomes of all the above mentioned courses and programmes were discussed.	The approved syllabus is implemented
PSY: 2023: 8: 13	To discuss the result analysis for the session 2022-23.	The result analysis for the session 2022-23 was discussed.	The esteemed BOS Members appreciated the faculty.
PSY: 2023: 8: 14	To discuss the revised COs of all courses of session 2022-23.	The revised Cos of all the courses of the session 2022-23 were discussed	The revised Cos were approved and implemented.

Item: PSY: 2022: 9: 2: To discuss the proposed syllabus of Psychology in **B. A. Sem I -II** under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25. (**Annexure B**)

As per the guidelines of NEP 2020, 4 Years Bachelor of Arts (Honours) has been introduced w.e.f 2024-25.

Following are some of the changes done in the content of the syllabus of **BA Sem-I:**

- In Unit-II, the topics “Schachter-Singer Theory, Cognitive Appraisal Theory, Facial-Feedback Theory” were deleted. The Topic “Lindley” was added in the Theories of Emotions. The Topic “Physiological Correlates of Emotions” was also added.

- In Unit-IV, the topics “Introduction to Parametric and Non-Parametric Statistics”, “Descriptive and Inferential Statistics” and “Introduction to the Concept and Characteristics of Normal Probability Curve” was added.
- In Practicals, the first Practical “Immediate Memory Span” was replaced by “Serial Positioning Effect”. The Fourth Practical “Emotions” was renamed as “Assessment of Emotions”.

Following are some of the minor changes done in the content of the syllabus of **BA Sem-II**:

- In Unit-III, the topic “Characteristics of Personality” was deleted.
- In Practicals, the second practical “Muller Lyer Illusion by Methods of Average Error” was added. The fifth Practical “Personality” was replaced with “Personality Test/Inventory”. The Practical “Non-Verbal Test of Intelligence” was deleted.

The course scheme of discipline specific papers with credit allocations for the Semester I-II under Credit Based Continuous Evaluation Grading System for the session 2024-25 is defined below:

***SCHEME AND CURRICULUM OF EXAMINATIONS OF FOUR YEAR DEGREE
PROGRAMME***

**BACHELORS OF ARTS (HONOURS) PSYCHOLOGY
SEMESTER-I**

SEMESTER-I								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-1443	E	Psychology (Basic Psychological Processes)	3+2	3-0-1	100	60	20	20

***SCHEME AND CURRICULUM OF EXAMINATIONS FOUR YEAR DEGREE
PROGRAMME***

**BACHELORS OF ARTS (HONOURS) PSYCHOLOGY
SEMESTER-II**

SEMESTER-II								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-2443	E	Psychology (Psychological Processes)	3+2	3-0-1	100	60	20	20

The house approved the Item: PSY: 2024: 9: 2

Item: PSY: 2024: 9: 3: To discuss the proposed syllabus of Psychology in **B. A. Sem III-IV** under under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25. (**Annexure C**)

There were no changes suggested in the Syllabus of B.A. Sem III-VI for the session 2024-25.

The course scheme approved for B.A Sem III-IV under Credit Based Continuous Evaluation Grading System for the session 2024-25 is as follows:

***SCHEME AND CURRICULUM OF EXAMINATIONS OF
THREE YEAR DEGREEPROGRAMME***

**BACHELORS OF
ARTS
(PSYCHOLOGY)
SEMESTER-III**

Session – 2024-25

SEMESTER-III								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-3443	E	Psychology (Biological Basis of Behaviour)	3+2	3-0-1	100	60	20	20

**SCHEME AND CURRICULUM OF EXAMINATIONS OF
THREE YEAR DEGREE PROGRAMME**

**BACHELORS OF
ARTS
(PSYCHOLOGY)
SEMESTER-IV**

Session – 2024-25

SEMESTER-IV								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-4443	E	Psychology (Experimental Psychology)	3+2	3-0-1	100	60	20	20

The house approved the Item: PSY: 2024: 9: 3

Item: PSY: 2024: 9: 4: To discuss the proposed syllabus of Psychology in **B. A. Sem V-VI** for the session 2024-25 under Continuous Evaluation System (**Annexure D**)

There were no changes suggested in the Syllabus of B.A. Sem V-VI for the session 2024-25.

The course scheme approved for B.A Sem V-VI under Continuous Evaluation System for the session 2024-25 is as follows:

**SCHEME AND CURRICULUM OF EXAMINATIONS OF
THREE YEAR DEGREEPROGRAMME**

**BACHELORS OF
ARTS
(PSYCHOLOGY)
SEMESTER-V**

Session – 2024-25

BACHELOR OF ARTS SEMESTER V (PSYCHOLOGY)							
Course Code	Course Title	Course Type	Marks				Examination time (in Hours)
			Total	Ext.		CA	
				L	P		
BARM-5443	Psychology (Abnormal Psychology-I)	E	100	60	20	20	3+3

**SCHEME AND CURRICULUM OF EXAMINATIONS OF
THREE YEAR DEGREEPROGRAMME**

**BACHELORS OF
ARTS
(PSYCHOLOGY)
SEMESTER-VI**

Session – 2024-25

BACHELOR OF ARTS SEMESTER VI (PSYCHOLOGY)							
Course Code	Course Title	Course Type	Marks				Examination time (in Hours)
			Total	Ext.		CA	
				L	P		
BARM-6443	Psychology (Abnormal Psychology-II)	E	100	60	20	20	3+3

The house approved the Item: PSY: 2024: 9: 4

Item: PSY: 2024: 9: 5: To discuss the syllabus of **B.A. Psychology Honours of Sem III & IV** under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25 (**Annexure E**)

There were no changes suggested in the Syllabus of B.A. Psychology Honours of Sem III & IV for the session 2024-25.

The course scheme approved for B.A Psychology Honours of Sem III-IV under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25 is as follows:

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE
PROGRAMME**

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)**

SEMESTER III

Session: 2024-25

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER III								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARL-3619	Psychology (Honours): History and Schools of Psychology	BARL-3619	4	4-0-0	100	80	-	20

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE
PROGRAMME**

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)**

SEMESTER IV

Session: 2024-25

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER IV								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARL-4619	Psychology (Honours): Social Psychology	BARL-4619	4	4-0-0	100	80	-	20

The house approved the Item: PSY: 2024: 9: 5

Item: PSY: 2024: 9: 6: To discuss the syllabus of **B. A. Psychology Honours of Sem V & VI** for the session 2024-25 under Continuous Evaluation System. (**Annexure F**)

There were no changes suggested in the Syllabus of B.A. Psychology Honours of Sem V & VI for the session 2024-25.

The course scheme approved for B.A Psychology Honours of Sem V-VI under Continuous Evaluation System for the session 2024-25 is as follows:

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE
PROGRAMME**

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)**

SEMESTER V

Session: 2024-25

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER V							
Course Code	Course Title	Course Type	Mark s				Examination time(in Hours)
			Total	Ext .		CA	
				L	P		
BARL-5619	Psychology (Honours): Psychological Testing and Measurement	E	100	80	-	20	3

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE
PROGRAMME**

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER VI**

Session: 2024-25

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER VI							
Course Code	Course Title	Course Type	Marks				Examination time (in Hours)
			Total	Ext.		CA	
				L	P		
BARL-6619	Psychology (Honours): Applied Psychology	E	100	80	-	20	3

The house approved the Item: PSY: 2024: 9: 6

Item: PSY: 2024: 9: 7: To discuss the proposed syllabus of **M. A. (Psychology) Sem I - IV** Under under Credit Based Continuous Evaluation Grading System (CBCEGS) for the session 2024-25. (**Annexure G**)

There were no changes suggested in the Syllabus of **M. A. (Psychology) Sem I - IV** Under Credit Based Grading System (CBGS) for the session 2024-25.

Chairperson Mrs. Amarpreet Khurana discussed in detail under Credit Based Continuous Evaluation Grading System (CBCEGS) for M.A. Psychology for the session 2024-25. The following points were highlighted and discussed and approved.

1. Overall M.A Psychology for session 2023-24 will have 100 credits with 92 mandatory +8 Inter Disciplinary.
2. The course scheme for credits is as follows:

M.A Semester- I (Under Credit Based Continuous Evaluation Grading System)

Semester I									
Course Code	Course Type	Course Name	Hours/week	Credits L-T-P	Marks				Examination time (in Hours)
					Total	Ext.		C A	
						L	P		
MSYL-1441	C	Experimental Psychology	4	4-0-0	100	80	-	20	3
MSYL-1442	C	Social Psychology	4	4-0-0	100	80	-	20	3
MSYL-1443	C	Statistical Techniques in Psychology	4	4-0-0	100	80	-	20	3
MSYL-1444	C	Perceptual Processes	4	4-0-0	100	80	-	20	3
MSYL-1445	C	Theories and Systems of Psychology	4	4-0-0	100	80	-	20	3
MSYL-1446	C	Group Dynamics	2	2-0-0	50	40	-	10	3
MSYP-1447	C	Practicals	4	0-0-2	50	-	40	10	3
Students can opt any one of the following Interdisciplinary courses	IDE		4	4-0-0	100	80	-	20	3

				24	Total = 600				
IDEC- 1101				Effective Communication Skills					
IDEM- 1362				Basic Fundamentals of Music (Vocal)					
IDEM- 1313				Human Rights and Constitutional Duties					
IDEI- 1124				Basics of Computer Applications					
IDEW-1275				Indian Heritage: Contribution to the World					

C- Compulsory Subject E –Elective I- Inter-disciplinary V- Value added S-Skill enhancement

ID is an optional inter-disciplinary subject. Credits of ID courses will not be added to SGPA

M.A Semester- II (Under Credit Based Continuous Evaluation Grading System)

S.No.	Semester II									
	Course Code	Course Type	Course Name	Hours /week	Credits L-T-P	Marks				Examination time (in Hours)
						Total	Ext.		CA	
							L	P		
1	MSYL-2441	C	Approaches to Personality	4	4-0-0	100	80	-	20	3
2	MSYL-2442	C	Motivation	4	4-0-0	100	80	-	20	3
3	MSYL-2443	C	Experimental Designs in Psychology	4	4-0-0	100	80	-	20	3
4	MSYL-2444	C	Physiological Psychology	4	4-0-0	100	80	-	20	3
5	MSYL-2445	C	Abnormal Psychology	4	4-0-0	100	80	-	20	3
6	MSYP-2446	C	Practicals	4	0-0-2	50		40	10	3
					22	Total = 550				

Note: All Papers are Compulsory.

C- Compulsory Subject E –Elective I- Inter-disciplinary V- Value added S-Skill enhancement

M.A Semester- III (Under Credit Based Continuous Evaluation Grading System)

Semester III									
Course Code	Course Type	Course Name	Hours /week	Credits L-T-P	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
MSYL-3441	C	Psychometrics	4	4-0-0	100	80	-	20	3
MSYL-3442	C	Psychological Assessment	4	4-0-0	100	80	-	20	3
MSYL-3443 (OPT-III)	E	Counselling Psychology	4	4-0-0	100	80	-	20	3
MSYL-3444 (OPT-IV)	E	Clinical Psychology	4	4-0-0	100	80	-	20	3
MSYL-3445 (OPT-VII)	E	Psychology of Exceptional Children	4	4-0-0	100	80	-	20	3
MSYP-3446	C	Practicals	4	2-0-0	50	-	40	10	3
MSYF-3447	F	Field Work	4	0-0-2	50	-	-	-	3
	IC	Students can opt any ID paper. The ID course opted in Semester I cannot be opted in Semester III	4	4-0-0	100	80		20	3
				24	Total = 600				
IDEC- 3101				Effective Communication Skills					
IDEM- 3362				Basic Fundamentals of Music (Vocal)					
IDEH- 3313				Human Rights and Constitutional Duties					
IDEI- 3124				Basics of Computer Applications					
IDEW-3275				Indian Heritage: Contribution to the world					

Credits of ID courses will not be added to SGPA

Note: All Papers are Compulsory.

C- Compulsory Subject E –Elective I- Inter-disciplinary V- Value added S-Skill

Any three of the following options:

S.No.	Paper Title
OPT – I	Organizational Psychology
OPT – II	Child Psychology
OPT – III	Counseling Psychology
OPT – IV	Clinical Psychology
OPT – V	Applied Social Psychology
OPT – VI	Cognitive Psychology
OPT – VII	Psychology of Exceptional Children
OPT – VIII	Emotions

Note: Papers MSYL 3441, MSYL 3442 & MSYP 3447 are Compulsory.

ID is an optional inter-disciplinary subject. In addition to the Compulsory Papers, the students will be required to select three optional papers each of 100 marks.

C Means Compulsory and **E** Means Elective

M.A Semester- IV (Under Credit Based Continuous Evaluation Grading System)

S.No.	Semester IV									
	Course Code	Course Type	Course Name	Hours /week	Credits L-T-P	Marks				Exami nation time (in Hours)
						Total	Ext.		CA	
							L	P		
1	MSYL-4441	C	Research Methodology	4	4-0-0	100	80	-	20	3
2	MSYL-4442	C	Applied Psychology	4	4-0-0	100	80	-	20	3
3	MSYL-4443 (OPT-III)	E	Health Psychology	4	4-0-0	100	80	-	20	3
4	MSYL-4444 (OPT-IV)	E	Positive Psychology	4	4-0-0	100	80	-	20	3
5	MSYL-4445 (OPT-VI)	E	Developmental Psychopathology	4	4-0-0	100	80	-	20	3
6	MSYP-4446	C	Practicals	2	2-0-0	50	-	40	10	3
					22	Total = 550				

Note: All Papers are Compulsory.

C- Compulsory Subject E –Elective I- Inter-disciplinary V- Value added S-Skill

Any three of the following options:

S.No.	Paper Title
OPT – I	Industrial Psychology
OPT – II	Psychology of Adolescence
OPT – III	Health Psychology
OPT – IV	Positive Psychology
OPT – V	Intelligence and Creativity
OPT – VI	Developmental Psychopathology
OPT – VII	Environmental Psychology
OPT – VIII	Educational Psychology

Note: Papers MSYL 4441, MSYL 4442 & MSYP 4446 are Compulsory. In addition to the compulsory papers, the students will be required to select three optional papers each of 100 marks.

C Means Compulsory and **E** Means Elective

The house approved the Item: PSY: 2024: 9: 7

Item: PSY: 2024: 9: 8: To discuss the syllabus of **Certificate Course in Professional Counseling Skills** for the session 2024-25. (**Annexure H**)

The chairperson discussed the syllabus of Certificate Course in Professional Counseling Skills with the members.

The house approved the Item: PSY: 2024: 9: 8

Item: PSY: 2024: 9: 9: To discuss and approve the list of proposed examiners for above stated courses.

The chairperson discussed the Examiners and Evaluators for Psychology papers in **B.A, Semester 1st to 6th, B.A. Honours, Semester 3rd to 6th and M.A. Semester 1st to 4th** with the members and they approved it. (**Lists attached herewith as Annexure I**)

The house approved the Item: PSY: 2023: 8: 9

Item: PSY: 2024: 9: 10: To discuss research inputs and plans of department for session 2024-25.

The house highly appreciated the research work of the department which included the MOOC being run on SWAYAM platform. The members motivated the faculty to engage more in research endeavours. (Attached as Annexure J)

The house approved the Item: PSY: 2024: 9: 10

Item: PSY: 2024: 9: 11: To discuss teaching methodologies adopted in department and inputs required to upgrade the same.

The house approved the (**Item PSY: 2024: 9: 11**) teaching methodologies and various activities held in the department to enhance teaching learning process. (Attached as Annexure K)

Item: PSY: 2024: 9: 12: To discuss the outcome of above stated courses and programs
The members were satisfied with the outcomes of the above stated courses and programs

The house approved the Item: PSY: 2024: 9: 12

Item: PSY: 2024: 9: 13: To discuss the result analysis for the session 2023-24.

The house approved the Item: PSY: 2024: 9: 13

After discussing all the Agendas, the BOS meeting was summed up by Mrs. Amarpreet Khurana and Vote of Thanks were given.

(Chairperson)

Mrs. Amarpreet Khurana

Dean, Social Sciences

Dr. Sharanjit Kaur

Head and Assistant Professor,

P.G. Department of Psychology

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS FOR THE

SUBJECT: PSYCHOLOGY
For the Award of the Degree in

Bachelor of Arts (Honours)

(Under NEP 2020)

(Credit Based Continuous Evaluation Grading System)

SEMESTER I

Session: 2024-25

The Degree Programme Offered under 4 Years U.G. Programme:

- **Bachelor of Arts (3 Year Duration)**



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

PROGRAM SPECIFIC OUTCOMES

Session: 2024-25

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF FOUR-YEAR DEGREE
PROGRAMME**

BACHELORS OF ARTS (HONOURS) PSYCHOLOGY

SEMESTER-I

Session – 2024-25

SEMESTER-I								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-1443	E	Psychology (Basic Psychological Processes)	3+2	3-0-1	100	60	20	20

E = Elective

Bachelors of Arts Semester-I
Session: 2024-25

Course Code: BARM-1443
Course Title: Psychology (Basic Psychological Processes)
(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: Know about the historical development of Psychology and gain knowledge about the origin of psychology as a science.

CO2: Develop a clear understanding of the general theoretical and scientific principles of intelligence, learning and individual differences.

CO3: Understand and apply various methods used in analyzing behavior of the individual and will be able to use measures of central tendency in psychological research.

CO4: Measure simple reaction time, trial and error learning, verbal and non-verbal test of intelligence with the help of psychological tools and apparatus

**Bachelors of Arts Semester-I
Session: 2024-25**

**Course Code: BARM-1443
Course Title: Psychology (Basic Psychological Processes)
(Theory)**

**LTP: 3-0-0
Time: 3 hours
(Theory)**

**Max. Marks: 100
Theory Marks: 60
Practical Marks: 20
CA: 20**

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit-I

Nature and Methods of Psychology: Psychology as a Science, Scope and Historical Background with brief Introduction to Schools of Psychology (Structuralism, Functionalism, Psychoanalysis, Behaviourism, Gestalt and Humanistic)

Methods: Introspection, Observation, Experiment, Case Study, Interview and Questionnaire

Unit-II

Motivation: Concept and Nature of Motivation, Types of Motivation, Needs, Drives and Incentives, Types of Conflicts, McClelland Achievement Theory, The Need Hierarchy Model

Emotions: Concept and Nature of Emotions, Types of Emotions, Theories of Emotions (James Lange, Cannon Bard and Lindsley). **Physiological Correlates of Emotions.**

Unit-III

Learning: Nature and Characteristics of Learning Processes, Types of Learning (Verbal and Non-verbal), Theories of Learning (Thorndike, Pavlov, Skinner and Kohler)

Unit-IV

Statistics:

Introduction to Parametric and Non-Parametric Statistics, Descriptive and Inferential Statistics, Frequency Distributions, Graphical representation of Frequency Distributions, **Introduction to the Concept and Characteristics of Normal Probability Curve,** Meaning and Characteristics of Central Tendency, Measures of Central Tendency: Mean, Median, Mode with their Merits and Demerits (Numericals related with Mean, Median and Mode only)

References:

1. Aron (2007). *Statistics for Psychology*. Pearson Education, New Delhi.
2. Baron, R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
3. Benjamin, Jr. L.T., Hopkings, J.R. & Nation, J.R. (1987). *Psychology*. Mcmillan Publishing Company, New York.
4. Carlson N.R. (2007). *Foundation of Physiological Psychology*. Pearson Education, New Delhi.
5. Morgan, G.T., King, P.A., Weisz, T.R. & Schopler, J. (1999). *Introduction to Psychology*. Mcgraw Hill Book Co., New York.
6. Shashi, J. (2001). *Introduction to Psychology*. Kalyani Publishers, New Delhi

Session: 2024-25

Bachelors of Arts

Semester-I

Course Code: BARM-1443

**Course Title: Psychology (Practical)
(Practical)**

LTP: 0-0-1

Time: 3 hours

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
2. performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Five Practical have to be performed out of the following:

1. **Serial Positioning Effect**
2. Effect of Knowledge of Results on Performance
3. Motivation
4. **Assessment of Emotions**
5. Trial and Error Learning.
6. Effect of Practice on Learning.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS FOR THE

SUBJECT: PSYCHOLOGY
For the Award of the Degree in

Bachelor of Arts (Honours)

(Under NEP 2020)

(Credit Based Continuous Evaluation Grading System)

SEMESTER II

Session: 2024-25

The Degree Programme Offered under 4 Years U.G. Programme:

- **Bachelor of Arts (3 Year Duration)**



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

PROGRAM SPECIFIC OUTCOMES

Session: 2024-25

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF FOUR-YEAR DEGREE
PROGRAMME**

BACHELORS OF ARTS (HONOURS) PSYCHOLOGY

SEMESTER-II

Session – 2024-25

SEMESTER-II								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-2443	E	Psychology (Psychological Processes)	3+2	3-0-1	100	60	20	20

E= Elective

Bachelors of Arts Semester-II
Session: 2024-25

Course Code: BARM-2443
Course Title: Psychology (Psychological Processes)
(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: Acquire in-depth knowledge in the psychological concepts of memory, motivation, emotions and personality

CO2: Apply the theoretical facts for enhancing one's personality, learning and memory and use it in everyday issues of life.

CO3: Understand the relationship between brain and behavior and will be able to use measures of variability in psychological research.

CO4: Measure motivation, learning, personality, memory and public opinion with the help of psychological tools and apparatus.

Bachelors of Arts Semester-II
Session: 2024-25

Course Code: BARM-2443
Course Title: Psychology (Psychological Processes)
(Theory)

LTP: 3-0-0

Time: 3 Hours
(Theory)

Max. Marks: 100
Theory Marks: 60
Practical Marks: 20
CA: 20

Instructions for the Paper Setters:

Eight questions of twelve marks each are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit-I

Psychophysics: Concept of Psychophysics, Physical V/S Psychological continua, Point of Subjective Equality, Weber- Fechner law, Concept of Absolute and Differential Thresholds, Determination of AL and DL by Methods of Limits, Method of Constant Stimuli & Method of Average Error

Unit-II

Intelligence: Concept and Nature, Intelligence Theories (Spearman, Thorndike, Thurstone, Guilford, Cattell, Gardner and Sternberg), Concept of Emotional Intelligence, Nature and Nurture Issue in Intelligence

Unit-III

Personality: Concept of Personality, Theories of Personality (Freud, Allport, Adler, Murray, Cattell & Eysenck). Techniques of Assessment (EPI, CPI & 16PF) and Projective Techniques of Assessment (Rorschach, TAT and Sentence Completion Test)

Unit-IV

Measures of Variability: Meaning and Characteristics of Variability, Measures of Variability: - Range, Quartile, Average and Standard Deviation, Variance with Merits and Demerits (Numerical related with SD only)

References:

1. Aron (2007). *Statistics for Psychology*. Pearson Education, New Delhi.
2. Baron, R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
3. Benjamin, Jr. L.T., Hopkings, J.R. & Nation, J.R. (1987). *Psychology*. Mcmillan Publishing Company, New York.
4. Chaplin, J.R. & Kraiwic, T.S. (1985). *Systems and Theories of Psychology*. Holt, Rinehart and Winston, Inc., New York.
5. Coon, D.L., & Mitterer, J.O. (2007). *Introduction to Psychology; Gateways to Mind and Behaviour*. Thomson Wadsworth.
6. Crooks, R.L. & Strin, J. (1988). *Psychology; Sciences: Behaviour and Life*. Holt Rinehart and Winston, Inc., New York.
7. Hall, S.S. & Lindzey (1969). *Theories of Personality*. Wiley Eastern Ltd. New Delhi.
8. Morgan, G.T., King, P.A., Weisz, T.R. & Schopler, J. (1999). *Introduction to Psychology*. McGraw Hill Book Co., New York.
9. Pinel, J.P.J. (2007). *Biopsychology*. Pearson Education, New Delhi.
10. Shashi, J. (2001). *Introduction to Psychology*. Kalyani Publishers, New Delhi
11. Solso, R.L. (2007). *Cognitive Psychology*. Pearson Education, New Delhi.

**Bachelors of Arts
(Psychology)
Semester-II**

Session: 2024-25

**Course Code: BARM-2443
Course Title: Psychology (Practical)
(Practical)**

LTP: 0-0-1

Time: 3 hours

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. Write-up of file book (5 Marks),
2. Performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

PRACTICAL

Five Practical have to be performed out of the following:

1. Determination of AL and DL
2. Muller Lyer Illusion by methods of Average Error
3. Verbal Test of Intelligence.
4. Performance Test of Intelligence
5. Personality Test/ Inventory
6. Projective Technique

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

PSYCHOLOGY

For

BACHELOR OF ARTS SEMESTER III

(Under Credit Based Continuous Evaluation Grading System)

(12+3 System of Education)

Session: 2024-25



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

PROGRAM SPECIFIC OUTCOMES

Session: 2024-25

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (PSYCHOLOGY)
SEMESTER-III**

Session – 2024-25

SEMESTER-III								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-3443	E	Psychology (Biological Basis of Behaviour)	3+2	3-0-1	100	60	20	20

E= Elective

Bachelors of Arts Semester-III

Session: 2024-25

Course Code: BARM-3443

**Course Title: Psychology (Biological Basis of Behaviour)
(Theory)**

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: acquire basic knowledge about the structure and function of nervous system.

CO2: describe and understand the interaction of different parts of the nervous system with higher cognitive functions

CO3: explain the influence of neurological disturbances and illnesses on sensory, motor, cognitive and executive functions

CO4: Understand the basic nature and features of Normal Probability curve.

Bachelors of Arts Semester-III
Session: 2024-25

Course Code: BARM-3443
Course Title: Psychology (Biological Basis of Behaviour)
(Theory)

LTP: 3-0-0
Time: 3 hours

Max. Marks: 100
Theory Marks: 60
Practical Marks: 20
CA: 20

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit-I

Neurons: Structure and Functions

Synapses: Concept and Types of Synapse, Resting and Action Potentials

Unit-II

Nervous System (Central, Peripheral and Autonomic)

Unit-III

Structure and Functions of Visual, Auditory, Olfactory, Gustatory and Somato-Sensory Systems

Unit-IV

Normal Probability Curve, Concept, Nature and Characteristics (Numericals of Areas under NPC only)

References:

1. Carlson, N. R. (2007). Foundations of Physiological Psychology. New Delhi: Pearson Education.
2. Leukal, F. L. (1968). Introduction to physiological psychology, Japan: Toppan Company Ltd.
3. Pinel, J. P. J. (2007). Biopsychology. New Delhi: Pearson Education.
4. Thompson, R. (1967). Foundations of Physiological Psychology. New York: Harper & Row Publishers.

**Bachelors of Arts
(Psychology)
Semester-III
Session: 2024-25**

**Course Code: BARM-3443
Course Title: Psychology (Practical)
(Practical)**

LTP: 0-0-1

Time: 3 hours

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
2. Performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Five Practical have to be performed out of the following:

1. Positive Transfer in Sensory Motor Learning
2. Negative Transfer in Sensory Motor Learning
3. Comparative Study of Sensory and Muscular Reaction Time
4. Effect of Fatigue on Mental Work
5. Comparative Study of RL for the Two Parts of the Body
6. Any Practical related with Biological aspects of Behaviour

FACULTY OF ARTS AND SOCIAL SCIENCES

**SYLLABUS
OF
PSYCHOLOGY
FOR
BACHELOR OF ARTS SEMESTER IV**

(Under Credit Based Continuous Evaluation Grading System)

(12+3 System of Education)

Session: 2024-25



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

PROGRAM SPECIFIC OUTCOMES

Session: 2024-25

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (PSYCHOLOGY)
SEMESTER-IV**

Session – 2024-25

SEMESTER-IV								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARM-4443	E	Psychology (Experimental Psychology)	3+2	3-0-1	100	60	20	20

E= Elective

Bachelors of Arts Semester-IV
Session: 2024-25

Course Code: BARM-4443
Course Title: Psychology (Experimental Psychology)
(Theory)

COURSE OUTCOMES:

After passing this course the student will be able to:

CO1: Introduction of the concept of psychophysics and its various psychophysical methods.

CO2: In-depth knowledge about of the phenomenon of learning in the field of psychology and its associated types. The practical application of reinforcement schedules in day to day life.

CO3: Understanding and analysis of various higher mental abilities like mnemonics, thinking and problem solving, reasoning and concept formation.

CO4: Insight into the elementary concept of correlation and its applicability

Bachelors of Arts Semester-IV
Session: 2024-25

Course Code: BARM-4443
Course Title: Psychology (Experimental Psychology)
(Theory)

LTP: 3-0-0
Time: 3 hours

Max. Marks:100
Theory Marks: 60
Practical Marks: 20
CA: 20

Instructions for the Paper Setters:

Eight questions of twelve marks each are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit- I

Sensation, Perception and Attention:

Sensation: Nature, Theories of Colour Vision (Young-Helmholtz, Opponent-Process & Evolutionary), Theories of Hearing, Cutaneous, Olfactory and Gustatory Sensations.

Perception: Concept, Nature and factors affecting perception, Approaches to Perception (Gestalt and Behaviouristic), Perception of Form, Shape, Depth and Distance, Perceptual Constancy.

Attention: Concept and Nature of Attention, Characteristics of Attention

Unit- II

Memory and Forgetting:

Memory: Concept and Nature, Encoding, Storage, Retrieval, Types of Memory.

Mneumonics: An Introduction to the concept of Mneumonics, Constructive memory, Implicit memory & Eyewitness memory. Methods of Retention

Forgetting: Concept and Nature, Factors affecting Forgetting, Theories of Forgetting (Decay, Interference and Retrieval failure).

Unit-III

Thinking, Problem Solving and Concept Formation:

Thinking and Problem Solving: Nature and Types of Thinking. Nature of Problem Solving, Stages of Problem Solving, Factors, Role of Set in Problem Solving, **Factors affecting Problem Solving.**

Concept Formation: Nature, Types and Processes

Unit-IV

Correlation: Concept, Types of Correlation, Nature and Characteristics, Rank Order and Product Moment Methods, **Biserial & Point biserial correlation methods** (Numerical for Individual data), t-test: Significance of Differences between means (correlated and uncorrelated)

References:

1. Aron (2007). *Statistics for Psychology*. Pearson Education, New Delhi.
2. Baron, R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
3. Benjamin, Jr. L.T., Hopkins, J.R. & Nation, J.R. (1987). *Psychology*. Mcmillan Publishing Company, New York.
4. Chaplin, J.R. & Kraiwic, T.S. (1985). *Systems and Theories of Psychology*. Holt, Rinehart and Winston, Inc., New York.
5. Coon, D.L., & Mitterer, J.O. (2007). *Introduction to Psychology; Gateways to Mind and Behaviour*. Thomson Wadsworth.
6. Crooks, R.L. & Strin, J. (1988). *Psychology; Sciences: Behaviour and Life*. Holt Rinehart and Winston, Inc., New York.
7. Hall, S.S. & Lindzey (1969). *Theories of Personality*. Wiley Eastern Ltd. New Delhi.
8. Morgan, G.T., King, P.A., Weisz, T.R. & Schopler, J. (1999). *Introduction to Psychology*. McGraw Hill Book Co., New York.
9. Pinel, J.P.J. (2007). *Biopsychology*. Pearson Education, New Delhi.
10. Shashi, J. (2001). *Introduction to Psychology*. Kalyani Publishers, New Delhi
11. Solso, R.L. (2007). *Cognitive Psychology*. Pearson Education, New Delhi.

**Bachelors of Arts
(Psychology)
Semester-IV
Session: 2024-25**

**Course Code: BARM-4443
Course Title: Psychology (Practical)
(Practical)**

LTP: 0-0-1

Time: 3 hours

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
2. Performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

PRACTICAL

Five Practical have to be performed out of the following:

1. Perception
2. **Span of Attention**/Division of Attention
3. **Immediate Memory Span**
4. Problem-Solving
5. Concept formation.
6. Retroactive Inhibition/ Method of Recall and Recognition

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

PSYCHOLOGY

For

BACHELOR OF ARTS SEMESTER V

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2024-25



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

PROGRAM SPECIFIC OUTCOMES

Session: 2024-25

Upon successful completion of this course, students will be able to:

PSO1. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. Apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

BACHELORS OF ARTS (PSYCHOLOGY)

SEMESTER-V

Session – 2024-25

BACHELOR OF ARTS SEMESTER V (PSYCHOLOGY)							
Course Code	Course Title	Course Type	Marks				Examination time (in Hours)
			Total	Ext.		CA	
				L	P		
BARM-5443	Psychology (Abnormal Psychology-I)	E	100	60	20	20	3+3

E=Elective

Bachelors of Arts Semester-V

Session: 2024-25

Course Code: BARM-5443

**Course Title: Psychology (Abnormal Psychology-I)
(Theory)**

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: To understand the concepts of normality and abnormality with its causes

CO2: To be aware of the history and classification systems of abnormality

CO3: To Better understand one's own and others' behavior by applying the knowledge of major theories of abnormal behavior.

CO4: To understanding the various approaches to the diagnosis and treatment of stress, alcoholism and drug abuse.

Bachelors of Arts Semester-V
Session: 2024-25

Course Code: BARM-5443
Course Title: Psychology (Abnormal Psychology-I)
(Theory)

Time: 3 hours

Max. Marks: 100
Theory Marks: 60
Practical Marks: 20
CA: 20

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

UNIT-I

Abnormality: Concept and Criteria of Abnormality. Myth and Misconceptions regarding Abnormal Behaviour, DSM 5 and ICD 10 classification of Abnormal Behaviour- Advantages and disadvantages

Theoretical Perspectives of Psychopathology: Psychoanalytic (Freud), Behaviour Therapy, Humanistic Therapy (Carl Rogers and Abraham Maslow), Cognitive Behaviour Therapy (Beck) and Rational Emotive Behaviour Therapy

UNIT-II

Causes of Abnormal Behaviour: Primary, Predisposing, Precipitating reinforcing.

Biological Causes—(Genetic defects, constitutional liabilities, Brain dysfunction & Physical deprivation).

Psycho-Social Causes—(Self-perception and cognitive maps, early deprivation, inadequate parenting, pathogenic family structures, maladaptive peer relationship).

Socio-Cultural Causes—(Socio-Cultural Environment and Pathogenic societal influences).

UNIT-III

Stress & Coping: Categories of Stressors, Factors Predisposing an individual to stress. Coping strategies.

Stress Related Disorders: Coronary Heart Disease (CHD), Hypertension, Ulcers & Migraine Pain: Symptoms Causes and general treatment of stress related disorders.

UNIT-IV

Alcoholism: Misconception about Alcohol & Alcoholism, Clinical Picture, Causes, Treatment & Outcomes.

Drug Addiction: Clinical Picture, Causes and Treatment of Opium and its Derivatives, Sedatives (Barbiturates), Stimulants (Amphetamines & Cocaine): Hallucinogens (LSD & related drugs) Marijuana, Caffeine & Nicotine.

Readings:

1. Alloy, L.B., Riskind, J.H. & Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi.
2. Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins.
3. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons.
4. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India.
5. Mahmud. J(2011). Abnormal Psychology. APH Publishing Corporation, New Delhi.
6. Singh, A. Asadharan Manovigyan (1994). Punjabi University, Patiala.

**Bachelors of Arts
(Psychology)
Semester-V**

Session: 2024-25

**Course Code: BARM-5443
Course Title: Psychology (Practical)
(Practical)**

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
2. performance and viva-voce (15 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Five Practical have to be performed out of the following:

1. Word Association Test.
2. Adjustment
3. Case History
4. Attitudes.
5. Interests.
6. Locus of Control.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

PSYCHOLOGY

For

BACHELOR OF ARTS SEMESTER VI

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2024-25



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

PROGRAM SPECIFIC OUTCOMES

Session: 2024-25

Upon successful completion of this course, students will be able to:

PSO1. exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

PSO2. plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

PSO3. exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

PSO4. apply psychological principles to individual, interpersonal, group, and societal issues.

PSO5. value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE
PROGRAMME**

**BACHELORS OF ARTS (PSYCHOLOGY)
SEMESTER-VI**

Session – 2024-25

BACHELOR OF ARTS SEMESTER VI (PSYCHOLOGY)							
Course Code	Course Title	Course Type	Marks				Examination time (in Hours)
			Total	Ext.		CA	
				L	P		
BARM-6443	Psychology (Abnormal Psychology-II)	E	100	60	20	20	3+3

E= Elective

**Bachelor of Arts Semester-VI
(Session 2024-25)**

**ABNORMAL PSYCHOLOGY–II
Course Code: BARM-6443
(Theory)**

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: acquire a better understanding of abnormal behaviour patterns, and thereby learn to distinguish abnormal behaviour from normal.

CO2: know about the symptoms and causes of various psychological disorders.

CO3: better understand how psychological disorders are classified and treated.

CO4: increase sensitivity to the struggles of people dealing with these types of problems.

**Bachelor of Arts Semester-VI
(Session 2024-25)**

**ABNORMAL PSYCHOLOGY–II
Course Code: BARM-6443
(Theory)**

Time: 3 hours

**Max. Marks:100
Theory Marks: 60
Practical Marks: 20
CA: 20**

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

Unit-I

Anxiety Based Disorders: Symptoms, Etiology and Treatment of Obsessive Compulsive Disorder, Generalized Anxiety Disorder & Phobias. Classification of Somatoform Disorders–Symptoms & Etiology. Dissociative disorders–Types, Symptoms & Etiology.

Unit-II

Personality Disorders: Clinical Features, Types and causal factors in Personality Disorders (Paranoid, Schizoid, Schizotypal, Antisocial, Borderline, Histrionic, Narcissistic, Avoidant, Dependent and Obsessive-Compulsive Personality Disorder.)

Antisocial Personality & Delinquency: Clinical Picture, Characteristics, Causes, Treatment & Outcomes.

Unit III

Mood Disorders: Symptoms, Causes, Types and Treatment.

Schizophrenia: Symptoms, Causes, Types and Treatment.

Unit IV

Therapies: Psychodynamic, Behavioral, Cognitive-Behavior Therapy, Humanistic Therapy, Existential Therapy and Family Therapy

Readings:

1. Barlow, D.H. & Durand, V.M. (2007) Abnormal Psychology: An Integrative Approach.
2. Broota, K.D. (1989) Experimental Designs in Behavioural Research, Wiley Eastern Limited, New Delhi.
3. Carson, R.C. Butcher, J.N., and Mineka, S. (1997), Abnormal Psychology and Modern Life, Harper Collins, New York.
4. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, John Wiley and Sons, New York.
4. Garrett. H.E. (1996), Statistics in Psychology and Education, Vakils, Feffar and Simons, New Delhi.
5. Mahmud.J(2011).Abnormal Psychology.APH Publishing Corporation,New delhi.
6. Sarason, I.G. and Sarason, B.R. (2002), Abnormal Psychology, Prentice Hall of India, NewDelhi.
7. Singh, A., AsadharanManovigyan, Punjabi University, Patiala.
Thomson Wordsworth.

BACHELOR OF ARTS Semester-VI
(Session 2024-25)

Practical

Course Code: BARM-6443
(Practical)

Marks: 20

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

1. write-up of file book (5 Marks),
 2. performance and viva-voce (15 Marks) relating to the practicals.
- In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Five Practical have to be performed out of the following:

1. Projective Technique (Personality)
2. Anxiety.
3. Parenting Scale/Home Environment Scale.
4. Psychometric Technique (Personality)
5. Depression.
6. Rosenweig's Pictures Frustration Test.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

BACHELOR OF ARTS

PSYCHOLOGY (HONOURS)

For

SEMESTER III

(Under Credit Based Continuous Evaluation Grading System)

(12+3 System of Education)

Session: 2024-25



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE HONOURS PROGRAMME**

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER III**

Session: 2024-25

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER III								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARL-3619	Psychology (Honours): History and Schools of Psychology	BARL-3619	4	4-0-0	100	80	-	20

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER III**

SESSION: 2024-25

COURSE CODE: BARL-3619

COURSE TITLE: Psychology (Honours): History and Schools of Psychology

(Theory)

COURSE OUTCOMES

CO1: Know about the historical development and origin of Psychology.

CO2: Gain knowledge about Psychoanalysis and Neo-Psychoanalysis.

CO3: Gain knowledge about Behaviorism and Cognitive Psychology.

CO4: Gain knowledge about Humanistic and Gestalt Psychology.

BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER-III
SESSION: 2024-25
COURSE CODE: BARL-3619
COURSE TITLE: Psychology (Honours): History and Schools of Psychology
(Theory)

LTP: 4-0-0
Time: 3 hours

Max. Marks: 100
Theory: 80
CA: 20

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Origin of Modern Psychology as a Science.

Origin, contents, critical analysis of structural and functional Psychology.

UNIT-II

Origin, contents and critical analysis of Psychoanalysis and Neo-Psychoanalysis (Adler, Jung and Erickson).

UNIT-III

Origin, content and critical analysis of Behaviorism (Watson, Pavlov, Skinner and Tolman) and Cognitive Psychology

UNIT-IV

Origin, contents and critical analysis of Humanistic (Maslow, Roger and Rollo May) and Gestalt psychology (Wertheimer, Kohler & Koffka), Psychology in India.

Books Recommended:

1. Brennan, J. F. (2005) History and Systems of Psychology. Perarsons Education.
2. Boring, E.G. (1969). History of Experimental Psychology, 2nd Education.
3. D. Amato, M.R. (1970). Experimental Psychology, Tata Mc Graw Hill, New Delhi.
4. Marx M.H. & Hillix, W.A. (1978) Systems and Theories of Psychology. Tata McGraw-Hill Publishing Co. Ltd.: New Delhi
5. Schulz, D.P.A (1971). History of Modern Psychology, New York: Academic Press.
6. Strange, J.R. (1965). Abnormal Psychology, Mc Graw Hill Book, New York.
7. Woodworth, R.S. (1976). Contemporary Schools of Psychology, London Methuen.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

BACHELOR OF ARTS

PSYCHOLOGY (HONOURS)

For

SEMESTER IV

(Under Credit Based Continuous Evaluation Grading System)

(12+3 System of Education)

Session: 2024-25



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE PROGRAMME**

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER IV**

Session: 2024-25

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER IV								
Course Code	Course Type	Course Name	Hours/week	Credits	Marks			
				L-T-P	Total	Ext.		CA
						L	P	
BARL-4619	Psychology (Honours): Social Psychology	BARL-4619	4	4-0-0	100	80	-	20

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER-IV**

**SESSION: 2024-25
COURSE CODE: BARL-4619
Course Title: Psychology (Honours): Social Psychology
(Theory)**

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: understand and analyze the major theories, concepts, empirical findings, methods and techniques used in social psychology

CO2: apply psychological theories and empirical research in explaining behavior of individuals and groups.

CO3: create an awareness of the major problems and issues in the discipline of social psychology

CO4: understand the forces that create group differences in the patterns of social behavior and also to create respect for the behaviour of other people

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER-IV**

SESSION: 2024-25

COURSE CODE: BARL-4619

**Course Title: Psychology (Honours): Social Psychology
(Theory)**

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Introduction: Nature, Scope, Social Psychology as a Science, Methods of Social Psychology, Relationship of Social Psychology with Psychology, Sociology and Cultural Anthropology.

Attitude: Concept & Nature of Attitudes; Formation of Attitudes; Theories: Cognitive Dissonance theory and Balance theory, Measurement of Attitude (Thurstone, Likert, Bogardus), Prejudice and Discrimination.

UNIT-II

Interpersonal attraction: Nature and Factors.

Pro-Social Behavior: Nature, determinants, Theoretical Explanations of Pro-Social Behavior (Evolutionary, Social Learning, Empathy-Altruism, Negative-State Relief).

UNIT-III

Social Influence: Conformity, Compliance and Obedience

Aggression: Concept, Determinants, Theories, Prevention and Control of Aggression

UNIT-IV

Group Dynamics: Groups and their kinds (Open and Closed Groups, Primary and Secondary Groups, In-Groups and Out-Groups) Formation of Groups; Group Coordination: Social Facilitation, Social Loafing, and Decision Making Process in Group.

Corruption: Concept, Psychology of Corruption, Impact of Corruption on Society

Readings:

1. Baron, R. A, Byrne, D. & Kantowitz, B.H. (1980). Psychology: Understanding Behaviour. USA: Holt, Rinehart & Winston.
2. Baron, R. A., Byrne, D. R. & Branscombe, N. R. (2007). Social psychology (11th Ed.). New Delhi: Pearson Education.
3. Baumeister, R. F. & Bushman, B. J. (2013). Social Psychology and Human Nature. San Francisco: Wadsworth.
4. Gerrig, R. J. & Zimbardo, P. G. (2005). Psychology and Life. New Delhi: Pearson Education.
5. Myers, D. R. (2010). Social Psychology (11th Ed.). USA: McGraw Hill Education.
6. Myers, D.G. (1999). Social Psychology (6th Ed.). USA: Mc Graw Hill.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

BACHELOR OF ARTS

PSYCHOLOGY (HONOURS)

For

SEMESTER V

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2024-25



The Heritage Institution

KANYA MAHA VIDYALAYA

JALANDHAR

(Autonomous)

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE PROGRAMME

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER V

Session: 2024-25

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER V							
Course Code	Course Title	Course Type	Marks				Examination time(in Hours)
			Total	Ext .		CA	
				L	P		
BARL-5619	Psychology (Honours): Psychological Testing and Measurement	E	100	80	-	20	3

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER-V**

**SESSION: 2024-25
COURSE CODE: BARL-5619**

Course Title: Psychology (Honours): Psychological Testing and Measurement

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: introduce to the students the history, importance and classification of psychological testing.

CO2: gain knowledge about the procedure of test construction and standardization.

CO3: expand insight about importance of validity, reliability in psychological testing

CO4: Gain knowledge about Sampling methods and Norms in psychological testing.

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER-V**

SESSION: 2024-25

COURSE CODE: BARL-5619

**Course Title: Psychology (Honours): Psychological Testing and Measurement
(Theory)**

Time: 3 hours

Max Marks:100

Theory: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit-I

History of Psychological Testing, Scales of Measurement
Meaning of Psychological Tests, Objectivity, Characteristics of a good Psychological Test, Types of Psychological Test, Uses of Psychological Testing, Ethical issues in Psychological Testing.

Unit- II

Construction and standardization of tests (Item Writing, Item difficulty, Item Analysis, Item Discrimination).

Unit- III

Reliability: Nature and Types.
Validity: Nature and Types.
Factors affecting Validity and Reliability

Unit-IV

Norms: Concept and Types
Sampling: Concept and Methods (Probability and Non-Probability)

Books Recommended:

1. Anastasi, A (2007). Psychological Testing 2nd impression, Pearson Education Cronbach, L. J. (1970). Essentials of Psychology Testing 3rd edition, Harper and Row.
2. Freeman, F.S. (1971). Theory and Practice of Psychological Testing 3rd print, Oxford Publishing.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS

Of

BACHELOR OF ARTS

PSYCHOLOGY (HONOURS)

For

SEMESTER VI

(Under Continuous Evaluation System)

(12+3 System of Education)

Session: 2024-25



The Heritage Institution

**KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)**

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE PROGRAMME**

BACHELOR OF ARTS (HONOURS)

(PSYCHOLOGY)

SEMESTER VI

Session: 2024-25

BACHELOR OF ARTS PSYCHOLOGY (HONOURS) SEMESTER VI							
Course Code	Course Title	Course Type	Marks				Examination time (in Hours)
			Total	Ext.		CA	
				L	P		
BARL-6619	Psychology (Honours): Applied Psychology	E	100	80	-	20	3

E- Elective

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER-VI
SESSION: 2024-25**

**COURSE CODE: BARL-6619
COURSE TITLE: Psychology (Honours): Applied Psychology
(Theory)**

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: to understand, analyze, interpret, predict and control human behavior for better life and society.

CO2: to provide an understanding about the discipline of psychology to the students with special emphasis on its application in different fields.

CO3: basic understanding of human behavior and psychological principles in any work setting.

CO4: equip the students in many areas of psychology, namely, educational psychology, counseling, organizational behavior and health psychology.

**BACHELOR OF ARTS
PSYCHOLOGY (HONOURS)
SEMESTER-VI**

SESSION: 2024-25

**COURSE CODE: BARL-6619
COURSE TITLE: Psychology (Honours): Applied Psychology
(Theory)**

Time: 3 hours

Max. Marks: 100

Theory: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit-I

Nature, history and scope of Applied Psychology

Educational Psychology: Nature and scope,

Effective teaching and classroom management: Characteristics of effective teachers, Teaching Methods, Classroom management, disciplining and communication.

Introduction to special education for exceptional children

Unit-II

Counselling: Concept, Goals and Ethical Issues of Counselling, Characteristics of Effective Counsellor, Counselling Process. Counselling in Schools, Counselling for Addictive Behaviour, Career Counselling

Unit-III

Organizational Behaviour: Nature, History and Scope, Understanding and adapting to work environment, Dynamics of Organizational Behaviour, Work Stress and its management, Organizational Change

Unit-IV

Health Psychology:-Nature, Scope and Development of Health Psychology.

The role of health psychologists in society, the role of Psychology to deal with AIDs, Psychosomatic disorder (Ulcers, migraine pain & Asthma) Cardiovascular diseases

Readings:

1. Allen, F. (2011). Health Psychology and Behaviour. New Delhi: Tata McGraw Hill.
2. Gibson, R. L. & Mitchell, M. H. (2012). Introduction to Counselling and Guidance (7th Ed.) New Delhi: Pearson.
3. Gladding, S. T. (2012). Counselling: A Comprehensive Profession. (7th Ed). New Delhi: Pearson Education.

4. Rao, S. N. (1984). Counselling Psychology. New Delhi: Tata McGraw-Hill Publishing Company Limited.
5. Robbins, S. P. & Judge, T. A. (2019). Organisational Behaviour (15th Ed.). New Delhi: Prentice Hall.
6. Weiten, W. & Lloyd, M.A. (2006). Psychology applied to modern life: Adjustment in the 21st century. (8th ed.). USA: Thomson Wadsworth.
7. Wool Fork, A. Mishra, G. & Jha, A. K. (2012). Fundamentals of Educational Psychology. New Delhi: Pearson Education.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS
OF
MASTER OF ARTS (PSYCHOLOGY)
(Semester: I)

(Under Credit Based Evaluation and Grading System)

Session: 2024-25



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

MASTER OF ARTS (PSYCHOLOGY)

Session: 2024-25

PROGRAM SPECIFIC OUTCOMES

Upon successful completion of this course, students will be able to:

PSO1. develop deep rooted knowledge about the subject in which they will learn about the theory and practical

PSO2. develop global perceptive of nature and scope of psychology and to understand the interconnections of psychology with other disciplines.

PSO3. inculcate the ability to apply the skills of psychology in personal as well as professional life.

PSO4. develop an insight into ones' own and others' thoughts and activities and apply effective strategies for self-management and self-improvement.

PSO5. understand and appreciate the global diversity of cultures, values, belief systems and the common principles that guide all humanity and are expressed in biological, social and cognitive aspects of behavior.

PSO6. choose, administer, and interpret scores of tests commonly used in the practice of psychology and will also be able to demonstrate the use of therapeutic techniques.

PSO7. initiate research on psychological problems and issues and offer an advanced understanding of the subject matter

PSO8. prepare the students to work in the social service industry (NGOs) and to grant a firm foundation in the field as either a clinical, industrial or research practitioner.

PSO9. earn a higher degree or an advanced certification to become a professional psychologist.

PSO10. communicate complex psychological knowledge, both orally and in writing, with awareness of the latest field knowledge.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE PROGRAMME

MASTER OF ARTS (PSYCHOLOGY) SEMESTER I

Session: 2024-25

Semester I								
Course Code	Course Type	Course Name	Hours/ week	Credits L-T-P	Marks			
					Total	Ext.		CA
						L	P	
MSYL-1441	C	Experimental Psychology	4	4-0-0	100	80	-	20
MSYL-1442	C	Social Psychology	4	4-0-0	100	80	-	20
MSYL-1443	C	Statistical Techniques in Psychology	4	4-0-0	100	80	-	20
MSYL-1444	C	Perceptual Processes	4	4-0-0	100	80	-	20
MSYL-1445	C	Theories and Systems of Psychology	4	4-0-0	100	80	-	20
MSYL-1446	C	Group Dynamics	2	2-0-0	50	40	-	10
MSYP-1447	C	Practicals	4	0-0-2	50	-	40	10
Student can opt any one of the following Inter-disciplinary compulsory courses	IDE		4	4-0-0	100	80	20	-
				24	Total = 600			
IDEC- 1101				Communication Skills				
IDEM- 1362				Basic Fundamentals of Music (Vocal)				
IDEH- 1313				Human Rights and Constitutional Duties				
IDEI- 1124				Basics of Computer Applications				
IDEW- 1275				Indian Heritage: Contribution to the world				

C- Compulsory Subject E –Elective I- Inter-disciplinary V- Value added S-Skill enhancement
 ID is an optional inter-disciplinary subject. Credits of ID courses will not be added to SGP

Session: 2024-25
MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Experimental Psychology

Course Code: MSYL-1441

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: develop a deep understanding and broad knowledge of the general theoretical and scientific principles of Learning.

CO2: acquire in-depth knowledge in the psychological concepts of memory and forgetting.

CO3: in-depth knowledge regarding the concepts of Thinking and Reasoning.

CO4: understand and analyze the concepts of Problem- Solving and Concept Formation.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Experimental Psychology

Course Code: MSYL-1441

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Learning: Nature and Theories (Hull, Pavlov, Tolman & Skinner)

Introduction to Verbal Learning: Methods, Materials and Organizational Processes

UNIT-II

Memory: Nature, Methods and Materials of Memory. Models of Memory (Attkins & Shiffen's Model, Waugh and Norman's Model of Primary and Secondary Memory).

Forgetting: Concept, Nature, Factors and theories with experimental Evidences: Interference: Proactive and Retroactive interference; Decay Theory.

UNIT-III

Thinking: Nature, Tools and Theories of Thinking (Hypothesis Testing, Gestalt, Piaget and Information Processing)

Reasoning: Inductive and Deductive Reasoning

UNIT-IV

Problem Solving: Nature, Stages and Theories of Problem Solving (Gestalt, Theory of Associations and information processing approach).

Concept formation: Nature, Rules and Strategies, Factors affecting Concept Learning.

Readings:

1. Carlson, N. R. (2007). Foundations of Physiological Psychology. New Delhi: Pearson Education.
2. D. Amato, M. R. (1970). Experimental Psychology: Methodology, Psychophysics & Learning. New York: McGraw Hill Co.
3. Ellis, H. C. (1978). Fundamentals of Human Learning, Memory and Cognition. New York: Brown Publishers.
4. Hergenhahn, B. L. (1997). Theories of Learning. United States of America: Prentice Hall.
5. Leukal, F. L. (1968). Introduction to Physiological Psychology. Japan: Toppan Company Ltd.
6. Levinthal, C. F. (2003). Introduction to physiological Psychology. United States of America: Prentice Hall.
7. Liberman, D. A. (2000). Learning Behavior and Cognition. Stirling: Wadsworth.
8. Mazur, J.E. (1986). Learning and Behaviour. Englewood Cliffs: Prentice Hall.
9. Pinel, J. P. J. (2007). Biopsychology. New Delhi: Pearson Education.
10. Terry, W.S. (2003). Learning and Memory. Boston: A and B.
11. Woodworth, R. S. & Schlosberg, H. (1971). Experimental Psychology (Revised Indian Edition). New York: Holt, Rinehart & Winston INC.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Social Psychology

Course Code: MSYL-1442

(Theory)

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: understand and analyze the major theories, concepts, empirical findings, methods and techniques used in social psychology

CO2: apply psychological theories and empirical research in explaining Pro-social and Aggressive behavior.

CO3: create an understanding of the concept and theoretical framework of Attitude.

CO4: understand the forces that create group differences in the patterns of social behavior and also to create respect for the behavior of other people.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Social Psychology

Course Code: MSYL-1442

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Social Psychology: Concept, Nature and Scope.

Group Processes: Conformity, compliance and obedience.

Interpersonal Attraction: Nature and Factors

UNIT-II

Pro-Social Behavior: Concept, nature, determinants, Theoretical Explanations of Pro-Social Behavior (Evolutionary, Social Learning, Empathy-Altruism, Negative-State Relief).

Aggression: Determinants, Theories (Instinct Theory, Drive Theory, Anderson's Modern Theory), Prevention and Control of aggression.

UNIT-III

Attitude: Concept, Nature and formation, Measurement of Attitudes (Scales-Thurston, Likert, Semantic and Differential), Theories (Cognitive Dissonance, Balance, Contiguity).

Stereotypes, Prejudice and Discrimination.

UNIT-IV

Self-Perception, Person Perception and Social Perception: Concept and Nature, Non-verbal communication

Social Cognition: Schemas and Prototypes; Heuristics.

Attribution: Concept, Causes, Theories: Jones and Devis; Kelley; Attribution biases and errors, Models of Information Integration.

Readings:

1. Baron, R. A., Branscombe, N. R., Byrne, D. & Bhardwaj, G. (2012). Social Psychology. New Delhi: Pearson Education.
2. Friedenberg, J. & Silverman, G. (2012). Cognition Science. Los Angeles, CA: Sage Publications, Inc.
3. Lindzey, G. & Aronsen, E. (1975). The Handbook of Social Psychology. New Delhi: American Publishing Co.
4. Raven, B. H. & Rubin, H. L. (1983). Social Psychology. New York: John Willy Sons.
5. Shaver, K. G. (1987). Principles of Social Psychology. London: Lawrence Erlabanum Associates, Publisher.
6. Shaw, K. E. & Constanzo, P. R. (1976). Theories of Social Psychology. New York: Mc Hill & Co.
7. Sinha, D. (1981). Socialization of the Indian. New Delhi: Concept Publishing Co.
8. Taylor, G.E., Peplau, L.A., & Sears, D. O. (2006). Social Psychology. Delhi: Pearson.
9. Worchel, S., Cooper, J. & Goethals, R. (2000). Social Psychology. United States of America: Thomson.

Session: 2024-25
MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Statistical Techniques in Psychology
Course Code: MSYL-1443

(Theory)

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: define and identify basic concepts in Statistics and apply the test of Significance.

CO2: develop the ability to apply the concepts and procedures of Correlational Analysis.

CO3: develop the ability to apply the concepts and procedures of Regression Analysis.

CO4: To understand the logic and application of Factor Analysis.

Session: 2024-25
MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Statistical Techniques in Psychology
Course Code: MSYL-1443

(Theory)

LTP: 4:0:0

Max. Marks: 100
Theory Marks: 80
CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

(Non-scientific calculators can be used for calculation by the students)

UNIT-I

Statistics: Introduction to Parametric Vs Non-Parametric, Scales of Measurement

Tests of Significance: t-test, z-test, chi-square test, Wilcoxon's T-test

UNIT-II

Simple Correlation: Nature and Types, Pearson's Product Moment Method, Spearman's Rank Order Correlation

Special Correlation: Biserial, Point-biserial, Tetrachoric and Phi-coefficient Methods

UNIT-III

Correlation: Partial and Multiple Correlation (Three Variables)

Regression: Simple and Multiple Regression (Three Variables)

UNIT- IV

Factor Analysis: Nature and Basic Assumptions, Principal Axis, Principal Component and Centroid Methods, Problems of Factor Analysis, Rotation

(For Continuous Assessment only: - CP-I and CP-II will be based on SPSS)

Readings:

1. Fruchter, B. (1967). Introduction to Factor Analysis. New Delhi:East West Press.
2. Garrett. H. E. (1973). Statistics in Psychology and Education. New York:Denis Mckey Co.
3. Guilford, J. P. & Fruchter, B. (1978). Fundamental Statistics in Psychology and Education. New York: McGraw Hill.
4. Guilford, J. P. (1954). Psychometric Methods. New York: McGraw Hill Series.
5. Siegal, S. (1971). Non Parametric Statistics. New York: McGraw Hill.
6. Winer, B. J. (1971) Statistical Principles in Experimental Designs. New York:McGraw Hill Ltd.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Perceptual Processes

Course Code: MSYL-1444

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: learn the history and methods used in the study of Psychophysics.

CO2: Develop an understanding of the physiology of Visual Perception.

CO3: analyze how sensory information is perceived and processed and how perceptual information helps in making sense of the world around us.

CO4: develop an in-depth knowledge of Spatial Perception, Constancy phenomena and Illusions.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Perceptual Processes

Course Code: MSYL-1444

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Psychophysics: Concept and Nature

Psychophysical Methods: Method of Limits, Method of Constant Stimuli and Method of Average Error, Signal Detection Theory and its Applications

UNIT-II

Eye: Structure and Functions of Eye with Special Reference to Structure of Retina

Fundamental Perceptual Phenomena: Introduction to Scotopic and Photopic Vision, Dark and Light Adaptation

UNIT-III

Perception I: Perception of Form, Shape and Movement

UNIT-IV

Perception II: Perception of Space, Spatial cues, Constancy Phenomena and Illusions.

Readings:

1. D. Amato, M. R. (1970). Experimental Psychology: Methodology, Psychophysics & Learning. New York: McGraw Hill Co.
2. Levin, H.W. (2000). Fundamentals of Sensation and Perception. New York: Oxford University.
3. Rajamanickam, M. (2002). Modern Psychophysical and Scaling Methods and Experimentation. New Delhi: Concept Publishing Company.
4. Schiffman, H. R. (1982). Sensation and Perception. United States of America: Wiley & Sons.
5. Sekuler, R & Blake, R. (1994). Perception. New York: McGraw Hill Co.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Theories and Systems of Psychology

Course Code: MSYL-1445

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: know about the historical development of Psychology as a Science.

CO2: gain knowledge about the schools of Structuralism, Functionalism, and Psychoanalysis.

CO3: expand insight about schools of Behaviorism and Humanistic.

CO4: Gain knowledge about the schools of Gestalt and Cognitive.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Theories and Systems of Psychology

Course Code: MSYL-1445

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 8 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively.

Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Emergence of Psychology as a Science. Structuralism

UNIT-II

Functionalism

Psychoanalysis

UNIT-III

Behaviourism

Humanistic

UNIT-IV

Gestalt

Cognitive

Readings:

1. Benjamin, B. W. (1979). Contemporary Theories and Systems in Psychology. Delhi: Freeman Book Co.
2. Chaplin, J. P. & Krawiec, T. S. (1979). Systems and Theories of Psychology. New York: Rhinehart Winston.
3. Hergenhahn, B. R. (2001). An Introduction to the History of Psychology (4th Eds). Unites States of America: Wadsworth Thompson Learning.
4. Marx, M. H. & Hillix, C. (1988). Systems and Theories in Psychology. New York: Mcgraw Hill.
5. Mohanty, A. K., & Misra, G. (2002). Perspectives on Indigenous Psychology (Eds.). New Delhi: Concept Publishing Company.
6. Shultz, D.P. (2003). History of Psychology (4th Eds.). New York: Pearson Education.
7. Singh, A.K. (1991). The Comprehensive History of Psychology. Delhi: Motilal Banarsidass Publishers Pvt. Ltd.
8. Sinha, J. (1986). Indian Psychology (Vol. 1). Delhi: Motilal Banarsidass Publishers Pvt. Ltd.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Group Dynamics

Course Code: MSYL-1446

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: explain the major theories of group development and describe the interpersonal and intrapersonal reactions within the context of the group.

CO2: describe methods for identifying group problems and develop appropriate strategies for their resolution

CO3: analyze different types of leadership styles

CO4: develop an understanding of the concept of Power, Politics and Workplace Harrasment.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Group Dynamics

Course Code: MSYL-1446

(Theory)

LTP: 4:0:0

Max. Marks: 50

Theory Marks: 40

CA: 10

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 8 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Groups: Concept, Formation and Development, Theoretical Approaches to the Study of Groups (Lewin; Behavioral and Cognitive Approach)

UNIT-II

Major Group Processes: Social Facilitation, Social Loafing, individuation, Coordination and fairness in Groups, Decision Making Processes in Groups

UNIT-III

Leadership: Concept, Types and Theories of Leadership (Fiedler, Vroom and Yetton, Trait and Behavioral Approach)

UNIT-IV

Power: Concept, Sources of Power, Power Tactics, Power and Politics, Harassment at Work Places.

Readings:

1. Baron, R. A. & Byrne, D. (2006). Social Psychology: Understanding Human Interaction. New Delhi: Prentice Hall of India.
2. Baron, R. A., Branscombe, N. R., Byrne, D. & Bhardwaj, G. (2012). Social Psychology. New Delhi: Pearson Education.
3. Raven, B. H. & Rubin, H. L. (1983). Social Psychology. New York: John Wiley Sons.
4. Shaw, K. E. & Constanzo, P. R. (1976). Theories of Social Psychology. New York: Mc Hill & Co.
5. Shaw, M. E. (1976). Group Dynamics: The Psychology of Small Group Behaviour. New Delhi: McGraw-Hill Book Company.
6. Worchel, S. & Cooper, J. (1988). Understanding Social Psychology. Chicago: The Dorsey Press.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Practicals

Course Code: MSYP-1447

(Practical)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring perception, learning, memory and social issues.

CO3: write an elaborative report about the conduction and results of the experiment.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-I

Course Title: Practicals
Course Code: MSYP-1447

(Practical)

LTP: 0:0:2

Max. Marks: 50

Theory Marks: 40

CA: 10

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of six as mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 40 marks. Evaluation of the practical would be done on the basis of

1. Write-up of file book (15 Marks).
2. Performance and viva-voce (25 Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Practicals

1. Perception
2. Learning
3. Interpersonal Attraction
4. Memory
5. Intelligence
6. Attribution/ Prosocial behaviour

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS
OF
MASTER OF ARTS (PSYCHOLOGY)
(Semester: II)

(Under Credit Based Evaluation and Grading System)

Session: 2024-25



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

MASTER OF ARTS (PSYCHOLOGY)

Session: 2024-25

PROGRAM SPECIFIC OUTCOMES

Upon successful completion of this course, students will be able to:

PSO1. develop deep rooted knowledge about the subject in which they will learn about the theory and practical

PSO2. develop global perceptive of nature and scope of psychology and to understand the interconnections of psychology with other disciplines.

PSO3. inculcate the ability to apply the skills of psychology in personal as well as professional life.

PSO4. develop an insight into ones' own and others' thoughts and activities and apply effective strategies for self-management and self-improvement.

PSO5. understand and appreciate the global diversity of cultures, values, belief systems and the common principles that guide all humanity and are expressed in biological, social and cognitive aspects of behavior.

PSO6. choose, administer, and interpret scores of tests commonly used in the practice of psychology and will also be able to demonstrate the use of therapeutic techniques.

PSO7. initiate research on psychological problems and issues and offer an advanced understanding of the subject matter

PSO8. prepare the students to work in the social service industry (NGOs) and to grant a firm foundation in the field as either a clinical, industrial or research practitioner.

PSO9. earn a higher degree or an advanced certification to become a professional psychologist.

PSO10. communicate complex psychological knowledge, both orally and in writing, with awareness of the latest field knowledge.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE PROGRAMME**

MASTER OF ARTS (PSYCHOLOGY) SEMESTER II

Session: 2024-25

Semester II									
Course Code	Course Type	Course Name	Hours /week	Credits L-T-P	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
MSYL-2441	C	Approaches to Personality	4	4-0-0	100	80	-	20	3
MSYL-2442	C	Motivation	4	4-0-0	100	80	-	20	3
MSYL-2443	C	Experimental Designs in Psychology	4	4-0-0	100	80	-	20	3
MSYL-2444	C	Physiological Psychology	4	4-0-0	100	80	-	20	3
MSYL-2445	C	Abnormal Psychology	4	4-0-0	100	80	-	20	3
MSYP-2446	C	Practicals	4	0-0-2	50		40	10	3
				22	Total = 550				

Note: All Papers are Compulsory.

C- Compulsory Subject E –Elective IC- Inter-disciplinary V- Value added S-Skill enhancement

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Code: Approaches to Personality

Course Code: MSYL-2441

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: develop understanding of the basic approaches towards personality developed by the majorschools

CO2: demonstrate an understanding of the major theories in personality developed according to Cognitive and Social Learning Approach.

CO3: demonstrate an understanding of the Trait Approaches to personality.

CO4: discussing the contemporary theories of personality, assessment technique and treatment principles.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Code: Approaches to Personality

Course Code: MSYL-2441

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Psychodynamic Approach: Psychoanalytic Theory (Sigmund Freud)

Neo-Freudian Psychoanalysis: Carl Jung, Alfred Adler and Karen Horney

Life Span Approach: Erik Erikson

UNIT-II

Cognitive Approach: George Kelly

Social Learning Approaches: Miller and Dollard, Bandura

UNIT-III

Trait Approaches: Hans Eysenck, Raymond Cattell, Gordon Allport and Big Five.

UNIT-IV

Mini Contemporary Theories: Julian Rotter, Marvin Zuckerman and E.P. Seligman.

Readings:

1. Burger, J.M. (2000). Personality (5th Ed.). Belmont: Wadsworth and Thompson Ltd.
2. Hall, L.A. & Lindsey, G. (1978). Theories of Personality. New Delhi: Wiley Eastern Ltd.
3. Hillel, D. A. & D. J. (1985). Personality Theories: Basic Assumptions, Research and Applications. New Delhi: McGraw Hill International Book Company.
4. Mischel, W. (1986). Introduction to Personality. London: Holt, Rinehart and Winston Inc.
5. Pervin, L. A. & John, O. P. (1997). Personality Theory and Research. New York: John Wiley & Sons.
6. Phares, J. E. (1984). Introductions to Personality. Ohio: Charles E. Merrill Publishing Company.
7. Shultz, D. P. & Shultz, S. E. (2001). Theories of Personality. Belmont: Wadsworth Thompson Learning.
8. Sigelman, C. K. & Rider, E. A. (2003). Life Span: Human Development. USA: Thomson Wadsworth.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Motivation

Course Code: MSYL-2442

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: understand and analyze the major theories, concepts, empirical findings, methods and techniques used in motivation

CO2: appreciate different views of how people are motivated and apply different theories to an individual's motivation.

CO3: developing an understanding of the processes of Hunger and Thirst.

CO4: developing an understanding of the biological and behavioral processes of Sleep and its disorders.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Motivation

Course Code: MSYL-2442

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Motivation: Concept, History, Characteristics, Classification and Measurement

Need Reduction Theories: Psychoanalytic (Freud) and Drive (Hull, Spence and Miller and Mowrer)

UNIT-II

Expectancy Value: Field Theory (Lewin), Achievement Motivation Theory (McClelland and Atkinson), Social Learning Theory (Rotter)

Mastery and Growth: Humanistic (Maslow, Herzberg), Vroom, Porter and Lawler

UNIT-III

Hunger and Thirst: Concept, Types, Behavioral and Neurophysiological Basis. Disorders of Hunger.

UNIT-IV

Sleep: Physiological & Behavioral Description of Sleep & Waking

Biological Clocks and Disorders of Sleep

Readings:

1. Atkinson, J. W. & D. Birch, (1978). An Introduction to Motivation. New York: Van Nostrand Company.
2. Atkinson, R. C. (1999). Stevens Handbook of Experimental Psychology. Canada: John Wiley & Sons.
3. Bolles, R. C. (1975). Theory of Motivation. New York: Harper & Row.
4. Cofer, C. N. & Appley, M.H. (1964). Motivation: Theory and Research. New York: John Wiley & Sons, Inc.
5. Geen, R., Beathy, W & Arkin, R. M. (1984). Human Motivation: Physiological Behavioural and Social Approaches. Boston: Allyn & Bacon, Inc .
6. Weiner, B. (1992). Human Motivation, Metaphors, Theories and Research. New Delhi: Sage Publications.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Experimental Designs in Psychology

Course Code: MSYL-2443

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: understand different types of research methodologies and will be able to use them in research projects.

CO2: understand various experimental designs, including selection and layout of plots, data analysis and data interpretation.

CO3: understand the basic principles of ANOVA, its application and procedure.

CO4: understand the basic principles, application and procedure of Multiple Comparison Tests and ANOVA.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Experimental Designs in Psychology

Course Code: MSYL-2443

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

(Non-scientific calculators can be used for calculation by the students)

UNIT-I

Types of Research: Naturalistic Observation, Field Studies, Survey Research, Ex-post Facto Research and Laboratory Experiments, Quasi-Experimental Designs and Single Subject Designs

ANOVA: Nature and Assumptions

UNIT-II

Designs: Randomized Group and Randomized Block Designs, Latin Square and Greco Latin Square Designs

UNIT-III

Factorial Designs: Two way and Three way ANOVA

UNIT-IV

Multiple Comparison Tests: Duncan and Newmankeuls Tests

ANCOVA: ANCOVA of Randomized Group Design

Readings:

1. Broota, K. D. (1990). Experimental Designs in Behaviour Research. New Delhi: Willey Eastern Ltd.
2. Coolican, H. (1995). Introduction to Research Methods and Statistics in Psychology. London: Hodder & Stoughton.
3. Edwards, A. L. (1972). Experimental Designs in Psychological Research. New York: Holt Rinehard and Winston Ltd.
4. Kerlinger, F. N. (1964). Foundations of Behavioural Research. New York: Holt, Rinehart & Winston Ltd.
5. McGuigan, F. J. (1990). Experimental Psychology: Methods of Research. New Delhi: Prentice Hall Private Ltd.
6. Richardson, P., Goodwin, A & Vine, E. (2011). Research Methods and Designs in Psychology. London: Learning Matters Ltd.
7. Singh, A. K. (1986). Tests, Measurements and Research Methods in Behavior Sciences. New Delhi: Tata McGraw Hill Co.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Physiological Psychology

Course Code: MSYL-2444

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: acquire basic knowledge about the structure of nervous system.

CO2: develop an understanding of the structure and function of Central Nervous System.

CO3: describe and understand the interaction of different parts of the nervous system with higher cognitive functions.

CO4: develop an understanding of the Physiological basis of Learning and Memory.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Physiological Psychology

Course Code: MSYL-2444

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

UNIT-I

Classification of Nervous System, Structure and functions of Neurons and synapse. Theories of Synaptic transmission (Electrical and Chemical)

UNIT-II

Structure and functions of central Nervous System- Limbic System, Hypothalamus, Cerebral Cortex and its lobes Structure and functions of Autonomic Nervous System

UNIT-III

Research Techniques in Physiological Psychology— Histological Procedures, Study of Living Brain, Stereotaxic Surgery, Electrical Stimulation and Brain Activity Recording Techniques and Chemical Techniques

UNIT-IV

Physiological Basis of Learning: Contributions of Lashley and Hebb, Split-Brain Approach, Physiological Basis of Memory: Biochemical basis of Memory, Two-phase Hypothesis of Memory.

Readings:

1. Carlson, N. R. (2007). Foundations of Physiological Psychology. New Delhi: Pearson Educ
2. Leukal, F. L. (1968). Introduction to physiological psychology, Japan: Toppan Company Lt
3. Levinthal, C. F. (2003). Introduction to physiological Psychology. United States of America Prentice Hall
4. Pinel, J. P. J. (2007). Biopsychology. New Delhi: Pearson Education.
5. Thompson, R. (1967). Foundations of Physiological Psychology. New York: Harper & Row Publishers.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Abnormal Psychology

Course Code: MSYL-2445

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: explain the concept and history of abnormal psychology and the multiple causes of abnormal behavior as viewed from a number of different theoretical perspectives.

CO2: acquaint students with Anxiety disorder, Phobia, OCD, Mood, Somatoform and Dissociative disorders

CO3: understand different types of Personality disorders and Addictions.

CO4: Develop an understanding of Schizophrenia, Sexual Abuse and Disorders of Childhood.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Abnormal Psychology

Course Code: MSYL-2445

(Theory)

LTP: 4:0:0

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instruction for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 8 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Abnormal Psychology: Concept and History, Myths and Misconceptions, Criteria of Abnormality

Classification of Mental Disorders: DSM 5 and ICD 11

Causes of Mental Disorders: Biological, Psycho-social and Socio-cultural

Models or view points for abnormal behavior: Biological, Psychodynamic, Behavioural, Interpersonal, Cognitive and Socio-cultural viewpoints

UNIT-II

Generalized Anxiety Disorders: Clinical picture, Causes and Treatment

Phobias: Clinical picture, Causes and Treatment

Obsessive-compulsive Disorders: Clinical picture, Causes and Treatment
(Selfitis' and Cyberchondria)

Mood, Somatoform and Dissociative disorders: Clinical picture, Causes and Treatment

UNIT-III

Personality Disorders: Clinical picture, Causes and Treatment

Categories – Paranoid, Schizoid, Schizotypal, Histrionic, Narcissistic, Antisocial, Borderline, Avoidant, Dependent, Obsessive compulsive & Provisional Category

Addiction-Substance and Alcohol, and behavioural addictions: Clinical picture, Causes and Treatment

UNIT-IV

Schizophrenia: Types, Clinical picture, Causes and Treatment

Disorders of Childhood: ADHD, Autism, Conduct disorders, Oppositional Defiant Disorder, Enuresis, Encopresis, Sleepwalking and Tics - Clinical picture, Causes and Treatment

Sexual Abuse: Childhood sexual abuse, Pedophilic disorder, Incest, Rape. Treatment

Readings:

1. Alloy, L. B., Riskind, J. H. & Manso, M. J. (2006). Abnormal Psychology. New Delhi: Tata McGraw Hill Publishing Company.
2. Carson, R. C., Butcher, J. N. & Mineka, S. (2003). Abnormal Psychology and Modern Life, New York: Harper Collins.
3. Davison, G. C. & Neale, J. M. (1998). Abnormal Psychology. New York: John Wiley and Sons.
4. Sarason, I. G. & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Practicals
Course Code: MSYP-2446

(Practical)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring thinking, problem solving and personality.

CO3: write an elaborative report about the conduction and results of the experiment.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Course Title: Practicals
Course Code: MSYP-2446

(Practical)

CA: 10

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of five as mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 35 marks. Evaluation of the practical would be done on the basis of-

1. write-up of file book (15 Marks),
2. performance and viva-voce (25Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Practicals

1. Problem Solving
2. Thinking
3. Personality
4. Motivation
5. P.G.I. Battery of Brain Dysfunction
6. Thematic Apperception Test

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS
OF
MASTER OF ARTS (PSYCHOLOGY)
(Semester: III)

(Under Credit Based Continuous Evaluation Grading System)

Session: 2024-25



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

MASTER OF ARTS (PSYCHOLOGY)

Session: 2024-25

PROGRAM SPECIFIC OUTCOMES

Upon successful completion of this course, students will be able to:

PSO1. develop deep rooted knowledge about the subject in which they will learn about the theory and practical

PSO2. develop global perceptive of nature and scope of psychology and to understand the interconnections of psychology with other disciplines.

PSO3. inculcate the ability to apply the skills of psychology in personal as well as professional life.

PSO4. develop an insight into ones' own and others' thoughts and activities and apply effective strategies for self-management and self-improvement.

PSO5. understand and appreciate the global diversity of cultures, values, belief systems and the common principles that guide all humanity and are expressed in biological, social and cognitive aspects of behavior.

PSO6. choose, administer, and interpret scores of tests commonly used in the practice of psychology and will also be able to demonstrate the use of therapeutic techniques.

PSO7. initiate research on psychological problems and issues and offer an advanced understanding of the subject matter

PSO8. prepare the students to work in the social service industry (NGOs) and to grant a firm foundation in the field as either a clinical, industrial or research practitioner.

PSO9. earn a higher degree or an advanced certification to become a professional psychologist.

PSO10. communicate complex psychological knowledge, both orally and in writing, with awareness of the latest field knowledge.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE PROGRAMME**

MASTER OF ARTS (PSYCHOLOGY) SEMESTER III

Session: 2024-25

Semester III									
Course Code	Course Type	Course Name	Hours /week	Credits L-T-P	Marks				Examination time (in Hours)
					Total	Ext.		CA	
						L	P		
MSYL-3441	C	Psychometrics	4	4-0-0	100	80	-	20	3
MSYL-3442	C	Psychological Assessment	4	4-0-0	100	80	-	20	3
MSYL-3443 (OPT-III)	E	Counselling Psychology	4	4-0-0	100	80	-	20	3
MSYL-3444 (OPT-IV)	E	Clinical Psychology	4	4-0-0	100	80	-	20	3
MSYL-3445 (OPT-VII)	E	Psychology of Exceptional Children	4	4-0-0	100	80	-	20	3
MSYP-3446	C	Practicals	4	2-0-0	50	-	40	10	3
MSYF-3447	F	Field Work	4	0-0-2	50	-	-	-	3
	IC	Students can opt any ID paper. The ID course opted in Semester I cannot be opted in Semester III	4	4-0-0	100	80		20	3
				24	Total = 600				
IDEC- 3101				Communication Skills					
IDEM- 3362				Basic Fundamentals of Music (Vocal)					
IDEH- 3313				Human Rights and Constitutional Duties					
IDEI- 3124				Basics of Computer Applications					
IDEW-3275				Indian Heritage: Contribution to the world					

Any three of the following options:

S.No.	Paper Title
OPT – I	Organizational Psychology
OPT – II	Child Psychology
OPT – III	Counseling Psychology
OPT – IV	Clinical Psychology
OPT – V	Applied Social Psychology
OPT – VI	Cognitive Psychology
OPT – VII	Psychology of Exceptional Children
OPT – VIII	Emotions

Note: Papers MSYL 3441, MSYL 3442 & MSYP 3447 are Compulsory.

ID is an optional inter-disciplinary subject. In addition to the Compulsory Papers, the students will be required to select three optional papers each of 100 marks.

C Means Compulsory and **E** Means Elective

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Psychometrics

Course Code: MSYL-3441

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: understand the theory and technique of psychological measurement.

CO2: focus on construction and validation of assessment instruments.

CO3: understand the concept of Reliability and Validity.

CO4: Understand the concept of Response Set and Norms.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Psychometrics

Course Code: MSYL-3441

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setter:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Tests: Nature and types of Psychological tests. Classical Theory of Test Scores; Item Response Theory.

UNIT-II

Test standardization and steps of test construction - Item writing, Item Analysis - Item difficulty and Item Discrimination.

UNIT-III

Reliability: - Nature and types. Factors influencing reliability of test. Reliability of speed tests.

Validity: - Nature and types. Factors influencing validity of test. Relationship between validity and reliability.

UNIT-IV

Response set in test scores: Meaning, Types and Methods to eliminate response sets.

Norms: - Meaning, Development and types of Norms.

Readings:

1. Anastasi, A. (2002). Psychological Testing. New York: MacMillan Publishing Company.
2. Chadha, N.K.(2009). Applied Psychometry. Sage Publication, India Pvt. Ltd., New Delhi.
3. Cronbach,L.J. (1970). Essentials of Psychological Testing. Harper & Row International Company, London.

4. Freeman, F.S.(1971). Theory and Practice of Psychological Testing. Oxford & IBHPublishing Co., Delhi.
5. Guilford, J.P (1971). Psychometric Methods. Tata McGraw Hill Publishing Co., New Delhi.
6. Jackson, C. (2003). Understanding Psychological Testing. Mumbai: Jaicob Pub. House.
7. Kline, T.J.B.(2005). Psychological Testing. New Delhi: Vistaar Publication.
8. Nunnally, J.C.(1978). Psychometric Theory. Tata McGraw.
9. Singh, A.K.(2008). Tests, Measurements and Research Methods in Behavioural Sciences, New Delhi.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Psychological Assessment

Course Code: MSYL-3442

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: have familiarity with various psychometric and projective tests for personality.

CO2: introduction, administration and understanding of various tests of Intelligence

CO3: have familiarity with various tests of Interest and Aptitude Testing

CO4: introduction, administration and understanding of tests of Creativity.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Psychological Assessment

Course Code: MSYL-3442

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 8 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Assessment of Personality: Psychometric Tests (MMPI, CPI, EPI Cattell's 16PF, NEO FiveFactor Inventory) Projective Tests: Rorschach, Holtzman and Cassell's Inkblot Technique, TAT.

UNIT-II

Assessment of Intelligence: Stanford-Binet Scales, Wechsler Scales, Cattell's Culture Fair Intelligence Test, Raven's Tests, Bhatia Battery of Intelligence, Jalota's Mental Ability Test.

UNIT-III

Interest: Strong Interest Inventories, Kuder Occupational Interest Survey

Aptitude Testing: Differential Aptitude Test Battery, General Aptitude Tests Battery

UNIT-IV

Creativity: Torrance Test of Creative Thinking, Projective Tests of Creative Thinking

Verbal Techniques: Word Association Test, Sentence Completion Test,

Figure Drawing Tests

Readings:

1. Anastasi, A. (2002). Psychological Testing. Pearson Education Ltd., New Delhi.
2. Chadha, N. (2009). Applied Psychometry. Sage Publication, India Pvt. Ltd., New Delhi.
3. Cronbach, L.J. (1970). Essentials of Psychological Testing. Harper & Row International Company, London.
4. Freeman, F.S. (1971). Theory and Practice of Psychological testing. Oxford and IBH Publishing Co., New Delhi.
5. Guilford J.P. (1971). Psychometric Methods. Tata McGraw Hill Publishing Co., New Delhi.
6. Nunnally, J.C. (1978). Psychometric Theory. Tata McGraw Hill Publishing Co., New Delhi.
7. Singh, A.K. (2008). Tests, Measurements and Research Methods in Behavioural Sciences, New Delhi.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Organizational Psychology

Course Code: (OPT-I)

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: understanding various organizational designs and the communication techniques essential in the organizational settings.

CO2: practical implications of different models and theories of leadership and decision making in the organization.

CO3: in-depth understanding of numerous concepts like organizational climate, organizational change and the ways in which these changes can be directed in the effectiveness of the organization.

CO4: learning practical implications of the organizational techniques which are important for organizational cohesiveness

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Organizational Psychology

Course Code: (OPT-I)

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Nature and Development of Industrial and Organizational Psychology

Theories: Classical, Neo-Classical and Modern

Communication: Process and Types; Barriers to effective communication, Overcoming communication Barriers.

UNIT-II

Leadership: Trait and competence Theory, Behavioural theories, Fielder's contingency model, Hersey Blanchard's situational model, Path Goal theory, Vroom Yetton's normative model, Transactional versus Transformational Leadership. Emotional Intelligence and Leadership.

UNIT-III

Organizational Climate: Nature, Significance, Antecedents and Consequences.

Decision Making: Nature and Process; Models of decision making. Group decision making techniques.

UNIT-IV

OD Techniques: Characteristics and Techniques (Sensitivity Training, Grid Training, Team Building, Survey feedback and Transactional Analysis) Structural Techniques (Job Redesign, MBO & Supplemental organizational Processes)

Readings:

1. Davis, K. (1981). Human Behaviour at Work. New Delhi: Tata McGraw Hill.
2. Dunnette, M. D. (1976). Handbook of Industrial and Organisational Psychology(Eds.). Chicago: Rand McNally.
3. Gibson, J. L., Ivancevich, J. M. and Bohnnally, J.H. (1976).Organisations: Structure, Processes, Behaviour. Dollars Business Publications.
4. Hersey, R. E. and Blanchard, T. (1977). The Management of Organisational Behaviour. New Delhi: Prentice Hall.
5. Hodgetts, R. M. (1990). Modern Human Relations at work. New York: The Dryden Press.
6. Luthans, F. (1986). Organisational Behaviour. New York: McGraw Hill. McShane, S. L. and Von Glinio, M. A. (2000). Organisational Behaviour. New York: Irwin McGraw Hill.
7. Robbins, S.P. (1992). Organisational Behaviour. New Delhi: Prentice Hall.
8. Siegel, L. and Lane, I. M. (1987). Personnel & Organisational Psychology. Illionis: Irwin.
9. Sinha, J. P. B. (2008). Culture and Organizational Behavior. New Delhi: Sage Publications.
10. Spector, P. E. (2003). Industrial and Organizational Psychology. New York: John Wiley & Sons.
11. Vecchio, R. P. (1995). Organizational Behaviour (3rd Ed.). Fortworth: The Dryden Press.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Child Psychology

Course Code: OPT-II

(Theory)

COURSE OUTCOMES

Upon completion of this course, the student should be able to:

CO1: learn about how hereditary and developmental stages are essential and fundamental in the psychological wellbeing of the children.

CO2: apply psychological theories in the development of behavior of the child.

CO3: understand how different cognitive and socio-emotional forces can make an impact in regulating the behavior.

CO4: create an awareness of the eminent problems and issues in the discipline of child psychology

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Child Psychology

Course Code: OPT-II

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Nature and Principles of Development; Process of Heredity.

Pre-natal Development: Stages and Hazards. Physical Development in Children.

UNIT-II

Theoretical Perspectives: Freud, Erickson, Bandura, Bronfenbrenner, Piaget & Vygotsky.

UNIT-III

Development of Cognitive Processes: Attention, Perception, Memory and language

UNIT-IV

Socio-emotional Development: Attachment, Gender-Role

Socialization, Moral Development.

Readings:

1. Bee, H. (1985). The Developing Child. Fourth Edition, Harper & Row Publishers, USA.
2. Berk, L.E. (1993). Infants, Children and Adolescents. Allyn & Bacon, USA.
3. Berk, L.E. (2004). Development through the Lifespan, Pearson Education, New Delhi.
4. Berndt, T.J. (1997). Child Development. Second Edition, Brown and Benchmark Publishers, USA.
5. Brophy, J.E. (1997). Child Development and Socialization. Science Research Associates, Chicago.
6. Carson, R.C., Butcher, J.N. and Mineka, S. (2003). Abnormal Psychology and Modern Life. New Delhi: Pearson Education

7. Garfinkel, B.O., Carson, G.A. and Weller, E.B. (1990). Psychiatric Disorders in Children and Adolescents. London W.B.: Saunders Company
8. Hurlock, E. B.(1972). Child Development, Fifth Edition, McGraw Hill, Tokyo.
9. Santrock, J. W. & Yusem, S. R.(1990). Child Development-An Introduction, Third Edition, Dubuque, Iowa.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Counselling Psychology

Course Code: MSYL-3443 (OPT-III)

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: help students understand the concept, process, skills and ethical considerations essential to practice counselling

CO2: make students familiar with main theoretical approaches to Counseling

CO3: make students familiar with Cognitive, Rational Emotive approaches to Counseling

CO4: have an understanding of the Eastern Approaches to Counseling

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Counselling Psychology

Course Code: MSYL-3443 (OPT-III)

(Theory)

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Introduction: Concept and Goals, Counselling Process, Ethical Issues in Counselling

UNIT-II

Theoretical Approaches: Psychoanalytic Approach, Behaviouristic Approach, Client Centered Approach and Gestalt Approach.

UNIT-III

Theoretical Approaches: Cognitive Approach, Cognitive Behavior Approach, Rational Emotive Approach, and Transactional Analysis.

UNIT-IV

Eastern Approaches: Yoga, Meditation, Mindfulness, Counseling in Indian Settings

Readings:

1. Adler, R.B., Rosenfeld, L., & Proctor, R.F. (2007). Interplay: The Process of Interpersonal Communication. New York: Oxford.
2. Brown, J.A. & Pate, R.H. (1983). Being a Counsellor: Directions and Challenges. Brooks/Cole Publishing Company, USA.
3. Barbara Douglas, Ray Woolfe, Sheelagh Strawbridge, & Victoria Galbraith (2016). The Handbook of Counselling Psychology, 4th Edition, Sage Publication.
4. Corey, G.(2009). Theory and Practice of Counselling and Psychotherapy, 8th Edition, Wadsworth, USA.

5. Douglass, R.G., & David, C. (2007). Counselling and Psychotherapy. New Delhi: Pearson Education.
6. Herr, E.L. & Crammer, S.H. (1998). Career Guidance & Counselling and Psychotherapy, 8th Edition, Wadsworth, USA.
7. Kotler, J.A. & Brown, R.W. (2000). Introduction to Therapeutic Counselling Process. 4th Edition Brooks/Cole Publishing Company, USA.
8. Nystul, M.S. (2001). Introduction to Counselling. New Mexico State University: Allyn and Bacon.
9. Orlans, V., & Scoyoc, S.V. (2009). Short Introduction to Counselling Psychology. New York: Sage Publishers Ltd.
10. Patterson, L.E. & Welfel, E.R. (2000). The Counselling Process. Wadsworth, USA.
11. Shertzer, B. & Stone, C. (1976). Fundamentals of Guidance. Third Edition Houghton Mifflin Company, USA

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Clinical Psychology
Course Code: MSYL-3444 (OPT-IV)
(Theory)

COURSE OUTCOMES

At the end of this course student will be able to:

CO1: understand history and emergence of clinical psychology and Forensic Psychology

CO2: familiar with diagnostic techniques used in clinical settings.

CO3: in-depth understanding of the various assessment techniques and issues related with those assessment techniques.

CO4: apply psychological theories and empirical research in explaining behaviour of individuals

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Clinical Psychology
Course Code: MSYL-3444 (OPT-IV)
(Theory)

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Clinical Psychology: Nature, Scope and History of Clinical Psychology (Indian & Western), Mental Healthcare Act, 2017. Cultural and Ethical issues in Clinical Psychology (Indian Context.)

Introduction to Forensic Psychology.

UNIT-II

Psycho-diagnosis: Concept, Objectives of Psycho-diagnosis.

Techniques of Assessment: General Issues, Techniques of Assessment: Clinical Interviews (History, Pedigree-chart, MSE, Structured Clinical Interview, Clinical Diagnostic Interview

UNIT-III

Personality: Brief Introduction to Objective Measures (Cattell's 16PF and NEO Five Factor Inventory), and Projective Measures (Rorschach Inkblot Test & TAT), Behavioral, Intellectual and Neuropsychological Assessment and Psycho-physiological Measure.

UNIT-IV

Therapies: Physical (ECT, Hakomi, Core energetic, Bioenergetic analysis), Chemical (Antipsychotics, Antidepressants, Anti-Cycling Agents, Hypnoanxiolytics), Psychotherapies (Cognitive Behaviour Therapy, Humanistic Therapy- Transactional Analysis, Person-centered therapy, Existential, Group (Principle and benefits) & Family (Systematic Family, Strategic, Transgenerational and Psycho-education).

Readings

1. Bellack A.S. & Hersen M. (1980). Introduction to Clinical Psychology. Oxford University Press, New York.
2. Bacon, J.N. & Mineka, S. (2000). Abnormal Psychology and Modern Life. Allyn & Bacon, Boston, USA.
3. Carson, R.C. & Butcher, J.N. & Mineka, S. (2004). Abnormal Psychology & Modern Life (10th Ed.) NY: Longman.
4. Davidson, G.C. and Neale, J.M. (1996). Abnormal Psychology. New York: John Wiley & Sons Inc.
5. Hecker, J.E. & Thorpe, G.L. (2005). Introduction to Clinical Psychology, Science, Practice and Ethics, Pearson Education, Delhi.
6. Korchin, S.J. (1976). Modern Clinical Psychology: Principles of Intervention in the Clinic and Community. Basic Books Publishers New York.
7. Mitteler, P. (1970). The Psychological Assessment of Mental and Physical Handicaps.
8. Phares, E.J. (1981). Clinical Psychology: Concepts, Methods & Profession, Dorsey Press, USA.
9. Wolman, B.F. (1965). Handbook of Clinical Psychology. McGraw - Hill Book Company, New York.
10. Pomerantz, A.M. (2008). Clinical Psychology. Sage Publication: New Delhi

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Applied Social Psychology

Course Code: OPT-V

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: understand various practical concepts and its relevance in the environment

CO2: helps to understand the forces behind emerging issues like violence, terrorism, corruption and strategies to deal with them.

CO3: information technology and communication on social behavior.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Applied Social Psychology

Course Code: OPT-V

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Increasing role of Social Psychology in Social problems, Applied Social Psychology and Social Policy.

Social Change: Approaches, Factors affecting change and Resistance to Social change. Social Integration Concept and Measures to achieve Social Integration.

UNIT-II

Poverty and Deprivation: Social Psychological analysis of poverty, consequences and explanations of poverty. The concepts of disadvantaged, deprivation and Socially deprived.

Physical, Social, Cultural and Economic consequences of Disadvantaged and deprived groups. Educating and motivating the disadvantaged towards development.

UNIT-III

Applying Social Psychology to the Interpersonal aspects of legal system.

Violence: Concept, Explanations, Violence in families. Terrorism and strategies to deal with terrorism.

UNIT-IV

Psychology of Corruption

Impact of Information Technology and Communication Technology on Social Behavior

Readings:

1. Baron, R. A. & Byne, D. (2006). Social Psychology, Understanding, Human Interaction, Prentice Hall of India, New Delhi .
2. Jain, U. (1987). The Psychological Consequences of Crowding, Sage Publications Pvt. Ltd., New Delhi.
3. Lindzey, G. & Aronsen E. (1975). The Handbook of Social Psychology, American Publishing Co., New Delhi
4. Raven, B. H. & Rubin, H. L. (1983). Social Psychology, John Wiley Sons, New York.
5. Shaver, K. G. (1987). Principles of Social Psychology, Lawrence Erlbaum, Associates, Publisher, London.
6. Shaw, M. E. & Costanzo P. R. (1976). Theories of Social Psychology, McGraw Hill & Co., New York.
7. Sinha, D. (1981). Socialization of the Indian Child, Concept Publishing Co. , New Delhi .
8. Worchel, S., Cooper, J. & Coethals, G. R. (1988). Understanding Social Psychology. The Dorsey Press, Chicago.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Cognitive Psychology

Course Code: OPT-VI

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: understand and analyze the major theories, concepts, empirical findings under attention.

CO2: analyze the basic process and models which empirically validate the process involved in memorizing the information.

CO3: apply the theoretical facts for enhancing one's reasoning and decision making and use it in day to day life.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Cognitive Psychology

Course Code: OPT-VI

(Theory)

LTP:4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Cognitive Psychology: Nature, paradigms and current status of cognitive psychology

UNIT-II

Attention: Information processing approach to attention.

Theories of Attention: bottleneck theory, attenuation and Late Selection Theories
Automaticity models (Automatic V/s Controlled Processing and Feature Integration Approaches).

UNIT-III

Memory: - Models of memory - Multistore, Working - memory, Levels of processing and Network models.

Ways of organization of memory stores

UNIT-IV

Decision Making

Reasoning: Inductive and Deductive Reasoning

Readings:

1. Atkinson, R.C. (1999). Stevens Hand Book of Experimental Psychology, John Wiley & Sons, Canada.
2. Ellis, H.C. (1978). Fundamentals of Human Learning Memory and Cognition, New York, Brown Publishers.
3. Friedenberg, J. & Silverman, G. (2012). Cognitive Science: An Introduction to the study of Mind. Sage Publications: New Delhi.
4. Galotti, K.M. (2005). Cognitive Psychology. Thomson Asia Pvt.Ltd., Singapore.

5. Mayer, R.E. (1981). The Promise of Cognitive Psychology Freeman and Co., New York.
6. Solso, R. L. (2004). Cognitive Psychology. Pearson Education Pvt. Ltd., Delhi.
7. Taylor, I. (1999). Active Psychology, Pearson Education Ltd., England.
8. Wessels, M.G. (1982). Cognitive Psychology, Harper & Row Publishers, New York.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Psychology of Exceptional Children

Course Code: MSYL-3445 (OPT-VII)

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: understand the concept of exception children and distinguish between impairment, disability and handicap.

CO2: analyze different sensory and motor disabilities.

CO3: understand the concept of Cognitive differences.

CO4: apply the theoretical and practical understanding of the various cognitive, speech and learning disabilities among children.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Psychology of Exceptional Children

Course Code: MSYL-3445 (OPT-VII)

(Theory)

LTP:4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Exceptional Children: Concept and introduction to Categorization, Impairment, Disability, Handicap and its Prevention.

UNIT-II

Children with Sensory and Motor Disabilities: Visual and Hearing Impairments, Degrees of Impairment, Developmental Characteristics; Educational and Vocational Implications. Orthopedically Handicapped (Cerebral Palsy, Deformity due to injury)

UNIT-III

Children with Cognitive difference: Mental Disability: Types, Causes, Objectives of Education
Gifted Children: Characteristics, Identification, Educational Intervention.

UNIT - IV

Speech Defectives: Types, Causes and Intervention.

Learning Disorders: Reading Disorders, Writing Disorders & Arithmetic Disorders.

Readings:

1. Dennis and Dennis (1976). *The Intellectually Gifted*, Academic Press, Inc.
2. Kirk S. (1970). *Educating the Exceptional Child*, Oxford and J B H Publishing, Co.
3. Klykylo, W. M. and Jerald, K. (2005). *Clinical Child Psychology*. John Wiley and Sons.
4. Mash, E. J.(2002). *Abnormal Child Psychology*, Wadsworth Thomson Learning, Australia.
5. Rothstein, J. H. (1971). *Mental Reardation, Readings and Resources*, 2nd Edition, Holt, Rinehart & Winston, Ind.
6. Swanson, L. H. and Watson, B. L. (1982). *Educational and Psychological Assessment of Exceptional Children, Theories, Strategies and Application*, The C. V. Mosby Company, London.
7. Sehafar, R. (1977). *Projective Testing and Psychoanalysis*. New York: International Universities Press.
8. Pfeiffer, S.I. (2008). *Psycho-educational Theory, Research and Best Practices*. Springer: USA.
9. Wigelor, A.K., & Garner, W.R. (1982). *Ability Testing: Uses, Consequences and Controversies*. Washington, D.C.: National Academic Press.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: HUMAN RIGHTS AND CONSTITUTIONAL DUTIES

Course Code: IDEW-3275

(Theory)

Course Outcomes

At the end of this course student will be able to

CO1: understand the concept of Human rights.

CO2: Analysis different types of human rights.

CO3: apply the theoretical and practical understanding of the Fundamental Duties in Indian Constitution

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: HUMAN RIGHTS AND CONSTITUTIONAL DUTIES

Course Code: IDEW-3275

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 8 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit-I

INTRODUCTION TO HUMAN RIGHTS

Foundational Aspects: Meaning, Nature, Characteristic, Classification.

International Framework: Constituents of the Universal Declaration of Human Rights (UDHR).

Unit -II

Constitutional Realisation in India: Fundamental Rights (Part III, Constitution of India).

Protective Mechanism in India: The composition, Powers and Functions of the National Human Rights Commission of India (NHRC).

Unit III

INTRODUCTION TO HUMAN DUTIES

Conceptual Perspective: Meaning, Nature & Characteristics of Human Duties.

Intellectual discourses: Classification of Human Duties; Relevance of Human Duties.

Unit IV

Constitutional Recognition in India: Fundamental Duties in Indian Constitution, Part IV A.

Readings List

1. United Nations. *The United Nations and Human Rights 1945-1995*. Geneva: United Nations Blue Books Series, Vol. VII, 1996.
2. Sastry, S. N. *Introduction to Human Rights and Duties*. Pune: University of Pune Press, 2011.
3. Mertus, Julie. *The United Nations and Human Rights-A Guide for a New Era*. London: Routledge, 2009.
4. Donnelly, Jack. *Universal Human Rights in Theory and Practice*. New York: Cornell University Press, 2013.
5. Hammarberg, Thomas. *Taking Duties Seriously- Individual Duties in International Humanitarian Law*. Versoix: International Council on Human Policy, 1999.
6. Miller P. Frederic, et al. *Fundamental Rights, Directive Principles and Fundamental Duties in India*. New York: VDM Publishing, 2009.
7. Cinganelli, Davis Louis. *Human Rights- Theory and Measurements*. London: Macmillan Press, 1988.
8. Ishay, M. R. *The History of Human Rights*. New Delhi: Orient Longman, 2004.
9. Mohapatra, Arun Ray. *National Human Rights Commission of India: Formation, Functioning and Future Perspectives*. New Delhi: Atlantic, 2004.
10. Deol, Satnam Singh. *Human Rights in India-Theory and Practice*. New Delhi: Serials Publications, 2011.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Emotions

Course Code: OPT-VIII

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: develop understanding of the concept of emotions and its classification

CO2: demonstrate an understanding of the major theories of emotions, including their basic pattern of expression and bodily changes involved in it.

CO3: in-depth understanding of neuro-physiological basis of emotions

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Emotions

Course Code: OPT-VIII

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Emotions: Concept, Classification, Facial Expressions and emotions

Correlates of Emotions: Bodily Changes during Emotions

UNIT-II

Theories: James Lange, Cannon- Bard, Schachter and Singer Two Factor Theor

UNIT-III

Theories of Emotions: Papez -Mc- Clean, Lindsley's Activation Theory, Lazarus & Arnold and Weiner's Attribution Theory

UNIT-IV

Neurophysiological basis of Emotions, Measurement of Emotions

Readings:

1. Arnold, M. B. (1968). The Nature of Emotions. England: Penguin Books Ltd.
2. Atkinson, R. C. (1999). Stevens Handbook of Experimental Psychology. Canada: John Wiley & Sons.
3. Izard, C. E. (1971). The Face of Emotion. New York: Meredith Corporation.
4. La Freniere, P. J. (2000). Emotional Development: A Bio-Social Respective. California: Wadsworth /Thomson Learning.
5. Philippot, P. and Feldman, R. S. (2004). Regulation of Emotions (Eds.). New Jersey: Lawrence Erlbaum Associates Publishers.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Practicals
Course Code: MSYP-3447

(Practical)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring personality, emotions and interest

CO3: write an elaborative report about the conduction and results of the experiment.

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Practicals
Course Code: MSYP-3447

(Practical)

LTP: 0-0-2

Time : 3 H o u r s

Marks: 50

Practical Marks: 40

CA: 10

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of six as mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 35 marks. Evaluation of the practical would be done on the basis of-

1. Write-up of file book (15 Marks),
2. Performance and viva-voce (25Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Practicals

1. Projective Test- I
2. Projective Test- II
3. Interest

4. Emotions

5. Depression

6. Anxiety

Session: 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER -III

Course Title: Field Work

Course Code: MSYF-3448

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: develop understanding of the concepts, principles, and overarching themes in psychology.

CO2: demonstrate an understanding of the working knowledge of psychology's content domains.

CO3: describe applications of psychology.

Session 2024-25

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-III

Course Title: Field Work

Course Code: MSYF-3448

Total Marks: 50

Instructions for evaluation:

All the Students will prepare a report based on their field work and will submit the report 10 days before the start of the End Semester Examination of the 3rd Semester. Faculty of Department will evaluate the field work report and assign the marks out of 50.

All the Students are required to complete 3 weeks field work in Industry/Medical Colleges/ Hospitals/Psychiatric Nursing Homes/De-addiction Centres/Orphanage Homes/ Pingalwara / Old AgeHomes etc. during Summer Vacation.

FACULTY OF ARTS AND SOCIAL SCIENCES

SYLLABUS
OF
MASTER OF ARTS (PSYCHOLOGY)
(Semester: IV)

(Under Credit Based Continuous Evaluation Grading System)

Session: 2023-24



The Heritage Institution

KANYA MAHA VIDYALAYA
JALANDHAR
(Autonomous)

MASTER OF ARTS (PSYCHOLOGY)

Session: 2023-24

PROGRAM SPECIFIC OUTCOMES

Upon successful completion of this course, students will be able to:

PSO1. develop deep rooted knowledge about the subject in which they will learn about the theory and practical

PSO2. develop global perceptive of nature and scope of psychology and to understand the interconnections of psychology with other disciplines.

PSO3. inculcate the ability to apply the skills of psychology in personal as well as professional life.

PSO4. develop an insight into ones' own and others' thoughts and activities and apply effective strategies for self-management and self-improvement.

PSO5. understand and appreciate the global diversity of cultures, values, belief systems and the common principles that guide all humanity and are expressed in biological, social and cognitive aspects of behavior.

PSO6. choose, administer, and interpret scores of tests commonly used in the practice of psychology and will also be able to demonstrate the use of therapeutic techniques.

PSO7. initiate research on psychological problems and issues and offer an advanced understanding of the subject matter

PSO8. prepare the students to work in the social service industry (NGOs) and to grant a firm foundation in the field as either a clinical, industrial or research practitioner.

PSO9. earn a higher degree or an advanced certification to become a professional psychologist.

PSO10. communicate complex psychological knowledge, both orally and in writing, with awareness of the latest field knowledge.

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

**SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR
DEGREE PROGRAMME**

MASTER OF ARTS (PSYCHOLOGY) SEMESTER IV

Session: 2023-24

S.No.	Semester IV									
	Course Code	Course Type	Course Name	Hours /week	Credits L-T-P	Marks				Exami nation time (in Hours)
						Total	Ext.		CA	
							L	P		
1	MSYL-4441	C	Research Methodology	4	4-0-0	100	80	-	20	3
2	MSYL-4442	C	Applied Psychology	4	4-0-0	100	80	-	20	3
3	MSYL-4443 (OPT-III)	E	Health Psychology	4	4-0-0	100	80	-	20	3
4	MSYL-4444 (OPT-IV)	E	Positive Psychology	4	4-0-0	100	80	-	20	3
5	MSYL-4445 (OPT-VI)	E	Developmental Psychopathology	4	4-0-0	100	80	-	20	3
6	MSYP-4446	C	Practicals	2	2-0-0	50	-	40	10	3
					22	Total = 550				

Note: All Papers are Compulsory.

C- Compulsory Subject E –Elective I- Inter-disciplinary V- Value added S-Skill

Any three of the following options:

S.No.	Paper Title
OPT – I	Industrial Psychology
OPT – II	Psychology of Adolescence
OPT – III	Health Psychology
OPT – IV	Positive Psychology
OPT – V	Intelligence and Creativity
OPT – VI	Developmental Psychopathology
OPT – VII	Environmental Psychology
OPT – VIII	Educational Psychology

Note: Papers MSYL 4441, MSYL 4442 & MSYP 4446 are Compulsory. In addition to the compulsory papers, the students will be required to select three optional papers each of 100 marks.

C Means Compulsory and **E** Means Elective

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Research Methodology

Course Code: MSYL-4441

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: develop a deep understanding and broad knowledge of the research techniques and types of research methods used in the field of psychology.

CO2: acquire in-depth knowledge about the concept of sampling and Cross-cultural research.

CO3: Thorough understanding of Qualitative research.

CO4: develop an understanding of the method of Interview and Sociometry

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Research Methodology

Course Code: MSYL-4441

(Theory)

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Scientific Research: Meaning, Stages in Research, Types of Research: Experimental and Descriptive methods; Longitudinal, Cross Sectional Research and Cross sequential Research: Nature, Uses, Advantages and limitations.

UNIT-II

Sampling: Concept and Types. Problems of Sampling.

Cross Cultural Research: Types, Problems of Sampling and Measurement.

UNIT-III

Qualitative Research: Nature, Principles, and limitations of Qualitative Research, Comparison of Qualitative and Non Qualitative Research. Participant observation. Ethical Issues.

UNIT-IV

Sociometry: Concept, Method of analysis.

Interview: Nature and types of Interview.

Readings:

1. Elines, D. G., Kantowitz, B. B. & Roediger, H. L. (1989). *Research Methods in Psychology*. New York: West Publishing Company.
2. Kerlinger, F. M. (1973). *Foundations of Behavioural Research*. New York: Holt, Rhinehart & Winston, Inc.
3. Kopala, M. & Suzuki, L. A. (1999). *Using Qualitative Methods in Psychology*. New Delhi: Sage Publications.
4. McBurney, D. H. & White T. L. (2004). *Research Methods*. USA: Thomson, Wadsworth.
5. Myers, J. I. (1974). *Fundamentals of Experimental Design*. New York: W.H. Freeman & Co.
6. Overall, J. E. & Klett, O. J. (1972). *Applied Multivariate Analysis*. New York: McGraw Hill.
7. Shaugnessy, J. J. & Zechneister, E. B. (1997). *Research Methods in Psychology*. New York: The McGraw Hill Companies, Inc.
8. Triandis, H. C. & Berry, J. W. (1980). *Handbook of Cross - Cultural Psychology*. Boston: Bacon Inc.
9. Willig, C. (2001). *Introducing Qualitative Research in Psychology*. Buckingham: Open University Press.
10. Willig, C. (2001). *Introducing Qualitative Research in Psychology. Adventures in Theory and Methods*. USA: Open University Press.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Applied Psychology

Course Code: MSYL-4442

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: To provide an understanding about the application of psychological principles to solve problems of the human experience and its application in Legal System.

CO2: To gain an understanding about the application of principles of psychology in understanding Environment.

CO3: To train the students in understanding how psychological principles can be applied in the field of work.

CO4: To introduce the concept of Community Psychology.

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Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Applied Psychology

Course Code: MSYL-4442

(Theory)

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

Unit I

Psychology and Legal system: Social Influence and Legal system (Police Interrogation, Line ups & Media Coverage) Social Cognition (Eyewitness Testimony, Emotions, Time and Intervening Information, Memory), Role of Stereotypes and Prejudice in Legal System

Unit II

Psychology and Environment: Concept and Types of environment, Pollution (Air, Water, Noise, Chemical) Personal Space, Density and Crowding, Psychological Interventions for Environmental Management

Unit III

Psychology and Organizations: Concept and Nature, Work Environment, Job Satisfaction (Antecedents & Consequences, Interpersonal Processes in Organizations, Communication and Group Decision making

Unit IV

Community Psychology: Concept, Origin, Values and Approaches, Sense of Community (Life in the city and Internet as a community & source of help, Diversity vs Prejudice and Stigmatization, Change in community

Readings:

1. Baron, R. A. & Byrne, D. (2006) Social Psychology, Understanding, Human Interaction, Prentice Hall of India, New Delhi.
2. Jain, U. (1987) The Psychological Consequences of Crowding, Sage Publications Pvt. Ltd., New Delhi.
3. Worchel, S., Cooper, J. & Coethals, G. R. (1988) Understanding Social Psychology. The Dorsey Press, Chicago.
4. Raven, B. H. & Rubin, H. L (1983) Social Psychology, John Wiley Sons, New York

Session 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Industrial Psychology

(OPT-I)

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: To understand the basic concepts and principles of Industrial psychology.

CO2: To have an overview of human resource planning.

CO3: To appreciate the major factors influencing industrial behavior, employee effectiveness and motivation

Session 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Industrial Psychology

(OPT-I)

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Industrial Psychology: Nature

Personnel Selection and Placement: Techniques and Psychological Tests in Personnel Selection; Biographical Information Blanks and Interviews.

UNIT-II

Training and Development: Needs, Principles and Methods of Training. Evaluation of Training Programmes.

Performance Appraisal: Determinants, Techniques and biases in performance appraisal.

UNIT-III

Work Motivation: Significance and Theories of Work Motivation (Need theories, Reinforcement Theories, Expectancy Theories, and Goal Setting Theory).

Job Satisfaction :Theories, Correlates and Measurement of Job Satisfaction.

UNIT-IV

Human Engineering; Accidents and Safety

Human Engineering; Nature, Scientific Researches and applications.

Accidents and Safety: Nature and Dynamics, Theories, Surrey's model, and Safety measures.

Readings:

1. Blum, M.L. and Naylor, J.C. (1968). Psychology in Industrial Relations. New York: Harper & Row.
2. Dunnette, M.D. (Ed.) (1976). Handbook of Industrial and Organizational Psychology. Chicago: Rand McNally.
3. Ghiselli, E.E. and Brown, C.W. (1955). Personnel and Industrial Psychology. New York: McGraw Hill.
4. Jewell, L.N. & Siegall, M. (1990). Personnel and Industrial Psychology. New York: McGraw Hill.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Psychology of Adolescence

(OPT-II)

(Theory)

**COURSE
OUTCOMES**

Upon completion of this course, the student should be able to:

CO1: To develop an understanding of psychology within adolescent perspective.

CO2: apply psychological theories and empirical research in explaining behavior of adolescents.

CO3: create an awareness of the major problems and issues in the development of adolescent

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Psychology of Adolescence

(OPT-II)

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Adolescence: Introduction; Significance of studying adolescents' development; contexts of development.

Characteristics and Developmental Issues: Genetic and Environmental influences.

UNIT-II

Theories of Adolescence: Havighurst, Freud, Sullivan, Erikson, Kohlberg, Werner, Kelly

UNIT-III

Adolescent Development: Physical and Cognitive Development
Adolescent Development: Social and Emotional

UNIT-IV

Deviance in Adolescence: Juvenile Delinquency, Eating Disorders; Drug abuse.

Readings:

1. Berk, L. E. (2004). Development through the Lifespan. USA: Pearson Education Inc.
2. Dusek, J. B. (1987). Adolescent Development and Behaviour. New Jersey: Prentice- Hall Englewood Cliffs.
3. Jersild, A. T., Brook, J. S. & Borook, D. W. (1978). The Psychology of Adolescence. New York: Macmillan Publishing Co.
4. Kil, R.V & Cavanaugh, J. C. (2000). Human Development: A lifespan view. USA: Wordsworth.
5. Newman, B. N. & Newman, P. R. (1979). An Introduction to the Psychology of Adolescence. Illionis: The Dorsey Press.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Health Psychology

Course Code: MSYL-4443 (OPT-III)

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: To develop an understanding about the nature and significance of emerging areas of health psychology.

CO2: To introduce the students to types of stressors, their consequences, and ways for managing stress.

CO3: To impart knowledge about causes and intervention for some prevalent stress related disorders.

CO4: To develop an understanding about how stress can be managed.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Health Psychology

Course Code: MSYL-4443 (OPT-III)

(Theory)

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Introduction to Health Psychology: Definition, Nature, Scope & History. Rights of Persons with Disabilities, 2016.

Models of Health: Health Belief Models, Bio-psychosocial, Lazarus and Folkman's Transactional Model, Eastern/ Oriental Approaches (Yoga and Meditation)

UNIT-II

Stress & Coping: Nature, Types of Stress, Causes & Consequences of stress; Coping: Nature and Types

UNIT-III

Stress & Diseases: Cardiovascular Diseases. Covid- 19, AIDS/HIV, Diabetes, Smoking, Cancer,& Pain.

UNIT-IV

Management of Stress: Diaphragmatic Breathing, Progressive Muscular Relaxation, Biofeedback, Music therapy, Nutrition & Physical Exercise.

Readings:

1. Brannon, L. & Feist, J. (2000). Health Psychology: An introduction to Behaviour & Health. Wadsworth: Thomson Learning.

- 2.** Carson, R.C. & Butcher, J.N. (2000). Abnormal Psychology and Modern life. USA: Harper Collins Publishers.
- 3.** Friedman, D.M.N. (1989). Health Psychology. New York: Prentice Hall.
- 4.** Marks, D. F. ,Murray, M. , Evans, B., Willig, C., Woodal, C. & Sykes, C. M. (2008). Health Psychology, Theory, Research & Practice. New Delhi: Sage Publications.
- 5.** Misra G. (1999). Psychological Perspectives on Stress and Health. Delhi: Concept Publishing.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Positive Psychology

Course Code: MSYL-4444 (OPT-IV)

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: To gain knowledge about trace the development of positive psychology as an independent discipline with its multidimensional perspective.

CO2: To study various positive emotional and cognitive states and processes

CO3: To introduce the various theoretical approaches to understand positive cognitive state and processes.

CO4: To understand what is mental health and its importance.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Positive Psychology

**Course Code: MSYL-4444 (OPT-IV)
(Theory)**

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Positive Psychology: Nature, Classification and measures of human strengths (Gallup's Clifton Strength Finder, The VIA Classification of Strengths, The Search Institute's 40 Developmental Assets).

Resilience (Concept, Sources and Strategies).

UNIT-II

Positive emotional states and processes: Positive Affect (Broaden and Build Theory, Effect of Positive Emotions on Health, Psychological and Social Resources), Happiness and well-being (Relationship, Determinants of Subjective Well-Being), Emotional Intelligence (Concept Goleman, Salovey and Mayer Theory, and Strategies).

UNIT-III

Positive cognitive states and processes: Self efficacy (Concept, Bandura's Model, Development, Effect and Strategies), Optimism (Concept, Theories: Martin Seligman, and Michael Scheier and Charles Carver, Strategies) and Hope (Concept, Effect, Strategies), Mindfulness (Concept, Effect and Strategies), Flow (Concept, Csikszentmihalyi's Flow State Model, Strategies).

UNIT-IV

Empathy, Gratitude and Forgiveness (Concept and Strategies). **Complete mental health and its conceptualizations:** Keyes's model and four front approach.

Readings:

1. Carr, A. (2004). Positive Psychology: The Science of Happiness and Human Strengths. New York: Brunner – Routledge.
2. Crompton, W. C. (2005). An Introduction to Positive Psychology Singapore: Thomson Publications.
3. Singh, R. (2007). Psychology of Well Being. New Delhi: Global Vision Publishing House.
4. Snyder, C. R. & Lopez, S. J. (2008). Positive Psychology New Delhi: Sage Publications.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Intelligence and Creativity

(OPT-V)

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: explain the major theories of intelligence and creativity.

CO2: To understand various correlates of creativity.

CO3: To understand main theoretical perspectives of intelligence and creativity.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Intelligence and Creativity

(OPT-V)

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Nature. Factor Analysis Based Theories of Intelligence: Spearman, Thurstone, Cattell and Guilford.

UNIT-II

Theories of Intelligence: Piaget, Sternberg, Jensen and Gardner. Emotional Intelligence

UNIT-III

Creativity: Nature, Views of Torrance, Getzels and Guilford.

UNIT-IV

Correlates of Creativity: Relationship with Intelligence and Personality. Social Psychology of Creativity

Readings:

1. Anderson, M. (1992). Intelligence and Development. USA: A Cognitive Theory. Blackwell Ltd.
2. Barron, F. (1969). Creative Person and Creative Process. New York: Holt Rinehart and Winston.
3. Brody, E. B. and Brody, N. (1976). Intelligence: Nature Determinants and Consequences. New York: Academic Press.

4. Getzels, J.W. and Jackson, P.W. (1962). Creativity and Intelligence New York: John Wiley & Sons, Inc.
5. Sternberg, R. J. (1982). Handbook of Human Intelligence. Cambridge: Cambridge University Press.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Developmental Psychopathology

Course Code: MSYL-4445 (OPT-VI)

(Theory)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: To provide an understanding about the concept of psychopathologies, their classification and assessment.

CO2: To gain an understanding of the various internalizing disorders.

CO3: To train the students in understanding the clinical picture of various Externalizing Disorders.

CO4: To gain an understanding of the clinical picture of Developmental Disorders.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Developmental Psychopathology

Course Code: MSYL-4445 (OPT-VI)

(Theory)

LTP: 4-0-0

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Developmental Psychopathology: Concept, Principles, Classification & Assessment

UNIT-II

Internalizing Disorders: Anxiety Disorders; Childhood Depression, Conversion Reaction, Elimination Disorders (Causes & intervention)

UNIT-III

Externalizing Disorders: Conduct disorders; Attention deficit hyperactivity disorders, Oppositional Defiant Disorder (Causes & Intervention)

UNIT-IV

Developmental Disorders: Autism Spectrum Disorder; Childhood Onset Schizophrenia, Tic Disorders

Readings:

1. Klykylo, W. M. and Jerald, K. (2005). Clinical Child Psychology. New Jersey: John Wiley and Sons.
2. Mash, E. J. (2002). Abnormal Child Psychology. Australia: Wadsworth Thomson Learning.
3. Swanson, L. H. and Watson, B. L. (1982). Educational and Psychological Assessment of Exceptional Children: Theories, Strategies and Application. London: The C. V. Mosby Company

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Environmental Psychology

(OPT-VII)

(Theory)

COURSE OUTCOMES

At the end of this course student will be able to

CO1: Develop a deep understanding and broad knowledge of the general theoretical and scientific principles of environmental psychology.

CO2: Understand and analyze the major theories and concepts of environmental psychology.

CO3: To create awareness among students regarding the various strategies to manage environment effectively.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Environmental Psychology

(OPT-VII)

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Concept, characteristics and Research Methods in Environmental Psychology, types of environment.

UNIT-II

Theories of Environment- Behavior Relationship- Arousal, Environmental load model, under stimulation, Adaptation level, Behaviour. Constraint, Environment- Behaviour Environmental stress and Ecological Psychology Perspectives.

UNIT-III

Pollution (air, water, noise & chemical), personal space, Density and Crowding.

UNIT-IV

Intervention for Environmental management; Role of Psychologist in environmental Management.

Readings:

1. Bell, P.A., Green, T. C., Fisher, J.D. and Baum, A. (2001). Environmental Psychology. New York: Harcourt College Publishers.
2. Holahan, C.J. (1978). Environment and Behavior. New York: Plenum Press.
3. Stokols, D. & Altmann, I. (Eds.) (1987). Handbook of Environmental Psychology (Eds.). New York: Wiley.

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Educational Psychology

(OPT-VIII)

(Theory)

COURSE OUTCOMES

Upon successful completion of this course, students will be able to:

CO1: To develop understanding of the basic nature and objectives of educational psychology.

CO2: To demonstrate an understanding of the major theoretical perspectives in educational psychology.

CO3: To discuss how various theoretical concepts can be applied to improve learning

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Educational Psychology

(OPT-VIII)

(Theory)

Time: 3 hours

Max. Marks: 100

Theory Marks: 80

CA: 20

Note: Instructions for the Paper Setters:

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

UNIT-I

Introduction: Nature and objectives of Educational Psychology.

Conceptual and Theoretical Perspectives in Educational Psychology: Behaviouristic Theories, Social Learning Theories (Modeling and Observational learning Self-efficacy, Classroom implications); Piaget and Neo-Piagetian Theories and their applications in teaching; Bruner, Vygotsky's Cognitive Psychology and Information Processing Models, Cognitive Styles and Learning Strategies; Learning Styles; Humanistic Approaches to Education.

Schooling and Cognition; Gender Differences/Issues in the classroom.

UNIT-II

Motivation and Learning: Relationship between motivation, Learning and Performance. Types: extrinsic and intrinsic motivation. Theories: Need Theories (Murray, Maslow & Need for Achievement).

UNIT-III

Expectancy Theories (Goal Setting, Self Efficacy, Attribution and Locus of Control)

UNIT-IV

Educational Assessment: Measurement and Evaluation (Norm-referenced and Criterion-referenced tests.)

Test Scores- Meaning, Types of Interpretation.

Standardized test – Meaning, Types and Interpretation; Reliability and Validity

Readings:

1. Chintamanikar (1992). Exceptional Children-Their Psychology and Education. New Delhi: Sterling Publishers.
2. Dececco, J.F. and Grawsford, W. (1977). The Psychology of Learning and Instruction. New Delhi: Prentice Hall.
3. Hilgard, B.R. (1948). Theories of Learning. New York: Apple art.
4. Kakkar, S. B. (2001). Educational Psychology. New Delhi: Prentice Hall of India.
5. Kirk, S. A., Gallagher, J. and Nicholas, J. A. (1997). Educating Exceptional Children. New York: Houghton Mifflin Company.
6. Klausmeir, H.H. and Ripple, R.E. (1971). Learning and Human Liabilities. New York: Harper and Row.
7. Mangal, S. K. (2002). Advanced Educational Psychology. New Delhi: Prentice Hall of India.
8. Parson, R.D., Hinson, S. L., Brown, D.S. (2001). Educational Psychology: A Practitioner Researcher model of Teaching. Wadsworth: Thomson Learning.
9. Slavin, R.E. (2018). Educational Psychology: Theory and Practice (12th Ed.). Chicago: Pearson
10. Woolfolk, A.B. (1987). Educational Psychology. Englewood Cliffs: Prentice Hall

Session: 2023-24

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title:

Practicals

Course Code: MSYP-4446

(Practical)

COURSE OUTCOMES

After passing this course the student will be able to:

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring creativity, intelligence and stress.

CO3: write an elaborative report about the conduction and results of the experiment.

Session: 2023-24
MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Course Title: Practicals

Course Code: MSYP-4446

(Practical)

Time: 3 hrs

LTP: 0-0-2

Max. Marks: 50

Practical Marks: 40

CA: 10

Instructions for the Practical Examination:

Students are supposed to perform five practicals out of six as mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 40 marks. Evaluation of the practical would be done on the basis of-

1. write-up of file book (15 Marks),
2. performance and viva-voce (25Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

Practicals

1. Creativity
2. Aptitude
3. Leadership
4. Stress-Resilience
5. Intelligence
6. Mental Health

Kanya Maha Vidyalaya (Autonomous), Jalandhar

P.G. DEPARTMENT OF PSYCHOLOGY

Certificate Course in Professional Counseling Skills

SCHEME AND CURRICULUM OF EXAMINATION OF CERTIFICATE COURSE

Session: 2024-25

Course Code	Course Title	Credit	Course Type	Max Marks			Examination Time (In Hours)
				Total	Ext.		
					L	P	
CCSL-1441	Professional Counseling Skills	2	C	50	50		3 Hours

C- Compulsory

Duration- 30 hours

Eligibility- 10+2

Eligibility: 10+2 (any stream)

Course Objective: This course offers a solid grounding in Professional Counseling Skills. It combines academic, practical and experiential components within a supportive and challenging environment. In this course, students will explore the practical and ethical issues of working with clients in a variety of situations, and develop essential communication and counselling skills. Students will be able to learn to apply academic theory through skills practice sessions and group work.

SEMESTER-I

Section-A

Introduction to Counseling

- Meaning and Introduction to the concept “Counseling”
- Understanding the role of a counsellor
- Ethical Issues in counselling

Counseling Skills (Active Listening, Attending, Empathy, Unconditional Positive Regard, Congruence)

Section- B

The Counseling Process

Cultural Competency in Counseling

- Cultural Awareness and Sensitivity
- Working with diverse populations
- Addressing cultural biases and stereotypes

References:

1. Cormier, S. & Hackney, H. L. (2012). The Professional Counselor: A Process Guide to Helping. Pearson Education.
2. Corey, G.(2009). Theory and Practice of Counselling and Psychotherapy, 8th Edition, Wadsworth, USA.
3. Douglass, R.G., & David, C. (2007). Counselling and Psychotherapy. New Delhi: Pearson Education.
4. Nystul, M.S. (2001). Introduction to Counselling. New Mexico State University: Allyn and Bacon.
5. Orlans, V., & Scoyoc, S.V. (2009). Short Introduction to Counselling Psychology. New York: Sage Publishers Ltd.
6. Patterson, L.E. & Welfel, E.R. (2000). The Counselling Process. Wadsworth, USA.

SEMESTER-II

Section-A

Psychological Problems: Introduction to the concept of Stress, Anxiety, Depression, Loneliness and Adjustment.

Factors affecting these psychological problems.

Section- B

Coping Techniques: Emotion focused, Problem focused, Time management, Stress Management.

Relaxation Techniques: Progressive Muscle Relaxation, Yoga, Meditation, Mind-fullness and Biofeedback Relaxation Technique.

References:

1. Cormier, S. & Hackney, H. L. (2012). The Professional Counselor: A Process Guide to Helping. Pearson Education.
2. Corey, G.(2009). Theory and Practice of Counselling and Psychotherapy, 8th Edition, Wadsworth, USA.
3. Douglass, R.G., & David, C. (2007). Counselling and Psychotherapy. New Delhi: Pearson Education.
4. Nystul, M.S. (2001). Introduction to Counselling. New Mexico State University: Allyn and Bacon.
5. Orlans, V., & Scoyoc, S.V. (2009). Short Introduction to Counselling Psychology. New York: Sage Publishers Ltd.
6. Patterson, L.E. & Welfel, E.R. (2000). The Counselling Process. Wadsworth, USA.

