#### **ANNEXURE: III**

# FACULTY OF ARTS AND SOCIAL SCIENCES SYLLABUS

Of

#### **PSYCHOLOGY**

For

#### **BACHELOR OF ARTS SEMESTER II**

(UnderContinuous Evaluation System)

(12+3 System of Education)

**Session: 2020-21** 



# The Heritage Institution KANYA MAHA VIDYALAYA JALANDHAR (Autonomous)

#### PROGRAM SPECIFIC OUTCOMES

**Session: 2020-21** 

Upon successful completion of this course, students will be able to:

- **PSO1**. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.
- **PSO2.** Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.
- **PSO3**. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.
- **PSO4.** Apply psychological principles to individual, interpersonal, group, and societal issues.
- **PSO5.** Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

#### Kanya Maha Vidyalaya, Jalandhar (Autonomous)

## SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

# Bachelors of Arts Semester-II Psychology

Session - 2020-2021

Bachelor of Arts									
SemesterII									
				Mar	ks		Examination		
<b>Course Code</b>	Course Title	Course Type	Total	Ext.		CA	time		
			10441	L	P	CIL	(in Hours)		
BARM-2443	Psychology (Basic Psychological Processes-II)	E	100	60	20	20	3+3		

**E**= **E**lective

#### Bachelors of Arts Semester-II Session: 2019-2020

Course Code: BARM-2443
Course Title: Psychology (Basic Psychological Processes-II)
(Theory)

#### **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: Acquire in-depth knowledge in the psychological concepts of memory, motivation, emotions and personality

CO2: Apply the theoretical facts for enhancing one's personality, learning and memory and use it in everyday issues of life.

CO3: Understand the relationship between brain and behavior and will be able to use measures of variability in psychological research.

CO4: Measure motivation, learning, personality, memory and public opinionwith the help of psychological tools and apparatus.

#### Bachelors of Arts Semester-II Session: 2019-2020

# Course Code: BARM-2443 Course Title: Psychology (Basic Psychological Processes-II) (Theory)

Time: 3 hours Max. Marks:

**100** 

Theory Marks: 60 Practical Marks: 20

CA: 20

#### **Instructions for the Paper Setters:**

Eight questions of twelve marks each are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**Note:** The use of Non–Programmable calculators and Statistical Tables are allowed in the examination.

#### Unit-I

**Biological Basis of Behaviour:**Neuron (Structure and Functions), Nervous System (Central and Peripheral)and Glands (Endocrine and Exocrine)

**Memory:** Nature, Encoding, Storage and Retrieval, Types of Memory (Sensory, Short–term and Long-term)

#### **Unit-II**

**Motivation:** Biogenic and Sociogenic Motives, Intrinsic–Extrinsic Framework, McClelland Achievement Theory, The Need Hierarchy Model, Conflicts and Frustration

**Emotions:** Nature and Types of Emotions, Theories of Emotions (James Lange & Cannon Bard Theory, Schachter-Singer Theory, Cognitive Appraisal Theory, Facial-Feedback Theory).

#### **Unit-III**

**Personality:** Concept of Personality, Theories of Personality (Freud, Allport, Murray, Cattell & Eysenck). Techniques of Assessment (Psychometric and Projective).

#### **Unit-IV**

**Measures of Variability:** Meaning and Characteristics of Good Measure of Variability, Measures of Variability: - Range, Quartile, Average and Standard Deviation, Variance with Merits and Demerits

#### **References:**

- 1. Aron (2007). Statistics for Psychology. Pearson Education, New Delhi.
- 2. Baron, R.A. (1996). Psychology. New Delhi: Prentice Hall of India.
- 3. Benjamin, Jr. L.T., Hopkings, J.R. & Nation, J.R. (1987). *Psychology*. Mcmillan Publishing Company, New York.
- 4. Chaplin, J.R. &Kraiwic, T.S. (1985). *Systems and Theories of Psychology*. Holt, Rinehart and Winston, Inc., New York.
- 5. Coon, D.L., &Mitterer, J.O. (2007). *Introduction to Psychology; Gateways to Mind and Behaviour*. Thomson Wadrwoth.
- 6. Crooks, R.L. &Strin, J. (1988). *Psychology; Sciences: Behaviour and Life*. Holt Rinehart and Winston, Inc., New York.
- 7. Hall, S.S. &Lindzey (1969). *Theories of Personality*. Wiley Eastern Ltd. New Delhi.
- 8. Morgan, G.T., King, P.A., Weisz, T.R. &Schopler, J. (1999). *Introduction to Psychology*. Mcgraw Hill Book Co., New York.
- 9. Pinel, J.P.J. (2007). *Biopsychology*. Pearson Education, New Delhi.
- 10. Shashi, J. (2001). Introduction to Psychology. Kalyani Publishers, New Delhi
- 11. Solso, R.L. (2007). Cognitive Psychology. Pearson Education, New Delhi.

#### Bachelors of Arts (Psychology) Semester-II Session: 2019-2020

Course Code: BARM-2443
Course Title: Psychology (Practical)
(Practical)

Marks: 20

#### **Instructions for the Practical Examination:**

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

- 1. Write-up of file book (5 Marks),
- 2. Performance and viva–voce (15Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

#### **PRACTICAL**

#### Five Practicals have to be performed out of the following:

- 1. Emotions
- 2. Motivation
- 3. Projective Technique
- 4. Personality
- 5. Memory
- 6. Achievement Motivation

#### **ANNEXURE: IV**

#### FACULTY OF ARTS AND SOCIAL SCIENCES

#### **SYLLABUS**

**OF** 

#### **PSYCHOLOGY**

#### **FOR**

#### **BACHELOR OF ARTS SEMESTER IV**

(UnderContinuous Evaluation System)

(12+3 System of Education)

Session: 2020-2021



# The Heritage Institution KANYA MAHA VIDYALAYA JALANDHAR (Autonomous)

PROGRAM SPECIFIC OUTCOMES
Session: 2020-2021

Upon successful completion of this course, students will be able to:

- **PSO1**. Exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.
- **PSO2.** Plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.
- **PSO3**. Exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.
- **PSO4.** Apply psychological principles to individual, interpersonal, group, and societal issues.
- **PSO5.** Value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

#### Kanya Maha Vidyalaya, Jalandhar (Autonomous)

# SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

# Bachelors of Arts Semester-IV Psychology

**Session – 2020-2021** 

Bachelor of Arts Semester IV								
(Psychology)								
			Marks Exa				Examination	
<b>Course Code</b>	Course Title	Course Type	Total	Ext.				time
				L	P		(in Hours)	
BARM-4443	(Psychology) Experimental Psychology-II	E	100	60	20	20	3+3	

**E**= **E**lective

#### Bachelors of Arts Semester-IV Session: 2020-2021

# Course Code: BARM-4443 Course Title: Psychology (Experimental Psychology-II) (Theory)

#### **COURSE OUTCOMES:**

After passing this course the student will be able to:

CO1: Introduction of the concept of psychophysics and its various psychophysical methods.

CO2: In-depth knowledge about of the phenomenon of learning in the field of psychology and its associated types. The practical application of reinforcement schedules in day to day life.

CO3: Understanding and analysis of various higher mental abilities like mnemonics, thinking and problem solving, reasoning and concept formation.

CO4: Insight into the elementary concept of correlation and its applicability.

#### Bachelors of Arts Semester-IV Session: 2020-2021

Course Code: BARM-4443
Course Title: Psychology (Experimental Psychology-II)
(Theory)

Time: 3 hours Max. Marks:

100

Theory Marks: 60 Practical Marks: 20

CA: 20

#### **Instructions for the Paper Setters:**

Eight questions of twelve marks each are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**Note:** The use of Non–Programmable calculators and Statistical Tables are allowed in the examination.

#### Unit-I

**Psychophysics:** Concept of Psychophysics, Physical V/S. Psychological continua, Weber-Fechner law, Concept of Absolute and Differential Thresholds. Determination of AL and DL by Methods of limits, Method of Constant Stimuli & Method of Average Error.

**Concept Formation**: Nature, Types and Processes.

#### UNIT-II

**Learning:** Classical and Operant conditioning, Basic Processes; Extinction, Spontaneous recovery, Generalization and Discrimination, Factors influencing classical and instrumental conditioning. Concept of Reinforcement, Types of reinforcement and Reinforcement Schedules.

Transfer of Training and skill learning.

**Mnemonics**: An Introduction to the concept of Mnemonics, Reconstructive memory, Implicit memory & Eyewitness memory, Methods of Retention.

#### **UNIT-III**

**Forgetting**: Nature, Factors Affecting forgetting, Theories of forgetting, Decay, Interference retrieval failure.

**Thinking and Problem Solving**: Nature and Types of Thinking. Nature of Problem Solving, Stages of Problem Solving, Factors, Role of Set in Problem Solving.

**Reasoning:** Nature and types of reasoning.

#### **UNIT-IV**

**Correlation:** Nature and characteristics, Assumptions, Types of Correlation; Rank order and Product Moment Methods (Numerical for grouped and ungrouped data).

#### **References:**

- 1. Aron (2007). Statistics for Psychology. Pearson Education, New Delhi.
- 2. Baron, R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
- 3. Benjamin, Jr. L.T., Hopkings, J.R. & Nation, J.R. (1987). *Psychology*. Mcmillan Publishing Company, New York.
- 4. Chaplin, J.R. & Kraiwic, T.S. (1985). *Systems and Theories of Psychology*. Holt, Rinehart and Winston, Inc., New York.
- 5. Coon, D.L., &Mitterer, J.O. (2007). *Introduction to Psychology; Gateways to Mind and Behaviour*. Thomson Wadrwoth.
- 6. Crooks, R.L. &Strin, J. (1988). *Psychology; Sciences: Behaviour and Life*. Holt Rinehart and Winston, Inc., New York.
- 7. Hall, S.S. &Lindzey (1969). *Theories of Personality*. Wiley Eastern Ltd. New Delhi.
- 8. Morgan, G.T., King, P.A., Weisz, T.R. &Schopler, J. (1999). *Introduction to Psychology*. Mcgraw Hill Book Co., New York.
- 9. Pinel, J.P.J. (2007). *Biopsychology*. Pearson Education, New Delhi.
- 10. Shashi, J. (2001). Introduction to Psychology. Kalyani Publishers, New Delhi
- 11. Solso, R.L. (2007). Cognitive Psychology. Pearson Education, New Delhi.

#### Bachelors of Arts (Psychology) Semester-IV Session: 2020-2021

Course Code: BARM-4443 Course Title: Psychology (Practical) (Practical)

Marks: 20

#### **Instructions for the Practical Examination:**

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

- 1. write-up of file book (5 Marks),
- 2. Performance and viva–voce (15Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

#### **PRACTICAL**

#### Five Practicals have to be performed out of the following:

- 1. Measurement of Differential Threshold.
- 2. Division of Attention
- 3. Muller-Lyer Illusion
- 4. Problem-Solving
- 5. Concept formation.
- 6. Zeigarnik Effect

#### **ANNEXURE: V**

# FACULTY OF ARTS AND SOCIAL SCIENCES SYLLABUS

Of

#### **PSYCHOLOGY**

For

#### **B.A. SEMESTER VI**

(UnderContinuous Evaluation System) (12+3 System of Education)

**Session: 2020-21** 



# The Heritage Institution KANYA MAHA VIDYALAYA

#### **JALANDHAR**

#### (Autonomous)

## PROGRAM SPECIFIC OUTCOMES Session: 2020-21

Upon successful completion of this course, students will be able to:

**PSO1**. exhibit knowledge with the major concepts, theoretical perspectives, practical findings, and historical development in psychology.

**PSO2.**plan, execute, and communicate basic research methods in psychology, including research designs and data analysis.

**PSO3**. exercise critical and creative thinking, and employ a scientific approach to address issues related to behavior and mental processes.

**PSO4.**apply psychological principles to individual, interpersonal, group, and societal issues.

**PSO5.**value empirical evidence, tolerates ambiguity, act ethically, and recognize their role and responsibility as a member of society.

#### Kanya Maha Vidyalaya, Jalandhar (Autonomous)

## SCHEME AND CURRICULUM OF EXAMINATIONS OF THREE YEAR DEGREE PROGRAMME

# Bachelors of Arts Semester-VI Psychology

**Session – 2020-2021** 

Bachelor of Arts									
Semester VI									
Marks									
<b>Course Code</b>	Course Title	Course Type	Total	Ext.		CA	time		
				L	P		(in Hours)		
BARM-6443	Psychology	E	100	60	20	20	3+3		
	(Abnormal Psychology-II)								

**E**= **E**lective

### Bachelor of Arts Semester-VI (Session 2020-2021)

#### ABNORMAL PSYCHOLOGY-II Course Code: 6443 (Theory)

#### **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: acquire a better understanding of abnormal behavior patterns, and thereby learn to distinguish abnormal behavior from normal.

CO2: know about the symptoms and causes of various psychological disorders.

CO3: better understand how psychological disorders are classified and treated.

CO4: increase sensitivity to the struggles of people dealing with these types of problems.

### Bachelor of Arts Semester-VI (Session 2020-2021)

#### ABNORMAL PSYCHOLOGY-II Course Code: 6443 (Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 60 Practical Marks: 20

CA: 20

#### **Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 12 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

**Note:** The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

#### Unit-I

**Anxiety Based Disorders:** Symptoms, Etiology and Treatment of Obsessive Compulsive Disorder, Generalized Anxiety Disorder & Phobias.Classification of Somatoform Disorders—Symptoms & Etiology.Dissociative disorders—Types, Symptoms & Etiology.

#### Unit-II

**Personality Disorders:** Clinical Features, Types and causal factors in Personality Disorders (Paranoid, Schizoid, Schizotypal, Antisocial, Borderline, Histrionic, Narcissistic, Avoidant, Dependent and Obsessive-Compulsive Personality Disorder.)

**Antisocial Personality & Delinquency**: Clinical Picture, Characteristics, Causes, Treatment & Outcomes.

#### Unit III

**Mood Disorders:** Symptoms, Causes, Types and Treatment.

**Eating Disorders:** Symptoms, Causes, Types and Treatment.

Schizophrenia: Symptoms, Causes, Types and Treatment.

#### **Unit IV**

**Statistics:** Introduction to the concept of Hypothesis, One-tailed and two-tailed tests, Type I and Type II errors, Levels of significance, Degrees of Freedom, t- test: Significance of Differences between means (correlated and uncorrelated), Z-test.

#### **Readings:**

- 1. Barlow, D.H. & Durand, V.M. (2007) Abnormal Psychology: An Integrative Approach.
- 2. Broota, K.D. (1989) Experimental Designs in Behavioural Research, Wiley Eastern Limited, New Delhi.
- 3. Carson, R.C. Butcher, J.N., and Mineka, S. (1997), Abnormal Psychology and Modern Life, Harper Collins, New York.
- Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, John Wiley and Sons, New York.
   Garrett. H.E. (1996), Statistics in Psychology and Education, Vakils, Feffar and Simons, New Delhi.
- 5. Sarason, I.G. and Sarason, B.R. (2002), Abnormal Psychology, Prentice Hall of India, New Delhi.
- 6. Singh, A., AsadharanManovigyan, Punjabi University, Patiala.
  Thomson Wordsworth.

B.A. Semester-VI (Session 2020-2021)

#### **Practical**

Course Code: (Practical)

Marks: 20

#### **Instructions for the Practical Examination:**

Students are supposed to perform five practicals out of 6 mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 20 marks. Evaluation of the practical would be done on the basis of:

- 1. write-up of file book (5 Marks),
- 2. performance and viva–voce (15Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

#### Five Practicals have to be performed out of the following:

- 1. Projective Technique
- 2. Anxiety.
- 3. Parenting Scale/Home Environment Scale.
- 4. Personality
- 5. Depression.
- 6. Rosenweig's Pictures Frustration Test.

#### **ANNEXURE: VI**

# FACULTY OF ARTS AND SOCIAL SCIENCES SYLLABUS

Of

# BACHELOR OF ARTS HONOURS (PSYCHOLOGY)

For

#### **SEMESTER IV**

(UnderContinuous Evaluation System) (12+3 System of Education) Session: 2020-21



# The Heritage Institution KANYA MAHA VIDYALAYA JALANDHAR

(Autonomous)

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

### SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE PROGRAMME

# BACHELOR OF ARTS HONOURS (PSYCHOLOGY) SEMESTER IV

**Session: 2020-21** 

BACHELOR OF ARTS HONOURS (PSYCHOLOGY)										
SemesterIV										
Course Marks Examination										
Course Code	Course Title	Type	Total	Ext.		CA	(in Hours)			
				L	P					
BARL-4619	Psychology	Е	100	80	_	20	3			
D/ IKL-4017	(Social Psychology)		100			20	3			

#### BACHELOR OF ARTS HONOURS (PSYCHOLOGY) SEMESTER-IV

**SESSION: 2020-2021** 

COURSE CODE: BARL-4619 SOCIAL PSYCHOLOGY (Theory)

#### **COURSE OUTCOMES**

Upon completion of this course, the student should be able to:

CO1: understand and analyze the major theories, concepts, empirical findings, methods and techniques used in social psychology

CO2: apply psychological theories and empirical research in explaining behavior of individuals and groups.

CO3: create an awareness of the major problems and issues in the discipline of social psychology

CO4: understand the forces that create group differences in the patterns of social behavior and also to create respect for the behavior of other people

#### **BACHELOR OF ARTS HONOURS (PSYCHOLOGY)**

#### **SEMESTER-IV**

SESSION: 2020-2021

#### COURSE CODE: BARL-4619 SOCIAL PSYCHOLOGY (Theory)

Time: 3 hours Max. Marks: 100

Theory: 80

CA: 20

#### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Introduction:** Nature, Scope, Relationship of Social Psychology with Psychology, Sociology and Cultural Anthropology.

**Attitude:** Concept & Nature of Attitudes; Formation of Attitudes; Theories: Cognitive Dissonance theory and Balance theory, Measurement of Attitude (Thurstone, Likert, Bogardus), Prejudice.

#### **UNIT-II**

**Interpersonal attraction**: Nature and Factors.

Pro-Social Behavior: Nature, determinants, Theoretical Explanations of Pro-Social Behavior

(Evolutionary, Social Learning, Empathy-Altruism, Negative-State Relief).

#### **UNIT-III**

**Leadership**: Nature, Types, Leadership Qualities, Theories (Trait, Behavioral and Contingency Theories)

**Power:** Concept, Sources of Power, Power Tactics

#### **UNIT-IV**

**Group Dynamics:** Groups and their kinds (Open and Closed Groups, Primary and Secondary Groups, In-Groups and Out-Groups) Formation of Groups; Group Coordination: Social Facilitation, Social Loafing, and Decision Making Process in Group.

#### **Readings:**

- 1. Baron, R. A, Byrne, D. & Kantowitz, B.H. (1980). Psychology: Understanding Behaviour. USA: Holt, Rinehart & Winnston.
- 2. Baron, R. A., Byrne, D. R. & Branscombe, N. R. (2007). Social psychology (11<sup>th</sup> Ed.). New Delhi: Pearson Education.
- 3. Baumeister, R. F. & Bushman, B. J. (2013). Social Psychology and Human Nature. San Francisco: Wadsworth
- 4. Gerrig, R. J. & Zimbardo, P. G. (2005). Psychology and Life.New Delhi: Pearson Education.
- 5. Myers, D. R. (2010). Social Psychology (11<sup>th</sup> Ed.). USA: McGraw Hill Education.
- 6. Myers, D.G. (1999). Social Psychology (6th Ed.). USA: Mc Graw Hill.

#### **ANNEXURE: VII**

#### FACULTY OF ARTS AND SOCIAL SCIENCES

#### SYLLABUS Of

# BACHELOR OF ARTS HONOURS (PSYCHOLOGY)

For

#### **SEMESTER VI**

(UnderContinuous Evaluation System) (12+3 System of Education) Session: 2020-21



# The Heritage Institution KANYA MAHA VIDYALAYA JALANDHAR (Autonomous)

Kanya Maha Vidyalaya, Jalandhar (Autonomous)

### SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE PROGRAMME

# BACHELOR OF ARTS HONOURS (PSYCHOLOGY) SEMESTER VI

**Session: 2020-21** 

BACHELOR OF ARTS HONOURS (PSYCHOLOGY)									
		SemesterV1	[						
<b>Course Code</b>	Course Code Course Title Course Marks Examination								

	Program Name		Type	Total	Ex	t.	CA	time
					L	P		(in Hours)
BARL-6619	Bachelor of ArtsHonours (Psychology)	Psychology (Applied Psychology)	Е	100	80	-	20	3

**E- Elective** 

#### BACHELOR OF ARTS HONOURS (PSYCHOLOGY) SEMESTER-VI

**SESSION: 2020-2021** 

COURSE CODE: BARL-6619 APPLIED PSYCHOLOGY (Theory)

#### **COURSE OUTCOMES**

Upon completion of this course, the student should be able to:

CO1: to understand, analyze, interpret, predict and control human behavior for better life and society.

CO2: to provide an understanding about the discipline of psychology to the students with special emphasis on its application in different fields.

CO3: basic understanding of human behavior and psychological principles in any work setting.

CO4: equip the students in many areas of psychology, namely, educational psychology, counseling, organizational behavior and health psychology.

#### BACHELOR OF ARTS HONOURS (PSYCHOLOGY) SEMESTER-VI

**SESSION: 2020-2021** 

#### COURSE CODE: BARL-6619 APPLIED PSYCHOLOGY (Theory)

Max. Marks: 100

Theory: 80

Time: 3 hours

CA: 20

#### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### Unit-I

Nature, history and scope of Applied Psychology

Educational Psychology: Nature and scope,

**Effective teaching and classroom management**: Characteristics of effective teachers, Teaching Methods, Classroom management, disciplining and communication.

Introduction to special education for exceptional children

#### **Unit-II**

**Counselling:** Concept, Goals and Ethical Issues of Counselling, Characteristics of Effective Counsellor, Counselling Process. Counselling in Schools, Counselling for Addictive Behaviour,

Career Counselling

#### **Unit-III**

**Organizational Behaviour:** Nature, History and Scope, Understanding and adapting to work environment, Dynamics of Organizational Behaviour, Work Stress and its management, Organizational Change

#### **Unit-IV**

**Health Psychology:-**Nature, Scope and Development of Health Psychology. The role of health psychologists in society, the role of Psychology to deal with AIDs, Psychosomatic disorder (Ulcers, migraine pain & Asthma) Cardiovascular diseases

#### **Readings:**

- 1. Allen, F. (2011). Health Psychology and Behaviour. New Delhi: Tata McGraw Hill.
- 2. Gibson, R. L. & Mitchell, M. H. (2012).Introduction to Counselling and Guidance (7th Ed.) New Delhi: Pearson.
- 3. Gladding, S. T. (2012). Counselling: A Comprehensive Profession. (7th Ed). New Delhi: Pearson Education.

- 4. Rao, S. N. (1984). Counselling Psychology. New Delhi: Tata McGraw-Hill Publishing Company Limited.
- 5. Robbins, S. P. & Judge, T. A. (2019). Organisational Behaviour (15<sup>th</sup> Ed.). New Delhi: Prentice Hall.
- 6. Weiten, W. & Lloyd, M.A. (2006). Psychology applied to modern life: Adjustment in the 21st century.(8th ed.).USA: Thomson Wadsworth.
- 7. Wool Fork, A. Mishra, G. & Jha, A. K. (2012). Fundamentals of Educational Psychology. New Delhi: Pearson Education.

#### **ANNEXURE: VIII**

#### FACULTY OF ARTS AND SOCIAL SCIENCES

# SYLLABUS OF MASTER OF ARTS(PSYCHOLOGY)

(Semester: II)

(UnderContinuousEvaluationSystem)

**Session: 2020-21** 



# The Heritage Institution KANYA MAHA VIDYALAYA JALANDHAR (Autonomous)

#### MASTER OF ARTS(PSYCHOLOGY)

**Session: 2020-21** 

#### **PROGRAM SPECIFIC OUTCOMES**

Upon successful completion of this course, students will be able to:

PSO1. develop deep rooted knowledge about the subject in which they will learn about the theory and practical

PSO2. develop global perceptive of nature and scope of psychology and to understand the interconnections of psychology with other disciplines.

PSO3. inculcate the ability to apply the skills of psychology in personal as well as professional life.

PSO4. develop an insight into ones' own and others' thoughts and activities and apply effective strategies for self-management and self-improvement.

PSO5. understand and appreciate the global diversity of cultures, values, belief systems and the common principles that guide all humanity and are expressed in biological, social and cognitive aspects of behavior.

PSO6.choose, administer, and interpret scores of tests commonly used in the practice of psychology and will also be able to demonstrate the use of therapeutic techniques.

PSO7.initiate research on psychological problems and issues and offer an advanced understanding of the subject matter

PSO8. prepare the students to work in the social service industry (NGOs) and to grant a firm foundation in the field as either a clinical, industrial or research practitioner.

PSO9. earn a higher degree or an advanced certification to become a professional psychologist.

PSO10.communicate complex psychological knowledge, both orally and in writing, with awareness of the latest field knowledge.

#### Kanya Maha Vidyalaya, Jalandhar (Autonomous)

## SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE PROGRAMME

#### MASTER OF ARTS (PSYCHOLOGY) SEMESTERII

Session: 2020-2021

	MASTER OF ARTS (PSYCHOLOGY) SEMESTERII									
		Course		ſ		Examinatio				
Course Code	Course Name	Туре	Total	Ext.		CA	n time			
				L	Р		(in Hours)			
MSYL-2441	ExperimentalPsycholog y-II(Thinking, ProblemsSolving &ConceptFormation)	С	100	80	-	20	3			
MSYL-2442	Approachesto Personality	С	100	80	-	20	3			
MSYL-2443	Motivation	С	100	80	-	20	3			
MSYL-2444	ExperimentalDesigns in Psychology	С	100	80	-	20	3			
MSYL-2445	Nervous System	С	50	40	-	10	3			
MSYL-2446	Abnormal Psychology	С	50	40	-	10	3			
MSYP-2447	Practicals	С	50	-	40	10	3			
	Total	ı	550							

#### MASTER OF ARTS(PSYCHOLOGY) SEMESTER-II

Session: 2020-21

# Experimental Psychology-II(Thinking, ProblemsSolving &ConceptFormation)Course Code:MSYL-2441 (Theory)

#### **COURSE OUTCOMES**

At the end of this course student will be able to

CO1: develop a deep understanding and broad knowledge of the general theoretical and scientific principles of experimental psychology.

CO2: understand and analyze the major theories, concepts, methods and techniques used in thinking, problem solving and concept formation.

CO3: apply the theoretical facts for enhancing one's thinking, problem solving and concept formation and use it in everyday issues of life

Session: 2020-21

# Experimental Psychology-II(Thinking, ProblemsSolving &ConceptFormation)Course Code:MSYL-2441 (Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

#### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### UNIT-I

**Thinking:** Nature, Tools, Types and Skills of thinking, theories (Sullivan's concept of modes of thinking, Bruner's theory, Psychoanalytic theory of thinking).

Creativity- Nature (Goleman and Torrance), types and stages

#### **UNIT-II**

Problem Solving: Nature, Stages, Strategies and Barriers

#### **UNIT-III**

Concept formation: Nature, Rules and Strategies, Factors affecting Concept Learning

#### **UNIT-IV**

**Reasoning**: Inductive and Deductive Reasoning

**Imagery**: Characteristics of Mental Images and Cognitive Maps

- 1. Bourne, J. E., Ekstrand, B.R. & Dominowski, R.L. (1971). Psychology of Thinking. New Delhi: Prentice Hall.
- 2. Ellis, H.C. (1978). Fundamentals of Human Learning, Memory and Cognition. New York: Brown Publishers.
- 3. Matlin, M.W. (2003). Cognition. United States of America: Wiley & Sons.
- 4. Mayer, R.E. (1981). The Promise of Cognitive Psychology. New York: Freeman and Co.
- 5. Wessels, M.G. (1982). Cognitive Psychology. New York: Harper & Raw Publishers

Session: 2020-21

# Approaches to Personality Course Code:MSYL-2442 (Theory)

#### **COURSE OUTCOMES**

Upon successful completion of this course, students will be able to:

CO1: develop understanding of the basic approaches towards personality developed by the major schools

CO2: demonstrate an understanding of the major theories in personality, including their basic concepts and principles, views of personality development, assessment techniques and treatment principles.

CO3: discuss how behavior problems are understood and modified according to the major theories of personality.

Session: 2020-21

# **Approaches to Personality**

Course Code:MSYL-2442 (Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

#### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Freudian andNeo-Freudian Approaches:** Psychoanalytic Theory (Sigmund Freud), Carl Jung, Alfred Adler and Karen Horney, Erik Erikson

#### **UNIT-II**

Humanistic Approaches: Abraham Maslow, Carl Rogers and Rollo May

**UNIT-III** 

Cognitive Approach: George Kelly

Social Learning Approaches: Miller and Dollard, Bandura and Julian Rotter

#### **UNIT-IV**

Trait Approaches: Hans Eysenck, Raymond Cattell and Gordon Allport.

- 1. Burger, J.M. (2000). Personality (5<sup>th</sup>Ed.). Belment: Wads worth and Thompson Ltd.
- 2. Hall, L.A. & Lindsey, G. (1978). Theories of Personality. New Delhi: Wiley Eastern Ltd.
- 3. Hijelle, D.A. & D.J. (1985). Personality Theories: Basic Assumptions, Research and Applications. New Delhi: McGraw Hill International Book Company.
- 4. Mischel, W. (1986). Introduction to Personality. London: Holt, Rhinehart and Winston Inc.
- 5. Pervin, L.A. & John, O.P. (1997). Personality Theory and Research. New York: John Wiley & Sons.
- 6. Phares, J. E. (1984). Introductions to Personality. Ohio: Charlis E. Merrill Publishing Company.

- 7. Shultz, D. P. & Shultz, S.E. (2001). Theories of Personality. Belment: Wadsworth Thompson Learning.
- 8. Sigelman, C.K.& Rider, E.A. (2003). Life Span: Human Development. USA: Thomson Wadsworth.

Session: 2020-21

# Motivation Course Code:MSYL-2443 (Theory)

#### **COURSE OUTCOMES**

Upon successful completion of this course, students will be able to:

CO1: understand and analyze the major theories, concepts, empirical findings, methods and techniques used in motivation

CO2: appreciate different views of how people are motivated and apply different theories to an individual's motivation.

CO3: apply motivational theory and empirical research in explaining human behavior.

Session: 2020-21

#### Motivation

Course Code:MSYL-2443 (Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

#### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

Motivation: Concept, History, Characteristics, Classification and Measurement

Need Reduction Theories: Psychoanalytic (Freud) and Drive (Hull, Spence and Miller and Mowrer)

#### **UNIT-II**

**Expectancy Value**: Field Theory (Lewin), Achievement Motivation Theory (Mc Clleland and

Atkinson), Social Learning Theory (Rotter)

Mastery and Growth: Humanistic (Maslow, Herzberg), Vroom, Porter and Lawler

#### **UNIT-III**

Hunger and Thirst: Concept, Types, Behavioral and Neurophysiological Basis.

#### **UNIT-IV**

Sleep: Physiological & Behavioral Description of Sleep & Waking

Biological Clocks and Disorders of Sleep

- 1. Atkinson, J. W. & D. Birch, (1978). An Introduction to Motivation. New York: Van Nostrand Company.
- 2. Atkinson, R. C. (1999). Stevens Handbook of Experimental Psychology. Canada: John Wiley & Sons.
- 3. Bolles, R. C. (1975). Theory of Motivation. New York: Harper & Row.
- 4. Cofer, C. N. & Appley, M.H. (1964). Motivation: Theory and Research. New York: John Wiley & Sons, Inc.
- 5. Geen, R., Beathy, W & Arkin, R. M. (1984). Human Motivation: Physiological Behavioural and Social Approaches. Boston: Allyn & Bacon, Inc.

6. Weiner, B. (1992). Human Motivation, Metaphors, Theories and Research. New Delhi: Sage Publications.

#### MASTER OF ARTS (PSYCHOLOGY) SEMESTER-II

Session: 2020-21

Experimental Designs in Psychology Course Code:MSYL-2444 (Theory)

#### **COURSE OUTCOMES**

At the end of this course student will be able to

CO1: understand different types of research methodologies and will be able to use them in research projects.

CO2: understand various experimental designs, including selection and layout of plots, data analysis and data interpretation.

CO3: understand the basic principles for the analysis of experimental data, including identification of significant treatment effects.

Session: 2020-21

# Experimental Designs in Psychology Course Code:MSYL-2444 (Theory)

Time: 3 hours Max. Marks: 100

**Theory Marks: 80** 

CA: 20

#### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

(Non-scientific calculators can be used for calculation by the students)

#### UNIT-I

**Types of Research:** Naturalistic Observation, Field Studies, Survey Research, Ex-post Facto Research and Laboratory Experiments, Quasi-Experimental Designs and Single Subject Designs

**ANOVA:** Nature and Assumptions

#### **UNIT-II**

**Designs:** Randomized Group and Randomized Block Designs, Latin Square and Greco Latin

**Square Designs** 

#### **UNIT-III**

Factorial Designs: Two way and Three way ANOVA

**UNIT-IV** 

**Multiple Comparison Tests:** Duncan and Newmankeuls Tests

ANCOVA: ANCOVA of Randomized Group Design

#### **Readings:**

1. Broota, K.D. (1990). Experimental Designs in Behaviour Research. New Delhi: Willey Eastern Ltd.

- 2. Coolican, H. (1995). Introduction to Research Methods and Statistics in Psychology. London: Hodder & Stoughton.
- 3. Edwards, A.L.(1972). Experimental Designs in Psychological Research. New York: Holt Rinehard and Winston Ltd.
- 4. Kerlinger, F.N. (1964). Foundations of Behavioural Research. New York: Holt, Rinehart & Winston Ltd.
- 5. McGuigan, F.J. (1990). Experimental Psychology: Methods of Research. New Delhi: Prentice Hall Private Ltd.
- 6. Richardson, P., Goodwin, A & Vine, E. (2011). Research Methods and Designs in Psychology. London: Learning Matters Ltd.
- 7. Singh, A.K. (1986). Tests, Measurements and Research Methods in Behavior Sciences. New Delhi: Tata McGraw Hill Co.

Session: 2020-21

# Nervous System Course Code:MSYL-2445 (Theory)

#### **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: acquire basic knowledge about the structure and function of nervous system.

CO2: describe and understand the interaction of different parts of the nervous system with higher cognitive functions

CO3: explain the influence of neurological disturbances and illnesses on sensory, motor, cognitive and executive functions

Session: 2020-21

# Nervous System Course Code:MSYL-2445 (Theory)

Time: 3 hours Max. Marks: 50

Theory Marks: 40

**CA: 10** 

### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 8 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

Nervous System: Classification, Structure, Types and Functions of Neurons

#### **UNIT-II**

**Glands:** Introduction to endocrine and exocrine glands, types of Endocrine glands (Pitutary, thyroid, Parathyroid, adrenal, gonads, pineal and pancreas)

**Neurotransmitters**: Nature and types (Serotonin, dopamine, GABA, Norepinephrine, Oxytocin, Acetylcholine, Glutamate, Endorphins)

#### **UNIT-III**

**Central Nervous System:**Structure and Functions(Limbic System, Hypothalamus, Cerebral Cortex Lobes, RAS)

#### **UNIT-IV**

Autonomic Nervous System: Structure, Types and Functions

- 1. Carlson, N.R. (2007). Foundations of Physiological Psychology. New Delhi: Pearson Education.
- 2. Leukal, F.L. (1968). Introduction to physiological psychology, Japan: Toppan Company Ltd.
- 3. Pinel, J. P. J. (2007). Biopsychology. New Delhi: Pearson Education.
- 4. Thompson, R. (1967). Foundations of Physiological Psychology. New York: Harper & Row Publishers.

Session: 2020-21

# **Abnormal Psychology**

Course Code:MSYL-2446 (Theory)

#### **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: explain the issues and concepts of abnormal psychology and its place in historical and current society

CO2: acquaint students with multiple causes of abnormal behavior as viewed from a number of different theoretical perspectives

CO3: understand different types, classification and diagnosis of mental disorders.

CO4: describe and apply different strategies for the treatment of mental disorders.

Session: 2020-21

### **Abnormal Psychology**

Course Code:MSYL-2446 (Theory)

Time: 3 hours Max. Marks: 50

Theory Marks: 40

CA: 10

### **Note: Instruction for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 8 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Abnormal Psychology:** Concept and History, Myths and Misconceptions, Criteria of Abnormality, Classification of Mental Disorders (DSM 5 and ICD-10)

#### **UNIT-II**

Generalized Anxiety Disorders: Diagnostic Criteria, Etiology, Prognosis and Intervention.

**Phobias:** Diagnostic Criteria, Etiology, Prognosis and Intervention.

Obsessive-compulsive Disorder: Diagnostic Criteria, Etiology, Prognosis and Intervention.

#### **UNIT-III**

**Mood, Somatoform and Dissociative disorders:** Diagnostic Criteria, Etiology, Prognosis and Intervention.

#### **UNIT-IV**

**Schizophrenia:** Types, Diagnostic Criteria, Etiology, Prognosis and Intervention.

Eating Disorders: Types, Diagnostic Criteria, Etiology, Prognosis and Intervention.

- Alloy, L. B., Riskind, J. H. & Manso, M. J. (2006). Abnormal Psychology. New Delhi: Tata McGraw Hill Publishing Company.
- 2. Carson, R. C., Butcher, J. N. & Mineka, S. (2003). Abnormal Psychology and Modern Life, New York: Harper Collins.
- 3. Davison, G. C. & Neale, J. M. (1998). Abnormal Psychology. New York: John Wiley and

Sons.

4. Sarason, I. G. & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.

#### MASTER OF ARTS(PSYCHOLOGY) SEMESTER-II

Session: 2020-21

#### **Practicals**

Course Code:MSYP-2447 (Practical)

#### **COURSE OUTCOMES**

At the end of this course student will be able to

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring thinking, problem solving and personality.

CO3: write an elaborative report about the conduction and results of the experiment.

Session: 2020-21

#### **Practicals**

Course Code:MSYP-2447 (Practical)

Time: 3 hours Max. Marks: 50

Theory Marks: 40

CA: 10

#### **Instructions for the Practical Examination:**

Students are supposed to perform five practicals out of five as mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 35 marks. Evaluation of the practical would be done on the basis of-

- 1. write-up of file book (15 Marks),
- 2. performance and viva–voce (25Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

#### **Practicals**

- 1. Problem Solving
- 2. Thinking
- 3. Personality
- 4. Motivation
- 5. P.G.I. Battery of Brain Dysfunction
- 6. Thematic Apperception Test

# **ANNEXURE: IX**

# FACULTY OF ARTS AND SOCIAL SCIENCES SYLLABUS

# **OF**

# **MASTER OF ARTS (PSYCHOLOGY)**

**Semester: IV** 

(UnderContinuousEvaluationSystem)

**Session: 2020-21** 



# The Heritage Institution

# KANYA MAHA VIDYALAYA JALANDHAR

(Autonomous)

# MASTER OF ARTS(PSYCHOLOGY)

**Session: 2020-21** 

#### PROGRAM SPECIFIC OUTCOMES

Upon successful completion of this course, students will be able to:

PSO1. develop deep rooted knowledge about the subject in which they will learn about the theory and practical

PSO2. develop global perceptive of nature and scope of psychology and to understand the interconnections of psychology with other disciplines.

PSO3. inculcate the ability to apply the skills of psychology in personal as well as professional life.

PSO4. develop an insight into ones' own and others' thoughts and activities and apply effective strategies for self-management and self-improvement.

PSO5. understand and appreciate the global diversity of cultures, values, belief systems and the common principles that guide all humanity and are expressed in biological, social and cognitive aspects of behavior.

PSO6.choose, administer, and interpret scores of tests commonly used in the practice of psychology and will also be able to demonstrate the use of therapeutic techniques.

PSO7.initiate research on psychological problems and issues and offer an advanced understanding of the subject matter

PSO8. prepare the students to work in the social service industry (NGOs) and to grant a firm foundation in the field as either a clinical, industrial or research practitioner.

PSO9. earn a higher degree or an advanced certification to become a professional psychologist.

PSO10.communicate complex psychological knowledge, both orally and in writing, with awareness of the latest field knowledge.

# Kanya Maha Vidyalaya, Jalandhar (Autonomous)

# SCHEME AND CURRICULUM OF EXAMINATIONS OF TWO YEAR DEGREE PROGRAMME

# **MASTER OF ARTS (PSYCHOLOGY) SEMESTERIV**

**Session: 2020-21** 

	MASTER OF ARTS (PSYCHOLOGY)  SEMESTERIV							
Course Code								
	Course Name	Course Type	Marks				Examinatio	
			Total	Ext.		CA	n time	
			1000	L	P	. Gr	(in Hours)	
MSYL-4441	Research Methodology	С	100	80	-	20	3	
MSYL- 4442	Psychological Assessment (Intelligence, Creativity and Aptitude)-II	С	50	40	-	10	3	
MSYL- 4443 (OPT -III)	Health Psychology	E	100	80	-	20	3	
MSYL-4444 (OPT -IV)	PositivePsychology	E	100	80	-	20	3	
MSYL-4445 (OPT -VI)	Developmental Psychopathology	E	100	80	-	20	3	
MSYM- 4126	Applied Computer	С	100	50	30	20	3+3	
MSYP- 4447	Practicals	С	50	-	40	10	3	
	Total		600					

### Any three of the following options:

S.No.	Paper Title		
OPT – I	IndustrialPsychology		
OPT – II	Psychology of Adolescence		
OPT – III	Health Psychology		
OPT – IV	PositivePsychology		
OPT – V	Intelligence and Creativity		
OPT – VI	Developmental Psychopathology		
OPT – VII	Environmental Psychology		
OPT – VIII	Educational Psychology		

**Note:** Papers MSYL 4441, MSYL 4442 & MSYP 4447 are Compulsory. MSYM – 4126 is an interdisciplinary subject. In addition to the compulsory papers, the students will be required to select three optional papers each of 100 marks.

**C** Means Compulsory and **E** Means Elective

Session: 2020-21

# **Research Methodology**

Course Code: MSYL-4441

(Theory)

### **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: develop a deep understanding and broad knowledge of the research techniques used in the field of psychology.

CO2: acquire in-depth knowledge about various types of research methods

CO3: Thorough understanding of Cross-cultural research and Qualitative research.

Session: 2020-21

# Research Methodology

**Course Code: MSYL-4441** 

(Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

#### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Scientific Research**: Meaning, Stages in Research, Types of Research: Experimental and Descriptive methods; Longitudinal, Cross Sectional Research and Cross sequential Research: Nature, Uses, Advantages and limitations.

#### **UNIT-II**

**Sampling:** Concept and Types. Problems of Sampling.

**Cross Cultural Research:** Types, Problems of Sampling and Measurement.

#### UNIT-III

**Qualitative Research:** Nature, Principles, and limitations of Qualitative Research, Comparison of Qualitative and Non Qualitative Research. Participant observation. Ethical Issues.

#### **UNIT-IV**

**Sociometry:** Concept, Method of analysis. **Interview:** Nature and types of Interview.

- **1.** Elines, D. G., Kantowitz, B. B. & Roediger, H. L. (1989). Research Methods in Psychology. New York: West Publishing Company.
- **2.** Kerlinger, F. M. (1973). Foundations of Behavioural Research. New York: Holt, Rhinehart & Winston, Inc.
- **3.** Kopala, M. & Suzuki, L. A. (1999). Using Qualitative Methods in Psychology. New Delhi: Sage Publications.
- **4.** McBurney, D. H. & White T. L. (2004). Research Methods. USA: Thomson, Wadsworth.
- 5. Myers, J. I. (1974). Fundamentals of Experimental Design. New York: W.H. Freeman & Co.
- **6.** Overall, J. E. & Klett, O. J. (1972). Applied Multivariate Analysis. New York: McGraw Hill.
- **7.** Shaugnessy, J. J. & Zechneister, E. B. (1997). Research Methods in Psychology. New York: The McGraw Hill Companies, Inc.
- **8.** Triandis, H. C. & Berry, J. W. (1980). Handbook of Cross Cultural Psychology. Boston: Bacon Inc.

- **9.** Williag, C. (2001). Introducing Qualitative Research in Psychology. Buckingham: Open University Press.
- **10.** Willig, C. (2001). Introducing Qualitative Research in Psychology. Adventures in Theory and Methods. USA: Open University Press.

Session: 2020-21

# Psychological Assessment (Intelligence, Creativity and Aptitude) - II

**Course Code: MSYL-4442** 

(Theory)

#### **COURSE OUTCOMES**

Upon successful completion of this course, students will be able to:

CO1: To train the students in various psychological assessment techniques.

CO2: To impart skills necessary for selecting and applying different tests for different purposes.

Session: 2020-21

# Psychological Assessment (Intelligence, Creativity and Aptitude) - II

Course Code: MSYL-4442 (Theory)

Time: 3 hours Max. Marks: 50

Theory Marks: 40

CA: 10

**Note: Instructions for the Paper Setters:** 

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 8 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Intelligence Testing:** Stanford-Binet Scales, Wechsler Scales, Bhatia's Battery of Intelligence, GDT, SFBT.

#### **UNIT-II**

**Intelligence Testing:** Cattell's Culture Fair Intelligence Test, Ravens Progressive Matrices Test, Draw a Man Test, Jalota's Mental Ability Test, Chronometric Analysis.

#### **UNIT-III**

**Aptitude Testing**: Aptitudes-Differential Aptitude Test Battery, General Aptitude Tests Battery.

#### **UNIT-IV**

**Creativity Testing:** Torrance Test of Creative Thinking, Projective Tests of Creativity.

- 1. Anastasi, A. (2002). Psychological Testing. New Delhi: Pearson Education Ltd.
- 2. Chadha, N. K. (2009). Applied Psychometry. New Delhi: Sage Publications.
- **3.** Cronbach, L.J. (1970). Essentials of Psychological Testing. London: Harper & Row International Company.
- **4.** Freeman, F.S. (1971). Theory and Practice of Psychological testing. New Delhi: Oxford and IBH Publishing Co.
- **5.** Guilford J.P. (1971). Psychometric Methods. New Delhi: Tata McGraw Hill Publishing Co.

**6.** Nunnally, J.C. (1978). Psychometric Theory. New York: Tata McGraw.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

# **Industrial Psychology**

(OPT-I) (Theory)

### **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: To understand the basic concepts and principles of Industrial psychology.

CO2: To have an overview of human resource planning.

CO3: To appreciate the major factors influencing industrial behavior, employee effectiveness and motivation

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

### **Industrial Psychology**

(OPT-I) (Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

**Note: Instructions for the Paper Setters:** 

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

Industrial Psychology: Nature

Personnel Selection and Placement: Techniques and Psychological Tests in Personnel Selection;

Biographical Information Blanks and Interviews.

#### **UNIT-II**

**Training and Development:** Needs, Principles and Methods of Training. Evaluation of Training Programmes.

**Performance Appraisal:** Determinants, Techniques and biases in performance appraisal.

**UNIT-III** 

Work Motivation: Significance and Theories of Work Motivation (Need theories, Reinforcement

Theories, Expectancy Theories, and Goal Setting Theory).

Job Satisfaction: Theories, Correlates and Measurement of Job Satisfaction.

#### **UNIT-IV**

**Human Engineering; Accidents and Safety** 

Human Engineering; Nature, Scientific Researches and applications.

Accidents and Safety: Nature and Dynamics, Theories, Surrey's model, and Safety

measures.

#### Readings:

- **1.** Blum, M.L. and Naylor, J.C. (1968). Psychology in Industrial Relations. New York: Harper & Row.
- **2.** Dunnette, M.D. (Ed.) (1976). Handbook of Industrial and Organizational Psychology. Chicago: Rand McNally.
- **3.** Ghiselli, E.E. and Brown, C.W. (1955). Personnel and Industrial Psychology. New York: McGraw Hill.
- **4.** Jewell, L.N. & Siegall, M. (1990). Personnel and Industrial Psychology. New York: McGraw Hill.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

### **Psychology of Adolescence**

(OPT-II) (Theory)

#### **COURSE OUTCOMES**

Upon completion of this course, the student should be able to:

CO1: To develop an understanding of psychology within adolescent perspective.

CO2: apply psychological theories and empirical research in explaining behavior of adolescents.

CO3: create an awareness of the major problems and issues in the development of adolescents.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

# **Psychology of Adolescence**

(OPT-II) (Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

#### **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Adolescence:** Introduction; Significance of studying adolescents' development; contexts of development.

Characteristics and Developmental Issues: Genetic and Environmental influences.

#### **UNIT-II**

**Theories of Adolescence:** Havighurst, Freud, Sullivan, Erikson, Kohlberg, Werner, Kelly

#### **UNIT-III**

**Adolescent Development:** Physical and Cognitive Development **Adolescent Development:** Social and Emotional

#### **UNIT-IV**

**Deviance in Adolescence:** Juvenile Delinquency, Eating Disorders; Drug abuse.

#### **Readings:**

- 1. Berk, L.E. (2004). Development through the Lifespan. USA: Pearson Education Inc.
- **2.** Dusek, J.B. (1987). Adolescent Development and Behaviour. New Jersey: Prentice- Hall Englewood Cliffs.
- **3.** Jersild, A. T., Brook, J. S. & Borook, D. W. (1978). The Psychology of Adolescence. New York: Macmillan Publishing Co.
- **4.** Kil, R.V & Cavanaugh, J. C. (2000). Human Development: A lifespan view. USA: Wordsworth.
- **5.** Newman, B. N. & Newman, P. R. (1979). An Introduction to the Psychology of Adolescence. Illionis: The Dorsey Press.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

### **Health Psychology**

Course Code: MSYL-4443 (OPT-III) (Theory)

#### **COURSE OUTCOMES**

Upon successful completion of this course, students will be able to:

CO1: To develop an understanding about the nature and significance of emerging areas of health psychology.

CO2: To introduce the students to types of stressors, their consequences, and ways for managing stress.

CO3: To impart knowledge about causes and intervention for some prevalent stress related disorders.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

# **Health Psychology**

Course Code: MSYL-4443 (OPT-III)
(Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

**Note: Instructions for the Paper Setters:** 

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Introduction to Health Psychology**: Definition, Nature, Scope & History. Rights of Persons with Disabilities, 2016.

**Models of Health:** Health Belief Models, Bio-psychosocial, Lazarus and Folkman's Transactional Model, Eastern/ Oriental Approaches (Yoga and Meditation)

#### **UNIT-II**

Stress & Coping: Nature, Types of Stress, Causes & Consequences of stress; Coping:

#### **UNIT-III**

**Stress & Diseases:** Cardiovascular Diseases. AIDS/HIV, Diabetes, Smoking, Cancer, & Pain.

#### **UNIT-IV**

**Management of Stress:** Diaphragmatic Breathing, Progressive Muscular Relaxation, Biofeedback, Music therapy, Nutrition & Physical Exercise.

- **1.** Brannon, L. & Feist, J. (2000). Health Psychology: An introduction to Behaviour & Health. Wadswotrth: Thomson Learning.
- **2.** Carson, R.C. & Butcher, J.N. (2000). Abnormal Psychology and Modern life. USA: Harper Collins Publishers.
- **3.** Friedman, D.M.N. (1989). Health Psychology. New York: Prentice Hall.
- **4.** Marks, D. F. ,Murray, M. , Evans, B., Willig, C., Woodal, C. & Sykes, C. M. (2008). Health Psychology, Theory, Research & Practice. New Delhi: Sage Publications.
- **5.** Misra G. (1999). Psychological Perspectives on Stress and Health. Delhi: Concept Publishing.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

# **Positive Psychology**

Course Code: MSYL-4444 (OPT-IV) (Theory)

#### **COURSE OUTCOMES**

At the end of this course student will be able to

CO1: To gain knowledge about trace the development of positive psychology as an independent discipline with its multidimensional perspective.

CO2: To study various positive emotional and cognitive states and processes

CO3: To understand what is mental health and its importance.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

# **Positive Psychology**

Course Code: MSYL-4444 (OPT-IV)
(Theory)

Time: 3 hours Max. Marks: 100

**Theory Marks: 80** 

CA: 20

**Note: Instructions for the Paper Setters:** 

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Positive Psychology**: Nature, Classification and measures of human strengths (Gallup's Clifton Strength Finder, The VI A Classification of Strengths, The Search Institute's 40 Developmental Assets).

Resilience (Concept, Sources and Strategies).

#### **UNIT-II**

**Positive emotional states and processes:** Positive Affect (Broaden and Build Theory, Effect of Positive Emotions on Health, Psychological and Social Resources), Happiness and well-being

(Relationship, Determinants of Subjective Well-Being), Emotional Intelligence (Concept Goleman, Salovoy and Mayer Theory, and Strategies).

#### **UNIT-III**

**Positive cognitive states and processes:** Self efficacy (Concept, Bandura's Model, Development, Effect and Strategies), Optimism (Concept, Theories: Martin Seligman, and Michael Scheier and Charles Carver, Strategies) and Hope (Concept, Effect, Strategies), Mindfulness (Concept, Effect and Strategies), Flow (Concept, Csikszentmihalyi's Flow State Model, Strategies).

#### **UNIT-IV**

Empathy, Gratitude and Forgiveness (Concept and Strategies). Complete mental health and its conceptualizations: Keyes's model and four front approach.

#### **Readings:**

- 1. Carr, A. (2004). Positive Psychology: The Science of Happiness and Human Strengths. New York: Brunner Routledge.
- 2. Crompton, W.C. (2005). An Introduction to Positive Psychology Singapore: Thomson Publications.
- 3. Singh, R. (2007). Psychology of Well Being. New Delhi: Global Vision Publishing House.
- 4. Snyder, C. R. & Lopez, S. J. (2008). Positive Psychology New Delhi: Sage Publications.

#### **MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV**

Session: 2020-21

#### **Intelligence and Creativity**

(OPT-V)

(Theory)

#### **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: explain the major theories of intelligence and creativity.

CO2: To understand various correlates of creativity.

CO3: To understand main theoretical perspectives of intelligence and creativity.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

# **Intelligence and Creativity**

(OPT-V)

(Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

# **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

#### **UNIT-I**

**Nature. Factor Analysis Based Theories of Intelligence:** Spearman, Thurstone, Cattell and Guilford.

#### **UNIT-II**

**Theories of Intelligence:** Piaget, Sternberg, Jensen and Gardner. Emotional Intelligence

#### **UNIT-III**

Creativity: Nature, Views of Torrance, Getzels and Guilford.

#### **UNIT-IV**

**Correlates of Creativity:** Relationship with Intelligence and Personality. Social Psychology of Creativity

### **Readings:**

- **1.** Anderson, M. (1992). Intelligence and Development. USA: A Cognitive Theory. Blackwell Ltd.
- **2.** Barron, F. (1969). Creative Person and Creative Process. New York: Holt Rinehart and Winston.
- **3.** Brody, E. B. and Brody, N. (1976). Intelligence: Nature Determinants and Consequences. New York: Academic Press.
- **4.** Getzels, J.W. and Jackson, P.W. (1962). Creativity and Intelligence New York: John Wiley & Sons, Inc.
- **5.** Sternberg, R. J. (1982). Handbook of Human Intelligence. Cambridge University Press.

MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Session: 2020-21

**Developmental Psychopathology** 

Course Code: MSYL-4445 (OPT-VI)

## (Theory)

## **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: To provide an understanding about the concept of psychopathologies, their classification and assessment.

CO2: To gain an understanding of the causes of psychological disorders.

CO3: To train the students in providing interventions for the treatment of various pathologies. .

## MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

## **Developmental Psychopathology**

Course Code: MSYL-4445 (OPT-VI)

(Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

## **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four).

Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

### **UNIT-I**

**Developmental Psychopathology:** Concept, Principles, Classification & Assessment

### **UNIT-II**

**Internalizing Disorders:** Anxiety Disorders; Childhood Depression, Conversion Reaction, Elimination Disorders (Causes & intervention)

### **UNIT-III**

**Externalizing Disorders:** Conduct disorders; Attention deficit hyperactivity disorders, Oppositional Defiant Disorder (Causes & Intervention)

#### **UNIT-IV**

**Developmental Disorders:** Autism Spectrum Disorder; Childhood Onset Schizophrenia, Tic Disorders

## **Readings:**

- **1.** Klykylo, W. M. and Jerald, K. (2005). Clinical Child Psychology. New Jersey: John Wiley and Sons.
- **2.** Mash, E. J. (2002). Abnormal Child Psychology. Australia: Wadsworth Thomson Learning.
- **3.** Swanson, L. H. and Watson, B. L. (1982). Educational and Psychological Assessment of Exceptional Children: Theories, Strategies and Application. London: The C. V. Mosby Company.

## MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Session: 2020-21

## **Environmental Psychology**

(OPT-VII)

(Theory)

## **COURSE OUTCOMES**

At the end of this course student will be able to

CO1: Develop a deep understanding and broad knowledge of the general theoretical and scientific principles of environmental psychology.

CO2: Understand and analyze the major theories and concepts of environmental psychology.

CO3: To create awareness among students regarding the various strategies to manage environment effectively.

## MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

## **Environmental Psychology**

(OPT-VII) (Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

**Note: Instructions for the Paper Setters:** 

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

## **UNIT-I**

Concept, characteristics and Research Methods in Environmental Psychology, types of environment.

## **UNIT-II**

Theories of Environment- Behavior Relationship- Arousal, Environmental load model, under stimulation, Adaptation level, Behaviour. Constraint, Environment- Behaviour Environmental stress and Ecological Psychology Perspectives.

#### **UNIT-III**

Pollution (air, water, noise & chemical), personal space, Density and Crowding.

## **UNIT-IV**

Intervention for Environmental management; Role of Psychologist in environmental Management.

## **Readings:**

**1.** Bell, P.A., Green, T. C., Fisher, J.D. and Baum, A. (2001). Environmental Psychology. New York: Harcourt College Publishers.

- 2. Holahan, C.J. (1978). Environment and Behavior. New York: Plenum Press.
- **3.** Stokols, D. & Altmann, I. (Eds.) (1987). Handbook of Environmental Psychology (Eds.). New York: Wiley.

# MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

## **Educational Psychology**

(OPT-VIII) (Theory)

## **COURSE OUTCOMES**

Upon successful completion of this course, students will be able to:

CO1: To develop understanding of the basic nature and objectives of educational psychology.

CO2: To demonstrate an understanding of the major theoretical perspectives in educational psychology.

CO3: To discuss how various theoretical concepts can be applied to improve learning

## MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV Session: 2020-21

## **Educational Psychology**

(OPT-VIII) (Theory)

Time: 3 hours Max. Marks: 100

Theory Marks: 80

CA: 20

## **Note: Instructions for the Paper Setters:**

Eight questions of equal marks are to be set, two in each of the four Sections (A-D). Each question will carry 16 marks. Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any Section.

## UNIT-I

Introduction: Nature and objectives of Educational Psychology.

Conceptual and Theoretical Perspectives in Educational Psychology: Behaviouristic Theories, Social Learning Theories (Modeling and Observational learning Self-efficacy, Classroom implications); Piaget and Neo-Piagetian Theories and their applications in teaching; Bruner, Vygotsky's Cognitive Psychology and Information Processing Models, Cognitive Styles and Learning Strategies; Learning Styles; Humanistic Approaches to Education.

Schooling and Cognition; Gender Differences/Issues in the classroom.

### **UNIT-II**

**Motivation and Learning:** Relationship between motivation, Learning and Performance. Types: extrinsic and intrinsic motivation. Theories: Need Theories (Murray, Maslow & Need for Achievement).

Expectancy Theories (Goal Setting, Self Efficacy, Attribution and Locus of Control)

### **UNIT-IV**

**Educational Assessment:** Measurement and Evaluation (Norm-referenced and Criterion-referenced tests.)

Test Scores- Meaning, Types of Interpretation.

Standardized test – Meaning, Types and Interpretation; Reliability and Validity

## **Readings:**

- **1.** Chintamanikar (1992). Exceptional Children-Their Psychology and Education. New Delhi: Sterling Publishers.
- **2.** Dececco, J.F. and Grawsford, W. (1977). The Psychology of Learning and Instruction. New Delhi: Prentice Hall.
- 3. Hilgard, B.R. (1948). Theories of Learning. New York: Apple art.
- 4. Kakkar, S. B. (2001). Educational Psychology. New Delhi: Prentice Hall of India.
- **5.** Kirk, S. A., Gallagher, J. and Nicholas, J. A. (1997). Educating Exceptional Children. New York: Houghton Mifflin Company.
- **6.** Klausmeir, H.H. and Ripple, R.E. (1971). Learning and Human Liabilities. New York: Harper and Row.
- 7. Mangal, S. K. (2002). Advanced Educational Psychology. New Delhi: Prentice Hall of India.
- **8.** Parson, R.D., Hinson, S. L., Brown, D.S. (2001). Educational Psychology: A Practitioner Researcher model of Teaching. Wadsworth: Thomson Learning.
- **9.** Slavin, R.E. (2018). Educational Psychology: Theory and Practice (12<sup>th</sup> Ed.). Chicago: Pearson
- 10. Woolfolk, A.B. (1987). Educational Psychology. Englewood Cliffs: Prentice Hall

## MASTER OF ARTS (PSYCHOLOGY) SEMESTER IV

(Session 2020-21)

**COURSE CODE: MSYM - 4126** 

## **COMPUTER APPLICATIONS FOR PSYCHOLOGISTS**

## **Course Outcomes:**

After passing this course the students will able to:

CO1: Apply features of spreadsheet software for data manipulation, data entry, worksheet formatting, functions and formulae.

CO2: Comprehend the basics of E-Commerce and various multimedia devices.

CO3: Comprehend internet basics, its working and the use of email.

CO4: Create and manage YouTube channel and blog.

CO5: Comprehend about the process of Social Media Marketing

MASTER OF ARTS (PSYCHOLOGY) SEMESTER IV

(Session 2020-21)

**COURSE CODE: MSYM - 4126** 

**COMPUTER APPLICATIONS FOR PSYCHOLOGISTS** 

(Theory)

Examination Time: (3+3)Hrs. Max. Marks: 100

Theory: 50 Practical: 30

CA: 20

**Instructions for Paper Setter -**

Eight questions of equal marks (10 marks each) are to be set, two in each of the four sections (A-D). Questions of Sections A-D should be set from Units I-IV of the syllabus respectively. Questions may be divided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each section. The fifth question may be attempted from any section.

**UNIT I** 

**Spreadsheet Software** 

Workbook and worksheet, entering data, editing cell contents, Inserting and deleting rows, column, using auto-fill, creating list, formatting data, using formula

Internet

Introduction to internet, searching information on internet.

**UNIT-II** 

WWW: Introduction, working of WWW, Web browsing (opening, viewing, saving and printing a web page and bookmark).

E-Commerce

Basics, Architecture, Types, Applications.

**UNIT-III** 

Payment gateway: Popular payment methods (Net-banking, m-Banking, UPI, Debit/Credit Card, Mobile Wallets)

Multimedia & its Applications

Introduction to Multimedia and its usage, record sound using devices, using scanner, Web Camera.

#### **UNIT IV**

YouTube Studio: Navigating studio, uploading videos, Edit Video settings, Analytics, Copyright and Monetization.

Blog Writing: Blog Domain, choice of CMS, Register a domain or subdomain with a website host.

Social Media Marketing: Social Media, Importance of Social Media, SMO Strategy for Business, Business Profile Creation, Viral Marketing, Application of Facebook and Twitter for social media marketing.

## **References/Textbooks:**

- 1. Prof. Satish Jain, M. Geetha, Kratika, BPB's Office 2010 Course Complete Book, BPB Publications (2017).
- 2. Rachhpal Singh, Gurvinder Singh, Windows based computer courses, Kalyani Publishers (2011).
- 3. Anshuman Sharma, A book of Fundamentals of Information Technology, Lakhanpal Publishers (2016), 5<sup>th</sup>ed.
- 4. Ramesh Bangia, Introduction To Multimedia, Laxmi Publications Pvt. Ltd.(2015).
- 5. Laudon, E-Commerce, Pearson Education India (2016), 10<sup>th</sup>ed.
- 6. <a href="https://www.tutorialspoint.com/social\_media\_marketing/">https://www.tutorialspoint.com/social\_media\_marketing/</a>
- 7. <a href="https://blog.hubspot.com/marketing/how-to-start-a-blog">https://blog.hubspot.com/marketing/how-to-start-a-blog</a>

## MASTER OF ARTS (PSYCHOLOGY) SEMESTER IV

## (Session 2020-21)

## **COURSE CODE: MSYM - 4126**

## COMPUTER APPLICATIONS FOR PSYCHOLOGISTS (Practical)

Examination Time: Max. Marks: 100

Hrs. (3+3) Theory: 50

Practical: 30 CA: 20

Note: Paper will be set on the spot by the examiner.

- 1) Microsoft Excel
- 2) Searching on Internet
- 3) Multimedia Usage
- 4) YouTube and Blog

## MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Session: 2020-21

## **Practicals**

**Course Code: MSYP-4447** 

(Practical)

## **COURSE OUTCOMES**

After passing this course the student will be able to:

CO1: update the students regarding the various tools used in psychological assessment.

CO2: administer psychological tools and apparatus for measuring creativity, intelligence and stress.

CO3: write an elaborative report about the conduction and results of the experiment.

## MASTER OF ARTS (PSYCHOLOGY) SEMESTER-IV

Session: 2020-21

## **Practicals**

Course Code: MSYP-4447 (Practical)

Time: 3 hrs Marks: 50

**Practical Marks: 40** 

CA: 10

#### Instructions for the Practical Examination:

Students are supposed to perform five practicals out of six as mentioned in the syllabus. Practical examination will be of 3 hours duration. Examiner will conduct the practical examination. The students will perform one practical in the exam carrying 40 marks. Evaluation of the practical would be done on the basis of-

- 1. write-up of file book (15 Marks),
- 2. performance and viva–voce (25Marks) relating to the practicals.

In case students have not completed 5 practicals, the examiner will deduct marks at the rate of 5 for each left practical out of total evaluation of the student. No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

#### **Practicals**

- 1. Creativity
- 2. Aptitude
- 3. Leadership
- 4. Stress-Resilience
- 5. Intelligence
- 6. Mental Health